

2023 Southland Conference Outdoor T&F Championship
Memorial Stadium - 5/4/2023 to 5/6/2023
Meet Program - Combined Events (Day 1)

Event 42 Decathlon: #1 Men 100 Meter Dash

SLC: 10.48 2002		Kristian Rahnu		
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	98 Hudgens, Isaiah	JR	Incarnate Wo	NT
2	210 Broussard, Logan	FR	McNeese Stat	NT
3	520 Wheeler, Timothy	FR	TAMU-Commer	NT
4	92 Gilliam, Jeremiah	JR	Incarnate Wo	NT
5	103 Martinez, Josiah	SO	Incarnate Wo	NT
6	112 Williams, Dallas	JR	Incarnate Wo	NT
7	110 Ulbricht, Jonah	FR	Incarnate Wo	NT
8	107 Sieracki, Kyle	JR	Incarnate Wo	NT

Event 42 Decathlon: #2 Men Long Jump

SLC: 7.41m 2002		Kristian Rahnu		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	110 Ulbricht, Jonah	FR	Incarnate Wo	ND
2	107 Sieracki, Kyle	JR	Incarnate Wo	ND
3	92 Gilliam, Jeremiah	JR	Incarnate Wo	ND
4	520 Wheeler, Timothy	FR	TAMU-Commer	ND
5	103 Martinez, Josiah	SO	Incarnate Wo	ND
6	98 Hudgens, Isaiah	JR	Incarnate Wo	ND
7	210 Broussard, Logan	FR	McNeese Stat	ND
8	112 Williams, Dallas	JR	Incarnate Wo	ND

Event 42 Decathlon: #3 Men Shot Put

SLC: 16.60m 2002		Kristian Rahnu		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	210 Broussard, Logan	FR	McNeese Stat	ND
2	107 Sieracki, Kyle	JR	Incarnate Wo	ND
3	112 Williams, Dallas	JR	Incarnate Wo	ND
4	520 Wheeler, Timothy	FR	TAMU-Commer	ND
5	110 Ulbricht, Jonah	FR	Incarnate Wo	ND
6	92 Gilliam, Jeremiah	JR	Incarnate Wo	ND
7	98 Hudgens, Isaiah	JR	Incarnate Wo	ND
8	103 Martinez, Josiah	SO	Incarnate Wo	ND

Event 42 Decathlon: #4 Men High Jump

SLC: 2.12m 2001		Steven Ortiz		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	520 Wheeler, Timothy	FR	TAMU-Commer	NH
2	103 Martinez, Josiah	SO	Incarnate Wo	NH
3	107 Sieracki, Kyle	JR	Incarnate Wo	NH
4	110 Ulbricht, Jonah	FR	Incarnate Wo	NH
5	92 Gilliam, Jeremiah	JR	Incarnate Wo	NH
6	210 Broussard, Logan	FR	McNeese Stat	NH
7	112 Williams, Dallas	JR	Incarnate Wo	NH
8	98 Hudgens, Isaiah	JR	Incarnate Wo	NH

Event 42 Decathlon: #5 Men 400 Meter Dash

SLC: 48.64 2022		Isaiah Hudgens		
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	92 Gilliam, Jeremiah	JR	Incarnate Wo	NT
2	110 Ulbricht, Jonah	FR	Incarnate Wo	NT
3	210 Broussard, Logan	FR	McNeese Stat	NT
4	107 Sieracki, Kyle	JR	Incarnate Wo	NT
5	98 Hudgens, Isaiah	JR	Incarnate Wo	NT
6	112 Williams, Dallas	JR	Incarnate Wo	NT
7	520 Wheeler, Timothy	FR	TAMU-Commer	NT
8	103 Martinez, Josiah	SO	Incarnate Wo	NT

Event 41 Heptathlon: #1 Women 100 Meter Hurdles

SLC: 13.62 2007		Ryenne Dupree		
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	464 Ortiz, Elizabeth	SR	TAMU-Commer	NT
3	121 Eelma, Parl	SR	Lamar	NT
5	21 Rabius, Samantha	FR	Houston Chri	NT
7	17 Perez, Grace	SR	Houston Chri	NT
Section 2 of 2 Finals				
1	118 Buenaneuva Saleme, M	FR	Lamar	NT
3	16 Pecora, Rebecca	SO	Houston Chri	NT
5	5 Grochowski, Noa	SR	Houston Chri	NT
7	63 McAlexander, McCartn	FR	Incarnate Wo	NT

Event 41 Heptathlon: #2 Women High Jump

SLC: 1.78m 2019		Sashane Hanson		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	16 Pecora, Rebecca	SO	Houston Chri	NH
2	5 Grochowski, Noa	SR	Houston Chri	NH
3	21 Rabius, Samantha	FR	Houston Chri	NH
4	63 McAlexander, McCartn	FR	Incarnate Wo	NH
5	118 Buenaneuva Saleme, M	FR	Lamar	NH
6	464 Ortiz, Elizabeth	SR	TAMU-Commer	NH
7	121 Eelma, Parl	SR	Lamar	NH
8	17 Perez, Grace	SR	Houston Chri	NH

Event 41 Heptathlon: #3 Women Shot Put

SLC: 13.30m 2012		Ella Anttila		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	16 Pecora, Rebecca	SO	Houston Chri	ND
2	21 Rabius, Samantha	FR	Houston Chri	ND
3	464 Ortiz, Elizabeth	SR	TAMU-Commer	ND
4	118 Buenaneuva Saleme, M	FR	Lamar	ND
5	17 Perez, Grace	SR	Houston Chri	ND
6	63 McAlexander, McCartn	FR	Incarnate Wo	ND
7	121 Eelma, Parl	SR	Lamar	ND
8	5 Grochowski, Noa	SR	Houston Chri	ND

2023 Southland Conference Outdoor T&F Championship
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Event 41 Heptathlon: #4 Women 200 Meter Dash

SLC: 24.47 2018 Baylee Lara

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	5 Grochowski, Noa	SR	Houston Chri	NT _____
2	118 Buenaneuva Saleme, N	FR	Lamar	NT _____
3	17 Perez, Grace	SR	Houston Chri	NT _____
4	21 Rabius, Samantha	FR	Houston Chri	NT _____
5	121 Eelma, Parl	SR	Lamar	NT _____
6	63 McAlexander, McCartn	FR	Incarnate Wo	NT _____
7	16 Pecora, Rebecca	SO	Houston Chri	NT _____
8	464 Ortiz, Elizabeth	SR	TAMU-Commer	NT _____

2023 Southland Conference Outdoor T&F Championship

Memorial Stadium - 5/4/2023 to 5/6/2023

Meet Program - Field Events

Event 39 Women Hammer Throw

SLC: 215-03 2016		Ashley Jenkins		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	70 Sahagun, Angelina	SO	Incarnate Wo	37.08m
2	178 Freeman, Madison	FR	McNeese Stat	38.23m
3	181 Grossie, Reese	FR	McNeese Stat	39.13m
4	332 Granville, Deonmoniq	SR	Northwestern	41.20m
5	246 Grigenas, Karena	SR	New Orleans	43.60m
6	345 Valliere, Olivia	JR	Northwestern	43.65m
7	338 Phillip, Akira	SR	Northwestern	44.07m
Flight 2 of 2 Finals				
1	139 Woolridge, Glennis	FR	Lamar	44.74m
2	237 Bell, Briana	SR	New Orleans	45.81m
3	199 Russell, Jaslyn	FR	McNeese Stat	45.89m
4	56 Fowler, Sa'Niya	SO	Incarnate Wo	48.26m
5	402 Olsen, Katrine	SO	SE Louisiana	50.87m
6	334 Knowles, Bernesha	SO	Northwestern	51.62m
7	48 Bentley, Klaire	SR	Incarnate Wo	51.78m
8	396 Jackson, Kristian	SR	SE Louisiana	53.38m
9	187 Hernandez, Chloe	JR	McNeese Stat	54.03m
10	190 Lee, Mariah	JR	McNeese Stat	56.49m

Event 40 Men Hammer Throw

SLC: 228-04 2017		Alex Young		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	423 Nedow, Tommy	SR	SE Louisiana	ND
2	355 Craft, Justin	FR	Northwestern	36.87m
3	212 Dietert, Garrett	SR	McNeese Stat	42.49m
4	428 Pagart, Seth	SO	SE Louisiana	44.30m
5	166 Williams, Alex	FR	Lamar	44.30m
6	361 Hudson, Tarajh	SO	Northwestern	45.37m
7	260 Christy, Matthew	SR	New Orleans	47.32m
8	215 Francis, Marcus	SO	McNeese Stat	49.28m
9	93 Gomez, Christian	JR	Incarnate Wo	50.27m
10	359 Gumbs, Diamante	JR	Northwestern	50.61m
11	211 Challis, Tyler	SO	McNeese Stat	56.30m
12	108 Stokes, Garrett	JR	Incarnate Wo	61.14m
13	436 Webb, Terrell	JR	SE Louisiana	64.09m

Event 31 Women Pole Vault

SLC: 15-05.50 2015		Demi Payne		
Pos	Name	Yr	School	Seed Mark
Opening Height-2.90m				
Progressions-3.05,3.20,3.35,3.45,3.55,3.65,3.70,3.75,3.80,3.85				
3.90,3.95,4.0				
Flight 1 of 1 Finals				
1	457 Matthews, Brooklyn	SR	TAMU-Commer	2.90m
2	470 Skidmore, Destiny	SR	TAMU-Commer	3.20m
3	392 Harrington, Maryah	FR	SE Louisiana	3.20m
4	346 Ware, Peyton	FR	Northwestern	3.23m
5	206 Weyerstrass, Aubry	JR	McNeese Stat	3.23m
6	72 Singh, Iliana	FR	Incarnate Wo	3.45m
7	344 Trahan, Karlyn	JR	Northwestern	3.57m
8	407 Zupanc, Lara	JR	SE Louisiana	3.69m
9	66 Novosad, Alisa	JR	Incarnate Wo	3.75m
10	68 Poli, Matilde	FR	Incarnate Wo	3.80m
11	327 Brown, Madison	JR	Northwestern	3.83m

