

WIAC Men's Indoor Track & Field Individual & Relay Champions

(Since 1969)

60-Yard/55-Meter/60-Meter Dash

Year	Name	School	Time
1969*	Bob Wilms	LC	6.5
1970*	Gary Gray	RF	6.4
1971*	Gary Gray	RF	6.2
1972	Jeff Forslund	OSH	6.2
1973	Jeff Forslund	OSH	6.1
1974*	Jeff Forslund	OSH	6.4
1975*	Jerry Johnson	WW	6.4
1976*	Dale Williams	WW	6.5
1977*	Larry Sitte	LC	6.4
1978*	Tom Stepp	WW	6.5
1979*	Reggie Rabb	LC	6.6
1980*	Reggie Rabb	LC	6.5
1981*	Len Malloy	STP	6.47
1982*	Reggie Rabb	LC	6.58
1983*	Alvin Hudson	LC	6.53
1984*	Neil Taylor	OSH	6.50
1985*	Alvin Hudson	LC	6.53
1986*	Delmar Johnson	ST	6.55
1987*	Shawn Brehmer	OSH	6.61
1988	Vacated		
1989#	Eric Burrell	EC	6.47
1990#	Eric Burrell	EC	6.46
1991#	Mike Wilson	ST	6.50
1992#	David Coates	LC	6.56
1993#	Norris Thomas	LC	6.46
1994#	Mira Hamilton	WW	6.44
1995#	Chip Tancil	LC	6.50
1996#	Terry Anders	ST	6.44
1997#	Terry Anders	ST	6.43
1998#	Shawn Moretti	STP	6.52
1999#	Jermaine Lewis	OSH	6.48
2000#	Jared Arn	LC	6.36
2001#	Dan Tutskey	LC	6.41
2002#	Dan Tutskey	LC	6.34
2003#	Matt Pagel	LC	6.48
2004#	Matt Pagel	LC	6.38
2005#	Marcus Walgrave	LC	6.48
2006#	Matt Schultz	LC	6.45
2007#	A.J. Hollanquest	OSH	6.45
2008#	Matt Gordy	LC	6.46
2009#	Keith Ingram	STP	6.35
2010#	Keith Ingram	STP	6.39
2011#	Zach Lee	LC	6.40
2012^	Thurgood Dennis	EC	6.90
2013^	Thurgood Dennis	EC	6.79
2014^	Thurgood Dennis	EC	6.75
2015^	David Paynotta	RF	6.89
2016^	David Paynotta	RF	6.79
2017^	Parker Witt	WW	6.75
2018^	Erik Schwandt	OSH	6.861
2019^	Seth Holden	LC	6.83
2020^	Josh Koenecke	LC	6.84
2021	No championship due to COVID-19 pandemic.		
2022^	Davian Willems	OSH	6.72
2023^	Sam Blaskowski	LC	6.65
2024^	Sam Blaskowski	LC	6.69
2025^	Sam Blaskowski	LC	6.62

*60 Yards #55 Meters ^60 Meters

200-Meter Dash

1991	Rob Bean	LC	22.26
1992	David Coates	LC	22.38
1993	David Coates	LC	22.15
1994	David Coates	LC	22.10
1995	Terry Anders	ST	22.10
1996	Terry Anders	ST	22.02
1997	Terry Anders	ST	21.82
1998	Greg Knight	LC	22.42
1999	Steve Crutchley	EC	22.15
2000	Greg Knight	LC	22.29
2001	Andrew Rock	LC	21.84
2002	Andrew Rock	LC	21.45
2003	Andrew Rock	LC	21.34
2004	Andrew Rock	LC	21.52
2005	Nate Olson	LC	22.26
2006	Nate Olson	LC	21.86
2007	Michael Queensland	LC	22.12
2008	Nicholas Ver Duin	STP	22.13
2009	Keith Ingram	STP	22.07
2010	Alex DeWitt	OSH	22.38
2011	Quentin Badger	OSH	22.32
2012	Thurgood Dennis	EC	21.69
2013	Thurgood Dennis	EC	21.93
2014	Thurgood Dennis	EC	21.77
2015	Ross Denman	LC	22.12
2016	Parker Witt	WW	21.86
2017	Parker Witt	WW	21.76
2018	Calden Wojt	STP	21.87
2019	Ryan Powers	OSH	21.88
2020	Brent Heilman	ST	22.15
2021	No championship due to COVID-19 pandemic.		
2022	Sam Blaskowski	LC	21.89
2023	Sam Blaskowski	LC	21.29
2024	Luke Schroeder	LC	21.59
2025	Nolan Milas	OSH	22.17

440-Yard/400-Meter Dash

1969*	Mark Burwell	ST	51.8
1970*	Gary Brink	PLT	50.0
1971*	Gary Brink	PLT	50.4
1972*	Lloyd Jones	STP	51.7
1973*	Esrold Nurse	OSH	50.6
1974*	John Williams	STP	50.6
1975*	Steve Zais	ST	51.9
1976*	Esrold Nurse	OSH	49.7
1977*	Bob Bonk	LC	50.0
1978*	Mike Harper	OSH	50.0
1979*	Reggie French	OSH	51.0
1980*	Reggie French	OSH	49.8
1981*	John Kruchoski	WW	50.24
1982*	John Kruchoski	WW	50.05
1983*	Frank Cumberbatch	OSH	49.62
1984*	Pat Schultz	LC	50.8
1985*	Ken Ramirez	OSH	51.33
1986*	Earl Novotney	LC	50.41
1987*	Earl Novotney	LC	51.11
1988*	Rolland Parish	WW	51.0
1989	Dane Christensen	LC	49.86
1990	Anthony Talton	WW	49.35
1991	Dean Bryan	STP	48.23
1992	Dean Bryan	STP	49.27
1993	Mike Henning	EC	50.10
1994	David Coates	LC	49.31
1995	Terry Anders	ST	49.10
1996	Terry Anders	ST	48.36
1997	Terry Anders	ST	48.61
1998	Greg Matzek	OSH	49.54
1999	Greg Matzek	OSH	48.89
2000	Kris Smith	LC	49.66
2001	Adam McKahan	LC	48.78
	Craig Gunderson	STP	48.78
2002	Dave Hanson	ST	49.51
2003	Kris Smith	LC	49.17
2004	Jeremy Deterville	LC	50.18
2005	Derek Gonzenbach	ST	49.65
2006	Derek Gonzenbach	ST	49.06
2007	Tony Marcinek	LC	49.63
2008	Nicholas Ver Duin	STP	49.39
2009	Isiah Gray	WW	49.49
2010	Ben Zill	OSH	48.70
2011	Paul Yerhot	LC	49.47
2012	Ben Farrell	PLT	49.01
2013	Aric Hoeschen	LC	48.63
2014	Ross Denman	LC	48.75
2015	Ross Denman	LC	49.06
2016	Ross Denman	LC	48.76
2017	Ross Denman	LC	48.57
2018	Evan Torgerson	STP	49.41
2019	Ryan Powers	OSH	48.20
2020	KJ Munn	EC	49.22
2021	No championship due to COVID-19 pandemic.		
2022	Ryan Potter	OSH	49.18
2023	Addison Hill	LC	49.10
2024	Chase Doornink	LC	49.03
2025	Collin Conzemius	LC	48.75

