UTICA COLLEGE
STUDENT-ATHLETE HANDBOOK

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Disclaimer
The provisions of this resource guide are not to be regarded as an irrevocable contract between the student and Utica College.
The College reserves the right to change any provision or requirement at any time within the student’s term of residence.
Participation in the intercollegiate athletics program is regarded as a privilege, not a guaranteed right.
DAVE FONTAINE ’89– DIRECTOR OF PHYSICAL EDUCATION AND ATHLETICS
As director, Fontaine oversees all elements of the athletics department including the responsibilities of ensuring a high quality experience for student-athletes as well as students, faculty and staff who use the college’s fitness and athletic facilities; managing the budget, evaluating the head coaches, overseeing effective use and maintenance of athletic and recreational facilities, and promoting and supporting Utica College athletics. Fontaine will also oversee all 26 intercollegiate sports, game management, game security, fan conduct, and physical education courses, as well as encourage student participation in department decisions through the Student Athlete Advisory Committee and search committees for coaching positions.

Department Philosophy
MISSION– The Utica College athletic department enhances personal growth through athletic competition, academic success, and positive citizenship.

VISION– It is the vision of the Utica College athletic department to provide championship level programs. Utica College athletics will provide a diverse and personal environment that will challenge student-athletes to maximize their potential.

Educational Goals of Athletics at Utica College
Develop the capacity for independence, interpersonal communication and leadership.
Engage in realistic and positive self-appraisal.
Develop a sense of college spirit and loyalty.
Learn teamwork and cooperation.
Set daily priorities and manage time.
Learn the value of healthy competition.
Learn to persevere under adversity.
Exhibit good sportsmanship and citizenship.

Utica College Athletics Pledge
Unselfish, Team Focused, Integrity, Committed, Accountable
Welcome to Utica College and to Utica College Athletics. We are proud that you have made the commitment to be a member of one (or more) of UC’s NCAA intercollegiate sports teams. Being a member of an NCAA intercollegiate sports team at UC carries great responsibility.

Respect for the game in which the student-athlete competes also demands respect for the opponent. Student-athletes at NCAA, Empire 8, UCHC and CWPA institutions are expected to treat opponents in a sportsmanlike manner. There can be no tolerance for taunting and baiting of opponents.

Student-athletes are perhaps the most visible representatives of their institutions. Their behavior is observed and emulated by many. NCAA, Empire, UCHC and CWPA student-athletes must honor the responsibilities that accompany the privilege of representing their colleges by acting with dignity and class both in and out of competition.

It is expected and understood that you will hold to the following standards of being a student-athlete at UC:

1. Always respect yourself and your family.
2. Always respect members of the Utica College community. This includes your classmates, professors and instructors, administrators, coaches, teammates, campus safety, food service employees, maintenance employees, and all other members of the Utica College family.
3. Always be respectful to the Utica community. Remember you are representing all of the above whether you are in a Utica College uniform playing a sport or not.
4. Succeed in the classroom, remembering that your goal is to earn your degree and become a productive member of society.
5. Represent yourself and Utica College with passion, integrity and good sportsmanship.
6. Obey the law and stay out of trouble. Be part of a solution, not part of a problem.
7. Give back to those in need through active participation in volunteer services that will be conducted with your respective teams.
8. Remember that the efforts and hard work that you put in, in the classroom, in the community and on the field will pay dividends far beyond your collegiate experience.
9. Be a positive role model to all who are looking up to you.
10. Enjoy the opportunity of being a collegiate athlete.

We do recognize that intercollegiate athletics are not for everyone. If you decide to exit a team or program and would like to leave in "good standing" we ask that you take the time to meet with your head coach prior to your departure.

Best of luck as you begin or continue your Utica College intercollegiate career. We are looking forward to your success, both in and out of your respective playing arenas.
Alumni Status and Alumni Games
A student-athlete is considered to have alumni status if they have completed their final year of eligibility on their respective team/s at Utica College. They may also be granted alumni status if they have participated on the team and have left in good standing. The determination of “good standing” will be left to the sole discretion of the coach and Athletic Director. Their participation in such alumni athletic events (i.e. alumni games) will also be left to the sole discretion of the coach and Athletic Director.

EMPIRE8
"Compete with Honor and Integrity"
“The members of the Empire 8 are committed first and foremost to the pursuit of academic excellence and aspire to be regarded as an outstanding NCAA Division III conference. The membership seeks to distinguish itself among its peer group for its quality institutions, spirited and sportsmanlike competition, outstanding services and highly ethical policies and practices. Its commitment to serve the educational needs of its student-athletes is the hallmark of the Empire 8.”
“Since 2001 we have created and implemented innovative and groundbreaking sportsmanship programming. Many of our initiatives have received great publicity, including features in USA Today, The Chronicle of Higher Education, The NCAA News, and various athletic profession publications. We now pride ourselves as being a nationwide leader in sportsmanship education and policy.”
Team Selection

Members of team rosters will be determined by the head coach of that sport. The athletic director may provide input and direction as needed.

• Conversations regarding playing time shall take place between the player and coach.

• Student-athletes that have been actively recruited by a coach shall not be cut from a team roster in their first season on the team provided they remain in good standing.

• Actively recruited is defined as: the coach has initiated the contact and has had multiple conversations or correspondence with the student-athlete. It is not considered to be actively recruited if the student-athlete has received a letter of interest or an email from UC without consistent correspondence from the coaching staff or they have reached out to the coach to inquire about the athletic program. It is understood that there are no guaranteed roster spots or playing time.

• Good standing is defined as: academically eligible, has adhered to team rules, is at the appropriate fitness levels or physical condition to compete on the collegiate level as determined by the head coach (barring any documented injury, health condition etc.) and is not involved with the office of student conduct or law enforcement for violations of school policy or law. If a student-athlete does not maintain “good standing”, they may be dismissed/cut from the team’s roster immediately. Any cuts will be communicated in a one-on-one conversation between the player and the coach.

• If a student-athlete has been actively recruited and decides not to play on the team in the season immediately following their recruitment, they would be eligible to be cut from the team.

• After completion of a student-athletes’ first season on a team, they are eligible to be cut the following season and each season thereafter based upon the sole discretion and judgment of the head coach.

Fundraising

Teams have the option to raise funds for special trips, travel gear, team bonding activities, etc. All monies raised by potential team members (students trying out, students who maybe dismissed, students who may decide to quit, etc.) will be deposited into the team booster account. If a player chooses to leave the team at anytime before, during, or after the season, or that player becomes ineligible (i.e. academic or disciplinary reasons), that money will stay in the team’s account and is not refunded to the player. Any monies raised prior to the selection of the team will also remain in the team’s account and not be refunded. Cash payments made to cover costs of a special trip can be refunded up to 3 months prior to departure providing there is no financial penalty assessed to the team. If a penalty is assessed the refund will be adjusted accordingly. Refunds after the 3 month deadline will be determined by the fees and special costs assessed to the team. There will be no refunds on flights.
Financial Aid
It is the responsibility of each student-athlete to coordinate with the Financial Aid Office in regard to any academic scholarship, award, grant, loan, etc. NCAA Bylaws specifically prohibit the intervention of anyone from the Athletics Department (or who has athletics interests) in the financial aid process. Student-athletes must be sure to disclose all forms of income and assistance to the Financial Aid Office.

