2024 Outdoor Track and Field Championship Schedule of Events

Holloway Field and Ley Track – Rice University – Houston, Texas

Thursday, May 9

COMBINED EVENTS

12:00 p.m.	100m	Men
	Long Jump	Men
	Shot Put	Men
	High Jump	Men
	400m	Men
12:30 p.m.	100M Hurdles	Women
	High Jump	Women
	Shot Put	Women
	200m	Women

FIELD EVENTS

12:00 p.m.	Hammer	Women	Finals
3:00 p.m.	Hammer	Men	Finals
3:00 p.m.	Pole Vault	Women	Finals
6:00 p.m.	Pole Vault	Men	Finals
6:00 p.m.	Javelin	Women	Finals

RUNNING EVENTS

7:00 p.m.	National Anthem		
7:15 p.m.	1500m	Women	Trials
7:25 p.m.	1500m	Men	Trials
7:40 p.m.	200m	Women	Trials
7:55 p.m.	200m	Men	Trials
8:10 p.m.	400m Hurdles	Women	Trials
8:25 p.m.	400m Hurdles	Men	Trials
8:40 p.m.	10,000m	Women	Finals
9:20 p.m.	10,000m	Men	Final

Friday, May 10

COMBINED EVENTS

11:00 a.m.	110m Hurdles	Men
	Discus	Men
	Pole Vault	Men
	Javelin	Men
	1500m	Men
11:30 a.m.	Long Jump	Women
	Javelin	Women
	800m	Women

FIELD EVENTS

3:00 p.m.	Shot	Men	Finals
3:00 p.m.	Long Jump	Women	Finals
6:00 p.m.	Shot	Women	Finals
6:00 p.m.	Long Jump	Men	Finals

RUNNING EVENTS

6:30 p.m.	National Anthem		
6:45 p.m.	100m Hurdles	Women	Trials
7:00 p.m.	110m Hurdles	Men	Trials
7:15 p.m.	400m	Women	Trials
7:45 p.m.	400m	Men	Trials
8:00 p.m.	100m	Women	Trials
8:15 p.m.	100m	Men	Trials
8:30 p.m.	800m	Women	Trials
8:45 p.m.	800m	Men	Trials
9:00 p.m.	3000m SC	Women	Finals
9:20 p.m.	3000m SC	Men	Finals

Saturday, May 11

FIELD EVENTS

12:00 p.m.	Discus	Women	Finals
3:00 p.m.	High Jump	Men	Finals
3:00 p.m.	Triple Jump	Women	Finals
3:00 p.m.	Discus	Men	Finals
6:00 p.m.	Triple Jump	Men	Finals
6:00 p.m.	High Jump	Women	Finals
6:00 p.m.	Javelin	Men	Finals

RUNNING EVENTS

5:30 p.m.	National Anthem		
5:35 p.m.	4x100m Relay	Women	Finals
5:45 p.m.	4x100m Relay	Men	Finals
5:55 p.m.	1500m	Women	Finals
6:05 p.m.	1500m	Men	Finals
6:15 p.m.	100m Hurdles	Women	Finals
6:25 p.m.	110m Hurdles	Men	Finals
6:35 p.m.	400m	Women	Finals
6:45 p.m.	400m	Men	Finals
6:55 p.m.	100m	Women	Finals
7:05 p.m.	100m	Men	Finals
7:15 p.m.	800m	Women	Finals
7:25 p.m.	800m	Men	Finals
7:35 p.m.	400m Hurdles	Women	Finals
7:45 p.m.	400m Hurdles	Men	Finals
7:55 p.m.	200m	Women	Finals
8:05 p.m.	200m	Men	Finals
8:15 p.m.	5000m	Women	Finals
8:35 p.m.	5000m	Men	Finals
9:00 p.m.	4x400m Relay	Women	Finals
9:15 p.m.	4x400m Relay	Men	Finals