*440 Yards

880-Yard/800-Meter Run

1969*	Phil Bouche	LC	1:57.5
1970*	Jim Lawinger	PLT	2:00.4
1971*	Mike Gibbs	OSH	1:59.2
1972*	Don Trzebiatowski	STP	1:57.3
1973*	John Chartrand	ST	1:58.1
1974*	Joe Hanson	LC	1:57.7
1975*	Mark Ardington	LC	1:57.4
1976*	Dave Berge	OSH	1:57.7
1977*	Jim Hanson	LC	1:57.8
1978*	Todd Herbert	EC	1:56.7
1979*	Dan Buntman	STP	1:58.5
1980*	Al Copperud	LC	1:58.5
1981*	Al Copperud	LC	1:57.34
1982*	Steve Merline	OSH	1:55.18
1983*	Steve Brilowski	STP	1:55.9
1984*	Tom Peterson	STP	1:54.84
1985*	Max Harn	OSH	1:56.47
1986*	Brian Knier	LC	1:58.31
1987*	Steve Melzer	WW	1:57.84
1988*	Steve Melzer	WW	1:56.23
1989	Craig Poshepney	LC	1:55.34
1990	Don Carper	OSH	1:55.79
1991	Don Carper	OSH	1:53.9
1992	Steve Travis	WW	1:56.46
1993	Shawn Wolfram	OSH	1:55.62
1994	Keven Syverson	RF	1:55.73
1995	Joshua Tebo	STP	1:56.33
1996	Steve Danza	OSH	1:54.98
1997	Matt Hayes	STP	1:54.43
1998	Brett Witt	STP	1:55.07
1999	Joe Kelsey	OSH	1:54.37
2000	Keith BrummondSmith	PLT	1:54.00
2001	Chris Horvat	STP	1:53.32
2002	Matt Groose	OSH	1:50.03
2003	Matt Groose	OSH	1:51.58
2004	John LeRoy	OSH	1:53.91
2005	Ryan Kleimenhagen	PLT	1:55.60
2006	Cal Kroom	OSH	1:53.77
2007	Wes Fischer	EC	1:54.25
2008	Aron Kehoe	WW	1:54.41
2009	Matt Kovnesky	WW	1:54.43
2010	David Litsheim	STP	1:51.86
2011	David Litsheim	STP	1:52.83
2012	Sean Royer	LC	1:54.88
2013	Sean Royer	LC	1:54.77
2014	McKena Ramos	OSH	1:51.42
2015	Jason Henkins	PLT	1:54.68
2016	Wal Khat	OSH	1:51.66
2017	Justin Skinkis	OSH	1:52.08
2018	Brian Kuehl	WW	1:55.20
2019	Nolan Wallenkamp	PLT	1:54.11
2020	Kyler Lueck	EC	1:51.80
2021	No championship due to COVID-19 pandemic.		
2022	Steven Potter	OSH	1:54.82
2023	Steven Potter	OSH	1:52.29
2024	Cael Schoemann	LC	1:51.51
2025	Cael Schoemann	LC	1:52.15

*880 Yards

One-Mile/1,500-Meter Run

1969*	Dale Roe	LC	4:18
1970*	John Carlson	LC	4:20.1
1971*	Gary Yanke	PLT	4:20.5
1972*	Jim Drews	LC	4:12.9
1973*	Jim Drews	LC	4:13.7
1974*	Jim Drews	LC	4:16.0
1975*	Joe Hanson	LC	4:13.8
	Jim Hanson		
1976*	Joe Hanson	LC	4:14.5
1977*	Jim Hanson	LC	4:17.2
1978*	Dan Buntman	STP	4:15.1
1979*	Jim Ingold	LC	4:19.1
1980*	Jim Spiegelberg	EC	4:13.2
1981*	Chuck Paulson	STP	4:18.39
1982*	Paul Voss	LC	4:13.33
1983*	Paul Soto	LC	4:15.19
1984*	Jeff Wachter	ST	4:11.90
1985*	Max Harn	OSH	4:12.24
1986*	Arnie Schrader	STP	4:14.00
1987	Ketil Hanson	LC	3:56.58
1988	Pete Bagnat	OSH	3:56.37
1989	Darrin Shepardson	LC	3:58.82
1990	Scott Steuernagel	OSH	3:56.02
1991	Pat Dittman	LC	3:55.1
1992	Mahdi Omar	LC	4:02.35
1993	Joel Wagner	PLT	3:58.83
1994	Eddie Holzem	LC	3:59.03
1995	Geoff Gulotta	OSH	3:58.74
1996	Joel Jaeger	OSH	3:58.04
1997	Brad Wilson	LC	3:54.77
1998	Brett Altergott	LC	3:57.21
1999	Wes Shaughnessy	OSH	3:57.76
2000	Dan Schwamberger	STP	3:55.08
2001	Matt Groose	OSH	3:52.27
2002	Ryan Kleimenhagen	PLT	3:54.02
2003	Matt Groose	OSH	3:55.70
2004	Ryan Kleimenhagen	PLT	3:54.04
2005*	Ryan Kleimenhagen	PLT	4:10.24
2006*	Brian Butzler	WW	4:16.36
2007*	Brian Butzler	WW	4:11.55
2008*	Tyler Sigl	PLT	4:10.78
2009*	Willy Kaul	OSH	4:12.28
2010*	Patrick Klein	PLT	4:13.59
2011*	Patrick Klein	PLT	4:12.04
2012*	Dan Sullivan	STP	4:08.44
2013*	Dan Sullivan	STP	4:09.85
2014*	McKena Ramos	OSH	4:10.90
2015*	Roberto Lara	OSH	4:11.80
2016*	Neil Pedersen	STP	4:08.93
2017*	Matt Cooper	EC	4:13.21
2018*	Zach Lee	PLT	4:17.59
2019*	Zach Lee	PLT	4:08.89
2020*	Kyler Lueck	EC	4:10.03
2021	No championship due to COVID-19 pandemic.		
2022*	Michael Madoch	LC	4:15.48
2023*	Steven Potter	OSH	4:10.19
2024*	Christian Patzka	WW	4:09.00
2025*	Christian Patzka	WW	4:12.49

*One-Mile

Two-Mile/3,000-Meter Run

1969*	Tom Hoffman	WW	9:09.4
1970*	John Carlson	LC	9:36.6
1971*	Doug Brefezynski	OSH	9:34.2
1972*	Jim Drews	LC	9:15.6
1973*	Jim Drews	LC	9:14.4
1974*	Jim Drews	LC	9:11.6
1975*	Joe Hanson	LC	9:10.2
	Jim Hanson	LC	9:10.2
1976*	Tom Anderson	PLT	9:06.2
1977*	Tom Antczak	LC	9:16.1
1978*	Don Buntman	STP	9:13.9
1979*	Steve Hahn	LC	9:12.9
1980*	Jim Rogala	LC	9:07.1
1981*	Dan Stack	EC	9:15.02
1982*	Dan Stack	EC	9:02.08
1983*	Jerry Husz	LC	9:07.0
1984*	Jeff Wachter	ST	8:53.4
1985*	Greg Barczak	LC	9:10.64
1986*	Arnie Schraeder	STP	9:00.22
1987*	Arnie Schraeder	STP	9:02.17
1988*	Jim Batchelor	LC	9:03.01
1989	Scott Steuernagel	OSH	8:38.94
1990	Dave Lambert	OSH	8:32.49
1991	Dave Lambert	OSH	8:26.58
1992	Scott Steuernagel	OSH	8:31.32
1993	Mike James	OSH	8:36.90
1994	Mahdi Omar	LC	8:30.77
1995	Matt Thull	OSH	8:27.73
1996	Matt Thull	OSH	8:33.50
1997	Matt Thull	OSH	8:28.74
1998	Jason Finch	EC	8:34.53
1999	Ryan Meisen	WW	8:30.40
2000	Tyler Foos	LC	8:33.06
2001	Jeremy Burks	WW	8:22.25
2002	David Cisewski	OSH	8:28.12
2003	Dan Sutton	LC	8:22.35
2004	Riley Kehoe	WW	8:25.69
2005	Nick Boehlke	OSH	8:44.72
2006	Nick Boehlke	OSH	8:37.03
2007	Brian Butzler	WW	8:23.37
2008	Willy Kaul	OSH	8:37.95
2009	Willy Kaul	OSH	8:33.69
2010	Chris Wirtz	EC	8:34.42
2011	Brian Butzler	WW	8:26.96
2012	Tim Nelson	ST	8:15.47
2013	David Stilin	LC	8:27.89
2014	Patrick Jenkins	ST	8:17.80
2015	Josh Thorson	EC	8:20.56
2016	Josh Thorson	EC	8:16.65
2017	Nick Petersson	EC	8:17.42
2018	Darin Lau	EC	8:23.26
2019	Joshua Schrader	LC	8:20.42
2020	David Fassbender	WW	8:15.57
2021	No championship due to COVID-19 pandemic.		
2022	David Fassbender	WW	8:16.29
2023	Christian Patzka	WW	8:14.78
2024	Gunner Schlender	WW	8:17.61
2025	Christian Patzka	WW	8:14.63