Staying Compliant with NCAA Division III Financial Aid Requirements:
Guidelines to a Consistent Financial Aid Package:
1. Financial aid cannot be granted based on a student-athlete’s athletics participation. This means institutions should not consider athletics leadership, ability or performance when formulating a financial aid package. [Bylaw 15.4.1-(a)]
2. Financial aid procedures should be the same for all students. Student-athletes and non-athletes should be treated the same. [Bylaw 15.4.1-(b)]
3. The financial aid packages for student-athletes should resemble similar packages offered to non-athletes. [Bylaw 15.4.1-(c)]
4. The total award amount given to student-athletes compared to the total award amount given to the overall student population should be proportionate to the number of student-athletes compared to the overall student population. [Bylaw 15.4.1-(d)]

Athletics Staff Involvement:
Athletics staff members are not allowed to have any role in determining institutional aid and are not permitted to modify or arrange financial aid packages. [Bylaw 15.4.5]

For additional resources:
Contact your conference office
File an interpretive request in RSRO
Call the AMA Interpretations Line at 317/917-6003

Captains- Leadership Expectations
Captains play an essential role in leadership of the team. We expect that captains will be outstanding role models for other team members in their actions on and off the field of play. They will serve as a liaison between the coaching staff and athletes. They will also establish good working relationships with athletic administrators. They serve a primary role in the motivation of individuals, team spirit, and good sporting behavior. They will not condone or be a part of inappropriate behavior; instead, they will foster a positive team-building environment. A good captain will provide the leadership that is so important in helping a team develop and maintain the cohesion essential for success.

Issues of Race, Gender, and Sexual Orientation
There must be a constant, vigilant sensitivity to issues of race, gender, appearance, ability and sexual orientation. Our behavior, language and expectations must reflect a commitment to respect the dignity of all individuals. Coaches, staff and students are equally empowered to address these issues.
Dress Code
All teams are expected to present a clean and neat appearance, especially when representing Utica College on trips and in public. Each team’s coaching staff will outline the specific dress code for team travel.

Building Safety
For the safety of the college community, the Clark Athletic Center is equipped with six+ security and surveillance cameras. Building entrances and locker rooms are also equipped with swipe card identification access. All Full-time students, faculty and staff must have swipe card identification to access the building.

Media Relations
The Sports Information Office offers the news media assistance in covering the College’s intercollegiate athletics programs. The staff makes an effort to promote the sports teams and works cooperatively with local, regional, and national media as well as with student-athletes. Student-athletes have a responsibility to the College, the coaches, and teammates to have a positive relationship with the media. The Sports Information Director is available to assist student-athletes in preparation for dealing with reporters and handling interview sessions.

Since this is a learning experience for most of you the following hints may provide some guidance in developing a successful relationship with the media.

1. Be courteous with the media; they are professional journalists. They should also treat you with professional courtesy. Think before you speak; always think about the question before you answer it. During an interview, avoid criticism of any type. Do not respond to a question if you do not wish to respond. Simply say, “I’d rather not discuss the subject.” Remember, if you don’t want to read, see, or hear it in the media, don’t say it.

2. If you feel uncomfortable with the questions, answers, or general tone of the interview, politely end the interview and consult with a member of the Sports Information Department.

NCAA Division III Philosophy Statement
Colleges and universities in Division III place highest priority on the overall quality of the educational experience and on the successful completion of all students’ academic programs. They seek to establish and maintain an environment in which a student-athlete’s athletics activities are conducted as an integral part of the student-athlete’s educational experience, and in which coaches play a significant role as educators. They also seek to establish and maintain an environment that values cultural diversity and gender equity among their student-athletes and athletics staff. (Revised: 1/10/95, 1/9/06 effective 8/1/06)

To achieve this end, Division III institutions:
(a) Expect that institutional presidents and chancellors have the ultimate responsibility and final authority for the conduct of the intercollegiate athletics program at the institutional, conference and national governance levels; (Adopted: 1/16/10 effective 8/1/10)
NCAA Div. III Philosophy

(b) Place special importance on the impact of athletics on the participants rather than on the spectators and place greater emphasis on the internal constituency (e.g., students, alumni, institutional personnel) than on the general public and its entertainment needs;

NCAA Division III Philosophy Statement Continued

(c) Shall not award financial aid to any student on the basis of athletics leadership, ability, participation or performance; (Revised: 7/24/07)
(d) Encourage the development of sportsmanship and positive societal attitudes in all constituents, including student-athletes, coaches, administrative personnel and spectators;
(e) Encourage participation by maximizing the number and variety of athletics opportunities for their students;
(f) Assure that the actions of coaches and administrators exhibit fairness, openness and honesty in their relationships with student-athletes;
(g) Assure that athletics participants are not treated differently from other members of the student body;
(h) Assure that athletics programs support the institution’s educational mission by financing, staffing and controlling the programs through the same general procedures as other departments of the institution. Further, the administration of an institution’s athletics program (e.g., hiring, compensation, professional development, certification of coaches) should be integrated into the campus culture and educational mission; (Revised: 1/9/06 effective 8/1/06)
(i) Assure that athletics recruitment complies with established institutional policies and procedures applicable to the admission process; (Adopted: 1/12/04 effective 8/1/04)
(j) Assure that academic performance of student-athletes is, at a minimum, consistent with that of the general student body; (Adopted: 1/9/06 effective 8/1/06)
(k) Assure that admission policies for student-athletes comply with policies and procedures applicable to the general student body; (Adopted: 1/9/06 effective 8/1/06)
(l) Provide equitable athletics opportunities for males and females and give equal emphasis to men’s and women’s sports;
(m) Support ethnic and gender diversity for all constituents; (Adopted: 1/12/99)
(n) Give primary emphasis to regional in-season competition and conference championships; and
(o) Support student-athletes in their efforts to reach high levels of athletics performance, which may include opportunities for participation in national championships, by providing all teams with adequate facilities, competent coaching and appropriate competitive opportunities.

