



1963-2013

50TH ANNIVERSARY RECOGNITION

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SOUTHLAND BASEBALL

1960s All-Decade Team

Name, Team	Pos.	1st-Team All-SLC	Superlatives
Joe Augienello, Lamar	C	1969	
Audie Blevins, Trinity	1B	1964, 1965	
William Bourg, Arkansas State	P	1967, 1968, 1969, 1970	1970 Pitcher of the Year
Bob Browning, Arkansas State	2B	1965, 1966, 1967	
John Buleson, Trinity	C	1964	
Jim Callaway, Arkansas State	3B	1965, 1966, 1967	
Jimmy Carter, Trinity	SS	1964, 1965	
Pat Cluney, Trinity	1B	1966, 1967, 1968	
Craig Collier, Abilene Christian	P	1969	
Bill Gilbreth, Abilene Christian	P	1968	
Jim Gilligan, Lamar	P	1967	All-Time winningest Southland baseball coach
George Glenn, Arkansas State	3B	1964, 1966	
Troy Hinson, Trinity	OF	1964	
Tommy Knight, Abilene Christian	SS	1969	
Paul Knoblauch, Lamar	OF	1969	
Ron Lucas, Texas-Arlington	3B	1969	
Jack Mercer, Lamar	SS	1968	
Jim Mueller, Arkansas State	OF	1967, 1968, 1969	
Wayne Pitcock, Arkansas State	OF	1968, 1969	
Ronnie Potts, Lamar	C	1967	
Walter Rockwell, Abilene Christian	OF	1964	
Dana Ryan, Arkansas State	2B	1967, 1968	
Perry Scott, Abilene Christian	1B	1969	
John Terry, Abilene Christian	P	1965	
Marvin Upshaw, Trinity	C	1966	1968 1st Round NFL Draft Pick, Cleveland
Mile Ward, Abilene Christian	OF	1966	
Bob Webb, Arkansas State	C	1965	
Jim Wingate, Trinity	P	1966	Southland Career ERA Leader (0.39)
Ike Wynn, Lamar	OF	1968	

Coach of the Decade: Houston Wheeler, Trinity.

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SOUTHLAND BASEBALL

1970s All-Decade Team

Name, Team	Pos.	1st-Team All-SLC	Superlatives
Julio Alonso, Lamar	P	1974, 1975	1974 Pitcher of the Year
Jose Alvarez, La.-Lafayette	P	1978	1978 Pitcher of the Year
Chuck Bailey, Louisiana Tech	C	1978, 1979	
David Bernsen, Lamar	P	1971	1971 Pitcher of the Year
Bobby Brasher, Louisiana Tech	OF	1974, 1976	1974 Hitter of the Year
Kenneth Clark, Texas-Arlington	1B	1971, 1973	
Russell Conner, McNeese State	OF	1977	1977 Hitter of the Year
Billy Daffin, Trinity	3B	1970, 1972	
Pete Davis, Arkansas State	OF	1971, 1973	
Shanie Dugas, McNeese State	SS	1979, 1980	
Larry Elmore, Arkansas State	1B	1974, 1975	
A.C. Frese, Trinity	2B	1970, 1971	
Ray Fontenot, McNeese State	P	1979	Southland Career Complete Games Pitched Record (29) & Career Shutouts Record (9)
Harold Flynn, Lamar	OF	1976, 1977	
James Gallier, McNeese State	1B	1979, 1981	
Dale Holman, Louisiana Tech	OF	1977, 1978, 1979	1978 & 1979 Hitter of the Year
Eddie Holman, Louisiana Tech	P	1974	Southland Career Strikeout Leader (336)
Kevin Jeansonne, La.-Lafayette	OF	1975, 1976	1976 Hitter of the Year
Mike Jeffcoat, Louisiana Tech	P		1983-94 MLB, Cleveland, San Francisco, Texas, Florida
Louis Jones, Lamar	SS	1977, 1978	
Steve Lacy, Louisiana Tech	SS	1973, 1974, 1975	
Mike Laudig, Lamar	OF	1976, 1977, 1978	
Bruce Marshall, Texas-Arlington	P	1976	1976 Pitcher of the Year
Richie McAlister, Louisiana Tech	C	1974, 1975	1975 Hitter of the Year
Joe McCann, Lamar	2B	1976, 1977, 1978, 1979	
Randy McGilberry, Louisiana Tech	P	1975	1975 Pitcher of the Year
Fred McGaha, Louisiana Tech	OF	1972	1972 Hitter of the Year
Jeff Martin, Lamar	3B	1978, 1979	
Jerry Nalley, La.-Lafayette	OF	1979, 1980	
Rick Nesloney, Lamar	P	1977	1977 Pitcher of the Year
Bill Norwood, Louisiana Tech	P	1973	1973 Pitcher of the Year
Alvin O'Dell, Abilene Christian	3B		1970 Hitter of the Year
Mark Oldham, Lamar	OF	1970, 1971	
Bill Simon, McNeese State	2B	1973, 1975	
David C. Smith, Lamar	P	1979	1979 Pitcher of the Year
Paul Stanley, Trinity	P	1972	1972 Pitcher of the Year
Billy Wearden, Lamar	3B	1975, 1976	
Richard Wilkinson, Texas-Arlington	DH/IF	1978, 1980	
Phil Winningham, Louisiana Tech	2B	1974, 1976	
Paul Young, McNeese State	OF	1973	1973 Hitter of the Year

Co-Coaches of the Decade: Jim Gilligan, Lamar, and Pat Patterson, Louisiana Tech

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SOUTHLAND BASEBALL

1980s All-Decade Team

Name, Team	Pos.	1st-Team All-SLC	Superlatives
Jay Adcock, Louisiana Tech	1B	1979, 1980	1980 Hitter of the Year
Beau Allred, Lamar	OF	1987	1989-91 MLB, Cleveland
Dan Banas, Louisiana Tech	OF	1981	1981 Hitter of the Year
Jim Boehne, Louisiana Tech	P/DH	1985	1985 Pitcher of the Year
Steve Boulet, McNeese State	OF		1988 Newcomer of the Year
Kim Christensen, Lamar	3B	1980, 1982	
Jerald Clark, Lamar	OF	1984, 1985	1984 Hitter of the Year, 1988-95 MLB, San Diego, Colorado, Minnesota
Frank Colston, Louisiana Tech	OF	1985, 1986	
Todd Cox, Texas-Arlington	OF	1984	1984 Batting Average Champion
Chuck Finley, Louisiana-Monroe	P		1986-02 MLB, California, Cleveland, St. Louis; 200-Game Winner, Over 2,600 Strikeouts
Steve Foster, Texas-Arlington	P	1988	1988 Pitcher of the Year
Kenneth Garza, Sam Houston State	P	1989	1989 Pitcher of the Year
Jeff Gremillion, McNeese State	OF	1989	1989 Hitter & Player of the Year
Todd Hale, Texas-Arlington	3B	1983, 1984	
Lawrence Hanlon, Texas-Arlington	SS	1989, 1990	1989 Newcomer of the Year
Roger Hickernell, McNeese State	SS	1982	1982 Batting Average Champion
Trey Hillman, Texas-Arlington	SS/2B	1983, 1984, 1985	1985 Hitter of the Year
Tom Krupa, Louisiana Tech	1B	1982	1982 Hitter of the Year
Richie LeBlanc, Louisiana Tech	P	1986, 1987	1986 & 1987 Pitcher of the Year
Tony Mack, Lamar	P	1981, 1982	1981 & 1982 Pitcher of the Year
Tim Maloney, Arkansas State	OF	1981, 1982, 1983	1983 Hitter of the Year
Charley Montoyo, Louisiana Tech	2B	1986, 1987	1986 & 1987 Hitter of the Year
Alan Marr, Lamar	2B	1980, 1981	
Terry Matthews, Louisiana-Monroe	DH/P	1987	1991-99 MLB, Texas, Florida, Baltimore, Kansas City
Doug Myers, Texas-Arlington	P	1986	1986 Newcomer of the Year
Doug Ortman, Louisiana Tech	OF	1984, 1986	
Roger Piacenti, Texas-Arlington	OF	1982, 1983	
Charlie Phillips, McNeese State	SS	1987, 1988, 1989	
Rickey Poe, Arkansas State	OF	1980	1980 Batting Average Champion
David Poss, Lamar	P	1984, 1987	
Jeff Richardson, Louisiana Tech	SS	1985, 1986	
David Segui, Louisiana Tech	1B	1987	1987 Newcomer of the Year; 1990-04 MLB, eight teams
Keith Silver, Lamar	P	1984	1984 Pitcher of the Year
Joe Sims, Louisiana-Monroe	OF	1985, 1986	
Matt Skinner, Texas-Arlington	C	1984, 1985	
Chip Stratton, McNeese State	1B	1988	1988 Player of the Year
Keith Thibodeaux, Louisiana Tech	P	1980	1980 Pitcher of the Year
Randy Thorpe, Texas-Arlington	OF	1980, 1981	SLC Career Stolen Bases Leader (151)
Frank Tornabenne, Louisiana-Monroe	OF	1983, 1984	
Fred Wilburn, Texas-Arlington	P	1983	1983 Pitcher of the Year

Co-Coaches of the Decade: Jim Gilligan, Lamar, and Pat Patterson, Louisiana Tech

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SOUTHLAND BASEBALL

1990s All-Decade Team

Name, Team	Pos.	1st-Team All-SLC	Superlatives
Ryan Anholt, Northwestern State	SS	1998	1998 Player of the Year, 1998 Newcomer of the Year
Cody Arcement, Nicholls State	P	1998	1998 Wins Leader
Ben Broussard, McNeese State	1B	1998, 1999	1998 & 1999 Hitter of the Year
William Brunson, Texas State	P	1992	1992 Pitcher of the Year
Brent Bubela, Sam Houston State	C		1996 Batting Average Champion, 1996 Tournament MVP
Terry Burrows, McNeese State	P	1990	1990 Player of the Year; 1990 Pitcher of the Year; Former McNeese State Baseball Coach
Brian Carlin, Northwestern State	OF	1991	1991 Player of the Year, 1991 Newcomer of the Year
Alby Carvajal, Texas State	DH/1B	1989, 1990	1990 Hitter of the Year
Troy Conkle, Northwestern State	SS	1992, 1993	
Shannon Cooley, Louisiana-Monroe	OF	1996	1996 Player of the Year
Clint Cortez, Nicholls State	P		1995 & 1996 Strikeouts Leader
Andy Davis, Louisiana-Monroe	DH/OF	1991, 1992	
Matt Donner, Northwestern State	3B	1994, 1995	
Kelly Eddlemon, Sam Houston State	3B	1999, 2000	
Gavin Fingleson, Southeastern La.	2B		1999 Hits Leader
Reggie Gatewood, Northwestern State	P	1993, 1994	1993 Pitcher of the Year, 1993 Newcomer of the Year
Chris Gay, Texas-Arlington	P	1992	1992 Pitcher of the Year
Clay Gould, Texas-Arlington	OF	1993	1993 Player of the Year; Namesake of Southland Coach of the Year Award
Clint Gould, McNeese State	1B	1993, 1994	1993 Tournament MVP
Greg Gravois, Nicholls State	OF		Southland Career Triples Leader (19)
David Hawkins, Nicholls State	P	1992	1992 ERA Leader
Karl Heckendorn, Texas-Arlington	OF	1992, 1993	1992 Newcomer of the Year
Harold Henry, Louisiana-Monroe	OF	1990, 1991	
Gary Hermann, Texas State	1B	1991, 1992	1991 & 1992 Hitter of the Year, 1992 Player of the Year
Shawn Hill, Nicholls State	P	1993	1993 ERA Leader
Josh Hoffpauir, Northwestern State	OF		1997 Newcomer of the Year
Deron Hofstetter, McNeese State	OF	1994	1994 Hitter of the Year, 1994 Player of the Year
Jacques Jobert, Nicholls State	2B		1998 Tournament MVP
Terry Joseph, Northwestern State	OF	1993, 1994, 1995	1995 Hitter of the Year, 1995 Player of the Year
Jeff Juarez, Texas-San Antonio	OF	1998, 1999	
Greg Kubes, Sam Houston State	P	1997	1997 Pitcher of the Year
John Lackey, Texas-Arlington	P		2002- MLB, Los Angeles (AL), Boston
Jason Lecronier, McNeese State	OF	1994, 1995	1994 Newcomer of the Year
Brian Lawrence, Northwestern State	P	1997, 1998	1998 Pitcher of the Year
Tommy Lewis, Louisiana-Monroe	OF	1997	1997 Hitter of the Year, 1997 Player of the Year
Brent Lockwood, Nicholls State	SS	1996	1996 Hitter of the Year, 1995 Newcomer of the Year
Skip Madden, Northwestern State	P		1990 Newcomer of the Year
Ben Mann, Louisiana-Monroe	P	1996	1996 Pitcher of the Year
Matt Mize, Texas-Arlington	3B	1998, 1999	
Scott Pederson, Texas-San Antonio	OF	1994	1994 Tournament MVP
Darwin Pennye, Texas State	OF	1988	1988 Hitter of the Year
Kevin Perret, Nicholls State	3B	1997	1997 Batting Average Champion

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Stephen Prihoda, Sam Houston State	P	1994, 1995	1994 Player of the Year
Ryan Robertson, McNeese State	C	1994, 1995	
Jose Rubiera, Texas-Arlington	OF		1991 Batting Average Champion
Jon Saylor, McNeese State	P	1995	1995 Pitcher of the Year
Kyle Shade, Northwestern State	OF	1992, 1993	1993 Hitter of the Year, 1993 Player of the Year; Southland Career Batting Average Leader (.427)
Ben Sheets, Louisiana-Monroe	P	1998, 1999	1999 Player of the Year, 1999 Pitcher of the Year; U.S. Olympic Team Gold Medalist, 2000 Atlanta Olympics
Barry Shepherd, Northwestern State	P	1991	1991 Pitcher of the Year
Chad Spears, Texas State	C	1997	1997 Player of the Year
Adam Stout, Northwestern State	P	1999	1999 Newcomer of the Year
Corey Taylor, Louisiana-Monroe	OF	1997, 1998	
Ron Thames, Sam Houston State	1B	1996, 1997	
Mike Trahan, McNeese State	2B		1996 Newcomer of the Year
Brian Vidrine, McNeese State	OF	1990	1990 Batting Average Champion
Macky Waguespack, Southeastern La.	DH	1999	Southland Career Home Run Leader (56)

Coach of the Decade: Jim Wells, Northwestern State

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2000s All-Decade Team

Name, Team	Pos.	1st-Team All-SLC	Superlatives
Michael Ambort, Lamar	C	2005, 2007	2005 Hitter of the Year
Bubba Bell, Nicholls	OF	2005	2005 Batting Average Champion
Josh Boop, Northwestern State	OF	2003, 2004	
Bryan Cartie, McNeese State	3B	2006, 2007	
Michael Choice, Texas-Arlington	OF	2009, 2010	2010 Player and Hitter of the Year
Willie Core, Louisiana-Monroe	3B	2001	2001 Player and Hitter of the Year
Danny Davis, McNeese State	P	2006	2006 Pitcher of the Year
Colin Delome, Lamar	OF	2006	2006 Player and Hitter of the Year
Tim Erickson, Lamar	P	2008	2008 Pitcher of the Year
Stephen Flora, A&M-Corpus Christi	C		2008 Newcomer of the Year; 2008 Batting Average Champion
Jesse Floyd, Lamar	P	2003	2003 Pitcher of the Year
Jordan Foster, Lamar	OF	2003	2004 Tournament MVP
Anthony Garibaldi, Southeastern La.	P		2003 Newcomer of the Year; SLC Season (20) & Career (30) Saves Leader
Isa Garcia, Sam Houston State	2B		2005 Newcomer of the Year
Paul Goldschmidt, Texas State	1B	2008, 2009	2009 Player of the Year; 2008 & 2009 Hitter of the Year; 2011- MLB, Arizona
Matt Green, Louisiana-Monroe	P	2005	2005 Pitcher of the Year
Seth Hammock, Sam Houston State	3B	2008	2008 Batting Average Champion
Brad Hanson, Northwestern State	OF	2001, 2002	
Clay Hensley, Lamar	P	2002	2002 Tournament MVP; 2005- MLB, San Diego, Florida, San Francisco, Cincinnati
Steven Hill, Stephen F. Austin	1B	2007	2007 Player and Hitter of the Year
Micah Hoffpauir, Lamar	1B	2002	2008-10 MLB, Chicago Cubs
Kane Holbrooks, Texas State	P	2009	2009 Pitcher of the Year
Chris Howay, McNeese State	P	2000	2000 Pitcher of the Year
Jared Howton, Texas-San Antonio	P	2001	2001 Pitcher of the Year
Ben Jones, Louisiana-Monroe	1B	2003, 2004	
Blake Jones, Northwestern State	DH	2005	2005 Player of the Year
Blake Justice, Lamar	2B	2002, 2003	
Eric Kanaby, Lamar	OF	2007	2007 Batting Average Champion
O.J. King, Northwestern State	P	2002	2002 Pitcher of the Year; 2001 Newcomer of the Year
Charlie Kingrey, McNeese State	OF	2006, 2007	
Trent Lockwood, Texas-San Antonio	1B		2007 Newcomer of the Year
Mark Lowe, Texas-Arlington	P		2006- MLB, Seattle, Texas, Los Angeles (AL)
Dustin Martin, Sam Houston State	OF	2006	2006 Batting Average Champion
Wade Miley, Southeastern La.	P	2008	2011- MLB, Arizona; 2012 MLB All-Star
Matt Miller, Texas State	OF		2004 Newcomer of the Year
Adam Moore, Texas-Arlington	C	2006	2006 Newcomer of the Year
Brandon Morgan, Northwestern State	2B	2004, 2006	
Daniel Ortmeier, Texas-Arlington	OF	2001, 2002	
Matt Otteman, Texas-Arlington	OF	2009	2009 Batting Average Champion
Matt Overman, Nicholls	P		2003 Strikeouts Leader

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Hunter Pence, Texas-Arlington	OF	2003, 2004	2004 Hitter and Player of the Year; 2007- MLB, Houston, Philadelphia, San Francisco; Two-time MLB All-Star
Keith Prestridge, Texas State	DH		2009 Newcomer of the Year
Luke Prihoda, Sam Houston State	P	2007	2007 Pitcher of the Year
Braeden Riley, Sam Houston State	2B	2009	2009 & 2010 Hits Leader
Michael Rockett, Texas-San Antonio	OF	2008, 2009	2008 Player of the Year; SLC Career Leader in AB (940), Hits (337), Doubles (64), Total Bases (537) and RBI (210)
Bernard Robert, Southeastern La.	P	2005	2005 ERA Leader
Ryan Roberts, Texas-Arlington	3B	2003	2003 Hitter and Player of the Year; 2002 Newcomer of the Year; 2006-MLB, Toronto, Texas, Arizona, Tampa Bay
Jordan Robison, Northwestern State	OF	2000, 2001	
Randy Roth, Southeastern La.	DH		2005 Hits Leader
Mark Schramek, Texas-San Antonio	3B	2002	2002 Hitter and Player of the Year
Brian Sisk, Lamar	P	2007, 2008	
Kyle Stutes, Lamar	P	2004	2004 Pitcher of the Year
Kevin Mitchell, McNeese State	1B/DH	2000, 2001	
Brent Varnado, Southeastern La.	P		2008 ERA Leader
Bobby Verbick, Sam Houston State	OF	2007, 2008	
Chris Williamson, McNeese State	1B	2000	2000 Hitter and Newcomer of the Year
Mike Wombacher, Louisiana-Monroe	P		2000 Player of the Year

Coach of the Decade: Jim Gilligan, Lamar

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SOUTHLAND BASKETBALL

1960s All-Decade Men's Team

Name	Institution	SLC Years	Pos.	Hgt.	Hometown
Don Bryson	Lamar	1963-65	F	6-6	New Orleans, La.
Charles Cleek	Abilene Christian	1964-66	F	6-6	Las Cruces, N.M.
John Dickson	Arkansas State	1963-67	C	6-11	Jonesboro, Ark.
Earl Dow	Lamar	1967-69	G	6-1	Bayside, N.Y.
John Ray Godfrey	Abilene Christian	1964-68	G	6-3	Aspermont, Texas
Larry Jeffries	Trinity	1965-69	F	6-3	Alton, Ill.
Mike Nau	Texas-Arlington	1964-67	C	6-8	Dallas, Texas
Pete Ranucci	Trinity	1963-65	G	6-1	Worcester, Mass.
Jerry Rook	Arkansas State	1963-65	F	6-5	Jonesboro, Ark.
Eddie Stallings	Texas-Arlington	1967-69	F	6-3	Dallas, Texas

Co-Head Coaches of the Decade:

Dee Nutt, Abilene Christian & Jack Martin, Lamar

Player of the Decade:

Larry Jeffries, Trinity

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SOUTHLAND BASKETBALL

1970s All-Decade Men's Team

Name	Institution	SLC Years	Pos.	Hgt.	Hometown
Luke Adams	Lamar	1970-72	F	6-7	LaBelle, Fla.
John Belcher	Arkansas State	1968-72	C	6-9	Hot Springs, Ark.
Steve Brooks	Arkansas State	1969-74	C	6-9	St. Louis, Mo.
Roy Ebron	Louisiana-Lafayette	1971-73	C	6-9	Norfolk, Va.
Mike Green	Louisiana Tech	1971-73	C	6-10	McComb, Miss.
Ronnie Hearne	Abilene Christian	1968-71	G	6-3	Millsap, Texas
Dan Henderson	Arkansas State	1973-77	F	6-8	Memphis, Tenn.
Jerry Johnson	Texas-Arlington	1972-75	F	6-6	Bullard, Texas
Clarence Kea	Lamar	1976-80	C	6-6	Wilmington, N.C.
Victor King	Louisiana Tech	1975-79	C	6-9	Newellton, La.
Dwight "Bo" Lamar	Louisiana-Lafayette	1971-73	G	6-1	Columbus, Ohio
David Lawrence	McNeese State	1976-80	C	6-10	Lake Charles, La.
Edmond Lawrence	McNeese State	1972-76	C	6-11	Lake Charles, La.
Mike McConathy	Louisiana Tech	1973-77	G	6-2	Bossier City, La.
Allen Pruiett	Arkansas State	1969-71	G	6-3	Rector, Ark.
Henry Ray	McNeese State	1972-75	G	6-3	Alexandria, La.
John Rudd	McNeese State	1974-78	F	6-7	DeRidder, La.
Don Scaife	Arkansas State	1972-75	G	6-2	Helena, Ark.
Andrew Toney	Louisiana-Lafayette	1976-80	G	6-3	Birmingham, Ala.
Lanky Wells	Louisiana Tech	1973-77	F	6-6	Little Rock, Ark.

Player of the Decade:

Dwight "Bo" Lamar Louisiana-Lafayette 1971-73

Coach of the Decade:

Billy Tubbs Lamar 1976-80

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SOUTHLAND BASKETBALL

1980s All-Decade Men's Team

Name	Institution	SLC Years	Pos.	Hgt.	Hometown
Jerome Batiste	McNeese State	1983-87	F	6-9	Crowley, La.
Michael Cutright	McNeese State	1985-89	G	6-4	Zwolle, La.
B.B. Davis	Lamar	1977-81	C	6-8	Beaumont, Texas
Joe Dumars	McNeese State	1981-85	G	6-3	Natchitoches, La.
Jerry Everett	Lamar	1983-85	G	6-5	Roosevelt, N.Y.
Robert Godbolt	Louisiana Tech	1983-87	F	6-5	Detroit, Mich.
James Gulley	Lamar	1984-87	F	6-8	Newton, Texas
Arthur Hayes	Louisiana-Monroe	1982-86	G	6-3	Rayville, La.
Bobby Jenkins	Louisiana-Monroe	1983-86	F	6-6	Monroe, La.
Karl Malone	Louisiana Tech	1982-85	F	6-9	Summerfield, La.
Mike Olliver	Lamar	1977-81	G	6-2	Dudley City, N.C.
Kenneth Perkins	Lamar	1980-84	F	6-6	Beaumont, Texas
Anthony Pullard	McNeese State	1986-90	F/C	6-10	DeQuincy, La.
Lamont Robinson	Lamar	1981-84	G	6-2	East St. Louis, Ill.
Michael Saulsberry	Louisiana-Monroe	1985-88	C	6-8	Milledgeville, Ga.
Tom Sewell	Lamar	1981-84	G	6-5	Pensacola, Fla.
Dave Simmons	Louisiana Tech	1977-81	G	6-2	DeRidder, La.
Willie Simmons	Louisiana Tech	1981-85	C	6-10	New Orleans, La.
Wayne Smith	Louisiana Tech	1982-86	G	6-4	Shreveport, La.
Tony Worrell	North Texas	1984-88	F	6-7	Goldsboro, N.C.

Player of the Decade:

Joe Dumars	McNeese State	1981-85
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Co-Coaches of the Decade:

Pat Foster	Lamar	1980-86
Andy Russo	Louisiana Tech	1979-85

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SOUTHLAND BASKETBALL

1990s All-Decade Men's Team

Name	Institution	SLC Years	Pos.	Hgt.	Hometown
Marlon Anderson	Texas-San Antonio	1994-96	G	6-4	East Chicago, Ind.
Willie Brand	Texas-Arlington	1987-91	G	6-1	Omaha, Neb.
Larry Carr	Louisiana-Monroe	1993-95	G	6-4	Athens, Ga.
Rosell Ellis	McNeese State	1995-97	F	6-6	Seattle, Wash.
Jeff Foster	Texas State	1996-99	C	6-11	San Antonio, Texas
Kendrick Franklin	Nicholls State	1994-98	F	6-6	Baton Rouge, La.
Carolos Funchess	Louisiana-Monroe	1989-91	G	6-4	Magee, Miss.
Roderic Hall	Texas-San Antonio	1996-98	G	6-0	Yoakum, Texas
Reggie Jackson	Nicholls State	1991-95	F/C	6-6	Baker, La.
Anthony Jones	Louisiana-Monroe	1987-91	G	6-3	Lake Providence, La.
Gerald King	Nicholls State	1991-95	F/C	6-8	New Orleans, La.
Eric Kubel	Northwestern State	1990-94	F	6-8	Moreno Valley, Calif.
Demond Mallet	McNeese State	1996-01	G	6-1	Leesville, La.
Paul Marshall	Louisiana-Monroe	1993-96	G	6-2	Shreveport, La.
Donte Mathis	Texas State	1996-99	G	6-4	San Antonio, Texas
Jason McCutcheon	Nicholls State	1997-99	F	6-7	Mobile, Ala.
Rysan Stuart	Louisiana-Monroe	1991-93	F	6-4	Freeport, Bahamas
Jesse Ratliff	North Texas	1990-94	F	6-6	Biloxi, Miss.
Mike Smith	Louisiana-Monroe	1998-00	F	6-8	West Monroe, La.
Fred Thompson	Louisiana-Monroe	1988-90	G	6-2	Sumter, S.C.
Lynwood Wade	Texas State	1992-94	F	6-4	Muskogee, Okla.

