

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

Ali Bahr

**Timing:**

Rhodes Race Timing

**OFFICIAL MEET REPORT**

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**PERFORMANCE LIST****#11 Women's 60 Meters**

|    |                      |      |                |               |           |
|----|----------------------|------|----------------|---------------|-----------|
| \$ | JDL Fast Track       | 7.18 | Barbara Pierre | Unattached    | 1/20/2013 |
| !  | College Facility     | 7.31 | Kiara Grant    | Norfolk State | 2/16/2019 |
| &  | JDL DMR Invitational | 7.31 | Kiara Grant    | Norfolk State | 2019      |
| &  | JDL DMR Invitational | 7.31 | Breana Norman  | Unattached    | 2017      |

|    | <b>Name</b>          | <b>Team</b>       | <b>Time</b> |
|----|----------------------|-------------------|-------------|
| 1  | Gayden, Ma'Kiya      | W-S State         | 7.40        |
| 2  | Biswal, Divya        | Unattached        | 7.65        |
| 3  | Minor, Tenae         | BSC-Virginia      | 7.73        |
| 4  | Clerger, Christine   | Lenoir-Rhyne      | 7.80        |
| 5  | Shealey, Jordan      | Lenoir-Rhyne      | 7.84        |
| 6  | Judd, Ani            | Unattached        | 7.84        |
| 7  | Lane, Jaylyn         | Va Wesleyan       | 7.95        |
| 8  | Lyerly, Diamond      | BSC-Virginia      | 7.99        |
| 9  | Butkovich, Brenna    | Queens (NC)       | 8.12        |
| 10 | Doherty, Nikki       | Wash. and Lee     | 8.14        |
| 11 | Blackwell, Bethany   | Louisburg College | 8.16        |
| 12 | Cundiff, Alli        | Rhodes            | 8.17        |
| 13 | Birle, Susannah      | Wash. and Lee     | 8.22        |
| 14 | Basden, Brijette     | Unattached        | 8.30        |
| 15 | Kindsvater, Samantha | Wash. and Lee     | 8.35        |
| 16 | Branch, Domonique    | Louisburg College | 8.45        |
| 17 | Sargeant, Ranicha    | Guilford          | 8.49        |
| 18 | Alvarez, Shelice     | Guilford          | 8.54        |
| 19 | Pitts, Zarea         | Guilford          | 8.58        |
| 20 | DeAugustino, Emily   | Queens (NC)       | 8.91        |
| 21 | Wagstaff, Zoe        | Queens (NC)       | 8.98        |

**#12 Men's 60 Meters**

|    |                      |      |                   |            |           |
|----|----------------------|------|-------------------|------------|-----------|
| \$ | JDL Fast Track       | 6.61 | Ramon Gittens     | Unattached | 1/30/2016 |
| \$ | JDL Fast Track       | 6.61 | Sean McLean       | Nike       | 1/19/2015 |
| !  | College Facility     | 6.62 | Keitavious Walter | Hinds CC   | 3/5/2016  |
| &  | JDL DMR Invitational | 6.70 | Daniel Estrada    | Unattached | 2018      |

|    | <b>Name</b>        | <b>Team</b>       | <b>Time</b> |
|----|--------------------|-------------------|-------------|
| 1  | Lotharp, P.J.      | Lenoir-Rhyne      | 6.73        |
| 2  | Beasley, Trey'L    | Unattached        | 6.88        |
| 3  | Maddox, Kaynmon    | Lenoir-Rhyne      | 6.90        |
| 4  | Davis, Marlin      | Lenoir-Rhyne      | 6.92        |
| 5  | Dudley, Curtis     | Va Wesleyan       | 6.97        |
| 6  | Pryce, Aaron       | Wingate           | 7.00        |
| 7  | Sawyer, Cortez     | Wingate           | 7.00        |
| 8  | Jennings, Emmanuel | Wingate           | 7.03        |
| 9  | Burns, Tyler       | Louisburg College | 7.04        |
| 10 | Johnson, Tyrone    | BSC-Virginia      | 7.04        |
| 11 | Gilmore, Denzal    | Lenoir-Rhyne      | 7.05        |
| 12 | Long, Jakari       | Louisburg College | 7.05        |
| 13 | Patterson, Felix   | Wingate           | 7.06        |

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**PERFORMANCE LIST****#12 Men's 60 Meters (cont'd)**

|    | <b>Name</b>             | <b>Team</b>       | <b>Time</b> |
|----|-------------------------|-------------------|-------------|
| 14 | Robinson, Terrence      | La Verne          | 7.15        |
| 15 | Krah, Marcus            | North Carolina    | 7.15        |
| 16 | Carter, Anthony         | La Verne          | 7.16        |
| 17 | harris, jhalen          | Unattached        | 7.16        |
| 18 | Dazzell, Dominic        | BSC-Virginia      | 7.16        |
| 19 | Poole, Ashton           | Queens (NC)       | 7.17        |
| 20 | Cooney, Eamon           | Unattached        | 7.20        |
| 21 | Allen, Jahmon           | Unattached        | 7.20        |
| 22 | alexander, trevel       | Guilford          | 7.21        |
| 23 | Johnson, Dan            | Va Wesleyan       | 7.25        |
| 24 | Koroma, Amara           | BSC-Virginia      | 7.26        |
| 25 | Harris, Khalil          | BSC-Virginia      | 7.29        |
| 26 | Moffo, Landry           | Va Wesleyan       | 7.30        |
| 27 | Matthews, Anthony       | Methodist         | 7.30        |
| 28 | Jackson, Julian         | Methodist         | 7.32        |
| 29 | Switzer, Ian            | Methodist         | 7.34        |
| 30 | Farrell, Jason          | Unattached        | 7.39        |
| 31 | Watters, Seamus         | Wash. and Lee     | 7.50        |
| 32 | Ray, Micah              | Roanoke           | 7.52        |
| 33 | Williams-Mclaren, Kemar | Guilford          | 7.57        |
| 34 | Danielsson, Gudmundur   | Queens (NC)       | 7.66        |
| 35 | Chambers, DonQavius     | Methodist         | 7.66        |
| 36 | Sessions, Ed            | Queens (NC)       | 7.67        |
| 37 | Carter, Tre'veras       | Louisburg College | 7.67        |
| 38 | Little, Jayard          | Guilford          | 7.98        |
| 39 | Ngabo, Chris            | Guilford          | 8.22        |
| 40 | Roa-Rodriguez, Alex     | Louisburg College | NT          |

**#22 Women's 200 Meters**

|    |                      |       |                   |                  |           |
|----|----------------------|-------|-------------------|------------------|-----------|
| \$ | JDL Fast Track       | 23.80 | Danielle Williams | Johnson C. Smith | 3/15/2014 |
| !  | College Facility     | 23.80 | Danielle Williams | Johnson C Smith  | 3/15/2014 |
| &  | JDL DMR Invitational | 24.08 | Anna Cockrell     | Unattached       | 2016      |

|    | <b>Name</b>        | <b>Team</b>       | <b>Time</b> |
|----|--------------------|-------------------|-------------|
| 1  | Griffin, Jade      | La Verne          | 24.66       |
| 2  | Judd, Ani          | Unattached        | 25.65       |
| 3  | Lyerly, Diamond    | BSC-Virginia      | 25.82       |
| 4  | Shealey, Jordan    | Lenoir-Rhyne      | 25.94       |
| 5  | Woodrum, Kaelyn    | BSC-Virginia      | 25.95       |
| 6  | Minor, Tenae       | BSC-Virginia      | 26.01       |
| 7  | Idugboe, Tracy     | BSC-Virginia      | 26.20       |
| 8  | Clerger, Christine | Lenoir-Rhyne      | 26.32       |
| 9  | Jones, Mya         | Lenoir-Rhyne      | 26.48       |
| 10 | Meadows, Taylor    | Lenoir-Rhyne      | 26.52       |
| 11 | Dunlap, Jasmine    | Wingate           | 26.61       |
| 12 | Butkovich, Brenna  | Queens (NC)       | 26.85       |
| 13 | Blackwell, Bethany | Louisburg College | 27.10       |

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**PERFORMANCE LIST****#22 Women's 200 Meters (cont'd)**

|    | <b>Name</b>       | <b>Team</b>       | <b>Time</b> |
|----|-------------------|-------------------|-------------|
| 14 | Branch, Domonique | Louisburg College | 27.20       |
| 15 | Birle, Susannah   | Wash. and Lee     | 27.60       |
| 16 | Mague, Olivia     | Methodist         | 27.78       |
| 17 | Heath, Abby       | Wingate           | 28.00       |
| 18 | Cross, Jayla      | Va Wesleyan       | 28.31       |
| 19 | Henson, Lauren    | Roanoke           | 28.97       |
| 20 | Rivera, Jaeda     | Louisburg College | 29.58       |
| 21 | Rocha, Jensen     | Wash. and Lee     | 29.92       |
| 22 | Sargeant, Ranicha | Guilford          | 30.00       |
| 23 | Pitts, Zarea      | Guilford          | 30.84       |
| 24 | Krause, Clarece   | Methodist         | 31.20       |
| 25 | Barker, Vivian    | Wash. and Lee     | 33.31       |
| 26 | Wagstaff, Zoe     | Queens (NC)       | NT          |
| 27 | Akoko, Mary       | Methodist         | NT          |
| 28 | Alvarez, Shelice  | Guilford          | NT          |