The purpose of the NCAA is to assist its members in developing the basis for consistent, equitable competition while minimizing infringement on the freedom of individual institutions to determine their own special objectives and programs. The above statement articulates principles that represent a commitment to Division III membership and shall serve as a guide for the preparation of legislation by the division and for planning and implementation of programs by institutions and conferences.
Utica College Varsity Sports and Staff Directory

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Gil Burgmaster  Associate Athletic Director for Sports Information Director & External Relations gburgma@utica.edu 315-792-3772

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Kristin St. Hilaire  Head Women's Lacrosse Coach, Assistant Athletic Director kmsthilaire@utica.edu 315-792-3182

Eileen Blumenauer  Head Women's Soccer Coach, Coach Mentor eblumen@utica.edu 315-792-3875

Gary Heenan  Head Men's Hockey Coach, Coach Mentor gheenan@utica.edu 315-792-3726

Eric Parker  Head Cross Country/Track & Field Coach eparker@utica.edu 315-223-2535

Nikki Kieffer  Head Field Hockey Coach nkieffer@utica.edu 315-223-2402

Brian Marcantonio  Head Men's Soccer Coach/Men's & Women's Golf Coach bmarcan@utica.edu 315-792-3253

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Aris Bird  Head Volleyball Coach ambird@utica.edu 315-223-2540

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Dave Clausen  Head Women's Hockey Coach/Men's & Women's Golf Coach dclaussen@utica.edu 315-792-3729

Erin Knight  Head Swim & Dive/ Water Polo Coach/Aquatics Director emknight@utica.edu 315-792-3103

Joe Milazzo  Head Baseball Coach jmilazzo@utica.edu 315-223-2543

Mike Parnell  Head Men's Lacrosse Coach mparnell@utica.edu 315-792-3706

Pat Mineo  Head Softball Coach pmineo@utica.edu 315-223-2508

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Faculty Athletic Representative (FAR)/
Student-Athlete Code of Conduct

Faculty Athletic Representative (FAR)

4.02.2 Faculty Athletics Representative. A faculty athletics representative is a member of
an institution’s faculty or administrative staff who is designated by the institution’s presi-
dent or chancellor or other appropriate entity to represent the institution and its faculty
in the institution’s relationships with the NCAA and its conference(s), if any (see Consti-
tution 6.1.3). (Revised: 10/3/05)

Our FAR is Adam Pack, Professor of Biology, apack@utica.edu, 315.792.3129,
160 Gordon Science Center.

Faculty Mentor Program

The faculty mentor program was established to introduce student-athletes to faculty
mentors who are interested in their sport and to help build relationships. Each team will
have a faculty mentor. The mentor may attend practices and games to help build strong,
positive relationships with the student-athletes. The faculty mentor is simply a friend of
the program and is there to help support, give guidance and help to mentor the student-
athletes.

Student-Athlete Code of Conduct

NCAA Division III Manual

14.01.2 Academic Status. To be eligible to represent an institution in intercollegiate
athletics competition, a student-athlete shall be enrolled in at least a minimum full-time
program of studies, be in good academic standing and maintain satisfactory progress to-
ward a baccalaureate or equivalent degree. A student-athlete enrolled in a two-year de-
gree program shall be eligible only if that student-athlete was admitted to the institution
under the same standards as four-year degree-seeking students and if the two-year degree
program is not a terminal program. A waiver of the minimum full-time enrollment re-
quirement may be granted for a student enrolled in the final term of the baccalaureate
program (see Bylaw 14.1.8.1.6.3). Also, a student may represent the institution while
enrolled as a graduate or professional student or while enrolled and seeking a second
baccalaureate degree at the same institution (see Bylaw 14.1.9). (Revised: 1/10/05)

14.01.2.1 Good Academic Standing. To be eligible to represent an institution in intercol-
legiate athletics competition, a student-athlete shall be in good academic standing as de-
termined by the academic authorities who determine the meaning of such phrases for all
students of the institution, subject to controlling legislation of the conference(s) or simi-
lar association of which the institution is a member. (Revised: 8/18/06)

14.02.5 Good Academic Standing and Satisfactory Progress. The phrases "good academic
standing" and "satisfactory progress" are to be interpreted at each member institution by
the academic officials who determine the meaning and application of such phrases for all
students, subject to the controlling regulations of the institution; the conference(s) (or simi-
lar associations), if any, of which the institution is a member; and applicable NCAA
legislation (see Bylaw 14.4).
14.7.1 Outside Competition. A student-athlete becomes ineligible for intercollegiate competition in that sport until eligibility is restored by the Committee on Student-Athlete Reinstatement if, after enrollment in college and during any year in which the student-athlete is a member of an intercollegiate squad or team, he or she competes or has competed as a member of any outside team in any non-collegiate, amateur competition (e.g., tournament play, exhibition games or other activity) during the institution’s intercollegiate season in the sport (see Bylaw 14.7.3 for exceptions and waivers) unless restored to eligibility before that time by the Committee on Student-Athlete Reinstatement. (Revised: 1/16/93, 1/11/94, 1/13/03 effective 8/1/03, 12/20/04, 1/10/05)

14.7.2.5 Competition as Individual/Not Representing Institution. It is permissible for a student-athlete to participate in outside competition as an individual during the academic year in the student-athlete’s sport, as long as the student-athlete represents only himself or herself in the competition and does not engage in such competition as a member of or receive expenses from an outside team.

Academic Procedures and Regulations

Absences

Instructors establish the attendance requirements for each of the courses they teach. Instructor expectations regarding absences (for any reason) and parameters for making up late or missed work may differ, and are usually outlined in the syllabus for each class. If a student incurs excessive absences in a course, his or her grade may be lowered or he or she may receive an F for the course. Only the instructor can excuse a student from class. In the event that a student has been/will be absent from class due to illness, injury, or family emergency, students are responsible for notifying their instructors and for consulting with each of them to explore whether and how they may be able to make up the missed work. Courtesy absence notices may be sent to instructors from the Office of Student Affairs if the student has been or will be absent for three or more consecutive class days due to an illness, injury, or family emergency, if the office is notified of this by the student, their parent or guardian, a UC professional staff member, or a health care professional (with the student’s consent). Similarly, with the student’s consent, the Student Health Center may verify to an instructor that the student was seen on a specific date for medical reasons. Absence notifications from these offices are not intended to be and do not constitute an official excuse for missing class. Although religious holidays are not reflected in the academic calendar, Utica College does recognize the right of each student to observe religious holidays and other religious commitments. If a student wishes to observe religious commitments that will conflict with class times or other class-related activities, it is the student’s responsibility to notify faculty members well in advance in order to work with faculty members to find an accommodation that satisfies both the learning goals of the class and the religious commitment of the student.
Academic Procedures and Regulations Continued

Academic Grievances
If a person feels he or she should be absolved from adhering to a particular academic regulation or procedure, that an academic regulation has been unfairly applied, or that he or she has been treated unfairly on an academic matter, he or she should discuss the problem with a member of the Academic Support Services Center staff. If the matter cannot be resolved to the person’s satisfaction, he or she will be provided with a form for petitioning the Academic Standards Committee. After he or she has submitted the petition, the committee will consider the individual’s case and inform the petitioner by letter of the decision reached and the action taken. Appeals of Academic Standards Committee actions should be submitted in writing to the vice president for academic affairs and provost. Appeals of actions taken by the vice president for academic affairs and provost should be submitted in writing to the president of the College.

