Introduction:
USRowing plans to hold the U.S. Olympic Team Trials - Rowing 2 between April 12 and April 16, 2021. New Jersey and Mercer County Health Guidelines will dictate whether or not the event may run on those dates.

Contact information:
- Dr. Peter Wenger, member of the USRowing Medical Commission, will serve as the Chief Medical Officer for the event.
- Dr. Wenger will be on site in New Jersey and will coordinate any necessary response. Dr. Wenger will review all COVID-19 preparations on site, along with the Regatta Director, Covid Officer, and LOC representatives.
- Matt Imes, USRowing High Performance Director, will serve as the Covid Officer for this event. He will coordinate any necessary contact tracing and is the primary contact for all COVID-related questions. He will report to the CMO, Dr. Wenger.
  - Matt can be reached via email at matt.imes@usrowing.org
- Michael Zimmer is the regatta director and can be reached for general regatta information.
  - Michael can be reached via email at michael.zimmer@usrowing.org.

General Measures:
The following will be required of all participants as specifically outlined by group (Competitors, Coaches, Regatta Staff, Referees, and Volunteers):

Symptom Survey:
- Beginning April 9, all competitors, coaches, and USRowing Staff will complete a daily wellness (symptom) survey. This will be sent by automated email throughout the event. Failure to complete the wellness survey daily may result in exclusion from the event. Beginning April 12, all participants (the above plus officials, volunteers, timing staff, and media) will complete the wellness survey during the event on the days they are on venue.

Pre-event testing:
- All competitors, coaches, staff, and officials must submit a negative PCR COVID-19 test obtained not longer than 72 hours prior April 9. You should plan to take this test on April 6. The submission portal for this test will be available HERE starting April 6. The cost of this test is the responsibility of the individual. Anyone testing positive should NOT travel to the event. If you are in Princeton on Tuesday, April 6, you may be able to take part in the Training Center batch testing to satisfy the pre-event test requirement.
- If you have tested positive for COVID-19 in the last 90 days, please contact USRowing Staff for clearance and see below:
  - For people who have tested Positive for COVID since January 16, 2021 you will not need to be tested (in either pre-travel or pre-event tests), BUT you will need to provide evidence of a clearance to return to training from a Doctor. We have asked people who have tested positive for COVID to reach out to us directly.
Additionally, USRowing plans to test all competitors, coaches, and staff for COVID-19 with a PCR test on Friday, April 9. Competitors, coaches and staff will need to be on site by that date to ensure availability for that test. Any competitor, coach, or staff testing positive will be excluded from the event. USRowing will pay the cost of this test.

- A positive on this test may be confirmed by two simultaneous confirmatory tests.
- If either confirmatory test is positive, then the individual is considered positive, and will remain excluded and required to follow local and state guidelines.
- Two negative confirmatory PCR test will be required for an individual to continue to participate.
- Confirmatory test costs will be paid by USRowing.

Vaccinated participants are not excluded from surveillance testing and are subject to the same testing, masking, and social distancing guidelines as all trials attendees.

Expected results: There are generally four possible expected results from our batch testing:

- Negative—no virus found and you may continue with the event.
- Positive—virus found and you are excluded
- Inconclusive—trace amounts of virus found requiring confirmatory testing
- Rejected—insufficient sample or adulterated sample making an analysis impossible, requiring additional testing.

Accreditation:

- Accreditation will take place on Friday, April 9. It will occur at the site of the preliminary COVID-19 testing to be done that day. Subsequent accreditation will be done by coordination with event staff. You must have provided a negative PCR test through the submission portal and taken our on-site testing to receive your accreditation on Friday, April 9.

Venue Access:

- Only accredited participants will be allowed on the regatta venue. Access to the venue will only be available at specified times around racing and practice windows.

Facemasks requirement:

- Facemasks covering both the mouth and nose are required at all times for all people at the venue. Surgical masks are preferred. Neck gaiters are not acceptable.
- Competitors must wear a facemask until after launching and prior to landing.
- Please refer to the [CDC guidance](https://www.cdc.gov) on facemasks.

Temperature checks:

- All Participants entering the venue will have their temperature checked at the entrance. Anyone who registers a temperature above 100.4 degrees will not be allowed on venue. Anyone registering a temperature above 100.4 degrees will be evaluated by the event medical staff for symptoms and may need a negative, rapid COVID-19 test to be allowed on venue.