**#23 Men's 200 Meters**

|    |                      |       |                |           |           |
|----|----------------------|-------|----------------|-----------|-----------|
| \$ | JDL Fast Track       | 21.08 | Lamar Hargrove | Tiffin    | 3/15/2014 |
| !  | College Facility     | 21.08 | Lamar Hargrove | Tiffin    | 3/15/2014 |
| &  | JDL DMR Invitational | 21.58 | Anthony Bynum  | Charlotte | 2014      |

|    | <b>Name</b>           | <b>Team</b>       | <b>Time</b> |
|----|-----------------------|-------------------|-------------|
| 1  | Lotharp, P.J.         | Lenoir-Rhyne      | 20.89       |
| 2  | Maddox, Kaynmon       | Lenoir-Rhyne      | 21.87       |
| 3  | Jones, Ezekiel        | BSC-Virginia      | 21.87       |
| 4  | Davis, Marlin         | Lenoir-Rhyne      | 22.00       |
| 5  | Reid, Aveon           | Louisburg College | 22.30       |
| 6  | Robinson, Terrence    | La Verne          | 22.43       |
| 7  | Burns, Tyler          | Louisburg College | 22.43       |
| 8  | Cornwell, Patrick     | La Verne          | 22.67       |
| 9  | Polite, Brandon       | BSC-Virginia      | 22.67       |
| 10 | Pryce, Aaron          | Wingate           | 22.85       |
| 11 | Jennings, Emmanuel    | Wingate           | 22.86       |
| 12 | Johnson, Tyrone       | BSC-Virginia      | 22.86       |
| 13 | Alexander, Josh       | Rhodes            | 22.88       |
| 14 | Wade, Malcolm         | Louisburg College | 22.91       |
| 15 | Crawley, Troy         | Roanoke           | 22.98       |
| 16 | Allen, Jahmon         | Unattached        | 22.99       |
| 17 | Ray, Micah            | Roanoke           | 22.99       |
| 18 | Dazzell, Dominic      | BSC-Virginia      | 22.99       |
| 19 | Jones Carter, Deondre | Wingate           | 23.04       |
| 20 | Ramos, Alejandro      | Queens (NC)       | 23.23       |
| 21 | Poole, Ashton         | Queens (NC)       | 23.25       |
| 22 | Houston, Juwan        | Guilford          | 23.27       |
| 23 | Long, Jakari          | Louisburg College | 23.29       |
| 24 | Switzer, Ian          | Methodist         | 23.33       |
| 25 | Morin, Blake          | Roanoke           | 23.36       |

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**PERFORMANCE LIST****#23 Men's 200 Meters (cont'd)**

|    | <b>Name</b>             | <b>Team</b>   | <b>Time</b> |
|----|-------------------------|---------------|-------------|
| 26 | Marsh , Joshua          | Unattached    | 23.40       |
| 27 | Gilmore, Denzal         | Lenoir-Rhyne  | 23.50       |
| 28 | Abdur-Rahim, Amir       | Guilford      | 23.62       |
| 29 | Dorsey, Kyahl           | Guilford      | 23.74       |
| 30 | Schwartz, Cameron       | Methodist     | 23.93       |
| 31 | Jones, Darnell          | Guilford      | 24.14       |
| 32 | Dugan, Sam              | Wash. and Lee | 24.16       |
| 33 | Sessions, Ed            | Queens (NC)   | 24.44       |
| 34 | Payeur, Ben             | Queens (NC)   | 24.61       |
| 35 | Johnson, Jimmie         | Wash. and Lee | 24.67       |
| 36 | Pete, Kendell           | Methodist     | 24.71       |
| 37 | Patterson, Felix        | Wingate       | 24.85       |
| 38 | Oliver, Miles           | Wash. and Lee | 24.92       |
| 39 | Williams-Mclaren, Kemar | Guilford      | 25.03       |
| 40 | Little, Jayard          | Guilford      | 26.74       |
| 41 | Reyes-Rodriguez, Gabe   | Methodist     | NT          |

**#13 Women's 400 Meters**

|    |                      |       |                |             |           |
|----|----------------------|-------|----------------|-------------|-----------|
| \$ | JDL Fast Track       | 52.96 | Kayla Davis    | Unattached  | 1/26/2019 |
| !  | College Facility     | 53.90 | Kayon Robinson | Adams State | 3/15/2014 |
| &  | JDL DMR Invitational | 55.21 | Kiara Porter   | Unattached  | 2016      |

|    | <b>Name</b>       | <b>Team</b>       | <b>Time</b> |
|----|-------------------|-------------------|-------------|
| 1  | St Cyr, Leda      | Rhodes            | 57.62       |
| 2  | Pearce, Ashley    | Louisburg College | 58.14       |
| 3  | Meadows, Taylor   | Lenoir-Rhyne      | 58.68       |
| 4  | Jones, Mya        | Lenoir-Rhyne      | 58.75       |
| 5  | Bailey, Tyauna    | Wingate           | 58.85       |
| 6  | Woodrum, Kaelyn   | BSC-Virginia      | 59.40       |
| 7  | Udobong, Faith    | Rhodes            | 59.68       |
| 8  | Graham, Clarkson  | Unattached        | 59.91       |
| 9  | Barnett, Ja'Celyn | BSC-Virginia      | 1:01.47     |
| 10 | Thornton, Lauren  | Wingate           | 1:02.11     |
| 11 | Spanfeller, Jamie | Wash. and Lee     | 1:02.51     |
| 12 | Jones, Murfee     | Wash. and Lee     | 1:03.35     |
| 13 | Taylor, Julia     | Guilford          | 1:04.27     |
| 14 | Teagle, Sarah     | Wash. and Lee     | 1:04.88     |
| 15 | Heath, Abby       | Wingate           | 1:04.90     |
| 16 | Filley, Eleni     | Wash. and Lee     | 1:04.91     |
| 17 | Crocker, Niya     | Va Wesleyan       | 1:04.98     |
| 18 | Smith, Maleia     | Wingate           | 1:05.74     |
| 19 | Orser, Ashley     | Wash. and Lee     | 1:07.78     |
| 20 | Krause, Clarece   | Methodist         | 1:11.07     |
| 21 | Ettorchi, Rania   | Guilford          | 1:17.58     |
| 22 | Akoko, Mary       | Methodist         | NT          |
| 23 | Venters, Jada     | BSC-Virginia      | NT          |

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| <b>PERFORMANCE LIST</b> |
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**#14 Men's 400 Meters**

|    |                      |       |                |                 |           |
|----|----------------------|-------|----------------|-----------------|-----------|
| \$ | JDL Fast Track       | 46.81 | Dane Hyatt     | Unattached      | 2/25/2012 |
| !  | College Facility     | 47.24 | Josh Edmonds   | St. Augustine's | 2/25/2012 |
| &  | JDL DMR Invitational | 47.33 | Trequan Barnes | Norfolk State   | 2019      |

|    | <b>Name</b>             | <b>Team</b>       | <b>Time</b> |
|----|-------------------------|-------------------|-------------|
| 1  | Johnson, Jadon          | North Carolina    | 47.25       |
| 2  | Cogdell, Ari            | North Carolina    | 47.65       |
| 3  | Allphin, Ransom         | BYU               | 48.01       |
| 4  | Cachon, Brandon         | North Carolina    | 48.48       |
| 5  | Norris, Mitchell        | Unattached        | 49.75       |
| 6  | Oliver, Miles           | Wash. and Lee     | 50.77       |
| 7  | Cornwell, Patrick       | La Verne          | 50.86       |
| 8  | Alexander, Josh         | Rhodes            | 51.29       |
| 9  | Ramos, Alejandro        | Queens (NC)       | 51.81       |
| 10 | Chapman, Isaiah         | BSC-Virginia      | 51.85       |
| 11 | Compton, Elijah         | Wingate           | 51.91       |
| 12 | Abdur-Rahim, Amir       | Guilford          | 52.00       |
| 13 | Noce, Christopher       | Unattached        | 52.00       |
| 14 | Kennedy, Jonathan       | UNC-Greensboro    | 52.00       |
| 15 | Dukes, Stephen          | Methodist         | 52.20       |
| 16 | Jones Carter, Deondre   | Wingate           | 52.29       |
| 17 | Ingalls, Noah           | Queens (NC)       | 52.39       |
| 18 | Goebel, John            | Unattached        | 52.50       |
| 19 | Pryce, Aaron            | Wingate           | 52.58       |
| 20 | Robinson, Trevon        | Louisburg College | 52.60       |
| 21 | Cobb, Nigel             | Louisburg College | 52.60       |
| 22 | Lewis, Kendrick         | Louisburg College | 52.65       |
| 23 | Cherry, Allen           | BSC-Virginia      | 52.94       |
| 24 | Bezuidenhout, Gerhardus | Wingate           | 53.00       |
| 25 | Dugan, Sam              | Wash. and Lee     | 53.45       |
| 26 | Burchette, Andrew       | Unattached        | 53.50       |
| 27 | Harris, Cameron         | Roanoke           | 53.60       |
| 28 | Jones, Darnell          | Guilford          | 54.11       |
| 29 | Johnson, Jimmie         | Wash. and Lee     | 54.24       |
| 30 | Weaver, Max             | Wash. and Lee     | 54.27       |
| 31 | Marsh, Joshua           | Unattached        | 54.50       |
| 32 | Roth, Tanner            | Methodist         | 54.76       |
| 33 | Payeur, Ben             | Queens (NC)       | 54.97       |
| 34 | Helberg, Harris         | Queens (NC)       | 55.70       |
| 35 | Yokley, RJ              | Louisburg College | 58.10       |
| 36 | Ngabo, Chris            | Guilford          | 59.00       |
| 37 | Davis, Jacob            | Guilford          | 1:01.55     |
| 38 | Shepherd, Christopher   | Methodist         | 1:02.65     |
| 39 | Mayorquin, NiJuan       | BSC-Virginia      | NT          |
| 40 | Koroma, Amara           | BSC-Virginia      | NT          |

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**PERFORMANCE LIST****#20 Women's 800 Meters**

|    |                      |         |              |               |          |
|----|----------------------|---------|--------------|---------------|----------|
| \$ | JDL Fast Track       | 1:59.26 | Ajee' Wilson | Adidas        | 2/2/2019 |
| !  | College Facility     | 2:03.31 | Hanna Green  | Virginia Tech | 2/4/2017 |
| &  | JDL DMR Invitational | 2:09.80 | Emma Kuntz   | Furman        | 2019     |

