

2013 All-Wisconsin Intercollegiate Athletic Conference

Women's Cross Country Team

(Based on order of finish at WIAC championship)

First Team

<u>Name</u>	<u>School</u>	<u>Year</u>	<u>Hometown (High School)</u>
Laura Mead	La Crosse	Junior	Andover, Minn.
Danielle Kunkel	Platteville	Junior	Cuba City, Wis. (Southwestern)
Alyssa Luker	La Crosse	Senior	Overland Park, Kan. (Blue Valley)
Tia Harris	River Falls	Junior	River Falls, Wis.
Julia Colling	Stevens Point	Junior	Maplewood, Minn. (Maplewood North)
Natalie Powell	La Crosse	Sophomore	River Falls, Wis.
Ana Breit	Stevens Point	Junior	Wisconsin Rapids, Wis. (Stevens Point Pacelli)

Second Team

Kylee Verhasselt	Oshkosh	Freshman	Freedom, Wis.
Rebecca Zych	La Crosse	Junior	Mount Prospect, Ill. (Rolling Meadows)
Brittany Nordland	River Falls	Senior	Pine Island, Minn.
Nikki Rendler	Eau Claire	Senior	Lodi, Wis.
Alana Jenkins	Eau Claire	Senior	Eau Claire, Wis. (Memorial)
Kiera Depies	Platteville	Sophomore	Cedar Grove, Wis. (Cedar Grove-Belgium)
Beth Riihinen	River Falls	Sophomore	Thorp, Wis. (Owen-Withee)

Honorable Mention

Rachel Schroeder	La Crosse	Senior	Wales, Wis. (Kettle Moraine)
Lucy Ramquist	Eau Claire	Sophomore	River Falls, Wis.
Sydney Pretasky	Eau Claire	Freshman	La Crosse, Wis. (Central)
Kelsey Boyle	La Crosse	Senior	Mequon, Wis. (Homestead)
Emily Ellman	Stevens Point	Freshman	Oconto, Wis. (Lena)
Lauren Dilley	Stevens Point	Junior	Middleton, Wis.

All-Sportsmanship Team

Jennifer Bajorek	Platteville	Freshman	Fox River Grove, Ill. (Cary-Grove)
Alexa Bitzer	Stout	Senior	Eden Prairie, Minn.
Angie Gasser	Eau Claire	Senior	Tomah, Wis.
Betsy Gray	Oshkosh	Sophomore	Winnebago, Ill.
Anna Kehn	River Falls	Senior	Maple Grove, Minn. (Maranatha Christian)
Alyssa Luker	La Crosse	Senior	Overland Park, Kan. (Blue Valley)
Christina Micheletti	Superior	Senior	Mason, Wis. (Drummond)
Lauren Mosher	Whitewater	Senior	Sleepy Hollow, Ill. (Dundee Crown)
Holly Winberg	Stevens Point	Sophomore	Forest Lake, Minn.

Judy Kruckman Scholar-Athlete

Rachel Schroeder of La Crosse

