



MIAA INDOOR AND OUTDOOR MEET RECORDS



[AS OF APRIL 2024]

MIAA Men's Indoor Records

60m.....	6.65	Kimour Bruce, LU (2011)
200m.....	20.97	Carlton Hosten, LU (2020)
400m.....	46.33	Braylen Brewer, PSU (2022)
600y.....	1:09.34	Bob Thomas, SEMSU (1983)
800m.....	1:49.45	Decano Cronin, FHSU (2018)
Mile.....	4:06.64	Luke Stuckey, UNK (2023)
3000m.....	7:57.96	Ryan Riddle, MSSU (2023)
5000m.....	14:04.09	Gidieon Kimutai, MSSU (2021)
60m Hurdles.....	7.56	Cordell Tinch, PSU (2023)
4x400 Relay.....	3:09.19	Pittsburg State (2022)
DMR.....	9:42.84	Missouri Southern (2023)
High Jump.....	2.22m	Cordell Tinch, PSU (2023)
Pole Vault.....	5.47m	Reagan Ulrich, UCM (2024)
Long Jump.....	7.76m	Danny Holland, UCM (1986)
Triple Jump.....	16.28m	Keith Presberry, SEMSU (1986)
Shot Put.....	20.07m	Rajindra Campbell, MSSU (2020)
Weight Throw.....	23.13m	Peyton Barton, MSSU (2024)
Heptathlon.....	5,615	Jayce Thomas, MSSU (2016)

MIAA Women's Indoor Records

60m.....	7.32	Shenese Walker, LU (2023)
200m.....	23.55	Diandrenique Gains, PSU (2024)
400m.....	52.65	Tiffany Hughey, NW (2024)
600y.....	1:19.66	Luisarys Toledo, NW (2023)
800m.....	2:07.67	Jhevere Hall, LU (2016)
Mile.....	4:53.54	Caroline Cunningham, NW (2022)
3000m.....	9:49.28	Jenna Ramsey, ESU (2022)
5000m.....	16:56.63	Katherine Sitzes, SBU (2017)
60m Hurdles.....	8.20	Kiara Smith, MSSU (2023)
4x400 Relay.....	3:40.84	Lincoln (2024)
DMR.....	11:51.96	Northwest Missouri (2023)
High Jump.....	1.82m	Erika Kinsey, UCM (2015)
Pole Vault.....	4.22m	Haven Lander, PSU (2021)
Long Jump.....	6.13m	Melanie Lewis, PSU (1996)
Triple Jump.....	13.31m	Nkeiruka Domike, UNO (2011)
Shot Put.....	16.13m	Payton Roberts, MSSU (2020)
Weight Throw.....	20.40m	Heavin Warner, UCM (2016)
Pentathlon.....	3,961	Lindsay Lettow, UCM (2011)

MIAA Men's Outdoor Records

100m.....	10.14	NaRon Rollins, PSU (2018)
200m.....	20.50	Brian Dzingai, TSU (2001)
400m.....	46.15	Reuben Nichols, LU (2022)
800m.....	1:49.98	Decano Cronin, FHSU (2017)
1500m.....	3:44.70	Ryan Cox, NW (2017)
5000m.....	14:22.66	Mark Curp, UCM (1981)
10,000m.....	29:16.96	Mark Curp, UCM (1981)
110m Hurdles.....	13.43	Louis Rollins, PSU (2022)
400m Hurdles.....	50.79	Troy Whyte, LU (2022)
Steeplechase.....	8:42.50	Reece Smith, NW (2022)
4x100.....	39.88	Central Missouri (2024)
4x400.....	3:09.56	Emporia State (2019)
High Jump.....	2.26m	Bob Sundell, NWMSU (1988)
Pole Vault.....	5.37m	Cole Phillips, UCM (2015)
Long Jump.....	7.90m	Ryan Brown, LU (2019)
Triple Jump.....	16.13m	Duane Brisbon, UCM (2002)
Shot Put.....	20.43m	Garrett Appier, PSU (2016)
Discus.....	58.16m	Max Alonso, FHSU (2013)
Hammer.....	67.89m	Peyton Barton, MSSU (2024)
Javelin.....	75.49m	Brett Thompson, PSU (2021)
Decathlon.....	7,881	John Schwepker, SEMSU (1988)

MIAA Women's Outdoor Records

100m.....	11.20	Beverly Grant, LU (1997)
200m.....	23.06	Lorraine Graham, LU (1997)
.....	23.06	Judith Riley, LU (2011)
400m.....	52.07	Tiffany Hughey, NW (2024)
800m.....	2:06.41	Kelly-Ann Beckford, LU (2022)
1500m.....	4:30.23	Kaura Burne, SEMSU (1986)
5000m.....	16:46.93	Kimi Shank, MSSU (2010)
10,000m.....	34:37.10	Darla Curp-Moberly, UCM (1986)
100m Hurdles.....	13.22	Ladonna Richards, LU (2015)
400m Hurdles.....	57.70	Yanique Haye, LU (2012)
Steeplechase.....	10:28.69	Caroline Cunningham, NW (2023)
4x100.....	44.46	Pittsburg State (2024)
4x400.....	3:35.77	Lincoln (1997)
High Jump.....	1.92m	Erika Kinsey, UCM (2015)
Pole Vault.....	4.43m	Emily Presley, MSSU (2017)
Long Jump.....	6.38m	Nickeisha Beaumont, LU (2012)
Triple Jump.....	13.31m	Diana Cauldwell, LU (2018)
Shot Put.....	16.40m	Heather Leverington, ESU (2002)
Discus.....	55.52m	Desirea Buerge, MSSU (2019)
Hammer.....	67.10m	Heavin Warner, UCM (2015)
Javelin.....	52.57m	Elizabeth Pomatto, MSSU (2021)
Heptathlon.....	5,419	Mattie Flanagan, PSU (2023)