Player of the Decade:

Reggie Jackson Nicholls State 1991-95

Coach of the Decade:

Mike Vining Louisiana-Monroe

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2000s All-Decade Men's Team

Name	Institution	SLC Years	Pos.	Hgt.	Hometown
Josh Alexander	Stephen F. Austin	2005-09	G	6-4	Shreveport, La.
Corey Allmond	Sam Houston State	2008-10	G	6-1	Oxon Hil, Md.
Ryan Bright	Sam Houston State	2004-08	F	6-6	Deer Park, Texas
Devin Brown	Texas-San Antonio	1998-02	G	6-5	San Antonio, Texas
Donald Cole	Sam Houston State	2021-03	C	6-8	Port Arthur, Texas
Alan Daniels	Lamar	2004-06	F	6-6	Tulsa, Okla.
Chris Daniels	A&M-Corpus Christi	2006-08	C	7-0	San Antonio, Texas
Freg Gentry	McNeese State	1998-02	F	6-6	DeQuincy, La.
Leroy Hurd	Texas-San Antonio	2002-04	F	6-8	Moss Point, Miss.
Matt Kingsley	Stephen F. Austin	2005-09	F	6-9	Houston, Texas
Clifton Lee	Northwestern State	2002-06	C	6-7	Boyce, La.
Nate Lofton	Southeastern La.	2003-05	C	6-10	New Orleans, La.
Wojceich Myrda	Louisiana-Monroe	1998-02	F	7-0	Rzeszoe, Poland
Kevin Palmer	A&M-Corpus Christi	2008-10	F	6-6	Baltimore, Md.
McEverett Powers	Texas-San Antonio	1998-02	F	6-7	Memphis, Tenn.
Lamar Sanders	Lamar	2006-08	F	6-6	Hickory, Miss.
Seneca Wall	Sam Houston State	1999-01	F	6-4	Fort Worth, Texas
Jermaine Wallace	Northwestern State	2002-06	G	6-3	Heflin, La.
Josh Washington	A&M-Corpus Christi	2006-07	G	6-3	Lubbock, Texas
Ricky Woods	Southeastern La.	2004-06	F	6-6	New Orleans, La.

Co-Players of the Decade:

Ricky Woods	Southeastern La.	2004-06
Leroy Hurd	Texas-San Antonio	2002-04

Coach of the Decade:

Bob Marlin	Sam Houston State
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SOUTHLAND BASKETBALL

Men's Basketball's Greatest Moment

March 15, 2013

Southland Fans Pick Northwestern State's 2005-06 'Demons of Destiny' as League Greatest Men's Basketball Moment

Facebook contest selects legendary Demons' squad over strong contenders

KATY, Texas – The storied season of the 2005-06 Northwestern State men's basketball team, also known as the "Demons of Destiny," has been chosen by fans as the Southland Conference's Greatest Moment in the sport.

In balloting on the Southland's Facebook page (www.facebook.com/southlandconference), the "Demons of Destiny" outpaced a field of outstanding candidates vying for the honor of greatest men's basketball moment.

The Northwestern State men's basketball team and athletic department is being honored by the Southland Conference at the Merrell Center during the Demons' Southland Conference Tournament semifinal contest vs. Sam Houston State Friday night.

"How wonderful it is that the impact of Jermaine Wallace's 3-pointer to defeat Iowa still resonates seven years later and, in fact, has resulted in that 'Demons of Destiny' win being named the defining men's basketball moment in Southland Conference history," said Greg Burke, Northwestern State's director of athletics. "I said it then and still maintain that victory was good for Northwestern State but, more importantly, showcased nationwide that the Southland plays a very quality caliber of basketball. That win made a positive statement on behalf of all Southland basketball coaches, student-athletes, administrators, and fans."

The Demons made it very clear that something special was in the works early in the 2005-06 season with early wins at Oklahoma State, at Mississippi State and vs. Oregon State. This was only a precursor to how the Demons would go on to dominate the Southland Conference schedule with a 15-1 mark, earning the right to host the Southland tournament in Natchitoches.

The Demons rolled to three more wins in the tournament to secure the Southland's automatic bid to the NCAA championship. Garnering only a No. 14 seed in the Atlanta Regional, the Demons were matched with the formidable task of facing No. 3 seed and Big Ten tournament champion Iowa at Auburn Hills, Mich. The game didn't start favorably for the Demons, who fell behind 18-4, before rallying to take a brief 21-20 lead before trailing at the half, 28-24. The Hawkeyes rebuilt a daunting lead in the second half as well, stretching their advantage to 54-37 with 8:29 left to play.

Just when it looked like the Demons' season was coming to an end, NSU's Clifton Lee went on an amazing run, scoring 16 points in a 20-6 spurt that pulled narrowed Iowa's advantage to 60-57 with less than two minutes to play. As the game reached its waning moments, a Hawkeye free throw gave Iowa a 63-61 lead with 14 seconds left, leading to one of the greatest moments in NCAA tournament history. The Demons had an initial shot at tying the game when Kervin Forges' two-point attempt rattled off the rim high and into the hands of NSU's Jermaine Wallace.

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With only 0.5 seconds left, Wallace heaved a fade-away three-point attempt from the corner that found nothing but net, gave the Demons a 64-63 lead, and following a desperation half-court miss by the Hawkeyes, Northwestern State owned one of the greatest comebacks in the history of March Madness.

Despite a 67-54 second round loss to West Virginia, the “Demons of Destiny” ignited a storm of national media attention for the program and the university that’s become historic. The Northwestern State-Iowa game telecast is often replayed on ESPN Classic, and the game was ranked No. 22 among the “25 Best Tourney Moments” in the past 25 years by SI.com editors. ESPN.com editors listed Wallace’s shot among the “Top 16 Game-Ending Plays” in the last 30 years of NCAA tournament history. The winning play also won the 2006 Pontiac Game Changing Performance award for that year’s tournament. Fan voting resulted in a \$105,000 general scholarship donation by General Motors/Pontiac to Northwestern State.

The “Demons of Destiny” earned the fans’ vote over some of the most prominent occurrences in Southland history:

- Splendid 60s Era – Lamar, Abilene Christi, Trinity, Arkansas State Succeed in College Division
- Louisiana-Lafayette’s Dwight “Bo” Lamar – Southland Scoring Machine
- Super 70s Era – Superstar Players & More
- Lamar’s 80-Game Home Win Streak, 1978-84
- Lamar’s Incredible NCAA Tournament Run from 1979-83
- Louisiana Tech’s 1985 Nationally Rank “Sweet Sixteen” Team
- 1986 – Three Teams in the NIT, One in the Final Four
- Awesome 80s Era – The Cardinals, The Mailman, Joe & More
- Louisiana-Monroe’s Mike Vining & His All-Time Winning Ways

Splendid 60s Era – Lamar, Abilene Christian, Trinity, Arkansas State Succeed in the College Division

The initial years of Southland Conference basketball saw many great players and coaches push the league to the top of what was then known as the NCAA’s College Division (later Division II).

Almost immediately, the league was placing multiple teams into postseason play, with Abilene Christian and Lamar earning NCAA berths in 1964.

ACU received another postseason bid in 1965, and in 1966, Abilene Christian, Arkansas State and Lamar all advanced to NCAA action. In fact, ACU lost to North Dakota in the 1966 College Division National Championship game, 63-62.

Arkansas State repeated with an NCAA trip in 1967, and Trinity earned a berth in 1968, and the Tigers advanced to win the NCAA’s Third-Place Game, 68-62, against Ashland.

Louisiana-Lafayette’s Dwight “Bo” Lamar – Southland Scoring Machine

A native of Columbus, Ohio, Dwight “Bo” Lamar was one of college basketball’s prolific scorer’s even before his then Southwestern Louisiana “Ragin’ Cajuns” joined the Southland Conference in 1971. Playing the two previous seasons in the Gulf States Conference, Lamar averaged 22.8 points per game as a freshman and an astonishing 36 points per game as a sophomore.

When the Cajuns moved into the Southland and the NCAA’s University Division (Division I), Lamar didn’t slow down a bit, averaging 36.3 points in leading USL to a 25-4 record, a national Top-10 ranking, and a berth in the then 24-team NCAA tournament. As a senior, Lamar “cooled” to a 28.9 scoring clip, but the Cajuns again ranked among the nation’s top teams, earning another NCAA tournament bid.

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Lamar's career scoring average was 31.2 points per game, and including his career total of 3,493 points, he still holds 13 Southland scoring records to this day. Lamar was a third-round pick by the Detroit Pistons in the 1973 NBA Draft, and he played for three ABA teams before ending his professional career in 1977 with the Los Angeles Lakers.

Super 70s Era – Superstar Players & More

In addition to the accolades of Dwight “Bo” Lamar at Southwestern Louisiana, the decade of the 1970s featured spectacular basketball performances with plenty of fantastic players in this 10-year period.

A three-time All-Southland Conference selection, Abilene Christian's Ronnie Hearne led the league in scoring in 1970 with a 22.0 average.

Upon Louisiana Tech's entry into the league in the early, few players were as physically gifted as the Bulldogs' 6-10 center Mike Green, a two-time all-conference choice and the 1973 Southland player of the year after scoring 30.9 points per game. Green earned countless All-America honors, and was a first-round draft choice by both the NBA's Seattle Supersonics and the ABA's Denver Nuggets.

Arkansas State's tandem of Steve Brooks and Don Scaife took scoring titles in 1974 and 1975, respectively.

Louisiana Tech's Mike McConathy, who now leads Northwestern State as its head coach, earned three All-Southland honors as a sharp-shooting guard who twice led the league in scoring, including a 27.5 clip in 1977.

McConathy was followed by another great shooter, USL's Andrew Toney who led the league in scoring from 1978-80, finishing as the Southland's third all-time leading scorer with 2,526 points.

McNeese State's Henry Ray (1975) and David Lawrence (1979) took league player of the year honors while each also earned first-team All-Southland honors.

Lamar's dynamic scoring duo of Mike Olliver and B.B. Davis came on the scene in 1977, combining for over 5,600 points scored in their careers as the Billy Tubbs-led Cardinals became a nationally prominent program at the end of the decade.

Lamar's 80-Game Home Win Streak, 1978-84

What began as a hard-working 59-54 Southland Conference win against Arkansas State on Feb. 18, 1978, the Lamar Cardinals embarked on a remarkable 80-game home win streak during the next six seasons.

Coinciding with Lamar's remarkable NCAA tournament success, the Cardinals were simply unstoppable at home during the streak, whether playing in the on-campus McDonald Gym, where the streak began, or in the Beaumont Civic Center, where the Cardinals hosted games from 1980-84. The streak continued through the 1981 and 1983 Southland tournaments that were held at the Civic Center, but came to an end at the 1984 Southland tournament, when Louisiana Tech ended the run with a 68-65 win over the Cardinals in the championship game on March 10, 1984.

The home streak currently ranks as the seventh longest in Division I history.

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Lamar's Incredible NCAA Tournament Run from 1979-83

Following a six-year drought of having no Southland Conference teams in the NCAA tournament, Southland Conference administrators and coaches successfully lobbied the national association to award the league with an automatic bid to the 1979 event.

The Lamar Cardinals took full advantage of their newfound postseason opportunity. After rolling to a 9-1 championship mark in league play, the 1979 Cardinals, led by coach Billy Tubbs, garnered a No. 10 seed with a matchup with No. 7 seed Detroit in Murfreesboro, Tenn. The Titans proved no match for the Cardinals and the 33-point, 19-rebound performance by Clarence Kea, who led the team to an impressive 95-87 win in the opening round before falling in the next round to the eventual national champion Michigan State.

In 1980, there was more of the same, and then some, as the Cardinals returned to the "Big Dance" as another No. 10 seed in the West Region, forced to face No. 7 seed Weber State on its own home court in Ogden, Utah. Lamar's 87-86 win over the Wildcats, behind a 37-point output from star Mike Olliver, propelled the Cards into a second-round round matchup against prohibitive favorite and No. 2 seed and Pac-10 champion Oregon State. The Cardinals jumped on Oregon State from the tip, building a 14-point lead, placing five players in double figures and winning 81-77. On to the "Sweet Sixteen" where Lamar faced Clemson of the ACC. Despite leading most of the game, the Tigers rallied to end the Cardinals' season, 74-66.

In 1981, Lamar won the first Southland tournament with first-year coach Pat Foster and earned the opportunity as a No. 8 seed in the Midwest Region in Austin, Texas, to face No. 9-seed Missouri. Earlier in the season, Mizzou had handled Lamar at home, 92-70, but the Cardinals, led by Olliver's 25 points, turned back the Tigers and their four future NBA players, 71-67. Lamar advanced to the second round, but Final Four-bound LSU got the best of the Cardinals, 100-78.

After an "off" year with an NIT berth in 1982, the Cardinals returned to their championship ways in 1983, winning the Southland tournament in Beaumont and earning a No. 11 seed in the Midwest Region at Houston. The first-round opponent was No. 6-seed Alabama, and the Cardinals, led by Lamont Robinson's 20 points, stunned the Crimson Tide, 73-50, the biggest point difference in the entire 1983 NCAA tournament. A narrow 60-58 loss to No. 3 Villanova kept Lamar from advancing to the "Sweet Sixteen."

Lamar's five NCAA wins in those five years the Southland's most concentrated success in such a time period.

Louisiana Tech's 1985 Nationally Ranked "Sweet Sixteen" Team

Coming off a breakthrough 1983-84 season of firsts, including winning the Southland Conference tournament and a first-round victory over Fresno State in the NCAA tournament, the 1984-85 Louisiana Tech Bulldogs were poised for more success and unprecedented attention. The team wasted no time early in the season when the Karl Malone-led Bulldogs raced to a 10-0 start that included a win against No. 6 Louisville, 73-64, and road victories at Western Kentucky and Marshall.

Tech entered the AP poll at No. 20 on Dec. 18, 1984, and remained in the national rankings the rest of the year, peaking at No. 7 in late February before finishing No. 8 in the final ratings. While the Bulldogs rolled to an 11-1 mark in league play to win the Southland regular-season title, Tech narrowly survived two games against Louisiana-Monroe and Lamar in the Southland tournament to gain the league's automatic bid

As a No. 5 seed in the NCAA Midwest Regional, the highest seed given a Southland team, the Bulldogs quickly dispatched Pittsburgh and Ohio State to advance to the Midwest semifinals against Oklahoma. The Sooners prevailed in overtime, 86-84, and Louisiana Tech's storybook season ended with a 29-3 record.

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1986 – Three Teams in the NIT, One in the Final Four

After terrific NCAA runs by Lamar and Louisiana Tech in recent years, the 1985-86 Southland Conference season appeared to be a bit more tranquil, although Lamar’s crushing 78-59 home win over defending national champ Villanova reminded everyone of the Cardinals’ ability to compete successfully outside the league. However, it was Louisiana-Monroe’s turn at the top of the Southland, winning both the regular season and tournament titles before falling to UNLV in the NCAA tournament.

The larger story turned out to be the “other” tournament – the National Invitation Tournament – as a record three Southland teams earned berths: Lamar, McNeese State and Louisiana Tech.

While the Cardinals suffered a tough 65-63 home loss to George Mason in the NIT first round, the McNeese Cowboys handled Dayton at home, 86-75, and Louisiana Tech won 67-61 at Northern Arizona. While not ideal, the wins forced an intra-conference matchup between Tech and McNeese in Ruston, La., that the Bulldogs won, 77-61. That sent Tech to a quarterfinal game at Providence led by a young Rick Pitino and featuring a sharp-shooting guard named Billy Donovan.

Tech edged the Friars that night, 64-63, to earn an unthinkable trip to New York City’s Madison Square Garden for an NIT semifinal game with Ohio State. The Buckeyes exacted revenge for the previous year’s NCAA loss to Louisiana Tech, dispatching the Bulldogs, 79-66. However, Tech rebounded to defeat Florida in the NIT third-place game, 67-62.

Awesome 80s Era – The Cardinals, The Mailman, Joe & More

At the turn of the decade, Lamar was on top of the Southland Conference mountain with players such as Mike Olliver and B.B. Davis leading the Cardinals to championships and postseason success from 1979 through 1981.

Opening the ‘80s with an appearance in the NCAA “Sweet Sixteen” under head coach Billy Tubbs, the Cardinals didn’t miss a beat with five more consecutive postseason appearances under new leader Pat Foster.

The decade also saw the recruitment and development of two game-changing players for the league, Joe Dumars and Karl Malone, both who would go on to be among the all-time NBA greats.

Dumars became only the second player in Southland history to be named first-team all-conference for four years, and he “bookended” his career with the 1982 freshman of the year award and the 1985 player of the year honor. Now the president of basketball operations for the Detroit Pistons, where he was a first-round draft choice and won two NBA titles as a player, Dumars finished his McNeese career with 2,607 points, second all-time in the Southland.

The Malone era of success at Louisiana Tech brought an unprecedented level of national media and fan attention to the school and Southland than at perhaps any other time. With his catchy “Mailman” nickname, Malone and his teammates scratched success in the 1984 NCAA tournament with a win over Fresno State, and parlayed that into prominent national rankings and a “Sweet Sixteen” run in 1985. Like Dumars, Malone was a NBA first-rounder and became one of the league’s most dominant power forwards with the Utah Jazz, earning a spot on the NBA’s Top 50 all-time team and winning gold medals with the U.S. Olympic Teams in 1992 and 1996.

Foster’s Lamar teams kept rolling with an 80-game home win streak, a pair of Southland tournament titles, two NCAA trips and four NIT appearances.

McNeese State also garnered an NIT appearance in 1986, and Arkansas State also played a rare postseason game against Arkansas, falling to the Razorbacks in the 1987 NIT, 67-64.

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The Southland Conference tournament debuted at the Beaumont Civic Center in 1981, and Louisiana-Monroe (1986), North Texas (1988) and McNeese State (1989) all gained their first postseason championships during the decade.

In addition to Foster's stellar coaching mark of 134-49 in his six Lamar seasons, Louisiana Tech's Andy Russo tallied an outstanding 122-55 record from 1980-85, McNeese State's Glenn Duhon won more than 100 games in the decade, and Louisiana-Monroe's Mike Vining was just embarking on his record-setting coaching career.

Membership changes at the end of the decade arrived with the departures of Louisiana Tech, Arkansas State and Lamar (returned in 1998) and the additions of Northwestern State, Sam Houston State, Stephen F. Austin and Southwest Texas State.

Louisiana-Monroe's Mike Vining & His All-Time Winning Ways

By far the Southland Conference's all-time winningest coach, Mike Vining led the Northeast Louisiana/Louisiana-Monroe men's basketball program as the league's standard-bearer for many years. Vining led the Indians to 401 wins (383 as a Southland member), and made seven NCAA tournament appearances and an NIT berth in his 24 seasons leading the program.

With six 20-win seasons and nine conference championships, Vining also coaches 46 all-conference players, including seven league players of the year and five newcomers of the year. Sixteen of his players surpassed the 1,000-point scoring plateau, and 7-footer Wojciech Myrda set the NCAA record in career blocks in 2002.

For his remarkable coaching efforts, Vining was selected for induction into the Southland Conference Hall of Honor in 2006, and he entered the Louisiana Sports Hall of Fame in 2010.

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SOUTHLAND BASKETBALL

1980s All-Decade Women's Team

PLAYER	Institution	Pos.	Hgt.	SLC Years	Hometown
Kara Audery	Lamar	P	6-2	1982-84	Pineland, Texas
Shelly Borton	Texas State	G	5-7	1987-90	Pueblo, Colo.
Clara Campbell	North Texas	P	6-2	1985-87	Dallas, Texas
Connie Cole	Stephen F. Austin	P	6-0	1987-90	Snook, Texas
Teena Cooper	Louisiana-Lafayette	P	6-3	1984-87	Slidell, La.
Mary Douglas	Louisiana-Lafayette	F	5-8	1982-84	Vardaman, Miss.
Linda Grayson	Northwestern State	F	6-1	1987-89	Natchitoches, La.
Portia Hill	Stephen F. Austin	P	6-2	1988-90	Palestine, Texas
Pam Hudson	Northwestern State	F	5-11	1988-90	Quitman, Texas
Lisa Ingram	Louisiana-Monroe	C	6-3	1982-86	Fort Lauderdale, Fla.
Pat Jean	McNeese State	F	6-0	1982-83	Opelousas, La.
Aronji Johnson	Louisiana- Lafayette	F	6-0	1984-86	Baton Rouge, La.
Derunzia Johnson	Louisiana-Monroe	P	6-2	1987-90	Columbia, La.
Eun Jung Lee	Louisiana-Monroe	G	5-6	1982-86	Seoul, South Korea
Lisa Merritt	Louisiana-Lafayette	F	5-10	1982-84	Lakeland, Fla.
Annie Norris	Stephen F. Austin	P	6-0	1987-88	Sulphur Springs, Texas
Kim Perrot	Louisiana-Lafayette	G	5-5	1986-87	Lafayette, La.
Chana Perry	Louisiana-Monroe	C	6-4	1984-86	Brookhaven, Miss.
Natalie Randall	McNeese State	P	6-2	1982-84	Beaumont, Texas
Veronica Ridgell	Louisiana-Monroe	G	5-8	1986-89	Dubach, La.

Player of the Decade: Eun Jung Lee, Louisiana-Monroe, 1982-86

Head Coaches of the Decade: Linda Harper, Louisiana-Monroe

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SOUTHLAND BASKETBALL

1990s All-Decade Women's Team

Name	Institution	SLC Years	Pos.	Hgt.	Hometown
Sirena Autman	Sam Houston State	1987-91	F/C	6-2	Killeen, Texas
Jennifer Boniol	Texas-Arlington	1998-00	G	5-8	Denison, Texas
Latonia Bonnett	Stephen F. Austin	1992-96	F/C	6-2	Shreveport, La.
Stacy Brown-Hargrove	Stephen F. Austin	1989-92	G	5-6	Corpus Christi, Texas
Judy Clark	Northwestern State	1996-00	G	5-6	Singer, La.
Lori Davis	Stephen F. Austin	1989-90	F/C	6-1	Lewisville, Texas
Anitra Davis	Stephen F. Austin	1995-99	F/C	6-1	Houston, Texas
Joskeen Garner	Northwestern State	1992-96	F	6-0	Florien, La.
Kim Hill	Northwestern State	1991-93	G	5-7	Waskom, Texas
Natasha Johnson	Texas-Arlington	1993-97	G	5-6	Parkdale, Ark.
Anika Moore	Northwestern State	1990-93	F	6-0	Baton Rouge, La.
Deneen Parker	Stephen F. Austin	1989-93	G	5-9	Arlington, Texas
Katrina Price	Stephen F. Austin	1994-98	G	5-10	Waco, Texas
Dayna Reed	Stephen F. Austin	1987-91	G	5-8	Tyler, Texas
Angela Simpson	Northwestern State	1992-96	G	5-7	Shreveport, La.
Christie Smith	Stephen F. Austin	1993-97	F/C	6-2	Baytown, Texas
Crystal Steward	Louisiana-Monroe	1990-94	F/C	6-3	Grand Prairie, Texas
Tanya Strong	Texas-Arlington	1995-98	C	6-4	Lakeside, Calif.
Trenia Tillis	Stephen F. Austin	1990-94	F	6-0	Grapeland, Texas
Yolanda Wilkerson	Texas State	1994-97	F/C	6-1	McGregor, Texas

Co-Players of the Decade:

Katrina Price, Stephen F. Austin, 1994-98
 Joskeen Garner, Northwestern State, 1992-96

Co-Head Coaches of the Decade:

Gary Blair, Stephen F. Austin
 James Smith, Northwestern State

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SOUTHLAND BASKETBALL

2000s All-Decade Women's Team

Name	Institution	SLC Years	Pos.	Hgt.	Hometown
Onika Anderson	Texas-San Antonio	2007-09	F	5-10	Pine Bluff, Ark.
Amanda Bennett	Northwestern State	2001-05	F	5-11	Simpson, La.
Nikki Carr	Stephen F. Austin	2003-08	G	5-6	Hawkins, Texas
Kia Converse	Northwestern State	1997-01	G	5-8	Napoleonville, La.
Diamond Cosby	Northwestern State	2001-05	G	5-8	Shreveport, La.
Angela Davidson	Northwestern State	2000-04	G	6-0	Leesville, La.
Chaquita Dilworth	Stephen F. Austin	2000-02	F	6-0	Temple, Texas
La'Terrica Dobin	Northwestern State	2001-04	G	5-4	Bossier City, La.
Charity Egenti	Stephen F. Austin	2005-07	F/C	6-3	Lagos, Nigeria
Joyce Ekworomadu	Texas State	2004-08	G/F	5-9	Coppell, Texas
Monica Gibbs	Texas-San Antonio	2005-09	G	5-8	Stillwater, Okla.
Nikki Hendrix	Texas-San Antonio	2001-04	C	6-0	Ardmore, Okla.
Shawnta Johnson	Stephen F. Austin	1998-00	F	5-11	Fresno, Calif.
LaToya Mills	Stephen F. Austin	2002-06	F	6-0	Houston, Texas
Rola Ogunoye	Texas-Arlington	2001-05	F	6-0	Cedar Hill, Texas
Nina Randle	Louisiana-Monroe	2001-05	F	5-11	Covington, la.
Tori Talbert	Texas State	2001-05	F	6-2	Boerne, Texas
Shawnta Vanzant	Lamar	2000-01	G	5-6	Del City, Okla.
Terra Wallace	Texas-Arlington	2003-07	G	5-7	Round Rock, Texas
Nathesia Wright	Stephen F. Austin	1999-03	G	5-10	Arlington, Texas

