

Southland Conference Indoor Championships 2023

Birmingham CrossPlex - 2/26/2023 to 2/27/2023

Results

Women 60 Meter Dash

Heat Winner + Next 3 on Time Advance to Finals

SLC Meet: 7.37 M 2/22/2018 Thai Williams

CrossPlex: 7.04 C 3/11/2022 Julien Alfred

Name	Yr	School	Prelims
Preliminaries			
1 Lynelle Washington	JR	Northwestern	M 7.32Q
2 Aarika Lister	SR	Northwestern	7.50Q
3 Vivette Green	SR	New Orleans	7.59Q
4 Jada Green	FR	Incarnate Wo	7.59Q
5 Sofia Khenfar	SO	TAMU-Commerc	7.62Q
6 Capri Wilson	JR	Texas A&M-CC	7.64q
7 Leah Pettis	FR	TAMU-Commerc	7.64q
8 Sydne Porter	JR	Lamar	7.66q
9 Brianna Howard	SO	Lamar	7.67
10 Kayla Harrison	JR	McNeese Stat	7.70
11 Aisha Johnson	JR	New Orleans	7.71
12 Gabrielle Thomas	SO	Incarnate Wo	7.72
13 Boluwatife Akinwande	FR	McNeese Stat	7.75
14 Jakenzie Thymes	FR	Lamar	7.75
14 Tia Andrews	JR	McNeese Stat	7.75
16 Victoria Byrd	FR	Northwestern	7.76
17 Chelsea Heggarr	FR	McNeese Stat	7.78
18 Sileena Farrell	FR	Northwestern	7.78
18 Vanessa Balde	FR	Northwestern	7.78
20 Raylen Russell	FR	Houston Chri	7.81
21 Lauryn Ceasar	SO	Incarnate Wo	7.82
22 Makayla Heath	JR	McNeese Stat	7.84
23 Kallie Morrison	FR	Incarnate Wo	7.85
24 Brianna Brand	SO	Houston Chri	7.86
25 Ashley Benton	SO	TAMU-Commerc	7.91
26 Zenai Fowler	FR	Texas A&M-CC	7.92
27 Bre'anna Lacy	FR	TAMU-Commerc	7.99
28 Braeja Johnson	SO	TAMU-Commerc	8.00
29 Nia Maye	JR	Nicholls Sta	8.03
30 Keiondra Narcisse	SR	Nicholls Sta	8.04
31 Laderria Myers	SO	TAMU-Commerc	8.06
32 Kiara Bethley	SR	Nicholls Sta	8.17
33 Maya Zavala	JR	Nicholls Sta	8.41

Women 60 Meter Dash

Heat Winner + Next 3 on Time Advance to Finals

SLC Meet: 7.37 M 2/22/2018 Thai Williams

CrossPlex: 7.04 C 3/11/2022 Julien Alfred

Name	Yr	School	Finals
Finals			
1 Lynelle Washington	JR	Northwestern	7.39 10
2 Vivette Green	SR	New Orleans	7.53 8
3 Jada Green	FR	Incarnate Wo	7.56 6
4 Aarika Lister	SR	Northwestern	7.58 5
5 Leah Pettis	FR	TAMU-Commerc	7.67 4
6 Capri Wilson	JR	Texas A&M-CC	7.67 3
7 Sofia Khenfar	SO	TAMU-Commerc	7.69 2
8 Sydne Porter	JR	Lamar	7.74 1

Women 200 Meter Dash

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 23.50 M 3/2/2020 Natasha Jackson

CrossPlex: 22.16 C 3/12/2022 Abby Steiner

Name	Yr	School	Prelims
Preliminaries			
1 Lynelle Washington	JR	Northwestern	23.97q
2 Vivette Green	SR	New Orleans	24.22q
3 Vanessa Balde	FR	Northwestern	24.42q
4 Sydne Porter	JR	Lamar	24.47q
5 Leah Pettis	FR	TAMU-Commerc	24.52q
6 Maygan Shaw	SO	Northwestern	24.53q
7 Capri Wilson	JR	Texas A&M-CC	24.57q
8 Sofia Khenfar	SO	TAMU-Commerc	24.61q
9 Aarika Lister	SR	Northwestern	24.66
10 Kayla Harrison	JR	McNeese Stat	24.71
11 Helen Baumgarten	FR	New Orleans	24.81
12 Brianna Howard	SO	Lamar	24.84
13 Boluwatife Akinwande	FR	McNeese Stat	25.12
14 Khiah Lara-Turner	FR	Texas A&M-CC	25.33
15 Journi Williams	SO	Texas A&M-CC	25.40
16 Tranasia Jones	SO	Texas A&M-CC	25.43
17 Erial Fontenot	FR	Texas A&M-CC	25.46
18 Esther Nwanze	SO	SE Louisiana	25.50
19 Makayla Heath	JR	McNeese Stat	25.50
20 Macey Morris	SO	Houston Chri	25.51
21 Lauryn Ceasar	SO	Incarnate Wo	25.53
22 Jakenzie Thymes	FR	Lamar	25.55
23 Ashley Benton	SO	TAMU-Commerc	25.61
24 Victoria Byrd	FR	Northwestern	25.63
25 Bre'anna Lacy	FR	TAMU-Commerc	25.68
26 Tia Andrews	JR	McNeese Stat	25.87
27 Jayda Jones	JR	Texas A&M-CC	26.17
28 Jacqueline Thring	SR	SE Louisiana	26.32
29 Laderria Myers	SO	TAMU-Commerc	26.32
30 Jada Green	FR	Incarnate Wo	26.33
31 Keiondra Narcisse	SR	Nicholls Sta	26.88
32 Maya Zavala	JR	Nicholls Sta	28.08
33 Indya Jackson	JR	SE Louisiana	30.62
--- Kallie Morrison	FR	Incarnate Wo	DQ

Women 200 Meter Dash

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 23.50 M 3/2/2020 Natasha Jackson

CrossPlex: 22.16 C 3/12/2022 Abby Steiner

Name	Yr	School	Finals
Finals			
1 Lynelle Washington	JR	Northwestern	23.90 10
2 Vivette Green	SR	New Orleans	24.05 8
3 Vanessa Balde	FR	Northwestern	24.14 6
4 Sydne Porter	JR	Lamar	24.26 5
5 Maygan Shaw	SO	Northwestern	24.37 4
6 Leah Pettis	FR	TAMU-Commerc	24.42 3

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Finals ... (Women 200 Meter Dash)

Name	Yr	School	Finals
7 Capri Wilson	JR	Texas A&M-CC	24.84 2
8 Sofia Khenfar	SO	TAMU-Commerc	24.88 1

Women 400 Meter Dash

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 53.25 M 3/2/2020 Natasha Jackson

CrossPlex: 50.69 C 3/12/2016 Courtney Okolo

Name	Yr	School	Prelims
Preliminaries			
1 Sanaria Butler	FR	Northwestern	54.72q
2 Maygan Shaw	SO	Northwestern	54.73q
3 Chloe Rodriguez	SO	Lamar	54.90q
4 Faith Outing	JR	Lamar	55.45q
5 Mariana Shostak	SO	TAMU-Commerc	56.05q
6 Naomi Ndukwe	SO	TAMU-Commerc	56.06q
7 Kayla Harrison	JR	McNeese Stat	56.10q
8 Tranasia Jones	SO	Texas A&M-CC	56.74q
9 Esther Nwanze	SO	SE Louisiana	56.89
10 Boluwatife Akinwande	FR	McNeese Stat	57.31
11 Sian Weller	FR	Northwestern	57.86
12 Jordan Carter	JR	McNeese Stat	58.13
13 Trinity Bracey	JR	New Orleans	58.35
14 Adebola Odunlami	SO	Lamar	58.57
15 Yasmine Steele	JR	Texas A&M-CC	59.95
16 Jacqueline Thring	SR	SE Louisiana	1:00.22
17 Janell Harvell	JR	Lamar	1:00.23
18 Mikyla Jamison	SO	Texas A&M-CC	1:00.80
19 Kemaya Linton	SO	Houston Chri	1:00.87
20 Ester Hardardottir	JR	Nicholls Sta	1:10.84
--- Kiara Bethley	SR	Nicholls Sta	DNF
--- Indya Jackson	JR	SE Louisiana	DNF
--- Erial Fontenot	FR	Texas A&M-CC	DQ

Women 400 Meter Dash

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 53.25 M 3/2/2020 Natasha Jackson

CrossPlex: 50.69 C 3/12/2016 Courtney Okolo

Name	Yr	School	Finals
Finals			
1 Maygan Shaw	SO	Northwestern	54.97 10
2 Faith Outing	JR	Lamar	55.14 8
3 Sanaria Butler	FR	Northwestern	55.16 6
4 Kayla Harrison	JR	McNeese Stat	55.47 5
5 Mariana Shostak	SO	TAMU-Commerc	55.65 4
6 Naomi Ndukwe	SO	TAMU-Commerc	55.96 3
7 Tranasia Jones	SO	Texas A&M-CC	56.85 2
8 Chloe Rodriguez	SO	Lamar	1:37.76 1