Event 32 Men Pole Vault

SLC: 18-09.25 2021		Branson Ellis		
Pos	Name	Yr	School	Seed Mark
Opening Height-4.0m				
Progressions:4.15,4.30,4.45,4.55,4.60,4.70,4.75,4.80,4.85,4.90,				
4.95,5.0,5.05,5.10				
Flight 1 of 1 Finals				
1	40 Sadic, Domen	JR	Houston Chri	NH
2	217 Joergensen, Toke	FR	McNeese Stat	NH
3	520 Wheeler, Timothy	FR	TAMU-Commer	NH
4	371 Maggio, Sam	FR	Northwestern	3.95m
5	92 Gilliam, Jeremiah	JR	Incarnate Wo	4.30m
6	210 Broussard, Logan	FR	McNeese Stat	4.30m
7	86 Davisson, Austin	FR	Incarnate Wo	4.51m
8	99 Hunter, Tyler	SO	Incarnate Wo	4.60m
9	103 Martinez, Josiah	SO	Incarnate Wo	4.60m
10	98 Hudgens, Isaiah	JR	Incarnate Wo	4.70m
11	110 Ulbright, Jonah	FR	Incarnate Wo	4.75m
12	107 Sieracki, Kyle	JR	Incarnate Wo	4.80m
13	516 Strogalev, Nikita	FR	TAMU-Commer	4.94m

Event 25 Women Javelin Throw

SLC: 173-05 1991		Sara Massey		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	118 Buenaneuva Saleme, M	FR	Lamar	ND
2	48 Bentley, Klaire	SR	Incarnate Wo	28.19m
3	386 Babin, Bailey	FR	SE Louisiana	30.70m
4	11 Langlinois, Madison	SR	Houston Chri	31.47m
5	391 Flauss, Kennedy	SO	SE Louisiana	33.85m
6	63 McAlexander, McCartn	FR	Incarnate Wo	35.11m
7	49 Brathwaite, Afiah	SR	Incarnate Wo	35.20m
8	21 Rabius, Samantha	FR	Houston Chri	36.04m
9	121 Eelma, Parl	SR	Lamar	36.50m

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 Meet Program - Field Events**

Flight 2 of 2 Finals...(Event 25 Women Javelin Throw)

1	177 Freeman, Allison	FR	McNeese Stat	36.70m	_____
2	464 Ortiz, Elizabeth	SR	TAMU-Commer	36.84m	_____
3	338 Phillip, Akira	SR	Northwestern	37.17m	_____
4	174 Bonsall, Addisyn	FR	McNeese Stat	37.90m	_____
5	336 Mackey, Carnitra	SO	Northwestern	38.58m	_____
6	200 Ryland, Hadley	FR	McNeese Stat	38.58m	_____
7	283 Bruce, Traya	SR	Nicholls Sta	39.63m	_____
8	330 Duffus, Ashley	JR	Northwestern	42.30m	_____
9	173 Beard, Blanche	JR	McNeese Stat	46.07m	_____
10	472 Susa, Tamara	SR	TAMU-Commer	48.05m	_____

2023 Southland Conference Outdoor T&F Championship
Memorial Stadium - 5/4/2023 to 5/6/2023
Meet Program - Running Events

Event 6 Men 1500 Meter Run

12 Advance: Top 4 Each Heat plus Next 4 Best Times
SLC: 3:42.90 1977 Pat O'Callaghan

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	259 Chiku, Kelvin	SO	New Orleans	3:48.73
2	42 Turski, Krzysztof	SO	Houston Chri	3:49.34
3	379 Vidourek, Payten	SR	Northwestern	3:55.06
4	85 Daniels, Christopher	SO	Incarnate Wo	3:57.90
5	504 Novelo, Casey	SO	TAMU-Commer	3:58.67
6	101 Laverty, Jared	FR	Incarnate Wo	3:59.08
7	278 Soileau, Alex	JR	New Orleans	3:59.08
8	551 Haas, Hunter	JR	Texas A&M-CC	4:05.33
9	560 Rickey, Logan	SO	Texas A&M-CC	4:07.22
10	318 Saunders, Thomas	FR	Nicholls Sta	4:20.35

Heat 2 of 2 Prelims

1	213 El-Fadl, Omer	SO	McNeese Stat	3:48.88
2	265 Forester, Jaden	JR	New Orleans	3:48.95
3	268 Litolff, Cade	JR	New Orleans	3:55.65
4	143 Cisneros, Geovany	FR	Lamar	3:57.82
5	90 Garza, Ryan	JR	Incarnate Wo	3:58.84
6	484 Deutsch, Nicholas	SO	TAMU-Commer	3:58.92
7	256 Appleton, Mason	FR	New Orleans	3:59.81
8	27 Artisst, Justice	JR	Houston Chri	4:00.91
9	231 Squassina, Filippo	SO	McNeese Stat	4:09.05
10	320 Walker, Chase	FR	Nicholls Sta	4:12.19

Event 17 Women 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 3 Best Times
SLC: 23.05 2000 Christine Amertil

Lane	Name	Yr	School	Seed Time
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Heat 1 of 5 Prelims

1	348 Washington, Lynelle	JR	Northwestern	NT
2	64 Morrison, Kallie	FR	Incarnate Wo	24.20
3	528 Fowler, Zenai	FR	Texas A&M-CC	25.54
4	137 Thymes, Jakenzie	SO	Lamar	25.48
5	133 Porter, Sydne	JR	Lamar	24.21
6	442 Benton, Ashley	SO	TAMU-Commer	24.78
7	329 Byrd, Victoria	FR	Northwestern	24.76
8	465 Pettis, Leah	FR	TAMU-Commer	NT

Heat 2 of 5 Prelims

1	459 Myers, Laderria	SO	TAMU-Commer	25.33
2	323 Balde, Vanessa	FR	Northwestern	23.74
3	251 Johnson, Aisha	SR	New Orleans	24.88
4	241 Bracey, Trinity	JR	New Orleans	24.40
5	456 Lacy, Bre'anna	FR	TAMU-Commer	24.72
6	403 Sorapuru, Nina	SO	SE Louisiana	26.52
7	405 Wallace, Katelyn	FR	SE Louisiana	25.78

Heat 3 of 5 Prelims

1	236 Baumgarten, Helen	FR	New Orleans	24.62
2	475 Womack, Mya	FR	TAMU-Commer	26.38
3	340 Shaw, Maygan	SO	Northwestern	23.55
4	527 Fontenot, Erial	FR	Texas A&M-CC	26.02
5	541 Wilson, Capri	JR	Texas A&M-CC	24.63
6	23 Russell, Raylen	FR	Houston Chri	25.03
7	535 Lara-Turner, Khiah	FR	Texas A&M-CC	25.09

Heat 4 of 5 Prelims

1	183 Harrison, Kayla	JR	McNeese Stat	24.29
2	404 Thring, Jacqueline	SR	SE Louisiana	25.76
3	245 Green, Vivette	SR	New Orleans	24.05
4	59 Green, Jada	FR	Incarnate Wo	25.42
5	51 Ceasar, Lauryn	JR	Incarnate Wo	NT
6	124 Howard, Brianna	SO	Lamar	24.84
7	168 Akinwande, Boluwatiji	SO	McNeese Stat	24.75

Heat 5 of 5 Prelims

1	537 Steele, Yasmine	JR	Texas A&M-CC	25.94
2	540 Williams, Journi	SO	Texas A&M-CC	25.31
3	235 Alowonle, Alimot	FR	New Orleans	24.41
4	451 Johnson, Braeja	SO	TAMU-Commer	26.39
5	454 Khenfar, Sofia	SO	TAMU-Commer	24.71
6	328 Butler, Sanaria	FR	Northwestern	23.67
7	185 Heath, Makayla	JR	McNeese Stat	25.03

Event 18 Men 200 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times
SLC: 20.37 2000 Elston Cawley - Chris Jefferson

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	384 Wulff, Simon	SO	Northwestern	21.00
2	512 Smith, J.T	SR	TAMU-Commer	20.28
3	491 Gomer, Jarrett	SO	TAMU-Commer	22.17
4	311 Godette, Amari	JR	Nicholls Sta	21.61
5	427 Omalla, Jaimie	JR	SE Louisiana	21.13
6	84 Crowe, Cameron	JR	Incarnate Wo	NT
7	148 Evbuomwan, Efosa	JR	Lamar	22.77
8	154 Jones, Steven	SR	Lamar	21.78

Heat 2 of 4 Prelims

1	234 White, Jalon	SO	McNeese Stat	21.98
2	113 Williams, Tevijon	FR	Incarnate Wo	20.82
3	377 Simoneaux, Austin	SR	Northwestern	21.40
4	88 Flores, Miguel	JR	Incarnate Wo	21.90
5	363 Johansson, Mikkel	FR	Northwestern	21.36
6	164 Tabb, Allen	FR	Lamar	23.15
7	82 Burns, Corin	FR	Incarnate Wo	20.86
8	558 Moreno, John	JR	Texas A&M-CC	23.23

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Meet Program - Running Events

Heat 3 of 4 Prelims...(Event 18 Men 200 Meter Dash)

1	380 Walden, Justin	JR	Northwestern	21.88	_____
2	368 Loyd, Galen	SO	Northwestern	21.51	_____
3	378 Swain, Canman	SR	Northwestern	20.73	_____
4	262 Cummings, Elliott	SR	New Orleans	21.26	_____
5	216 Gray, Samuel	SO	McNeese Stat	21.99	_____
6	160 Proctor, Dante	SR	Lamar	23.55	_____
7	426 Omalla, Eugene	JR	SE Louisiana	20.93	_____
8	313 Landry, Anthony	SO	Nicholls Sta	22.99	_____

Heat 4 of 4 Prelims

1	414 Fultz, Keandre	JR	SE Louisiana	NT	_____
2	375 Scott, Destine-Unique	SR	Northwestern	21.08	_____
3	269 Melancon, Mason	SR	New Orleans	21.69	_____
4	362 Jacobs, Cyrus	FR	Northwestern	21.09	_____
5	486 Edwin, Delan	SR	TAMU-Commer	20.14	_____
6	209 Blalock, Kaleb	SO	McNeese Stat	21.64	_____
7	145 Dixon, Troy	FR	Lamar	22.23	_____
8	415 Gallant, Cohen	JR	SE Louisiana	22.37	_____

Event 15 Women 400 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

SLC: 57.29 2012 Chante'sean White

Lane Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

2	458 Maury, Maia	SO	TAMU-Commer	1:01.24	_____
3	395 Jackson, Indya	JR	SE Louisiana	1:03.08	_____
4	53 Constantine, Aleah	JR	Incarnate Wo	1:05.68	_____
5	460 Ndukwe, Naomi	SO	TAMU-Commer	59.92	_____
6	6 Hinds, Brianna	FR	Houston Chri	1:02.19	_____