*Two-Miles

Three-Mile/5,000-Meter Run

1981*	Jerry Husz	LC	14:13.13
1982*	Jerry Husz	LC	14:07.42
1983*	Bill Rediske	LC	14:26.76
1984*	Andy Kantowicz	LC	14:19.48
1985*	Greg Barczak	LC	14:18.18
1986*	Dave Valentine	LC	14:07.74
1987	Tom Morris	STP	14:53.05
1988	Dan Held	EC	14:33.00
1989	Mike Monk	EC	14:51.44
1990	Randy Damkot	OSH	14:44.59
1991	Dave Lambert	OSH	14:49.49
1992	Dave Lambert	OSH	14:41.59
1993	Mike James	OSH	15:01.58
1994	Jeremie Johnson	STP	15:04.59
1995	Matt Thull	OSH	14:42.78
1996	Matt Thull	OSH	14:59.80
1997	Matt Thull	OSH	14:39.91
1998	Jason Finch	EC	14:45.59
1999	Jason Finch	EC	14:41.43
2000	Dan Schwamberger	STP	14:43.86
2001	Jesse Drake	STP	14:35.02
2002	Pat Frascione	WW	14:36.19
2003	David Cisewski	OSH	14:47.51
2004	Devin Wilson	WW	15:00.28
2005	Mark LaLonde	STP	14:44.42
2006	Nick Boehlke	OSH	14:45.24
2007	Tyler Sigl	PLT	14:42.96
2008	Willy Kaul	OSH	14:43.73
2009	Chris Wirtz	EC	14:51.48
2010	Connor Lonning	LC	15:11.48
2011	Tom Breitbach	EC	14:57.86
2012	Tom Breitbach	EC	14:32.96
2013	Aaron Easker	EC	14:24.44
2014	Josh Dederling	LC	14:28.74
2015	Patrick Jenkins	ST	14:30.36
2016	Sam Poser	PLT	14:53.59
2017	John Vodacek	EC	14:53.98
2018	Thomas Schultz	LC	14:40.72
2019	Thomas Schultz	LC	14:40.22
2020	Tyler Nault	EC	14:43.03
2021	No championship due to COVID-19 pandemic.		
2022	Christian Patzka	WW	14:26.40
2023	Ethan Gregg	LC	14:45.38
2024	Aidan Matthai	LC	14:30.99
2025	Grant Matthai	LC	14:24.14

*-Three Miles

70-Yard/60-Yard/55-Meter/60-Meter Hurdles

1969*	Stan Druckrey	LC	8.5
1970*	Stan Druckrey	LC	8.6
1971*	Jerry Piering	STP	8.6
1972*	Dan Henney	PLT	8.8
1973*	Sherman Della	WW	8.9
1974*	Jim Geisthardt	WW	9.0
1975*	Mark Marshall	PLT	8.9
1976*	Dale Williams	WW	8.7
1977*	Jerry Young	WW	8.9
1978*	Jerry Young	WW	8.9
1979#	Jerry Young	WW	7.6
1980#	Jerry Young	WW	7.6
1981#	Bruce Lammers	STP	7.62
1982#	Bruce Lammers	STP	7.65
1983#	Paul Loderhose	ST	7.81
1984#	Dwayne Gayder	ST	7.81
1985#	Mike Hintz	PLT	7.88
1986#	Matt Kriesel	LC	7.73
1987#	Mike Hintz	PLT	7.65
1988#	Chris Sommerstad	LC	7.80
1989%	Brian Nick	OSH	7.81
1990%	Scott Kleinhans	WW	7.81
1991%	Brian Emond	LC	7.81
1992%	Jason Wolf	EC	7.78
1993%	Norris Thomas	LC	7.47
1994%	Chip Schneider	PLT	7.71
1995%	Chip Schneider	PLT	7.70
1996%	Chad Robran	STP	7.76
1997%	Shawn Moretti	STP	7.60
1998%	Stuart Elzy	WW	7.80
1999%	Shawn Moretti	STP	7.65
2000%	Derek Walgrave	LC	7.59
2001%	Derek Walgrave	LC	7.74
2002%	Dave Hanson	ST	7.71
2003%	Jon Zweiger	OSH	7.49
2004%	Derek Toshner	LC	7.68
2005%	Joe Schmidt	WW	7.67
2006%	Marcus Walgrave	LC	7.52
2007%	Jon Schellin	WW	7.56
2008%	Jon Schellin	WW	7.60
2009%	Mike Dellemann	STP	7.77
2010%	Mike Dellemann	STP	7.65
2011%	Aaron Loferski	PLT	7.76
2012^	Mike Judd	WW	8.13
2013^	Marcus Smith	WW	8.11
2014^	TJ Valley	PLT	8.11
2015^	Mike Judd	WW	8.23
2016^	Dan Arnold	PLT	7.99
2017^	Christian Jackson	WW	8.18
2018^	Austin Bates	LC	8.13
2019^	Charlie Gifford	PLT	8.12
2020^	Charlie Gifford	PLT	8.15
2021	No championship due to COVID-19 pandemic.		
2022^	Carson Reilly	LC	8.18
2023^	Luke Schroeder	LC	8.16
2024^	Luke Schroeder	LC	7.91
2025^	Marlon Cystrunk	WW	8.10

*70 Yards

#60 Yards

%55 Meters

^60 Meters

High Jump

Year	Name	School	Distance
1969	Brad McDowell	PLT	6-6
1970	Ned Pellmann	LC	6-5
1971	Tom Hackbarth	ST	6-5
1972	Ron LaFond	STP	6-7 (2.01)
1973	Steve Merklein	OSH	6-7 1/4 (2.01)
1974	Ron LaFond	STP	6-8 1/4 (2.04)
1975	Dan Lee	LC	6-8 (2.03)
1976	Kris Krueter	WW	6-8 (2.03)
1977	Dan Lee	LC	6-10 1/2 (2.09)
1978	Chris Iselin	ST	6-9 (2.06)
1979	Bruce Beckel	RF	6-10 (2.08)
1980	Chris Iselin	ST	6-11 (2.11)
1981	Dennis Holtz	LC	6-8 (2.03)
1982	Dennis Holtz	LC	6-8 (2.03)
1983	Dennis Holtz	LC	6-8 (2.03)
1984	Dean Bohlman	WW	6-11 (2.11)
1985	JC Fish	RF	6-8 (2.03)
1986	Mark Rohm	LC	6-10 (2.08)
1987	Mark Rohm	LC	7-0 1/4 (2.14)
1988	Rob Lorentzen	EC	6-10 (2.08)
1989	Joe Zgonc	WW	6-9 1/2 (2.07)
1990	Kevin Gross	EC	6-8 1/4 (2.04)
1991	Bruce Reynolds	LC	6-10 1/4 (2.09)
1992	Bruce Reynolds	LC	6-11 1/2 (2.12)
1993	Jase Graber	EC	7-0 1/2 (2.15)
	Mike Kundinger	ST	7-0 1/2 (2.15)
1994	Jase Graber	EC	6-9 3/4 (2.08)
1995	John Schmidt	PLT	6-9 1/4 (2.06)
1996	Jason Slaikeu	EC	6-9 3/4 (2.08)
1997	Tim Hess	OSH	6-9 (2.06)
1998	Ben Douglas	STP	6-10 3/4 (2.10)
1999	Shannon King	OSH	6-9 (2.06)
2000	Mike Mead	STP	6-8 1/4 (2.04)
2001	Shannon King	OSH	6-9 (2.06)
2002	Kevin Deering	OSH	6-8 (2.03)
2003	Kevin Deering	OSH	6-7 1/2 (2.02)
2004	Tom Rozsak	OSH	6-8 3/4 (2.05)
2005	Mitch Ellis	STP	6-4 3/4 (1.95)
2006	Mitch Ellis	STP	6-11 3/4 (2.13)
2007	Kyle Steiner	STP	6-8 1/4 (2.04)
2008	Dave Stauder	LC	6-5 1/2 (1.97)
2009	Dave Stauder	LC	6-8 1/4 (2.04)
2010	Luke Buchholz	WW	6-8 3/4 (2.05)
2011	Travis Morehouse	WW	6-8 3/4 (2.05)
2012	Zach Mixdorf	STP	6-10 1/4 (2.09)
2013	Donald Klitz	OSH	6-10 3/4 (2.10)
2014	John McCann	OSH	6-9 1/2 (2.07)
2015	Dominique Neloms	LC	7-1 1/2 (2.17)
2016	Robert Starnes	WW	6-9 1/2 (2.07)
2017	DuVaun Goodlow	WW	6-9 1/2 (2.07)
2018	Noah Steiner	PLT	6-9 3/4 (2.08)
2019	Dylan Ferger	WW	6-9 1/2 (2.07)
2020	Noah Steiner	PLT	6-9 (2.06)
2021	No championship due to COVID-19 pandemic.		
2022	Caleb Cornelius	OSH	6-8 3/4 (2.05)
2023	Caleb Cornelius	OSH	6-8 1/4 (2.04)
2024	Caleb Cornelius	OSH	6-10 3/4 (2.10)
2025	Caleb Cornelius	OSH	6-8 3/4 (2.05)