Women 800 Meter Run

2-alley start; 2-turn stagger

Top Two in Heat + Next 2 on Time Advance

SLC Meet: 2:09.30 M 2/22/2018 Camry Grigsby

CrossPlex: 2:01.37 C 3/11/2022 Lindsey Butler

Name	Yr	School	Prelims
Preliminaries			
1 Yasmin Austridge	JR	Lamar	2:15.67Q
2 Faith Bett	SR	Texas A&M-CC	2:15.75Q
3 Eline Mast	FR	Houston Chri	2:16.41Q
4 Ciara Gilroy	SR	McNeese Stat	2:15.94Q
5 Kayla Warner	JR	McNeese Stat	2:16.82Q
6 Irene Barreiro-Lopez	SO	McNeese Stat	2:17.63Q
7 Riley Cowan	JR	Texas A&M-CC	2:16.60q
8 Maryn DeMaio	JR	Incarnate Wo	2:16.85q
9 Maryse Mbenoun	SR	Nicholls Sta	2:18.14
10 Irene Bonanomi	JR	New Orleans	2:18.41
11 Ceyda Bayur	FR	Northwestern	2:21.07
12 Shanique Masters	SR	SE Louisiana	2:22.92
13 Didi Garcia	FR	Incarnate Wo	2:23.37
14 Mykayla Mims	JR	Lamar	2:23.60
15 Cambria Clark	SR	Texas A&M-CC	2:26.23
16 Kalin Baratka	SO	Nicholls Sta	2:32.42
17 Hailey Cleggett	FR	Lamar	2:36.41
18 Lauren Graham	JR	Nicholls Sta	2:39.53

Women 800 Meter Run

2-alley start; 2-turn stagger

Top Two in Heat + Next 2 on Time Advance

SLC Meet: 2:09.30 M 2/22/2018 Camry Grigsby

CrossPlex: 2:01.37 C 3/11/2022 Lindsey Butler

Name	Yr	School	Finals
Finals			
1 Yasmin Austridge	JR	Lamar	2:10.96 10
2 Eline Mast	FR	Houston Chri	2:12.75 8
3 Faith Bett	SR	Texas A&M-CC	2:14.39 6
4 Riley Cowan	JR	Texas A&M-CC	2:16.43 5
5 Irene Barreiro-Lopez	SO	McNeese Stat	2:16.57 4
6 Ciara Gilroy	SR	McNeese Stat	2:18.71 3
7 Maryn DeMaio	JR	Incarnate Wo	2:19.28 2
8 Kayla Warner	JR	McNeese Stat	2:48.51 1

Women 1 Mile Run

One Heat Final

2-alley start; 2-turn stagger

SLC Meet: 4:45.93 M 2/16/2016 Verity Ockenden

CrossPlex: 4:33.13 C 3/11/2022 Sintayehu Vissa

Name	Yr	School	Finals
Finals			
1 Jessica Rabiis	SR	Houston Chri	4:50.59 10
2 Alexandra Weir	JR	New Orleans	4:55.25 8
3 Tshwanelo Maruping	SO	New Orleans	4:57.29 6
4 Joy Gill	FR	Incarnate Wo	4:59.49 5
5 Nia Clatworthy	SO	Lamar	5:00.61 4
6 Jillian Howard	SR	Lamar	5:02.70 3

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Finals ... (Women 1 Mile Run)

Name	Yr	School	Finals
7 Oxano Bonjorn-Giros	SO	New Orleans	5:03.30 2
8 Ciara Gilroy	SR	McNeese Stat	5:03.73 1
9 Anna Martin	JR	New Orleans	5:04.27
10 Faith Bett	SR	Texas A&M-CC	5:10.24
11 Grace Sullivan	SO	McNeese Stat	5:11.16
12 Danielle Salinas	FR	Incarnate Wo	5:15.18

Women 3000 Meter Run

2-alley start, 2-turn stagger -- No changes in sections due to scratches LAPPED RUNNERS REMOVED TO 16

SLC Meet: 9:30.98 M 2/17/2015 Jannika John

CrossPlex: 8:57.86 C 3/12/2016 Molly Seidel

Name	Yr	School	Finals
1 Jessica Rabius	SR	Houston Chri	9:54.37 10
2 Yasmin Austridge	JR	Lamar	9:56.79 8
3 Alexandra Weir	JR	New Orleans	9:57.48 6
4 Nia Clatworthy	SO	Lamar	9:58.62 5
5 Tshwanelo Maruping	SO	New Orleans	9:59.77 4
6 Rebecca Dekay	JR	New Orleans	10:00.27 3
7 Joy Gill	FR	Incarnate Wo	10:00.88 2
8 Sorcha Moloney	JR	McNeese Stat	10:01.31 1
9 Destiny Quintanilla	FR	Houston Chri	10:04.76
10 Elsa Rijpstra	SR	Nicholls Sta	10:05.47
11 Sharon Kiprop	JR	Texas A&M-CC	10:09.52
12 Marta Pascoa	JR	McNeese Stat	10:12.31
13 Mathilde Helms-Kjaer	SR	New Orleans	10:12.48
14 Ashlyn Royal	SO	Incarnate Wo	10:13.73
15 Jillian Howard	SR	Lamar	10:22.07
16 Anna Martin	JR	New Orleans	10:22.51
17 Jasmine Perez	JR	McNeese Stat	10:27.95
18 Oxano Bonjorn-Giros	SO	New Orleans	10:33.83
19 Grace Sullivan	SO	McNeese Stat	10:34.47
20 Bonnie Andres	JR	McNeese Stat	10:35.78
21 Michelle Folk	JR	New Orleans	10:38.65
22 Danielle Salinas	FR	Incarnate Wo	10:42.24
23 Ines Legendre	SO	SE Louisiana	10:45.37
24 Mykayla Mims	JR	Lamar	10:53.09
25 Holly Hedrick	JR	New Orleans	10:58.65
26 Summer Seal	SR	Nicholls Sta	12:16.79
--- Ceren Yilmaz	SR	Nicholls Sta	DNF
--- Ceyda Bayur	FR	Northwestern	DNF

Women 5000 Meter Run

SLC Meet: 16:26.46 M 2/21/2018 Rabea Schoneborn

CrossPlex: 15:15.21 C 3/11/2016 Molly Seidel

Name	Yr	School	Finals
1 Joy Gill	FR	Incarnate Wo	17:12.60 10
2 Nia Clatworthy	SO	Lamar	17:15.38 8
3 Ariana Jimenez	SO	New Orleans	17:15.68 6
4 Rebecca Dekay	JR	New Orleans	17:18.96 5
5 Jillian Howard	SR	Lamar	17:28.36 4
6 Mathilde Helms-Kjaer	SR	New Orleans	17:32.23 3

7 Marta Pascoa	JR	McNeese Stat	17:34.16 2
8 Ashlyn Royal	SO	Incarnate Wo	17:34.38 1
9 Elsa Rijpstra	SR	Nicholls Sta	17:45.76
10 Sharon Kiprop	JR	Texas A&M-CC	17:53.60
11 Sorcha Moloney	JR	McNeese Stat	17:54.33
12 Bonnie Andres	JR	McNeese Stat	18:41.02
13 Michelle Folk	JR	New Orleans	18:41.45
14 Ines Legendre	SO	SE Louisiana	18:43.48
15 Jasmine Perez	JR	McNeese Stat	19:04.97
16 Augusta Marie Christensen	SR	Nicholls Sta	19:38.24

Women 60 Meter Hurdles

Heat Winner + Next 5 on Time Advance to Finals

SLC Meet: 8.19 M 2014 Sabrina Starr

CrossPlex: 7.78 C 3/11/2022 Grace Stark

Name	Yr	School	Prelims
1 Morgan Talley	SR	McNeese Stat	8.60Q
1 Kayli Johnson	SO	Lamar	8.60Q
3 Vanessa Balde	FR	Northwestern	8.64Q
4 Parl Eelma	SR	Lamar	8.72q
5 Sarinity Bracey	JR	New Orleans	8.89q
6 Brianna Hinds	FR	Houston Chri	8.91q
7 Orsciana Beard	SO	Northwestern	8.97q
8 Helen Baumgarten	FR	New Orleans	9.01q
9 Jessica Pitcher	FR	Northwestern	9.01
10 Bridget Trahan	FR	McNeese Stat	9.02
11 Lanaye Keys	SO	Houston Chri	9.10
12 Kaycee Brown	SO	Incarnate Wo	9.14
13 Jordan Hawkins	SO	Incarnate Wo	9.14
14 Aleah Constantine	SO	Incarnate Wo	9.15
15 Afiah Brathwaite	JR	Incarnate Wo	9.34
16 Julia Seigerroth	SR	TAMU-Commerce	9.45
17 Elizabeth Ortiz	SR	TAMU-Commerce	9.53
18 Reagan West	SO	McNeese Stat	9.63

Women 60 Meter Hurdles

Heat Winner + Next 5 on Time Advance to Finals

SLC Meet: 8.19 M 2014 Sabrina Starr

CrossPlex: 7.78 C 3/11/2022 Grace Stark

Name	Yr	School	Finals
1 Morgan Talley	SR	McNeese Stat	8.49 10
2 Vanessa Balde	FR	Northwestern	8.63 8
3 Parl Eelma	SR	Lamar	8.81 6
4 Orsciana Beard	SO	Northwestern	8.88 5
5 Sarinity Bracey	JR	New Orleans	8.90 4
6 Helen Baumgarten	FR	New Orleans	9.04 3
7 Brianna Hinds	FR	Houston Chri	9.21 2
--- Kayli Johnson	SO	Lamar	DQ

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Results

Women 4x400 Meter Relay

3-section final, seeded by entry times

SLC Meet: 3:41.13 M 2/16/2016 Sam Houston St.