Heat 2 of 2 Prelims

2	299 Tirado, Andrea	FR	Nicholls Sta	1:08.47	_____
3	135 Rodriguez, Chloe	SO	Lamar	1:00.40	_____
4	138 White, Angelica	SR	Lamar	NT	_____
5	350 Weller, Sian	FR	Northwestern	1:00.68	_____
6	205 West, Reagan	SO	McNeese Stat	1:02.72	_____
7	401 Nwanze, Esther	SO	SE Louisiana	1:02.33	_____

Event 16 Men 400 Meter Hurdles**8 Advance: Top 2 Each Heat plus Next 4 Best Times**

SLC: 49.23 2021 Leonardo Ledgister

Lane Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	80 Bernat, Matheo	SR	Incarnate Wo	54.30	_____
2	276 Sloan, Jayden	JR	New Orleans	52.51	_____
3	33 Hinds, Denzel	SO	Houston Chri	52.86	_____
4	544 Armstrong, Daniel	SR	Texas A&M-CC	52.83	_____
5	433 Shiff, Omri	SO	SE Louisiana	50.81	_____
6	417 Jackson, Agerian	SR	SE Louisiana	52.47	_____
7	102 Martin, Candan	JR	Incarnate Wo	54.29	_____

Heat 2 of 2 Prelims

1	230 Powell, Jaden	SO	McNeese Stat	53.82	_____
2	481 Carr, Timothy	SR	TAMU-Commer	59.80	_____
3	32 Gibson, Garrett	SR	Houston Chri	52.15	_____
4	425 Ogunyemi, Olufolabo	FR	SE Louisiana	52.70	_____
5	506 Paolucci, Axel	JR	TAMU-Commer	52.88	_____
6	150 Guidry, Trent	JR	Lamar	52.69	_____
7	98 Hudgens, Isaiah	JR	Incarnate Wo	52.23	_____

Event 23 Women 10000 Meter Run

SLC: 34:47.79 2016 Alexandria Hackett

Lane Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	531 Johnson, Quin	SR	Texas A&M-CC	35:40.68	_____
2	297 Rijpstra, Elsa	SR	Nicholls Sta	36:45.02	_____
3	249 Helms-Kjaer, Mathild	SR	New Orleans	37:41.06	_____
4	191 Moloney, Sorch	JR	McNeese Stat	37:50.73	_____
5	169 Andres, Bonnie	JR	McNeese Stat	NT	_____
6	242 Dekay, Rebecca	SO	New Orleans	NT	_____
7	119 Flatworthy, Nia	SO	Lamar	NT	_____
8	244 Folk, Michelle	JR	New Orleans	NT	_____
9	189 Kosgei, Pamela	SR	McNeese Stat	NT	_____
10	46 Acuna, Andrea	JR	Incarnate Wo	NT	_____

Event 24 Men 10000 Meter Run

SLC: 29:50.83 2013 David Rooney

Lane Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	221 Kipkoge, Jacob	JR	McNeese Stat	31:07.44	_____
2	561 Salinas, Juan	SR	Texas A&M-CC	31:29.80	_____
3	220 Kimutai, Gilbert	JR	McNeese Stat	31:38.67	_____
4	271 Pardo, Evan	FR	New Orleans	31:52.02	_____
5	79 Benavides, Margarito	FR	Incarnate Wo	NT	_____
6	548 Gomez, Roy	SO	Texas A&M-CC	NT	_____
7	554 Kimutai, Enock	JR	Texas A&M-CC	NT	_____
8	553 Kimaiyo, Kelvin	SO	Texas A&M-CC	NT	_____
9	514 Speer, John	SO	TAMU-Commer	NT	_____
10	310 Futey, Lucas	SO	Nicholls Sta	NT	_____
11	555 Kipngeno, Dennis	JR	Texas A&M-CC	NT	_____
12	96 Gutierrez, Damon	FR	Incarnate Wo	NT	_____
13	97 Hernandez, Kevin	FR	Incarnate Wo	NT	_____
14	267 Hansen, Matthew	FR	New Orleans	NT	_____
15	159 Peveto, Eli	JR	Lamar	NT	_____
16	87 Fetizon, Alexandre	SO	Incarnate Wo	NT	_____
17	274 Sandrock, Gary	SO	New Orleans	NT	_____

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Meet Program - Combined Events (Day 2)

Event 42 Decathlon: #6 Men 110 Meter Hurdles

SLC: 14.26 2022 Isaiah Hudgens				
Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	98 Hudgens, Isaiah	JR	Incarnate Wo	NT
3	210 Broussard, Logan	FR	McNeese Stat	NT
5	103 Martinez, Josiah	SO	Incarnate Wo	NT
7	110 Ulbricht, Jonah	FR	Incarnate Wo	NT
Section 2 of 2 Finals				
1	92 Gilliam, Jeremiah	JR	Incarnate Wo	NT
3	520 Wheeler, Timothy	FR	TAMU-Commer	NT
5	112 Williams, Dallas	JR	Incarnate Wo	NT
7	107 Sieracki, Kyle	JR	Incarnate Wo	NT

Event 42 Decathlon: #7 Men Discus Throw

SLC: 50.32m 2002 Kristian Rahn				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	92 Gilliam, Jeremiah	JR	Incarnate Wo	ND
2	520 Wheeler, Timothy	FR	TAMU-Commer	ND
3	98 Hudgens, Isaiah	JR	Incarnate Wo	ND
4	107 Sieracki, Kyle	JR	Incarnate Wo	ND
5	110 Ulbricht, Jonah	FR	Incarnate Wo	ND
6	210 Broussard, Logan	FR	McNeese Stat	ND
7	112 Williams, Dallas	JR	Incarnate Wo	ND
8	103 Martinez, Josiah	SO	Incarnate Wo	ND

Event 42 Decathlon: #8 Men Pole Vault

SLC: 5.34m 1999 Shane Stewart				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	112 Williams, Dallas	JR	Incarnate Wo	NH
2	98 Hudgens, Isaiah	JR	Incarnate Wo	NH
3	110 Ulbricht, Jonah	FR	Incarnate Wo	NH
4	107 Sieracki, Kyle	JR	Incarnate Wo	NH
5	210 Broussard, Logan	FR	McNeese Stat	NH
6	103 Martinez, Josiah	SO	Incarnate Wo	NH
7	520 Wheeler, Timothy	FR	TAMU-Commer	NH
8	92 Gilliam, Jeremiah	JR	Incarnate Wo	NH

Event 42 Decathlon: #9 Men Javelin Throw

SLC: 63.91m 2000 Chris Sitka				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	110 Ulbricht, Jonah	FR	Incarnate Wo	ND
2	520 Wheeler, Timothy	FR	TAMU-Commer	ND
3	210 Broussard, Logan	FR	McNeese Stat	ND
4	103 Martinez, Josiah	SO	Incarnate Wo	ND
5	98 Hudgens, Isaiah	JR	Incarnate Wo	ND
6	107 Sieracki, Kyle	JR	Incarnate Wo	ND
7	112 Williams, Dallas	JR	Incarnate Wo	ND
8	92 Gilliam, Jeremiah	JR	Incarnate Wo	ND

Event 42 Decathlon: #10 Men 1500 Meter Run

SLC: 4:25.76 2000 Justin Nichols				
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	107 Sieracki, Kyle	JR	Incarnate Wo	NT
2	103 Martinez, Josiah	SO	Incarnate Wo	NT
3	112 Williams, Dallas	JR	Incarnate Wo	NT
4	110 Ulbricht, Jonah	FR	Incarnate Wo	NT
5	520 Wheeler, Timothy	FR	TAMU-Commer	NT
6	210 Broussard, Logan	FR	McNeese Stat	NT
7	98 Hudgens, Isaiah	JR	Incarnate Wo	NT
8	92 Gilliam, Jeremiah	JR	Incarnate Wo	NT

Event 41 Heptathlon: #5 Women Long Jump

SLC: 6.03m 2022 Kaitlin Smith				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	21 Rabinus, Samantha	FR	Houston Chri	ND
2	464 Ortiz, Elizabeth	SR	TAMU-Commer	ND
3	17 Perez, Grace	SR	Houston Chri	ND
4	16 Pecora, Rebecca	SO	Houston Chri	ND
5	121 Eelma, Parl	SR	Lamar	ND
6	5 Grochowski, Noa	SR	Houston Chri	ND
7	63 McAlexander, McCartn	FR	Incarnate Wo	ND
8	118 Buenaneuva Saleme, M	FR	Lamar	ND

Event 41 Heptathlon: #6 Women Javelin Throw

SLC: 147.11m 2018 Migle Muraskaite				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	17 Perez, Grace	SR	Houston Chri	ND
2	5 Grochowski, Noa	SR	Houston Chri	ND
3	16 Pecora, Rebecca	SO	Houston Chri	ND
4	21 Rabinus, Samantha	FR	Houston Chri	ND
5	118 Buenaneuva Saleme, M	FR	Lamar	ND
6	121 Eelma, Parl	SR	Lamar	ND
7	464 Ortiz, Elizabeth	SR	TAMU-Commer	ND
8	63 McAlexander, McCartn	FR	Incarnate Wo	ND

Event 41 Heptathlon: #7 Women 800 Meter Run

SLC: 2:12.96 2018 Grace McKenzie				
Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	118 Buenaneuva Saleme, M	FR	Lamar	NT
2	16 Pecora, Rebecca	SO	Houston Chri	NT
3	5 Grochowski, Noa	SR	Houston Chri	NT
4	21 Rabinus, Samantha	FR	Houston Chri	NT
5	63 McAlexander, McCartn	FR	Incarnate Wo	NT
6	464 Ortiz, Elizabeth	SR	TAMU-Commer	NT
7	121 Eelma, Parl	SR	Lamar	NT
8	17 Perez, Grace	SR	Houston Chri	NT

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Event 34 Men Shot Put

SLC: 65-04.25 1985					John Campbell
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	321 Whittrack, Jarred	SO	Nicholls Sta	13.21m	_____
2	421 Miller, Micah	FR	SE Louisiana	13.92m	_____
3	211 Challis, Tyler	SO	McNeese Stat	14.02m	_____
4	212 Dietert, Garrett	SR	McNeese Stat	14.07m	_____
5	428 Pagart, Seth	SO	SE Louisiana	14.50m	_____
6	260 Christy, Matthew	SR	New Orleans	14.94m	_____
7	93 Gomez, Christian	JR	Incarnate Wo	15.29m	_____
8	28 Blake, Spencer	SR	Houston Chri	15.33m	_____
9	355 Craft, Justin	FR	Northwestern	15.42m	_____
10	361 Hudson, Tarajh	SO	Northwestern	15.56m	_____
11	166 Williams, Alex	FR	Lamar	16.13m	_____
12	215 Francis, Marcus	SO	McNeese Stat	16.96m	_____
13	423 Nedow, Tommy	SR	SE Louisiana	16.99m	_____
14	108 Stokes, Garrett	JR	Incarnate Wo	17.17m	_____
15	359 Gumbs, Diamante	JR	Northwestern	17.45m	_____
16	360 Gumbs, Djimon	JR	Northwestern	19.24m	_____