Player of the Decade: Monica Gibbs, Texas-San Antonio (2005-09)

Coach of the Decade: Rae Rippetoe-Blair, Texas-San Antonio

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SOUTHLAND CROSS COUNTRY

Men's All-Time Honor Roll

Maya Aden, Louisiana-Monroe

2004 Champion; 2004 Athlete of the Year

Randy Arias, Texas State

2001 Champion; 2001 Athlete of the Year; Finished 41st in 2001 NCAA Championship Meet

Herman Atkins, Arkansas State

1968 Champion; Participated in the 1968 NCAA Championship Meet

Wayne Badgley, Abilene Christian

1965 Champion

Jimmy Balmer, Texas-Arlington

1990 Champion; 1990 Athlete of the Year

Roger Barker, Louisiana Tech

1979 Champion; Participated in 1980 NCAA Championship Meet, finishing 67th

Jason Buie, Texas-Arlington

1996 Champion; 1996 Athlete of the Year

Pedro Caceras, Lamar

1983 Champion

Paul Chandler, Abilene Christian

1971 Champion

Joel Chemwetich, Texas-Arlington

1985 Champion

Cody Clark, Stephen F. Austin

2005 Champion; 2005 Athlete of the Year

Rafael Colemanares, Lamar

1984 Champion

Larry Cuzzort, McNeese State

Participated in 1976 and 1977 (finished 50th) at NCAA Championship Meet

Nathan Flores, Stephen F. Austin

2002 Champion; 2002 Athlete of the Year; Participated in 2003 NCAA Championship Meet

Dylan Fugitt, North Texas

1989 Champion; 1989 Athlete of the Year

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Gerry Garcia, Lamar

1970 Champion; Participated in 1969 (finished 23rd) and 1970 (44th) NCAA Championship Meets

Bob Giersbert, Arkansas State

1967 Champion

Miguel Gonzales, Sam Houston State

1992 Champion; 1992 Athlete of the Year

Robert Gray, Arkansas State

1969 Champion; Set Southland Championship record for Four-Mile course (19:12 in 1969); Participated in 1969 (finished 25th) and 1970 NCAA Championship Meets

David Hartman, Texas-San Antonio

1995 Champion; 1995 Athlete of the Year; Participated in the 1995 NCAA Championship Meet

Matt Johnsen, Lamar

2013 Champion; 2013 Athlete of the Year; Advanced to the 2010, 2011 and 2012 NCAA Championship meet, finished 33rd nationally in 2012; 2010 Freshman of the Year

Bruce Johnson, Abilene Christian

Won first Championship in 1964, and followed that with 1966 individual title; Helped ACU team to 14th Place finish at 1966 NCAA Championships; Part of 1965 ACU team that set a team-winning championship best of 19 total points

Francis Kasagule, Lamar

2009 Champion; 2009 Athlete of the Year; 2006 Freshman of the Year; Participated in four straight NCAA Championship Meets: 2006 (finished 29th), 2007 (24th), 2008 and 2009 NCAA Championship Meets; Finished eighth at 2008 South Central Regional

Patrick Kimeli, Texas A&M-Corpus Christi

2010 and 2011 Champion; 2010 and 2011 Athlete of the Year; Participated in 2010 and 2011 NCAA Championship Meets

David Kohrs, McNeese State

1977 and 1978 Champion; Participated in 1975, 1976 and 1978 NCAA Championship Meets

Samuel Kosgei, Lamar

2008 Champion; 2008 Athlete of the Year; 2006 Newcomer of the Year; Finished 37th in 2008 NCAA Championship Meet after a second place finish at South Central Regional; Finished 55th at 2006 NCAA Championship Meet

Rodger Krueger, Texas-Arlington

1993 Champion; 1993 Athlete of the Year

Tom McGrath, McNeese State

1988 Champion

Pat McSweeney, McNeese State

1972 Champion

Ben Melly, Texas-Arlington

1987 Champion; Participated in 1987 NCAA Championship Meet

Dennis Moynihan, Texas State

1994 Champion; 1994 Athlete of the Year

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Jonah Ngeny, North Texas

1986 Champion; Set Southland Championship record for Five-Mile course (24:08 in 1986); Finished 59th at 1986 NCAA Championship Meet

Tom Nolan, Louisiana-Lafayette

1973 and 1974 Champion; Led Cajuns team to 1971 NCAA Championship Meet

Pat O'Callaghan, McNeese State

1975 and 1976 Champion; Helped lead McNeese team to 1973 and 1976 NCAA Championship Meets; Also participated in 1974 NCAA Championship Meet; Set Southland Championship record for 10000-Meters course (30:19 in 1975)

Mike Plumb, Lamar

1982 Champion

David Rooney, McNeese State

2012 Champion; 2012 Athlete of the Year; Finished seventh at 2012 NCAA Championship Meet, matching all-time best finish for Southland athlete; Also participated in 2009 (58th) and 2010 (50th) NCAA Championship Meet; Set Southland Championship record for 8000-Meter course (23:33 in 2012)

Michael Sang, Southeastern Louisiana

2000 Champion; 2000 Athlete of the Year

Joshua Sawe, McNeese State

2009 Newcomer of the Year; Participated in 2009 NCAA Championship Meet

Henrik Skoog, Texas-Arlington

1998 Champion; 1998 Athlete of the Year; Participated in 1998 NCAA Championship Meet

Kevin Smelley, Nicholls State

1999 Champion; 1999 Athlete of the Year

Shadrack Songok, Texas A&M-Corpus Christi

2006 and 2007 Champion; 2006 and 2007 Athlete of the Year; 2006 and 2007 NCAA Central Regional Champion; Placed 19th in 2006 and seventh in 2007 NCAA Championship, best-ever up to that point for a Southland athlete; 2013 inductee in Southland Conference Hall of Honor

Ryan Taylor, Texas-San Antonio

1997 Champion; 1997 Athlete of the Year; Led UTSA to 20th place team finish at the 1997 NCAA Championship Meet; Finished 42nd individually in 1997 NCAA Meet

Thomas Teger, Texas-Arlington

1991 Champion

Michael Thompson, Stephen F. Austin

2003 Champion; 2003 Athlete of the Year; Finished 37th at 2003 NCAA Championship Meet

Steve Wilson, Arkansas State

1980 and 1981 Champion; Participated in 1980 NCAA Championship Meet

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SOUTHLAND CROSS COUNTRY

Women's All-Time Honor Roll

Rosita Astrom, Lamar

Won inaugural 1985 Championship

Becky Brooke, Lamar

1986 Champion

Brooke Cassar, Central Arkansas

2013 Champion; 2013 Athlete of the Year; 2013 Freshman of the Year

Renee Graham, Lamar

Participated in 2005, 2006 and 2007 NCAA Championship Meets

Liza Marie Hunter, Texas-San Antonio

1992 Champion; Participated in 1992 NCAA Championship Meet

Joanne Kineard, Texas-San Antonio

1991 Champion

Clerc Koenck, Lamar

2006 and 2007 Champion; Participated in 2007 NCAA Championship Meet

Emily Koenig, Texas-Arlington

2010 Champion

Dana Mecke, Texas-San Antonio

2008 Champion

Ashley Monteau, Stephen F. Austin

2004 and 2005 Champion; Participated in 2004 (finished 75th) and 2005 (90th) NCAA Championship Meets; Set Southland Championship record for 6000-Meters course (20:24.27 in 2004)

Angela Nelson, Texas-Arlington

1993 Champion; Participated in 1992 NCAA Championship Meet

Stacy Poole, Texas-San Antonio

1996 Champion; Part of UTSA's 19th place team finish at the 1996 NCAA Championship Meet, the only time an entire Southland team has advanced to the national championship; Poole's was part of the 1996 UTSA team that set a Southland meet record for low winning points (21)

Ana Rodriguez, Stephen F. Austin

2002 and 2003 Champion

Nicola Roff-Ratcliffe, Louisiana-Monroe

1987, 1988 and 1989 Champion; Participated in the 1987 and 1989 NCAA Championship Meets; Set Southland Championship record for three-mile course (17:02 in 1987)

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Anne Ronoh, Texas A&M-Corpus Christi

2009 Champion; Participated in 2008 and 2009 NCAA Championship Meet; Finished 11th at 2008 South Central Regional; 2008 Newcomer of the Year

Frida Rosenberg, Texas-Arlington

1995 Champion

Renee Rowell, Stephen F. Austin

1990 Champion

Sarah Salmon, McNeese State

1997 and 1998 Champion; Participated in the 1997 (finished 21st, all-time Southland best) and 1998 NCAA Championship Meets

Lauren Smith, Stephen F. Austin

2011 and 2012 Champion; Participated in 2012 NCAA Championship Meet; 2010 Newcomer of the Year

Janice Turner, Texas State

1994 Champion; Participated in the 1994 NCAA Championship Meet, finishing 59th; Set Southland Championship record for 5000-Meters course (17:06 in 1994)

Sita Waru, McNeese State

1999, 2000 and 2001 Champion; Participated in 1999 (finished 34th), 2000 (43rd) and 2001 (54th) NCAA Championship Meets; Honored as both a student-athlete and a coach

#SLC50



SOUTHLAND CROSS COUNTRY

All-Time Coaches' Honor Roll

Bob Cole, Louisiana-Lafayette

Led Ragin' Cajuns program to three Southland men's championships in 1971, 1972 and 1974; Led team to 1971 NCAA Championship Meet, finishing 30th among the nation's best teams

Shawn Flanagan, Texas A&M-Corpus Christi/Texas-San Antonio

Eight-time women's and two-time men's Coach of the Year selection by his peers during his tenure at two Southland schools; Earned five women's Coach of the Year and two men's Coach of the Year honors at UTSA while leading women's team to Southland titles in 1991, 1992, 1993, 1994 and 1995, and men's crowns in 1995 and 1996; Added three women's Coach of the Year honors while leading A&M-Corpus Christi to championships in 2007, 2008 and 2011; Also led team to 2009 women's championship

Ken Garland, North Texas

1989 Women's Coach of the Year while leading North Texas to Southland title; Added three Men's Coach of the Year honors after winning 1990, 1991 and 1994 championships

Bob Hayes, McNeese State

Led McNeese to four Southland Conference Men's Championships in 1973, 1975, 1976 and 1978; His 1973 and 1976 teams competed fully at the NCAA Championship Meet

Sonny Jolly, Lamar

Led program to five men's Southland championships in 1979, 1981, 1982, 1983 and 1984; Coached three straight individual Conference championships from 1982-84; Member of the Southland Conference Hall of Honor

Bill McClure, Abilene Christian

Led ACU to first seven Southland Conference Men's Championships (1964-1970); Also led Southland's first-ever team participation in an NCAA Championship Meet, as Wildcats finished 14th among national field

Lou Snelling, Stephen F. Austin

Earned three Southland Men's Coach of the Year Awards (2003, 2004, 2005) while leading Lumberjacks to league championships, and three Women's Coach of the Year honors (2003, 2009 and 2010) as Ladyjacks won crowns in 2003 and 2010

Sita Waru, Lamar

Former Southland cross country and track and field standout won three Men's Coach of the Year Awards after leading Cardinals to 2006, 2007 and 2008 Southland championships; Also won 2004, 2005 and 2006 Women's Coach of the Year honors after leading Lady Cardinals to league titles; Honored as both a student-athlete and a coach on the 50th Anniversary Honor Roll

#SLC50



SOUTHLAND FOOTBALL

1960s All-Decade Team

PLAYER, POS., SCHOOL	1ST -TEAM ALL-SLC	SUPERLATIVES
Mike Baylor, QB, Texas-Arlington	1967	1967 Offensive Player of the Year & Total Offense Leader
Chip Bennett, LB, Abilene Christian	1968-69	1969 First-team All-American (AP, AFCA); 1970 3rd-Round Pick of Cincinnati Bengals
Bill Bergey, OL, Arkansas State	1967-68	1968 First-team All-American (AFCS, AP); SLC single-leader with 196 tackles (1968); 1969 2nd-Round Pick of Cincinnati Bengals; 12-year NFL veteran; Four-time Pro Bowler with Philadelphia Eagles; Participated in Super Bowl XV
Dan Buckley, C, Arkansas State	1968-69	1969 First-team All-American (AP)
Skip Butler, PK, Texas-Arlington	1967-68-69	1969 Scoring Co-Leader; 8-year NFL Veteran with Houston Oilers, New York Giants, New Orleans Saints
Larry Cox, OL, Abilene Christian	1964-65	1965 First-team All-American (AP); 1966 10th-Round Pick of Denver Broncos
Dick Croxton, DL, Lamar	1965-66-67	
Jake David, DB, Lamar	1965-66	
Bob Diem, OL, Texas-Arlington	1966-67	1967 First-team All-American (AFCA)
Johnny Fuller, S, Lamar	1966-67	1968 4th-Round Pick of San Francisco 49ers; 8-year NFL Veteran with 49ers, New Orleans Saints, Chicago Bears
Danny Griffin, RB, Texas-Arlington	1967-68-69	1970 7th-Round Pick of Pittsburgh Steelers
Anthony Guillory, LB, Lamar	1964	1965 7th-Round Pick of Los Angeles Rams; 4-year NFL Veteran with Rams and Philadelphia Eagles
Jackie Hall, RB, Trinity	1965-66	1965 Offensive Player of the Year; 1966 Receiving Leader
William Hines, DL, Trinity	1967-68	
Pat Holder, RB, Abilene Christian	1968-69	
Bill Kilgore, E, Lamar	1965-67	
Jack Kiser, DL, Abilene Christian	1969-70	
Jim Lindsey, QB, Abilene Christian	1968-69-70	1970 First-team All-American (AP, AFCA); 1969, 1970 Offensive Player of the Year; 1968-69-70 Passing & Total Offense Leader; At the time of his graduation, his 8,521 passing yards were the most in NCAA history; Still ranks among SLC Top Ten in career offensive plays (1,460), total offense (8,385 yards), passing yards (8,521), passing attempts (1,237), completions (642), and touchdowns (61).
Obert Logan, RB, Trinity	1964	1964 Scoring Leader; Distinguished as last NFL player to wear single "0" as a jersey number in 3-year pro career with Dallas Cowboys and New Orleans Saints
Mike Love, RB, Abilene Christian	1964-65	
Ed Marcontell, OL, Lamar	1965-66	1967 11th-Round Pick of St. Louis Cardinals
Frank McGuigan, RB, Arkansas State	1968	1968 Offensive Player of the Year, Rushing & Scoring Leader
Vernon McManus, OL/LB, Lamar	1964-65	1965 Defensive Player of the Year
Ken Ozee, DL, Texas-Arlington	1965-66	1966 First-team All-American (AP); 1966 Defensive Player of the Year

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Phil Primm, QB, Lamar	1965-66	1966 Offensive Player of the Year, Passing & Total Offense Leader
Bob Rash, OL, Abilene Christian	1967-68	
Ken Riley, OL, Texas-Arlington	1966-67	1969 17th-Round Pick of New York Giants
Dick Ritchey, DB, Arkansas State	1965-66-67	
Tom Smiley, RB, Lamar	1966-67	1967 Rushing Leader; 1968 2nd-Round Pick of Cincinnati Bengals
Jack Smith, OL, Arkansas State	1968-69	
Dan Summers, OL, Arkansas State	1964-65	1964, 1965 First-team All-American (AP)
Clovis Swinney, DL, Arkansas State	1967-68-69	1969 First-team All-American (AFCA, AP); 1968, 1969 Defensive Player of the Year; 1970 3rd-Round Pick of New Orleans Saints
Marvin Upshaw, DL, Trinity	1966-67	1967 First-team All-American (AFCA); 1967 Defensive Player of the Year; 1968 1st-Round Pick of Cleveland Browns; 9-year NFL Veteran with Browns, Kansas City Chiefs, St. Louis Cardinals
Ronnie Vinson, WR, Abilene Christian	1969-70	1969, 1970 Receiving Leader; 1969 Scoring Co-Leader; 1972 8th-Round Pick of New Orleans Saints
Robert Willbanks, DB, Texas-Arlington	1966-67	1967 First-team All-American (AFCA, AP)
Ron Worthen, OL, Arkansas State	1966-67	1968 10th-Round Pick of Green Bay Packers
Sperguson Wynn, OL, Lamar	1966-67	1967 First-team All-American (AP)

1960s Coach of the Decade: Bennie Ellender, Arkansas State (1964-69)

1960s Player of the Decade: Jim Lindsey, QB, Abilene Christian (1967-70)

#SLC50



SOUTHLAND FOOTBALL

1970s All-Decade Team

PLAYER, POS., SCHOOL	1ST -TEAM ALL-SLC	SUPERLATIVES
Larry Anderson, DB, Louisiana Tech	1976-77	1977 Defensive Co-Player of the Year; 1978 4th Round Pick of Pittsburgh Steelers; Participated in Super Bowls XIII and XIV; Seven-year NFL Veteran with Steelers and Baltimore/Indianapolis Colts.
Leon Babineaux, DL, Lamar	1973-74	
Ernest Baptist, DB, Texas-Arlington	1970-71-72	
Mike Barber, E, Louisiana Tech	1974-75	1974 First-team All-American (AP); 1976 Second-Round Pick of Houston Oilers; 10-Year NFL Veteran with Oilers, Los Angeles Rams and Denver Broncos.
Ron Barnett, WR, Texas-Arlington	1974-75	
Bob Beckner, OL, Texas-Arlington	1975-76	
Jimmy Blackshire, LB, Louisiana Tech	1977-78	
Don Blair, OL, Louisiana-Lafayette	1971-72	
Billy Blakeman, DB, McNeese State	1972-73	25 Career interceptions (Second all-time in Southland)
Joe Bowser, E, Lamar	1972-73	
Hiram Burleson, LB, Texas-Arlington	1971-72	
Dexter Bussey, RB, Texas-Arlington	1972-73	1974 3rd Round Pick of Detroit Lions; 11-year NFL Veteran with the Lions, rushing for over 5,100 career yards and 18 touchdowns as a pro
Roger Carr, E, Louisiana Tech	1972-73	1972 Offensive Player of the Year & Receiving Leader; 1972 & 1973 First-team All-American (AFCA, AP); 1974 First-Round Pick of Baltimore Colts; 10-year NFL Veteran with Colts, Seattle Seahawks and San Diego Chargers; 1976 NFL Pro Bowler
Jerry Castor, OL, Arkansas State	1978-79	
John Causey, DB, Louisiana Tech	1972-73	
Rondy Colbert, DB, Lamar	1972-73-74	1975 17th Round Pick of N.Y. Giants; Three-year NFL Veteran with Giants and St. Louis Cardinals
Gary Crockett, DL, Lamar	1969-70-71	1972 14th Round Pick of Houston Oilers
Donnie Davis, DL, Lamar	1974 & 76	
Fred Dean, DL, Louisiana Tech	1971-72-73-74	First four-time All-SLC first-team player; 1974 First-team All-American (AFCA, AP); 1972 & 1974 Defensive Player of the Year; 1975 2nd Round Pick of San Diego Chargers; 11-year NFL Veteran with Chargers and San Francisco 49ers; 1981 NFC Player of the Year; Four-time Pro Bowler; First Southland Conference player elected to Pro Football Hall of Fame (2008); Also inducted to College Football Hall of Fame (2009); Participated in Super Bowls XVI and XVIII
Roy DeWalt, QB, Texas-Arlington	1978-79	1978 & 1979 Offensive Player of the Year; 1978 Total Offense Leader; 1980 9th-Round Pick of Cleveland Browns; Participated nine seasons in CFL, leading B.C. Lions to 1985 Grey Cup championship and earning MVP honors

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Dick Dixon, DL, Arkansas State	1974-75	
Wayne Dorton, OL, Arkansas State	1971	1971 First-team All-American (AP); 1972 Sixth-Round Pick of New Orleans Saints
Joe Duren, K, Arkansas State	1971	63-yard field goal against McNeese State in 1974 still stands as Southland record
Denny Duron, QB, Louisiana Tech	1972-73	1973 Offensive Player of the Year & Passing & Total Offense Leader
Victor Enard, OL, Lamar	1977-78-79	
James Files, OL, McNeese State	1973-74-75	1974 First-team All-American (AFCA); 1976 Second-Round Pick of Pittsburgh Steelers
Pat Greer, OL, Louisiana Tech	1972-73	
Calvin Harrell, RB, Arkansas State	1969-70-71	1969, 1970 & 1971 Rushing Leader; 1970 Scoring Leader; 1970 & 1971 First-team All-American (AFCA, AP); 1972 Seventh-Round Pick of Miami Dolphins; Participated five seasons with CFL's Edmonton Eskimos, leading team to 1975 Grey Cup championship.
Leroy Harris, RB, Arkansas State	1975-76	1977 5th Round Pick of Miami Dolphins; Five-year NFL Veteran with Dolphins and Philadelphia Eagles
David Hines, QB, Arkansas State	1975	1975 Offensive Player of the Year & Scoring Leader
T.J. Humphries, OL, Arkansas State	1975-76	1976 First-team All-American (AP); 1977 Ninth-Round Pick of Philadelphia Eagles
Ron Irving, DB, Louisiana-Lafayette	1977-78	
Bruce Jackson, LB, Trinity	1969-70-71	
Charles Jefferson, CB, McNeese State	1976 & 78	1979 Fourth-Round Pick of Denver Broncos
Derrick Jensen, RB, Texas-Arlington	1976-77	1976 Offensive Player of the Year; 1977 Offensive Co-Player of the Year; 1976 & 1977 Rushing Leader; 1978 Third-Round Pick of Oakland Raiders; Eight-year NFL Veteran, all with Raiders; Participated in Super Bowls XV and XVIII
Ken Jones, OL, Arkansas State	1972 & 75	1975 First-team All-American (FWAA)
Bill Keresztury, OL, Trinity	1970-71	
Ken Lantrip, QB, Louisiana Tech	1971	1971 Offensive Player of the Year & Passing & Total Offense Leader
Steve Lockhart, E, Arkansas State	1970-71	1972 12th-Round Pick of New Orleans Saints
Doug Lowrey, OL, Arkansas State	1971	1971 First-team All-American (AFCA); 1974 17th-Round Pick of New York Jets
Mike Malham, LB, Arkansas State	1974-75	1976 17th-Round Pick of Chicago Bears
Ray Martin, OL, McNeese State	1978-79	
Ardis McCann, DL, Louisiana Tech	1978	1978 Defensive Player of the Year
Charles McDaniel, RB, Louisiana Tech	1971 & 74	1974 Offensive Player of the Year; 1971 & 1974 Scoring Leader; 1975 13th-Round Pick of Chicago Bears
Joe McNeely, LB, Louisiana Tech	1972-73	1973 Defensive Player of the Year
Dennis Meyer, DB, Arkansas State	1970-71	1970 & 1971 Defensive Player of the Year; Southland Career (27) and Season (11) interception leader; 1971 First-team All-American (AFCA, AP); 1972 Sixth-Round Pick of Pittsburgh Steelers
James Moore, TE, McNeese State		1972 First-team All-American (AP)
Dave Muckensturm, DL, Arkansas State	1970-71-72	
Jerry Muckensturm, LB, Arkansas State	1975	1975 Defensive Player of the Year; 1976 Seventh-Round Pick of Chicago Bears; Seven-year NFL Veteran, all with Bears

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Cliff Odom, LB, Texas-Arlington		1980 Third-Round Pick of Cleveland Browns; 13-year NFL Veteran with Browns, Baltimore/Indianapolis Colts and Miami Dolphins
Roy Painter, S, Arkansas State	1976	1976 Defensive Player of the Year
Donnie Perry, DB, Louisiana Tech	1975 & 77	
Bill Phillips, OL, Arkansas State	1969-70	1970 First-team All-American (AP); 1972 Third-Round Pick of Denver Broncos
Jerry Pope, K/P, Louisiana Tech	1973-74 & 76	
Johnny Robinson, DL, Louisiana Tech	1978-79-80	1979 Defensive Player of the Year; 1981 4th-Round Pick of Los Angeles Raiders; Participated in Super Bowl XVIII
Billy Ryckman, WR, Louisiana Tech	1976	1976 Receiving Leader; 1977 10th-Round Pick of Atlanta Falcons; three-year NFL Veteran, all with Falcons
Rafael Septien, K, Louisiana-Lafayette	1975-76	1977 10th-Round Pick of New Orleans Saints; 10-year NFL Veteran, mostly with Dallas Cowboys; Participated in Super Bowls XII and XIII; 1981 Pro Bowl pick
Robert Speer, DL, Arkansas State	1975-76	1977 Ninth-Round Pick of Atlanta Falcons
Willie Thomas, LB, Texas-Arlington	1976-77 & 79	
Pat Tilley, WR, Louisiana Tech	1974-75	1974 & 1975 Receiving Leader; 1976 Fourth-Round Pick of St. Louis Cardinals, 11-year NFL Veteran, all with Cardinals; 1980 NFL Pro Bowl selection
Les Vogel, DL, Louisiana-Lafayette	1972-73	
Dewey Wakefield, OL, Texas-Arlington	1977-78	
Keith Walker, DL, Louisiana-Lafayette	1976-77	
Wayne Walton, OL, Abilene Christian	1970	1971 Second-Round Pick of New York Giants; Three-year NFL Veteran with Giants and Kansas City Chiefs
John Henry White, RB, Louisiana Tech	1975 & 77	1977 Offensive Co-Player of the Year; 1978 Eighth-Round Pick of Kansas City Chiefs; Participated 10 seasons with CFL's B.C. Lions, leading team to 1985 Grey Cup
Wenford Wilborn, DB, Louisiana Tech	1973-74	
Wesley Williams, LB, Arkansas State	1978	1977 Defensive Co-Player of the Year

1970s Coach of the Decade: Maxie Lambright, Louisiana Tech (*Southland Years: 1971-78*)

1970s Player of the Decade: Fred Dean, DL, Louisiana Tech (*1971-74*)