B McCall, C Grigsby, R Amaku, J Grady

CrossPlex: 3:27.23 C 3/12/2022 Arkansas

R Effiong, J Hollis, S Maloney, B Wilson

Team	Relay	Finals
Finals		
1 TAMU-Commerce		3:44.66 10
2 Northwestern St.		3:45.50 8
3 McNeese State		3:52.14 6
4 Lamar		3:52.65 5
5 Texas A&M-CC		3:53.70 4
6 New Orleans		3:53.71 3
7 SE Louisiana		3:53.97 2
8 Houston Christian		3:56.39 1
9 Incarnate Word		3:57.19
10 Nicholls State		4:08.67

Women Distance Medley

2-alley start; 2-turn stagger

SLC Meet: 10:49.14 M 1996 UT Arlington

CrossPlex: 10:51.37 C 3/11/2022 Arkansas

I Van Camp, P Peoples, K Gear, L Jolly

Team	Relay	Finals
Finals		
1 Lamar		11:42.53 10
2 Houston Christian		11:47.08 8
3 New Orleans		11:53.26 6
4 Texas A&M-CC		12:08.26 5
5 McNeese State		12:09.15 4
6 Incarnate Word		12:39.13 3
7 Nicholls State		12:53.49 2
8 TAMU-Commerce		13:22.36 1
9 SE Louisiana		13:48.42

Women High Jump

Prog: 1.55-1.60-1.65-1.68-1.71-1.74-1.77

SLC Meet: 1.83m M 2002 Becky Collins

CrossPlex: 1.98m C 3/11/2016 Chaunte Lowe

Name	Yr	School	Finals
Finals			
1 Rebecca Pecora	SO	Houston Chri	1.77m 10
2 Katrine Olsen	SO	SE Louisiana	1.77m 8
3 Jenneil Jacobie	FR	TAMU-Commerc	1.74m 6
4 Abbigail Morrow	FR	Incarnate Wo	1.71m 5
5 Madison Alegria	SO	Incarnate Wo	1.68m 4
6 Kallie Calvaruso	FR	SE Louisiana	1.60m 2
6 Parl Eelma	SR	Lamar	1.60m 2
6 Maia Maury	SO	TAMU-Commerc	1.60m 2
9 Jaiyah Hodge	JR	Texas A&M-CC	1.60m
10 McCartney McAlexander	FR	Incarnate Wo	1.60m
11 Maison Wilbanks	FR	Northwestern	1.55m
12 Amiya Matthews	JR	Nicholls Sta	1.55m
13 Jai'Lin King	SO	Incarnate Wo	1.55m

14 Abria Paul	FR	Northwestern	1.50m
14 Samantha Rabius	FR	Houston Chri	1.50m
14 Carolin Bielert	FR	Northwestern	1.50m
17 Grace Perez	SR	Houston Chri	1.50m

Women Pole Vault

Prog: 3.05-3.20-3.35-3.45-3.55-3.65-3.70-3.75

3.80-3.85-3.90-3.95-4.00

SLC Meet: 4.29m M 2/24/2019 Nastassja Campbell

CrossPlex: 4.63m C 3/12/2016 Alexis Weeks

Name	Yr	School	Finals
Finals			
1 Matilde Poli	FR	Incarnate Wo	3.75m 10
2 Karlyn Trahan	JR	Northwestern	3.70m 8
3 Lara Zupanc	JR	SE Louisiana	3.55m 6
4 Alisa Novosad	JR	Incarnate Wo	3.55m 5
5 Iliana Singh	FR	Incarnate Wo	3.45m 4
6 Chloe Peloquin	FR	McNeese Stat	3.20m 3
7 Aubry Weyerstrass	JR	McNeese Stat	3.05m 2
8 Destiny Skidmore	SR	TAMU-Commerce	3.05m 1
9 Peyton Ware	FR	Northwestern	3.05m
9 Maryah Harrington	FR	SE Louisiana	3.05m
--- Brooklyn Matthews	SR	TAMU-Commerce	NH
--- Madison Brown	JR	Northwestern	NH

Women Long Jump

Top Nine to Finals

SLC Meet: 6.48m M 1989 Pam Smith

CrossPlex: 6.80m C 3/12/2016 Quanesha Burks

Name	Yr	School	Finals
Finals			
1 Alimot Alowonle	FR	New Orleans	5.94m 10
2 Parl Eelma	SR	Lamar	5.82m 8
3 Morgan Talley	SR	McNeese Stat	5.76m 6
4 Reem Tammam	FR	Houston Chri	5.74m 5
5 Sanaria Butler	FR	Northwestern	5.73m 4
6 Meike Verdaasdonk	JR	Houston Chri	5.69m 3
7 Chelsea Hegggar	FR	McNeese Stat	5.66m 2
8 Gabrielle Thomas	SO	Incarnate Wo	5.65m 1
9 Arajanee Jackson	JR	Lamar	5.62m
10 Jai'Lin King	SO	Incarnate Wo	5.57m
11 Rebecca Pecora	SO	Houston Chri	5.54m
12 Jaslyn Smith	SO	Northwestern	5.46m
13 Klinta Blusina	JR	Lamar	5.45m
14 Abria Paul	FR	Northwestern	5.43m
15 Lucrezia Pavesi	JR	Lamar	5.40m
16 Kayli Johnson	SO	Lamar	5.37m
17 Elizabeth Ortiz	SR	TAMU-Commerce	5.36m
17 Victoria Byrd	FR	Northwestern	5.36m
19 Brianna Brand	SO	Houston Chri	5.35m
20 Orsciana Beard	SO	Northwestern	5.34m
20 Imani Taylor	SR	TAMU-Commerce	5.34m
22 Madison Alegria	SO	Incarnate Wo	5.33m
23 Amaka Ezukanma	SO	TAMU-Commerce	5.30m
23 Carolin Bielert	FR	Northwestern	5.30m
25 Bridget Trahan	FR	McNeese Stat	5.29m

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Finals ... (Women Long Jump)

Name	Yr	School	Finals
26 Madelyn Kocik	FR	Houston Chri	5.19m
27 Dejah Fuller	SO	TAMU-Commerc	5.14m
28 Myla Tate	FR	Texas A&M-CC	5.07m
29 Aisja Harris	FR	Nicholls Sta	4.25m

Women Triple Jump

Top Nine to Finals

SLC Meet: 13.15m M 1994 Lisa Austin
 CrossPlex: 14.57m C 3/12/2022 Jasmine Moore

Name	Yr	School	Finals
Finals			
1 Morgan Talley	SR	McNeese Stat	12.35m 10
2 Gabrielle Thomas	SO	Incarnate Wo	12.28m 8
3 Sanaria Butler	FR	Northwestern	12.17m 6
4 Cristin Riley	JR	Lamar	12.08m 5
5 Aranjane Jackson	JR	Lamar	12.06m 4
6 Amaka Ezukanma	SO	TAMU-Commerc	11.96m 3
7 Alimot Alowonle	FR	New Orleans	11.87m 2
8 Orsciana Beard	SO	Northwestern	11.52m 1
9 Dejah Fuller	SO	TAMU-Commerc	11.51m
10 Jaslyn Smith	SO	Northwestern	11.48m
11 Klinta Blusina	JR	Lamar	11.46m
12 Audrey Uzoukwu	SO	TAMU-Commerc	11.36m
13 Myla Tate	FR	Texas A&M-CC	11.20m
--- Madelyn Kocik	FR	Houston Chri	FOUL
--- Aisja Harris	FR	Nicholls Sta	FOUL

Women Shot Put

Top Nine to Finals

SLC Meet: 16.65m M 2/25/2019 Ashley Davis
 CrossPlex: 19.08m C 3/12/2022 Jordine Van Klinken

Name	Yr	School	Finals
Finals			
1 Klaire Bentley	SR	Incarnate Wo	15.34m 10
2 Kristian Jackson	SR	SE Louisiana	15.08m 8
3 Angelina Sahagun	SO	Incarnate Wo	13.54m 6
4 Deanmonique Granville	SR	Northwestern	13.32m 5
5 Carnitra Mackey	SO	Northwestern	13.32m 4
6 Olivia Valliere	JR	Northwestern	13.13m 3
7 Ashari Jones	SO	McNeese Stat	12.81m 2
8 Reese Grossie	FR	McNeese Stat	12.67m 1
9 Jaslyn Russell	FR	McNeese Stat	12.55m
10 Sa'Niya Fowler	SO	Incarnate Wo	12.06m
11 Tamara Susa	SR	TAMU-Commerc	12.01m
12 McCartney McAlexander	FR	Incarnate Wo	11.63m
13 Glennis Woolridge	FR	Lamar	11.27m
14 Maggie Portier	FR	Nicholls Sta	9.59m
15 Mary Guy	SO	Nicholls Sta	8.21m

Women Weight Throw

Top Nine to Finals

SLC Meet: 21.57m M 2/15/2016 Ashley Jenkins
 CrossPlex: 25.55m C 3/12/2022 Shey Taiwo

Name	Yr	School	Finals
Finals			
1 Klaire Bentley	SR	Incarnate Wo	18.69m 10
2 Mariah Lee	JR	McNeese Stat	18.52m 8
3 Kristian Jackson	SR	SE Louisiana	18.06m 6
4 Sa'Niya Fowler	SO	Incarnate Wo	16.58m 5
5 Deanmonique Granville	SR	Northwestern	16.50m 4
6 Bernesha Knowles	SO	Northwestern	16.18m 3
7 Chloe Hernandez	JR	McNeese Stat	16.07m 2
8 Glennis Woolridge	FR	Lamar	15.87m 1
9 Akira Phillip	SR	Northwestern	14.73m
10 Jaslyn Russell	FR	McNeese Stat	14.71m
11 Karena Grigenas	JR	New Orleans	14.60m
12 Katrine Olsen	SO	SE Louisiana	14.33m
13 Reese Grossie	FR	McNeese Stat	14.01m
14 Angelina Sahagun	SO	Incarnate Wo	13.53m
15 Olivia Valliere	JR	Northwestern	13.31m
16 Madison Freeman	FR	McNeese Stat	12.95m
17 Briana Bell	JR	New Orleans	12.94m

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

SLC Meet: 2:15.38 M 2/21/2018 Migle Muraskaite
 CrossPlex: 2:08.75 C 3/11/2022 Anna Hall