Event 29 Women Long Jump

SLC: 21-08 1995					Tameka Roberts
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	18 Pleasant, Tasheba	SR	Houston Chri	ND	_____
2	325 Beard, Orsciana	SO	Northwestern	4.55m	_____
3	288 Harris, Aisja	FR	Nicholls Sta	4.90m	_____
4	439 Abraham, Mia	SO	TAMU-Commer	5.28m	_____
5	474 Uzoukwu, Audrey	SO	TAMU-Commer	5.37m	_____
6	463 Okoh, Goodness	FR	TAMU-Commer	5.40m	_____
7	447 Fuller, Dejah	SO	TAMU-Commer	5.41m	_____
8	539 Tate, Myla	FR	Texas A&M-CC	5.42m	_____
9	203 Trahan, Bridget	FR	McNeese Stat	5.45m	_____
10	448 Hall, Trinity	FR	TAMU-Commer	5.47m	_____
11	473 Taylor, Imani	SR	TAMU-Commer	5.55m	_____
12	329 Byrd, Victoria	FR	Northwestern	5.60m	_____
13	126 Jackson, Arajanee	JR	Lamar	5.62m	_____
14	337 Paul, Abria	FR	Northwestern	5.64m	_____
15	342 Smith, Jaslyn	SO	Northwestern	5.67m	_____

Flight 2 of 2 Finals

1	73 Thomas, Gabrielle	JR	Incarnate Wo	5.67m	_____
2	132 Pavese, Lucrezia	JR	Lamar	5.70m	_____
3	1 Brand, Brianna	SO	Houston Chri	5.74m	_____
4	446 Ezukanma, Amaka	SO	TAMU-Commer	5.75m	_____
5	61 King, Jai'Lin	SO	Incarnate Wo	5.82m	_____
6	186 Heggar, Chelsea	FR	McNeese Stat	5.85m	_____
7	468 Sela, Celeste	FR	TAMU-Commer	5.86m	_____
8	117 Blusina, Klinta	JR	Lamar	5.89m	_____
9	235 Alowonle, Alimot	FR	New Orleans	5.95m	_____
10	24 Tammam, Reem	FR	Houston Chri	5.98m	_____
11	16 Pecora, Rebecca	SO	Houston Chri	5.98m	_____
12	121 Eelma, Parl	SR	Lamar	5.98m	_____
13	5 Grochowski, Noa	SR	Houston Chri	6.05m	_____
14	127 Johnson, Kayli	SO	Lamar	6.05m	_____
15	328 Butler, Sanaria	FR	Northwestern	6.10m	_____
16	47 Alegria, Madison	JR	Incarnate Wo	6.18m	_____

Event 33 Women Shot Put

SLC: 54-11.25 1999					Marsha French
Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	285 Guy, Mary	SO	Nicholls Sta	8.10m	_____
2	296 Portier, Maggie	FR	Nicholls Sta	9.63m	_____
3	17 Perez, Grace	SR	Houston Chri	11.13m	_____
4	12 Lap, Liza	SR	Houston Chri	11.58m	_____
5	199 Russell, Jaslyn	FR	McNeese Stat	11.71m	_____
6	338 Phillip, Akira	SR	Northwestern	11.83m	_____
7	139 Woolridge, Glennis	FR	Lamar	12.38m	_____
8	181 Grossie, Reese	FR	McNeese Stat	12.86m	_____
Flight 2 of 2 Finals					
1	63 McAlexander, McCartn	FR	Incarnate Wo	12.86m	_____
2	345 Valliere, Olivia	JR	Northwestern	13.32m	_____
3	56 Fowler, Sa'Niya	SO	Incarnate Wo	13.40m	_____
4	70 Sahagun, Angelina	SO	Incarnate Wo	13.54m	_____
5	332 Granville, Deonmoniq	SR	Northwestern	14.00m	_____
6	336 Mackey, Carnitra	SO	Northwestern	14.10m	_____
7	188 Jones, Ashari	SO	McNeese Stat	14.61m	_____
8	48 Bentley, Klaire	SR	Incarnate Wo	15.34m	_____
9	396 Jackson, Kristian	SR	SE Louisiana	15.42m	_____

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Event 30 Men Long Jump

SLC: 26-11.25 1987		Brian Cooper		
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	322 Windham, Gavin	FR	Nicholls Sta	ND
2	410 Cleveland, Kendall	JR	SE Louisiana	6.55m
3	29 Brown, Zyyare	SR	Houston Chri	6.57m
4	416 Gant, Dedrick	SO	SE Louisiana	6.61m
5	367 Lindo, Adam	FR	Northwestern	6.72m
6	225 Malbreaux, Christian	FR	McNeese Stat	6.74m
7	210 Broussard, Logan	FR	McNeese Stat	6.80m
8	488 Franklin, Trayveon	SR	TAMU-Commer	7.00m
9	277 Smith, Nicholas	JR	New Orleans	7.02m
10	106 Reese, Amarrion	FR	Incarnate Wo	7.05m
11	364 Kelly, Randy	FR	Northwestern	7.05m
12	44 West, Robert	SR	Houston Chri	7.10m
13	41 Salem, Yassin	FR	Houston Chri	7.10m
Flight 2 of 2 Finals				
1	208 Berry, Michael	FR	McNeese Stat	7.10m
2	543 Antwi, Enoch	JR	Texas A&M-CC	7.15m
3	493 Jefferson, Tyris	SR	TAMU-Commer	7.16m
4	112 Williams, Dallas	JR	Incarnate Wo	7.16m
5	319 Tucker, Chris	SO	Nicholls Sta	7.23m
6	270 Murphy, Christopher	SO	New Orleans	7.24m
7	80 Bernat, Matheo	SR	Incarnate Wo	7.33m
8	144 Demmerritte, Jacarius	JR	Lamar	7.36m
9	496 King, Chandler	JR	TAMU-Commer	7.36m
10	83 Camacho, William	SO	Incarnate Wo	7.38m
11	357 Gilreath, Andrew	SO	Northwestern	7.45m
12	167 Wolf, Patrick	SO	Lamar	7.46m
13	557 Majors, Sean	SR	Texas A&M-CC	7.58m
14	36 Nkeonye, Destiny	SO	Houston Chri	7.62m

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Meet Program - Running Events

Event 7 Women 100 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 4 Best Times

SLC: 13.03 2015 Danielle Demas

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	53 Constantine, Aleah	JR	Incarnate Wo	15.08
2	325 Beard, Orsciana	SO	Northwestern	14.53
3	240 Bracey, Sarinity	JR	New Orleans	14.13
4	60 Hawkins, Jordan	JR	Incarnate Wo	15.06
5	339 Pitcher, Jessica	FR	Northwestern	14.53
6	127 Johnson, Kayli	SO	Lamar	14.08
7	323 Balde, Vanessa	FR	Northwestern	13.75
Heat 2 of 2 Prelims				
1	205 West, Reagan	SO	McNeese Stat	13.91
2	203 Trahan, Bridget	FR	McNeese Stat	14.29
3	121 Eelma, Parl	SR	Lamar	13.88
4	236 Baumgarten, Helen	FR	New Orleans	14.41
5	464 Ortiz, Elizabeth	SR	TAMU-Commer	14.83
6	299 Tirado, Andrea	FR	Nicholls Sta	17.48
7	49 Brathwaite, Afiah	SR	Incarnate Wo	15.46
8	7 Keys, Lanaye	SO	Houston Chri	14.63

Event 8 Men 110 Meter Hurdles

8 Advance: Top 2 Each Heat plus Next 4 Best Times

SLC: 13.66 1984 Sansiski Daniels

Lane	Name	Yr	School	Seed Time
Heat 1 of 2 Prelims				
1	503 Noble, Miles	FR	TAMU-Commer	15.16
2	80 Bernat, Matheo	SR	Incarnate Wo	13.85
3	257 Bangué, Jorim	FR	New Orleans	14.36
4	544 Armstrong, Daniel	SR	Texas A&M-CC	14.31
5	494 Johnson, Jordan	JR	TAMU-Commer	14.81
6	552 Humber, Ketavion	SR	Texas A&M-CC	14.16
7	372 Morris, Taj	SO	Northwestern	13.98
Heat 2 of 2 Prelims				
1	499 Macon, Cameron	JR	TAMU-Commer	14.30
2	98 Hudgens, Isaiah	JR	Incarnate Wo	13.96
3	102 Martin, Candan	JR	Incarnate Wo	14.64
4	312 Hayes, Isaac	JR	Nicholls Sta	16.73
5	425 Ogunyemi, Olufolabo	FR	SE Louisiana	14.22
6	32 Gibson, Garrett	SR	Houston Chri	13.87
7	107 Sieracki, Kyle	JR	Incarnate Wo	14.50

Event 9 Women 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

SLC: 52.63 2000 Christine Amertil

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	328 Butler, Sanaria	FR	Northwestern	52.19
2	404 Thring, Jacqueline	SR	SE Louisiana	58.83
3	533 Jones, Tranasia	SO	Texas A&M-CC	56.05
4	130 Odunlami, Adebola	SO	Lamar	57.68
5	136 Smith, Kayla	FR	Lamar	56.04
6	530 Jamison, Mikyla	SO	Texas A&M-CC	59.19
7	13 Linton, Kemaya	SO	Houston Chri	57.28
Heat 2 of 4 Prelims				
1	123 Harvell, Janell	JR	Lamar	58.42
2	340 Shaw, Maygan	SO	Northwestern	52.73
3	291 Maye, Nia	JR	Nicholls Sta	57.76
4	403 Sorapuru, Nina	SO	SE Louisiana	1:01.95
5	175 Carter, Jordan	JR	McNeese Stat	57.24
6	401 Nwanze, Esther	SO	SE Louisiana	55.95
7	241 Bracey, Trinity	JR	New Orleans	56.47
Heat 3 of 4 Prelims				
1	527 Fontenot, Erial	FR	Texas A&M-CC	57.11
2	64 Morrison, Kallie	FR	Incarnate Wo	55.33
3	535 Lara-Turner, Khiah	FR	Texas A&M-CC	57.86
4	540 Williams, Journi	SO	Texas A&M-CC	58.41
5	469 Shostak, Mariana	SO	TAMU-Commer	53.81
6	204 Warner, Kayla	JR	McNeese Stat	56.49
7	395 Jackson, Indya	JR	SE Louisiana	NT
Heat 4 of 4 Prelims				
1	537 Steele, Yasmine	JR	Texas A&M-CC	58.40
2	441 Aquillino, Francesca	SO	TAMU-Commer	56.65
3	168 Akinwande, Boluwatii	SO	McNeese Stat	57.03
4	388 Cleveland, Alexandra	JR	SE Louisiana	58.14
5	131 Outing, Faith	JR	Lamar	54.82
6	183 Harrison, Kayla	JR	McNeese Stat	54.74