|    | <b>Name</b>                   | <b>Team</b>    | <b>Time</b> |
|----|-------------------------------|----------------|-------------|
| 1  | Kraft, Madeline               | North Carolina | 2:09.85     |
| 2  | Harding-Delooze, Lily         | Wake Forest    | 2:12.83     |
| 3  | Capehart, Virginia            | Duke           | 2:13.09     |
| 4  | Spada, Sophie                 | Unattached     | 2:14.00     |
| 5  | Varisco de Oliveira, Gabriela | Elon           | 2:14.80     |
| 6  | Parks, Gwendolyn              | Unattached     | 2:17.13     |
| 7  | Delaney, Taylor               | UNC-Greensboro | 2:17.72     |
| 8  | Irby, Ashley                  | Elon           | 2:19.00     |
| 9  | Lair, Stephanie               | Elon           | 2:19.50     |
| 10 | Smith, Emily                  | Elon           | 2:19.67     |
| 11 | Schiffman, Avery              | Wash. and Lee  | 2:20.58     |
| 12 | Bagus, Sydney                 | High Point     | 2:20.73     |
| 13 | Allen, Olive                  | High Point     | 2:21.00     |
| 14 | Cunningham, Anne              | Wash. and Lee  | 2:21.11     |
| 15 | Dinger, Charis                | High Point     | 2:21.34     |
| 16 | Smith, Claire                 | Wash. and Lee  | 2:22.33     |
| 17 | Moody, Julia                  | Wash. and Lee  | 2:23.00     |
| 18 | Prestoey, Katinka             | Queens (NC)    | 2:23.96     |
| 19 | Higgins, Alycia               | UNC-Greensboro | 2:24.39     |
| 20 | McManama, Kayla               | Flagler        | 2:24.53     |
| 21 | Shanahan, Quinn               | Unattached     | 2:27.00     |
| 22 | Withers, Samantha             | Rhodes         | 2:27.75     |
| 23 | Wilson, Selena                | BSC-Virginia   | 2:27.98     |
| 24 | Dalton, Ashlyn                | UNC-Greensboro | 2:28.00     |
| 25 | Packer, Christa               | Unattached     | 2:28.34     |
| 26 | Barnes, Bahiyah               | BSC-Virginia   | 2:29.47     |
| 27 | Nelson, Anna                  | Wash. and Lee  | 2:30.68     |
| 28 | Gallagher, Nina               | Wash. and Lee  | 2:32.00     |
| 29 | Jones, Courtney               | Wash. and Lee  | 2:32.00     |
| 30 | Bakkare, Asmaa                | Queens (NC)    | 2:33.30     |
| 31 | Barnett, Ja'Celyn             | BSC-Virginia   | 2:35.18     |
| 32 | Hansford, Marranda            | Va Wesleyan    | 2:36.59     |
| 33 | Taylor, Julia                 | Guilford       | 2:38.00     |
| 34 | Taylor, Elizabeth             | BSC-Virginia   | 2:39.88     |
| 35 | Fox, Rebecca                  | Lenoir-Rhyne   | 2:41.60     |
| 36 | Rudd, Jordan                  | Wingate        | 2:42.00     |
| 37 | Tremblay, Taylor              | Guilford       | 2:50.46     |
| 38 | Wilton, Lane                  | Unattached     | 2:51.14     |
| 39 | Ettorchi, Rania               | Guilford       | NT          |

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|----|----------------------|---------|----------------|---------------------|----------|
| \$ | JDL Fast Track       | 1:45.92 | Clayton Murphy | Nike Oregon Project | 2/2/2019 |
| !  | College Facility     | 1:48.94 | Eliud Rutto    | Mid Tenn State      | 2/4/2017 |
| &  | JDL DMR Invitational | 1:50.09 | Jake Burton    | Florida State       | 2016     |

|    | <b>Name</b>          | <b>Team</b>       | <b>Time</b> |
|----|----------------------|-------------------|-------------|
| 1  | Ashenfelter, William | Penn State        | 1:51.92     |
| 2  | Salas, Matthew       | La Verne          | 1:52.41     |
| 3  | Rodriguez, Juan      | UNC-Greensboro    | 1:53.69     |
| 4  | Thoma, Joseph        | UNC-Greensboro    | 1:56.05     |
| 5  | Caines, Alexander    | Wash. and Lee     | 1:56.29     |
| 6  | Mora, Christian      | La Verne          | 1:56.50     |
| 7  | Thoma, Nicholas      | UNC-Greensboro    | 1:56.57     |
| 8  | Alexander, Colin     | UNC-Greensboro    | 1:57.07     |
| 9  | Padiak, Evan         | Unattached        | 1:59.00     |
| 10 | Idhammar, Viktor     | Unattached        | 1:59.00     |
| 11 | Jordan, Zaire        | Louisburg College | 1:59.31     |
| 12 | Koning, Aron         | Wingate           | 1:59.57     |
| 13 | Williams, John Paul  | Unattached        | 1:59.70     |
| 14 | Farrell, Jason       | Unattached        | 2:00.00     |
| 15 | Kunze, Henning       | Wingate           | 2:00.00     |
| 16 | Ameer, Jelani        | BSC-Virginia      | 2:00.05     |
| 17 | Brown, Michael       | BSC-Virginia      | 2:00.50     |
| 18 | Butler, Danner       | Wash. and Lee     | 2:01.05     |
| 19 | Griffin, Dae'Shawn   | BSC-Virginia      | 2:02.29     |
| 20 | Overcash, Trentin    | Hagerstown CC     | 2:02.59     |
| 21 | Tyndale, Jake        | Wingate           | 2:02.71     |
| 22 | Bellistri, Tyson     | Hagerstown CC     | 2:02.94     |
| 23 | Daniels, William     | Wash. and Lee     | 2:03.31     |
| 24 | Hill, Bryan          | Louisburg College | 2:03.38     |
| 25 | Todd, Matthew        | Wash. and Lee     | 2:03.84     |
| 26 | Leon, Eduardo        | Queens (NC)       | 2:04.67     |
| 27 | Tiller, Joshua       | Wingate           | 2:04.96     |
| 28 | Shanahan, Joseph     | Unattached        | 2:05.00     |
| 29 | Cherry, Allen        | BSC-Virginia      | 2:05.00     |
| 30 | Powell Jr, Anthony   | BSC-Virginia      | 2:05.00     |
| 31 | Whitehead, Jason     | Lenoir-Rhyne      | 2:05.50     |
| 32 | Martinez, Leonardo   | Lenoir-Rhyne      | 2:07.61     |
| 33 | harris, jhalen       | Unattached        | 2:08.00     |
| 34 | Grubb, Jacob         | Lenoir-Rhyne      | 2:08.78     |
| 35 | Kamara, Joshua       | Hagerstown CC     | 2:09.72     |
| 36 | Cooney, Eamon        | Unattached        | 2:10.00     |
| 37 | Stimpson, Justin     | Hampden-Sydney    | 2:14.41     |
| 38 | WILLER, Nick         | Unattached        | 2:15.00     |
| 39 | WILLER, Zachary      | Unattached        | 2:15.00     |
| 40 | Crane, Zach          | Guilford          | 2:16.54     |
| 41 | Miller, Robert       | Hampden-Sydney    | 2:25.54     |
| 42 | Davis, Jacob         | Guilford          | 2:32.37     |
| 43 | Barnes, Malcolm      | BSC-Virginia      | NT          |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

Ali Bahr

**Timing:**

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**PERFORMANCE LIST****#17 Men's Invite 800m**

|    |                      |         |                |                     |          |
|----|----------------------|---------|----------------|---------------------|----------|
| \$ | JDL Fast Track       | 1:45.92 | Clayton Murphy | Nike Oregon Project | 2/2/2019 |
| !  | College Facility     | 1:48.94 | Eliud Rutto    | Mid Tenn State      | 2/4/2017 |
| &  | JDL DMR Invitational | 1:50.09 | Jake Burton    | Florida State       | 2016     |

|   | <b>Name</b>        |  | <b>Team</b> |  | <b>Time</b> |
|---|--------------------|--|-------------|--|-------------|
| 1 | Harris, Isaiah     |  | Nike        |  | 1:45.00     |
| 2 | Devroe, Dejon      |  | Miss State  |  | 1:47.50     |
| 3 | Wisner, Matt       |  | Duke        |  | 1:48.04     |
| 4 | Abbkar, Abbas      |  | NC A&T      |  | 1:48.91     |
| 5 | Hawthorne, Anthony |  | La Salle    |  | 1:49.40     |
| 6 | Gillis, Nathan     |  | La Salle    |  | 1:49.49     |
| 7 | McDevitt, Billy    |  | Penn State  |  | 1:49.91     |
| 8 | Ross, Gary         |  | Penn State  |  | 1:50.55     |

**#16 Women's 1000 Meters**

|    |                  |         |                |             |           |
|----|------------------|---------|----------------|-------------|-----------|
| \$ | JDL Fast Track   | 2:48.32 | Hannah Segrave | New Balance | 2/2/2019  |
| !  | College Facility | 2:49.00 | Cydney Ross    | Duke        | 12/1/2012 |

|   | <b>Name</b>     |  | <b>Team</b>  |  | <b>Time</b> |
|---|-----------------|--|--------------|--|-------------|
| 1 | Shanahan, Quinn |  | Unattached   |  | 3:11.00     |
| 2 | Wilson, Selena  |  | BSC-Virginia |  | 3:17.26     |

**#15 Men's 1000 Meters**

|    |                  |         |                   |                     |           |
|----|------------------|---------|-------------------|---------------------|-----------|
| \$ | JDL Fast Track   | 2:25.64 | Quamel Prince     | District Track Club | 2/8/2020  |
| !  | College Facility | 2:27.47 | Thomas Bojanowski | Wake Forest         | 12/1/2012 |

|   | <b>Name</b>      |  | <b>Team</b>  |  | <b>Time</b> |
|---|------------------|--|--------------|--|-------------|
| 1 | Burleson, Trey   |  | Unattached   |  | 2:27.77     |
| 2 | Alpaugh, William |  | Richmond     |  | 2:32.03     |
| 3 | Schindel, Jake   |  | Richmond     |  | 2:33.36     |
| 4 | Shanahan, Joseph |  | Unattached   |  | 2:40.00     |
| 5 | Mudge, Jared     |  | BSC-Virginia |  | 2:46.08     |

**#24 Women's 1 Mile Run**

|    |                      |         |                 |                     |           |
|----|----------------------|---------|-----------------|---------------------|-----------|
| \$ | JDL Fast Track       | 4:22.66 | Shannon Rowbury | Nike Oregon Project | 1/31/2015 |
| !  | College Facility     | 4:36.10 | Grace Barnett   | Clemson             | 2/18/2017 |
| &  | JDL DMR Invitational | 4:36.10 | Grace Barnett   | Clemson             | 2017      |

|    | <b>Name</b>        |  | <b>Team</b>    |  | <b>Time</b> |
|----|--------------------|--|----------------|--|-------------|
| 1  | DeCicco, Alexandra |  | Unattached     |  | 4:55.89     |
| 2  | Kemei, Scolasticah |  | Elon           |  | 4:59.00     |
| 3  | Springer, Maggie   |  | Elon           |  | 5:01.00     |
| 4  | Miller, Hannah     |  | Elon           |  | 5:01.00     |
| 5  | Derry, Kaitlin     |  | Wake Forest    |  | 5:01.48     |
| 6  | Delaney, Taylor    |  | UNC-Greensboro |  | 5:02.21     |
| 7  | Lanier, Lindsey    |  | North Carolina |  | 5:04.52     |
| 8  | Preeo, Hannah      |  | Elon           |  | 5:04.96     |
| 9  | Irby, Ashley       |  | Elon           |  | 5:08.00     |
| 10 | Twomey, Anna       |  | Elon           |  | 5:09.96     |
| 11 | Tasselmyer, Sophia |  | Elon           |  | 5:16.10     |