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SOUTHLAND FOOTBALL

1980s All-Decade Team

PLAYER, POS., SCHOOL	1ST -TEAM ALL-SLC	SUPERLATIVES
Doyle Adams, DB, Louisiana Tech	1984-85	
Lish Adams, LB, Sam Houston State	1987-88	1988 first-team All-American (Football News)
Bruce Alexander, DB, Stephen F. Austin	1988	1988 first-team All-American (Walter Camp)
Randy Barnhill, OL, Arkansas State	1984-85-86	1986 first-team All-American (AFCA, AP)
Bron Beal, P, North Texas	1986-87-88	
George Benyola, K, Louisiana Tech	1984-85	1985 Scoring Leader
Tony Boles, LB, Louisiana Tech	1981-82	
Scott Bowles, OL, North Texas	1987-88 & 90	1991 6th Round Pick of San Francisco 49ers;
Bubby Brister, QB, ULM	1985	1985 Passing & Total Offense Leader; 3rd Round Pick of Pittsburgh Steelers; 14-year NFL Veteran with Steelers, Philadelphia Eagles, New York Jets, Denver Broncos and Minnesota Vikings; Participated in Super Bowls XXXII and XXXIII
Dwane Brown, QB, Arkansas State	1986	1986 Offensive Player of the Year; 1984 Freshman of the Year
Ray Brown, OL, Arkansas State	1985	1985 first-team All-American (Football News); 1986 8th Round Pick of St. Louis Cardinals; 20-year NFL Veteran with Cardinals, Washington Redskins, San Francisco 49ers and Detroit Lions; Participated in Super Bowl XXVI; 2001 Pro Bowl selection
Claude Brumfield, DL, ULM	1987	1987 first-team All-American (AFCA, Football News)
Daryl Burckel, LB, McNeese State	1980	1980 Defensive Player of the Year
Scotty Caldwell, RB, Texas-Arlington	1982-83-84	1984 Offensive Player of the Year; 1982 & 1984 Rushing Leader; 1982 Scoring Leader; 1985 8th Round Pick of Detroit Lions; Participated in Super Bowl XXII
Mark Cannon, OL, Texas-Arlington	1981 & 83	1984 11th Round Pick of Green Bay Packers; 7-year NFL Veteran with Packers, Kansas City Chiefs and Indianapolis Colts
Greg Carter, QB, North Texas	1983	1983 Offensive Player of the Year
Maurice Carthon, RB, Arkansas State	1981	Participated in NFL for eight seasons with New York Giants and Indianapolis Colts; Participated in Super Bowls XXI and XXV
Larry Centers, RB, Stephen F. Austin	1988-89	1989 Rushing & All-Purpose Yardage Leader; Single-Season All-Purpose Yardage Leader (2,388); 1990 5th Round Pick of Arizona Cardinals; 14-year NFL Veteran with Cardinals, Washington Redskins, Buffalo Bills and New England Patriots; Participated in Super Bowl XXXVIII; Three-time Pro Bowl Selection
Keith Chapman, K, North Texas	1988-89	1988 Scoring Leader
Tony Citizen, RB, McNeese State	1989	1986 Rushing Leader; 1989 Scoring Leader
John Clement, OL, ULM	1987	1987 first-team All-American (AP, Football News, Kodak)
Michael Cline, DL, Arkansas State	1984-85	1986 8th Round Pick of Green Bay Packers
Bruce Collie, OL, Texas-Arlington	1982-83-84	1984 first-team All-American (AFCA, AP, Football News); 1985 5th Round Pick of San Francisco 49ers; 8-year NFL Veteran with 49ers and Philadelphia Eagles; Participated in Super Bowls XXIII and XXIV
Lonnie Collins, OL, McNeese State	1980-81-82	
Rayford Cooks, DL, North Texas	1983	1983 first-team All-American (AP)

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Carter Ray Crawford, DL, Arkansas St.	1985	1984 & 1985 first-team All-American (AFCA, AP, Football Network)
Arthur Christophe, OL, ULM	1982	1982 first-team All-American (AP)
Cyril Crutchfield, DB, ULM	1987-88	1988 first-team All-American (AFCA, AP, Walter Camp, Sports Network)
Bruce Daigle, DB, ULM	1982-83	1982 Defensive Player of the Year; 1982 first-team All-American (AP)
Robert Davenport, DB, McNeese State	1980-81	
Scott Davis, QB, North Texas	1988 & 90	1988 Offensive Player of the Year; 1987 Freshman of the Year; 1988 Passing & Total Offense Leader
Matt Dunigan, QB, Louisiana Tech	1982	1982 Offensive Player of the Year; 1980 Passing Leader; 1980, 1981 & 1982 Total Offense Leader; 1982 first-team All-American (AFCA, AP); 14-year Canadian Football League Veteran, leading Edmonton Eskimos (1987) and Toronto Argonauts (1991) to Grey Cup Championships; Also Participated with B.C. Lions, Winnipeg Blue Bombers, Birmingham Barracudas and Hamilton Tigers-Cats; Canadian Football Hall of Famer
Al Edwards, WR, Northwestern State	1989	1990 11th Round Pick of Buffalo Bills; 4-year NFL Veteran with Bills; Participated in Super Bowls XXV and XXVI
Ed Fleming, LB, North Texas	1986	1986 Defensive Co-Player of the Year
Teddy Garcia, K, ULM	1987	1988 4th Round Pick of New England Patriots; 3-year NFL Veteran with Patriots, Minnesota Vikings and Houston Oilers
Bruce Gartman, P, Arkansas State	1980 & 82	
David Gibbs, DL, Stephen F. Austin	1988	1988 first-team All-American (Walter Camp)
Mike Grantham, OL, ULM	1983-84	1983 & 1984 AP first-team All-American
Rusty Guilbeau, DL, McNeese State	1980-81	1981 Defensive Player of the Year; 1982 3rd Round Pick of St. Louis Cardinals; 6-year NFL Veteran with New York Jets and Cleveland Browns
Todd Hammel, QB, Stephen F. Austin	1989	1989 Offensive Player of the Year; 1989 Passing & Total Offense Leader; Single-season Total Offense (5,294) & Passing Yards Leader (5,364); Single-game (8) and Season (48) Touchdown passing leader; 1990 12th Round Pick of Tampa Bay Buccaneers
Jackie Harris, TE, ULM	1988-89	1988 Receiving Leader; 1989 first-team All-American (AFCA); 1990 4th Round Pick of Green Bay Packers; 12-year NFL Veteran with Packers, Tampa Bay Buccaneers, Tennessee Titans and Dallas Cowboys; Participated in Super Bowl XXXIV
Ronnie Hickman, DL, North Texas	1983	1983 first-team All-American (AP)
Randy Hilliard, DB, Northwestern St.	1989	1990 6th Round Pick of Cleveland Browns; 9-Year NFL Veteran with Browns, Broncos and Bears; Participated in Super Bowl XXXII
Stan Humphries, QB, ULM	1987	1987 Offensive Player of the Year, 1987 Passing & Total Offense Leader; 1988 6th Round Pick of Washington Redskins; 9-year NFL Veteran with Redskins and San Diego Chargers; Participated in Super Bowls XXVI and XXIX
Jeff Jackson, OL, Stephen F. Austin	1988-89	
Rickey Jemison, RB, Arkansas State	1985-86	1984 Scoring Leader
A.J. Johnson, DB, Texas State	1989	6th Round Pick of Washington Redskins; 7-year NFL Veteran with Redskins and San Diego Chargers; Participated in Super Bowl XXVI
Flip Johnson, WR, McNeese State	1986	1986 Receiving & All-Purpose Yardage Leader; Participated two seasons in NFL with Buffalo Bills

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Rex Johnson, DL, North Texas	1988	1988 first-team All-American (AFCA)
Walter Johnson, DL/LB, La. Tech	1984-85-86	1986 Defensive Co-Player of the Year; 1983 Freshman of the Year; SLC Career Sacks leader (38); First-team All-American in 1984 (AP) and 1986 (AFCA, AP); Participated three seasons in NFL with Houston Oilers and New Orleans Saints
Bill Jones, RB, Texas State	1988	1989 12th Round Pick of Kansas City Chiefs; 3-year NFL Veteran, all with Chiefs
Buford Jordan, RB, McNeese State	1981-82-83	1981 Offensive Player of the Year; 1980 Freshman of the Year; 1981 & 1983 Rushing Leader; 1981 All-Purpose Yardage Leader; 1981 Scoring Leader; Became SLC's first 4,000-yard career rusher; After two seasons in the USFL, he Participated seven seasons with NFL's New Orleans Saints
Trey Junkin, DL, Louisiana Tech	1982	1983 4th Round Pick of Buffalo Bills; 20-year NFL Veteran with Bills, Washington Redskins, Los Angeles/Oakland Raiders, Seattle Seahawks, Arizona Cardinals and New York Giants
Glenn Koch, OL, McNeese State	1988	1988 first-team All-American (Sports Network)
John Kulakowski, DE, Northwestern St.	1987	1987 Defensive Player of the Year
Doug Landry, LB, Louisiana Tech	1983-84-85	1984 & 1985 Defensive Player of the Year; 1982 Freshman of the Year; First-team All-American in 1984 (AFCA, AP, Football News) and 1985 (AP, Football News); 1986 5th Round Pick of San Diego Chargers
Greg Lee, DB, Arkansas State	1985-86	
Gary Lewis, TE, Texas-Arlington	1980	1981 2nd Round Pick of Green Bay Packers; 4-year NFL Veteran, all with Packers
Eric Lokey, LB, Stephen F. Austin	1987-88	1988 Defensive Player of the Year; 1988 first-team All-American (AFCA, Walter Camp, Sports Network)
Bret Martin, OL, McNeese State	1980-81-82	
Tim McKyer, DB, Texas-Arlington	1984-85	1986 3rd Round Pick of San Francisco 49ers; 12-year NFL Veteran with 49ers, Miami Dolphins, Atlanta Falcons, Detroit Lions, Pittsburgh Steelers, Carolina Panthers and Denver Broncos; Participated in Super Bowls XXIII, XXIV and XXXII; Two-time All-Pro selection
Keith Melcher, DL, Stephen F. Austin	1988	1988 first-team All-American (Walter Camp)
Mike Morris, LB, Arkansas State	1981-82	
Burton Murchison, RB, Lamar	1985	1985 Offensive Player of the Year; 1985 Rushing & All-Purpose Yardage Leader; 1985 first-team All-American (AP, Football News)
Marvin Neloms, DL, Arkansas State	1984-85-86	
Jeff Novak, OL, Texas State	1989	1990 7th Round Pick of San Diego Chargers; 6-year NFL Veteran with Miami Dolphins and Jacksonville Jaguars
Keith Ortego, WR, McNeese State	1984	Participated three seasons with Chicago Bears, and was a member of Super Bowl XX champions.
Kim Phillips, DB, North Texas	1987-88	1989 3rd Round Pick of New Orleans Saints; 2-year NFL Veteran with Saints and Buffalo Bills; Participated in Super Bowl XXV
Tag Rome, WR, ULM	1982-83	1982 Receiving Leader
Eugene Seale, LB, Lamar	1983-84-85	1983 Defensive Player of the Year; 1983 first-team All-American (AP); Participated six seasons with NFL's Houston Oilers
Leonard Smith, DB, McNeese State	1981-82	1982 first-team All-American (AFCA, AP); 1983 1st Round Pick (17th overall) of St. Louis Cardinals, highest-ever SLC draftee; 9-Year NFL Veteran with Cardinals and Buffalo Bills; Participated in Super Bowls XXV and XXVI; Participated in 1986 Pro Bowl

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John Starnes, P, North Texas	1983-84	
Stephen Starring, QB, McNeese State	1980-81	1980 Offensive Player of the Year; 1983 3rd Round Pick of New England Patriots; 6-year NFL Veteran with Patriots, Detroit Lions and Tampa Bay Buccaneers; Participated in Super Bowl XX
John Stephens, RB, Northwestern State		1988 1st Round Pick (17th overall, matching best-ever for SLC player) of New England Patriots; 6-year NFL Veteran for Patriots, Green Bay Packers and Kansas City Chiefs; 1988 AFC Rookie of the Year; 1988 Pro Bowl pick & Gale Sayers Award recipient
Danny Stout, OL, Texas-Arlington	1981-82	
Don Stump, K/P, McNeese State	1979-80-81	1980 Scoring Leader
Dale Thomas, DL, Louisiana-Lafayette	1979-80	
Floyd Turner, WR, Northwestern State	1988	1989 6th Round Pick of New Orleans Saints; 9-year NFL Veteran with Saints, Indianapolis Colts and Baltimore Ravens
Mike Turner, DB, ULM	1985	1985 first-team All-American (AP)
Donald Washington, DL, Louisiana Tech	1984-85	
David Whitmore, DB, Stephen F. Austin	1988-89	1989 Defensive Player of the Year; 1989 first-team All-American (AFCA, AP, Football News); 1990 4th Round Pick of New York Giants; 6-year NFL Veteran with Giants, San Francisco 49ers, Kansas City Chiefs and Philadelphia Eagles; Participated in Super Bowl XXV
Andre Young, DB, Louisiana Tech	1979-80-81	1982 10th Round Pick of San Diego Chargers; 3-Year NFL Veteran, all with Chargers

1980's Coach of the Decade: Pat Collins, ULM (SLC Years: 1982-88): 52-29-0 overall record (.641), 26-14 SLC record (.650)
 1987 SLC Coach of the Year after leading ULM (then Northeast Louisiana) to a 13-2 overall record, an undefeated 6-0 league mark, and the NCAA Division I-AA National Championship... Indians also shared the 1983 Conference championship... Collins coached 35 first-team All-Southland picks and eight first-team All-Americans during his tenure.

1980s Player of the Decade: Buford Jordan, RB, McNeese State (1980-84)

#SLC50



SOUTHLAND FOOTBALL

1990s All-Decade Team

PLAYER, POS., SCHOOL	1ST -TEAM ALL-SLC	SUPERLATIVES
Donnie Ashley, KR, McNeese State	1997	1997 first-team All-American (AP)
Charles Ayro, LB, McNeese State	1998	1998 Defensive Player of the Year; First-team All-American in 1997 (Walter Camp, Sports Network, Sportsticker) and 1998 (AFCA, Walter Camp, Sports Network, USA Today/ESPN)
Michael Bankston, DL, Sam Houston State	1989-90-91	1992 4th Round Pick of Arizona Cardinals; 9-year NFL Veteran with Cardinals and Cincinnati Bengals; 1991 first-team All-American (AP, Walter Camp, Sports Network)
Jeff Blackshear, OL, Louisiana-Monroe		1993 8th Round Pick of Seattle Seahawks; 9-year NFL Veteran with Seahawks, Baltimore Ravens, Kansas City Chiefs and Green Bay Packers; 1992 first-team All-American (Kodak)
Blair Bradley, DL, McNeese State	1997	1997 first-team All-American (Sportsticker)
Vincent Brisby, WR, Louisiana-Monroe	1991-92	1992 Receiving Leader; 1992 first-team All-American (Walter Camp, Football Gazette); 1993 2nd Round Pick of New England Patriots; 8-year NFL Veteran with Patriots and New York Jets; Participated in Super Bowl XXXI
Zack Bronson, DB, McNeese State	1993-94-95-96	1993 Freshman of the Year; All-Time SLC Leader in Interception Return Yardage (455 yds); 1996 first-team All-American (AFCA, Sports Network, Walter Camp)
Will Broussard, OL, Northwestern St.	1999	1999 first-team All-American (Walter Camp)
Jesse Burton, RB, McNeese State	1998	1998 Freshman of the Year; 1998 Rushing & All-Purpose Leader; 1998 Scoring Leader; Shares SLC game record of seven touchdowns scored
Andre Carron, LB, Northwestern State	1989-90-91	1991 Defensive Player of the Year; All-Time SLC Leading Tackler (521); 1991 first-team All-American (AP, Walter Camp, Football Gazette, Kodak, Sports Network)
Chris Chaloupka, QB, Sam Houston State	1999	1999 Player, Offensive Player & Newcomer of the Year; 1999 Passing & Total Offense Leader
Ron Cherry, OL, McNeese State	1994	1994 first-team All-American (AFCA, AP, Walter Camp, Sports Network)
Robert Cobb, QB, Louisiana-Monroe	1993	1993 Offensive Player of the Year; 1993 Passing & Total Offense Leader
Robert Daniel, DL, Northwestern State	1998	1999 6th Round Pick of Carolina Panthers; Participated two seasons in NFL, both with Panthers
Tarius Davis, DB, McNeese State	1998-99	
Adam Diel, K, Nicholls State	1994 & 96	
Matt Dominguez, WR, Sam Houston St.	1998-99-00	1997 Freshman of the Year; 1998, 1999 and 2000 Receiving Leader; All-Time SLC Receiving Leader (3,273 yds)
Henry Fields, RB, McNeese State	1995	Entering 2013 season, SLC's 2nd all-time leading rusher (4,358)
James Folston, DL, Louisiana-Monroe	1992-93	1993 first-team All-American (AP, Walter Camp, Football Gazette)

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Mike Green, DB, Northwestern State	1998-99	1999 first-team All-American (AFCA, AP, Football Gazette); 2000 7th Round Pick of Chicago Bears; 9-year NFL Veteran with Bears, Seattle Seahawks and Washington Redskins after being final pick in 2000 draft (Mr. Irrelevant).
Byron Gross, LB, North Texas	1989-90	
Joey Hamilton, WR, Jacksonville State	1998-99	
Adrian Hardy, DB, Northwestern State	1991-92	1992 first-team All-American (AP, Football Gazette); 1993 2nd Round Pick of San Francisco 49ers; 4-year NFL Veteran with 49ers and Cincinnati Bengals
Terry Irving, LB, McNeese State	1991-92-93	1992 & 1993 first-team All-American (AP, Walter Camp, Kodak, Sports Network); 1993 Defensive Player of the Year; 1994 4th Round Pick of Arizona Cardinals; 5-year NFL Veteran, all with Cardinals
Chris Jefferson, WR, Stephen F. Austin	1994 & 96	
Kerry Jenkins, OL, Troy	1996	1996 first-team All-American (AFCA); Participated eight seasons with NFL's New York Jets and Tampa Bay Buccaneers; Participated in Super Bowl XXXVII
Jermaine Jones, DB, Northwestern St.	1997-98	1998 Player of the Year; 1998 first-team All-American (AFCA, AP, Walter Camp, Football Gazette, Sports Network, USA Today/ESPN); 1999 5th Round Pick of New York Jets; Participated two seasons with Jets, Chicago Bears and Dallas Cowboys
Kerry Joseph, QB, McNeese State	1995	1995 Player of the Year; 1992 Freshman of the Year; Participated five seasons as defensive player with NFL's Cincinnati Bengals and Seattle Seahawks; As a quarterback with Saskatchewan of the CFL, led Roughriders to 2007 Grey Cup Championship and earning CFL's Most Outstanding Player honor
Eric Kidd, DL, McNeese State	1992-93	
Montressa Kirby, QB, Jacksonville State	1998	1998 Offensive Player of the Year; 1997 Total Offense Leader
Lee Kirk, OL, Stephen F. Austin	1995	1995 first-team All-American (Walter Camp)
Ryan Klaus, P, Sam Houston State	1995-96	
Shonz LaFrenz, K, McNeese State	1997-98-99	1997 Scoring Leader; All-Time SLC Field Goal Co-Leader (66); First-team All-American selection in 1997 (Sportsticker), 1998 (Walter Camp) and 1999 (Walter Camp)
Vincent Landrum, LB, McNeese State	1994-95	1994 Defensive Player of the Year
Jose Larios, K, McNeese State	1993 & 95	1993 & 1994 Scoring Leader; All-Time SLC Scoring Leader (356 pts); All-Time SLC Field Goal Co-Leader (66); 1993 first-team All-American (AP, Sports Network)
Reggie Lawson, OL, Louisiana-Monroe	1988 & 90	
Al Lucas, DL, Troy	1998-99	1999 Recipient of Sports Network's Buck Buchanan Award as nation's top defender; First-team All-American in 1998 (Football Gazette) and 1999 (AP, Walter Camp, Football Gazette, Sports Network); Participated over two seasons with Carolina Panthers
Pratt Lyons, DL, Troy	1996	1996 Defensive Player of the Year; 1996 first-team All-American (AFCA, Walter Camp, Football Gazette, Sports Network); 1997 4th Round Pick of Tennessee Titans; 3-year NFL Veteran, all with Titans; Participated in Super Bowl XXXIV
Mitch Maher, QB, North Texas	1994	1994 Player of the Year & Passing Leader; 1992 & 1994 Total Offense Leader
Tony Maranto, DB, Northwestern State	1997	1997 Defensive Player of the Year; 1997 first-team All-American (AFCA, AP)

– Continued –

Claude Mathis, RB, Texas State	1994-95-96-97	1996 & 1997 Player of the Year; 1994 Freshman of the Year; 1996 & 1997 Season Rushing & All-Purpose Yardage Leader; 1996 Scoring Leader; Enters 2013 season as All-Time Leader in Rushing Yards (4,694), All-Purpose Yardage (7,264) and Rushing Attempts (882) ; Holds SLC Single-Game Rushing Mark (310 yds vs. SFA, 1997); First-team All-American in 1996 (AFCA, AP, Walter Camp, Sports Network) and 1997 (AFCA, AP, Sports Network)
Clarence Matthews, RB, Northwestern St.	1994-95	1995 Offensive Player of the Year; 1995 Rushing & All-Purpose Yardage Leader; 1995 Scoring Co-Leader
Pat Matthews, TE, McNeese State	1998-99	
Victor McKnight, OL, Sam Houston State	1998-99	1996 Freshman of the Year
Adam Means, OL, Texas State	1996-97	
Michael Moore, OL, Troy	1999	1999 first-team All-American (AFCA, Walter Camp, Football Gazette)
Edward Moses, LB, Northwestern State	1992-93	
Greg Necaie, DL, Northwestern State	1990	1990 first-team All-American (Walter Camp, Sports Network)
Pat Neck, P, McNeese State	1991-92-93	
Reggie Nelson, OL, McNeese State	1997-98	First-team All-American in 1997 (AFCA, Sports Network, Sport-sticker) and 1998 (AFCA, AP, Walter Camp, Sports Network); 1999 5th Round Pick of San Diego Chargers; Participated two years with Chargers and Jacksonville Jaguars
Patrick Palmer, WR, Northwestern State	1996-97	1996 Offensive Player of the Year; 1998 6th Round Pick of Washington Redskins
Doug Pederson, QB, Louisiana-Monroe		1990 Season Passing Leader; 12-Year NFL Veteran with Miami Dolphins and Green Bay Packers
Erric Pegram, RB, North Texas		1991 6th Round Pick of Atlanta Falcons; 7-year NFL Veteran with Falcons, Pittsburgh Steelers, San Diego Chargers and New York Giants; Participated in Super Bowl XXX
Kevin Pesak, TE, Sam Houston State	1995-96-97	1997 first-team All-American (Sports Network)
Mike Pierce, DB, McNeese State	1990	1990 Defensive Player of the Year
Kavika Pittman, DL, McNeese State	1994-95	1995 Defensive Player of the Year; 1995 first-team All-American (AFCA, AP, Sports Network, Walter Camp); 1996 2nd Round Pick of Dallas Cowboys; 9-year NFL Veteran with Cowboys, Denver Broncos and Carolina Panthers; Participated in Super Bowl XXX-VIII
Roosevelt Potts, RB, Louisiana-Monroe	1991-92	1992 Offensive Player of the Year; 1991 Rushing Leader; 1991 & 1992 All-Purpose Yardage Leader; 1993 2nd Round Pick of Indianapolis Colts; 6-year NFL Veteran with Colts, Miami Dolphins and Baltimore Ravens
Darryl Pounds, DB, Nicholls State	1991-92-93-94	1991 Defensive Co-Player of the Year; 1994 first-team All-American (AP, Football Gazette); 1995 3rd Round Pick of Washington Redskins; 6-year NFL Veteran with Redskins and Denver Broncos
Ronnie Powell, RB, Northwestern State	1997	1997 Newcomer of the Year
Gilbert Price, QB, Texas State	1991	1991 Offensive Player of the Year & Total Offense Leader
Anthony Rabb, LB, Troy	1998-99	1999 Defensive Player of the Year; 1999 first-team All-American (Football Gazette)
Cisco Richard, RB, Louisiana-Monroe	1990	1990 Offensive Player of the Year; 1990 first-team All-American (Sports Network)

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Mikhael Ricks, WR, Stephen F. Austin	1997	1997 Offensive Player of the Year; 1997 first-team All-American (AFCA, AP, Walter Camp, Sports Network); 1998 2nd Round Pick of San Diego Chargers; 7-year NFL Veteran with Chargers, Kansas City Chiefs, Detroit Lions and Dallas Cowboys
Reggie Rivers, RB, Texas State	1990	1990 Rushing & All-Purpose Yardage Leader; 1990 first-team All-American (Kodak, Walter Camp, Sports Network); Participated six seasons for the Denver Broncos
Cleve Roberts, OL, Troy	1997-98	1998 first-team All-American (Football Gazette)
Eric Roberts, K, McNeese State	1990-91	
Greg Robinson, RB, Louisiana-Monroe	1992	1993 8th Round Pick of Los Angeles Raiders; 4-year NFL Veteran with Raiders and St. Louis Rams
Blayne Rush, OL, McNeese State	1991 & 93	
Dana Scott, DL, McNeese State	1992-93-94	
Terrance Shaw, DB, Stephen F. Austin	1994	1995 2nd Round Pick of San Diego Chargers; 10-year NFL Veteran with Chargers, Miami Dolphins, New England Patriots, Oakland Raiders and Minnesota Vikings; Participated in Super Bowls XXXVI and XXXVII
Matt Shepherd, DL, Louisiana-Monroe	1991-92	
Spicer Sigman, OL, Texas State	1992-93	
Eric Sloan, DB, Troy	1998-99	1998 & 1999 first-team All-American (Walter Camp)
Marcus Spears, OL, Northwestern State	1991-92-93	1994 2nd Round Pick of Chicago Bears; 11-year NFL Veteran with Bears, Kansas City Chiefs and Houston Texans
Irving Spikes, RB, Louisiana-Monroe	1993	1993 Newcomer of the Year; 1993 Rushing & All-Purpose Yardage Leader
Marcus Spriggs, DL, Troy	1997-98	1998 first-team All-American (AFCA, Walter Camp, USA Today/ESPN); 1999 6th Round Pick of Cleveland Browns; 3-year NFL Veteran, all with Browns
Chad Stanley, P, Stephen F. Austin	1997-98	1998 first-team All-American (AFCA, AP, Walter Camp, Sports Network, USA Today/ESPN); Participated eight seasons with NFL's San Francisco 49ers, Arizona Cardinals and Houston Texans
Tony Taylor, RB, Northwestern State	1998-99-00	2000 Offensive Player of the Year; 1999 & 2000 Season Rushing Leader
Kip Texada, DB, McNeese State	1989-90	
Keith Thibodeaux, DB, Northwestern State	1996	1997 5th Round Pick of Washington Redskins; 4-year NFL Veteran with Redskins, Atlanta Falcons, Minnesota Vikings and Green Bay Packers
Ervin Thomas, OL, Texas State	1991	1991 first-team All-American (Kodak)
Jeremiah Trotter, LB, Stephen F. Austin	1996-97	1994 Freshman of the Year; 1996 first-team All-American (AFCA, Walter Camp, Sports Network); 1998 3rd Round Pick of Philadelphia Eagles; 11-year NFL Veteran with Eagles, Washington Redskins and Tampa Bay Buccaneers; Participated in Super Bowl XXXIX; Four-time Pro Bowl Selection
Darrick Vaughn, DB, Texas State	1999	2000 7th Round Pick of Atlanta Falcons; 3-year NFL Veteran with Falcons and Houston Texans
Cedric Walker, DB, Stephen F. Austin	1990-91-92-93	1990 Freshman of the Year; 1993 first-team All-American (AP, Walter Camp, Football Gazette, Kodak, Sports Network)
Donald Wilkerson, RB, Texas State	1994	1994 Offensive Player of the Year; 1994 Rushing & All-Purpose Yardage Leader
Kenny Wright, DB, Northwestern State		1999 4th Round Pick of Minnesota Vikings; 9-year NFL Veteran with Vikings, Houston Texans, Jacksonville Jaguars, Washington Redskins and Cleveland Browns

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Joe Wylie, OL, Stephen F. Austin	1995	1995 first-team All-American (AFCA, AP, Walter Camp)
Murphy Yates, OL, Sam Houston State	1990-91	1991 first-team All-American (Walter Camp, Sports Network)
Vic Zordan, OL, Louisiana-Monroe	1992	1992 first-team All-American (AP, Walter Camp, Football Gazette, Sports Network)

1990's Coach of the Decade: Bobby Keasler, McNeese State (Southland Years: 1990-98): 78-34-2 overall record (.693), 43-13-2 Southland record (.759) ... record five-time Southland Coach of the Year (1990, 1991, 1993, 1995 and 1997) ... led Cowboys to four Southland championships (1991, 1993, 1995, 1997) ... also directed McNeese to eight NCAA postseason victories, including a run to the 1997 Division I-AA national championship game ... coached 53 first-team All-Southland picks and 16 players that earned first-team All-America honors.

