

MIAA Indoor Track & Field Championship

Schedule of Events

Friday, Feb. 23

Combined Events

2:00	Heptathlon 60m Dash	Men
2:30	Pentathlon 60m Hurdles	Women
2:35	Heptathlon Long Jump	Men
3:10	Pentathlon High Jump	Women
3:45	Heptathlon Shot Put	Men
5:00	Pentathlon Shot Put	Women
5:00	Heptathlon High Jump	Men
5:45	Pentathlon Long Jump	Women
7:00	Pentathlon 800m	Women

Saturday, Feb 24

Combined Events

11:00	60m Hurdles	Men
11:45	Pole Vault	Men
*2:45	1000m	Men

Field Events

3:00 PM	Weight Throw	Men
	Long Jump	Women

Running Events

3:30	60m Hurdles (prelims)	Men
3:40	60m Hurdles (prelims)	Women
3:50	60m Dash (prelims)	Men
4:00	60m Dash (prelims)	Women
4:10	400m Dash (prelims)	Men
4:25	400m Dash (prelims)	Women
4:40	600y Dash (prelims)	Men
4:55	600y Dash (prelims)	Women
5:10	800m Run (prelims)	Men
5:25	800m Run (prelims)	Women
5:40	200m Dash (prelims)	Men
5:55	200m Dash (prelims)	Women
6:10	5,000m Run	Men
6:35	5,000m Run	Women
7:05	Distance Medley Relay	Men
7:25	Distance Medley Relay	Women

5:30 PM	Weight Throw	Women
	Long Jump	Men

5:30 PM	High Jump	Women
	High Jump	Men

Sunday, Feb 25

Running Events

1:30 PM	1 Mile Run	Men
1:45 PM	1 Mile Run	Women
2:05 PM	60m Hurdles	Men
2:10 PM	60m Hurdles	Women
2:15 PM	60m Dash	Men
2:20 PM	60m Dash	Women
2:30 PM	400m Dash	Men
2:40 PM	400m Dash	Women
2:50 PM	600y Dash	Men
3:00 PM	600y Dash	Women
3:10 PM	800m Run	Men
3:15 PM	800m Run	Women
3:25 PM	200m Dash	Men
3:30 PM	200m Dash	Women
3:40 PM	3,000m Run	Men
4:10 PM	3,000m Run	Women
4:40 PM	4x400m Relay	Men
4:55 PM	4x400m Relay	Women
5:15 PM	Awards Presentation	

Field Events

12:00 PM	Shot Put	Men
	Triple Jump	Women
	Pole Vault	Men
2:30 PM	Shot Put	Women
	Triple Jump	Men
	Pole Vault	Women