Utica College Intercollegiate Athletic Eligibility
In order to be eligible to participate in intercollegiate athletics at Utica College, a student-athlete:
- Must be a full-time on ground matriculated student carrying a minimum of 12 credit hours
- be making satisfactory progress towards a baccalaureate degree
- complete the NCAA eligibility and drug testing consent forms
- must be cleared to play by the Utica College Athletic Trainers and Health Officials
- meet Utica College’s minimum standards for cumulative grade point average (GPA)
  - End of 1st semester: 1.70
  - End of 2nd semester: 1.85
  - End of 3rd semester: 1.90
  - End of 4th semester and succeeding semesters: 2.00

Season of Eligibility 14.2.2
Division III student-athletes have four seasons of athletic eligibility which must be completed during the first 10 semesters in which the student is enrolled in a collegiate institution in at least a minimum full time program of studies, as determined by the regulations of that institution.

Use of a Semester 14.2.2.1
A student-athlete is considered to have used a semester under this rule when the student attends any class while officially registered in a collegiate institution in a regular term of an academic year for a minimum full-time program of studies, as determined by the institution, even if the student-athlete drops to part-time at any time during the term, including his or her first day of attendance.
STUDENT-ATHLETE CODE OF CONDUCT

Athletic Participation and Class Attendance
Athletes will not receive preferential treatment with regard to class attendance. Student-athletes are responsible for all work assigned in their classes. It is imperative that Utica College student-athletes work with the faculty member regarding anticipated class absences to make adjustments as necessary. Student-athletes need to communicate with coaches and professors regarding scheduling conflicts. Students must clear any absence related to athletics with his/her professor well before the absence. No student-athlete should miss class due to a practice.

Social Networking
You are asked to remember that you represent Utica College. Please keep in mind that once you post material it is available to anyone forever. Any text or photo posted becomes the property of the site and is no longer within your control. Please do not post information, photos or other items online that could embarrass you, your family, your team or Utica College.
Understand that information or pictures that are posted represent violations of a team, Department, College and/or NCAA policies, then you may face disciplinary action. Please refer to the agreement concerning public media and social networking on pgs. 17-18-19.

Alcohol, Tobacco and other Drug Use
The Department of Athletics expects all student-athletes to make responsible and educated decisions regarding the use of alcohol and drugs. Each situation is handled on an individual basis and an appropriate course of action in dealing with the problem is the responsibility of the athlete’s coach and the athletic director. It is possible that the individual stands to be dismissed from his/her team immediately in addition to dealing with all legal implications that come with violating institutional policies and city laws. Underage drinking is strongly discouraged and student-athletes who choose to engage in irresponsible alcohol consumption may face significant disciplinary action.

Tobacco
Per NCAA rules, the use of tobacco is prohibited in connection with any intercollegiate athletic function. A function is defined as any activity that is held as a team whether it is meetings, practices, games or informal workouts on and off the grounds of Utica College. This also includes related activities in the training room, locker rooms and weight training facilities.

Nutritional and Dietary Supplement Product Policy
Before consuming any nutritional/dietary supplement product, student-athletes are required to review the product and its label with members of the athletic training staff. Dietary supplements are not well regulated and may cause positive drug test results and have adverse health consequences. Any product containing a supplement ingredient is taken at your own risk.
Utica College’s Policy on Sexual Harassment and Title IX Statement

POLICY
Utica College has an obligation to create a work and learning environment for all employees and students that is fair, humane, and responsible – an environment that supports, nurtures, and rewards progress on the basis of such relevant factors as learning and work performance.

All members of the Utica College community have a responsibility to cooperate in creating a climate at Utica College where sexual harassment does not occur. We have zero tolerance for sexual harassment of our students, employees, faculty, and administrators. All members of the Utica College community are prohibited from engaging in sexual harassment.

DEFINITIONS
The following definitions apply to this policy:

Sexual harassment is a form of sex discrimination and is defined as unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature when any one of the following is met:

- Submission to such conduct is made either explicitly or implicitly a term or condition of the individual’s academic standing or employment;
- Submission to or rejection of such conduct by an individual is used as the basis for employment or educational decisions affecting the individual;
- Such conduct has the purpose or effect of unreasonably interfering with an individual’s learning or work performance or creating an intimidating, hostile or offensive work/learning environment.

There are two types of sexual harassment situations that are described by this legal definition:

Quid pro quo sexual harassment involves an individual with organizational power who either expressly or implicitly ties an academic decision or employment decision to the response to unwelcome sexual advances.

Hostile environment sexual harassment involves a situation where an atmosphere or climate is created in the campus that makes it difficult, if not impossible, for a student to learn or an employee to work because the atmosphere is perceived by the employee or student to be intimidating, offensive, and hostile.

For purposes of this policy, sexual harassment includes, but is not limited to the following:

- Unwelcome sexual advances
- Sexual innuendos, comments and sexual remarks
- Suggestive, obscene or insulting sounds
- Implied or expressed threat of reprisal for refusal to comply with a sexual request
- Patting, pinching, brushing up against another’s body
- Sexually suggestive objects, books, magazines, posters, photographs, cartoons, e-mail, or pictures displayed in the work/classroom/faculty office area
- Actual denial of a job-related benefit for refusal to comply with sexual requests

Thus, sexual harassment can be physical, verbal, visual or written. These behaviors constitute sexual harassment if they are committed by individuals who are in supervisory positions or peers (i.e., coworkers or other students). Also, these behaviors constitute sexual harassment if they occur between individuals of the same sex or between individuals of the opposite sex.

Utica College prohibits these and other forms of sexual harassment.
STUDENT-ATHLETE CODE OF CONDUCT

Utica College’s Policy on Sexual Harassment and Title IX Continued

Students

Students who engage in sexually harassing behavior will be subject to action through Utica College’s Student Conduct Program. Special note: Physical assaults of a sexual nature or sexual violence are forms of sexual misconduct. Attempts to commit these acts are forms of unlawful harassment and are criminal acts under the New York State law. Incidents of this nature should be reported to the Title IX Coordinator, Campus Safety, and/or the police. For additional information about sexual misconduct, please refer to Utica College’s Sexual Misconduct Policy, which can be accessed at https://utica.edu/student/conduct/sexualmisconductpolicy.cfm.

PROCEDURE

Students

Complaints of sexual harassment involving students should be reported to either the Deputy Title IX Coordinator for Students or the Deputy Title IX Coordinator for Athletics for investigation and resolution as soon as possible following the alleged incident(s). Students can also submit complaints to the Office of Civil Rights at any time.

To the extent possible, the complaint will be investigated upon receipt. Complaint resolution will typically occur within 30 days, but may take longer based on the complexity of the situation, and whether the situation is handled through the Student Conduct Process. Complaint resolutions will be communicated promptly once the investigation is completed; however, this time frame may also vary depending on the complexity of the situation. Complainants and respondents will not be expected to meet together to discuss the resolution of the complaint.