1990s Player of the Decade: Claude Mathis, RB, Texas State (1994-97)

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SOUTHLAND FOOTBALL

2000s All-Decade Team

PLAYER, POS., SCHOOL	1ST -TEAM ALL-SLC	SUPERLATIVES
Brian Babin, QB, Southeastern Louisiana		Ranks among SLC top 10 career in passing yards (7,405), attempts (1,083), completions (670), touchdown passes (62) and completion percentage (61.9)
Clenton Ballard, DL, Texas State	2000-01	2002 6th Round Pick of Jacksonville Jaguars; Played two seasons with Jaguars and San Diego Chargers
Demetress Bell, OL, Northwestern State	2007	2007 first-team All-American (AP, College Sporting News); 2008 7th Round Pick of Buffalo Bills; Recent roster addition of Dallas Cowboys after five seasons with Bills and Philadelphia Eagles
Jacob Bender, OL, Nicholls State	2005-06	2007 6th Round Pick of New York Jets
Blake Bercegeay, K, McNeese State	2006	2005 Freshman of the Year
Derrick Blaylock, RB, Stephen F. Austin	2000	2001 5th Round Pick of Kansas City Chiefs; 6-year NFL Veteran of Chiefs and New York Jets
Rhett Bomar, QB, Sam Houston State		2008 Total Offense Leader; 2009 5th Round Pick of New York Giants
Marquez Branson, TE, Central Arkansas	2008	2008 first-team All-American (Sports Network)
Duane Brooks, WR, Stephen F. Austin	2009	2008 Newcomer of the Year; 2008 & 2009 Receiving Leader; Holds SLC single-season receptions mark (118 in 2009)
Chris Brown, DL, Sam Houston State	2007-08	
Nathan Brown, QB, Central Arkansas	2007-08	2009 Player of the Year; 2007 Offensive Player of the Year; 2007 Passing & Total Offense Leader; 2008 first-team All-American (Sporting News)
Greg Buckley, OL, Northwestern State	2003-04	
Blake Burton, RB, Texas State	2006 & 08	
Karrington Bush, RB, Texas State	2008	2007 Freshman of the Year; 2008 All-Purpose Yardage Leader
C.J. Carroll, LB, Texas State	1999 & 00	2000 Player of the Year; 2000 first-team All-American (AFCA, AP, Walter Camp, Football Gazette, Sports Network)
Broderick Cole, RB, Nicholls State	2005 & 07	2004 Freshman of the Year; 2005 Scoring Leader
Colt Colletti, RB, Nicholls State	2001 & 04	
Tory Collins, DL, Northwestern State	2005-06	2006 first-team All-American (AFCA)
Tommy Connors, DB, Southeastern La.	2008 & 10	
Jonathan Cooper, WR, Sam Houston State	2001	2001 Receiving Leader; 2001 Scoring Leader; 2001 first-team All-American (AP, Football Gazette, Sports Network); Holds SLC single-season receiving yardage mark (1,477 in 2001).
David Crocker, DB, Stephen F. Austin	2001 & 03	
Jason Davis, OL, McNeese State	2002	2002 first-team All-American (AP, Walter Camp, Football Gazette, Sports Network)
Keith Davis, DB, Sam Houston State	2000-01	2000 Defensive Player of the Year; 2001 first-team All-American (AFCA); 6-Year NFL Veteran with Dallas Cowboys
Anthony Dingle, WR, Stephen F. Austin	2001-02	
Patrick Dolan, P, Nicholls State	2008-09-10	
Dominique Edison, WR, Stephen F. Austin	2008	2009 6th Round Pick of Tennessee Titans
Cory Elolf, P, Texas State	2003-04-05	2004 first-team All-American (AFCA)

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Fred Evans, DL, Texas State	2004-05	2005 Defensive Player of the Year; 2004 Newcomer of the Year; 2005 first-team All-American (AFCA); 2006 7th Round Pick of Miami Dolphins; Current 8th year pro with Minnesota Vikings
Pieri Feazell, DB, Central Arkansas	2008-09	
Derrick Fourroux, QB, McNeese State	2009	2009 Co-Player of the Year; 2006 Freshman of the Year
Carlese Franklin, WR, McNeese State	2006-07	
Lane Friewald, OL, Central Arkansas	2008-09	
Jeremy Ford, OL, Central Arkansas	2008	
Jarrod Fuller, WR, Sam Houston State	2004	2004 Receiving Leader
Lance Garner, K, Sam Houston State	2004	2004 Scoring Leader; 2004 first-team All-American (Football Gazette)
Bradley George, QB, Texas State		2009 Offensive Player of the Year
Brent Grimes, RB, Central Arkansas	2009	2009 Rushing Leader; 2008 Scoring Leader; His 59 career touchdowns led SLC entering 2013 season
Brent Hafford, DB, Stephen F. Austin	2002-03	2003 Defensive Player of the Year; 2003 first-team All-American (AFCA, AP, Sports Network)
Brandon Hale, OL, Sam Houston State	2006-07	
Larry Hart, DL, Central Arkansas	2008-09	2008 Defensive Player of the Year; 2009 Defensive Co-Player of the Year; 2008 first-team All-American (AP, Walter Camp, Sporting News); 2010 5th Round Pick of Jacksonville Jaguars
Keith Heinrich, TE, Sam Houston State	2000-01	2001 first-team All-American (Sports Network); 2002 6th Round Pick of Carolina Panthers; 7-year NFL Veteran with Panthers, Cleveland Browns, and Tampa Bay Buccaneers
Wes Hines, OL, McNeese State	1999-00	2000 first-team All-American (Football Gazette)
Keldrick Holman, DB, Stephen F. Austin	2005-06	
Dwight Hudler, OL, McNeese State	2002-03	2003 first-team All-American (AP, Sports Network)
Steve Izevbizua, OL, Sam Houston State	2003-04	
Vaalyn Jackson, DL, McNeese State	2007-08	
Derrick Johnese, RB, Northwestern State	2002 & 04	2004 Offensive Player of the Year; 2004 Rushing Leader
Jamall Johnson, LB, Northwestern State	2003-04	2004 Defensive Player of the Year; 2003 Newcomer of the Year; 2004 first-team All-American (AP)
John Paul Jones, DL, McNeese State	2002-03	
Joe Judge, DB, McNeese State	2001	2001 Defensive Player of the Year; 2001 first-team All-American (Football Gazette)
Vick King, RB, McNeese State	2002-03	2002 & 2003 Offensive Player of the Year; 2003 Rushing Leader;
Tim Knicky, DL, Stephen F. Austin	2008-09	2009 Defensive Co-Player of the Year; 2009 first-team All-American (Walter Camp)
Byron Lawrence, RB, Northwestern State	2007	2007 Rushing Leader
Quentin Lawrence, DB, McNeese State		2009 6th Round Pick of Kansas City Chiefs; Played four seasons with Chiefs and Miami Dolphins
Luke Lawton, RB, McNeese State	2002-03	Played six seasons with the NFL's New York Jets, Indianapolis Colts and Oakland Raiders; Participated in Super Bowl XXXXI
Cody LeBlanc, OL, McNeese State	2003-04	
Roy Locks, DL, Northwestern State	2002	2002 Defensive Player of the Year; 2002 first-team All-American (AFCA, AP)
Dustin Long, QB, Sam Houston State	2004	2004 Player of the Year; 2004 Passing & Total Offense Leader; 2004 Walter Payton Award Finalist
Jay Lucas, RB, Southeastern Louisiana	2007	2007 All-Purpose Yardage Leader; 2007 Scoring Leader
Cameron Luke, WR, Texas State	2007-08	2007 Receiving Leader; 2008 first-team All-American (Sporting News)

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Chris MacDonald, P, Texas State	2006-07	2007 first-team All-American (AFCA, AP, Walter Camp)
John Marino, K, McNeese State	2002-03	2002 & 2003 Scoring Leader
Blake Martin, TE, Sam Houston State	2006-07	2007 first-team All-American (AP, College Sporting News)
Jason Mathenia, WR, Sam Houston State	2004	2002 Receiving Leader
Josh McCown, QB, Sam Houston State	2001	2001 Player of the Year; 2001 Passing & Total Offense Leader; 2002 3rd Round Pick of Arizona Cardinals; Has played with Cardinals, Detroit Lions, Oakland Raiders, Carolina Panthers and Chicago Bears
Terrence McGee, DB/RS, Northwestern St.	2000-01	Set NCAA (now former) record with 17.4 career punt return average; 2000 first-team All-American (Football Gazette); 2003 4th Round Pick of Buffalo Bills; Enjoyed 10 seasons with Bills, including 2004 Pro Bowl selection
Kareem Moore, DB, Nicholls State	2007	2007 Defensive Player of the Year; 2006 Newcomer of the Year; 2008 6th Round Pick of Washington Redskins;
Jeremy Moses, QB, Stephen F. Austin	2010	2010 Walter Payton Award recipient; 2010 Player of the Year; 2009 Co-Player of the Year; 2008, 2009 & 2010 Passing Leader; 2009 & 2010 Total Offense Leader; 2010 first-team All-American (AFCA, AP, Walter Camp, Sports Network); Holds SLC career marks with 2,034 offensive plays, 13,201 total offense yards, 13,401 passing yards, 1,184 passing completions, 1,893 passing attempts, 121 passing touchdowns; Holds five other SLC game and season passing records
B.J. McNutt, DL, McNeese State	2002	2002 first-team All-American (Football Gazette)
Jake Morrison, DL, McNeese State	2000	2000 first-team All-American (AP)
Walter Musgrove, DB, Texas State	2005-06	
Eman Naghavi, OL, McNeese State	2007-08	
Craig Nall, QB, Northwestern State		2001 Newcomer of the Year; 2002 5th Round Pick of Green Bay Packers; 7-year NFL Veteran with Packers, Buffalo Bills and Houston Texans
Barrick Nealy, QB, Texas State	2005	2005 Player of the Year; 2005 Rushing, Total Offense & All-Purpose Yardage Leader; 2003 Passing Leader
Allen Nelson, LB, McNeese State	2007-08	
Quintene Newhouse, DL, Northwestern St.	2003-04	
Wes Pate, QB, Stephen F. Austin		2001 Offensive Player of the Year; 2002 7th Round Pick of Baltimore Ravens
Toddrick Pendland, RB, McNeese State	2008-09	2008 Offensive Player of the Year; 2008 Rushing Leader; 2009 Scoring Leader
David Pittman, DB, Northwestern State	2004-05	Played in 2006 Senior Bowl; 2006 3rd Round Pick of Baltimore Ravens
Hadley Prince, DB, McNeese State	2002	2002 Player of the Year; 2002 first-team All-American (AFCA, AP, Walter Camp, Football Gazette)
Ed Queen, DL, Northwestern State	2004 & 06	
Richie Rhodes, P, Jacksonville State	2001-02	
Corey Roberts, TE, Sam Houston State	2004-05	2005 first-team All-American (AFCA)
Kurt Rodriguez, LB, Northwestern State	2000 & 02	
Roderick Royal, LB, McNeese State	2002-03	2002 Newcomer of the Year; First-team All-American in 2002 (AP, Walter Camp, Football Gazette, Sports Network) and 2003 (AFCA, AP, Football Gazette, Sports Network)
B.J. Sams, WR, McNeese State	2003	2003 Player of the Year; 2003 All-Purpose Yardage Leader
David Simmons, LB, Texas State	2004-05	

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Bryan Smith, DL, McNeese State	2006-07	2007 Player of the Year; 2006 Defensive Player of the Year; First-team All-American in 2006 (AP, Sports Network) and 2007 (AFCA, AP, Walter Camp, College Sporting News); 2008 3rd Round Pick of Philadelphia Eagles
Keith Smith, DB, McNeese State	2002-03	2004 3rd Round Pick of the Detroit Lions; Played six seasons with Lions and San Francisco 49ers
Josh Son, QB, Nicholls State	2002	2000 Freshman of the Year
Jeremy Sullivan, OL, Jacksonville State	2000-01	
D.D. Terry, RB, Sam Houston State	2006	2006 Offensive Player of the Year; 2006 Rushing & All-Purpose Yardage Leader; 2006 Scoring Leader
Chris Thompson, DB, Nicholls State	2001-02-03	2003 first-team All-American (Football Gazette); 2004 5th Round Pick of Jacksonville Jaguars; Played two seasons with Jaguars and Chicago Bears
Joseph Tobias, RB, Nicholls State	2005	2005 Newcomer of the Year
Lawrence Tynes, K, Troy	2000	2000 Scoring Leader; 2000 first-team All-American (AFCA, AP); 10-year NFL Veteran with Kansas City Chiefs, New York Giants and Tampa Bay Buccaneers; Participated in Super Bowls XLII and XLVI
Yale Vannoy, QB, Nicholls State		2005 Offensive Player of the Year
Cory Vavala, LB, Nicholls State	2005-06	
LeJuan Walker, RS, Nicholls State	2002	2002 first-team All-American (Football Gazette)
Russ Washington, DB, Northwestern State	2004-05-06	
Lardarius Webb, DB/RS, Nicholls State	2007-08	2007 Newcomer of the Year; First-team All-American in 2007 (Walter Camp, College Sporting News, Sports Network) and 2008 (AFCA, AP, Sporting News, Sports Network); 2009 3rd Round Pick of Baltimore Ravens; Beginning his fifth season with Ravens; Member of Super Bowl XLVII champions
Deon White, OL, Jacksonville State	2002	2002 first-team All-American (Football Gazette)
Markee White, WR, Texas State	2005	2005 Receiving Leader
Steven Whitehead, WR/RS, McNeese State	2006	2006 Player of the Year
Jabara Williams, LB, Stephen F. Austin	2008-09-10	2010 Defensive Player of the Year
Ahmad Willis, DL, Northwestern State	2001-02	
Toby Zeigler, RS, Northwestern State	2004-05	

2000's Co-Coaches of the Decade:

Tommy Tate, McNeese State (SLC Years: 2000-06): Tate led the McNeese program from 2000-06, accumulating a 49-26 (.653) overall record and a 25-10 league mark (.714), while leading the team to playoff appearances in each of his first four seasons. His 2002 team was 13-2 overall and 6-0 in Southland play on the way to the 2002 NCAA Division I-AA championship game, a 34-14 loss to Western Kentucky. He earned the 2002 Eddie Robinson Award, signifying him as the national coach of the year in Division I-AA.

Matt Viator, McNeese State (SLC Years: 2006-09): 33-10 overall record (.767), 22-5 SLC record (.815)... Taking over a 1-3 program in early 2006, Viator rallied the Cowboys to win the Southland Conference championship, the first of three in his four years coaching the team during the remainder of the decade... The 2006 title was followed by Southland crowns in 2008 and 2009, along with three NCAA playoff berths each time... Coached 26 first-team All-Southland selections during those four seasons...

2000s Player of the Decade: Jeremy Moses, QB, Stephen F. Austin (2007-10)

#SLC50



SOUTHLAND CONFERENCE 50th ANNIVERSARY ALL-TIME FOOTBALL TEAMS

First Team Offense

Pos.	Player	Institution	SLC Career	Hometown	Superlatives
QB	Jeremy Moses	Stephen F. Austin	2007-10	Baytown, Texas	SLC Career Passing Leader; 2010 Walter Payton Award
RB	Timothy Flanders	Sam Houston State	2010-13	Midwest City, Okla.	SLC Career Rushing Leader; 2011, 2012 All-American
RB	Buford Jordan	McNeese State	1980-83	Iota, La.	SLC's first 4,000-yd. rusher; 9-year USFL and NFL career
OL	Bruce Collie	Texas-Arlington	1981-84	San Antonio, Texas	1984 All-American; Eight-year NFL career
OL	Marcus Spears	Northwestern State	1991-93	Baton Rouge, La.	1993 Outland Trophy semifinalist; 12-year NFL career
OL	Reggie Nelson	McNeese State	1995-98	Alexandria, La.	1997, 1998 Consensus All-American; 5 th rd. NFL pick
OL	Ray Brown	Arkansas State	1983-85	Marion, Ark.	1985 All-American; 20-year NFL career
OL	Randy Barnhill	Arkansas State	1984-86	Hoxie, Ark.	Three-time All-SLC; 1986 All-American
TE	Mike Barber	Louisiana Tech	1972-75	White Oak, Texas	1974, 1975 All-American; 10-year NFL career
WR	Roger Carr	Louisiana Tech	1971-73	Cotton Valley, La.	1972, 1973 All-American; 1 st rd. NFL pick; 10-year NFL career
WR	Matt Dominguez	Sam Houston State	1997-00	Georgetown, Texas	SLC Career Receiving Leader
K	Shonz LaFrenz	McNeese State	1996-99	Deer Park, Texas	1997, 1998, 1999 All-American; SLC's Career FG Leader

First Team Defense

Pos.	Player	Institution	SLC Career	Hometown	Superlatives
DL	Fred Dean	Louisiana Tech	1971-74	Ruston, La.	4-time all-SLC pick; Pro & College Football Hall of Famer
DL	Kavika Pittman	McNeese State	1993-95	Leesville, La.	1995 All-American; 2 nd rd. NFL pick; 9-year NFL career
DL	Walter Johnson	Louisiana Tech	1983-86	Ferriday, La.	SLC Career Sacks Leader; 1984, 1986 All-American
DL	Al Lucas	Troy	1996-99	Macon, Ga.	1999 Buck Buchanan Award
LB	Jeremiah Trotter	Stephen F. Austin	1995-97	Hooks, Texas	1996 All-American; 3 rd rd. NFL pick; 11-year NFL career
LB	Bill Bergey	Arkansas State	1965-68	South Dayton, N.Y.	1968 All-American; 2 nd rd. NFL pick; 12-year NFL career
LB	Terry Irving	McNeese State	1990-93	Galveston, Texas	1992, 1993 All-American; 4 th rd. NFL pick; 5-year NFL career
DB	Lardarius Webb	Nicholls State	2007-08	Opelika, Ala.	2007, 2008 All-American; 3 rd rd. NFL pick
DB	Darryl Pounds	Nicholls State	1991-94	Magnolia, Miss.	4-time all-SLC pick; 1994 All-American; 6-year NFL career
DB	Zack Bronson	McNeese State	1993-96	Jasper, Texas	4-time all-SLC pick; 1996 All-American; 8-year NFL career
DB	Leonard Smith	McNeese State	1980-82	Baton Rouge, La.	1982 All-American; 1 st rd. NFL pick; 9-year NFL career
P	Chad Stanley	Stephen F. Austin	1996-98	Ore City, Texas	1998 All-American; 8-year NFL career
RS	Gralyn Crawford	Stephen F. Austin	2009-12	Palestine, Texas	2010, 2011 All-American; Career kickoff return TD leader

ALL-TIME HEAD COACH

Maxie Lambright, Louisiana Tech (Southland Tenure: 1971-78)



SOUTHLAND CONFERENCE 50th ANNIVERSARY ALL-TIME FOOTBALL TEAMS

Second Team Offense

Pos.	Player	Institution	SLC Career	Hometown	Superlatives
QB	Jim Lindsey	Abilene Christian	1967-70	Sweeny, Texas	1970 All-American; NCAA record passing leader at graduation
RB	Claude Mathis	Texas State	1994-97	Bartlett, Texas	SLC's 2 nd All-Time Rusher; 1996, 1997 All-American
RB	Larry Centers	Stephen F. Austin	1987-89	Tatum, Texas	5 th rd. NFL pick; 14-year NFL career
OL	Kerry Jenkins	Troy	1995-96	Tuscaloosa, Ala.	1996 All-American; 8-year NFL career
OL	Demetress Bell	Northwestern State	2006-07	Summerfield, La.	2007 All-American; 7 th rd. NFL pick
OL	Bill Phillips	Arkansas State	1968-71	Harrison, Ark.	1970 All-American; 3 rd rd. NFL pick
OL	Mark Cannon	Texas-Arlington	1980-83	Austin, Texas	11 th rd. NFL pick; 7-year NFL career
OL	Murphy Yates	Sam Houston State	1988-91	Dickinson, Texas	2-time All-SLC pick; 1991 All-American
TE	Jackie Harris	Louisiana-Monroe	1986-89	Pine Bluff, Ark.	1989 All-American; 4 th rd. NFL pick; 12-year NFL career
WR	Pat Tilley	Louisiana Tech	1972-75	Shreveport, La.	4 th rd. NFL pick; 11-year NFL career
WR	Cordell Roberson	Stephen F. Austin	2009-12	Jefferson, Texas	3-time all-SLC pick; SLC Career touchdown catches leader
K	Rafael Septien	Louisiana-Lafayette	1974-76	Mexico City, Mexico	10 th rd. NFL pick; 10-year NFL career; 1981 Pro Bowl

Second Team Defense

Pos.	Player	Institution	SLC Career	Hometown	Superlatives
DL	Michael Bankston	Sam Houston State	1988-91	East Bernard, Texas	3-time all-SLC pick; 4 th rd. NFL pick; 9-year NFL career
DL	Marvin Upshaw	Trinity	1964-67	Robstown, Texas	1967 All-American; 1 st rd. NFL pick; 9-year NFL career
DL	Bryan Smith	McNeese State	2005-07	Newton, Texas	2006, 2007 All-American; 3 rd rd. NFL pick; 3-year NFL career
DL	Clovis Swinney	Arkansas State	1967-69	Jonesboro, Ark.	1969 All-American; 3 rd rd. NFL pick
LB	Doug Landry	Louisiana Tech	1982-85	New Orleans, La.	3-time all-SLC pick; 1984, 1985 All-American
LB	Andre Carron	Northwestern State	1988-91	Opelousas, La.	SLC Career tackles leader; 1991 All-American
LB	Eugene Seale	Lamar	1983-85	Jasper, Texas	1983 All-American; 6-year NFL career
DB	Tim McKyer	Texas-Arlington	1982-85	Port Arthur, Texas	2-time all-SLC pick; 3 rd rd. NFL pick; 12-year NFL career
DB	Terrence McGee	Northwestern State	1999-02	Athens, Texas	2000 All-American; 4 th rd. NFL pick; 10-year NFL career
DB	Mike Green	Northwestern State	1997-99	Ruston, La.	1999 All-American; (final pick) of NFL Draft, 9-year NFL career
DB	Jermaine Jones	Northwestern State	1995-98	Morgan City, La.	1998 All-American; 5 th rd. NFL pick; 2-year NFL career
P	Cory Elolf	Texas State	2003-05	Converse, Texas	3-time all-SLC pick; 2004 All-American
RS	Toby Zeigler	Northwestern State	2002-05	Monroe, La.	2-time all-SLC pick; SLC Career punt return leader



SOUTHLAND SOFTBALL

All-Time Honor Roll

Kelsie Armstrong, P, Central Arkansas (2010-13)

First-team All-Southland: 2012-13. 2013 Pitcher of the Year. 2012 and 2013 Southland wins (22, 30) and innings pitched leader (230.1, 298.0)... 2011, 2012 and 2013 Southland strikeouts leader (223, 249, 366).

McKenzie Baack, DP, Texas State (2008-11)

First-team All-Southland: 2009, 2011.

April Bardwell, 2B, Sam Houston State (2001-04)

First-team All-Southland: 2002, 2004.

Denise Batchelor, OF, Stephen F. Austin (1989-92)

First-team All-Southland: 1989, 1991

Leanne Beeler, C, Nicholls State (1992)

First-team All-Southland: 1992... 1992 Player and Hitter of the Year.

Tori Benavidez, OF, Sam Houston State (2010-13)

First-team All-Southland: 2012-13. 2013 Player and Hitter of the Year.