Name	Yr	School	Finals
Finals			
1 Maia Maury	SO	TAMU-Commerc	2:20.98 810
2 Parl Eelma	SR	Lamar	2:22.18 794
3 Morgan Talley	SR	McNeese Stat	2:24.06 769
4 Rebecca Pecora	SO	Houston Chri	2:24.12 768
5 Samantha Rabius	FR	Houston Chri	2:33.10 655
6 Aleah Constantine	SO	Incarnate Wo	2:34.71 635
7 Andrea Tirado	FR	Nicholls Sta	2:35.66 624
8 Madison Alegria	SO	Incarnate Wo	2:36.44 614
9 Abria Paul	FR	Northwestern	2:40.50 567
10 Noa Grochowski	SR	Houston Chri	2:40.86 563
11 Amiya Matthews	JR	Nicholls Sta	2:43.12 538
12 Carolin Bielert	FR	Northwestern	2:44.09 527
13 Grace Perez	SR	Houston Chri	2:47.58 489
14 Afiah Brathwaite	JR	Incarnate Wo	2:53.61 427
--- Elizabeth Ortiz	SR	TAMU-Commerc	DNF
--- McCartney McAlexander	FR	Incarnate Wo	DNF
--- Jai'Lin King	SO	Incarnate Wo	DNF

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

SLC Meet: 8.50 M 2006 Ryanne Dupree
 CrossPlex: 8.09 C 3/11/2016 Kendall Williams

Name	Yr	School	Finals
Finals			
1 Morgan Talley	SR	McNeese Stat	8.61 993
2 Parl Eelma	SR	Lamar	8.65 984
3 Aleah Constantine	SO	Incarnate Wo	9.11 887

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Finals ... (Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Penta

Name	Yr	School	Finals
4 Afiah Brathwaite	JR	Incarnate Wo	9.17 875
5 Elizabeth Ortiz	SR	TAMU-Commerc	9.39 830
6 Maia Maury	SO	TAMU-Commerc	9.45 818
7 Noa Grochowski	SR	Houston Chri	9.49 810
8 Madison Alegria	SO	Incarnate Wo	9.50 808
9 Carolin Bielert	FR	Northwestern	9.63 783
10 Amiya Matthews	JR	Nicholls Sta	9.64 781
11 Grace Perez	SR	Houston Chri	9.72 765
12 Rebecca Pecora	SO	Houston Chri	9.76 758
13 Jai'Lin King	SO	Incarnate Wo	9.87 737
14 Samantha Rabiuis	FR	Houston Chri	10.08 697
15 McCartney McAlexander	FR	Incarnate Wo	10.24 668
16 Andrea Tirado	FR	Nicholls Sta	10.37 644
17 Abria Paul	FR	Northwestern	10.85 561

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

SLC Meet: 1.79m M 2/25/2019 Sashane Hanson

CrossPlex: 1.92m C 1/23/2016 Akela Jones

Name	Yr	School	Finals
Finals			
1 Rebecca Pecora	SO	Houston Chri	1.74m 903
2 Parl Eelma	SR	Lamar	1.71m 867
2 Maia Maury	SO	TAMU-Commerc	1.71m 867
4 Noa Grochowski	SR	Houston Chri	1.65m 795
4 Madison Alegria	SO	Incarnate Wo	1.65m 795
6 Morgan Talley	SR	McNeese Stat	1.62m 759
7 Jai'Lin King	SO	Incarnate Wo	1.59m 724
8 Andrea Tirado	FR	Nicholls Sta	1.56m 689
8 Amiya Matthews	JR	Nicholls Sta	1.56m 689
8 Grace Perez	SR	Houston Chri	1.56m 689
11 McCartney McAlexander	FR	Incarnate Wo	1.53m 655
11 Aleah Constantine	SO	Incarnate Wo	1.53m 655
11 Afiah Brathwaite	JR	Incarnate Wo	1.53m 655
11 Carolin Bielert	FR	Northwestern	1.53m 655
15 Elizabeth Ortiz	SR	TAMU-Commerc	1.50m 621
16 Samantha Rabiuis	FR	Houston Chri	1.47m 588
--- Abria Paul	FR	Northwestern	NH

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

SLC Meet: 5.96m M 2006 Leah Mathews

CrossPlex: 6.80m C 3/11/2016 Akela Jones

Name	Yr	School	Finals
Finals			
1 Parl Eelma	SR	Lamar	5.92m 825
2 Noa Grochowski	SR	Houston Chri	5.68m 753
3 Morgan Talley	SR	McNeese Stat	5.67m 750
4 Rebecca Pecora	SO	Houston Chri	5.57m 720
5 Madison Alegria	SO	Incarnate Wo	5.51m 703
6 Carolin Bielert	FR	Northwestern	5.47m 691
7 Maia Maury	SO	TAMU-Commerc	5.32m 648
8 Aleah Constantine	SO	Incarnate Wo	5.24m 626
8 Abria Paul	FR	Northwestern	5.24m 626
10 Jai'Lin King	SO	Incarnate Wo	5.15m 601
11 Elizabeth Ortiz	SR	TAMU-Commerc	5.10m 587

12 Afiah Brathwaite	JR	Incarnate Wo	5.00m 559
13 Samantha Rabiuis	FR	Houston Chri	4.97m 551
14 Grace Perez	SR	Houston Chri	4.87m 524
15 Andrea Tirado	FR	Nicholls Sta	4.79m 503
16 Amiya Matthews	JR	Nicholls Sta	4.77m 498
17 McCartney McAlexander	FR	Incarnate Wo	4.35m 391

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

SLC Meet: 13.25m M 3/1/2020 Migle Muraskaite

CrossPlex: 18.56m C 1/23/2016 Akela Jones

Name	Yr	School	Finals
Finals			
1 Afiah Brathwaite	JR	Incarnate Wo	11.56m 632
2 McCartney McAlexander	FR	Incarnate Wo	11.25m 612
3 Amiya Matthews	JR	Nicholls Sta	10.84m 585
4 Carolin Bielert	FR	Northwestern	10.83m 584
5 Madison Alegria	SO	Incarnate Wo	10.65m 572
6 Parl Eelma	SR	Lamar	10.29m 548
7 Morgan Talley	SR	McNeese Stat	10.14m 539
8 Grace Perez	SR	Houston Chri	10.11m 537
9 Aleah Constantine	SO	Incarnate Wo	10.00m 529
10 Samantha Rabiuis	FR	Houston Chri	9.80m 516
11 Andrea Tirado	FR	Nicholls Sta	9.68m 509
12 Elizabeth Ortiz	SR	TAMU-Commerc	9.32m 485
13 Maia Maury	SO	TAMU-Commerc	9.23m 479
14 Jai'Lin King	SO	Incarnate Wo	9.01m 465
15 Rebecca Pecora	SO	Houston Chri	8.86m 455
16 Abria Paul	FR	Northwestern	8.76m 449
17 Noa Grochowski	SR	Houston Chri	8.62m 440

Women Indoor Pentathlon

SLC Meet: 4055 M 2006 RYANNE DUPREE

CrossPlex: 4703 C 3/11/2016 KENDALL WILLIAMS

Name	Yr	School	Finals
Finals			
1 Parl Eelma	SR	Lamar	4018 10
2 Morgan Talley	SR	McNeese Stat	3810 8
3 Maia Maury	SO	TAMU-Commerc	3622 6
4 Rebecca Pecora	SO	Houston Chri	3604 5
5 Madison Alegria	SO	Incarnate Wo	3492 4
6 Noa Grochowski	SR	Houston Chri	3361 3
7 Aleah Constantine	SO	Incarnate Wo	3332 2
8 Carolin Bielert	FR	Northwestern	3240 1
9 Afiah Brathwaite	JR	Incarnate Wo	3148
10 Amiya Matthews	JR	Nicholls Sta	3091
11 Samantha Rabiuis	FR	Houston Chri	3007
12 Grace Perez	SR	Houston Chri	3004
13 Andrea Tirado	FR	Nicholls Sta	2969
14 Jai'Lin King	SO	Incarnate Wo	2527
15 Elizabeth Ortiz	SR	TAMU-Commerc	2523
16 McCartney McAlexander	FR	Incarnate Wo	2326
17 Abria Paul	FR	Northwestern	2203

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Men 60 Meter Dash

Heat Winner + Next 4 on Time Advance to Finals

SLC Meet: 6.64 M 2009 Teddy Williams

CrossPlex: 6.47 C 3/12/2016 Ronnie Baker

Name	Yr	School	Prelims
Preliminaries			
1 Delan Edwin	SR	TAMU-Commerc	6.68Q
2 J.T Smith	SR	TAMU-Commerc	6.68Q
3 Canman Swain	JR	Northwestern	6.76Q
4 Zachaeus Beard	JR	Northwestern	6.76Q
5 Ibrahim Fuseini	FR	TAMU-Commerc	6.78q
6 Corin Burns	FR	Incarnate Wo	6.80q
7 Emmanuel Agenor	JR	TAMU-Commerc	6.87q
8 Mason Melancon	SR	New Orleans	6.88q
9 Cameron Crowe	JR	Incarnate Wo	6.89
10 Elliott Cummings	SR	New Orleans	6.90
11 Austin Simoneaux	SR	Northwestern	6.90
12 Kenson Tate	SO	Lamar	6.91
13 Kavacion Webster	SR	Northwestern	6.92
14 Troy Dixon	FR	Lamar	6.93
15 Steven Jones	SR	Lamar	6.94
16 Tevijon Williams	FR	Incarnate Wo	6.94
17 Zac Martin	JR	McNeese Stat	6.95
18 Ronald Owens	SO	TAMU-Commerc	6.95
19 Amari Godette	JR	Nicholls Sta	7.01
20 Mikkel Johansson	FR	Northwestern	7.07
21 Kevin Domino	SO	SE Louisiana	7.11
22 Terrell Carter	FR	Nicholls Sta	7.14
23 Simon Wulff	SO	Northwestern	7.17
24 Keagan Brouard	SO	Northwestern	7.21
25 Keandre Fultz	JR	SE Louisiana	7.22
26 Efosa Evbuomwan	JR	Lamar	7.23
27 Dante Proctor	SR	Lamar	7.42
28 Allen Tabb	FR	Lamar	7.48
29 Allen Langston	JR	Nicholls Sta	7.50
--- Thomas Gignoux	JR	Incarnate Wo	FS