Hand sanitizing:

- Hand sanitizers will be located at all building entrances and throughout the venue. It is required to use them upon entering or exiting a bathroom or building.

Community Activities:

- To minimize the potential of developing COVID-19 or being exposed to an individual with COVID-19, we require that participants to not engage in community activities beginning
6 days prior to the first official activity and continuing through the completion of their participation at the Trials event. For athletes, the first competition event is considered to be the first official Trials activity. Examples of restricted community activities include sit-down dining, going to a movie, and participation in any large public gatherings, including other competitions.

- Participants are strongly encouraged to minimize other community activities. The following recommended practices will help to mitigate exposure to COVID-19 as much as possible
  - Food can either be self-prepared using food purchased prior to this timeframe and/or delivered to the home or hotel through a delivery service, ordering take-out or delivery from a restaurant.
  - Training should occur individually or with the minimum number of people required to effectively train.
  - Participants should travel alone by personal transportation whenever possible. Athletes should only travel with other athletes in the same boat or household.
  - Participants should make every attempt to stay in their own hotel room or only stay with people they regularly have close sustained contact with (e.g., family, roommates, training partners).
  - Participants should refrain from training with other athletes who will be at the event for 14 days prior to the Trials Event.

Distancing:
- It is important to maintain physical/social distance to other people. Please maintain six (6) feet of physical/social distance at all times practicable.
- Areas of high traffic will be controlled with traffic flow diagrams to prevent bunching.

Acknowledgement and Reporting of symptoms:
- Should any Participant experience COVID-19 related symptoms, they must contact USRowing staff and the medical team as soon as possible. Event medical staff will evaluate the participant and determine appropriate next steps for treatment. Based upon the evaluation of the participant, a decision will be made regarding whether the participant will be excluded from participation. Failure to report symptoms may result in exclusion from the event.

Symptomatic Participants:
- Should any participant develop signs or symptoms of COVID-19, they must not attend training or competition or travel to the venue. Anyone participating in the event developing any of these signs or symptoms, must notify USRowing and event Medical staff immediately. Arrangements must be made to have the athlete or staff member evaluated by event medical staff.
- Signs and symptoms of COVID-19 include:
  - Fever, cough, shortness of breath, fatigue, muscle or body aches, congestion, runny nose, loss of taste or smell, headache, diarrhea, sore throat, nausea, vomiting.
  - Please refer to the [CDC guidance on symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-test/symptoms.html).
  - Symptomatic participants will be evaluated by the regatta CMO and may be required to provide a negative PCR COVID-19 test before being allowed to participate. It will be the responsibility of the participant to obtain the necessary FDA approved test.

Isolation of sick participants:
- Any participant who becomes ill while on venue will be asked to isolate in the medical area until they are able to be evaluated by the event medical staff.
• Upon evaluation, the participant may need a COVID-19 test.
• If the COVID-19 test is positive, the participant will not be allowed to continue.
• The person who tests positive will be asked to provide their whereabouts over the preceding 48 hours to facilitate contact tracing.

Contact Tracing:
• Any participant who had close, sustained contact with an individual testing positive for COVID-19 will be required to follow state and local guidance on quarantine procedures.
• The CDC currently defines Close Contact as:
  ○ “Someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.”
• Close Contact participants will be excluded from continued participation in the event, with the following caveats:
  ○ Any participant who is identified through contact tracing as a high risk contact, BUT who has tested positive for COVID-19 within 90 days of that exposure, and can produce the test result, and who is symptom free, will be allowed to continue in the event.
  ○ Additionally, any participant who is identified through contact tracing and has been fully vaccinated (two weeks after receiving the final dose of your vaccine), and is asymptomatic, may continue with the event as long as they remain asymptomatic.

Special Note for Team Boats:
• It is the responsibility of teams to maintain strict isolation of team boat athletes. This will ensure that the 2X crews can compete without interruption by sickness or COVID-19 exposure. This means that athletes competing in team boats can room together but should not socialize with anyone else. These athletes should not rely on mask wearing and/or physical/social distancing alone to protect against exposure to any infectious disease.

Spectators
• Spectators will not be allowed on the regatta venue. They may watch from the park side of the venue. This area is not controlled by the LOC. Signage will be posted encouraging social distancing for all spectators on that side of the venue.