Briana Bishop, 3B, Stephen F. Austin (2007-10)

First-team All-Southland: 2009-10... 2009 HR Leader... 2009 Slugging Percentage Leader... 2008 Walks Leader... 2008 All-Tournament... Member of 2008 Tournament Championship team.

Courtney Blades, P, Nicholls State (1997-98)

First-team All-Southland: 1997-98... 1998 Player of the Year... 1998 Pitcher of the Year... 1997 Newcomer of the Year... 1998 ERA Leader... 1998 Wins Leader... 1998 Shutouts Leader... 1998 Innings Pitched Leader... 1998 Strikeout Leader... 1997 Tournament MVP... 1997-98 All-Tournament... Member of 1997 Tournament Championship team.

Ragan Blake, P, Texas State (2007-09)

First-team All-Southland: 2007-08... Member of 2008 Regular Season Championship team... 2008 Player of the Year... 2007 and 2008 Pitcher of the Year... 2007 Newcomer of the Year... 2007 ERA Leader... 2007 and 2008 Wins Leader... 2007 Shutouts Leader... 2007 IP Leader... 2007 Strikeout Leader... 2007 All-Tournament.

Melanie Bryant, C, Central Arkansas (2010-13)

First-team All-Southland: 2011. 2013 All-Southland Second Team and 2012 Third Team. 2011 Southland Hitter of the Year.

Melissa Bryant, 2B, Central Arkansas (2010-13)

First-team All-Southland: 2012-13.

Jessica Chase, P, Texas State (1999-02)

First-team All-Southland: 2000-01... Member of 2001 Regular Season and Tournament Championship teams... 2001 Pitcher of the Year... 2000 and 2001 ERA Leader... 2001 Wins Leader... 2001 Shutouts Leader... 2001 Tournament MVP... 2001 All-Tournament.

Samantha Chumcal, C, Texas-Arlington (2007-10)

First-team All-Southland: 2008-09-10.

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Monika Covington, P, Stephen F. Austin (2008-11)

First-team All-Southland: 2008-09-10... 2008 Freshman of the Year... 2008 ERA Champion... 2008 Wins Leader... 2008 and 2009 Shutouts Leader... 2008 Innings Pitched Leader... 2008 Strikeouts Leader... Member of 2008 Tournament Championship team... 2008 Tournament MVP... 2008 All-Tournament.

Katy Cox, P, Texas-Arlington (2001-03)

First-team All-Southland: 2001-03... 2003 Pitcher of the Year... 2001 Freshman of the Year... 2003 ERA Leader... 2001 Strikeout Leader... 2003 Tournament MVP... 2003 All-Tournament... Member of 2003 Regular Season and Tournament Championship teams.

Lindsey Danzy, OF, Northwestern State (2001-04)

First-team All-Southland: 2003-04.

Brenda Dawson, 2B, Louisiana-Monroe (1989-92)

First-team All-Southland: 1992... 1992 Player of the Year.

Sarah Dawson, P, Louisiana-Monroe (1994-97)

First-team All-Southland: 1994-95-96-97... 1994 & 1997 Player of the Year... 1996 & 1997 All-Tournament... Led ULM to 1997 Regular Season Championship... Holds Southland season records (all in 1997) in wins (45), strikeouts (446), shutouts (31), games pitched (58) and complete games (50) and shares season record for earned run average (0.52)... Holds Southland career records in wins (120), strikeouts (1,280), shutouts (74), games pitched (187) and complete games (151).

Debby Day, P, Texas-Arlington (1988-89)

First-team All-Southland: 1988-89... 1988 Pitcher of the Year... 1988 Newcomer of the Year... 1988 ERA Leader... 1998 and 1999 Wins Leader... 1988 Innings Pitched Leader... 1988 and 1989 Strikeout Leader... Member of 1989 Regular Season Championship team...1989 All-Tournament.

Jennifer Delcambre, P, Sam Houston State (1992-95)

First-team All-Southland: 1993... 1993 Player of the Year.

Donna Dugas, C, Lamar (1985-87)

First-time All-Southland: 1985-87... 1986 Hitter of the Year... 1986 and 1987 Batting Average Champion.

Jeannine Duval, C, Texas-Arlington (1983-86)

First-team All-Southland: 1983-84-85.

Kim Eisnaugle, P, Louisiana-Lafayette (1983-86)

First-team All-Southland: 1983-84-85-86... 1983, 1984 & 1985 Pitcher of the Year... Led the Ragin' Cajuns to 1984 Southland Regular Season and Tournament Championships... Shares season record for earned run average (0.52 in 1984).

Samantha Elliott, 2B, Texas-San Antonio (1992-95)

First-team All-Southland: 1994-95.

Jessica Els, C, Texas-San Antonio (2003-06)

First-team All-Southland: 2005-06... 2006 Slugging Percentage Leader... Played for UTSA's 2004-05-06 Regular Season Champions and the 2004 and 2006 Tournament Champions... 2006 Tournament MVP... 2006 All-Tournament.

Sarah Everingham, 2B, McNeese State (1994-95, 97-98)

First-team All-Southland: 1997-98.

Haley Gaddis, 2B, Texas State (1998-01)

First-team All-Southland: 2000-01.

Shonta Garr, OF, Sam Houston State (1988-89)

First-team All-Southland: 1989... 1989 Hitter of the Year... 1989 Hits, Triples and Stolen Bases Leader.

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Sarah Gascon, 3B, Southeastern Louisiana (2001-04)

First-team All-Southland: 2002... Second-team All-Southland: 2003... Third-team All-Southland: 2001 & 2004.

Millie George, SS, Louisiana-Monroe (1983-85)

First-team All-Southland: 1984-85.

Krystal Gibson, 1B, Texas-San Antonio (2002-05)

First-team All-Southland: 2003-04.

Casey Goodman, C, Louisiana-Monroe (2000-03)

First-team All-Southland: 2000-01-02-03... 2002 & 2003 Southland Slugging Percentage Champion.

Allison Gray, 1B, Louisiana-Lafayette (1984-87)

First-team All-Southland: 1984-85-86-87.

Sandy Green, P, Stephen F. Austin (1987-90)

First-team All-Southland: 1989-90... 1989 and 1990 Pitcher of the Year... 1989 and 1990 ERA Leader... 1989 and 1990 IP Leader... 1990 Strikeout Leader... 1990 Tournament MVP... 1988 and 1990 All-Tournament... Member of 1990 Tournament Championship team.

Stacie Gremillion, OF, Louisiana-Lafayette (1984-87)

First-team All-Southland: 1984-85-86-87... 1987 Southland Hitter of the Year... Led the Ragin' Cajuns to 1987 Southland Regular Season and Tournament championships.

Amy Grisham, OF, Northwestern State (1990-93)

First-team All-Southland: 1991-92.

Kayla Gutkowski, 1B, Stephen F. Austin (2009-10)

First-team All-Southland: 2009-10... 2009 and 2010 Hitter of the Year... 2009 RBI Leader.

Chandler Hall, P, Texas State (2009-12)

First-team All-Southland: 2009-10-12... 2009 Freshman of the Year... 2012 Player of the Year... 2009-10-12 Pitcher of the Year... 2009-10-11 Tournament MVP... 2009-10-11-12 All-Tournament... Led team to 2009, 2010 and 2012 Regular Season and Tournament Championship Teams.

Kendal Harper, OF, Stephen F. Austin (2007-10)

First-team All-Southland: 2009-10... 2010 Player of the Year... 2008 Stolen Bases Leader... 2010 All-Tournament... Member of SFA's 2008 Tournament and 2010 Regular Season Championship teams.

Kat Harrell, SS, Nicholls State (2006-08)

First-team All-Southland: 2006-07-08... 2006 Hitter of the Year... 2006-07-08 Batting Average Champion... 2008 Runs Scored Leader... 2006 and 2008 Hits Leader... 2006 and 2008 Triples Leader... 2008 All-Tournament.

Jackie Harris, OF, Louisiana-Monroe (1991-93)

First-team All-Southland: 1991-92-93... 1993 Southland Stolen Bases leader.

Tami Hoover, DP, Sam Houston State (1989-92)

First-team All-Southland: 1990-91... 1990 Regular Season Champion... 1991 Hits Leader... 1990 and 1991 Stolen Bases Leader.

Caley Jeter, 2B, Texas A&M-Corpus Christi (2010-11)

First-team All-Southland: 2010-11.

Jennifer Jimenez, SS, Sam Houston State (1993)

First-team All-Southland: 1993... 1993 Hitter of the Year.

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Annie Johnston, OF, Northwestern State (2001-02)

First-team All-Southland: 2001-02... 2002 Player of the Year... 2002 Hitter of the Year... 2001 Newcomer of the Year... 2002 Batting Average Champion... 2001 and 2002 Triples Champion... 2001 and 2002 Stolen Bases Champion... 2001 and 2002 All-Tournament... Member of 2002 Tournament Championship team.

Katie Jones, P, Texas-Arlington (2005-08)

First-team All-Southland: 2007-08... 2007 Player of the Year... 2007 Hitter of the Year... 2007 Runs Scored Leader... Member of the 2007 Regular Season Championship team.

Beth Jordan, 1B, McNeese State (2002-05)

First-team All-Southland: 2002-05... 2005 Hits Leader... 2005 Doubles Leader... 2003-05 All-Tournament... Member of 2005 Tournament Championship team.

Brandy Kenney, DP, Northwestern State (1997-00)

First-team All-Southland: 1998-99... 1998 Hitter of the Year... 1997-99-00 All-Tournament... Southland's career doubles leader (62).

Nicole Martin, 2B, Northwestern State (2002-05)

First-team All-Southland: 2003-05... 2002 Freshman of the Year... 2002 Runs Scored Leader... 2002 Hits Leader... 2002 and 2004 All-Tournament... Member of 2002 Tournament Championship team.

Amanda Michalsky, OF, Texas-San Antonio (1997-00)

First-team All-Southland: 1999-00... 1999 Player of the Year... 1999 Hitter of the Year... 1999 Batting Avg. Champion... 1999 Home Run Leader... 1999 Runs Scored Leader... 1999 and 2000 Hits Leader... 1999 Doubles Leader... 1999 Slugging Percentage Leader... 2000 Walks Leader... 2000 All-Tournament... Season Batting Average Record (.541, 1999).

Ashley Modzelewski, C, McNeese State (2012-Current)

First-team All-Southland: 2012-13.

Heather Moreaux, 1B, McNeese State (1999-02)

First-team All-Southland: 2000... 2000 Player of the Year.

Aimee Murray, SS, Texas-San Antonio (2004-07)

First-team All-Southland: 2004-05... 2004 Freshman of the Year... Member of the 2004, 2005, and 2006 Regular Season and 2004 and 2006 Tournament Championship teams... 2004 All-Tournament.

Nicole Neuerburg, P, Texas State (2001-04)

First-team All-Southland: 2002-03-04... 2002 Pitcher of the Year... 2002 ERA Leader... 2002 Wins Leader... 2002 and 2003 Shutouts Leader... 2003 Innings Pitched Leader... 2002 and 2003 Strikeout Leader... 2001 and 2002 All-Tournament... Member of 2002 Regular Season Championship team.

Allison Nevils, 2B, Louisiana-Monroe (1983-86)

First-team All-Southland: 1984-85.

Alex Newton, SS, Texas State (2006-09)

First-team All-Southland: 2009... 2009 Player of the Year.

Sherri Norris, 1B, Nicholls State (1993-96)

First-team All-Southland: 1994-95.

Tina Northcutt, P, Texas-Arlington (1986-87)

First-team All-Southland: 1986-87... 1986 and 1987 Pitcher of the Year... 1986 Newcomer of the Year... 1986 ERA Leader... 1986 Wins Leader... 1986 IP Leader... 1986 Strikeout Leader

Sonja Olsen, SS, Northwestern State (1988-91)

First-team All-Southland: 1988-89-90-91... 1990 Doubles Champion... Member of 1991 Regular Season Championship team.

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Amy Orr, P, Nicholls State (1994-95)

First-team All-Southland: 1994-95... 1995 Player of the Year.

Sandy Percle, DH, Louisiana-Lafayette (1983-86)

First-team All-Southland: 1983-84-85-86... 1983 & 1984 Southland Hitter of the Year... 1983 & 1984 Batting Champion... Led the Ragin' Cajuns to 1984 Regular Season and Tournament championships.

Natalie Poole, C, McNeese State (1994-97)

First-team All-Southland: 1995-96-97.

Ashley Ray, 3B, Nicholls State (2011-12)

First-team All-Southland: 2011... 2011 Player of the Year.

Keri Riggs, OF, McNeese State (1994-95)

First-team All-Southland: 1994-95.

Leanne Risberg, OF, Texas-San Antonio (2006-09)

First-team All-Southland: 2007-09.

Jessica Rogers, 3B, Texas-San Antonio (2003-05, 07)

First-team All-Southland: 2003-04-05-07... Southland Season (23 in 2005) and Career (69) Home Run leader... Southland Season (64 in 2005) and Career (192) RBI leader... Member of the 2004, 2005 and 2006 Regular Season and 2004 & 2006 Tournament Championship teams... Southland's career total bases leader (525).

Rhonda Rube, C, Northwestern State (1989-92)

First-team All-Southland: 1989-90-91... 1989 & 1991 Player of the Year... 1989 Newcomer of the Year... Member of the 1991 Regular Season Championship team.

Hannah Schwarz, OF, Texas A&M-Corpus Christi (2010-12)

First-team All-Southland: 2010-11... 2010 Newcomer of the Year... 2010 Batting Average Champion... 2011 Runs Scored Leader... 2010 Hits Leader... 2012 Sacrifice Hits Leader.

Shelley Squires, OF, Stephen F. Austin (1991-94)

First-team All-Southland: 1993-94.

Shannon Steadman, OF, Texas-San Antonio (1993-96)

First-team All-Southland: 1994-96... 1993 Newcomer of the Year... 1996 Stolen Bases Leader... 1996 All-Tournament.

Wilanne Stewart, P, Louisiana-Monroe (1983-86)

First-team All-Southland: 1984-85.

Jana Strickland, 2B, Northwestern State (1999-02)

All-Tournament honors in 1999, 2000, 2001 and 2002.

Lori Tande, SS, Louisiana-Monroe (1999-02)

First-team All-Southland: 1999-00-01-02... 1999 Southland Newcomer of the Year... 2001 Southland Player and Hitter of the Year... 2002 Southland Home Run Champion.

Rashunda Taylor, OF, Nicholls State (1995-96)

First-team All-Southland: 1995-96... 1996 Player of the Year... 1996 Hitter of the Year... 1995 Newcomer of the Year... 1996 Batting Average Champion... 1996 RBI Champion... 1996 Runs Scored Leader... 1995 and 1996 Hits Leader... 1995 Triples Leader... 1996 All-Tournament... Member of the 1995 and 1996 Regular Season and 1996 Tournament Championship teams... Southland Career Batting Average Record (.402).

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Claire Terracina, OF, McNeese State (2009-12)

First-team All-Southland: 2011-12... 2012 Hits Leader... 2010-11-12 Triples Leader... 2011 Stolen Bases Leader... 2010-12 All-Tournament.

Julie Thomas, 2B, Sam Houston State (1988)

First-team All-Southland... 1988 Hitter of the Year... 1988 Batting Average Champion and Hits Leader.

Christina Thornton, OF, Nicholls State (1993-94, 1996-1997)

First-team All-Southland: 1996-97... Member of the 1996 Regular Season and Tournament Championship teams... 1994 Hits Leader... 1996 Triples Leader... 1994 Stolen Bases Leader.

Katie Ann Trahan, P/DP, Texas State (2003-06)

First-team All-Southland: 2003-04-05-06... 2003 Freshman of the Year... 2004 & 2005 Utility Player of the Year... 2006 Player & Pitcher of the Year.

Shelbi Tucker, 3B, Sam Houston State (2010-13)

First-team All-Southland: 2012-13.

Shandy Ward, OF, Stephen F. Austin (1998-99)

First-team All-Southland: 1998-99... 1998 Hitter of the Year... 1998 Batting Average Champion... 1998 Hits Leader.

Gina Webb, 1B, Stephen F. Austin (1988-91)

First-team All-Southland: 1988-91... Member of the 1990 Tournament Championship team... 1989 Home Run Leader... 1990 All-Tournament.

Hailey Wiginton, OF, Sam Houston State (2008-11)

First-team All-Southland: 2008-11... 2009 Batting Average Champion... 2009 Runs Scored Leader... 2009 Triples Leader... 2009 All-Tournament.

Brenda Woodard, OF/UT, Texas-Arlington (1985-86)

First-team All-Southland: 1983-84-85-86... 1985 Hitter of the Year and Batting Champion... 1984-85-86 Stolen Bases Leader.

Sharen Wynn, 3B/UT, Louisiana-Lafayette (1983-85)

First-team All-Southland: 1983-84-85... Led the Ragin' Cajuns to 1984 Southland Regular Season championship... 1985 Southland Hits Leader.

Leslie Zeller, 2B, Louisiana-Lafayette (1985-87)

First-team All-Southland: 1986-87.

All-Time Pitcher: Sarah Dawson, Louisiana-Monroe

All-Time Hitter: Jessica Rogers, Texas-San Antonio

All-Time Coach: Ricci Woodard, Texas State (2001-12)

Record of 440-251-1 overall and 249-75-1 mark in league play... Most Southland Conference coaching wins in history... Four-time Southland Coach of the Year... Led Texas State to six Southland regular season and four tournament championships... Appeared in five NCAA regionals... Coached 59 all-Southland players, six league hitters of the year, eight pitchers of the year and 27 all-Southland academic choices.

#SLC50



SOUTHLAND TRACK & FIELD

All-Time Men's Indoor Honor Roll

RUNNING EVENTS

SPRINTS (55-Meter Dash, 60-Meter Dash, 60-Yard Dash, 200-meter Dash, 440-Yard Dash, 400-Meter Dash):

Courtney Boston, Sam Houston State

2002 and 2004 SLC Indoor 200-Meters Champion; 2002 SLC Indoor 60-Meters Champion

Steven Brown, Texas-San Antonio

2008 SLC Indoor 200-Meters Champion; 2008 SLC Indoor Meet High-Point Scorer (24); 2008 SLC Indoor Athlete of the Year

Cass Brown-Stewart, Stephen F. Austin

2012 SLC Indoor 400-Meters Champion; 2012 and 2013 Member of SFA's SLC Indoor winning 4x400 relay team

Leonard Byrd, Texas-San Antonio

1994 SLC Indoor 400-Meters Champion, and set event meet record in preliminary round (47.34)

Elston Cawley, Texas-Arlington

1996 and 1997 SLC Indoor 200-Meters Champion; 1997 SLC Indoor Meet Outstanding Track Performer and High-Point Scorer (23); 1997 SLC Indoor Athlete of the Year; Set all-time SLC Indoor Record in 200-Meter Dash (20.64 in 1998); 1998 Indoor 200-Meters All-American

Jared Connaughton, Texas-Arlington

2006 and 2007 SLC Indoor 200-Meters Champion; 2006 SLC Indoor Meet Co-High-Point Scorer (2006); 2006 SLC Indoor Athlete of the Year

Brian Cooper, McNeese State *(Listed in Jumps Section also)*

1985, 1986 and 1987 SLC Indoor Long Jump Champion; 1988 SLC Indoor Meet Outstanding Track Performer; Set SLC Indoor Meet Record in Long Jump (26-01.50 in 1987); Owns all-time SLC Indoor Records in 60-Meter Dash (6.05 in 1988 SLC meet) and Long Jump (26-11.75 in 1987)

Michael Courtney, Sam Houston State

2008 and 2010 SLC Indoor 400-Meters Champion; Set All-Time SLC Indoor Record in 400-Meters (46.56); 2010 Indoor 400-Meters All-American

Kevin Ellis, Stephen F. Austin

1995 SLC Indoor 55-Meter Hurdles Champion; 1995 55-Meter Hurdles All-American

Cordero Gray, Texas-Arlington

2011 SLC Indoor 60-Meters and 200-Meters Champion

Shannon Grover, Southeastern Louisiana

Owns SLC Indoor Meet Record in 200-Meters (21.50 in 2012)

Ravyn Hayward, Northwestern State

2005, 2006 and 2007 SLC Indoor 60-Meter Dash Champion

J.D. Henry, Northwestern State

2006 60-Meter Hurdles and 200-Meters Champion; 2005 (20) and 2006 (18) SLC Indoor Meet Co-High-Point Scorer

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Doug Hinds, Lamar

1981 and 1982 SLC Indoor 440-Yard Dash Champion

Patrick James, Texas-Arlington

2001 and 2002 SLC Indoor 400-Meters Champion

Kevin Loyd, Louisiana Tech

1986 and 1987 SLC Indoor 60-Yard Dash Champion; Set SLC Indoor Meet Record in event in 1986 (6.20)

Joel McCray, Texas-Arlington

1991 and 1992 SLC Indoor 400-Meters Champion; 1991 SLC Indoor 55-Meters Champion

McClinton Neal, Texas-Arlington

1988, 1989 and 1990 SLC Indoor 400-Meters Champion, 1990 Indoor 55-Meter Hurdles All-American, 1990 SLC Indoor 55-Meter Hurdles Champion

Ronnie Powell, Northwestern State

1997 and 1998 SLC Indoor 55-Meters Champion; 1999 SLC Indoor 60-Meters Champion; 1998 SLC Indoor 200-Meters Champion; 1998 SLC Indoor Meet Outstanding Track Performer and Co-High-Point Meet Scorer (20); 1998 SLC Indoor Athlete of the Year; 1998 Indoor 55-Meters All-American

Clayton Vaughn, Texas-Arlington

2012 SLC Indoor 60-Meters Champion; 2011 Freshman of the Year

Teddy Williams, Texas-San Antonio

2008, 2009 and 2010 SLC Indoor 60-Meter Dash Champion; 2009 and 2010 SLC Indoor 200-Meters Champion; 2009 and 2010 SLC Indoor Meet Outstanding Track Performer; 2009 and 2010 SLC Indoor Athlete of the Year; 2009 and 2010 Indoor 60-Meters All-American; Set all-time SLC Indoor Record in 60-Meter Dash (6.59 in 2009); Owns SLC Indoor Meet Record in 60-Meter Dash (6.64 in 2009)

MIDDLE & LONG DISTANCES (600-Yard Run, 880-Yard Run, 800-Meter Run, 1000-Yard Run; Mile Run, 3000-Meter Run, Two-Mile Run, Three-Mile Run, 5000-Meter Run):

Julian Acuna, Stephen F. Austin

2005 SLC Indoor 3000-Meters and 5000-Meters Champion; 2005 SLC Indoor Meet Co-High-Point Scorer (20); 2005 SLC Indoor Athlete of the Year

Joe Amburn, Sam Houston State

2002 and 2003 Mile Run Champion

Randy Arias, Texas State

2001 and 2002 SLC Indoor 5000-Meters Champion; 2001 and 2002 SLC Indoor 3000-Meters Champion; 2001 and 2002 SLC Indoor Meet Outstanding Track Performer; 2001 and 2002 SLC Indoor Athlete of the Year

Roger Barker, Louisiana Tech

1981 and 1983 SLC Indoor Mile Run Champion; 1981 and 1983 SLC Indoor Two-Mile Run Champion; 1980, 1981 and 1983 Three-Mile Run Champion; In 1983, set SLC Indoor Meet Records in Two-Mile Run (8:55.10) and Three-Mile Run (13:42.29)

Terence Beach, Texas-Arlington

1993 and 1994 SLC Indoor 800-Meter Run Champion

Larry Brooks, Texas-San Antonio

2007 SLC Indoor 800-Meters Champion; 2007 Indoor 800-Meters All-American

Clinton Bufuku, Texas-Arlington

1994 and 1995 SLC Indoor 55-Meters Champion

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Grover Burnham, Lamar

1982 and 1983 SLC Indoor 880-Yard Run Champion

Dylan Fugitt, North Texas

1989 and 1991 SLC Indoor Mile Run Champion; 1989, 1990 and 1991 SLC Indoor Two-Mile Run Champion

Francis Kasagule, Lamar

2007, 2008 and 2009 SLC Indoor Mile Run Champion; 2007 3000-Meters Champion; 2007 and 2008 SLC Indoor Meet Outstanding Track Performer; 2007 (22.5) and 2009 (20.5) SLC Indoor Meet High-Point Scorer; 2007 SLC Indoor Athlete of the Year; Owns SLC Indoor All-Time Record in Mile Run (4:02.16 in 2009) and 3,000-Meter Run (8:01.19 in 2009); 2007 SLC Indoor Freshman of the Year

Samuel Kosgei, Lamar

2009 and 2010 SLC Indoor 3000-Meters Champion; 2009 and 2010 SLC Indoor 5000-Meters Champion; 2009 Indoor 5000-Meter All-American

Rodger Krueger, Texas-Arlington

1992 and 1994 SLC Indoor Mile Run Champion

Dennis Moynihan, Texas State

1995 SLC Indoor 3000-Meter and 5000-Meter Run Champion

Muriuki Ngatia, Louisiana Tech

1985 and 1986 SLC Indoor Two-Mile Run Champion; 1987 SLC Indoor Mile Run Champion

Jonah Ngeny, North Texas

1987 and 1988 SLC Indoor Two-Mile Run Champion; 1988 SLC Indoor Mile Run Champion

David Peltier, Texas-Arlington

1984 and 1986 SLC Indoor 600-Yard Run Champion

Jason Potter, Stephen F. Austin

2001 and 2002 SLC Indoor 800-Meter Run Champion

David Rooney, McNeese State

2011 and 2013 SLC Indoor 5000-Meters Champion; 2013 SLC Indoor 3000-Meters Champion; 2013 SLC Indoor Meet Outstanding Track Performer and Co-High-Point Scorer (20); Set SLC Indoor All-Time Record in 5000-Meters (13:46.25 in 2011 SLC meet)

Henry Rop, Southeastern Louisiana

2008 SLC Indoor 5000-Meters Champion; 2008 SLC Indoor Newcomer of the Year

Joseph Sainah, Texas-Arlington

1989 and 1990 SLC Indoor 800-Meter Run Champion; 1990 SLC Indoor Mile Run Champion; 1990 SLC Indoor Meet High-Point Scorer (22.5); 1990 SLC Indoor Athlete of the Year; 1990 Indoor 800-Meters All-American; Set SLC Indoor Meet Record in 800-Meters (1:48.82)