Event 10 Men 400 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

SLC: 44.88 1996 Leonard Byrd

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	517 Taylor, Adrian	JR	TAMU-Commer	48.20
2	382 Wilson, Evan	SO	Northwestern	52.07
3	209 Blalock, Kaleb	SO	McNeese Stat	51.67
4	88 Flores, Miguel	JR	Incarnate Wo	48.57
5	152 Johnson, Christian	FR	Lamar	49.28
6	426 Omalla, Eugene	JR	SE Louisiana	46.64
7	508 Reevey, Ziphion	SR	TAMU-Commer	49.27

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Heat 2 of 4 Prelims...(Event 10 Men 400 Meter Dash)

1	356 Duncan, Desmond	FR	Northwestern	48.64	_____
2	313 Landry, Anthony	SO	Nicholls Sta	53.35	_____
3	375 Scott, Destine-Unique	SR	Northwestern	46.77	_____
4	380 Walden, Justin	JR	Northwestern	51.22	_____
5	234 White, Jalon	SO	McNeese Stat	49.07	_____
6	368 Loyd, Galen	SO	Northwestern	48.17	_____
7	216 Gray, Samuel	SO	McNeese Stat	49.89	_____

Heat 3 of 4 Prelims

1	162 Roberts, Jaylon	JR	Lamar	47.10	_____
2	433 Shiff, Omri	SO	SE Louisiana	NT	_____
3	562 Sexton, Devon	FR	Texas A&M-CC	50.83	_____
4	427 Omalla, Jaimie	JR	SE Louisiana	47.55	_____
5	230 Powell, Jaden	SO	McNeese Stat	48.72	_____
6	559 Renteria, Rene	FR	Texas A&M-CC	50.00	_____
7	479 Barrientes, Eddie	FR	TAMU-Commer	48.94	_____

Heat 4 of 4 Prelims

1	100 Jackson, Taye	FR	Incarnate Wo	50.81	_____
2	515 Stockerl, Conner	JR	TAMU-Commer	NT	_____
3	497 Krenek, Philip	FR	TAMU-Commer	48.84	_____
4	557 Majors, Sean	SR	Texas A&M-CC	48.93	_____
5	141 Chin, Cameron	FR	Lamar	47.12	_____
6	558 Moreno, John	JR	Texas A&M-CC	50.41	_____
7	228 Miles, Ondray	JR	McNeese Stat	47.13	_____

Event 11 Women 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

SLC: 11.27 2002 LaJuana Lovett

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

1	281 Bethley, Kiara	SR	Nicholls Sta	12.60	_____
2	459 Myers, Laderria	SO	TAMU-Commer	12.14	_____
3	350 Weller, Sian	FR	Northwestern	NT	_____
4	1 Brand, Brianna	SO	Houston Chri	11.98	_____
5	52 Cleveland, Kiana	SR	Incarnate Wo	12.49	_____
6	133 Porter, Sydne	JR	Lamar	11.95	_____
7	51 Ceasar, Lauryn	JR	Incarnate Wo	12.19	_____
8	348 Washington, Lynelle	JR	Northwestern	11.40	_____

Heat 2 of 4 Prelims

1	192 Parker, Layla	FR	McNeese Stat	12.78	_____
2	323 Balde, Vanessa	FR	Northwestern	11.69	_____
3	293 Narcisse, Keiondra	SR	Nicholls Sta	12.42	_____
4	335 Lister, Aarika	SR	Northwestern	NT	_____
5	528 Fowler, Zenai	FR	Texas A&M-CC	12.26	_____
6	331 Farrell, Sileena	FR	Northwestern	12.06	_____
7	59 Green, Jada	FR	Incarnate Wo	11.87	_____
8	251 Johnson, Aisha	SR	New Orleans	11.99	_____

Heat 3 of 4 Prelims

1	465 Pettis, Leah	FR	TAMU-Commer	11.61	_____
2	541 Wilson, Capri	JR	Texas A&M-CC	11.99	_____
3	405 Wallace, Katelyn	FR	SE Louisiana	12.44	_____
4	454 Khenfar, Sofia	SO	TAMU-Commer	11.89	_____
5	442 Benton, Ashley	SO	TAMU-Commer	12.11	_____
6	339 Pitcher, Jessica	FR	Northwestern	12.25	_____
7	73 Thomas, Gabrielle	JR	Incarnate Wo	NT	_____
8	475 Womack, Mya	FR	TAMU-Commer	12.63	_____

Heat 4 of 4 Prelims

1	525 Cook, Bailey	SO	Texas A&M-CC	13.19	_____
2	451 Johnson, Braeja	SO	TAMU-Commer	13.00	_____
3	245 Green, Vivette	SR	New Orleans	11.79	_____
4	185 Heath, Makayla	JR	McNeese Stat	12.32	_____
5	124 Howard, Brianna	SO	Lamar	11.84	_____
6	329 Byrd, Victoria	FR	Northwestern	12.05	_____
7	137 Thymes, Jakenzie	SO	Lamar	12.42	_____
8	186 Hegggar, Chelsea	FR	McNeese Stat	12.01	_____

Event 12 Men 100 Meter Dash

8 Advance: Top 1 Each Heat plus Next 4 Best Times

SLC: 9.94 2022 Ismael Kone

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

1	270 Murphy, Christopher	SO	New Orleans	10.52	_____
2	363 Johansson, Mikkel	FR	Northwestern	10.57	_____
3	378 Swain, Canman	SR	Northwestern	10.39	_____
4	307 Carter, Terrell	FR	Nicholls Sta	11.21	_____
5	82 Burns, Corin	FR	Incarnate Wo	10.33	_____
6	512 Smith, J.T	SR	TAMU-Commer	9.95	_____
7	148 Evbuomwan, Efosa	JR	Lamar	11.09	_____

Heat 2 of 4 Prelims

1	314 Langston, Allen	JR	Nicholls Sta	12.14	_____
2	377 Simoneaux, Austin	SR	Northwestern	10.46	_____
3	160 Proctor, Dante	SR	Lamar	11.60	_____
4	113 Williams, Tevijon	FR	Incarnate Wo	10.26	_____
5	415 Gallant, Cohen	JR	SE Louisiana	10.74	_____
6	262 Cummings, Elliott	SR	New Orleans	10.27	_____
7	145 Dixon, Troy	FR	Lamar	10.80	_____
8	269 Melancon, Mason	SR	New Orleans	10.48	_____

Heat 3 of 4 Prelims

1	362 Jacobs, Cyrus	FR	Northwestern	10.30	_____
2	311 Godette, Amari	JR	Nicholls Sta	10.57	_____
3	489 Fuseini, Ibrahim	FR	TAMU-Commer	10.51	_____
4	505 Owens, Ronald	SO	TAMU-Commer	10.40	_____
5	372 Morris, Taj	SO	Northwestern	NT	_____
6	491 Gomer, Jarrett	SO	TAMU-Commer	10.91	_____
7	486 Edwin, Delan	SR	TAMU-Commer	10.06	_____
8	414 Fultz, Keandre	JR	SE Louisiana	11.41	_____

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Heat 4 of 4 Prelims...(Event 12 Men 100 Meter Dash)

1	84 Crowe, Cameron	JR	Incarnate Wo	10.42	_____
2	91 Gignoux, Thomas	JR	Incarnate Wo	10.49	_____
3	384 Wulff, Simon	SO	Northwestern	10.23	_____
4	164 Tabb, Allen	FR	Lamar	11.54	_____
5	381 Webster, Kavacion	SR	Northwestern	NT	_____
6	263 Cummings, Ellis	JR	New Orleans	10.91	_____
7	353 Beard, Zachaeus	JR	Northwestern	10.29	_____
8	154 Jones, Steven	SR	Lamar	10.72	_____

Event 13 Women 800 Meter Run

8 Advance: Top 1 Each Heat plus Next 5 Best Times

SLC: 2:06.60 1996 Janice Turner

Lane	Name	Yr	School	Seed Time	
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Heat 1 of 3 Prelims

1	129 Mims, Mykayla	JR	Lamar	2:18.25	_____
2	2 Case, Isabel	FR	Houston Chri	2:20.24	_____
3	114 Austridge, Yasmin	JR	Lamar	2:04.37	_____
4	280 Baratka, Kalin	SO	Nicholls Sta	2:28.80	_____
5	120 Cleggett, Hailey	FR	Lamar	2:29.01	_____
6	252 Martin, Anna	JR	New Orleans	2:15.41	_____
7	526 Cowan, Riley	JR	Texas A&M-CC	2:14.69	_____

Heat 2 of 3 Prelims

1	14 Mast, Eline	FR	Houston Chri	2:11.70	_____
2	172 Barreiro-Lopez, Irene	SO	McNeese Stat	2:16.60	_____
3	398 Masters, Shanique	SR	SE Louisiana	2:24.75	_____
4	292 Mbenoun, Maryse	SR	Nicholls Sta	2:13.64	_____
5	54 DeMaio, Maryn	SR	Incarnate Wo	2:16.85	_____
6	440 Almasri, Nour	FR	TAMU-Commer	2:22.95	_____

Heat 3 of 3 Prelims

1	523 Clark, Cambria	SR	Texas A&M-CC	2:23.35	_____
2	324 Bayur, Ceyda	FR	Northwestern	2:16.67	_____
3	406 Wilkes, Laney	FR	SE Louisiana	2:24.72	_____
4	180 Gilroy, Ciara	JR	McNeese Stat	2:16.72	_____
5	255 Weir, Alexandra	JR	New Orleans	2:11.77	_____
6	522 Bett, Faith	SR	Texas A&M-CC	2:12.04	_____

