

**UAB VULCAN INVITE
MEET SCHEDULE
SATURDAY JANUARY 12TH 2019
(TENTATIVE AS OF 11/13/2018)**

RUNNING EVENTS (WOMEN THEN MEN)

9:50A – NATIONAL ANTHEM

10:00A – 5,000M

11:00A – MILE

12:00P – 400M

1:00P – 60M PRELIMS

1:30P – 60H PRELIMS

2:30P – 60M FINAL

2:40P – 60H FINAL

2:45 – ALUMINI RECOGNITION

3:00P – 800M

4:00P – 200M

5:30P – 3,000M INVITE

6:15P – 4x400M RELAY

****ALL RUNNING EVENTS WOMEN THEN MEN**

FIELD EVENTS

8:00A

MEN'S SHOT PUT

11:30A

WOMEN'S SHOT PUT

3:00P

MEN'S WEIGHT THROW

6:30P

WOMEN'S WEIGHT THROW

10:00A

MEN'S HIGH JUMP

MEN'S LONG JUMP

WOMEN'S LONG JUMP

WOMEN'S POLE VAULT

3:00P

MEN'S TRIPLE JUMP

WOMEN'S TRIPLE JUMP

MEN'S POLE VAULT

WOMEN'S HIGH JUMP

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