Any student who is found to have engaged in sexual harassment will be subject to conduct action through the Student Conduct Process.

The names or other identifying information regarding witnesses for either party involved in the complaint will be made known to the respondent as part of the Student Conduct Process.

Investigatory procedures have been developed and are fully explained in another memorandum: Utica College’s Sexual Harassment Complaint Procedure.

RESOURCES/QUESTIONS

All members of the Utica College community have a number of resources available to discuss sexual harassment concerns or questions. Available resources include, but are not limited to:

Title IX Coordinator/Deputy Title IX Coordinator Designations:
Title IX Coordinator: Lisa Green, Assistant Vice President of Human Resources & Personnel Development 315-792-3736 or lgreen@utica.edu
Deputy Title IX Coordinator for Students: Alane Varga, Dean for Diversity & Inclusion 315-792-3100 or avarga@utica.edu
Deputy Title IX Coordinator for Athletics: David Fontaine, Director of Athletics and Physical Education 315-792-3050 or dsfontai@utica.edu

Other Resources:
Office of Campus Safety: 315-792-3046
Office of Human Resources: 315-792-3276
Utica College’s Policy on Hazing
Hazing is against New York State law and is a violation of Utica College’s Code of Student Conduct. Hazing of any type will not be tolerated. Hazing includes, but is not limited to, any action or situation that recklessly or intentionally endangers mental or physical health or involves the forced consumption of alcohol or drugs, or other forced activity, for the purpose of initiation into or affiliation with any organization. Anyone accused of hazing will be subject to the disciplinary processes outlined in the Student Handbook as well as applicable law. Any student found to violate the Code of Student Conduct is subject to implementation of any of the following: letter of warning, disciplinary probation, residential probation, social probation, restriction from certain College buildings or activities, performance of community service, financial restitution, eviction from the College residence halls, residential relocation, suspension, and/or dismissal from the College. Utica College organizations found to have authorized and/or condoned hazing may also be subject to losing their on-campus recognition and having their permission to operate on campus property revoked. Pending a final judgment, the College, through its vice president for student affairs, or his or her designee, reserves the right to exclude from College property any student or organization whose presence it regards as a threat to the safety and welfare of any individual. All members of the Utica College community are covered under this policy; however, resolution of charges may differ depending upon whether the individuals involved are students or employees of the College. Complaints against students will be processed through the Office of the Vice President for Student Affairs for resolution within the College student disciplinary system. Complaints against College employees will be forwarded to the Office of Human Resources for resolution within the appropriate College grievance procedure systems. Any visitor, licensee, or invitee to the campus who is involved in any type of hazing shall be immediately removed from the campus or College property and shall not be permitted to return to said campus or College property until further determination by Utica College. All such penalties set forth above shall be in addition to any penalty pursuant to the New York State Penal Law or any other law to which a violator or organization may be subject.

Student-Athlete Agreement Concerning Public Media and Social Networks
Utica College Athletics strives to promote a healthy and safe experience for all student-athletes, coaches and staff members. Social media creates a new challenge to accomplish this endeavor. Although social media can be used in a creative, productive and safe way, there are some concerns that come with its use. Most concerns arise from using social media in inappropriate and irresponsible ways. It is our goal to ask for your assistance and understanding in limiting its’ negative impact, and to make you aware of potential consequences that can arise from misuse. The Athletic Department fully supports the student Code of Conduct in the Utica College Student Handbook. Student-athletes must remember that everything is visible on Facebook, Twitter, Instagram, etc.

Continues onto next page
Student-Athlete Code of Conduct

Student-athletes will be held responsible for any actions that are deemed inappropriate, that compromise the integrity of the College and or their sport as well as any behaviors that violate federal and state law, NCAA, ECAC, CWPA and or Empire 8 rules and regulations. For example, photos or statements placed on these social networks that depict harassment (including sexual harassment), vandalism, underage drinking or consumption of alcohol in violation of Utica College’s alcohol policy, hazing, selling, possessing or using controlled substances can be used by Utica College administrators and Athletic Department in connection with student conduct code proceedings and Athletic Department decisions regarding athletic eligibility. You may not post whatever you want on a social networking site. You may not post derogatory, threatening or unsportsmanlike statements on the site whether directed at individuals, teams or programs associated with Utica College or with other colleges. This includes coaches, teams, students, administrators, faculty, staff, fans or athletic officials.

Any inappropriate or distasteful content (i.e. comments, pictures, etc.) displayed in social media or electronically will initially garner at least a one game suspension for first offense, two game suspension for second offense and likely dismissal from the team for third offense. This agreement applies to all players. Harsher penalties may be applied if violation warrants. The online community is open to all and therefore anyone can access any personal information that you may post. Personal information includes photos, contact information, etc.

Please remember the following:

Even if content is posted for a day or two just to be funny, it remains accessible to everyone on the Internet even if you take it down or change it.

Utica College coaches and administrators, faculty, staff, parents, your parents’ neighbors, future employers, potential graduate schools and local law enforcement have access to these social networks and may access information and monitor them as they see fit. You should have no expectation of privacy on social networking sites.

Students should be aware of who they make their “friends” on these sites. These “friends” may try to take advantage of student-athletes or take advantage of a student-athlete’s particular team.

Photographs posted on a social networking site may end up on badjocks.com, ncaa-hazing.com or similar sites.

Student-athletes could face discipline and even dismissal for violations of team, department or college policy.

False statements made about someone may result in a legal claim.

Posted information can be used as part of a criminal proceeding or a campus judicial proceeding.
STUDENT-ATHLETE CODE OF CONDUCT

Think about your safety, your future, your family, your team and your college.

Use social network sites creatively, appropriately and with caution.

Name_________________________________________________________
Team________________________________________________________

I have been given the opportunity to read this agreement and understand the following:

(Initial)__________ I understand the agreement and regulations of the Athletic Department pertaining to public media and social networking.

(Initial)__________ I understand that if I am found in violation of this agreement I will be subjected to the most serious sanction, including suspension or removal from the team.

Signature __________________________________________________
Date______________________________

Community Service
Community involvement is a major part of the Athletic Department’s mission. All teams are expected to perform community service projects. There are many benefits of community service. It is another way for our athletes to build character, gain leadership skills, understand the importance of helping others, and give back to the community that supports their athletic endeavors.

Intramurals
Intramurals are available to currently enrolled, full time students, faculty and staff at Utica College. All intramural events, dates, times, and locations are posted in the hallway of the Clark Athletic Center. If you have any questions about intramurals please see Associate Athletic Director, Jim Murnane, jmurnane@utica.edu, 315.792.3281 or John Keating, jckeatin@utica.edu, 315.792.3190.
Currently over 1,000 Utica College students participate in one or more of our intramural events. Below are a sample of several intramural programs that are available:
- Basketball
- Dodgeball
- Soccer
- Badminton
- Whiffle Ball
- Floor Hockey
- Snow Softball
- Golf
- Bowling
OVERNIGHT VISIT POLICY

Thank you for participating in an overnight visit at Utica College. We ask that prospective students and guests on the Utica College campus follow all Utica College policies and any policies and/or additional expectations of the program, department and athletic team/s hosting you. To help make your visit successful, the information provided below will be shared with the athletic department, campus safety, residence life and your parent/guardian.