Event 14 Men 800 Meter Run

8 Advance: Top 1 Each Heat plus Next 4 Best Times

SLC: 1:48.60 1983 Johnny Walker

Lane	Name	Yr	School	Seed Time	
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Heat 1 of 4 Prelims

1	487 Flores, Christopher	SO	TAMU-Commer	1:58.94	_____
2	511 Schutter, Joshua	SO	TAMU-Commer	1:54.84	_____
3	510 Sabin, Tristen	FR	TAMU-Commer	1:58.92	_____
4	438 Williams, Javon-Taye	SO	SE Louisiana	1:48.64	_____
5	42 Turski, Krzysztof	SO	Houston Chri	1:52.82	_____
6	214 Elkhair, Abdullah	FR	McNeese Stat	1:55.28	_____
7	431 Pugmire, Tristen	FR	SE Louisiana	1:52.71	_____

Heat 2 of 4 Prelims

1	547 Flores, Matthew	FR	Texas A&M-CC	1:59.17	_____
2	304 Boden, Kevin	FR	Nicholls Sta	1:54.20	_____
3	317 O'Neal, Wesley	JR	Nicholls Sta	2:06.73	_____
4	156 Lane, RJ	SO	Lamar	1:55.66	_____
5	37 Piquart, Alex	JR	Houston Chri	1:49.46	_____
6	34 Jacobs, Travis	SR	Houston Chri	1:52.70	_____
7	101 Laverty, Jared	FR	Incarnate Wo	1:53.26	_____
8	229 Mohamed, Obied	FR	McNeese Stat	1:58.30	_____

Heat 3 of 4 Prelims

1	418 Kiprotich, Noah	SO	SE Louisiana	1:52.38	_____
2	213 El-Fadl, Omer	SO	McNeese Stat	1:49.66	_____
3	315 Madere, Landin	FR	Nicholls Sta	2:05.15	_____
4	376 Shumate, Korbin	SO	Northwestern	1:54.15	_____
5	556 Lara, Reese	SO	Texas A&M-CC	1:57.60	_____
6	309 Fabacher, Jake	SO	Nicholls Sta	1:59.71	_____
7	498 Lenfert, Jan	SO	TAMU-Commer	1:55.90	_____
8	231 Squassina, Filippo	SO	McNeese Stat	1:54.00	_____

Heat 4 of 4 Prelims

1	163 Saenz, Aaron	FR	Lamar	2:02.74	_____
2	259 Chiku, Kelvin	SO	New Orleans	1:50.25	_____
3	365 Klefasz, Stefan	FR	Northwestern	1:54.02	_____
4	142 Chretien, Cameron	SO	Lamar	1:56.14	_____
5	95 Grimm, King	FR	Incarnate Wo	1:50.87	_____
6	480 Bridgeman, Christian	FR	TAMU-Commer	1:56.49	_____
7	408 Chestnut, Darian	FR	SE Louisiana	1:54.12	_____
8	303 Bellina, William	FR	Nicholls Sta	2:00.62	_____

Event 1 Women 3000 Meter Steeplechase

SLC: 10:16.99 2007 Amanda King

Lane	Name	Yr	School	Seed Time	
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Section 1 of 1 Finals

1	201 Sullivan, Grace	SO	McNeese Stat	NT	_____
2	71 Salinas, Danielle	FR	Incarnate Wo	11:52.37	_____
3	297 Rijpstra, Elsa	SR	Nicholls Sta	11:06.14	_____
4	239 Bonjorn-Giros, Oxano	SO	New Orleans	10:57.58	_____
5	69 Royal, Ashlyn	JR	Incarnate Wo	10:48.30	_____
6	114 Austridge, Yasmin	JR	Lamar	9:52.12	_____
7	250 Jimenez, Ariana	JR	New Orleans	10:31.11	_____
8	125 Howard, Jillian	SR	Lamar	10:54.77	_____
9	193 Pascoa, Marta	JR	McNeese Stat	10:59.52	_____
10	19 Quintanilla, Destiny	FR	Houston Chri	11:08.30	_____
11	9 Krueger, Chandler	SR	Houston Chri	12:12.99	_____

**2023 Southland Conference Outdoor T&F Championship
 Memorial Stadium - 5/4/2023 to 5/6/2023
 Meet Program - Running Events**

Event 2 Men 3000 Meter Steeplechase

SLC: 8:46.65 1982 Frank Montebello

Lane	Name	Yr	School	Seed Time	
Section 1 of 1 Finals					
1	85 Daniels, Christopher	SO	Incarnate Wo	NT	_____
2	147 Eubank, Hayden	FR	Lamar	NT	_____
3	161 Rivera, Jonathan	FR	Lamar	10:22.75	_____
4	26 Allen, Nathan	JR	Houston Chri	9:42.27	_____
5	87 Fetizon, Alexandre	SO	Incarnate Wo	9:27.88	_____
6	272 Saltzman, Kolyn	SR	New Orleans	9:01.55	_____
7	90 Garza, Ryan	JR	Incarnate Wo	9:21.00	_____
8	484 Deutsch, Nicholas	SO	TAMU-Commer	9:38.14	_____
9	366 Klein, John	FR	Northwestern	10:04.97	_____
10	264 Delgado, Antonio	FR	New Orleans	10:31.89	_____
11	96 Gutierrez, Damon	FR	Incarnate Wo	NT	_____

2023 Southland Conference Outdoor T&F Championship
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Meet Program - Field Events

Event 27 Women Discus Throw

SLC: 180-01 2011 Trecey Rew				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	345 Valliere, Olivia	JR	Northwestern	ND
2	472 Susa, Tamara	SR	TAMU-Commer	ND
3	296 Portier, Maggie	FR	Nicholls Sta	29.02m
4	453 Juiye, Loyce	FR	TAMU-Commer	30.99m
5	48 Bentley, Klaire	SR	Incarnate Wo	31.58m
6	471 Stokes, De'Maya	FR	TAMU-Commer	33.48m
7	178 Freeman, Madison	FR	McNeese Stat	36.49m
8	56 Fowler, Sa'Niya	SO	Incarnate Wo	37.57m
9	188 Jones, Ashari	SO	McNeese Stat	38.33m
Flight 2 of 2 Finals				
1	70 Sahagun, Angelina	SO	Incarnate Wo	39.06m
2	334 Knowles, Bernesha	SO	Northwestern	40.31m
3	139 Woolridge, Glennis	FR	Lamar	41.27m
4	199 Russell, Jaslyn	FR	McNeese Stat	41.85m
5	246 Grigenas, Karena	SR	New Orleans	42.86m
6	187 Hernandez, Chloe	JR	McNeese Stat	43.44m
7	181 Grossie, Reese	FR	McNeese Stat	43.92m
8	12 Lap, Liza	SR	Houston Chri	44.04m
9	347 Washington, Kaitlyn	FR	Northwestern	44.85m
10	396 Jackson, Kristian	SR	SE Louisiana	54.40m

Event 36 Men High Jump

Opening Height-1.83m				
Progressions:1.88,1.93,1.98,2.03,2.06,2.09,2.12,2.15,2.18,2.21				
SLC: 7-08.50 1990 Charles Austin				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	367 Lindo, Adam	FR	Northwestern	NH
2	157 Lyons, Brandon	FR	Lamar	1.77m
3	261 Collins, Quinton	FR	New Orleans	1.82m
4	149 Florence, Zachar	FR	Lamar	1.85m
5	549 Gonzales, Noah	SO	Texas A&M-CC	1.90m
6	94 Griffin, Isaiah	SO	Incarnate Wo	1.90m
7	208 Berry, Michael	FR	McNeese Stat	1.91m
8	31 Dorsey, Colin	FR	Houston Chri	1.92m
9	507 Pelphrey, Aiden	SR	TAMU-Commer	1.95m
10	546 Dawson, Jamal	SO	Texas A&M-CC	1.95m
11	505 Owens, Ronald	SO	TAMU-Commer	1.97m
12	92 Gilliam, Jeremiah	JR	Incarnate Wo	1.99m
13	151 Jackson, Elijah	SO	Lamar	1.99m
14	150 Guidry, Trent	JR	Lamar	2.02m
15	545 Bigner, Spencer	JR	Texas A&M-CC	2.03m
16	81 Buescher, Storm	JR	Incarnate Wo	2.04m
17	89 Garren, Tristan	JR	Incarnate Wo	2.06m
18	153 Jones, Miles	FR	Lamar	2.07m
19	364 Kelly, Randy	FR	Northwestern	2.12m
20	434 Stevic, Slavko	JR	SE Louisiana	2.22m

Event 37 Women Triple Jump

SLC: 43-04.50 1993 Lisa Austin				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	337 Paul, Abria	FR	Northwestern	ND
2	463 Okoh, Goodness	FR	TAMU-Commer	10.61m
3	288 Harris, Aisja	FR	Nicholls Sta	10.63m
4	473 Taylor, Imani	SR	TAMU-Commer	10.86m
5	448 Hall, Trinity	FR	TAMU-Commer	11.22m
6	539 Tate, Myla	FR	Texas A&M-CC	11.28m
7	328 Butler, Sanaria	FR	Northwestern	11.43m
8	117 Blusina, Klinta	JR	Lamar	11.46m
9	474 Uzoukwu, Audrey	SO	TAMU-Commer	11.53m
10	128 Milton, Diamond	JR	Lamar	11.58m
Flight 2 of 2 Finals				
1	325 Beard, Orsciana	SO	Northwestern	11.70m
2	235 Alowonle, Alimot	FR	New Orleans	12.03m
3	447 Fuller, Dejah	SO	TAMU-Commer	12.05m
4	126 Jackson, Arajanee	JR	Lamar	12.06m
5	18 Pleasant, Tasheba	SR	Houston Chri	12.23m
6	73 Thomas, Gabrielle	JR	Incarnate Wo	12.28m
7	134 Riley, Crisstin	JR	Lamar	12.42m
8	342 Smith, Jaslyn	SO	Northwestern	12.45m
9	24 Tamnam, Reem	FR	Houston Chri	12.49m
10	446 Ezukanma, Amaka	SO	TAMU-Commer	12.63m