Testing, Symptom, and Tracing Specific Dispute Resolution
• Process for dispute resolution will be dictated by the USRowing Olympic Trials COVID-19 Response and Review Process document.

Additional Relevant information:

Venue

Bathrooms/Porta Johns
• Toilets will be cleaned and disinfected after each rowing session.
• Hand sanitizer will be positioned adjacent to toilets and must be used prior to and following toilet use.
Pontoon

- The number of people at any given time on the pontoons will be limited to no more than absolutely necessary to ensure safe launching and landing. There must be an adherence to the minimum distance of six feet. All people on a pontoon must wear a mask that covers the mouth and nose.
- The members of the Control Commission or volunteers will manage the adherence to this rule. Everyone must comply with their instructions.
- Masks may only be removed once the boat is on the water.

Ergometers

- Ergometers will be available in limited quantity for use. All ergometers must be disinfected prior to and following use.

Other Notes:

- Participants are urged to bring their own drinking water from off-site. In case of emergency, bottled water will be available on site.
- Participants are responsible for providing his/her own PPE. Participants should bring a waterproof bag to store their masks while on the water. If needed due to lost, damaged or poorly fitting PPE, USRowing staff can provide replacements upon request.
- Taking meals on site is discouraged. Athlete eating and drinking related to sport performance is permitted. However, it is recommended that extra measures are taken when removing masks to ensure sufficient social distancing from other participants.

Competition Area

Launches

- Disinfectant wipes will be located in all launches.
- Occupants of the boat should be no more than a driver and referee, except in the case of the fairness committee which may transport Chief Referee, Regatta Director, and Athlete Representative.
- Wearing a mask is mandatory for all motorboat drivers.
- Wearing a mask is mandatory for the Umpire as well. He/she/they may remove the mouth/nose protection while following a race to enhance communication and audibility.
- The driver is responsible for disinfecting the steering wheel and the gear lever upon shift start and completion.

Starter’s Area

- The starter’s area will have disinfectant wipes available.
- The starting system will be disinfected by the starter prior to and following each change of shift.
- All people in the starting area will wear masks. The starter may remove his/her mask for the actual starting process.

Boat Holders:

- The boat holders will be transported to the start area in small groups to ensure proper social distancing.
- The boat holders will remain in their assigned area and not congregate on the platform.
- Masks are mandatory for all boat holders.
Aligner’s Hut:
- The Judge at the Start and the Aligner must adhere to the minimum distance regulations within the aligner’s Hut.
- Masks are mandatory for all people in the aligner’s hut.

Timing:
- All members of the timing team will be masked and maintain social distance while in position.
- Any contactable timing devices will be sanitized between uses by differing team members.

Media
- Only accredited media will be allowed on the venue.
- Media will take part in the wellness (symptom) checks and temperature checks on the days of their participation.
- Interview zones will be set up with appropriate social distancing. All interviews will be conducted with masked participants.
- Any photos without masks must be taken with appropriate social distancing.
- No on-water media launches permitted.
- Photographers will not be allowed on the starting platform and must shoot from the shore, maintaining at least six feet of physical/social distance between photographers.
- Media members must fill out the Credential Request Form and submit to USRowing for approval. This form will be available on the USRowing website the week of January 4, 2021.

Social Celebrations/gatherings
- There will be no social gatherings at the venue. Participants should refrain from all person-to-person contact including hand shakes, “high five”, fist bumps, etc.

Announcers/Broadcast crew
- Announcers will wear masks when not actively commenting on a race.
- A sneeze guard will be installed between the announcers in the Finish Tower.
- To increase audibility, the commentators may remove the mouth/nose protection while commenting.
- All members of the broadcast crew (drivers, filmers, etc.) are required to wear masks while on venue.

Media Inquiries Regarding COVID-19
- USRowing’s communications staff will work with the Trials event staff and medical team, as well as the United States Olympic & Paralympic Committee, to provide any relevant information regarding COVID-19-related procedures or questions. All inquiries should be directed to Brett Johnson, Sr. Director of Programs & Communications, or Matt Imes, USRowing High Performance Director. All official communications regarding the Trials related to COVID-19 will come from USRowing’s official communications channels and/or USRowing staff.