**Prospective Student and Host Overnight Visit Agreement**

The use of alcohol and/or drugs is prohibited.

Prospective students should stay in the residence hall and room that has been designated unless there has been consent from the coaching staff and the parent or guardian to switch accommodations.

Prospective students should remain with their host throughout the visit. Multi-sport athletes may spend time with a host from each team provided arrangements with the coach of each team have been made.

Prospective students should attend all scheduled programs, activities and practices.

If there are any problems with housing or any situation of concern arises, please immediately contact the designated person/s listed below.

Please follow Utica College’s Student Code of Conduct.
- utica.edu/student/conduct/utica college code of student conduct.pdf

Remember that you are a guest at Utica College, so please behave accordingly.

As a prospective student, I understand that if I do not follow this agreement, my visit may end early.

To the best of my knowledge, the information on this form is accurate as it relates to the official visit to Utica College.

Prospective Student Name:_____________________________________________
Prospective Student Signature:_________________________________________
Date:_______________________
Prospective Student Contact Number:___________________________________
Signature of Parent/Guardian:_________________________________________
Date:_______________________
Parent Guardian Contact Number:_______________________________________
Date of Arrival:__________________________
Date of Departure:___________________________

*Parents are encouraged attend the visit

As a host, I understand that if I do not follow this agreement, I may face team and/or institutional discipline.

Host’s Name:________________________________________________
Host’s Residence Hall:_________________________________________
Room #:____________________
Host’s Phone Number:_________________________________________
Host’s Signature:_____________________________________________________
Date:_______________________
Athletic Team/s:_____________________________________________________
Program/Department Responsible for Hosting:___________________________
Coach/Staff Name:___________________________________________________
Coach/Staff Signature:_______________________________________________
Date:_______________________
Coach/Staff Phone Number:___________________________________________
Copy Sent to: Athletics
Campus Safety
Residence Life
Parent/Guardian
NCAA Drug Policy
Any student-athlete who has been tested by the NCAA and is found to have utilized a substance on the list of banned drugs will be ineligible for one calendar year after the positive drug test, and will lose a minimum of one season of competition in all sports. The student-athlete will remain ineligible until the student-athlete tests negative and eligibility is restored by the Eligibility Subcommittee. If the student tests positive a second time for the use of any drug other than a “street drug” as defined by the NCAA, he or she shall lose all remaining regular-season and post season eligibility in all sports. If the student-athlete tests positive for the use of a “street drug” after being restored to eligibility he or she shall lose a minimum of one additional season of competition at least through the next calendar year.

Gambling
Illegal gambling is a crime. It is a federal offense to influence in any way a sporting contest by bribery. Further, it is a federal offense and a violation of NCAA rules to use interstate facilities, including telephone, internet, or mail to place illegal bets. NCAA Bylaw 10.02.1 Sports Wagering. Sports wagering includes placing, accepting or soliciting a wager (on a staff member’s or student-athlete’s own behalf or on the behalf of others) of any type with any individual or organization on any intercollegiate, amateur or professional team or contest. Examples of sports wagering include, but are not limited to, the use of a bookmaker or parlay card; Internet sports wagering; auctions in which bids are placed on teams, individuals or contests; and pools or fantasy leagues in which an entry fee is required and there is an opportunity to win a prize. (Adopted: 1/8/07 effective 8/1/07)

10.02.2 Wager. A wager is any agreement in which an individual or entity agrees to give up an item of value (e.g., cash, shirt, dinner) in exchange for the possibility of gaining another item of value. (Adopted: 1/8/07 effective 8/1/07)

10.3.2 Sanctions. The following sanctions for violations of Bylaw 10.3 shall apply: (a) A student-athlete who engages in activities designed to influence the outcome of an intercollegiate contest or in an effort to affect win-loss margins ("point shaving") or who participates in any sports wagering activity involving the student-athlete’s institution shall permanently lose all remaining regular-season and postseason eligibility in all sports. (Adopted: 1/8/01 effective 8/1/01, Revised: 1/8/07 effective 8/1/07) (b) A student-athlete who participates in any sports wagering activity, through the Internet, a bookmaker or a parlay card, shall be ineligible for all regular-season and postseason competition for a minimum period of one year from the date of the institution’s determination that a violation has occurred and shall be charged with a loss of a minimum of one season of eligibility. If the student-athlete is later determined to have been involved in a later violation of any portion of Bylaw 10.3, the student-athlete shall permanently lose all remaining regular-season and postseason eligibility in all sports. (Adopted: 1/8/01 effective 8/1/01, Revised: 1/12/04 effective 8/1/04 for any athletics participation occurring on or after 8/1/04, 1/8/07 effective 8/1/07)
OPERATIONAL POLICIES

Equipment and Uniform Loan Procedures/Team Privileges
All clothing and equipment that is issued to you is the property of Utica College. The items issued are for your use during practice, competition, training and conditioning. Upon completion of the season, all issued clothing and equipment including laundry bags must be returned. Failure to return items will result in the student-athlete being charged for the replacement cost of the non-returned item. Future equipment issue, locker privileges, and awards will be withheld until the student-athlete makes restitution for the non-returned items.

Adherence to this policy is essential to the Department’s financial ability to provide clothing and equipment for all student-athletes, as well as to comply with NCAA rules.

If a student-athlete decides to no longer participate, or if he/she is removed and is subsequently no longer in good standing with their respective athletic program at Utica College, all privileges and access that are associated with participating will be revoked at the discretion of the coach and Athletic Director. Student-athletes are responsible for returning all materials that are associated with membership on an athletic team, i.e.—playbooks, uniforms, etc. In addition, once leaving the program the student-athlete will no longer have access to Utica College video through programs such as HUDL, DVSPORT, Gamebreaker, etc.

Laundry Services
Laundry service is provided only for clothing issued by the athletic department. Student-athletes are not to turn in personal clothing for laundry service.

Travel Policy
All athletes must travel with the team to and from all intercollegiate contests. Athletes must return to campus with their team unless permission has been granted by the coach and the Travel Release Form has been signed by a parent or legal guardian.

Locker Room
A number of Utica College athletic teams have the privilege of using a locker room during the season. It should be made clear that this is a privilege and behavior in the locker room should reflect this. Locker room decorations should always be in good taste and must be completely removed when the locker room is vacated after the season. The locker rooms should also be kept in good condition at all times. Any damages to the facility will be assessed to the team’s fundraising account or the individual(s) responsible for the damage. Please note that abuse of any of these policies can result in expulsion of individual team members or an entire squad from a locker room.