Long Jump

1969	Harlan Flick	PLT	22-4
1970	Ken Peterson	WW	22-4
1971	Ken Peterson	WW	22-10 1/4
1972	Tom Dufalt	LC	22-2 1/4 (6.76)
1973	Bill Mier	OSH	22-11 3/4 (7.00)
1974	Mark Flood	LC	22-0 (6.70)
1975	Ted Harrison	STP	23-3 1/4 (7.09)
1976	Bill Patza	LC	22-9 1/2 (6.94)
1977	Brian Mueller	OSH	22-6 1/2 (6.87)
1978	Brian Mueller	OSH	23-1/2 (7.02)
1979	Dan Hancock	EC	23-2 3/4 (7.08)
1980	Bill Patza	LC	23-9 1/2 (7.25)
1981	Bill Patza	LC	24-3 (7.39)
1982	Bill Patza	LC	23-2 (7.06)
1983	Tom Weatherspoon	STP	23-7 1/4 (7.19)
1984	Tom Mackrie	ST	22-2 1/4 (6.76)
1985	Dwayne Branch	LC	22-9 (6.93)
1986	Randy Bjork	LC	22-11 1/4 (6.99)
1987	BJ Royes	WW	23-0 (7.01)
1988	Brad Hall	LC	23-7 1/4 (7.19)
1989	Stuart Dewhurst	OSH	22-11 1/2 (6.99)
1990	Jeremy Martens	LC	23-3 (7.08)
1991	Jeremy Martens	LC	24-6 1/4 (7.47)
1992	Bill Schroeder	LC	24-1/4 (7.32)
1993	Bill Schroeder	LC	24-7 (7.49)
1994	Rob Bunke	LC	23-2 3/4 (7.08)
1995	Rob Bunke	LC	23-9 3/4 (7.25)
1996	Travis Erickson	LC	22-7 (6.88)
1997	Josh Reckelberg	LC	23-7 1/4 (7.19)
1998	Mike Hamilton	STP	23-10 1/4 (7.26)
1999	Shannon King	OSH	23-9 1/2 (7.25)
2000	Andy Basler	LC	23-1 1/4 (7.04)
2001	Cory Lesperance	STP	23-2 (7.06)
2002	Andy Basler	LC	24-4 1/2 (7.43)
2003	Curtis Gerrits	OSH	22-9 1/4 (6.94)
2004	Derek Stanley	WW	23-4 1/2 (7.12)
2005	Herc Hyland	LC	23-0 1/2 (7.02)
2006	Derek Stanley	WW	23-6 1/4 (7.17)
2007	Dan Herms	WW	23-8 3/4 (7.23)
2008	Bruce Zalud	WW	22-9 3/4 (6.95)
2009	Cory Lockridge	WW	22-5 3/4 (6.85)
2010	Kellen McCrary	LC	23-7 1/4 (7.19)
2011	Isaac Vazquez	LC	24-0 1/4 (7.32)
2012	Isaac Vazquez	LC	24-3 1/2 (7.40)
2013	Isaac Vazquez	LC	24-11 (7.59)
2014	Justin Bowers	WW	23-10 1/4 (7.27)
2015	Dominique Neloms	LC	24-5 (7.44)
2016	Jerry Williams	STP	23-4 (7.11)
2017	Jerry Williams	STP	25-0 (7.62)
2018	Rodrick McMiller	PLT	23-10 1/4 (7.27)
2019	Jacob Teunas	LC	23-6 1/4 (7.17)
2020	Jamyle Brantley	OSH	23-9 1/2 (7.25)
2021	No championship due to COVID-19 pandemic.		
2022	Sam Blaskowski	LC	24-6 1/2 (7.48)
2023	Abdul-Karim Toheeb-Lawal	OSH	23-8 (7.21)
2024	Joshua Rivers	OSH	23-11 3/4 (7.31)
2025	Joshua Rivers	OSH	24-7 1/4 (7.50)

Triple Jump

1969	Harlan Flick	PLT	45-10
1970	Tom Rath	OSH	45-9
1971	Ken Peterson	WW	47-0 1/2
1972	Bob Wundrock	STP	45-3 1/2 (14.11)
1973	Sherman Della	WW	46-1 1/4 (14.05)
1974	Dennis Rue	STP	45-9 (13.94)
1975	Ted Harrison	STP	47-2 3/4 (14.39)
1976	Dennis Rue	STP	48-1 1/2 (14.66)
1977	Dennis Rue	STP	47-11 1/2 (14.61)
1978	Pat Watson	WW	47-0 (14.32)
1979	Pat Watson	WW	45-5 3/4 (13.86)
1980	Bill Patza	LC	48-1 1/2 (14.66)
1981	Bill Patza	LC	47-5 1/4 (14.46)
1982	Bobbie Lawson	EC	47-10 3/4 (14.60)
1983	Tom Weatherspoon	STP	48-4 3/4 (14.75)
1984	Evan Perkins	LC	46-2 1/4 (14.07)
1985	Dwayne Branch	LC	46-7 (14.19)
1986	Evan Perkins	LC	48-3 1/2 (14.72)
1987	Evan Perkins	LC	49-3 3/4 (15.03)
1988	Mike Thompson	LC	46-9 1/2 (14.26)
1989	Ajamu Olaniyan	LC	48-9 1/2 (14.87)
	(formerly Dean Cash)		
1990	Ajamu Olaniyan	LC	50-3 3/4 (15.33)
	(formerly Dean Cash)		
1991	Ajamu Olaniyan	LC	50-3 1/2 (15.33)
	(formerly Dean Cash)		
1992	Ajamu Olaniya	LC	48-11 3/4 (14.93)
	(formerly Dean Cash)		
1993	Bill Schroeder	LC	48-10 (14.88)
1994	Travis Horstman	LC	47-5 3/4 (14.47)
1995	Travis Horstman	LC	48-3 1/4 (14.71)
1996	Tommy Ngo	EC	45-11 1/4 (14.00)
1997	Rob Thompson	WW	47-9 (14.55)
1998	Tommy Ngo	EC	48-6 3/4 (14.80)
1999	Robert Thompson	WW	49-6 1/4 (15.09)
2000	Tommy Ngo	EC	47-10 1/2 (14.59)
2001	Shannon King	OSH	48-10 1/4 (14.89)
2002	Jeff Bergstrom	EC	47-3 1/2 (14.41)
2003	Aaron Henderson	WW	46-10 (14.27)
2004	Herc Hyland	LC	47-2 1/2 (14.39)
2005	Aaron Henderson	WW	48-7 1/2 (14.82)
2006	Mike Paddock	WW	47-10 1/2 (14.59)
2007	Jesse Dengsavang	LC	45-11 3/4 (14.01)
2008	James Simms	OSH	47-4 1/4 (14.43)
2009	James Simms	OSH	48-4 1/2 (14.74)
2010	James Simms	OSH	47-10 1/2 (14.59)
2011	Marcus Smith	WW	48-3 1/4 (14.71)
2012	Isaac Vazquez	LC	50-6 1/4 (15.40)
2013	Isaac Vazquez	LC	50-9 1/2 (15.48)
2014	Nick Lubinski	ST	47-5 (14.45)
2015	Cody Prince	EC	48-8 1/4 (14.84)
2016	Jerry Williams	STP	48-10 (14.88)
2017	Jerry Williams	STP	47-0 3/4 (14.34)
2018	Matt Green	WW	47-7 1/4 (14.51)
2019	Jonathan Wilburn	OSH	49-3 1/2 (15.02)
2020	Jonathan Wilburn	OSH	49-1 3/4 (14.98)
2021	No championship due to COVID-19 pandemic.		
2022	Jonathan Wilburn	OSH	49-8 1/2 (15.15)
2023	Jonathan Wilburn	OSH	50-0 3/4 (15.26)
2024	Shelvin Garrett II	WW	49-6 1/2 (15.10)
2025	Gabe Olson	LC	48-4 (14.73)