Henrik Skoog, Texas-Arlington

1999 3000-Meters Champion; 1999 SLC Indoor Meet Co-High-Point Scorer (18); 1999 SLC Indoor Athlete of the Year

Shadrack Songok, Texas A&M-Corpus Christi

2008 SLC Indoor 3000-Meters Champion; 2008 NCAA Indoor 5000M National Champion (13:51.26), 2008 Indoor 5000-Meters All-American; Set SLC Indoor Meet Record in 3000-Meters (8:08.81 in 2008)

Escoffrey Thomas, Texas-Arlington

1997 and 1988 SLC Indoor 800-Meters Champion; Set SLC Indoor All-Time Record in 800-Meters (1:48.50 in 1997)

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Sammy Umberhagen, Texas State

1996 SLC Indoor 3000-Meter and Mile Run Champion; Set SLC Indoor Meet Mile Run record (4:04.82 in 1996)

Raul Villareal, Sam Houston State

2004 SLC Indoor 3000-Meter and 5000-Meter Run Champion

Joe Wade, Lamar

2011 SLC Indoor 800-Meter Run Champion; 2012 and 2013 SLC Indoor Mile Run Champion

Kenny Wilson, Arkansas State

1983 and 1985 SLC Indoor 1000-Yard Run

HURDLES (55-Meter Hurdles, 60-Meter Hurdles, 60-Yard Hurdles):

Sansiski Daniels, Texas-Arlington

1983, 1984 and 1985 Indoor 55-Meter Hurdles All-American, 1985 SLC Indoor 60-Yard Dash Champion; 1984 and 1985 SLC Indoor 60-Yard Hurdles Champion; Owns all-time SLC Indoor Record in 55-Meter Hurdles (7.07 in 1984); Set SLC Indoor Meet Record in 60-Yard Hurdles (7.16 in 1984)

Kevin Ellis, Stephen F. Austin

1995 Indoor 55-Meters All-American, 1995 SLC Indoor 55-Meter Hurdles Champion

Thomas Hill, Arkansas State

1970 NCAA Indoor 60-Yard Hurdles National Champion (6.09, then an NCAA record), 1970 Indoor 60-Yard Hurdles All-American

Carl Johnson, Texas-San Antonio

2001, 2002 and 2003 SLC Indoor 60-Meter Hurdles Champion; 2003 SLC Indoor Meet Outstanding Track Performer; Set SLC Indoor All-Time and Meet Record in 60-Meter Hurdles (7.81 in 2003)

Nick McCloud, Stephen F. Austin

2010 and 2011 SLC Indoor 60-Meter Hurdles Champion; 2009 SLC Indoor Freshman of the Year

Keevan Mills, Texas State

1992, 1993 and 1994 SLC Indoor 55-Meter Hurdles Champion; 1992 and 1994 SLC Indoor Long Jump Champion; 1992 SLC Indoor Meet Co-Outstanding Track Performer; 1992 (21) and 1994 (27) SLC Indoor Meet High-Point Scorer; 1992 and 1994 SLC Indoor Athlete of the Year; Set SLC Indoor Meet 55-Meter Hurdles Record (7.24 in 1993)

Will Vese, Texas-San Antonio

2007, 2008 and 2009 SLC Indoor 60-Meter Hurdles Champion

FIELD EVENTS

JUMPS (Long Jump, Triple Jump, High Jump, Pole Vault):

Charles Austin, Texas State

1990 SLC Indoor High Jump Champion; Shares SLC Indoor Meet High Jump Record (7-06.00); 1989 and 1990 Indoor High Jump All-American

Terrance Bean, Northwestern State

1994 and 1995 SLC Indoor High Jump Champion

Earl Bell, Arkansas State

1975 NCAA Indoor PV National Champion (17-02.00); 1976 NCAA Indoor PV National Champion (18-00.25), 1975, 1976 and 1977 Indoor Pole Vault All-American

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Kenta Bell, Northwestern State

1998 and 2000 SLC Indoor Long Jump Champion; 1997, 1998 and 2000 SLC Indoor Triple Jump Champion; 1998 and 2000 SLC Indoor Meet Outstanding Field Performer; 1998 SLC Indoor Meet Co-High-Point Scorer (20); 2000 SLC Indoor Athlete of the Year; Set SLC Indoor Meet Record in Triple Jump (54-03.25 in 2000); 1998 and 2000 Indoor Triple Jump All-American

Keith Benford, Texas-San Antonio

2010, 2011 and 2012 SLC Indoor High Jump Champion; 2012 Indoor High Jump All-American; 2010 SLC Indoor Freshman of the Year

Rodney Black, Stephen F. Austin

1995 Indoor Triple Jump All-American

Brian Brown, Northwestern State

1988 and 1989 SLC Indoor High Jump Champion; Owns SLC Indoor All-Time Record in High Jump (7-06.50 in 1988); Shares SLC Indoor Meet High Jump record (7-06.00 in 1990); 1988 SLC Indoor Meet Co-Outstanding Field Performer; 1990 NCAA Indoor High Jump National Champion (7-08.00); 1989 and 1990 Indoor High Jump All-American

LaMark Carter, Northwestern State

1992 and 1993 SLC Indoor Triple Jump Champion; 1993 SLC Indoor 55-Meters Champion; 1992 and 1993 SLC Indoor Meet Outstanding Field Performer; 1993 SLC Indoor Meet High-Point Scorer (28); 1993 SLC Indoor Athlete of the Year; 1993 Indoor Triple Jump All-American

Brian Cooper, McNeese State (Listed in Sprints Section also)

1985, 1986 and 1987 SLC Indoor Long Jump Champion; 1988 SLC Indoor Meet Outstanding Track Performer; Set SLC Indoor Meet Record in Long Jump (26-01.50 in 1987); Owns all-time SLC Indoor Records in 60-Meter Dash (6.05 in 1988 SLC meet) and Long Jump (26-11.75 in 1987)

Thomas Eriksson, Lamar

1982, 1984 and 1985 SLC Indoor High Jump Champion; 1984 SLC Indoor Long Jump Champion; 1985 SLC Indoor Triple Jump Champion

Andre Ester, Louisiana-Monroe

1988 SLC Indoor Long Jump Champion; 1987 NCAA Indoor Long Jump National Champion (26-08.25); 1988 NCAA Indoor Long Jump National Champion (26-04.25); 1987 and 1988 Indoor Long Jump All-American

Brad Gebauer, McNeese State

2007 SLC Indoor Pole Vault Champion; 2007 NCAA Indoor Pole Vault National Champion (18-00.50), 2007 Indoor Pole Vault All-American; 2007 SLC Indoor Newcomer of the Year

Jerry Harris, Louisiana-Monroe

1990 and 1991 SLC Indoor Long Jump Champion; 1990 SLC Indoor Meet Outstanding Field Performer; 1990 and 1991 Indoor Long Jump All-American

Wade Hayes, Texas-Arlington

2008, 2009 and 2010 Indoor Pole Vault Champion

Scott Hennig, Texas State

1989, 1990, 1991 and 1992 SLC Indoor Pole Vault Champion

Ronald Johnson, Texas-Arlington

1988 SLC Indoor Triple Jump Champion; 1988 SLC Indoor Meet Co-Outstanding Field Performer; 1988 Indoor Triple Jump All-American

Ronald Jones, Texas State

1991 SLC Indoor Triple Jump Champion; 1993 SLC Indoor Long Jump Champion; 1991 SLC Indoor Meet High-Point Scorer (24); 1991 SLC Indoor Athlete of the Year

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Al Joyner, Arkansas State

1982 and 1983 SLC Indoor Triple Jump Champion; Set SLC Indoor All-Time Record in Triple Jump (55-00.75); 1981 and 1983 Indoor Triple Jump All-American; 1982 Indoor 60-Yard Hurdles All-American

Adam Keul, Stephen F. Austin

2001 and 2002 SLC Indoor Pole Vault Champion; Owns SLC Indoor All-Time Record in Pole Vault (18-07.50 in 2001); 2001 and 2002 Indoor Pole Vault All-American

Gordon McKee, Texas State

1989 SLC Indoor Long Jump Champion; 1989 SLC Indoor Triple Jump Champion; 1989 SLC Indoor Meet Outstanding Field Performer and High-Point Scorer (26); 1989 Indoor Long Jump All-American

Chris Olsson-O'Neil, Stephen F. Austin

Finished third nationally in 1996 NCAA Indoor High Jump; 1996 Indoor High Jump All-American; Finished fifth in high jump at 1995 U.S. Indoor Championships

Paul Pilla, Arkansas State

1980 SLC Indoor Pole Vault Champion; 1979 Indoor Pole Vault All-American

Tommy Richards, Stephen F. Austin

1993 and 1994 SLC Indoor Pole Vault Champion

Michael Roberson, McNeese State

1996 and 1997 SLC Indoor High Jump Champion; 1997 SLC Indoor Meet Outstanding Field Performer; 1996 NCAA Indoor High Jump National Champion (7-05.25), 1996 High Jump All-American

Gilbert Smith, Texas-Arlington

1980, 1981 and 1982 SLC Indoor Long Jump Champion; 1980 and 1982 SLC Indoor 60-Yard Dash Champion; 1982 NCAA Indoor Long Jump National Champion (24-10.50), 1981 and 1982 Indoor All-American; 1980 and 1982 SLC Indoor 60-Yard Dash Champion

Nat Sowell, Louisiana-Monroe

1995 and 1996 SLC Indoor Long Jump Champion; 1995 and 1996 SLC Indoor Triple Jump Champion; 1995 SLC Indoor Meet Outstanding Field Performer; 1995 and 1996 SLC Indoor Athlete of the Year; 1995 and 1996 Indoor Long Jump All-American; 1995 and 1996 Indoor Triple Jump All-American

Mike St. Julien, McNeese State

1993 and 1994 SLC Indoor High Jump Champion

Shane Stewart, Sam Houston State

1997, 1998 and 1999 SLC Indoor Pole Vault Champion

Steve Stubblefield, Arkansas State

1982 and 1984 SLC Indoor Pole Vault Champion

Paul Todd, Stephen F. Austin

2000, 2001 and 2004 SLC Indoor High Jump Champion

Brian Veal, Texas State

2001, 2002, 2003 and 2004 SLC Indoor Long Jump Champion; 2003 and 2004 SLC Indoor Triple Jump Champion; 2003 and 2004 SLC Indoor Meet Outstanding Field Performer; 2003 SLC Indoor Meet High-Point Scorer (20); 2003 SLC Indoor Athlete of the Year; 2003 and 2004 Indoor Long Jump All-American

Jack Whitt, Oral Roberts

2013 SLC Indoor Pole Vault Champion; Set SLC Indoor Meet Pole Vault Record (18-04.75 in 2013); 2013 SLC Indoor Meet Outstanding Field Performer; 2013 SLC Indoor Athlete of the Year; 2013 Indoor Pole Vault All-American

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Tyler Williamson, Texas-San Antonio

2011 and 2012 SLC Indoor Long Jump Champion

THROWS (*Shot Put, Weight Throw*):

Jon Arthur, Stephen F. Austin

2013 SLC Indoor Shot Put and Weight Throw champion

Steve Cate, Louisiana Tech

1986 SLC Indoor Shot Put Champion, setting all-time and event record (65-01.50)

David Estes, Louisiana-Monroe

1999 and 2000 SLC Indoor Shot Put Champion

Richard Garrett, Texas-San Antonio

2011 and 2012 SLC Indoor Shot Put Champion; 2011 SLC Indoor Meet Outstanding Field Performer; 2011 Indoor Shot Put All-American

Chris Gonzalez, Sam Houston State

2001, 2002 and 2003 SLC Indoor Shot Put Champion

Brian Gower, Texas-Arlington

1981 and 1982 SLC Indoor Shot Put Champion

Christoph Koch, Louisiana-Monroe

1989 NCAA Indoor 35-Pound Weight Throw National Champion (69-05.50), 1989 Indoor Hammer Throw All-American

Robert Mellin, Texas State

2007 Shot Put and Weight Throw Champion; 2007 SLC Indoor Meet Outstanding Field Performer

Adonson Shallow, Southeastern Louisiana

2009 and 2010 SLC Indoor Weight Throw Champion; 2010 SLC Indoor Shot Put Champion; 2009 and 2010 SLC Indoor Meet Outstanding Field Performer; Holds SLC Indoor All-Time and Meet Record in Weight Throw (68-11.75 in 2010); 2011 Indoor Weight Throw All-American; 2009 SLC Indoor Newcomer of the Year

Byron Tate, Texas State

2003 and 2004 SLC Indoor Shot Put Champion

Kevin Toth

1991 SLC Indoor Shot Put Champion; 1994 USA Indoor Shot Put Champion; Also a two-time SLC Outdoor Shot Put Champion; Second at 1997 USA Outdoor Championships; Second at 2000 USA Indoor Championships

COMBINED EVENTS (*Pentathlon, Heptathlon*):

Brandon Buteaux, Texas-San Antonio

2005 and 2006 SLC Indoor Heptathlon Champion; 2005 Indoor Heptathlon All-American

Romain Martin, Texas-Arlington

2011 and 2012 SLC Indoor Heptathlon Champion; Set SLC Indoor All-Time Record in Heptathlon (5,880 in 2012); Holds SLC Indoor Meet Heptathlon Points Record (5,728 in 2011); 2012 SLC Indoor Meet Outstanding Field Performer; 2012 SLC Indoor Meet High-Point Scorer (22); 2011 and 2012 SLC Indoor Athlete of the Year; 2011 and 2012 Indoor Heptathlon All-American

Tommy Wolfe, Texas-San Antonio

2008 and 2009 SLC Indoor Heptathlon Champion

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Justin Youngblood, Texas-San Antonio

2001 and 2002 SLC Indoor Pentathlon Champion; Set SLC Indoor Meet Pentathlon Points Record (4,003 in 2002); 2004 SLC Indoor Heptathlon Champion; 2002 SLC Indoor High Jump Champion; 2002 SLC Indoor Meet Outstanding Field Performer and High-Point Scorer (30, SLC Indoor Meet Record); 2004 SLC Indoor Meet Co-High-Point Scorer (20.5); 2004 SLC Indoor Athlete of the Year; 2004 Indoor Heptathlon All-American

ALL-TIME MEN'S INDOOR TRACK & FIELD COACHES:

Leon Johnson, Northwestern State

SLC Indoor Men's Coach of the Year 1992, 1993, 1994, 1998, 2001; Led Demons to 1993, 1994, 1998 and 2001 Southland Men's Indoor Team Championships

John Sauerhage, Texas-Arlington

SLC Indoor Men's Coach of the Year 1996, 1999 and 2000; Led Mavericks to 1996, 1997, 1999 and 2000 Southland Men's Indoor Team Championships; As UTA student-athlete, won 1985 SLC Indoor Mile Run

Aaron Fox, Texas-San Antonio

SLC Indoor Men's Coach of the Year 2006, 2007, 2008, 2009, 2010, 2011 and 2012; Led Roadrunners to unprecedented seven straight Southland Men's Indoor Team Championships from 2006-12

Bob Groseclose, Louisiana-Monroe

Led program to three consecutive Southland Men's Indoor Team Championships from 1986-88. Member of the Southland Conference Hall of Honor

Sonny Jolly, Lamar

Led Lamar to the first six Southland Men's Indoor Team Championships from 1980-85. Member of the Southland Conference Hall of Honor

Monte Stratton, Texas-Arlington

SLC Indoor Men's Coach of the Year 1990, 1991 and 1995; Led Mavericks to 1990, 1991, 1992 and 1995 Southland Men's Indoor Team Championships

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SOUTHLAND TRACK & FIELD

All-Time Women's Indoor Honor Roll

RUNNING EVENTS

SPRINTS (55-Meter Dash, 60-Meter Dash, 200-Meter Dash, 400-Meter Dash):

Christine Amertil, Southeastern Louisiana

2000 and 2001 SLC Indoor 400-Meters Champion; 2000 SLC Indoor 200-Meters Champion; Set SLC Indoor All-Time Record in 400-Meters (53.76 in 2001); Set SLC Indoor Meet Record in 400-Meters (54.06 in 2001)

Tonette Dyer, Louisiana-Monroe

2001 SLC Indoor 200-Meters Champion; Set SLC Indoor Meet Record in 200-Meters (24.14 in 2001)

Jessica Fisher, Sam Houston State

2007 and 2008 SLC Indoor 60-Meters Champion; 2007 and 2008 SLC Indoor 200-Meters Champion

Jenny Hockett, Texas-Arlington

1992 and 1993 SLC Indoor 55-Meters Champion

Katya Kostetskaya, Texas State

2005 and 2006 SLC Indoor 400-Meters Champion; 2007 SLC Indoor 800-Meters Champion; 2005 SLC Indoor Meet High-Point Scorer (29); 2005 SLC Indoor Athlete of the Year; 2007 Indoor 800-Meters All-American

Liudmilla Litvinova, Texas State

2004 and 2007 SLC Indoor 400-Meters Champion

LaJuana Lovett, Texas State

2002, 2003 and 2004 SLC Indoor 200-Meters Champion; 2001 SLC Indoor Triple Jump Champion; 2003 and 2004 SLC Indoor Outstanding Track and Performer; 2003 (25.5) and 2004 (38.5, Meet Record) SLC Indoor High-Point Scorer; 2003 and 2004 SLC Indoor Athlete of the Year

LaQuinta Manahan, Texas-Arlington

2000 and 2001 SLC Indoor 60-Meters Champion; Set SLC Indoor Meet 60-Meters Record (7.39 in 2001)

Alicia McIntosh, Lamar

Holds SLC Indoor All-Time 60-Meters Record (7.29 in 2000)

Tameka Roberts, Texas-San Antonio

1996, 1997 and 1998 SLC Indoor 55-Meters Champion; 1996, 1997 and 1998 SLC Indoor 200-Meters Champion; 1997 SLC Indoor 400-Meters Champion; 1996 and 1998 SLC Indoor Long Jump Champion; 1996, 1997 and 1998 SLC Indoor Outstanding Track Performer; 1998 SLC Indoor Co-Outstanding Field Performer; 1996 (30), 1997 (23) and 1998 (37.5) SLC Indoor Meet High-Point Scorer; 1996, 1997 and 1998 SLC Indoor Athlete of the Year; Set SLC Indoor All-Time 200-Meters Record (23.04 in 1998); Holds SLC Indoor All-Time and Meet 55-Meters Record (6.89 in 1998); 1996 Indoor Long Jump All-American, and 1997 and 1998 Indoor 200-Meters All-American

Roselyn Shanklin, Texas-Arlington

1994 and 1996 SLC Indoor 400-Meters Champion

Jasmine Walls, Texas-Arlington

2009 and 2010 SLC Indoor 60-Meters Champion; 2009 and 2010 SLC Indoor 200-Meters Champion; 2010 SLC Indoor Outstanding Track Performer

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MIDDLE & LONG DISTANCES (800-Meter Run, 1000-Yard Run; Mile Run, 3000-Meter Run, Two-Mile Run, Three-Mile Run, 5000-Meter Run):

Kristin Ahlepil, Texas-Arlington

1998 and 1999 SLC Indoor Mile Run Champion

Mishael Bertrand, Texas-Arlington

1999, 2000 and 2001 SLC Indoor 800-Meters Champion; Set SLC Indoor Meet 800-Meters Record (2:10.84 in 1999); 2000 Indoor 800-Meters All-American

Becky Brooke, Lamar

1987 SLC Indoor 1000-Yard Run and Mile Run Champion

Renee Graham, Lamar

2007 and 2008 SLC Indoor 5000-Meters Champion

Kajsa Haglund, Texas-Arlington

2001 and 2003 SLC Indoor Mile Run Champion; 2001 SLC Indoor Meet High-Point Scorer (24.5)

Liza Hunter, Texas-San Antonio

1992 SLC Indoor Mile Run and Two-Mile Run Champion; Set SLC Indoor Meet Record in Two-Mile Run (10:43.94 in 1992)

Clerc Koenck, Lamar

2007 and 2008 Mile Run Champion; 2007 and 2008 3000-Meters Champion; 2007 and 2008 SLC Indoor Outstanding Track Performer; 2007 (22.5) and 2008 (22.5) SLC Indoor Meet High-Point Scorer; 2007 and 2008 SLC Indoor Athlete of the Year; Owns SLC Indoor Meet Record in Mile Run (4:47.16)

Dana Mecke, Texas-San Antonio

2008, 2009 and 2010 SLC Indoor 800-Meters Champion; 2009 and 2010 SLC Indoor Mile Run Champion; 2009 SLC Indoor Outstanding Track Performer

Tami Micham-Grimes, Louisiana-Monroe

1993 SLC Indoor Two-Mile Run and Three-Mile Run Champion; Set SLC Indoor Meet Three-Mile Run Record (16:42.72 in 1993)

Angela Nelson, Texas-Arlington

1993 and 1994 SLC Indoor Mile Run Champion; 1994 SLC Indoor Two-Mile Run Champion; 1994 SLC Indoor Three-Mile Run Champion; 1995 SLC Indoor 3000-Meters Champion; 1995 SLC Indoor 5000-Meter Champion; 1994 and 1995 SLC Indoor Outstanding Track Performer; 1994 (30) and 1995 (28) SLC Indoor Meet High-Point Scorer; 1994 and 1995 SLC Indoor Athlete of the Year

Katie Poindexter, Texas-San Antonio

2003 SLC Indoor 800-Meters Champion; Set SLC All-Time Indoor Record in 800-Meters (2:06.05 in 2003)

Ana Rodriguez, Stephen F. Austin

2003 and 2005 SLC Indoor 3000-Meters Champion; 2003 and 2005 SLC Indoor 5000-Meters Champion

Renee Rowell, Stephen F. Austin

1990 and 1991 SLC Indoor Two-Mile Run Champion

Sarah Salmon, McNeese State

1998 and 1999 SLC Indoor 3000-Meters Champion; Set SLC Indoor All-Time Records in Mile Run (4:46.42 in 1998) and 3000-Meters (9:29.94 in 1998)

Lauren Smith, Stephen F. Austin

2012 SLC Indoor 3000-Meters Champion; 2012 (20) and 2013 (22.5) SLC Indoor Meet Co-High-Point Scorer; 2012 and 2013 SLC Indoor Athlete of the Year

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Wendi Smith, Texas State

1988 and 1989 SLC Indoor 800-Meters Champion

Inez Turner, Texas State

1995 SLC Indoor 400-Meters Champion; 1994 Indoor 800-Meters All-American

Janice Turner, Texas State

1995 and 1996 SLC Indoor Mile Run Champion

Sita Waru, McNeese State

1998, 1999, 2000 and 2001 SLC Indoor 5000-Meters Champion; 2000 and 2001 SLC Indoor 3000-Meters Champion; 2000 and 2001 SLC Indoor Outstanding Track Performer; 2000 SLC Indoor Meet High –Point Scorer (22.5); 2000 and 2001 SLC Indoor Athlete of the Year; Owns SLC Indoor All-Time Record in 5000-Meters (16:26.00 in 2001); Set SLC Indoor Meet Records in 3000-Meters (9:39.43 in 2000) and 5000-Meters (16:45.10 in 2001)

Robin White, Texas State

1990 and 1991 SLC Indoor 800-Meters Champion

HURDLES (55-Meter Hurdles, 60-Meter Hurdles):

Brigitte Foster, Texas State

1996 and 1998 SLC Indoor 55-Meter Hurdles Champion; Set SLC Indoor All-Time and Meet Record in 55-Meter Hurdles (7.87 in 1998)

Keri Glover, North Texas

1991 and 1992 SLC Indoor 55-Meter Hurdles Champion

Jessica Jones, Texas-San Antonio

2009 and 2010 SLC Indoor 60-Meter Hurdles Champion

Brittany Littlejohn, Northwestern State

2001, 2002 and 2003 SLC Indoor 60-Meter Hurdles Champion; Shares SLC Indoor All-Time and Meet Record in 60-Meter Hurdles (8.40 in 2003)

Janet Meaux, Texas-Arlington

1994 and 1995 SLC Indoor 55-Meter Hurdles

Tamisha Miller, Northwestern State

2004 and 2005 SLC Indoor 60-Meter Hurdles

Chelsea Stephen, Stephen F. Austin

2011 and 2012 SLC Indoor 60-Meter Hurdles; Shares SLC Indoor All-Time and Meet Record in 60-Meter Hurdles (8.40 in 2012)

FIELD EVENTS

JUMPS (Long Jump, Triple Jump, High Jump, Pole Vault):

Lisa Austin, Texas-Arlington

1993, 1994 and 1995 SLC Indoor Triple Jump Champion; 1994 SLC Indoor Outstanding Field Performer; Owns SLC Indoor All-Time and Meet Record in Triple Jump (43-01.75 in 1994); 1994 and 1995 Indoor Triple Jump All-American

Misty Ballard, Stephen F. Austin

2000 and 2001 SLC Indoor Pole Vault Champion; 2001 SLC Indoor Outstanding Field Performer; Set SLC Indoor All-Time and Meet Record in Pole Vault (13-05.25 in 2001); 2001 Indoor Pole Vault All-American

Roshunda Betts, Sam Houston State

2005 SLC Indoor Triple Jump Champion; 2005 and 2006 SLC Indoor Outstanding Field Performer

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Angela Black, Louisiana-Monroe

1991 SLC Indoor Long Jump Champion; 1989 and 1990 SLC Indoor Triple Jump Champion; 1991 SLC Indoor Outstanding Field Performer; 1989 (30) and 1991 (30) SLC Indoor Meet High-Point Scorer; 1999 SLC Indoor Athlete of the Year

Janet Booker, Texas-San Antonio

1993 and 1994 SLC Indoor High Jump Champion

Jacqueline Canton, Northwestern State

2000, 2001 and 2003 SLC Indoor High Jump Champion

Becky Collins, Texas State

2002 SLC Indoor Meet High Jump Champion; Set SLC Indoor Meet Record and shares SLC Indoor All-Time Record in High Jump (6-0.00 in 2002); 2002 and 2003 Indoor High Jump All-American