Facility Hours and Operation
Clark Athletic Center—All hours are subject to change
Todd & Jen Hutton Sports & Recreation Center

<table>
<thead>
<tr>
<th>Days</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday–Friday</td>
<td>7am-11pm</td>
</tr>
<tr>
<td>Saturday–Sunday</td>
<td>10am-10pm</td>
</tr>
</tbody>
</table>

Summer Hours

<table>
<thead>
<tr>
<th>Days</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday–Friday</td>
<td>8:30am-4:30pm</td>
</tr>
<tr>
<td>Saturday–Sunday</td>
<td>Closed</td>
</tr>
</tbody>
</table>

Pool Hours

<table>
<thead>
<tr>
<th>Days</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday–Friday</td>
<td>12-3:30</td>
</tr>
<tr>
<td>Tue/ Wed/ Thurs</td>
<td>7-9pm</td>
</tr>
<tr>
<td>Alternating Sat/ Sun</td>
<td>10-1pm</td>
</tr>
</tbody>
</table>
Athletic Training Procedures and Guidelines Insurance Policy
Utica College provides training services to all student-athletes for the preventative care and rehabilitation of athletics related injuries. The Athletic Trainers have the responsibility for oversight of the program, including the establishment of training room hours and rules/procedures for treatment.

General Training Room Procedures:
1. Before you are allowed to participate in any team activities (i.e. practices, competitions, conditioning and/or weight training) you must be medically cleared and have on file in the athletic training room all necessary paperwork. Being medically cleared involves:
   2. You must have an annual physical completed by your family physician. In regards to your physical, the NCAA requires that all first time student-athletes must have a physical completed no more than 6 months prior to their first participation (practice, competition, or out-of-season conditioning activities. 17.1.5 p 124-125 NCAA DIII Manual).
3. You must have an athletic screening conducted by Utica College athletic trainers. Student-athletes should report any injuries or illnesses to the training staff as soon as possible so that a thorough evaluation can be made.
4. All student-athletes with injuries are to report to the Athletics Trainer for treatment during the day as scheduled. Failure to report may jeopardize the student-athlete’s return to practice and competition. All rehabilitation programs are the responsibility of the Athletic Trainer and student trainers under his/her supervision. The Athletic Trainers will provide information to the coaching staff regarding the progress of injured athletes.
5. The athletics training staff, in conjunction with physicians (as appropriate), is responsible for judgments regarding the amount and type of activity in which an athlete may engage. All medical referrals and other treatments must be coordinated and approved in advance by the Athletic Trainers. Although injured, student-athletes must report to all practice sessions unless released by the Head Coach and Athletic Trainers.

QUICK REFERENCE TO SUBMITTING CLAIMS
1) The UC Athletic Training Staff will submit a claim form electronically to BMI benefits (college athletic insurance policy) for all applicable accidents on behalf of the student-athlete with a team related athletic accident. One claim form needs to be submitted for each separate accident occurring during the practice or play of an intercollegiate sport.
2) The claim must be submitted to your primary insurance company prior to sending it to BMI.
3) Once your primary insurance company has made payment or denial, attach a copy of your Explanation of Benefits (EOB) to the itemized bills and submit it to BMI with a completed claim form.
4) Please do not submit balance due, balance forward or past due statements for payment. Sending these types of statements will only delay payment, as BMI will need to request an itemized bill.

Claim Status is an online program that provides instant access to claim submission and claim payment.
Athletic Training Procedures and Guidelines

Athletic Training Forms

To the New and Transfer Student-Athlete and Parents,

Welcome to Utica College Athletics! At the Pioneers website, www.ucpioneers.com/athletictraining you will find instructions on filling out your paperwork for medical clearance to participate in athletics by clicking the “New Athlete Letter” link. All information and forms will be filled out online in SportsWare which is our injury tracking and documentation program. All students should request and carry their own insurance card from their primary carrier.

All full-time students are billed for primary health insurance through the college. You may use this as your primary insurance, use your insurance from home, or both. You must complete one or the other, either enroll or waive. To enroll or waive, go to www.haylor.com/student and click on the Utica College icon. If you enroll in school insurance, you can print that website confirmation as proof of insurance for Athletics. You will then receive a permanent card in the mail within five to seven days. Questions on this may be directed to the Utica College Business office or to Haylor, Freyer, and Coon direct at 1-800-289-1501, ask for a college specialist.

You should contact your insurer to determine any exclusion regarding athletically-related injuries. It is important you notify the Athletic Training staff of insurance changes throughout the year. Those students with insurance from outside the area or HMO coverage should consider purchasing school insurance or should consult their insurance company to see if they offer a student rider program. Secondary insurance coverage is provided by BMI in the form of accident insurance at no cost designed to assist those student-athletes who become injured in their sport. A qualifying injury must be reported in the Athletic Training Room and then an insurance claim form would be completed. At that point, bills previously processed by the primary insurance carrier, including co-pays and deductibles, may be forwarded to BMI for consideration. Coverage by this secondary carrier is contingent on having followed proper procedures with your primary carrier as well as other restrictions. The college assumes no responsibility for expenses incurred while not covered by a primary carrier, uninsured expenses, or expenses incurred while not following procedures (i.e. obtaining referrals) with the primary carrier.

As a reminder you should have already received a Health Form from the Student Health Center with your admissions packet. This requests a medical history, immunizations, and a recent physical exam no more than six months old (completed since April 1 for fall students). Physicals exams will not be provided for student-athletes on campus. Please fill out completely and be sure this form is returned directly to the Health Center (315) 792-3094 office; 315-792-3700 fax. Replacement copies and other Student Health information is available at: http://www.utica.edu/student/health.
Athletic Training Procedures and Guidelines

Submit documentation of medical need from your physician for banned stimulants in the treatment of ADHD (i.e. Ritalin). Submit a note with original date of diagnosis, statement that non-banned alternatives were considered, and current monitoring with annual follow-up. For more info and sample doctor’s note see www.ncaa.org/drugtesting.

If you are currently under the care of a physician, physical therapist, chiropractor, etc. for an injury and/or illness, please have that healthcare personnel provide documentation as to the status of your injury/illness. If you are undergoing physical therapy you should plan to transfer that care to a local PT provider. If any rehabilitation or special bracing is required, that information should also be provided. This information helps us understand your needs.

Please complete SportsWare completely including the medical history questionnaire and release and waiver by the first Monday in August. All student-athletes should have insurance information on file with Athletic Training Room prior to the start of school. Your eligibility to play is dependent on completion of Athletic and Health Center paperwork as well as proof of insurance. Failure to maintain your own insurance coverage and update the Athletic Training Staff with any changes in that coverage throughout the year may result in removal from sport.