Shot Put

1969	Doug Sutherland	SUP	54-4
1970	Doug Sutherland	SUP	53-6 1/2
1971	Dave Meyer	STP	51-10 1/4
1972	Jeff Everson	WW	52-10 (16.10)
1973	Gary Rayeske	RF	53-10 1/4 (16.41)
1974	William Wright	STP	55-7 1/2 (16.95)
1975	Randy Canham	OSH	54-2 1/4 (16.51)
1976	Dave Bielmeier	EC	54-3 3/4 (16.55)
1977	Jim Walczak	LC	53-1/2 (16.15)
1978	Jim Walczak	LC	54-4 1/2 (16.57)
1979	Mark Overgard	ST	51-11 3/4 (15.84)
1980	Mark Overgard	ST	53-10 (16.40)
1981	Mark Overgard	ST	54-4 (16.56)
1982	Steve Eckley	EC	51-8 (15.74)
1983	Tom Newberry	LC	52-6 (16.00)
1984	Tom Newberry	LC	59-1 1/2 (18.02)
1985	Tom Newberry	LC	63-3 1/2 (19.29)
1986	Terry Strouf	LC	54-4 (16.56)
1987	Terry Strouf	LC	58-10 3/4 (17.95)
1988	Terry Strouf	LC	58-8 3/4 (17.90)
1989	Troy Nelson	LC	55-3 3/4 (16.86)
1990	Andreas Klotz	WW	55-3/4 (16.78)
1991	Dan Schmidt	EC	54-2 1/2 (16.52)
1992	Paul Conlin	PLT	57-0 (17.37)
1993	Paul Conlin	PLT	60-3 3/4 (18.38)
1994	Dave McLaren	OSH	55-10 1/2 (17.02)
1995	Marcos Fredrick	LC	51-10 1/2 (15.81)
1996	Jason Lehman	ST	51-3 1/2 (15.63)
1997	Jason Lehman	ST	52-5 1/2 (15.99)
1998	Jason Lehman	ST	56-0 (17.07)
1999	Kurt Malnar	WW	51-10 1/2 (15.81)
2000	Luis Moroney	LC	54-9 1/4 (16.69)
2001	Tim Amann	LC	54-4 3/4 (16.58)
2002	Jim Nelson	LC	55-1 (16.79)
2003	Jim Nelson	LC	55-0 3/4 (16.78)
2004	Jim Nelson	LC	55-5 1/2 (16.90)
2005	Brandon Houle	OSH	56-10 1/4 (17.33)
2006	Brandon Houle	OSH	55-7 (16.94)
2007	Bobby Riley	LC	55-11 (17.04)
2008	Bobby Riley	LC	55-6 1/2 (16.93)
2009	Bobby Riley	LC	57-0 1/4 (17.38)
2010	Tony Baker	OSH	54-0 (16.46)
2011	Andy Novak	LC	54-11 1/4 (16.74)
2012	Andy Novak	LC	59-10 1/4 (18.24)
2013	Nick Baatz	OSH	58-10 (17.93)
2014	Roger Steen	EC	56-1 3/4 (17.11)
2015	Roger Steen	EC	59-4 1/4 (18.09)
2016	Alex Mess	EC	57-10 1/2 (17.64)
2017	David Kornack	EC	52-8 3/4 (16.07)
2018	Sam Elsner	ST	58-2 (17.73)
2019	David Kornack	EC	62-11 1/4 (19.18)
2020	Kevin Ruechel	ST	57-10 1/4 (17.63)
2021	No championship due to COVID-19 pandemic.		
2022	Kevin Ruechel	ST	59-0 3/4 (18.00)
2023	Yakob Ekoue	EC	56-10 (17.32)
2024	Yakob Ekoue	EC	58-3 3/4 (17.77)
2025	Adam Strouf	EC	58-8 3/4 (17.90)

Weight Throw (35 lb.)

1987	Terry Strouf	LC	57-11 (17.65)
1988	Terry Strouf	LC	57-9 3/4 (17.62)
1989	Ric Heddens	LC	50-9 1/2 (15.48)
1990	Dan Schmidt	EC	52-2 1/2 (15.91)
1991	Brian Knudtson	WW	56-11 1/2 (17.36)
1992	Dan Schmidt	EC	61-5 (18.72)
1993	Doug Oomens	LC	63-6 3/4 (19.37)
1994	Saul Banashak	LC	52-1 (15.87)
1995	Saul Banashak	LC	53-7 (16.33)
1996	Bryan Cunningham	PLT	59-8 1/4 (18.19)
1997	Erik Lehet	LC	55-5 3/4 (16.91)
1998	Bryan Cunningham	PLT	57-6 1/2 (17.54)
1999	Mike Seifert	LC	59-10 1/4 (18.24)
2000	Mike Koenning	LC	58-10 1/4 (17.94)
2001	David Hahn	PLT	58-4 (17.78)
2002	Mike Turgeon	LC	60-9 1/4 (18.52)
2003	Noah Eschenbauch	STP	61-11 (18.87)
2004	Jeremy Wendt	WW	64-8 (19.71)
2005	Kevin Becker	LC	67-7 (20.60)
2006	Brandon Houle	OSH	63-3 1/4 (19.28)
2007	Brandon Houle	OSH	62-4 1/2 (19.01)
2008	Phil Prusinski	OSH	56-9 1/2 (17.31)
2009	Sam Johnson	EC	63-11 (19.48)
2010	Ben Ludtke	OSH	64-5 3/4 (19.65)
2011	Ben Ludtke	OSH	63-1 1/4 (19.23)
2012	Pete Delzer	OSH	67-2 1/4 (20.48)
2013	Pete Delzer	OSH	66-2 1/4 (20.17)
2014	John Cooper	LC	64-3 1/4 (19.59)
2015	Grant Havard	LC	63-8 3/4 (19.42)
2016	Alex Mess	EC	63-10 1/2 (19.47)
2017	Levi Perry	WW	61-9 1/2 (18.83)
2018	Andrew Jarrett	LC	63-10 1/2 (19.47)
2019	Andrew Jarrett	LC	69-7 1/2 (21.22)
2020	Andrew Jarrett	LC	67-2 1/4 (20.48)
2021	No championship due to COVID-19 pandemic.		
2022	Daustin Martin	WW	60-2 (18.34)
2023	Ben Veverka	PLT	60-8 (18.49)
2024	Justin Eichler	PLT	68-9 3/4 (20.97)
2025	Gavin Fritsch	OSH	64-10 (19.76)

Pole Vault

1969	Joe Townsley	OSH	13-9 3/4
1970	Joe Townsley	OSH	13-0
1971	Guy Nelson	PLT	14-0 1/4
1972	Jack Engsberg	LC	14-0 (4.27)
1973	Jack Engsberg	LC	14-7 1/4 (4.45)
1974	Mark Krattiger	LC	15-1 1/2 (4.61)
1975	Tim Gartzke	LC	14-6 (4.42)
1976	Gary Schell	WW	14-9 (4.50)
1977	Gary Schell	WW	14-6 (4.42)
1978	Tom Plummer	WW	15-2 (4.62)
1979	Tom Plummer	WW	15-0 (4.57)
1980	Tom Plummer	WW	15-5 1/2 (4.71)
1981	Ed Courtney	LC	15-0 (4.57)
1982	Scott Raduka	ST	15-6 (4.72)
1983	Jim Eike	WW	15-7 (4.75)
1984	Jim Eike	WW	15-9 1/2 (4.81)
1985	Mike Meeteer	LC	16-0 (4.88)
1986	Bruce Nelson	LC	15-6 (4.72)
1987	Tom Stevens	WW	15-3 (4.65)
1988	Chad McTaggart	LC	15-1/2 (4.58)
1989	John Zastrow	ST	15-7 (4.75)
1990	Doug Geiwitz	LC	15-4 (4.67)
1991	Craig Kohn	PLT	15-9 (4.80)
1992	Darrell Schwant	WW	15-7 (4.75)
1993	Chris Mailand	LC	15-5 1/2 (4.71)
1994	Mike Schnur	LC	15-7 (4.75)
1995	Mike Schnur	LC	16-1/4 (4.88)
1996	Mike Schnur	LC	17-7 3/4 (5.38)
1997	Aaron Fruit	ST	16-3/4 (4.90)
1998	Josh Buchholtz	LC	15-11 (4.85)
1999	Jamie Buchholtz	ST	16-2 (4.93)
2000	Jamie Buchholtz	ST	16-2 (4.93)
2001	Hans Schmidt	LC	17-0 (5.18)
2002	Jeff Rotering	ST	16 3 1/4 (4.96)
2003	Hans Schmidt	LC	17-0 1/4 (5.19)
2004	Hans Schmidt	LC	17-2 3/4 (5.25)
2005	Jon Heinz	LC	16-4 3/4 (5.00)
2006	Nick Pergande	LC	17-0 3/4 (5.20)
2007	Matt Novak	LC	16-9 1/2 (5.12)
2008	Scott Howard	PLT	15-11 (4.85)
2009	Daniel Drewek	ST	16-5 1/2 (5.02)
2010	Dave Pergande	LC	15-4 1/4 (4.68)
2011	Daniel Drewek	ST	16-9 1/4 (5.11)
2012	Daniel Drewek	ST	16-10 3/4 (5.15)
2013	Bryan Klister	LC	16-1 3/4 (4.92)
2014	Jeffery Hill	LC	15-11(4.85)
2015	Jeffery Hill	LC	15-11 3/4 (4.87)
2016	Matthew Dwyer	PLT	16-6 3/4 (5.05)
2017	Matthew Dwyer	PLT	16-5 1/4 (5.01)
2018	Zach Jasinski	WW	16-5 1/4 (5.01)
2019	Zach Jasinski	WW	16-1 3/4 (4.92)
2020	Noah Zastrow	ST	17-8 1/4 (5.39)
2021	No championship due to COVID-19 pandemic.		
2022	Noah Reedy	EC	16-0 1/2 (4.89)
2023	Logan Larson	LC	16-0 1/2 (4.89)
2024	Zach Zirgibel	OSH	15-11 3/4 (4.87)
2025	Johnny Botsch	EC	16-7 1/4 (5.06)