**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

Ali Bahr

**Timing:**

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**PERFORMANCE LIST****#24 Women's 1 Mile Run (cont'd)**

| Name                 | Team              | Time    |
|----------------------|-------------------|---------|
| 12 Pridgen, Virginia | Unattached        | 5:20.00 |
| 13 Shanahan, Quinn   | Unattached        | 5:20.00 |
| 14 Pace, Didi        | Wash. and Lee     | 5:20.76 |
| 15 Maughan, Amelia   | Unattached        | 5:22.00 |
| 16 Hollen, Sarah     | Wash. and Lee     | 5:28.65 |
| 17 Higgins, Julianna | High Point        | 5:35.52 |
| 18 Thomson, Ashleigh | Wingate           | 5:35.95 |
| 19 Surian, Catie     | Wingate           | 5:38.32 |
| 20 Albright, Olivia  | Wash. and Lee     | 5:39.34 |
| 21 Murray, Heidi     | Unattached        | 5:40.00 |
| 22 Packer, Christa   | Unattached        | 5:41.12 |
| 23 Morgan, Alana     | Louisburg College | 5:53.15 |
| 24 Witt, Haley       | Va Wesleyan       | 6:00.00 |
| 25 Simpson, Brooklyn | Wingate           | 6:08.18 |
| 26 Silvey, Scotlyn   | Lenoir-Rhyne      | 6:15.91 |
| 27 Petsko, Emily     | Va Wesleyan       | 6:18.33 |

**#18 Women's Invite Mile Run**

|    |                      |         |                 |                     |           |
|----|----------------------|---------|-----------------|---------------------|-----------|
| \$ | JDL Fast Track       | 4:22.66 | Shannon Rowbury | Nike Oregon Project | 1/31/2015 |
| !  | College Facility     | 4:36.10 | Grace Barnett   | Clemson             | 2/18/2017 |
| &  | JDL DMR Invitational | 4:36.10 | Grace Barnett   | Clemson             | 2017      |

| Name                    | Team           | Time    |
|-------------------------|----------------|---------|
| 1 Duca, Paige           | Boston College | 4:36.25 |
| 2 Juul, Anna            | Harvard        | 4:37.50 |
| 3 Skyring, Maudie       | Florida State  | 4:37.64 |
| 4 Clairmonte, Dominique | NC State       | 4:38.55 |
| 5 Nahom, Mia            | Connecticut    | 4:39.47 |
| 6 Fegans, Nicole        | Georgia Tech   | 4:41.55 |
| 7 Segrave, Hannah       | New Balance    | 4:42.00 |
| 8 Shaw, Savannah        | NC State       | 4:42.12 |
| 9 Mareno, Nevada        | NC State       | 4:42.14 |
| 10 Raftis, Kylee        | Boston College | 4:46.00 |
| 11 Anastasakis, Melissa | Elon           | 4:47.61 |

**#25 Men's 1 Mile Run**

|    |                      |         |                 |               |          |
|----|----------------------|---------|-----------------|---------------|----------|
| \$ | JDL Fast Track       | 3:53.85 | Edward Cheserek | Skechers      | 2/3/2018 |
| !  | College Facility     | 3:59.57 | Vincent Ciattei | Virginia Tech | 2/3/2018 |
| &  | JDL DMR Invitational | 4:02.25 | Graham Crawford | NC State      | 2016     |

| Name                | Team           | Time    |
|---------------------|----------------|---------|
| 1 Peterson, Luke    | North Carolina | 4:10.57 |
| 2 Brooks, Andrew    | North Carolina | 4:12.48 |
| 3 Bugler, Ryan      | Unattached     | 4:15.10 |
| 4 Alexander, Colin  | UNC-Greensboro | 4:15.22 |
| 5 Greene, Justin    | Flagler        | 4:15.38 |
| 6 Spragley, Michael | North Carolina | 4:19.29 |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

Ali Bahr

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**PERFORMANCE LIST****#25 Men's 1 Mile Run (cont'd)**

|    | <b>Name</b>             | <b>Team</b>       | <b>Time</b> |
|----|-------------------------|-------------------|-------------|
| 7  | McEaney, Jake           | North Carolina    | 4:20.18     |
| 8  | Bernstein, Ethan        | Wash. and Lee     | 4:23.39     |
| 9  | McGlamery, Dalton       | North Carolina    | 4:24.59     |
| 10 | Lebahn, Sam             | Unattached        | 4:24.75     |
| 11 | Bosley, Jack            | Unattached        | 4:24.76     |
| 12 | Combs, Ryan             | North Carolina    | 4:25.05     |
| 13 | Kunze, Henning          | Wingate           | 4:25.79     |
| 14 | Muhammad, Maddon        | Unattached        | 4:26.87     |
| 15 | Schmidt, Henry          | Hagerstown CC     | 4:26.92     |
| 16 | Adams, Tyler            | UNC-Greensboro    | 4:28.00     |
| 17 | Haws, Wesley            | Unattached        | 4:28.00     |
| 18 | Dailey, Jack            | Wake Forest       | 4:28.88     |
| 19 | Fletcher, Riley         | Richmond          | 4:29.15     |
| 20 | Verrett, Connor         | Wash. and Lee     | 4:29.39     |
| 21 | Modrow, Aaron           | Unattached        | 4:29.40     |
| 22 | Woodfolk, Drew          | Wash. and Lee     | 4:29.51     |
| 23 | Crow, Devan             | Louisburg College | 4:30.00     |
| 24 | Griffith, Ben           | Rhodes            | 4:30.78     |
| 25 | Reisinger, Maximilian   | Unattached        | 4:31.00     |
| 26 | Ecker-Randolph, Michael | WVU Tech          | 4:31.29     |
| 27 | Panther, Gregory        | WVU Tech          | 4:31.29     |
| 28 | Overcash, Trentin       | Hagerstown CC     | 4:31.39     |
| 29 | Laney, Jacob            | Unattached        | 4:32.96     |
| 30 | Lattuca, Skyler         | Va Wesleyan       | 4:33.36     |
| 31 | Shanahan, Joseph        | Unattached        | 4:35.00     |
| 32 | Colford, Brady          | Unattached        | 4:37.00     |
| 33 | Peeples, Liam           | Unattached        | 4:37.70     |
| 34 | Rogers, Owen            | Unattached        | 4:39.00     |
| 35 | McCheskey, Dennis       | Louisburg College | 4:39.38     |
| 36 | Hill, Bryan             | Louisburg College | 4:40.00     |
| 37 | Greene, Burch           | Louisburg College | 4:42.09     |
| 38 | Moehringer, Brendan     | Wash. and Lee     | 4:43.44     |
| 39 | Packer, Josh            | Unattached        | 4:45.00     |
| 40 | Mudge, Jared            | BSC-Virginia      | 4:49.87     |
| 41 | Bell, Naim              | Queens (NC)       | 4:50.29     |
| 42 | Williams, Ziran         | Wingate           | 4:51.41     |
| 43 | Hatley, Parker          | Wingate           | 4:51.53     |
| 44 | Johnston, Luke          | Unattached        | 4:54.34     |
| 45 | Stimpson, Justin        | Hampden-Sydney    | 4:58.44     |
| 46 | Crane, Zach             | Guilford          | 5:05.95     |
| 47 | Helmandollar, Wesley    | Unattached        | 5:15.00     |
| 48 | Roth, Tanner            | Methodist         | 5:25.89     |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

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|                         |
|-------------------------|
| <b>PERFORMANCE LIST</b> |
|-------------------------|

**#19 Men's Invite 1 Mile Run**

|    |                      |         |                 |               |          |
|----|----------------------|---------|-----------------|---------------|----------|
| \$ | JDL Fast Track       | 3:53.85 | Edward Cheserek | Skechers      | 2/3/2018 |
| !  | College Facility     | 3:59.57 | Vincent Ciattei | Virginia Tech | 2/3/2018 |
| &  | JDL DMR Invitational | 4:02.25 | Graham Crawford | NC State      | 2016     |

|   | Name               | Team           | Time    |
|---|--------------------|----------------|---------|
| 1 | Knevelbaard, Kasey | Florida State  | 3:59.00 |
| 2 | Freire, Humberto   | Florida State  | 4:01.00 |
| 3 | Wing, Owen         | Penn State     | 4:04.18 |
| 4 | Maher, Drew        | Penn State     | 4:04.18 |
| 5 | Martin, Avery      | Unattached     | 4:04.42 |
| 6 | Tubby, Brandon     | North Carolina | 4:05.70 |
| 7 | Morton, Kramer     | BYU            | 4:08.61 |

**#9 Women's 3000 Meters**

|    |                      |         |                  |             |           |
|----|----------------------|---------|------------------|-------------|-----------|
| \$ | JDL Fast Track       | 8:51.49 | Jenny Simpson    | New Balance | 2/8/2020  |
| !  | College Facility     | 9:01.26 | Wesley Frazier   | NC State    | 1/30/2016 |
| &  | JDL DMR Invitational | 9:15.07 | Caroline Alcorta | Villanova   | 2019      |

|    | Name                 | Team          | Time     |
|----|----------------------|---------------|----------|
| 1  | Strange, Jonna       | Unattached    | 9:53.00  |
| 2  | Deruytter, Natane    | Queens (NC)   | 10:17.13 |
| 3  | Springer, Maggie     | Elon          | 10:30.70 |
| 4  | Miller, Hannah       | Elon          | 10:32.54 |
| 5  | Love, Haylee         | Queens (NC)   | 10:45.00 |
| 6  | Jeske, Abby          | Wingate       | 10:47.57 |
| 7  | Diaz, Julie          | Wingate       | 11:04.92 |
| 8  | Littleton, Anna      | Rhodes        | 11:12.14 |
| 9  | Stauber, Emma        | Rhodes        | 11:15.00 |
| 10 | McInnes, Sam         | Queens (NC)   | 11:20.00 |
| 11 | Hoaglund, Maddie     | Wash. and Lee | 11:21.40 |
| 12 | Winder, Emily        | Guilford      | 11:24.98 |
| 13 | Shipotofsky, Janelle | Wingate       | 11:29.56 |
| 14 | Drumm, Courtney      | Methodist     | 11:50.63 |
| 15 | Hatch, Bri           | Wash. and Lee | 12:04.28 |
| 16 | Simpson, Brooklyn    | Wingate       | 12:08.45 |
| 17 | Moxie, Mandi         | Queens (NC)   | NT       |

