

2019 Tennessee Relays

Hosted by The University of Tennessee at Tom Black Track at LaPorte Stadium

<u>Thursday, April 11</u>		<u>Friday, April 12</u>		<u>Saturday, April 13</u>	
<u>MULTI EVENTS</u>		<u>MULTI EVENTS</u>		<u>SENIOR RECOGNITIONS</u>	
12:00p	W Heptathlon 100h-HJ-SP-200m	2:00p	M Scott Hartman Decathlon 110h-DT-PV-JAV-1500m	12:30p	Tennessee Sr. Recognitions Special Recognitions
12:10p	M Scott Hartman Decathlon 100m-LJ-SP-HJ-400m	3:00p	W Heptathlon LJ-JAV-800m		National Anthem
<u>FIELD EVENTS</u>		<u>RUNNING EVENTS</u>		<u>RUNNING EVENTS</u>	
4:00p	M Javelin	2:45p	M 110m Hurdles	1:00p	W 4x200m
6:30p	M Hammer	3:00p	W 100m Hurdles	1:15p	M 4x200m
		3:20p	M 100m	1:30p	W DMR
		3:40p	W 100m	1:50p	M DMR
	<u>RUNNING EVENTS</u>	4:00p	M 400m Hurdles	2:10p	W Sprint Medley Relay
9:00p	M 10,000m	4:15p	W 400m Hurdles	2:30p	M Sprint Medley Relay
9:30p	W 10,000m	4:30p	M 400m	2:50p	W 4x100m
		4:50p	W 400m	3:10p	M 4x100m
		5:10p	M 800m	3:30p	W 4x800m
		5:25p	W 800m	3:50p	M 4x800m
		5:40p	M 3000 Steeplechase	4:00p	Youth Fun Run
		5:55p	W 3000 Steeplechase	4:10p	W 4x400m
		6:10p	M 1500m	4:30p	M 4x400m
		6:35p	W 1500m		
		7:00p	M 200m	<u>FIELD EVENTS</u>	
		7:20p	W 200m	11:00a	W Discus
		7:40p	M 5000m	12:00p	M Invite Pole Vault
		8:05p	W 5000m	1:00p	M High Jump
				2:00p	M Discus
					W Triple Jump
					M Triple Jump
		11:00a	W Hammer		
		1:30p	W Javelin	3:00p	W Invite Pole Vault
		2:00p	W Pole Vault		
		4:00p	W Long Jump		
			M Long Jump		
			W Shot Put		
		5:00p	W High Jump		
		7:00p	M Shot Put		
			M Pole Vault		

TENNESSEE
TRACK & FIELD