Event 28 Men Discus Throw

SLC: 193-06 1992 Rick Werline				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	492 Jeanotte, Brayden	FR	TAMU-Commer	33.62m
2	321 Whitrack, Jarred	SO	Nicholls Sta	37.24m
3	485 Edwards, Gavin	FR	TAMU-Commer	41.88m
4	166 Williams, Alex	FR	Lamar	42.50m
5	212 Dietert, Garrett	SR	McNeese Stat	42.80m
6	355 Craft, Justin	FR	Northwestern	43.34m
7	93 Gomez, Christian	JR	Incarnate Wo	43.38m
8	108 Stokes, Garrett	JR	Incarnate Wo	44.66m
Flight 2 of 2 Finals				
1	28 Blake, Spencer	SR	Houston Chri	45.73m
2	421 Miller, Micah	FR	SE Louisiana	46.50m
3	211 Challis, Tyler	SO	McNeese Stat	46.64m
4	215 Francis, Marcus	SO	McNeese Stat	47.60m
5	428 Pagart, Seth	SO	SE Louisiana	48.52m
6	423 Nedow, Tommy	SR	SE Louisiana	52.08m
7	361 Hudson, Tarajh	SO	Northwestern	55.68m
8	359 Gumbs, Diamante	JR	Northwestern	55.79m
9	360 Gumbs, Djimon	JR	Northwestern	62.77m

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Meet Program - Field Events

Event 38 Men Triple Jump

SLC: 54-02.50 1999 Kenta Bell				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	319 Tucker, Chris	SO	Nicholls Sta	ND
2	364 Kelly, Randy	FR	Northwestern	ND
3	493 Jefferson, Tyris	SR	TAMU-Commer	ND
4	36 Nkeonye, Destiny	SO	Houston Chri	ND
5	29 Brown, Zyyare	SR	Houston Chri	ND
6	496 King, Chandler	JR	TAMU-Commer	ND
7	416 Gant, Dedrick	SO	SE Louisiana	13.01m
8	225 Malbreaux, Christian	FR	McNeese Stat	13.30m
9	167 Wolf, Patrick	SO	Lamar	14.26m
10	41 Salem, Yassin	FR	Houston Chri	14.44m
11	83 Camacho, William	SO	Incarnate Wo	14.63m
12	277 Smith, Nicholas	JR	New Orleans	14.68m
13	543 Antwi, Enoch	JR	Texas A&M-CC	14.84m
14	488 Franklin, Trayveon	SR	TAMU-Commer	15.03m
15	144 Demmeritte, Jacarrius	JR	Lamar	15.04m
16	357 Gilreath, Andrew	SO	Northwestern	15.20m

Event 26 Men Javelin Throw

SLC: 261-03 2003 Latrell Frederick				
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	360 Gumbs, Djimon	JR	Northwestern	ND
2	210 Broussard, Logan	FR	McNeese Stat	44.11m
3	140 Baratta, Gavin	FR	Lamar	44.73m
4	279 Williams, Trace	FR	New Orleans	45.00m
5	322 Windham, Gavin	FR	Nicholls Sta	45.59m
6	436 Webb, Terrell	JR	SE Louisiana	48.25m
7	374 Parks, Rei (Seonghyur	JR	Northwestern	48.35m
8	316 Nicholls, Ryan	SO	Nicholls Sta	48.87m
9	211 Challis, Tyler	SO	McNeese Stat	49.40m
10	107 Sieracki, Kyle	JR	Incarnate Wo	53.41m
11	226 Marsh, Trey	FR	McNeese Stat	53.90m
12	158 Mathura, Nathaniel	FR	Lamar	55.14m
13	92 Gilliam, Jeremiah	JR	Incarnate Wo	59.69m
14	232 Taylor, Darren	SO	McNeese Stat	59.73m
15	223 Longino, Hunter	SO	McNeese Stat	65.36m

Event 35 Women High Jump

SLC: 5-11.25 1996 Jennifer Robeson				
Pos	Name	Yr	School	Seed Mark
Opening Height-1.46m				
Progressions:1.51,1.54,1.59,1.62,1.65,1.68,1.71,1.74,1.77,1.80				
Flight 1 of 1 Finals				
1	337 Paul, Abria	FR	Northwestern	NH
2	290 Matthews, Amiya	SR	Nicholls Sta	1.33m
3	524 Combs, Sydney	FR	Texas A&M-CC	1.52m
4	282 Brown, Sydney	FR	Nicholls Sta	1.57m
5	351 Wilbanks, Maison	FR	Northwestern	1.57m
6	387 Calvaruso, Kallie	FR	SE Louisiana	1.58m
7	61 King, Jai'Lin	SO	Incarnate Wo	1.59m
8	63 McAlexander, McCartn	FR	Incarnate Wo	1.60m
9	529 Hodge, Jaiyah	JR	Texas A&M-CC	1.63m
10	458 Maury, Maia	SO	TAMU-Commer	1.65m
11	5 Grochowski, Noa	SR	Houston Chri	1.66m
12	450 Jacobie, Jenneil	FR	TAMU-Commer	1.68m
13	16 Pecora, Rebecca	SO	Houston Chri	1.68m
14	65 Morrow, Abbigail	FR	Incarnate Wo	1.71m
15	47 Alegria, Madison	JR	Incarnate Wo	1.72m
16	455 Kramarenko, Veronika	FR	TAMU-Commer	1.75m
17	402 Olsen, Katrine	SO	SE Louisiana	1.76m

2023 Southland Conference Outdoor T&F Championship

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Meet Program - Running Events

Event 3 Women 4x100 Meter Relay

SLC: 44.59 2000		UT Arlington
Lane	Team	Relay
		Seed Time

Section 1 of 2 Finals

3	TAMU-Commerc		47.19
	1) #442 Benton, Ashley SO	2) #454 Khenfar, Sofia SO	
	3) #465 Pettis, Leah FR	4) #469 Shostak, Mariana SO	
4	McNeese Stat		46.71
	1) #168 Akinwande, Boluwatife	2) #183 Harrison, Kayla JR	
	3) #185 Heath, Makayla JR	4) #186 Hegggar, Chelsea FR	
5	Houston Chri		47.05
	1) #7 Keys, Lanaye SO	2) #23 Russell, Raylen FR	
	3) #18 Pleasant, Tasheba SR	4) #1 Brand, Brianna SO	
6	SE Louisiana		NT
	1) #388 Cleveland, Alexandra J	2) #395 Jackson, Indya JR	
	3) #405 Wallace, Katelyn FR	4) #401 Nwanze, Esther SO	

Section 2 of 2 Finals

2	Texas A&M-CC		46.34
	1) #541 Wilson, Capri JR	2) #528 Fowler, Zenai FR	
	3) #540 Williams, Journi SO	4) #527 Fontenot, Erial FR	
3	New Orleans		45.66
	1) #245 Green, Vivette SR	2) #235 Alowonle, Alimot FR	
	3) #236 Baumgarten, Helen FR	4) #251 Johnson, Aisha SR	
4	Northwestern		44.91
	1) #329 Byrd, Victoria FR	2) #340 Shaw, Maygan SO	
	3) #323 Balde, Vanessa FR	4) #348 Washington, Lynelle JR	
5	Lamar		45.55
	1) #124 Howard, Brianna SO	2) #136 Smith, Kayla FR	
	3) #127 Johnson, Kayli SO	4) #133 Porter, Sydne JR	
6	Incarnate Wo		46.05
	1) #59 Green, Jada FR	2) #64 Morrison, Kallie FR	
	3) #51 Ceasar, Lauryn JR	4) #73 Thomas, Gabrielle JR	

Event 4 Men 4x100 Meter Relay

SLC: 39.53 2018		Northwestern State
Lane	Team	Relay
		Seed Time

Section 1 of 2 Finals

3	Houston Chri		41.73
	1) #41 Salem, Yassin FR	2) #35 Ngei, Mark SO	
	3) #29 Brown, Zyyare SR	4) #36 Nkeonye, Destiny SO	
4	SE Louisiana		40.85
	1) #438 Williams, Javon-Taye S	2) #425 Ogunyemi, Olufolabo I	
	3) #433 Shiff, Omri SO	4) #415 Gallant, Cohen JR	
5	Lamar		41.63
	1) #154 Jones, Steven SR	2) #162 Roberts, Jaylon JR	
	3) #145 Dixon, Troy FR	4) #141 Chin, Cameron FR	
6	Nicholls Sta		42.57
	1) #314 Langston, Allen JR	2) #307 Carter, Terrell FR	
	3) #313 Landry, Anthony SO	4) #311 Godette, Amari JR	

Section 2 of 2 Finals

2	McNeese Stat		40.77
	1) #209 Blalock, Kaleb SO	2) #216 Gray, Samuel SO	
	3) #230 Powell, Jaden SO	4) #234 White, Jalon SO	
3	TAMU-Commerc		39.72
	1) #505 Owens, Ronald SO	2) #512 Smith, J.T SR	
	3) #489 Fuseini, Ibrahim FR	4) #486 Edwin, Delan SR	
4	Northwestern		39.51
	1) #353 Beard, Zachaeus JR	2) #384 Wulff, Simon SO	
	3) #362 Jacobs, Cyrus FR	4) #378 Swain, Canman SR	
5	Incarnate Wo		39.65
	1) #91 Gignoux, Thomas JR	2) #82 Burns, Corin FR	
	3) #84 Crowe, Cameron JR	4) #113 Williams, Tevijon FR	
6	New Orleans		39.75
	1) #269 Melancon, Mason SR	2) #263 Cummings, Ellis JR	
	3) #276 Sloan, Jayden JR	4) #262 Cummings, Elliott SR	

Event 5 Women 1500 Meter Run

SLC: 4:23.96 2022		Abby Gray
Lane	Name	Yr School
		Seed Time

Section 1 of 1 Finals

1	20 Rabijs, Jessica	SR Houston Chri	4:18.69
2	255 Weir, Alexandra	JR New Orleans	4:28.02
3	253 Maruping, Tshwanelo	JR New Orleans	4:29.67
4	522 Bett, Faith	SR Texas A&M-CC	4:30.88
5	180 Gilroy, Ciara	JR McNeese Stat	4:36.74
6	534 Kiprop, Sharon	JR Texas A&M-CC	4:37.37
7	252 Martin, Anna	JR New Orleans	4:38.55
8	69 Royal, Ashlyn	JR Incarnate Wo	4:40.71
9	201 Sullivan, Grace	SO McNeese Stat	4:41.65
10	300 Yilmaz, Ceren	SR Nicholls Sta	4:51.12
11	280 Baratka, Kalin	SO Nicholls Sta	5:11.49
12	284 Graham, Lauren	JR Nicholls Sta	5:29.18
13	298 Seal, Summer	SR Nicholls Sta	5:41.87
14	289 Christensen Marie, Au	SR Nicholls Sta	NT

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Meet Program - Running Events