Pentathlon/Heptathlon

Year	Name	School	Points
1981	Mike Kramer	ST	2,875
1982	Mike Kramer	ST	3,030
1983	Jim Schefdore	LC	2,970
1984	Frank Calvert	OSH	3,017
1985	Mike Meeteer	LC	3,075
1986	Eric Keller	LC	3,169
1987	Ken McCraley	OSH	3,243
1988	Shawn Fiedler	WW	3,313
1989	Ken McCraley	OSH	3,221
1990	Bill Schroeder	LC	3,340
1991	Bill Schroeder	LC	3,770
1992	Bill Schroeder	LC	3,771
1993	Bill Schroeder	LC	3,993
1994	Mike Casey	ST	3,439
1995	Mike Casey	ST	3,470
1996	Jase Graber	EC	3,510
1997	Travis Rogers	OSH	3,463
1998	Aaron Nett	OSH	3,386
1999	Aaron Nett	OSH	3,444
2000	Aaron Nett	OSH	3,486
2001*	Aaron Nett	OSH	4,893
2002*	Adam Lendowski	WW	4,909
2003*	Adam Lendowski	WW	4,915
2004*	Eric Jacobson	WW	4,777
2005*	Zach Johnson	OSH	4,775
2006*	Kyle Steiner	STP	5,101
2007*	Kyle Steiner	STP	5,187
2008*	Darin Kuhnke	WW	4,654
2009	Ben Zill	OSH	2,751
2010	Ben Zill	OSH	3,699
2011	Brian Thill	STP	3,592
2012*	Daniel Drewek	ST	5,021
2013*	Zach Anderson	ST	5,132
2014*	Brandon Zarnoth	EC	5,385
2015*	Brandon Zarnoth	EC	5,148
2016*	Ethen Schoen	ST	4,852
2017*	Jacob Hirsbrunner	PLT	4,873
2018*	Dylan Cooper	EC	5,082
2019*	Cody Faust	PLT	5,251
2020*	Dylan Cooper	EC	5,441
2021	No championship due to COVID-19 pandemic.		
2022*	Mason Barth	ST	4,901
2023*	Mason Barth	ST	5,030
2024*	Max Foland	EC	5,097
2025*	Jacob Balcome	RF	5,208

*Heptathlon

One-Mile/4 x 400-Meter Relay

1969*	LC (Scott Lindgren, Tom Carpisi, Phil Bouche, Stan Druckrey)	3:25.7
1970*	PLT (Tim Dodds, Bob Holley, Gary Brink, Jim Lawinger)	3:25.4
1971*	PLT (Tim Dodds, Syd Cook, Jim Lawinger, Mike Ahrens)	3:27.6
1972*	OSH (Jim Fatigati, Bob Roehrig, Phil Zuehlke, Rick Uttech)	3:28.3
1973*	OSH (Phil Zuehlke, Esrold Nurse, Ray Barran, Rick Uttech)	3:23.3
1974*	OSH (Esrold Nurse, Jerry Krier, Bob Barbarich, Ray Barran)	3:27.4
1975*	LC (Dave DeMerit, Howie Jubeck, Darron Schmitz, Scott Sponholz)	3:27.6
1976*	OSH (Rob Purvis, Bob Barbarich, Dick Lohrenz, Esrold Nurse)	3:24.0
1977*	LC (Bob Bonk, Larry Sitte, Mark McKinnon, Tom Woodbury)	3:24.5
1978*	OSH (Henri Moreau, Rob Purvis, Steve Blank, Mike Harper)	3:24.9
1979*	OSH (Henri Moreau, Rob Purvis, Mike Wilkinson, Reggie French)	3:29.0
1980*	WW (Tom Stepp, Bob Ziegler, Tom Yoss, John Kruchoski)	3:25.3
1981*	LC (Don Groshan, Aaron Williams, Al Copperud, Jim Nack)	3:28.2
1982*	STP (Eric Parker, Tim Lau, Steve Brilowski, Dave Soddy)	3:24.67
1983*	OSH (Barry Martzahl, Ken Ramirez, Mike Spiering, Franklin Cumberbatch)	3:25.48
1984*	OSH (Neil Taylor, Max Harn, Dan O'Hearn, Ken Ramirez)	3:23.18
1985*	ST (Larry Sorenson, Todd Zuerlein, Lloyd Taylor, Ray Parker)	3:25.94
1986*	STP (Rob Rotar, Jim Watry, Ric Perona, Mike Christman)	3:25.98
1987*	WW (Brett Funk, Dennis Fenrick, Kurt Huemmer, Steve Melzer)	3:27.76
1988*	EC (Ty Prosa, Andy Eslinger, Jeff Kaufman, Eric Burrell)	3:26.67
1989	EC (Andy Eslinger, Tony Sarnowski, Ty Prosa, Eric Burrell)	3:20.45
1990	EC (Andy Eslinger, Ty Prosa, Tony Sarnowski, Eric Burrell)	3:21.66
1991	LC (Rob Bean, David Coates, Chad Wilkinson, Dan Christensen)	3:22.02
1992	STP (Marty Kirschner, Chris Larson, Parker Hanson, Dean Bryan)	3:25.31
1993	LC (David Coates, Chad Wilkinson, Brian Emond, Eric Gansen)	3:21.09
1994	LC (David Coates, Rob Bean, Dave Weber, Eric Gansen)	3:21.70
1995	ST (Jesse Witcraft, Mike Hallingstad, Chris Valois, Terry Anders)	3:22.23
1996	ST (Jesse Witcraft, Mike Hallingstad, John Boldt, Terry Anders)	3:18.07
1997	ST (Mike Hallingstad, Jesse Witcraft, John Boldt, Terry Anders)	3:23.49
1998	LC (Greg Knight, David Tassoul, Ryan Losinski, Scott Kazik)	3:21.59
1999	PLT (Jeremy Koehler, Doug Maughan, Adam Sanders, Keith Brumund-Smith)	3:20.09
2000	PLT (Doug Maughan, Adam Sanders, Jeremy Koehler, Keith Brumund-Smith)	3:20.02
2001	LC (Derek Toshner, Charlie Wittleder, Nick Ansley, Jason Haas)	3:21.69
2002	ST (Taylor Hustad, John Hanson, Steve Floyd, Dave Hanson)	3:22.95
2003	LC (Eric Schmidt, Doug Connor, Nolan Hietpas, Chris Sellers)	3:21.41
2004	LC (Derek Toshner, Lee Wienkes, Chris Sellers, Eric Schmidt)	3:20.94
2005	LC (Jonathan Doble, Eric Schmidt, Dan Haumschild, Lee Wienkes)	3:20.39
2006	LC (Eric Svetska, Nolan Hietpas, Brad Peterson, Dylan Randolph)	3:20.65
2007	WW (Mike Berendes, Jon Otte, Rodney Swanson, Eric Keen)	3:20.38
2008	STP (Brad Koback, Adam Lang, Josh Schwinn, Nicholas Ver Duin)	3:22.20
2009	WW (Peter Schroeder, Joe Bailey, Matt Kovnesky, Isiah Gray)	3:22.15
2010	LC (Paul Yerhot, Aric Hoeschen, Terrence Thigpen, Alex Rooker)	3:19.03
2011	OSH (Chris Lipke, Corey Wilch, David Edwards, John Cejka)	3:20.56
2012	EC (Cody Prince, Marty Richardson, Nik Ihlang, Thurgood Dennis)	3:19.96
2013	WW (Devin Grainger, Bryce Rudebeck, Kevin Gorman, Jared Denu)	3:19.63
2014	EC (William LaJeunesse, Jimmy Paske, Kevin Brooks, Thurgood Dennis)	3:19.40
2015	WW (Devin Grainger, Zak Fritz, Tony Urbanski, Jared Denu)	3:19.48
2016	LC (Zak Wallenfang, Dominic Bocchini, Joe Smith, Ross Denman)	3:17.23
2017	LC (Zak Wallenfang, Dominic Bocchini, Joshua Desorcy, Ross Denman)	3:18.01
2018	EC (Aaron Zmolek, KJ Munn, Dietrich Schwoerer, Hunter Henk)	3:20.18
2019	STP (Sam Welch, Calden Wojt, Evan Torgerson, Matt Cieslak)	3:19.27
2020	EC (KJ Munn, Hunter Henk, Dietrich Schwoerer, Arik Skifstad)	3:15.80
2021	No championship due to COVID-19 pandemic.	
2022	EC (Colin McClowry, Sam Schreiber, Josiah Ziebell, Jordan Lijewski)	3:19.99
2023	LC (Addison Hill, Chase Doornink, Tyler Backes, Payton Flood)	3:20.68
2024	LC (Davis Wenthe, Chase Doornink, Addison Hill, Jacob Hohmann)	3:16.43
2025	LC (Chase Doornink, Collin Conzemius, Andrew Hackbarth, Jacob Hohmann)	3:18.04

