

# **WIAC Women's Soccer All-Region Selections and Coaches/Coaching Staffs of the Year**

(Selected by the National Soccer Coaches Association of America from 1996-16 and United Soccer Coaches from 2017-present)

## **UW-Eau Claire**

2006--Maria Iaizzo (First); Liz Kooistra (Third); Emily Meisinger (Second); Allie Rivard (First); Becky Westbrook (First)  
2007--Liz Kooistra (Second); Allie Rivard (Second); Allison Smith (Third); Amy Smith (Second); Anna Talbot (First)  
2008--Liz Kooistra (First); Allie Rivard (First); Allison Smith (Third); Amy Smith (Third)  
2009--Megan Hillesheim (First); Alli Kishaba (Third)  
2010--Megan Hillesheim (Second); Rachel Nerison (Third)  
2012--Gina Williams (Third)  
2016--Lauren Lenz (Third)  
2018--Emily Sullivan (Third)  
2019--Emily Sullivan (Third)  
2021--Emma Stange (Second)  
2022--Kiki Kussow (Second); Emma Stange (Second)

## **UW-La Crosse**

2007--Amy Cory (Third)  
2012--Saskia Taylor (First)  
2015--Kourtnei Alcock (First); Margaret Harings (Third)  
2016--Megan Carroll (Second); Margaret Harings (Second); Natalie Herzog (Third)  
2017--Megan Carroll (First); Margaret Harings (First); Maya Schmitt (First); Kaitlyn Villars (Second)  
2018--Megan Carroll (First); Cassie Handrick (First); Margaret Harings (First); Maya Schmitt (First)  
2019--Katie Feller (Second); Kaitlyn Villars (Second)  
2021--Sophie Amundson (First); Katie Feller (First); Alexis McMahon (Second)  
2022--Ainsley Allan (First); Sophia Anger (First); Ellie Arndt (First); Ellie Behnke (Second); Alexis McMahon (First)  
2023--Ainsley Allan (First); Sophia Anger (Second); Ellie Arndt (First); Alexis McMahon (First); Jenna Nichols (Second)  
2024--Ellie Arndt (First); Ellie Behnke (Third); Alexis McMahon (First); Addie Pauling (Fourth)

## **UW-Oshkosh**

1996--Kristy Werblow (Third)  
2000--Jolanda Aalbers (Second); Carrie Gilbert (Second)  
2001--Carrie Gilbert (First); Lindsay Rau (Second)  
2002--Lindsay Rau (Second)  
2003--Lindsay Rau (Third); Karin Reinke (Third)  
2004--Michelle John (Second)  
2005--Michelle John (Third); Stacy Stroud (Third)  
2006--Dana Gudel (Third); Maggie Hoffman (Third); Michelle John (First)  
2011--Kelsey Spaith (Third)  
2012--Chelsea Kierszh (Third)  
2013--Anna Beckerleg (Second); Robyn Elliott (Second)  
2014--Robyn Elliott (Third); Nikki Mann (Third)  
2015--Robyn Elliott (Second); Christina Mauthe (Third); Ashley Siewert (Third)  
2016--Robyn Elliott (Second)  
2021--Mackenzie Bennett (First); Molly Jackson (Second); Mallory Knight (Third)  
2022--Mackenzie Bennett (Third)

## **UW-Platteville**

2013--Sarah Eck (Third)  
2018--Caelyn Steffens (Third)  
2023--Arianna Lombardi (Second); Lydia Smith (Third)  
2024--Arianna Lombardi (Second); Jessica Morawski (Fourth); Lexi Ward (Fourth)

**UW-River Falls**

2006--Ashley Peterson (Second)  
2012--Cassie Stang (Second)  
2014--Abby Soderholm (Third); Alex Swatloski (Third)

**UW-Stevens Point**

2006--Amanda Prawat (Third)  
2007--Amanda Prawat (Second); Kaylee Weise (Second)  
2008--Mary Jean Cornelius (Second); Amanda Prawat (First); Meghan VandenHeuvel (Third); Emily Walsh (Third); Kaylee Weise (Second)  
2009--Mary Jean Cornelius (First); Liz Hunter (First); Kelly Lloyd (Third); Jackie Spees (Second); Stephanie Wolf (Third)  
2010--Mary Jean Cornelius (First); Liz Hunter (Third); Kelly Lloyd (Third)  
2011--Sammy Greer (Third)  
2012--Sammy Greer (Second)  
2018--Meaghan Ambelang (Second); Maddy Hardyman (Second); Kaitlin Hess (Third); Lexi Pawlowski (Third)  
2019--Meaghan Ambelang (First); Kati Frierdich (Second)  
2021--Kati Frierdich (Third)

**UW-Stout**

2011--Emily Stanke (Third); Courtney Tideman (First)  
2017--Sydney Kasper (Third)  
2021--Marissa Steele (Third)

**UW-Whitewater**

2008--Mary Donohoo (Third)  
2009--Becky Cera (Second); Emily Gerber (First)  
2010--Emily Gerber (First); Christina Tooren (Third)  
2011--Emily Gerber (First)  
2012--Alyssa Chamberlain (Second); Laren Nashleanas (Third); Christina Tooren (First)  
2013--Jordan Myers (First); Laren Nashleanas (Third); Brianna Reid (Second); Sara Sedlar (First); Jenna Woodson (First)  
2014--Jordan Myers (First); Brianna Reid (Second); Sarah Sedlar (First); Jenna Woodson (Second)  
2015--Carina Krausert (Second); Carly Pottle (Third); Brianna Reid (First)  
2016--Carina Krausert (First); Marie Lesperance (First); Carly Pottle (Second), Brianna Reid (First)  
2017--Anna Boyd (First); Payton DeLuga (First); Marie Lesperance (First)  
2018--Anna Boyd (Second)  
2019--Anna Boyd (Second); Anna Brodjian (First); Katy Kusswurm (Third)  
2021--Anna Brodjian (First); Katy Kusswurm (Third); Olivia May (Third)  
2022--Allie Prigge (Third); Liz Prigge (Second)

**Coach of the Year/Coaching Staff of the Year**

2013--Ryan Quamme, UW-Whitewater  
2017--UW-La Crosse  
2023--UW-La Crosse