Men 60 Meter Dash

Heat Winner + Next 4 on Time Advance to Finals

SLC Meet: 6.64 M 2009 Teddy Williams

CrossPlex: 6.47 C 3/12/2016 Ronnie Baker

Name	Yr	School	Finals
Finals			
1 J.T Smith	SR	TAMU-Commerc	6.65 10
2 Canman Swain	JR	Northwestern	6.70 8
3 Ibrahim Fuseini	FR	TAMU-Commerc	6.72 6
4 Zachaeus Beard	JR	Northwestern	6.76 5
5 Delan Edwin	SR	TAMU-Commerc	6.77 4
6 Corin Burns	FR	Incarnate Wo	6.79 3
7 Emmanuel Agenor	JR	TAMU-Commerc	6.89 2
8 Mason Melancon	SR	New Orleans	6.92 1

Men 200 Meter Dash

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 20.94 M 2/25/2019 Jo'vaughn Martin

CrossPlex: 20.34 C 3/8/2019 Divine Oduduru

Name	Yr	School	Prelims
Preliminaries			
1 Destine-Unique Scott	SR	Northwestern	21.04q
2 Delan Edwin	SR	TAMU-Commerc	21.14q
3 Canman Swain	JR	Northwestern	21.38q
4 Jaimie Omalla	JR	SE Louisiana	21.43q
5 J.T Smith	SR	TAMU-Commerc	21.45q
6 Cameron Crowe	JR	Incarnate Wo	21.48q
7 Tevijon Williams	FR	Incarnate Wo	21.54q
8 Corin Burns	FR	Incarnate Wo	21.57q
9 Cyrus Jacobs	FR	Northwestern	21.57
10 Simon Wulff	SO	Northwestern	21.79
11 Garrett Gibson	SR	Houston Chri	21.85
12 Mikkel Johansson	FR	Northwestern	21.90
13 Kenson Tate	SO	Lamar	21.93
14 Thomas Gignoux	JR	Incarnate Wo	22.08
15 Justin Walden	JR	Northwestern	22.14
16 Kaleb Blalock	SO	McNeese Stat	22.16
17 Ketavion Humber	SR	Texas A&M-CC	22.16
18 Austin Simoneaux	SR	Northwestern	22.16
19 Kevin Domino	SO	SE Louisiana	22.19
20 Amari Godette	JR	Nicholls Sta	22.20
21 Matthew Madrey	JR	McNeese Stat	22.27
22 Ellis Cummings	JR	New Orleans	22.37
23 Terrell Carter	FR	Nicholls Sta	22.60
24 Desmond Duncan	FR	Northwestern	22.61
25 Mason Melancon	SR	New Orleans	22.82
26 Steven Jones	SR	Lamar	22.82
27 Troy Dixon	FR	Lamar	22.95
28 Efosa Evbuomwan	JR	Lamar	22.96
29 Allen Tabb	FR	Lamar	23.91
--- Galen Loyd	SO	Northwestern	FS
--- Emmanuel Agenor	JR	TAMU-Commerc	FS
--- Keandre Fultz	JR	SE Louisiana	DNF
--- Ibrahim Fuseini	FR	TAMU-Commerc	DQ

Men 200 Meter Dash

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 20.94 M 2/25/2019 Jo'vaughn Martin

CrossPlex: 20.34 C 3/8/2019 Divine Oduduru

Name	Yr	School	Finals
Finals			
1 Delan Edwin	SR	TAMU-Commerc	21.04 10
2 Destine-Unique Scott	SR	Northwestern	21.20 8
3 J.T Smith	SR	TAMU-Commerc	21.22 6
4 Canman Swain	JR	Northwestern	21.33 5
5 Corin Burns	FR	Incarnate Wo	21.63 4
6 Jaimie Omalla	JR	SE Louisiana	21.67 3
7 Tevijon Williams	FR	Incarnate Wo	21.73 2

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Finals ... (Men 200 Meter Dash)

Name	Yr	School	Finals
8 Cameron Crowe	JR	Incarnate Wo	21.81 1

Men 400 Meter Dash

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 46.23 M 3/2/2020 Johnathan Sawyer

CrossPlex: 44.62 C 3/12/2022 Randolph Ross

Name	Yr	School	Prelims
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Preliminaries

1	Destine-Unique Scott	SR	Northwestern	47.21q
2	Eugene Omalla	JR	SE Louisiana	47.27q
3	Omri Shiff	SO	SE Louisiana	47.97q
4	Jayden Sloan	JR	New Orleans	48.27q
5	Cameron Chin	FR	Lamar	48.34q
6	Jaylon Roberts	JR	Lamar	48.53q
7	Ondray Miles	JR	McNeese Stat	48.64q
8	Conner Stockerl	SO	TAMU-Commerc	48.68q
9	Jaimie Omalla	JR	SE Louisiana	48.70
10	Denzel Hinds	SO	Houston Chri	48.80
11	Cyrus Jacobs	FR	Northwestern	48.84
12	Agerian Jackson	SR	SE Louisiana	49.01
13	Philip Krenek	FR	TAMU-Commerc	49.02
14	Ziphion Reevey	SR	TAMU-Commerc	49.32
15	Adrian Taylor	SO	TAMU-Commerc	49.73
16	Miguel Flores	SO	Incarnate Wo	49.75
17	Eddie Barrientes	FR	TAMU-Commerc	49.88
18	Jaden Powell	JR	McNeese Stat	50.18
19	Galen Loyd	SO	Northwestern	50.39
20	Desmond Duncan	FR	Northwestern	50.42
21	Justin Walden	JR	Northwestern	50.66
22	Matthew Madrey	JR	McNeese Stat	50.76
23	Mark Ngei	SO	Houston Chri	51.01
24	Rene Renteria	FR	Texas A&M-CC	51.52
25	Evan Wilson	SO	Northwestern	51.85
26	John Moreno	JR	Texas A&M-CC	51.87
27	Demari Walker	SO	Texas A&M-CC	52.42
28	Anthony Landry	SO	Nicholls Sta	53.22
---	Jalon White	JR	McNeese Stat	DNF
---	Damon Morton Jr.	SO	SE Louisiana	DNF
---	Gerson Pozo	SO	SE Louisiana	DNF

Men 400 Meter Dash

Two heat final - BASED ON TIME

Heat #1 3,4,6,8 Heat #2 1,2,5,7

SLC Meet: 46.23 M 3/2/2020 Johnathan Sawyer

CrossPlex: 44.62 C 3/12/2022 Randolph Ross

Name	Yr	School	Finals
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Finals

1	Eugene Omalla	JR	SE Louisiana	46.79 10
2	Destine-Unique Scott	SR	Northwestern	47.05 8
3	Cameron Chin	FR	Lamar	47.30 6
4	Ondray Miles	JR	McNeese Stat	47.98 5
5	Jayden Sloan	JR	New Orleans	48.42 4
6	Omri Shiff	SO	SE Louisiana	48.51 3

7	Conner Stockerl	SO	TAMU-Commerc	48.64 2
8	Jaylon Roberts	JR	Lamar	49.15 1

Men 800 Meter Run

2-alley start; 2-turn stagger

Top Two in Heat + Next 2 on Time Advance

SLC Meet: 1:48.82 M 1990 Joseph Sainah

CrossPlex: 1:46.46 C 3/9/2019 Bryce Hoppel

Name	Yr	School	Prelims
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Preliminaries

1	Travis Jacobs	SR	Houston Chri	1:53.79Q
2	Krzysztof Turski	FR	Houston Chri	1:54.22Q
3	Kelvin Chiku	JR	New Orleans	1:54.37Q
4	King Grimm	FR	Incarnate Wo	1:55.01Q
5	Noah Kiprotich	JR	SE Louisiana	1:55.06Q
6	Filippo Squassina	SO	McNeese Stat	1:55.20Q
7	Javon-Taye Williams	SO	SE Louisiana	1:55.23q
8	Korbin Shumate	FR	Northwestern	1:56.00q
9	Jared Laverty	FR	Incarnate Wo	1:56.06
10	Christopher Flores	SO	TAMU-Commerc	1:56.84
11	Kevin Boden	FR	Nicholls Sta	1:56.98
12	Cameron Chretien	SO	Lamar	1:57.68
13	Logan Rickey	SO	Texas A&M-CC	1:59.34
14	Abdullah Elkhair	FR	McNeese Stat	2:00.30
15	Christian Bridgeman	FR	TAMU-Commerc	2:00.64
16	Jake Fabacher	SO	Nicholls Sta	2:01.47
17	Robine Lane	SO	Lamar	2:01.79
18	William Bellina	FR	Nicholls Sta	2:01.91
19	Wesley O'Neal	JR	Nicholls Sta	2:06.68
20	Patrick Alleman	FR	Nicholls Sta	2:17.00

Men 800 Meter Run

2-alley start; 2-turn stagger

Top Two in Heat + Next 2 on Time Advance

SLC Meet: 1:48.82 M 1990 Joseph Sainah

CrossPlex: 1:46.46 C 3/9/2019 Bryce Hoppel

Name	Yr	School	Finals
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Finals