**#10 Men's 3000 Meters**

|    |                      |         |               |               |          |
|----|----------------------|---------|---------------|---------------|----------|
| \$ | JDL Fast Track       | 7:45.49 | Paul Chelimo  | US Army       | 2/4/2017 |
| !  | College Facility     | 7:53.72 | Peter Seufer  | Virginia Tech | 2/8/2020 |
| &  | JDL DMR Invitational | 8:07.35 | Leoule Degfae | Virginia Tech | 2014     |

|   | Name                 | Team        | Time    |
|---|----------------------|-------------|---------|
| 1 | Shanklin, Ian        | NC State    | 8:03.15 |
| 2 | Marsing, Garrett     | BYU         | 8:08.11 |
| 3 | Wammetsberger, Felix | Queens (NC) | 8:10.00 |
| 4 | Raftis, Anthony      | Queens (NC) | 8:15.70 |
| 5 | Ericksen, Zack       | BYU         | 8:17.77 |
| 6 | Wood, Adam           | BYU         | 8:18.46 |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

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**PERFORMANCE LIST****#10 Men's 3000 Meters (cont'd)**

|    | <b>Name</b>       | <b>Team</b>       | <b>Time</b> |
|----|-------------------|-------------------|-------------|
| 7  | Lowry, Dylan      | Unattached        | 8:25.00     |
| 8  | Borger, Peter     | Richmond          | 8:37.87     |
| 9  | Dingman, Jack     | Unattached        | 8:43.00     |
| 10 | Medina, Alexander | La Verne          | 8:45.15     |
| 11 | Baldwin, Tanis    | NC State          | 8:47.93     |
| 12 | Kinne, Zach       | Unattached        | 8:48.00     |
| 13 | Prejean, Travis   | Unattached        | 8:48.00     |
| 14 | Kinne, Austin     | Wash. and Lee     | 8:48.86     |
| 15 | Marx, Freddie     | Wash. and Lee     | 8:49.00     |
| 16 | Cope, Daniel      | Wash. and Lee     | 8:49.00     |
| 17 | Tucker, AJ        | Unattached        | 8:50.00     |
| 18 | Krell, Jason      | Unattached        | 8:51.00     |
| 19 | Crochet, Tanner   | Richmond          | 8:57.66     |
| 20 | Schmidt, Henry    | Hagerstown CC     | 9:01.75     |
| 21 | Nesi, Joel        | Flagler           | 9:05.32     |
| 22 | Hazelwood, Ben    | Rhodes            | 9:08.17     |
| 23 | Todd, Justin      | Unattached        | 9:08.35     |
| 24 | Doolan, Sean      | Richmond          | 9:10.95     |
| 25 | Quinn, James      | Richmond          | 9:13.53     |
| 26 | Collard, Daniel   | Wingate           | 9:24.68     |
| 27 | Thomas, Max       | Wash. and Lee     | 9:30.66     |
| 28 | McCheskey, Dennis | Louisburg College | 9:35.72     |
| 29 | Bell, Naim        | Queens (NC)       | 9:37.02     |
| 30 | Kipkemboi, Brian  | Lenoir-Rhyne      | 9:38.14     |
| 31 | McLamb, Xavier    | Methodist         | 9:48.59     |
| 32 | Phillips, Jason   | Unattached        | 10:00.00    |
| 33 | Middleman, Eli    | Queens (NC)       | 10:13.90    |

**#1 Women's 5000 Meters**

|    |                      |          |            |          |           |
|----|----------------------|----------|------------|----------|-----------|
| \$ | JDL Fast Track       | 15:41.63 | Elly Henes | NC State | 12/3/2018 |
| !  | College Facility     | 15:41.63 | Elly Henes | NC State | 12/3/2018 |
| &  | JDL DMR Invitational | 15:43.84 | Elly Henes | NC State | 2018      |

|   | <b>Name</b>     | <b>Team</b> | <b>Time</b> |
|---|-----------------|-------------|-------------|
| 1 | Moxie, Mandi    | Queens (NC) | 17:57.93    |
| 2 | Lawler, Makayla | Methodist   | 18:16.39    |
| 3 | Bash, Natalie   | Queens (NC) | 18:40.00    |
| 4 | Dellapa, Grace  | Elon        | 18:50.00    |
| 5 | Lynch, Lauren   | Elon        | 18:59.70    |
| 6 | Grantz, Jordan  | Queens (NC) | 19:45.00    |
| 7 | Drumm, Courtney | Methodist   | 19:58.40    |

**#2 Men's 5000 Meters**

|    |                      |          |             |                |           |
|----|----------------------|----------|-------------|----------------|-----------|
| \$ | JDL Fast Track       | 14:06.24 | Kevin Batt  | Adams State    | 3/14/2014 |
| !  | College Facility     | 14:06.24 | Kevin Batt  | Adams State    | 3/14/2014 |
| &  | JDL DMR Invitational | 14:24.05 | Joe Sansone | North Carolina | 2014      |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

Ali Bahr

**Timing:**

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**PERFORMANCE LIST****#2 Men's 5000 Meters (cont'd)**

|    | <b>Name</b>          | <b>Team</b>   | <b>Time</b> |
|----|----------------------|---------------|-------------|
| 1  | Miller, Andrew       | Elon          | 14:50.00    |
| 2  | Tierney, Aidan       | Elon          | 14:50.00    |
| 3  | Selfors, Dillon      | Elon          | 15:00.00    |
| 4  | Graham, Marcus       | Flagler       | 15:07.32    |
| 5  | Campbell, Noah       | Richmond      | 15:14.77    |
| 6  | Ramirez-Ramos, Erick | Catawba       | 15:43.23    |
| 7  | Schmidt, Henry       | Hagerstown CC | 15:54.89    |
| 8  | McLamb, Xavier       | Methodist     | 16:40.05    |
| 9  | Hanna, Christian     | Wash. and Lee | 16:48.85    |
| 10 | Sabo, Kevin          | Unattached    | 16:53.79    |

**#7 Women's 60m Hurdles**

|    |                      |      |                   |                 |           |
|----|----------------------|------|-------------------|-----------------|-----------|
| \$ | JDL Fast Track       | 7.95 | Brianna Rollins   | Nike            | 1/30/2016 |
| \$ | JDL Fast Track       | 7.95 | Sharika Nelvis    | adidas          | 1/31/2015 |
| !  | College Facility     | 8.12 | Danielle Williams | Johnson C Smith | 3/15/2014 |
| &  | JDL DMR Invitational | 8.11 | Danielle Williams | Unattached      | 2016      |

|    | <b>Name</b>         | <b>Team</b>    | <b>Time</b> |
|----|---------------------|----------------|-------------|
| 1  | Arnold, Tamia       | BSC-Virginia   | 8.65        |
| 2  | Biswal, Divya       | Unattached     | 8.72        |
| 3  | Dunbar, Tania       | BSC-Virginia   | 8.88        |
| 4  | Doherty, Nikki      | Wash. and Lee  | 9.08        |
| 5  | Hazelwood, Daneen   | Columbia Int'l | 9.12        |
| 6  | Idugboe, Tracy      | BSC-Virginia   | 9.25        |
| 7  | Venters, Jada       | BSC-Virginia   | 9.34        |
| 8  | Venancio, Leticia   | Lenoir-Rhyne   | 9.50        |
| 9  | Cundiff, Alli       | Rhodes         | 9.60        |
| 10 | Snodgrass, Hannah   | Roanoke        | 9.82        |
| 11 | Dunlap, Jasmine     | Wingate        | 10.03       |
| 12 | Hurst, Anna         | Wash. and Lee  | 10.06       |
| 13 | Mague, Olivia       | Methodist      | 10.15       |
| 14 | Longood, Parker     | Wash. and Lee  | 10.28       |
| 15 | McEachern, Victoria | Wingate        | 10.59       |
| 16 | Wagstaff, Zoe       | Queens (NC)    | 10.85       |

**#8 Men's 60m Hurdles**

|    |                      |      |                 |                    |           |
|----|----------------------|------|-----------------|--------------------|-----------|
| \$ | JDL Fast Track       | 7.55 | Aleec Harris    | adidas             | 1/31/2015 |
| !  | College Facility     | 7.63 | Michael Dickson | North Carolina A&T | 2/4/2017  |
| &  | JDL DMR Invitational | 7.86 | Moussa Dembele  | Unattached         | 2016      |

|   | <b>Name</b>        | <b>Team</b>       | <b>Time</b> |
|---|--------------------|-------------------|-------------|
| 1 | McGriff, Cedric    | NC A&T            | 7.82        |
| 2 | Miller, Robert     | NC A&T            | 8.01        |
| 3 | Chisholm, Tayshaun | Louisburg College | 8.02        |
| 4 | Reid, Aveon        | Louisburg College | 8.09        |
| 5 | Allphin, Ransom    | BYU               | 8.29        |
| 6 | Brown, Anthony     | Lenoir-Rhyne      | 8.33        |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

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**PERFORMANCE LIST****#8 Men's 60m Hurdles (cont'd)**

|    | <b>Name</b>           | <b>Team</b>       | <b>Time</b> |
|----|-----------------------|-------------------|-------------|
| 7  | Moffo, Landry         | Va Wesleyan       | 8.39        |
| 8  | Compton, Elijah       | Wingate           | 8.50        |
| 9  | Meckes, Ricko         | Queens (NC)       | 8.52        |
| 10 | O'Connor, Joe         | Wash. and Lee     | 8.56        |
| 11 | Pierson-Pace, Zahier  | Lenoir-Rhyne      | 8.59        |
| 12 | Reid, Zachary         | La Verne          | 8.63        |
| 13 | Alston, Naseem        | Louisburg College | 8.72        |
| 14 | Houston, Juwan        | Guilford          | 8.72        |
| 15 | Watters, Seamus       | Wash. and Lee     | 8.78        |
| 16 | Trukawka, Dennis      | Wingate           | 8.84        |
| 17 | Pryce, Aaron          | Wingate           | 8.87        |
| 18 | Dunlap, Mekhi         | Lenoir-Rhyne      | 8.92        |
| 19 | Powell Jr, Anthony    | BSC-Virginia      | 9.03        |
| 20 | Danielsson, Gudmundur | Queens (NC)       | 9.10        |
| 21 | Jackson, Deandre      | Lenoir-Rhyne      | 9.15        |
| 22 | Bohon, Hunter         | Roanoke           | 9.37        |
| 23 | Sarden-Pete, Keyshaun | Methodist         | NT          |
| 24 | Cherry, Allen         | BSC-Virginia      | NT          |