Event 19 Women 5000 Meter Run

SLC: 16:47.89 2016				Alexandria Hackett			
Lane	Name	Yr	School	Seed	Time		
Section 1 of 1 Finals							
1	119 Clatworthy, Nia	SO	Lamar	16:58.17			
2	242 Dekay, Rebecca	SO	New Orleans	16:58.31			
3	191 Moloney, Sorcha	JR	McNeese Stat	17:09.34			
4	253 Maruping, Tshwanelo	JR	New Orleans	17:12.89			
5	534 Kiprop, Sharon	JR	Texas A&M-CC	17:15.34			
6	250 Jimenez, Ariana	JR	New Orleans	17:15.68			
7	252 Martin, Anna	JR	New Orleans	17:30.87			
8	249 Helms-Kjaer, Mathild	SR	New Orleans	17:32.23			
9	69 Royal, Ashlyn	JR	Incarnate Wo	17:34.38			
10	531 Johnson, Quin	SR	Texas A&M-CC	17:48.94			
11	46 Acuna, Andrea	JR	Incarnate Wo	17:54.12			
12	244 Folk, Michelle	JR	New Orleans	18:15.20			
13	169 Andres, Bonnie	JR	McNeese Stat	18:25.19			
14	3 Concepcion, Arlette	SO	Houston Chri	18:26.77			
15	300 Yilmaz, Ceren	SR	Nicholls Sta	18:27.83			
16	4 Davis, Ellisyn	SO	Houston Chri	18:43.01			
17	248 Hedrick, Holly	JR	New Orleans	18:45.73			
18	445 Campa, Alondra	SO	TAMU-Commer	19:26.89			
19	452 Johnson, Cailey	FR	TAMU-Commer	19:28.54			
20	461 Neal, Bailey	FR	TAMU-Commer	19:36.76			
21	449 Ibarra, Elizabeth	FR	TAMU-Commer	20:16.47			
22	71 Salinas, Danielle	FR	Incarnate Wo	NT			
23	120 Cleggett, Hailey	FR	Lamar	NT			
24	114 Austridge, Yasmin	JR	Lamar	NT			
25	239 Bonjorn-Giros, Oxano	SO	New Orleans	NT			
26	180 Gilroy, Ciara	JR	McNeese Stat	NT			
27	125 Howard, Jillian	SR	Lamar	NT			
28	193 Pascoa, Marta	JR	McNeese Stat	NT			
29	297 Rijpstra, Elsa	SR	Nicholls Sta	NT			
30	189 Kosgei, Pamela	SR	McNeese Stat	NT			
31	440 Almasri, Nour	FR	TAMU-Commer	NT			
32	201 Sullivan, Grace	SO	McNeese Stat	NT			
33	129 Mims, Mykayla	JR	Lamar	NT			
34	20 Rabius, Jessica	SR	Houston Chri	NT			

Event 20 Men 5000 Meter Run

SLC: 14:05.80 2012				David Rooney			
Lane	Name	Yr	School	Seed	Time		
Section 1 of 1 Finals							
1	555 Kipngeno, Dennis	JR	Texas A&M-CC	13:54.70			
2	553 Kimaiyo, Kelvin	SO	Texas A&M-CC	14:17.73			
3	272 Saltzman, Kolyn	SR	New Orleans	14:25.51			
4	90 Garza, Ryan	JR	Incarnate Wo	14:34.64			
5	265 Forester, Jaden	JR	New Orleans	14:37.75			
6	271 Pardo, Evan	FR	New Orleans	14:40.17			
7	554 Kimutai, Enock	JR	Texas A&M-CC	14:41.79			
8	267 Hansen, Matthew	FR	New Orleans	14:43.99			
9	85 Daniels, Christopher	SO	Incarnate Wo	14:49.66			
10	221 Kipkoge, Jacob	JR	McNeese Stat	15:05.65			
11	161 Rivera, Jonathan	FR	Lamar	15:08.56			
12	27 Artisst, Justice	JR	Houston Chri	15:11.86			
13	514 Speer, John	SO	TAMU-Commer	15:12.67			
14	274 Sandrock, Gary	SO	New Orleans	15:13.72			
15	97 Hernandez, Kevin	FR	Incarnate Wo	15:14.19			
16	278 Soileau, Alex	JR	New Orleans	15:15.35			
17	79 Benavides, Margarito	FR	Incarnate Wo	15:15.48			
18	38 Price, Isaiah	JR	Houston Chri	15:16.28			
19	561 Salinas, Juan	SR	Texas A&M-CC	15:24.29			
20	548 Gomez, Roy	SO	Texas A&M-CC	15:25.37			
21	504 Novelo, Casey	SO	TAMU-Commer	15:26.39			
22	310 Futey, Lucas	SO	Nicholls Sta	15:27.56			
23	220 Kimutai, Gilbert	JR	McNeese Stat	15:27.77			
24	521 White, Mason	FR	TAMU-Commer	15:31.13			
25	256 Appleton, Mason	FR	New Orleans	15:35.51			
26	318 Saunders, Thomas	FR	Nicholls Sta	16:47.75			
27	366 Klein, John	FR	Northwestern	NT			
28	376 Shumate, Korbin	SO	Northwestern	NT			
29	418 Kiprotich, Noah	SO	SE Louisiana	NT			
30	320 Walker, Chase	FR	Nicholls Sta	NT			
31	147 Eubank, Hayden	FR	Lamar	NT			
32	163 Saenz, Aaron	FR	Lamar	NT			
33	484 Deutsch, Nicholas	SO	TAMU-Commer	NT			
34	159 Peveto, Eli	JR	Lamar	NT			
35	511 Schutter, Joshua	SO	TAMU-Commer	NT			
36	408 Chestnut, Darian	FR	SE Louisiana	NT			
37	143 Cisneros, Geovany	FR	Lamar	NT			
38	379 Vidourek, Payten	SR	Northwestern	NT			

2023 Southland Conference Outdoor T&F Championship

Memorial Stadium - 5/4/2023 to 5/6/2023

Meet Program - Running Events

Event 21 Women 4x400 Meter Relay

SLC: 3:36.31 2018		Northwestern State	
Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	SE Louisiana		NT _____
	1) #401 Nwanze, Esther SO	2) #395 Jackson, Indya JR	
	3) #404 Thring, Jacqueline SR	4) #388 Cleveland, Alexandra J	
3	Incarnate Wo		3:54.19 _____
	1) #64 Morrison, Kallie FR	2) #49 Brathwaite, Afiah SR	
	3) #54 DeMaio, Maryn SR	4) #53 Constantine, Aleah JR	
4	New Orleans		3:53.71 _____
	1) #241 Bracey, Trinity JR	2) #240 Bracey, Sarinity JR	
	3) #235 Alowonle, Alimot FR	4) #236 Baumgarten, Helen FR	
5	Houston Chri		3:54.17 _____
	1) #23 Russell, Raylen FR	2) #20 Rabijs, Jessica SR	
	3) #25 Verdaasdonk, Meike SR	4) #13 Linton, Kemaya SO	
6	Nicholls Sta		4:01.67 _____
	1) #291 Maye, Nia JR	2) #292 Mbenoun, Maryse SR	
	3) #299 Tirado, Andrea FR	4) #280 Baratka, Kalin SO	

Section 2 of 2 Finals

2	Lamar		3:51.27 _____
	1) #131 Outing, Faith JR	2) #136 Smith, Kayla FR	
	3) #130 Odunlami, Adebola SO	4) #135 Rodriguez, Chloe SO	
3	McNeese Stat		3:49.57 _____
	1) #168 Akinwande, Boluwatife	2) #175 Carter, Jordan JR	
	3) #183 Harrison, Kayla JR	4) #204 Warner, Kayla JR	
4	Northwestern		3:36.28 _____
	1) #350 Weller, Sian FR	2) #340 Shaw, Maygan SO	
	3) #323 Balde, Vanessa FR	4) #328 Butler, Sanaria FR	
5	TAMU-Commerc		3:38.54 _____
	1) #460 Ndukwe, Naomi SO	2) #454 Khenfar, Sofia SO	
	3) #441 Aquillino, Francesca S	4) #469 Shostak, Mariana SO	
6	Texas A&M-CC		3:51.13 _____
	1) #537 Steele, Yasmine JR	2) #533 Jones, Tranasia SO	
	3) #535 Lara-Turner, Khiah FR	4) #527 Fontenot, Erial FR	

Event 22 Men 4x400 Meter Relay

SLC: 3:04.60 1989		UT-Arlington	
Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	Nicholls Sta		3:32.77 _____
	1) #313 Landry, Anthony SO	2) #304 Boden, Kevin FR	
	3) #309 Fabacher, Jake SO	4) #315 Madere, Landin FR	
3	Incarnate Wo		3:15.38 _____
	1) #88 Flores, Miguel JR	2) #95 Grimm, King FR	
	3) #100 Jackson, Taye FR	4) #113 Williams, Tevijon FR	
4	Texas A&M-CC		3:14.77 _____
	1) #559 Renteria, Rene FR	2) #544 Armstrong, Daniel SR	
	3) #557 Majors, Sean SR	4) #552 Humber, Ketavion SR	
5	Houston Chri		3:15.15 _____
	1) #33 Hinds, Denzel SO	2) #35 Ngei, Mark SO	
	3) #32 Gibson, Garrett SR	4) #37 Piquart, Alex JR	
6	New Orleans		3:23.03 _____
	1) #269 Melancon, Mason SR	2) #276 Sloan, Jayden JR	
	3) #263 Cummings, Ellis JR	4) #259 Chiku, Kelvin SO	

Section 2 of 2 Finals

2	McNeese Stat		3:14.75 _____
	1) #230 Powell, Jaden SO	2) #216 Gray, Samuel SO	
	3) #234 White, Jalon SO	4) #228 Miles, Ondray JR	
3	TAMU-Commerc		3:11.78 _____
	1) #517 Taylor, Adrian JR	2) #479 Barrientes, Eddie FR	
	3) #515 Stockerl, Conner JR	4) #508 Reevey, Ziphion SR	
4	SE Louisiana		3:07.38 _____
	1) #426 Omalla, Eugene JR	2) #427 Omalla, Jaimie JR	
	3) #433 Shiff, Omri SO	4) #417 Jackson, Agerian SR	
5	Northwestern		3:11.72 _____
	1) #356 Duncan, Desmond FR	2) #375 Scott, Destine-Unique !	
	3) #362 Jacobs, Cyrus FR	4) #368 Loyd, Galen SO	
6	Lamar		3:14.41 _____
	1) #162 Roberts, Jaylon JR	2) #141 Chin, Cameron FR	
	3) #152 Johnson, Christian FR	4) #150 Guidry, Trent JR	