1	Noah Kiprotich	JR	SE Louisiana	1:53.47 10
2	Travis Jacobs	SR	Houston Chri	1:53.98 8
3	Kelvin Chiku	JR	New Orleans	1:54.07 6
4	Filippo Squassina	SO	McNeese Stat	1:54.25 5
5	Korbin Shumate	FR	Northwestern	1:59.42 4
6	Javon-Taye Williams	SO	SE Louisiana	2:10.52 3
7	Krzysztof Turski	FR	Houston Chri	2:33.03 2
---	King Grimm	FR	Incarnate Wo	DQ

Men 1 Mile Run

2-alley start; 2-turn stagger

Top Three in Heat + Next 4 on Time Advance

SLC Meet: 4:03.14 M 2014 Sam Stabler

CrossPlex: 3:57.04 C 3/12/2022 Johnathan Davis

Name	Yr	School	Prelims
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Preliminaries

1	Jaden Forester	SO	New Orleans	4:18.30Q
2	Alex Piquart	JR	Houston Chri	4:19.88Q

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Preliminaries ... (Men 1 Mile Run)

Name	Yr	School	Prelims
3 Christopher Daniels	SO	Incarnate Wo	4:20.38Q
4 Omer El-Fadl	SO	McNeese Stat	4:20.40Q
5 Cade Litolff	JR	New Orleans	4:20.68Q
6 Nathan Allen	JR	Houston Chri	4:21.40Q
7 Javier Castillejo	FR	New Orleans	4:21.31q
8 Mason Appleton	FR	New Orleans	4:21.57q
9 Casey Novelo	SO	TAMU-Commerc	4:22.96q
10 Gary Sandrock	SO	New Orleans	4:23.25q
11 Kevin Kimaiyo	FR	McNeese Stat	4:27.48
12 Alex Soileau	SO	New Orleans	4:28.79
13 Thomas Saunders	FR	Nicholls Sta	4:43.25
14 Chase Walker	FR	Nicholls Sta	4:43.33

Men 1 Mile Run

2-alley start; 2-turn stagger

Top Three in Heat + Next 4 on Time Advance

SLC Meet: 4:03.14 M 2014 Sam Stabler

CrossPlex: 3:57.04 C 3/12/2022 Johnathan Davis

Name	Yr	School	Finals
Finals			
1 Alex Piquart	JR	Houston Chri	4:23.47 10
2 Jaden Forester	SO	New Orleans	4:24.39 8
3 Christopher Daniels	SO	Incarnate Wo	4:24.89 6
4 Omer El-Fadl	SO	McNeese Stat	4:24.98 5
5 Cade Litolff	JR	New Orleans	4:26.34 4
6 Nathan Allen	JR	Houston Chri	4:26.87 3
7 Mason Appleton	FR	New Orleans	4:27.21 2
8 Casey Novelo	SO	TAMU-Commerc	4:27.90 1
9 Gary Sandrock	SO	New Orleans	4:28.72
10 Javier Castillejo	FR	New Orleans	4:29.57

Men 3000 Meter Run

2-alley start, 2-turn stagger -- No changes in sections due to

scratches LAPPED RUNNERS REMOVED TO 16

SLC Meet: 8:00.79 M 3/1/2021 Shea Foster

CrossPlex: 7:51.46 C 1/31/2021 Christian Noble

Name	Yr	School	Finals
Finals			
1 Dennis Kipngeno	JR	Texas A&M-CC	8:21.23 10
2 Griffin Neal	SO	Incarnate Wo	8:21.64 8
3 Kelvin Kimaiyo	SO	Texas A&M-CC	8:25.39 6
4 Kolyn Saltzman	JR	New Orleans	8:25.50 5
5 Justice Artisst	JR	Houston Chri	8:28.02 4
6 Matthew Hansen	FR	New Orleans	8:28.65 3
7 Eli Peveto	JR	Lamar	8:29.57 2
8 Alexandre Fetizon	SO	Incarnate Wo	8:30.21 1
9 Enock Kimutai	SO	Texas A&M-CC	8:32.06
10 Evan Pardo	SO	New Orleans	8:32.94
11 Jonathan Rivera	FR	Lamar	8:33.96
12 Jaden Forester	SO	New Orleans	8:37.65
13 Ryan Garza	JR	Incarnate Wo	8:38.27
14 Nicholas Deutsch	SO	TAMU-Commerc	8:38.98
15 Geovany Cisneros	FR	Lamar	8:39.25
16 John Speer	SO	TAMU-Commerc	8:39.83

17 Christopher Daniels	SO	Incarnate Wo	8:41.49
18 Jacob Kipkoge	JR	McNeese Stat	8:43.14
19 Juan Salinas	SR	Texas A&M-CC	8:43.62
20 Crawford Kiser	FR	Lamar	8:44.07
21 Gary Sandrock	SO	New Orleans	8:45.12
22 Margarito Benavides	FR	Incarnate Wo	8:45.43
23 Gilbert Kimutai	SO	McNeese Stat	8:45.80
24 Mason White	FR	TAMU-Commerc	8:51.98
25 Noah Kiprotich	JR	SE Louisiana	8:52.81
26 Javier Castillejo	FR	New Orleans	8:53.79
27 Roy Gomez	SO	Texas A&M-CC	8:54.49
28 Hayden Eubank	FR	Lamar	8:55.74
29 Alex Soileau	SO	New Orleans	8:56.02
30 Isaiah Price	JR	Houston Chri	8:58.97
31 John Klein	FR	Northwestern	9:00.41
32 Payten Vidourek	SR	Northwestern	9:00.46
33 Jan Lenfert	SO	TAMU-Commerc	9:00.49
34 Joshua Schutter	SO	TAMU-Commerc	9:02.07
35 Lucas Futey	SO	Nicholls Sta	9:05.18
36 Ace Garcia	FR	TAMU-Commerc	9:06.78
37 Kevin Kimaiyo	FR	McNeese Stat	9:08.79
38 Casey Novelo	SO	TAMU-Commerc	9:11.82
39 Nathan Allen	JR	Houston Chri	9:16.65
40 Bo Badger	JR	Houston Chri	9:37.07
--- Aaron Saenz	FR	Lamar	DNF
--- Thomas Saunders	FR	Nicholls Sta	DNF
--- Mason Appleton	FR	New Orleans	DNF
--- Omer El-Fadl	SO	McNeese Stat	DNF
--- Chase Walker	FR	Nicholls Sta	DNF

Men 5000 Meter Run

SLC Meet: 13:40.36 M 2/28/2021 Shea Foster

CrossPlex: 13:19.01 C 3/11/2022 Abdihamid Nur

Name	Yr	School	Finals
Finals			
1 Dennis Kipngeno	JR	Texas A&M-CC	14:23.40 10
2 Griffin Neal	SO	Incarnate Wo	14:23.64 8
3 Kelvin Kimaiyo	SO	Texas A&M-CC	14:24.70 6
4 Kolyn Saltzman	JR	New Orleans	14:25.51 5
5 Ryan Garza	JR	Incarnate Wo	14:34.64 4
6 Enock Kimutai	SO	Texas A&M-CC	14:42.56 3
7 Alexandre Fetizon	SO	Incarnate Wo	14:47.05 2
8 Eli Peveto	JR	Lamar	14:50.34 1
9 Matthew Hansen	FR	New Orleans	14:51.91
10 Jacob Kipkoge	JR	McNeese Stat	14:53.00
11 Gilbert Kimutai	SO	McNeese Stat	14:54.79
12 Evan Pardo	SO	New Orleans	14:55.36
13 Juan Salinas	SR	Texas A&M-CC	14:58.40
14 Crawford Kiser	FR	Lamar	15:01.38
15 John Speer	SO	TAMU-Commerc	15:04.10
16 Roy Gomez	SO	Texas A&M-CC	15:38.50
17 Mason White	FR	TAMU-Commerc	15:39.63
18 Lucas Futey	SO	Nicholls Sta	15:40.91
19 Isaiah Price	JR	Houston Chri	15:47.86
20 Hayden Eubank	FR	Lamar	15:47.98
--- Ryan Guenther	SR	New Orleans	DNF

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Finals ... (Men 5000 Meter Run)

Name	Yr	School	Finals
---	Margarito Benavides	FR Incarnate Wo	DNF

Men 60 Meter Hurdles

Heat Winner + Next 6 on Time Advance to Finals

SLC Meet: 7.75 M 2/25/2019 Fabian McCall
 CrossPlex: 7.35 C 3/9/2019 Grant Holloway

Name	Yr	School	Prelims
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Preliminaries

1	Garrett Gibson	SR	Houston Chri	7.92Q
2	Cole Palmer	SO	SE Louisiana	8.08Q
3	Ketavion Humber	SR	Texas A&M-CC	8.14q
4	Isaiah Hudgens	SO	Incarnate Wo	8.15q
5	Taj Morris	SO	Northwestern	8.16q
6	Olufolabo Ogunyemi	FR	SE Louisiana	8.18q
7	Kyle Sieracki	SO	Incarnate Wo	8.19q
8	Trpimir Siroki	SR	Texas A&M-CC	8.21q
9	Jordan Johnson	JR	TAMU-Commerce	8.23
10	Jorim Bangué	FR	New Orleans	8.27
11	Daniel Armstrong	SR	Texas A&M-CC	8.30
12	Matheo Bernat	SR	Incarnate Wo	8.32
13	Dorian Andrews	SR	TAMU-Commerce	8.38
14	Candan Martin	SO	Incarnate Wo	8.41
15	Isaac Hayes	JR	Nicholls Sta	9.34

Men 60 Meter Hurdles

Heat Winner + Next 6 on Time Advance to Finals

SLC Meet: 7.75 M 2/25/2019 Fabian McCall
 CrossPlex: 7.35 C 3/9/2019 Grant Holloway

Name	Yr	School	Finals
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Finals