**#26 Women's 4 x 400m Relay**

|    |                      |         |                                     |                 |           |
|----|----------------------|---------|-------------------------------------|-----------------|-----------|
| \$ | JDL Fast Track       | 3:41.61 | Cox, Brown, Dorr, Haye-Smith        | GW Express/Nike | 1/30/2016 |
| !  | College Facility     | 3:43.33 | Elliott, Julius-Williams, Campbell, | Johnson C Smith | 3/15/2014 |
| &  | JDL DMR Invitational | 3:46.46 |                                     | Sprint Tech     | 2016      |

|   | <b>Team</b>       | <b>Time</b> |
|---|-------------------|-------------|
| 1 | W-S State (A)     | 3:44.00     |
| 2 | Wingate (A)       | 3:53.75     |
| 3 | Queens (NC) (A)   | 3:56.00     |
| 4 | Rhodes (A)        | 3:57.05     |
| 5 | Wash. and Lee (A) | 4:09.84     |
| 6 | Roanoke (A)       | 4:11.95     |

**#27 Men's 4 x 400m Relay**

|    |                      |         |                                 |                 |           |
|----|----------------------|---------|---------------------------------|-----------------|-----------|
| \$ | JDL Fast Track       | 3:11.12 | Hyatt, Bingham, Gibson, Jackson | GW Express/Nike | 1/31/2015 |
| !  | College Facility     | 3:12.35 | Sutton, Alowonle, Ways, Lipsey  | North Carolina  | 2/15/2014 |
| &  | JDL DMR Invitational | 3:12.35 | Sutton, Alowonle, Ways, Lipsey  | North Carolina  | 2014      |

|   | <b>Team</b>           | <b>Time</b> |
|---|-----------------------|-------------|
| 1 | Queens (NC) (A)       | 3:19.00     |
| 2 | Louisburg College (A) | 3:20.71     |
| 3 | La Verne (A)          | 3:21.31     |
| 4 | Wash. and Lee (A)     | 3:21.32     |
| 5 | BSC-Virginia (A)      | 3:22.13     |
| 6 | Wingate (A)           | 3:26.32     |
| 7 | Va Wesleyan (A)       | 3:29.78     |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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**PERFORMANCE LIST****#3 Women's 4000m DMR**

|    |                      |          |                                      |          |           |
|----|----------------------|----------|--------------------------------------|----------|-----------|
| \$ | JDL Fast Track       | 11:04.23 | Gregory, Burks Magee, Byrnes, Werner | Arkansas | 2/15/2019 |
| !  | College Facility     | 11:04.23 | Gregory, Burks Magee, Byrnes, Werner | Arkansas | 2/15/2019 |
| &  | JDL DMR Invitational | 11:04.23 | Gregory, Burks Magee, Byrnes, Werner | Arkansas | 2019      |

|   | <b>Team</b>      | <b>Time</b> |
|---|------------------|-------------|
| 1 | Embry-Riddle (A) | 12:07.74    |

**#5 Women's Invite 4000m DMR**

|    |                      |          |                                      |          |           |
|----|----------------------|----------|--------------------------------------|----------|-----------|
| \$ | JDL Fast Track       | 11:04.23 | Gregory, Burks Magee, Byrnes, Werner | Arkansas | 2/15/2019 |
| !  | College Facility     | 11:04.23 | Gregory, Burks Magee, Byrnes, Werner | Arkansas | 2/15/2019 |
| &  | JDL DMR Invitational | 11:04.23 | Gregory, Burks Magee, Byrnes, Werner | Arkansas | 2019      |

|   | <b>Team</b>       | <b>Time</b> |
|---|-------------------|-------------|
| 1 | Virginia Tech (A) | 11:07.08    |
| 2 | Duke (A)          | 11:15.14    |
| 3 | NC State (A)      | 11:15.78    |
| 4 | Utah (A)          | 11:17.26    |
| 5 | Wake Forest (A)   | 11:19.01    |
| 6 | Temple (A)        | 11:23.03    |
| 7 | New Balance (A)   | NT          |

**#4 Men's 4000m DMR**

|    |                      |         |                               |          |           |
|----|----------------------|---------|-------------------------------|----------|-----------|
| \$ | JDL Fast Track       | 9:34.24 | Manahan, DeRay, Engels, Tobin | Ole Miss | 2/18/2017 |
| !  | College Facility     | 9:34.24 | Manahan, DeRay, Engels, Tobin | Ole Miss | 2/18/2016 |
| &  | JDL DMR Invitational | 9:34.24 | Manahan, DeRay, Engels, Tobin | Ole Miss | 2017      |

|   | <b>Team</b>           | <b>Time</b> |
|---|-----------------------|-------------|
| 1 | NC State (A)          | 9:53.59     |
| 2 | Embry-Riddle (A)      | 9:55.14     |
| 3 | Louisburg College (A) | 10:37.98    |
| 4 | Hagerstown CC (A)     | 10:58.07    |

**#6 Men's Invite 4000m DMR**

|    |                      |         |                               |          |           |
|----|----------------------|---------|-------------------------------|----------|-----------|
| \$ | JDL Fast Track       | 9:34.24 | Manahan, DeRay, Engels, Tobin | Ole Miss | 2/18/2017 |
| !  | College Facility     | 9:34.24 | Manahan, DeRay, Engels, Tobin | Ole Miss | 2/18/2016 |
| &  | JDL DMR Invitational | 9:34.24 | Manahan, DeRay, Engels, Tobin | Ole Miss | 2017      |

|   | <b>Team</b>        | <b>Time</b> |
|---|--------------------|-------------|
| 1 | Washington (A)     | 9:28.14     |
| 2 | BYU (A)            | 9:30.14     |
| 3 | Georgetown (A)     | 9:33.06     |
| 4 | Arkansas (A)       | 9:33.97     |
| 5 | North Carolina (A) | 9:34.00     |
| 6 | Virginia Tech (A)  | 9:37.98     |
| 7 | Penn State (A)     | 9:40.00     |
| 8 | Virginia (A)       | 9:45.55     |
| 9 | District TC (A)    | NT          |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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**PERFORMANCE LIST****#28 Women's High Jump****Opening height = 1.47m, progressions = 0.05m**

|    |                      |       |               |                |           |
|----|----------------------|-------|---------------|----------------|-----------|
| \$ | JDL Fast Track       | 1.92m | Erika Kinsey  | Puma           | 2/7/2020  |
| !  | College Facility     | 1.88m | Barbara Szabo | Western State  | 3/15/2015 |
| &  | JDL DMR Invitational | 1.72m | Grace Becker  | William & Mary | 2019      |

|    | Name               | Team          | Mark  |
|----|--------------------|---------------|-------|
| 1  | Greene, Nicole     | Unattached    | 1.85m |
| 2  | Alexander, Kennedy | W-S State     | 1.68m |
| 3  | Gayton, Destiny    | Lenoir-Rhyne  | 1.63m |
| 4  | Castellana, Alexa  | Wash. and Lee | 1.57m |
| 5  | Price, Shacoya     | Queens (NC)   | 1.55m |
| 6  | Green, Leah        | Wash. and Lee | 1.52m |
| 7  | Leonard, Sarah     | Wash. and Lee | 1.50m |
| 8  | Taylor, Elizabeth  | BSC-Virginia  | 1.50m |
| 9  | Grealis, Annelle   | Lenoir-Rhyne  | 1.46m |
| 10 | Lyerly, Diamond    | BSC-Virginia  | 1.45m |
| 11 | Dunbar, Tania      | BSC-Virginia  | NM    |

**#29 Men's High Jump****Opening height = 1.82m, progressions = 0.05m**

|    |                      |       |                     |           |           |
|----|----------------------|-------|---------------------|-----------|-----------|
| \$ | JDL Fast Track       | 2.24m | Kris Kornegay-Gober | NC State  | 12/1/2012 |
| !  | College Facility     | 2.24m | Kris Kornegay-Gober | NC State  | 12/1/2012 |
| &  | JDL DMR Invitational | 2.21m | Trey McRae          | Charlotte | 2015      |

|    | Name                 | Team              | Mark  |
|----|----------------------|-------------------|-------|
| 1  | Riley, Tyler         | Wingate           | 1.95m |
| 2  | O'Connor, Joe        | Wash. and Lee     | 1.94m |
| 3  | Kuntz, Dan           | Wash. and Lee     | 1.88m |
| 4  | Columbus, Brycen     | Va Wesleyan       | 1.86m |
| 5  | Johnson, Terrell     | Unattached        | 1.85m |
| 6  | Wade, Malcolm        | Louisburg College | 1.83m |
| 7  | Chambers, Donterrio  | Methodist         | 1.81m |
| 8  | alexander, trevel    | Guilford          | 1.80m |
| 9  | Barnes, Malcolm      | BSC-Virginia      | 1.80m |
| 10 | Pierson-Pace, Zahier | Lenoir-Rhyne      | 1.78m |
| 11 | Bohon, Hunter        | Roanoke           | 1.75m |
| 12 | Powell Jr, Anthony   | BSC-Virginia      | 1.67m |
| 13 | Alston, Naseem       | Louisburg College | NM    |
| 14 | Sawyer, Cortez       | Wingate           | NM    |

**#30 Women's Pole Vault****Opening height = 2.90m, progressions = 0.15m**

|    |                      |       |                |                       |           |
|----|----------------------|-------|----------------|-----------------------|-----------|
| \$ | JDL Fast Track       | 4.61m | Katie Nageotte | Unattached            | 1/30/2016 |
| !  | College Facility     | 4.40m | Megan Clark    | Duke                  | 1/29/2016 |
| &  | JDL DMR Invitational | 4.10m | 4 athletes     | Virginia, Duke, South | 2016      |

|   | Name           | Team       | Mark  |
|---|----------------|------------|-------|
| 1 | Sheppard, Nati | Unattached | 4.27m |
| 2 | Ward, Chesney  | Duke       | 3.98m |