*One Mile

Distance Medley Relay

2000	OSH (Matt Groose, Joe Kelsey, Tony Teunissen, Wes Shaughnessy)	10:07.66
2001	OSH (Paul Chellevoid, Chris McKenna, Joe Kelsey, Wes Shaughnessy)	10:03.95
2002	OSH (David Cisewski, Kevin Klueger, John LeRoy, Matt Groose)	9:56.38
2003	OSH (Paul Brown, Kevin Klueger, Pat Seger, Matt Groose)	10:02.12
2004	WW (Tyler Fyock, Eric Rangel, Josh Johnson, Riley Kehoe)	10:07.15
2005	LC (Mike Herlihy, Lee Wienkes, Dan Haumschild, Gabe Siehr)	10:06.98
2006	RF (Jason Phillippi, Ben Kirmse, Kevin McDonough, Michael Zander)	10:12.61
2007	LC (Mike Herlihy, Lee Wienkes, Gabe Siehr, Paul Zdroik)	10:00.56
2008	LC (Kevin Oelstrom, Dylan Randolph, Adam Kleinmaus, Paul Zdroik)	10:20.53
2009	OSH (Nate Stymiest, Nick Katsandonis, Jared Morris, Willy Kaul)	9:59.62
2010	LC (Brian Shonat, Ryan Mendez, McCauley Kraker, Bruce Schmitz)	10:23.47
2011	LC (Jacob Peterson, Ryan Mendez, Sean Royer, Brian Shonat)	10:23.45
2012	RF (Scott Jensen, Derrek Pedersen, Alex Zeien, Jared Brandenburg)	10:12.02
2013	LC (Jacob Peterson, Cyrus Mason, Travis Gallick, Tyler Heinz)	10:10.46
2014	LC (Tom Linner, Cyrus Mason, Cole Hauenstein, Andrew Rohlman)	10:09.87
2015	STP (Michael Evans, Nicholas Melotte, Ryan Wierzba, Dane Tyler)	10:10.48
2016	EC (Nick Petersson, Kevin Brooks, Ryan Graham, Josh Thorson)	9:57.37
2017	LC (Sam Hinz, Dominic Bocchini, Joe Hinz, Ian Ewers)	10:02.42
2018	EC (Patrick Treacy, Brandon Christnovich, Bailey Wilson, Darin Lau)	10:12.48
2019	EC (Alex Winn, Kyle Groven, Will Ullrich, Connor Dolan)	10:22.05
2020	WW (Clinton Woerishofer, Will Kaashagen, Andrew Lohse, David Fassbender)	10:18.46
2021	No championship due to COVID-19 pandemic.	
2022	WW (Gunner Schlender, Luke Zanis, Andrew Lohse, David Fassbender)	10:15.93
2023	WW (Gunner Schlender, Hunter Manuel, Rhett Reuter, Christian Patzka)	10:06.10
2024	STP (Logan Lutz, Aiden Leist, Adam Eiden, Derek Penzkover)	10:06.16
2025	PLT (Joshua Stone, Owen Wise, Andrew Zimmerman, Caden Schneider)	10:19.04

Discontinued Events

300-Yard/300-Meter Dash

1969	Stan Druckrey	LC	31.2
1970*	Bob Holley	PLT	32.2
1971*	Mike Kneip	OSH	31.6
1972*	Gary Gray	RF	32.1
1973*	Jerry Johnson	WW	32.1
1974*	Esrold Nurse	OSH	32.4
1975*	Howie Jubeck	LC	32.5
1976*	Esrold Nurse	OSH	31.8
1977*	Larry Sitte	LC	31.9
1978*	Mike Harper	OSH	32.1
1979*	Mark Bork	STP	32.1
1980*	Reggie French	OSH	32.1
1981*	John Kruchoski	WW	32.42
1982*	Todd Phalin	WW	32.00
1983*	Franklin Cumberbatch	OSH	32.29
1984*	Neil Taylor	OSH	31.3
1985*	Earl Novotney	LC	32.53
1986*	Earl Novotney	LC	32.09
1987*	Earl Novotney	LC	32.09
1988	Vacated		
1989	Eric Burrell	EC	34.90
1990	Eric Burrell	EC	34.86

*300 Yards

600-Yard/600-Meter Run

1969*	Scott Lindgren	LC	1:14.2
1970*	Dave Johnson	WW	1:14.8
1971*	Jim Lawinger	PLT	1:14.1
1972*	Rick Uttech	OSH	1:16.1
1973*	Ted Clarke	STP	1:13.2
1974*	Daron Schmitz	PLT	1:15.0
1975*	Dan Bonk	LC	1:15.1
1976*	Dan Bonk	LC	1:12.6
1977*	Bob Bonk	LC	1:14.6
1978*	Mark Engelson	PLT	1:14.2
1979*	John Kruchoski	WW	1:13.9
1980*	John Kruchoski	WW	1:14.6
1981*	Eric Parker	STP	1:13.50
1982*	Eric Parker	STP	1:13.46
1983*	Eric Parker	STP	1:12.8
1984*	Dan O'Hearn	OSH	1:13.97
1985*	Ray Parker	ST	1:12.48
1986*	Mike Christman	STP	1:12.62
1987*	Steve Hoeschele	ST	1:14.49
1988*	Earl Novotney	LC	1:11.98
1989	Brad Olson	OSH	1:20.52
1990	Andy Eslinger	EC	1:21.39
1991	Brad Olson	OSH	1:22.41
1992	Keven Syverson	RF	1:21.95
1993	Andy Valla	STP	1:22.78
1994	Steve Stocker	RF	1:22.65
1995	Todd Dhein	PLT	1:22.16
1996	Brett Witt	STP	1:22.02
1997	Brett Witt	STP	1:21.21
1998	Nick Tarabio	WW	1:21.57
1999	Matt Hayes	STP	1:20.47