1	Garrett Gibson	SR	Houston Chri	7.97	10
2	Olufolabo Ogunyemi	FR	SE Louisiana	8.04	8
3	Isaiah Hudgens	SO	Incarnate Wo	8.06	6
4	Cole Palmer	SO	SE Louisiana	8.09	5
5	Taj Morris	SO	Northwestern	8.10	4
6	Kyle Sieracki	SO	Incarnate Wo	8.13	3
7	Trpimir Siroki	SR	Texas A&M-CC	8.19	2
---	Ketavion Humber	SR	Texas A&M-CC	DNF	

Men 4x400 Meter Relay

3-section final, seeded by entry times

SLC Meet: 3:08.97 M 2/16/2016 Southeastern Louisiana

D Lyons, M Bowleg, A Colebrook, A Riley

CrossPlex: 3:04.16 C 3/12/2022 Texas A&M

C Hanson, O Etiwe, B Miller, E Bamidele

Team	Relay	Finals
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Finals

1	SE Louisiana	3:12.06	10
2	TAMU-Commerce	3:14.08	8
3	Lamar	3:15.27	6
4	Northwestern St.	3:15.46	5
5	Houston Christian	3:15.67	4
6	Incarnate Word	3:18.18	3
7	Texas A&M-CC	3:21.15	2

8	McNeese State	3:21.84	1
9	New Orleans	3:23.03	
---	Nicholls State	DNF	

Men Distance Medley

2-alley start; 2-turn stagger

SLC Meet: 9:54.13 M 2014 Lamar

S. Guiney, C. Williams, A. Bennett, S. Stabler

CrossPlex: 9:25.20 C 3/11/2022 Texas

C Gomez, W Wright, C Carrozza, Y Abdalla

Team	Relay	Finals
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Finals

1	Texas A&M-CC	9:54.71	10
2	Houston Christian	9:55.14	8
3	Incarnate Word	10:01.59	6
4	New Orleans	10:08.06	5
5	TAMU-Commerce	10:19.01	4
6	SE Louisiana	10:22.72	3
7	Northwestern St.	10:23.73	2
8	Lamar	10:24.87	1
9	McNeese State	10:28.71	
10	Nicholls State	10:52.73	

Men High Jump

Prog: 1.94-1.99-2.04-2.07-2.10-2.13-2.16

SLC Meet: 2.29m M 1989 Brian Brown

CrossPlex: 2.32m C 3/11/2022 Vernon Turner

Name	Yr	School	Finals
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Finals

1	Slavko Stevic	JR	SE Louisiana	2.21m	10
2	Micky Ferdinand	SR	TAMU-Commerce	2.16m	8
3	Randy Kelly	FR	Northwestern	2.07m	6
4	Miles Jones	FR	Lamar	2.07m	5
5	Ronald Owens	SO	TAMU-Commerce	2.04m	4
6	Storm Buescher	JR	Incarnate Wo	2.04m	3
7	Elijah Jackson	SO	Lamar	1.99m	2
8	Jamal Dawson	SO	Texas A&M-CC	1.94m	1
9	Spencer Bigner	SO	Texas A&M-CC	1.94m	
9	Trpimir Siroki	SR	Texas A&M-CC	1.94m	
9	Trent Guidry	JR	Lamar	1.94m	
9	Jeremiah Gilliam	JR	Incarnate Wo	1.94m	
---	Alex Norton	FR	Northwestern	NH	
---	Noah Gonzales	SO	Texas A&M-CC	NH	
---	Brandon Lyons	FR	Lamar	NH	
---	Zachar Florence	FR	Lamar	NH	
---	Isaiah Griffin	SO	Incarnate Wo	NH	
---	Nicola Paletti	SO	Incarnate Wo	NH	
---	Adam Lindo	FR	Northwestern	NH	
---	Aiden Pelphrey	SR	TAMU-Commerce	NH	
---	Michael Berry	FR	McNeese Stat	NH	
---	Gavin Windham	FR	Nicholls Sta	NH	

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Men Pole Vault

Prog: 4.05-4.20-4.35-4.45-4.55-4.65-4.70-4.75-4.80

4.85-4.90-4.95-5.00

SLC Meet: 5.62m M 3/1/2020 Branson Ellis
 CrossPlex: 5.83m C 3/8/2019 Mondo Duplantis

Name	Yr	School	Finals
Finals			
1	Isaiah Hudgens	SO Incarnate Wo	4.85m 10
2	Kyle Sieracki	SO Incarnate Wo	4.80m 8
3	Micky Ferdinand	SR TAMU-Commerc	4.75m 6
4	Josiah Martinez	SO Incarnate Wo	4.65m 5
5	Jonah Ulbricht	FR Incarnate Wo	4.65m 4
6	Austin Davisson	FR Incarnate Wo	4.45m 2.5
6	Domen Sadic	JR Houston Chri	4.45m 2.5
8	Tyler Hunter	SO Incarnate Wo	4.35m 1
9	Logan Broussard	FR McNeese Stat	4.20m
10	Stephen Legnon	JR SE Louisiana	4.20m
---	Cole Palmer	SO SE Louisiana	NH
---	Sam Maggio	FR Northwestern	NH
---	Hayden Barrios	JR Northwestern	NH

Men Long Jump

Top Nine to Finals

SLC Meet: 7.96m M 1987 Brian Cooper
 CrossPlex: 8.11m C 1/11/2014 Ngoni Makusha

Name	Yr	School	Finals
Finals			
1	Kenson Tate	SO Lamar	7.53m 10
2	Andrew Gilreath	SO Northwestern	7.29m 8
3	Trpimir Siroki	SR Texas A&M-CC	7.26m 6
4	Enoch Antwi	JR Texas A&M-CC	7.22m 5
5	Matheo Bernat	SR Incarnate Wo	7.21m 4
6	Adam Lindo	FR Northwestern	7.19m 3
7	Nicola Paletti	SO Incarnate Wo	7.09m 2
8	Destiny Nkeonye	SO Houston Chri	7.07m 1
9	Patrick Wolf	SO Lamar	7.06m
10	Dallas Williams	JR Incarnate Wo	7.00m
11	Chandler King	JR TAMU-Commerc	6.99m
12	Christopher Murphy	SO New Orleans	6.96m
13	Keagan Broussard	SO Northwestern	6.82m
14	William Camacho	SO Incarnate Wo	6.80m
15	Sean Majors	SR Texas A&M-CC	6.75m
16	Dedrick Gant	SO SE Louisiana	6.74m
17	Chris Tucker	SO Nicholls Sta	6.72m
18	Nicholaus Smith	JR New Orleans	6.69m
19	Yassin Salem	FR Houston Chri	6.67m
20	Jacarrius Demmeritte	JR Lamar	6.52m
21	Trayveon Franklin	SR TAMU-Commerc	6.51m
22	Kendall Cleveland	JR SE Louisiana	6.49m
23	Christian Malbreaux	FR McNeese Stat	6.48m
24	Ezekial Bourgeois	FR Nicholls Sta	6.34m
25	Michael Berry	FR McNeese Stat	6.28m
26	Winjaris Windster	FR Houston Chri	6.14m
27	Gavin Windham	FR Nicholls Sta	5.69m

Men Triple Jump

Top Nine to Finals

SLC Meet: 16.54m M 2000 Kenta Bell
 CrossPlex: 16.89m C 3/9/2019 Jordan Scott

Name	Yr	School	Finals
Finals			
1	Andrew Gilreath	SO Northwestern	15.26m 10
2	Trayveon Franklin	SR TAMU-Commerc	15.09m 8
3	Jacarrius Demmeritte	JR Lamar	14.88m 6
4	Yassin Salem	FR Houston Chri	14.87m 5
5	Enoch Antwi	JR Texas A&M-CC	14.62m 4
6	William Camacho	SO Incarnate Wo	14.51m 3
7	Chandler King	JR TAMU-Commerc	14.16m 2
8	Chris Tucker	SO Nicholls Sta	13.95m 1
9	Winjaris Windster	FR Houston Chri	13.95m
10	Nicholaus Smith	JR New Orleans	13.91m
11	Zyyare Brown	SR Houston Chri	13.87m
12	Trpimir Siroki	SR Texas A&M-CC	13.67m
---	Randy Kelly	FR Northwestern	FOUL
---	Patrick Wolf	SO Lamar	FOUL
---	Dante Scott	SR New Orleans	FOUL
---	Dallas Williams	JR Incarnate Wo	FOUL
---	Dedrick Gant	SO SE Louisiana	FOUL
---	Kendall Cleveland	JR SE Louisiana	FOUL
---	Ezekial Bourgeois	FR Nicholls Sta	FOUL

Men Shot Put

Top Nine to Finals

SLC Meet: 19.85m M 1986 Steve Care
 CrossPlex: 21.71m C 3/8/2019 Peyton Otterdahl

Name	Yr	School	Finals
Finals			
1	Djimon Gumbs	JR Northwestern	18.95m 10
2	Marcus Francis	SO McNeese Stat	16.91m 8
3	Diamante Gumbs	JR Northwestern	16.83m 6
4	Tommy Nedow	SR SE Louisiana	16.72m 5
5	Garrett Stokes	SO Incarnate Wo	16.28m 4
6	Christian Gomez	SO Incarnate Wo	15.73m 3
7	Alex Williams	FR Lamar	15.38m 2
8	Justin Craft	FR Northwestern	15.38m 1
9	Tyler Challis	SO McNeese Stat	15.18m
10	Tarajh Hudson	SO Northwestern	14.43m
11	Spencer Blake	JR Houston Chri	14.43m
12	Garrett Dietert	SR McNeese Stat	14.26m
13	Matthew Christy	JR New Orleans	13.94m
14	Seth Pagart	SO SE Louisiana	13.55m
15	Jarred Whittrack	SO Nicholls Sta	13.52m
16	Micah Miller	FR SE Louisiana	13.19m
---	Roman Damasch	JR SE Louisiana	FOUL