The below checklist is for your convenience and does not need to be mailed in:

CHECKLIST:

— Physical Health Form (mail back to Student Health Center)
— Athletic Medical History Questionnaire (Located in SportsWare)
— Release/waiver Form (Located in SportsWare)
— SportsWare demographic and insurance information located under “My info” link
— Pertinent information relating to care you’re currently receiving
Membership
Utica College is a member of the NCAA Division III, ECAC, Empire 8 Athletic Conference, United Collegiate Hockey Conference and the Collegiate Water Polo Association.

Empire 8 Conference
Hosts Field Hockey, Football, Men’s Cross Country, Men’s Soccer, Women’s Cross Country, Women’s Golf, Women’s Soccer, Women’s Tennis, Women’s Volleyball, Men’s Basketball, Men’s Indoor Track & Field, Men’s Swimming and Diving, Women’s Basketball, Women’s Indoor Track & Field, Women’s Swimming and Diving, Baseball, Co-Ed Golf, Men’s Lacrosse, Men’s Tennis, Men’s Outdoor Track & Field, Softball, Women’s Lacrosse, Women’s Outdoor Track & Field.

Empire 8 Conference is comprised of the following colleges:
Utica College    Sage College    Elmira College    St. John Fisher College
 Nazareth College    Alfred College    Hartwick College    Stevens IT
 Houghton College

United Collegiate Hockey Conference
Men’s Ice Hockey
Utica, Elmira, Neumann, Manhattanville, Nazareth, Chatham, King’s, Lebanon Valley, Stevenson

Women’s Ice Hockey
Utica, Elmira, Neumann, Chatham, King’s, Lebanon Valley, Manhattanville, Stevenson, William Smith,

Collegiate Water Polo Association
Women’s Water Polo
Utica College    Grove City    Washington & Jefferson
 Connecticut    Macalester College    Carthage College
 Penn State Behrend

Student Athlete Advisory Committee (SAAC)
The NCAA requires each institution to establish a Student Athlete Advisory Committee for which the duties and composition shall be determined by the institution. The Student Athlete Advisory Committee (SAAC) at Utica College is a made up of at least 2 student-athletes from each intercollegiate team. A member of the athletic department staff will serve as the advisor for the group. The SAAC will meet at least once a month during the school year. All student athletes are encouraged and welcomed to attend the meetings. Student athletes with issues they think should be addressed by SAAC should request their sport representative to bring it to the attention of the SAAC Advisor at the next official meeting.
Student Athlete Advisory Committee Continued ...

The purpose of the organization includes:

1. To promote the interests of the student athletes and athletic teams at Utica College.

2. To serve as a voice for Utica College student athletes at the conference level and national level.

3. To act as an advisory body for student athlete issues and concerns within the athletic department.

4. To continue efforts to create more school spirit and pride for the institution as a whole and the athletic program in particular.

5. To promote the implementation of community service projects for student-athletes

Physical Education Classes

Only three (3) PED credits may be applied toward graduation degree requirements.

Utica College Student-Athlete Awards

Jim "Doc" Spartano Outstanding Senior Athlete Award
This award is given annually to a senior athlete who has fulfilled the educational goals of the Utica College Athletic Department to the highest degree. Teamwork, Leadership, Loyalty, Perseverance, Sportsmanship, and Excellence.

Dick Miller Award
Honors dedication to physical fitness, athletic competition and for displaying an outstanding example of commitment to excellence. This award is generally given to two senior student-athletes who have exhibited excellence, determination and hard work in the athletic arena over the course of their time at UC. Award was first handed out in 1987.

Greg Roberts Award
The Greg Roberts Senior Athlete Award is given out annually to a male and female student-athlete that best exemplifies what Greg Roberts stood for: hard work, unselfishness, loyalty, and passion for Utica College athletics.

Sportsmanship Award
Honors the male and female student-athlete who has demonstrated one or more of the ideals of sport including fairness, civility, unselfishness, respect, and responsibility. The awardees must be a graduating senior and at least a two year varsity player and be in good academic standing. Athlete must be a contributor to his/her sport by having participated in 50% of games.

Pioneer Hall of Fame and Senior Recognition Dinner
The prestigious Pioneer Hall of Fame inductions take place annually and in conjunction with recognizing all of our senior student-athletes. This traditionally takes place during senior week in May. Inductions are to honor former Utica College student-athletes and individuals who have made significant contributions.
**Campus Services and Resources**

**Tutoring Services**

Tutorial Services are free of charge to all Utica College undergraduate students and are coordinated through the Office of Opportunity Programs. Tutor request forms and other tutoring forms are available online or in room 109, Hubbard Hall. Use the links to the left to access online forms.

Requests are filled depending on the availability of tutors, and every attempt is made to assign tutors as quickly as possible. As tutors become available assignments can be made within a week.

The Coordinator of Tutorial Services is in constant contact with professors to identify potential tutors, to monitor the progress of tutees, and also to offer alternatives to students requesting tutors if no tutors are available. Students requesting tutors should allow a minimum of two weeks before inquiring about the status of their request.

Additionally, peer tutors work with individual students on issues such as time management, test taking, and study strategies.

For more information contact Tutorial Services at (315) 792-3209, tutoring@utica.edu

**Counseling Center**

Utica College's Academic Support Services Center provides a wide range of services for students. As counselors we've found that a number of factors both personal and academic can get in the way of goals you have established. Counseling services are designed to help you regain a sense of control and further your ability to meet your goals.

For personal concerns that may arise during a semester, counselors are available to help students directly or with referrals to off-campus agencies and/or counseling services. Academic Support Services Center staff can provide help. For more information contact (315) 792-3032.

**The Office of Learning Services**

Kateri Teresa Henkel, Director of Learning Services
Judy C. Borner, Learning Specialist.
315-792-3032
khenkel@utica.edu or jcborner@utica.edu
Office of Learning Services 109 Hubbard Hall
CAMPUS SERVICES AND RESOURCES

Career Services
Career Services Office
206 Strebel Student Center
Phone: (315) 792-3087
E-mail: careerservices@utica.edu

Computer Help Desk
Lower Level, Gannett Library
8:30am to 5:00pm Weekdays
helpdesk@utica.edu
Phone: (315) 792-3115

Student Health Center
health@utica.edu
(315) 792-3094
Office Hours:
Monday-Friday
8:30am-5:00pm

Athletic Training
Chris Warner, Head Athletic Trainer
cwarner@utica.edu
phone (315) 792-3461

Campus Safety
Wayne Sullivan
Director of Campus Safety
wasullivan@utica.edu
(315) 792-3201

Utica College Student Catalog
http://www.utica.edu/academic/catalog/

Student Financial Services
Hubbard Hall Room 117
sfs@utica.edu
(315) 792-3179
(315) 792-3368 (Fax)

Residence Life
Scott Nonemaker
Director of Residence Life
reslife@utica.edu
(315) 792-3285

Dining Services
Damian Boehlert
General Manager
damian.boehlert@sodexo.com
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