*600 Yards

1,000-Yard/1,000-Meter Run

1969*	Bob Hertel	WW	2:15.6
1970*	Rod Leadley	LC	2:17.9
1971*	Kurt Bostad	LC	2:18.3
1972*	Bob Roehrig	OSH	2:16.5
1973*	Gary Yanke	PLT	2:16.5
1974*	Don Trzebiatowski	STP	2:16.2
1975*	Joe Hanson	LC	2:15.9
1976*	Dan Buntman	STP	2:13.0
1977*	Dan Buntman	STP	2:15.5
1978*	Mike Trzebiatowski	STP	2:15.7
1979*	Dan Buntman	STP	2:15.2
1980*	Al Copperud	LC	2:12.2
1981*	Al Copperud	LC	2:14.34
1982*	Steve Merline	OSH	2:13.26
1983*	Steve Brilowski	STP	2:13.47
1984*	Dave Schomoner	LC	2:14.54
1985*	Tom Peterson	STP	2:13.46
1986*	Dave Schommer	LC	2:15.95
1987*	Paul Bons	ST	2:17.87
1988*	Marty Netzel	LC	2:17.03
1989	Kevin Sommer	OSH	2:32.31
1990	Marty Netzel	LC	2:29.71
1991	Dave Schneider	LC	2:31.26
1992	Tom Klaas	OSH	2:30.96
1993	Keven Syverson	RF	2:32.24
1994	Pat Nowack	LC	2:30.04
1995	Todd Irvine	OSH	2:31.66
1996	Jeff Jensen	ST	2:32.56
1997	John Auel	STP	2:30.92
1998	Matt Hayes	STP	2:30.96
1999	Joe Kelsey	OSH	2:29.33

*1,000 Yards

70-Yard Low Hurdles

1969	Stan Druckrey	LC	8.0
1970	Stan Druckrey	LC	7.9
1971	Jerry Piering	STP	8.1
1972	Harold Nedoma	OSH	8.1
1973	Harold Nedoma	OSH	7.9
1974	Harold Nedoma	OSH	8.0

220-Yard/200-Meter Hurdles

1975*	Tom Zamis	STP	26.1
	Dale Williams	WW	26.1
1976*	Dick Lohrenz	OSH	25.1
1977*	Tom Yoss	WW	25.4
1978*	Al Sapa	STP	25.5
1979*	Jerry Young	WW	24.9
1980*	Jerry Young	WW	24.9
1981*	John Hessler	WW	25.99
1982*	Al Hilgendorf	STP	25.54
1983*	Ric Perona	STP	25.4
1984*	Mike Christman	STP	25.33
1985*	Ric Perona	STP	25.53
1986*	Ric Perona	STP	25.11
1987*	Dan Doucette	ST	25.2
1988*	Chris Sommerstad	LC	25.32
1989	Dan Doucette	ST	24.76
1990	Scott Kleinhans	WW	24.96
1991	Chris Larsen	STP	24.64
1992	Chris Larsen	STP	25.17
1993	Brian Emond	LC	24.33
1994	Chip Schneider	PLT	25.13
1995	Chip Schneider	PLT	24.14
1996	Chad Robran	STP	24.94
1997	Scott Crothers	LC	24.39
1998	Stuart Elzy	WW	24.88
1999	Stuart Elzy	WW	24.79

*220 Yards

Two-Mile Walk

1976	Bill Hamilton	WW	15:07.7
1977	Jeff Mazanec	PLT	14:42.0
1978	Jeff Mazanec	PLT	14:20.0
1979	Jeff Ellis	STP	14:31.7
1980	Jeff Ellis	STP	13:59
1981	Jeff Ellis	STP	13:58.32
1982	Tom Gifford	LC	14:44.00
1983	Paul Wick	WW	14:02.27
1984	Paul Wick	WW	13:36.6

880-Yard/4 x 200-Meter Relay

Year	School (Names)	Time
1970*	PLT (Tim Dodds, Bob Holley, Jim Lawinger, DaveDuCharme)	1:34.4
1971*	STP (Jerry Piering, Tom McKay, Jeff Forslund, Gary Fitzgerald)	1:32.2
1972*	LC (Rick Coors, Bill Kiehn, White, Dave Manderfeld)	1:33.1
1973*	WW (Jerry Johnson, Tom Rewolinski, Bill Goodman, Steve Hirsch)	1:31.5
1974*	OSH (Esrold Nurse, Don Mowry, Bob Barbarich, Jeff Forslund)	1:33.2
1975*	LC (Rick Coors, Howie Jubeck, Larry Terry, Steve Terry)	1:32.5
1976*	LC (Bob Burnett, Steve Terry, Larry Sitte, Tom Jones)	1:31.6
1977*	LC (Mark McKinnon, Larry Sitte, Tom Jones, Steve Terry)	1:32.0
1978*	LC (Tom Jones, Mark McKinnon, Larry Sitte, Jim Nickasch)	1:31.7
1979*	LC (Larry Sitte, Reggie Rabb, Bob Wetzstoen, Jim Nickasch)	1:33.0
1980*	WW (Jerry Young, Tom Stepp, Mike Kanters, John Kruchoski)	1:31.3
1981*	STP (Len Malloy, Mike Gaab, Barry Martzahl, David Lutkus)	1:33.39
1982*	STP (David Lutkus, Jerry King, John Gering, Bruce Lammers)	1:32.74
1983*	OSH (Dan O'Hearn, Barry Martzahl, Bryan Myers, Franklin Cumberbatch)	1:33.27
1984*	OSH (Dan O'Hearn, Jerry Turner, Ken Ramirez, Neil Taylor)	1:30.9
1985*	ST (Del Johnson, Ray Parker, Larry Sorenson, Darrin Swagel)	1:33.43
1986*	STP (Kevin Kneuse, Theo Blanco, Pete Larson, Mike Christman)	1:32.79
1987*	STP (Pete Larsen, Garrick Williams, Tim Jahnke, Hap Wolfgram)	1:34.21
1988	Vacated	
1989	EC (Pete Balistrieri, Ty Prosa, Andy Eslinger, Eric Burrell)	1:31.00
1990	EC (Pete Balistrieri, Ty Prosa, Dan Kelner, Eric Burrell)	1:29.33
1991	STP (Tony Biolo, Bill Green, Ryan Hetzel, Dean Bryan)	1:29.6
1992	LC (Brian Emond, Jeremy Martens, Steve Wallace, Bill Schroeder)	1:31.86
1993	LC (David Coates, Bill Schroeder, Eric Gansen, Jeremy Martens)	1:29.52
1994	ST (Rich Vargas, Dave Stender, Terry Anders, Jesse Witcraft)	1:30.48
1995	LC (Chip Tancil, Travis Horstman, Travis Erickson, Rob Bunke)	1:30.78
1996	LC (Scott Kazik, Chip Tancil, Travis Erickson, Andy Renz)	1:29.90
1997	ST (Nate Hall, Jesse Witcraft, Troy Wyatt, Billy Busch)	1:29.83
1998	LC (Greg Knight, David Tassoul, Steve Mottl, Scott Kazi)	1:31.23
1999	EC (Steve Crutchley, Reuben Ndjerarean, Mike Mascitti, Scott Whirry)	1:29.79
2000	LC (Dan Tutskey, Greg Knight, Jay Verthein, Charlie Vojta)	1:30.29
2001	LC (Dan Tutskey, Andrew Rock, Charlie Wittleder, Adam McKahan)	1:28.02
2002	LC (Andrew Rock, Dan Tutskey, Eric Schmidt, Jason Haas)	1:28.26
2003	LC (Nate Olson, Eric Schmidt, Andrew Buchberger, Chris Sellers)	1:29.37
2004	LC (Andrew Rock, Nate Olson, Andrew Buchberger, Chris Sellers)	1:27.99
2005	LC (Nate Olson, Andrew Buchberger, Corey Carpentier, Lee Wienkes)	1:29.47
2006	LC (Nate Olson, Tony Marcinek, Jeremy Deterville, Corey Carpentier)	1:28.06
2007	EC (Nick Kropp, Nick Aliota, Adam Sturgis, Bryan Tschudy)	1:29.07
2008	EC (Chris Kupfer, Justin White, Tim Braunschweig, Dan Ehasz)	1:30.85
2009	OSH (Dean Jensen, A.J. Hollanquest, Chad Churchill, Shane Diederichs)	1:29.59
2010	STP (Zach Scott-Keyser, Ernest Edmond, Tom Wenzler, Keith Ingram)	1:29.30
2011	OSH (Alex DeWitt, Ryan Sprenger, Chris Lipke, John Cejka)	1:29.62
2012	WW (Dylan Crafton, Nick Bee, Luke Wenham, Dave Kuczynski)	1:28.67
2013	EC (Thurgood Dennis, Cody Prince, Joe Makeever, Seth Friedrich)	1:29.31
2014	EC (Thurgood Dennis, Cody Prince, Brent Mantzke, Jimmy Paske)	1:28.74
2015	PLT (Brandon Navin, Mitch Dowell, Caleb Mertens, Jerime Richards)	1:30.56

*880 Yards