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Men Weight Throw

Top Nine to Finals

SLC Meet: 21.93m M 2/16/2016 Alexander Young

CrossPlex: 24.15m C 1/14/2022 Bobby Colantonio

Name	Yr	School	Finals
Finals			
1 Garrett Stokes	SO	Incarnate Wo	18.62m 10
2 Diamante Gumbs	JR	Northwestern	18.39m 8
3 Terrell Webb	JR	SE Louisiana	18.36m 6
4 Tommy Nedow	SR	SE Louisiana	18.00m 5
5 Tyler Challis	SO	McNeese Stat	17.70m 4
6 Tarajh Hudson	SO	Northwestern	16.33m 3
7 Marcus Francis	SO	McNeese Stat	16.27m 2
8 Christian Gomez	SO	Incarnate Wo	15.99m 1
9 Alex Williams	FR	Lamar	15.98m
10 Seth Pagart	SO	SE Louisiana	14.68m
11 Justin Craft	FR	Northwestern	14.22m
--- Micah Miller	FR	SE Louisiana	FOUL
--- Matthew Christy	JR	New Orleans	FOUL

Heptathlon: #1 Men 60 Meter Dash Heptathlon

SLC Meet: 6.93 M 2/24/2019 Rodney Littlejohn

CrossPlex: 6.71 C 3/11/2022 Andrei Iosivas

Name	Yr	School	Finals
Finals			
1 Dallas Williams	JR	Incarnate Wo	6.91M 915
2 Isaiah Hudgens	SO	Incarnate Wo	7.09 851
3 Cole Palmer	SO	SE Louisiana	7.13 837
4 Nicola Paletti	SO	Incarnate Wo	7.14 833
5 Kyle Sieracki	SO	Incarnate Wo	7.14 833
6 Logan Broussard	FR	McNeese Stat	7.25 796
7 Micky Ferdinand	SR	TAMU-Commerc	7.34 765
8 Daniel Armstrong	SR	Texas A&M-CC	7.35 762
9 Jeremiah Gilliam	JR	Incarnate Wo	7.41 742
10 Timothy Wheeler	FR	TAMU-Commerc	7.56 694

Heptathlon: #7 Men 1000 Meter Run Heptathlon

SLC Meet: 2:35.30 M 2/25/2019 Rodney Littlejohn

CrossPlex: 2:31.55 C 3/12/2022 Ayden Owens

Name	Yr	School	Finals
Finals			
1 Nicola Paletti	SO	Incarnate Wo	2:48.73 779
2 Isaiah Hudgens	SO	Incarnate Wo	2:50.59 759
3 Daniel Armstrong	SR	Texas A&M-CC	2:52.85 736
4 Timothy Wheeler	FR	TAMU-Commerc	2:53.70 727
5 Logan Broussard	FR	McNeese Stat	3:03.93 626
6 Jeremiah Gilliam	JR	Incarnate Wo	3:08.58 583
7 Dallas Williams	JR	Incarnate Wo	3:12.04 551
8 Cole Palmer	SO	SE Louisiana	3:12.71 545
9 Micky Ferdinand	SR	TAMU-Commerc	3:13.84 535
10 Kyle Sieracki	SO	Incarnate Wo	3:13.98 534

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

SLC Meet: 8.15 M 2004 Edwin Billot

CrossPlex: 7.80 C 3/12/2022 Ayden Owens

Name	Yr	School	Finals
Finals			
1 Isaiah Hudgens	SO	Incarnate Wo	8.10M 957
2 Cole Palmer	SO	SE Louisiana	8.13M 949
3 Kyle Sieracki	SO	Incarnate Wo	8.21 930
4 Daniel Armstrong	SR	Texas A&M-CC	8.29 910
5 Jeremiah Gilliam	JR	Incarnate Wo	8.53 853
6 Nicola Paletti	SO	Incarnate Wo	8.65 825
7 Micky Ferdinand	SR	TAMU-Commerc	8.76 800
8 Timothy Wheeler	FR	TAMU-Commerc	9.17 709
9 Logan Broussard	FR	McNeese Stat	9.36 668
10 Dallas Williams	JR	Incarnate Wo	10.79 402

Heptathlon: #4 Men High Jump Heptathlon

SLC Meet: 2.13m M 2/15/2016 Tyler Adams

CrossPlex: 2.18m C 3/12/2022 Asani Hylton

Name	Yr	School	Finals
Finals			
1 Micky Ferdinand	SR	TAMU-Commerc	2.13mM 925
2 Nicola Paletti	SO	Incarnate Wo	2.01m 813
3 Isaiah Hudgens	SO	Incarnate Wo	1.89m 705
4 Dallas Williams	JR	Incarnate Wo	1.86m 679
4 Jeremiah Gilliam	JR	Incarnate Wo	1.86m 679
6 Timothy Wheeler	FR	TAMU-Commerc	1.77m 602
7 Daniel Armstrong	SR	Texas A&M-CC	1.74m 577
7 Cole Palmer	SO	SE Louisiana	1.74m 577
9 Kyle Sieracki	SO	Incarnate Wo	1.71m 552
10 Logan Broussard	FR	McNeese Stat	1.59m 457

Heptathlon: #6 Men Pole Vault Heptathlon

SLC Meet: 5.20m M 2/25/2019 Riccardo Klotz

CrossPlex: 5.40m C 3/12/2013 Zack Ziemek

Name	Yr	School	Finals
Finals			
1 Isaiah Hudgens	SO	Incarnate Wo	5.10m 941
2 Kyle Sieracki	SO	Incarnate Wo	4.90m 880
3 Micky Ferdinand	SR	TAMU-Commerc	4.70m 819
4 Jeremiah Gilliam	JR	Incarnate Wo	4.30m 702
5 Logan Broussard	FR	McNeese Stat	4.20m 673
6 Nicola Paletti	SO	Incarnate Wo	4.10m 645
7 Timothy Wheeler	FR	TAMU-Commerc	3.30m 431
8 Dallas Williams	JR	Incarnate Wo	2.80m 309
--- Daniel Armstrong	SR	Texas A&M-CC	NH
--- Cole Palmer	SO	SE Louisiana	NH

Heptathlon: #2 Men Long Jump Heptathlon

SLC Meet: 7.28m M 2010 Josh Cravens

CrossPlex: 7.75m C 3/11/2022 Leo Neugebauer

Name	Yr	School	Finals
Finals			
1 Nicola Paletti	SO	Incarnate Wo	7.13m 845
2 Micky Ferdinand	SR	TAMU-Commerc	7.09m 835

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	Name	Yr	School	Finals
3	Jeremiah Gilliam	JR	Incarnate Wo	6.82m 771
4	Isaiah Hudgens	SO	Incarnate Wo	6.70m 743
5	Dallas Williams	JR	Incarnate Wo	6.69m 741
6	Logan Broussard	FR	McNeese Stat	6.45m 686
7	Kyle Sieracki	SO	Incarnate Wo	6.25m 641
8	Daniel Armstrong	SR	Texas A&M-CC	6.14m 617
9	Cole Palmer	SO	SE Louisiana	6.02m 591
10	Timothy Wheeler	FR	TAMU-Commerc	5.85m 554

Heptathlon: #3 Men Shot Put Heptathlon**SLC Meet: 14.47m M 2008 Chris Jones****CrossPlex: 15.72m C 3/12/2022 Leo Neugebauer**

	Name	Yr	School	Finals
1	Kyle Sieracki	SO	Incarnate Wo	13.00m 667
2	Isaiah Hudgens	SO	Incarnate Wo	12.94m 664
3	Micky Ferdinand	SR	TAMU-Commerc	12.65m 646
4	Dallas Williams	JR	Incarnate Wo	10.91m 540
5	Cole Palmer	SO	SE Louisiana	10.81m 534
6	Nicola Paletti	SO	Incarnate Wo	10.78m 533
7	Logan Broussard	FR	McNeese Stat	9.79m 473
8	Jeremiah Gilliam	JR	Incarnate Wo	9.61m 462
9	Daniel Armstrong	SR	Texas A&M-CC	9.60m 462
10	Timothy Wheeler	FR	TAMU-Commerc	9.55m 459

Men Heptathlon**SLC Meet: 5728 M 2011 Romain Martin****CrossPlex: 6211 C 3/12/2022 Ayden Owens**

	Name	Yr	School	Finals
1	Isaiah Hudgens	SO	Incarnate Wo	5620 10
2	Micky Ferdinand	SR	TAMU-Commerc	5325 8
3	Nicola Paletti	SO	Incarnate Wo	5273 6
4	Kyle Sieracki	SO	Incarnate Wo	5037 5
5	Jeremiah Gilliam	JR	Incarnate Wo	4792 4
6	Logan Broussard	FR	McNeese Stat	4379 3
7	Timothy Wheeler	FR	TAMU-Commerc	4176 2
8	Dallas Williams	JR	Incarnate Wo	4137 1
9	Daniel Armstrong	SR	Texas A&M-CC	4064
10	Cole Palmer	SO	SE Louisiana	4033

Men - Team Rankings - 17 Events Scored	
1)	Incarnate Word 143.5
2)	Northwestern St. 104
3)	TAMU-Commerce 91
4)	SE Louisiana 81
5)	Texas A&M-CC 65
6)	Houston Christian 57.5
7)	New Orleans 43
8)	Lamar 42
9)	McNeese State 33
10)	Nicholls State 1

Women - Team Rankings - 17 Events Scored

1)	Northwestern St. 111
2)	Lamar 108
3)	Incarnate Word 103
4)	New Orleans 87
5)	McNeese State 81
6)	Houston Christian 65
7)	TAMU-Commerce 46
8)	SE Louisiana 32
9)	Texas A&M-CC 27
10)	Nicholls State 2