**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

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**PERFORMANCE LIST****#30 Women's Pole Vault (cont'd)**

|    | <b>Name</b>        | <b>Team</b>    | <b>Mark</b> |
|----|--------------------|----------------|-------------|
| 3  | Drummonds, Taylor  | Unattached     | 3.65m       |
| 4  | Thompson, Kaeli    | Duke           | 3.52m       |
| 5  | Baxter, Lindsey    | Roanoke        | 3.43m       |
| 6  | Seagraves, Leanna  | Montreat       | 3.40m       |
| 7  | Crandall, Isabel   | Unattached     | 3.35m       |
| 8  | Jones, Murfee      | Wash. and Lee  | 3.20m       |
| 9  | Colenda, Katie     | Montreat       | 3.20m       |
| 10 | Harding, Ashleigh  | Columbia Int'l | 3.05m       |
| 11 | Triplett, Lacey    | Lenoir-Rhyne   | 3.05m       |
| 12 | Bogert, Daphne     | Unattached     | 3.00m       |
| 13 | Capps, Heather     | Lenoir-Rhyne   | 2.90m       |
| 14 | Johnson, Victoria  | Lenoir-Rhyne   | 2.90m       |
| 15 | DeAugustino, Emily | Queens (NC)    | 2.60m       |
| 16 | Krause, Clarece    | Methodist      | NM          |

**#31 Men's Pole Vault****Opening height = 3.45m, progressions = 0.15m**

|    |                      |       |               |            |           |
|----|----------------------|-------|---------------|------------|-----------|
| \$ | JDL Fast Track       | 5.46m | Scott Houston | Unattached | 2/2/2019  |
| !  | College Facility     | 5.35m | Keon Howe     | Charlotte  | 12/8/2019 |
| &  | JDL DMR Invitational | 5.31m | Tray Oates    | Samford    | 2015      |

|    | <b>Name</b>           | <b>Team</b>    | <b>Mark</b> |
|----|-----------------------|----------------|-------------|
| 1  | Suarez, Esteban       | Duke           | 5.15m       |
| 2  | Scott, Jason          | Unattached     | 5.06m       |
| 3  | Davis, Jacob          | Unattached     | 5.00m       |
| 4  | Rowan, Cole           | Duke           | 4.95m       |
| 5  | O'Connor, Joe         | Wash. and Lee  | 4.76m       |
| 6  | James, John Hunter    | Columbia Int'l | 4.75m       |
| 7  | Nicholson, Daniel     | Lenoir-Rhyne   | 4.65m       |
| 8  | Ward, Chandler        | Unattached     | 4.63m       |
| 9  | Hesske, Marcus        | Unattached     | 4.55m       |
| 10 | Sims, Shep            | Wash. and Lee  | 4.45m       |
| 11 | Rimmer, Blake         | Columbia Int'l | 4.40m       |
| 12 | Danielsson, Gudmundur | Queens (NC)    | 4.25m       |
| 13 | Adkinson, Zach        | Lenoir-Rhyne   | 4.15m       |
| 14 | Evans, Drew           | Unattached     | 4.10m       |
| 15 | Kopp, Andy            | Wingate        | 3.90m       |
| 16 | Crotty, Stephen       | Queens (NC)    | 3.80m       |
| 17 | Davis, Kaleb          | Lenoir-Rhyne   | 3.70m       |
| 18 | Bobbitt, Tommy        | Queens (NC)    | 3.65m       |
| 19 | Halverson, Bill       | Unattached     | 3.65m       |
| 20 | Trukawka, Dennis      | Wingate        | 2.80m       |

**#32 Women's Long Jump**

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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**PERFORMANCE LIST****#32 Women's Long Jump (cont'd)**

|    |                      |       |                |                 |           |
|----|----------------------|-------|----------------|-----------------|-----------|
| \$ | JDL Fast Track       | 6.25m | Kate Hall      | Unattached      | 2/1/2019  |
| \$ | JDL Fast Track       | 6.25m | Julienne McKee | Unattached      | 2/20/2016 |
| !  | College Facility     | 6.25m | Monae Nichols  | Bethune-Cookman | 2/11/2020 |
| &  | JDL DMR Invitational | 6.25m | Julienne McKee | Unattached      | 2016      |

|    | Name                 | Team          | Mark  |
|----|----------------------|---------------|-------|
| 1  | Whisby, Aliyah       | Unattached    | 6.82m |
| 2  | Biswal, Divya        | Unattached    | 6.30m |
| 3  | Price, Shacoya       | Queens (NC)   | 5.34m |
| 4  | Venters, Jada        | BSC-Virginia  | 5.33m |
| 5  | Castellana, Alexa    | Wash. and Lee | 5.14m |
| 6  | Harris, Eden         | Unattached    | 5.02m |
| 7  | Hertzberg, Elizabeth | Wash. and Lee | 4.83m |
| 8  | Portis, Nia          | Wingate       | 4.81m |
| 9  | Sargeant, Ranicha    | Guilford      | 4.80m |
| 10 | Arnold, Tamia        | BSC-Virginia  | 4.75m |
| 11 | Pitts, Zarea         | Guilford      | 4.55m |
| 12 | Longood, Parker      | Wash. and Lee | 4.29m |
| 13 | Alvarez, Shelice     | Guilford      | 3.42m |
| 14 | Grealis, Annelle     | Lenoir-Rhyne  | NM    |
| 15 | Guions, Nyzella      | Methodist     | NM    |

**#33 Men's Long Jump**

|    |                      |       |                    |                |            |
|----|----------------------|-------|--------------------|----------------|------------|
| \$ | JDL Fast Track       | 7.81m | Mikese Morse       | Unattached     | 11/16/2013 |
| !  | College Facility     | 7.76m | Andre Dorsey       | Kennesaw State | 2/21/2014  |
| &  | JDL DMR Invitational | 7.69m | Yann Randrianasolo | South Carolina | 2018       |

|    | Name                  | Team              | Mark  |
|----|-----------------------|-------------------|-------|
| 1  | Coker, DeJon          | BSC-Virginia      | 7.03m |
| 2  | Johnson, Terrell      | Unattached        | 7.02m |
| 3  | Harris, Khalil        | BSC-Virginia      | 7.02m |
| 4  | Roberts, Geni         | Va Wesleyan       | 7.00m |
| 5  | alexander, trevel     | Guilford          | 6.76m |
| 6  | Polite, Brandon       | BSC-Virginia      | 6.72m |
| 7  | Brown, Anthony        | Lenoir-Rhyne      | 6.71m |
| 8  | Lewis, Kendrick       | Louisburg College | 6.70m |
| 9  | Meckes, Ricko         | Queens (NC)       | 6.67m |
| 10 | Johnson, Tyrone       | BSC-Virginia      | 6.67m |
| 11 | Dorsey, Kyahl         | Guilford          | 6.50m |
| 12 | Carter, Anthony       | La Verne          | 6.41m |
| 13 | Riley, Tyler          | Wingate           | 6.40m |
| 14 | Koroma, Amara         | BSC-Virginia      | 6.36m |
| 15 | Breece, Josh          | Wash. and Lee     | 6.35m |
| 16 | Pierson-Pace, Zahier  | Lenoir-Rhyne      | 6.23m |
| 17 | Talbert, Isaiiah      | Lenoir-Rhyne      | 6.17m |
| 18 | Bohon, Hunter         | Roanoke           | 5.97m |
| 19 | Sarden-Pete, Keyshaun | Methodist         | 5.94m |
| 20 | Matthews, Anthony     | Methodist         | 5.92m |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

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**#33 Men's Long Jump (cont'd)**

|    | <b>Name</b>             | <b>Team</b>  | <b>Mark</b> |
|----|-------------------------|--------------|-------------|
| 21 | Bobbitt, Tommy          | Queens (NC)  | 5.86m       |
| 22 | Johnson, Aaron "Ronnie" | Va Wesleyan  | 5.85m       |
| 23 | Alston, Cory            | Va Wesleyan  | 5.83m       |
| 24 | Helberg, Harris         | Queens (NC)  | 5.70m       |
| 25 | Hardy, Derick           | Methodist    | 5.61m       |
| 26 | Dazzell, Dominic        | BSC-Virginia | 5.57m       |

**#34 Women's Triple Jump**

|    |                      |        |                  |                |           |
|----|----------------------|--------|------------------|----------------|-----------|
| \$ | JDL Fast Track       | 13.08m | Imani Oliver     | Unattached     | 2/2/2019  |
| !  | College Facility     | 13.01m | Kearah Danville  | Angelo State   | 3/15/2014 |
| &  | JDL DMR Invitational | 12.37m | Peighton Simmons | North Carolina | 2018      |

|    | <b>Name</b>          | <b>Team</b>    | <b>Mark</b> |
|----|----------------------|----------------|-------------|
| 1  | Lane, Jaylyn         | Va Wesleyan    | 11.04m      |
| 2  | Lyerly, Diamond      | BSC-Virginia   | 10.81m      |
| 3  | Price, Shacoya       | Queens (NC)    | 10.76m      |
| 4  | Rembert, Sedajah     | Columbia Int'l | 10.75m      |
| 5  | Dunbar, Tania        | BSC-Virginia   | 10.65m      |
| 6  | Gayton, Destiny      | Lenoir-Rhyne   | 10.64m      |
| 7  | Longood, Parker      | Wash. and Lee  | 10.34m      |
| 8  | Bowman, Maigan       | Lenoir-Rhyne   | 10.20m      |
| 9  | Portis, Nia          | Wingate        | 10.08m      |
| 10 | Green, Leah          | Wash. and Lee  | 9.96m       |
| 11 | Hertzberg, Elizabeth | Wash. and Lee  | 9.78m       |
| 12 | Taylor, Elizabeth    | BSC-Virginia   | NM          |

**#35 Men's Triple Jump**

|    |                      |        |                    |                   |           |
|----|----------------------|--------|--------------------|-------------------|-----------|
| \$ | JDL Fast Track       | 15.85m | Michael Tiller     | Unattached        | 2/3/2018  |
| !  | College Facility     | 15.83m | Anthony Campbell   | Charlotte         | 12/5/2015 |
| &  | JDL DMR Invitational | 15.44m | Anthony Applequist | Keiser University | 2019      |

|    | <b>Name</b>             | <b>Team</b>   | <b>Mark</b> |
|----|-------------------------|---------------|-------------|
| 1  | Roberts, Geni           | Va Wesleyan   | 14.25m      |
| 2  | Powell Jr, Anthony      | BSC-Virginia  | 13.37m      |
| 3  | Johnson, Tyrone         | BSC-Virginia  | 13.26m      |
| 4  | Kuntz, Dan              | Wash. and Lee | 13.08m      |
| 5  | Trukawka, Dennis        | Wingate       | 13.01m      |
| 6  | Breece, Josh            | Wash. and Lee | 12.99m      |
| 7  | Talbert, Isaiah         | Lenoir-Rhyne  | 12.53m      |
| 8  | Dorsey, Kyahl           | Guilford      | 12.44m      |
| 9  | Johnson, Aaron "Ronnie" | Va Wesleyan   | 12.23m      |
| 10 | Brown, Elijah           | Va Wesleyan   | 11.79m      |
| 11 | Dunn, Meredith          | Va Wesleyan   | 11.40m      |
| 12 | Ashley, Tyrone          | Methodist     | NM          |
| 13 | Sawyer, Cortez          | Wingate       | NM          |
| 14 | Barnes, Malcolm         | BSC-Virginia  | NM          |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

