

**2013 MIAA Indoor Track and Field
Championships
University of Central Missouri
February 22nd – 24th, 2013**

Friday, February 22nd

Combined Events

3:00 PM	Pent. 60 Hurdles	W
*3:30	Hept. 60 Meters	M
*3:50	Pent. High Jump	W
*4:15	Hept. Long Jump	M
*5:15	Hept. Shot Put	M
*6:15	Pent. Shot Put	W
*6:30	Hept. High Jump	M
*7:15	Pent. Long Jump	W
*8:15	Pent. 800 Meters	W

Saturday, February 23rd

Combined Events

9:30 AM	Hept. 60 Hurdles	M
*10:30	Hept. Pole Vault	M
*1:00	Hept. 1000 Meters	M

*Estimated Start Time

Saturday February 23rd

Field Events

1:45 PM	Triple Jump	M
	Triple Jump	W
	High Jump	M
	Pole Vault	W
	Weight Throw	W
	Shot Put	M

Running Events

4:00 PM	60 Hurdles (Prelim)	M
4:15	60 Hurdles (Prelim)	W
4:30	60 Meters (Prelim)	M
4:45	60 Meters (Prelim)	W
5:00	400 Meters (Prelim)	M
5:20	400 Meters (Prelim)	W
5:40	600 Yards (Prelim)	M
5:55	600 Yards (Prelim)	W
6:15	800 Meters (Prelim)	M
6:35	800 Meters (Prelim)	W
6:55	200 Meters (Prelim)	M
7:15	200 Meters (Prelim)	W
7:35	5000 Meters	M
8:10	5000 Meters	W
8:35	Distance Medley Relay	M
8:50	Distance Medley Relay	W

Sunday February 24th

Field Events

10:00 AM	Long Jump	W
	Long Jump	M
	High Jump	W
	Pole Vault	M
	Weight Throw	M
	Shot Put	W

Running Events

12:15 PM	Mile	M
12:30	Mile	W
12:50	60 Hurdles	M
12:55	60 Hurdles	W
1:00	60 Meters	M
1:05	60 Meters	W
1:15	400 Meters	M
1:25	400 Meters	W
1:35	600 Yards	M
1:45	600 Yards	W
1:55	800 Meters	M
2:00	800 Meters	W
2:10	200 Meters	M
2:15	200 Meters	W
2:25	3000 Meters	M
2:50	3000 Meters	W
3:15	4 x 440 Relay	M
3:30	4 x 440 Relay	W