### Women's Track Season Bests

<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Time/Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>60</td>
<td>Gladys Njoku</td>
<td>7.97</td>
</tr>
<tr>
<td>200</td>
<td>Gladys Njoku</td>
<td>27.79</td>
</tr>
<tr>
<td>400</td>
<td>Melissa Gibbons</td>
<td>1:05.32</td>
</tr>
<tr>
<td>800</td>
<td>Kasey Suszko</td>
<td>2:20.46</td>
</tr>
<tr>
<td>Mile</td>
<td>Amy Regan</td>
<td>4:51.32</td>
</tr>
<tr>
<td>3,000</td>
<td>Amy Regan</td>
<td>9:30.80</td>
</tr>
<tr>
<td>5,000</td>
<td>Amy Regan</td>
<td>16:23.40</td>
</tr>
<tr>
<td>60-Hurdles</td>
<td>Gina Salmins</td>
<td>9.89</td>
</tr>
</tbody>
</table>

### 2016 ECAC Qualifiers

- Mary Visca - Mile
- Mary Visca - 3,000
- Amy Regan - 3,000
- Amy Regan - 5,000
- Women’s DMR
- Gladys Njoku - High Jump
- Katie Weeks - Shot Put

### DIII Top-25

- 3,000 - Amy Regan 1st
- 5,000 - Amy Regan 1st
- Mile - Amy Regan 3rd
- DMR - 20th
- High Jump - Gladys Njoku 1st

### Women's Relays Season Bests

- 4X400 - Endres, Metzheiser, Rokicsak, Suszko 4:19.59
- DMR - Visca, Endres, Rokicsak, Regan 12:04.16

### Women's Field Season Bests

- High Jump - Gladys Njoku 1.75m
- Long Jump - Gladys Njoku 5.17m
- Triple Jump - Gina Salmins 10.05m
- Shot Put - Katie Weeks 12.75m
- Wt. Throw - Katie Weeks 13.37m

### School Records

- Shot Put - Katie Weeks 12.75m
- 3,000 - Amy Regan 9:30.80
- 5,000 - Amy Regan 16:23.40
- DMR - 12:04.16
- 60 - Gladys Njoku 7.97
- Long Jump - Gladys Njoku 5.17m
- 1,000 - Mary Visca 2:59.09
- Mile - Amy Regan 4:51.32