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**PERFORMANCE LIST****#36 Women's Shot Put****First legal throw, then must be past 10m mark**

|    |                      |        |                 |                 |          |
|----|----------------------|--------|-----------------|-----------------|----------|
| \$ | JDL Fast Track       | 17.84m | Raven Saunders  | Nike            | 2/8/2020 |
| !  | College Facility     | 16.29m | Portious Warren | Central Arizona | 3/5/2016 |
| &  | JDL DMR Invitational | 16.13m | Lauren Evans    | NC State        | 2018     |

|    | <b>Name</b>         | <b>Team</b>   | <b>Mark</b> |
|----|---------------------|---------------|-------------|
| 1  | Lynch, Janese       | Unattached    | 15.16m      |
| 2  | Dawson, Chanel      | Wake Forest   | 13.79m      |
| 3  | Drayton, Autumn     | Lenoir-Rhyne  | 13.44m      |
| 4  | Carmichael, To'mara | Queens (NC)   | 13.06m      |
| 5  | Platt, Carly        | Wingate       | 12.29m      |
| 6  | Jackson, Olivia     | Lenoir-Rhyne  | 12.14m      |
| 7  | Gardin, Taylor      | Lenoir-Rhyne  | 12.00m      |
| 8  | Hopkins, Avianna    | Queens (NC)   | 11.60m      |
| 9  | McEachern, Victoria | Wingate       | 11.23m      |
| 10 | Creed, Darcy        | Wash. and Lee | 11.21m      |
| 11 | Frisby, Deasha      | Methodist     | 10.73m      |
| 12 | Dubiel, Alexis      | Queens (NC)   | 10.64m      |
| 13 | Waddell, Alexis     | Guilford      | 9.69m       |
| 14 | higgins, micheleigh | Guilford      | 9.08m       |
| 15 | Taylor, Elizabeth   | BSC-Virginia  | 8.87m       |
| 16 | Garland, Bryonna    | BSC-Virginia  | 8.46m       |
| 17 | Venters, Jada       | BSC-Virginia  | 8.29m       |
| 18 | Hall, Victoria      | Methodist     | 8.09m       |
| 19 | O'Neal, Kyia        | Guilford      | 7.85m       |
| 20 | Douglas, Ashley     | Methodist     | NM          |

**#37 Men's Shot Put****First legal throw, then must be past 12m mark**

|    |                      |        |               |             |           |
|----|----------------------|--------|---------------|-------------|-----------|
| \$ | JDL Fast Track       | 19.50m | Wesley Lavong | Adams State | 3/15/2014 |
| !  | College Facility     | 19.50m | Wesley Lavong | Adams State | 3/15/2014 |
| &  | JDL DMR Invitational | 18.57m | Jake Deaton   | Unattached  | 2015      |

|    | <b>Name</b>     | <b>Team</b>       | <b>Mark</b> |
|----|-----------------|-------------------|-------------|
| 1  | Mathis, Connor  | Wake Forest       | 15.15m      |
| 2  | Poe, Jason      | Lenoir-Rhyne      | 14.85m      |
| 3  | Austin, Ivan    | BSC-Virginia      | 14.79m      |
| 4  | Wright, Evans   | Queens (NC)       | 14.50m      |
| 5  | Roberts, Jay    | Wash. and Lee     | 14.41m      |
| 6  | Hatley, Dalton  | Lenoir-Rhyne      | 14.36m      |
| 7  | Wagner, Jason   | Wake Forest       | 13.62m      |
| 8  | Owusu, Abel     | Va Wesleyan       | 13.23m      |
| 9  | Waluga, Amadeus | Queens (NC)       | 13.19m      |
| 10 | Horton, Ellis   | Lenoir-Rhyne      | 13.18m      |
| 11 | Govan, Cosray   | Va Wesleyan       | 13.09m      |
| 12 | Chapman, Kevon  | BSC-Virginia      | 13.04m      |
| 13 | Kyles, Jamison  | Louisburg College | 12.91m      |
| 14 | Smulsky, Tom    | Wash. and Lee     | 12.24m      |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

Ali Bahr

**Timing:**

Rhodes Race Timing

**OFFICIAL MEET REPORT**

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|-------------------------|
| <b>PERFORMANCE LIST</b> |
|-------------------------|

**#37 Men's Shot Put (cont'd)**

|    | <b>Name</b>          | <b>Team</b>       | <b>Mark</b> |
|----|----------------------|-------------------|-------------|
| 15 | English, Timothy     | Louisburg College | 12.03m      |
| 16 | Voyles, Kevin        | Methodist         | 11.79m      |
| 17 | Bee, Jacob           | Queens (NC)       | 11.70m      |
| 18 | Mears-Denison, Shawn | Wingate           | 11.69m      |
| 19 | Dalmasi, AJ          | Guilford          | 11.39m      |
| 20 | Williams, Kamari     | Louisburg College | 11.11m      |
| 21 | Wilson, Seth         | Methodist         | 10.88m      |
| 22 | Brooks, Andriquez    | Guilford          | 10.43m      |
| 23 | Patterson, Jon       | Methodist         | 10.42m      |
| 24 | Mesa, Michael        | Guilford          | 9.48m       |
| 25 | Barnes, Malcolm      | BSC-Virginia      | 8.30m       |
| 26 | Powell Jr, Anthony   | BSC-Virginia      | 7.77m       |

**#38 Women's Weight Throw****First legal throw, then must be past 12m mark**

|    |                      |        |                   |            |           |
|----|----------------------|--------|-------------------|------------|-----------|
| \$ | JDL Fast Track       | 23.58m | Amber Campbell    | Unattached | 1/29/2016 |
| !  | College Facility     | 21.18m | Marthaline Cooper | Winthrop   | 2/26/2017 |
| &  | JDL DMR Invitational | 23.18m | Amber Campbell    | Unattached | 2017      |

|    | <b>Name</b>         | <b>Team</b>   | <b>Mark</b> |
|----|---------------------|---------------|-------------|
| 1  | Drayton, Autumn     | Lenoir-Rhyne  | 16.47m      |
| 2  | Carmichael, To'mara | Queens (NC)   | 16.44m      |
| 3  | Andreassen, Katrina | Wake Forest   | 15.08m      |
| 4  | Hopkins, Avianna    | Queens (NC)   | 14.99m      |
| 5  | Platt, Carly        | Wingate       | 14.99m      |
| 6  | Gardin, Taylor      | Lenoir-Rhyne  | 14.47m      |
| 7  | Love, Emma          | Queens (NC)   | 14.09m      |
| 8  | Lowe, Jocelyn       | Lenoir-Rhyne  | 13.93m      |
| 9  | McEachern, Victoria | Wingate       | 12.70m      |
| 10 | Creed, Darcy        | Wash. and Lee | 11.56m      |
| 11 | Waddell, Alexis     | Guilford      | 9.11m       |
| 12 | O'Neal, Kyia        | Guilford      | 8.34m       |

**#39 Men's Weight Throw****First legal throw, then must be past 12m mark**

|    |                      |        |            |          |           |
|----|----------------------|--------|------------|----------|-----------|
| \$ | JDL Fast Track       | 23.24m | Josh Davis | NC State | 12/3/2017 |
| !  | College Facility     | 23.24m | Josh Davis | NC State | 12/3/2017 |
| &  | JDL DMR Invitational | 22.92m | Josh Davis | NC State | 2018      |

|   | <b>Name</b>    | <b>Team</b>   | <b>Mark</b> |
|---|----------------|---------------|-------------|
| 1 | White, Andrew  | Wake Forest   | 18.42m      |
| 2 | Wright, Evans  | Queens (NC)   | 16.77m      |
| 3 | Bee, Jacob     | Queens (NC)   | 15.46m      |
| 4 | Roberts, Jay   | Wash. and Lee | 14.44m      |
| 5 | Sigmon, Dawson | Lenoir-Rhyne  | 14.24m      |
| 6 | Austin, Ivan   | BSC-Virginia  | 14.01m      |
| 7 | Horton, Ellis  | Lenoir-Rhyne  | 13.82m      |

**JDL DMR INVITATIONAL**

Winston-Salem, NC

JDL Fast Track

Weather: 68 degrees, no wind

Host: JDL Fast Track

2/21/2020 - 2/22/2020

**MEET OFFICIALS****Meet Director:**

Ali Bahr

**Timing:**

Rhodes Race Timing

**OFFICIAL MEET REPORT**

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**PERFORMANCE LIST****#39 Men's Weight Throw (cont'd)**

|    | <b>Name</b>          | <b>Team</b>       | <b>Mark</b> |
|----|----------------------|-------------------|-------------|
| 8  | Chapman, Kevon       | BSC-Virginia      | 13.74m      |
| 9  | Govan, Cosray        | Va Wesleyan       | 12.81m      |
| 10 | Waluga, Amadeus      | Queens (NC)       | 12.77m      |
| 11 | Owusu, Abel          | Va Wesleyan       | 12.60m      |
| 12 | Gross, Austin        | Lenoir-Rhyne      | 12.36m      |
| 13 | English, Timothy     | Louisburg College | 12.27m      |
| 14 | Kyles, Jamison       | Louisburg College | 11.62m      |
| 15 | Smulsky, Tom         | Wash. and Lee     | 11.50m      |
| 16 | Mears-Denison, Shawn | Wingate           | 11.36m      |
| 17 | Patterson, Jon       | Methodist         | 11.33m      |
| 18 | Brooks, Andriquez    | Guilford          | 11.23m      |
| 19 | Dalmasi, AJ          | Guilford          | 11.10m      |
| 20 | Thigpen, James       | Methodist         | 8.93m       |
| 21 | Mesa, Michael        | Guilford          | 8.02m       |
| 22 | Clark, Andrew        | Methodist         | NM          |