Tara Coston, Louisiana-Monroe

1996, 1997 and 1998 SLC Indoor Triple Jump Champion; 1997 SLC Indoor Long Jump Champion

Tara Ford, Texas-Arlington

1994 SLC Indoor Long Jump Champion; 1994 Indoor Long Jump All-American

Valerie Hancock, Texas State

2008 and 2010 SLC Indoor High Jump Champion

Jenny Hockett, Texas-Arlington

1992 and 1993 SLC Indoor Long Jump Champion; 1993 SLC Indoor Outstanding Field Performer

Elena Horn, Texas State

2010 and 2011 SLC Indoor High Jump Champion

Sara Massey, Texas-Arlington

1987, 1989 and 1990 SLC Indoor High Jump Champion

Sonetriya Mayfield, Texas State

2007 and 2008 SLC Indoor Triple Champion

Dess Meek, Sam Houston State

Shares SLC Indoor All-Time Record in High Jump (6-00.00 in 2009)

Jennifer Robeson, Texas-Arlington

1996 and 1997 SLC Indoor High Jump Champion

Christia Rogers, Texas State

1991 and 1992 SLC Indoor Triple Champion; 1992 SLC Indoor Outstanding Field Performer; 1992 Indoor Triple Jump All-American

Jennie Sewell, Sam Houston State

2003, 2004, 2005 and 2007 SLC Indoor Pole Vault Champion; 2007 SLC Indoor Outstanding Field Performer

Pam Smith, Louisiana-Monroe

1987, 1988, 1989 and 1990 SLC Indoor Long Jump Champion; 1989 and 1990 SLC Indoor 55-Meter Hurdles Champion; 1988, 1989 and 1990 SLC Indoor Outstanding Field Performer; 1990 SLC Indoor Meet High-Point Scorer (28); 1990 SLC Indoor Athlete of the Year; Set SLC Indoor All-Time Record in Long Jump (21-03.75 in 1989); Owns SLC Indoor Meet Record in Long Jump (21-03.25 in 1989); 1990 Indoor Long Jump All-American

Kassandra Son, Texas A&M-Corpus Christi

2008 SLC Indoor Long Jump Champion; 2011 SLC Indoor Triple Champion; 2011 SLC Indoor Meet Co-High-Point Scorer (22.5); 2008 SLC Indoor Freshman of the Year

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Stephanie Sowell, Northwestern State

2003 and 2004 SLC Indoor Long Jump Champion; 2003 and 2004 SLC Indoor Triple Jump Champion; 2003 and 2004 SLC Indoor Outstanding Field Performer; 2003 (Long Jump) and 2004 (Long Jump and Triple Jump) All-American

Caroline Wolf, Texas State

2004 and 2005 SLC Indoor High Jump Champion

Lauri Young, Louisiana-Monroe

1984 and 1985 High Jump All-American

THROWS (*Shot Put, Weight Throw*):

Kim Bush, Texas-San Antonio

1992 and 1994 SLC Indoor Shot Put Champion

Ashley Dorsey, Texas-Arlington

2001 and 2002 SLC Indoor Shot Put Champion; Set SLC Indoor All-Time Shot Put Record in Shot Put (54-08.00 in 2002); 2001 and 2002 Indoor Shot Put All-American

Marsha French, Louisiana-Monroe (1996, 1997) & Texas-Arlington (2000)

1996, 1997 and 2000 SLC Indoor Shot Put Champion; 2000 Indoor Shot Put All-American

Frednisha Marshall, Stephen F. Austin

2008, 2009 and 2010 SLC Indoor Weight Throw Champion; 2008 and 2009 SLC Indoor Outstanding Field Performer; Owns SLC Indoor All-Time Weight Throw Record (69-04.25 in 2009); Set SLC Indoor Meet Record in Weight Throw (67-01.50 in 2009); 2009 Indoor Weight Throw All-American

Tenika Powell, Sam Houston State

2005 and 2006 SLC Indoor Shot Put Champion

Trecey Rew, Northwestern State

2008, 2010 and 2011 SLC Indoor Shot Put Champion; 2011 SLC Indoor Weight Throw Champion; 2011 SLC Indoor Outstanding Field Performer

La'Shantena Rounds, McNeese State

2012 and 2013 SLC Indoor Weight Throw Champion

Abby Ruston, Texas State

2007 SLC Indoor Shot Put Champion; Set SLC Indoor Meet Record in Shot Put (52-08.25 in 2007); 2007 Indoor Shot Put

Velia Smith, Texas State

1990 and 1991 SLC Indoor Shot Put Champion

COMBINED EVENTS (*Pentathlon*):

Morgan Davis, Sam Houston State

2012 and 2013 SLC Indoor Pentathlon Champion

Ryanne Dupree, Texas-San Antonio

2004 and 2006 SLC Indoor Pentathlon Champion; 2006 SLC Indoor Meet High-Point Scorer (28.5); 2006 SLC Indoor Athlete of the Year; Set SLC Indoor All-Time and Meet Pentathlon Points Record (4,055 in 2006); 2006 Indoor Pentathlon All-American

Rhonda Ray, Texas-San Antonio

2001, 2002 and 2003 SLC Indoor Pentathlon Champion

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ALL-TIME WOMEN'S INDOOR TRACK & FIELD COACHES:

Shawn Flanagan, Texas-San Antonio

Currently the head coach at Texas A&M-Corpus Christi, Flanagan was named SLC Indoor Women's Coach of the Year while at Texas-San Antonio in 1992, 1993 and 1994; Led Roadrunners' program to Southland Indoor Women's Championships in 1992, 1993 and 1994.

Phil Olson, Stephen F. Austin

An unprecedented seven-time Southland Conference Women's Indoor Coach of the Year (2005, 2006, 2009, 2010, 2011, 2012, 2013) as he won Southland championships in each of those seven years, a league record.

John Sauerhage, Texas-Arlington

A former Texas-Arlington running star, Sauerhage was selected as Southland Women's Indoor Coach of the Year six straight years (1996-2001) while leading program to consecutive championships in that period.

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SOUTHLAND TRACK & FIELD

All-Time Men's Outdoor Honor Roll

RUNNING EVENTS

SPRINTS (100-Yard Dash, 100-Meter Dash, 220-Yard Dash, 200-Meter Dash, 440-Yard Dash, 400-Meter Dash):

Troy Amboree, Lamar

1984 100-Meter Dash and 200-Meter Dash Champion; 1984 Long Jump Champion; 1984 Outstanding Track Performer; 1984 SLC Meet High-Point Scorer (32.5); 1982 and 1984 Long Jump All-American; 1984 member of LU's All-American 4x400-Meter Relay Team (finished 2nd at NCAA Championships)

Cass Brown-Stewart, Stephen F. Austin

2012 and 2013 400-Meters Champion; Member of SFA's 2012 and 2013 winning 4x400 Relay team; 2011 4x400 Relay All-American; 2013 400-Meters and 4x400 Relay All-American

Clinton Bufuku, Texas-Arlington

1994 100-Meter Dash and 200-Meter Dash Champion; 1995 100-Meter Dash and 200-Meter Dash Champion; 1995 100-Meters All-American

Leonard Byrd, Texas-San Antonio

1994, 1995, 1996 and 1997 400-Meters Champion; 1996 Athlete of the Year; SLC All-Time and Meet 400-Meters Record Holder (44.88 in 1996); 1994, 1995 and 1997 400-Meters All-American; Ran lead leg of USA's gold medal winning 4x400 Relay at 2001 World Outdoor Championships

Cornelius Cavitt, Texas-Arlington

1996 200-Meter Dash Champion; 1996 and 1997 200-Meters All-American; Member of UTA's 1996 All-American 4x100-Meter Relay Team

Elston Cawley, Texas-Arlington

1996, 1997 and 2000 100-Meter Dash Champion; 1997 and 2000 200-Meter Dash Champion; 2000 Outstanding Track Performer; 1997 Athlete of the Year; 1997 SLC Meet High-Point Scorer (28.5); 2000 SLC Meet High-Point Scorer (25); SLC Meet 200-Meters Record Holder (20.37 in 2000); Ran anchor on UTA's SLC Meet Record-Setting 4x100-Meter Relay (39.58 in 2000); 1996 and 1997 200-Meters All-American; Member of UTA's 1996 All-American 4x100-Meter Relay Team; Earned a spot on Jamaica's 1996 Olympic Team, and advanced to the second round of the 200-Meters at the Atlanta Olympics

Ron Clark, Stephen F. Austin

1991 100-Meters and 200-Meters Champion; 1991 200-Meters All-American

Jackie Colbert, Lamar

1969, 1970 and 1971 220-Yard Dash Champion; 1970 100-Yard Dash Champion; 1972 440-Yard Dash Champion; 1971 Outstanding Track Performer; 1971 SLC Meet High-Point Scorer (15)

Vincent Coleman, Louisiana Tech

1986, 1987 and 1988 200-Meter Dash Champion

Roger Colglazier, Abilene Christian

1969, 1970 and 1971 400-Meter Dash Champion

Jared Connaughton, Texas-Arlington

2006 100-Meter Dash Champion; 2006 and 2007 200-Meter Dash Champion; 2006 Outstanding Track Performer; 2006 Athlete of the Year; Represented Canada in the 2008 and 2012 Olympics, finishing 14th in the 200-Meters and sixth as a member of the Canadian 4x100-Meter Relay team at the Beijing Games; As co-captain of Canada's track and field team at the London Games in 2012, he finished 17th in the 200-Meters and participated in the 4x100 Relay.

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Brian Cooper, McNeese State

1986 and 1987 100-Meter Dash Champion; SLC Meet Record Holder in Long Jump (26-11.25 in 1987); 1987 SLC Meet High-Point Scorer (27.5); 1985 and 1986 Long Jump All-American

Cornell Garrett, Louisiana Tech

1981 100-Meter Dash Champion; 1980 and 1981 200-Meter Dash Champion

Clyde Glosson, Trinity

1966 and 1968 100-Yard Dash Champion; 1966 and 1968 220-Yard Dash Champion; Was the NCAA's then College Division 100-Yard Dash Champion in 1966, and the College Division 200-Meters Champion in 1968; He was a five-time All-American and an alternate for the U.S. Olympic Team at the Mexico City Games in 1968

Cordero Gray, Texas-Arlington

2009 and 2011 100-Meter Dash Champion; 2011 200-Meter Dash Champion; 2011 Outstanding Track Performer; 2011 Athlete of the Year; 2009 SLC Meet High-Point Scorer (22.5); 2011 SLC Meet High-Point Scorer (22); SLC Meet 110-Meters Record Holder (10.12 in 2011); 2009 100-Meters All-American

Jackie Harris, Lamar

1983 and 1984 400-Meters Champion; Member of three Lamar All-American 4x400-Meter Relay Teams (1981, 1983, 1984)

Doug Hinds, Lamar

1978, 1979, 1980 and 1982 400-Meter Dash Champion; Member of Lamar's 1979 All-American 4x400-Meter Relay Team; Member of Canadian Olympic Team at 1984 Los Angeles Games, competing in both the 400-Meter Dash and the 4x400-Meter Relay

Junior Holmes, Lamar

1978 100-Meter Dash and 200-Meter Dash Champion; 1979 100-Meter Dash and 200-Meter Dash Champion

Keevan Mills, Texas State

1993 100-Meter Dash and 200-Meter Dash Champion; 1992 and 1993 110-Meter Hurdles Champion; 1993 110-Meter Hurdles Champion; 1993 SLC Meet High-Point Scorer (30); 1993 110-Meter Hurdles All-American

David Peltier, Texas-Arlington

1986 400-Meters Champion; Earned spot on 1984 Barbados Olympic Team's 4x400-Meter Relay Team that finished sixth at the Los Angeles Olympics

Harold Porter, Louisiana-Lafayette

1972, 1973 and 1975 100-Yard Dash and 220-Yard Dash Champion; 1972 Outstanding Track Performer; 1972 SLC Meet High-Point Scorer (13); 1974 SLC Meet High-Point Scorer (14.5)

Ronnie Powell, Northwestern State

1998 100-Meter Dash and 200-Meter Dash Champion; 1998 Outstanding Track Performer; 1998 Athlete of the Year; 1998 100-Meters All-American

Ed Preston, Arkansas State

1976 100-Yard Dash and 220-Yard Dash Champion; 1977 100-Meter Dash and 200-Meter Dash Champion; 1976 Outstanding Track Performer; Set All-Time SLC Record in 200-Meters (20.14 in 1976); 1975 and 1976 100-Yard Dash All-American

Chris Stewart, Sam Houston State

2003 100-Meter Dash Champion; 2001 and 2003 200-Meter Dash Champion

Teddy Williams, Texas-San Antonio

2008 and 2010 100-Meter Dash and 200-Meter Champion; 2010 100-Meter Champion; 2008 and 2010 Outstanding Track Performer; Set All-Time SLC Record in 100-Meters (9.93 in 2009); 2008 and 2010 100-Meters All-American

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MIDDLE & LONG DISTANCES (880-Yard Run, 800-Meter Run, Mile Run, 1500-Meters Run, Two-Mile Run, Three-Mile Run, 5000-Meter Run, 10000-Meter Run):

Randy Arias, Texas State

2000, 2001 and 2003 10000-Meters Champion; 2003 5000-Meters Champion

Larry Brooks, Texas-San Antonio

2004, 2006 and 2007 800-Meter Champion; 2007 800-Meters All-American

Pedro Caceres, Lamar

1983 and 1984 1500-Meters Champion; 1984 5000-Meter Run Champion; Represented his native Argentina at the 1984 Olympic Games in Los Angeles, participating in the 3000-Meter Steeplechase

Charles Christmas, Abilene Christian

1965 880-Yard and Mile Run Champion; 1966 880-Yard, Mile Run and Two-Mile Run Champion; 1966 SLC Meet High-Point Scorer (12)

Rafael Colmenares, Lamar

1985 3000-Meter Steeplechase Champion; All-Time SLC Record Holder in 3000-Meter Steeplechase (8:38.37 in 1986)

Nathan Flores, Stephen F. Austin

2002 5000-Meters, 10000-Meters and 3000-Meter Steeplechase Champion; 2002 and 2004 Outstanding Track Performer; 2002 Athlete of the Year; 2002 SLC Meet High-Point Scorer (30); 2004 SLC Meet High-Point Scorer (22)

David Hartman, Texas-San Antonio

1995 5000-Meters Champion; 1996 5000-Meters, 10000-Meters and 3000-Meter Steeplechase Champion; 1996 SLC Meet High-Point Scorer (30)

Francis Kasagule, Lamar

2007 5000-Meters Champion; 2010 1500-Meters Champion; All-Time SLC Record Holder in 1500-Meter Run (3:40.89 in 2010)

Kalphys Kemboi, Southeastern Louisiana

2007 and 2008 3000-Meter Steeplechase Champion; 2007 10000-Meters Champion; 2007 SLC Meet High-Point Scorer (26); 2007 Freshman of the Year

Samuel Kosgei, Lamar

2009 and 2010 5000-Meters Champion; All-Time SLC Record Holder in 5000-Meters (13:35.75 in 2010) and 10000-Meters (28:32.62 in 2010)

John Lopez, Abilene Christian

1969 and 1970 Mile Run Champion; 1969 3000-Meter Steeplechase Champion

Russell Mangum, Louisiana-Monroe

1985, 1986 and 1987 1500-Meters Champion; 1987 800-Meters Champion

Tom McGrath, McNeese State

1989 and 1991 5,000-Meters Champion; 1991 10,000-Meters Champion

Bruce Metcalf, Arkansas State

1976 880-Yard Champion; 1977 and 1978 800-Meters Champion

Frank Montebello, Lamar

1980 1500-Meters Champion; 1980 and 1982 3000-Meters Steeplechase Champion; SLC Meet Record Holder in 3000-Meter Steeplechase (8:46.65 in 1982); 1980 Outstanding Track Performer

Jonah Ngeny, North Texas

1986, 1987 and 1988 5000-Meters Champion

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Pat O’Callaghan, McNeese State

1974, 1975 and 1976 Three-Mile Run Champion; 1977 1500-Meters Champion; 1976 and 1977 3000-Meters Steeplechase Champion; SLC Meet Record Holder in 1500-Meter Run (3:42.90 in 1977); 1977 SLC Meet High-Point Scorer (30)

David Rooney, McNeese State

2012 and 2013 5000-Meters Champion; 2012 and 2013 10000-Meters Champion; 2012 and 2013 Outstanding Track Performer; 2012 and 2013 Athlete of the Year; SLC Meet Record Holder in 5000-Meters (14:05.80 in 2012) and 10000-Meters (29:50.83 in 2013)

Joseph Sainah, Texas-Arlington

1989 and 1990 800-Meters Champion; 1990 800-Meters All-American; Member of UTA’s 1989 All-American 4x400-Meter Relay Team; Earned position with Kenya’s 1988 Olympic Team, running on that country’s 4x400-Meter Relay Team at the Seoul Olympics

Kevin Smelley, Nicholls State

1999 5000-Meters Champion; 1998 and 1999 10000-Meters Champion

Shadrack Songok, Texas A&M-Corpus Christi

2008 Athlete of the Year; 2007 and 2008 1500-Meters Champion; 2008 5000-Meters Champion; 2007 and 2008 10000-Meters NCAA National Champion; 2007 and 2008 10000-Meters Champion

Raul Villarreal, Sam Houston State

2005 5000-Meters, 10000-Meters and 3000-Meter Steeplechase Champion; 2005 SLC Meet High-Point Scorer (30)

Johnny Walker, North Texas

1983 800-Meter Run Champion, setting SLC Meet Record (1:48.60); Also All-Time SLC 800-Meters Record Holder (1:47.22 in 1983)

HURDLES (120-Yard Hurdles, 110-Meter Hurdles, 330-Yard Hurdles, 440-Yard Hurdles, 400-Meter Hurdles, 3000-Meter Steeplechase):

Errol Byles, Texas-Arlington

1994, 1995, 1996 and 1997 400-Meter Hurdles Champion; 1997 110-Meter Hurdles Champion

Sansiski Daniels, Texas-Arlington

1984, 1985 and 1986 110-Meter Hurdles Champion; 1986 400-Meter Hurdles Champion; 1986 Outstanding Track Performer; 1986 SLC Meet High-Point Scorer (28); SLC Meet Record Holder in 110-Meter Hurdles (13.66 in 1984); 1986 110-Meter Hurdles All-American

Lane Dennis, Sam Houston State

2007, 2008 and 2009 400-Meter Hurdles Champion

Kevin Ellis, Stephen F. Austin

1994 and 1996 110-Meter Hurdles Champion; 1994 200-Meters All-American

Monroe Ford, Louisiana Tech

1975, 1976 and 1978 110-Meter Hurdles Champion; 1976 High Jump and Long Jump Champion; 1976 Outstanding Field Performer; 1976 SLC Meet High-Point Scorer (32)

Craig Fox, Abilene Christian

1966 330-Yard Hurdles Champion; 1967 120-Yard Hurdles Champion; 1967 440-Yard Hurdles Champion

Keyunta Hayes, Texas-San Antonio

2011 and 2012 400-Meter Hurdles Champion; 2012 110-Meter Hurdles Champion; 2012 400-Meter Hurdles All-American; 2011 Freshman of the Year

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Thomas Hill, Arkansas State

1968, 1969, 1970 and 1972 120-Yard Hurdles Champion; 1970 100-Yard Dash Champion; 1970 Outstanding Track Performer; 1970 SLC Meet High-Point Scorer (23); 1968, 1969, 1970 and 1972 120-Yard Hurdles All-American; Ranked as the World's No. 1 120-Yard Hurdler in 1970; Finished second in the hurdles at the 1972 NCAA Championships; Represented the U.S. on the 1972 Olympic Team, finishing third in the 110-Meter Hurdles at the Munich Games

Martin Lawson, Louisiana-Lafayette

1979 110-Meter Hurdles Champion; 1981 and 1982 400-Meter Hurdles Champion

Nick McCloud, Stephen F. Austin

2010, 2011 and 2013 110-Meter Hurdles Champion

McClinton Neal, Texas-Arlington

1988, 1989, 1990 and 1991 110-Meter Hurdles and 400-Meter Hurdles Champion; 1990 and 1991 Outstanding Track Performer; 1989 SLC Meet High-Point Scorer (25); 1990 400-Meter Hurdles NCAA National Champion; All-Time SLC Record Holder in 400-Meter Hurdles (48.99 in 1991); SLC Meet Record Holder in 400-Meter Hurdles (49.53 in 1990); 1989 SLC Meet High-Point Scorer (25); Ran third leg on UTA's SLC Meet Record-Setting 4x400-Meter Relay (3:04.60 in 1989); 1989, 1990 and 1991 400-Meter Hurdles All-American; Member of UTA's 1989 All-American 4x400-Meter Relay Team; Earned spot on 1992 U.S. Olympic Team, finishing ninth in the 400-Meter Hurdles at the Barcelona Olympics

Adrian Ray, Sam Houston State

2003 and 2005 110-Meter Hurdles Champion; 2005 400-Meter Hurdles Champion; SLC All-Time Record Holder in 110-Meter Hurdles (13.44 in 2005)

Ricky Stubbs, Louisiana Tech

1973 and 1974 120-Yard Hurdles Champion; 1973 and 1974 440-Yard Hurdles Champion; 1973 and 1974 Outstanding Track Performer

FIELD EVENTS

JUMPS (Long Jump, Triple Jump, High Jump, Pole Vault):

Charles Austin, Texas State

1989 and 1990 High Jump Champion; 1990 High Jump NCAA National Champion; 1990 Outstanding Field Performer; SLC All-Time and Meet Record Holder in High Jump (7-08.50 in 1990); 1989 and 1990 High Jump All-American; Represented the U.S. in the 1992 Olympics, finishing eighth in the high jump at the Barcelona Games; Represented U.S. in the 1996 Olympics, winning the gold medal in the high jump at the Atlanta Games; Represented U.S. in the 2000 Olympics, but failed to advance from qualification round at the Sydney Games; Also competed in the 2004 U.S. Olympic Trials, finishing seventh in the high jump

Earl Bell, Arkansas State

1975, 1976 and 1977 Pole Vault Champion; 1977 Outstanding Field Performer; 1974, 1975 and 1976 Pole Vault NCAA National Champion; All-Time SLC Record Holder in Pole Vault (18-07.25 in 1976); 1975, 1976 and 1977 Pole Vault All-American; On May 29, 1976, set then-World pole vault record (18-07.25) at Wichita, Kan.; Represented U.S. in the 1976 Olympics, finishing sixth in the pole vault at the Montreal Games; Set then-American pole vault record (19-00.25) on June 9, 1984, at San Jose, Calif.; Also represented U.S. in the 1984 Olympics, winning silver medal in the pole vault at the Los Angeles Games; Represented U.S. in the 1988 Olympics, finishing fourth (and as top American finisher) at the Seoul Games; Won pole vault at 1975 Pan American Games; Won six Millrose Games championships; Won bronze medal at 1986 Goodwill Games in Moscow; Was the U.S. Outdoor pole vault champion in 1976, 1984 and 1990; Inducted into the U.S. Track and Field Hall of Fame in 2002

Kenta Bell, Northwestern State

1998 and 1999 Triple Jump Champion; SLC Meet Record Holder in Triple Jump (54-02.50 in 1999); 1999 Athlete of the Year; 2001 World University Games Gold Medalist in triple jump; 2003 and 2010 U.S. Outdoor triple jump champion; Finished third in the triple jump at 2004 U.S. Olympic Trials; Represented U.S. in the 2004 Olympics, finishing ninth in the triple jump at the Athens Games; Finished second in the triple jump at 2008 U.S. Olympic Trials; Represented U.S. at 2008 Olympics, participating in qualification round at the Beijing Games

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Devon Bond, Texas-San Antonio

2010 and 2011 Triple Jump Champion; 2010 and 2011 Triple Jump All-American

LaMark Carter, Northwestern State

1991, 1992 and 1993 Triple Jump Champion; 1992 Long Jump Champion; 1993 Outstanding Field Performer; 1991 and 1994 Triple Jump All-American; 1993 Long Jump All-American; Finished second at the 2000 U.S. Olympic Trials in Triple Jump; Represented U.S. at the 2000 Olympics, participating in the triple jump qualification round at the Sydney Games

Jerry Dyes, Abilene Christian

1964 Long Jump and Triple Jump Champion; 1964 Javelin Champion; 1964 SLC Meet High-Point Scorer (19); Placed eighth in the triple jump at the 1960 U.S. Olympic Trials; 1964 Javelin All-American

Thomas Eriksson, Lamar

1984 High Jump and Triple Jump Champion; 1985 High Jump, Long Jump and Triple Jump Champion; 1985 High Jump NCAA National Champion; 1983, 1984 and 1985 Outstanding Field Performer; 1985 SLC Meet High-Point Scorer (31); 1984 and 1985 High Jump All-American; Represented Sweden in the 1984 Olympics, finishing 18th in the high jump at the Los Angeles Games

Andre Ester, Louisiana-Monroe

1986 and 1987 Long Jump Champion; All-Time SLC Record Holder in Long Jump (27-07.25 in 1987); 1987 and 1988 Long Jump All-American; Finished sixth in long jump at U.S. Olympic Trials; Was second in long jump at 1990 U.S. Championships

Scott Hennig, Texas State

1989, 1991 and 1992 Pole Vault Champion; 1991 Outstanding Field Performer; 1991 Pole Vault All-American

Al Joyner, Arkansas State

1981 and 1983 Triple Jump Champion; 1980 110-Meter Hurdles Champion; All-Time SLC Record Holder in Triple Jump (56-02.75 in 1983); 1983 Triple Jump All-American; Finished second in triple jump at 1984 U.S. Olympic Trials; Represented U.S. at 1984 Olympics, winning gold medal in triple jump at Los Angeles Games; Finished fifth at 1988 U.S. Olympic Trials

Adam Keul, Stephen F. Austin

2002 Pole Vault Champion; 2001 and 2002 Pole Vault All-American

Eric Lancelin, Northwestern State

1994 Triple Jump Champion; 1993 and 1994 Triple Jump All-American

Gordon McKee, Texas State

1988, 1989 and 1990 Long Jump Champion; 1989 Long Jump All-American; Finished fifth in long jump at 1992 U.S. Olympic Trials

Jeff Pasco, Arkansas State

1986 Pole Vault NCAA National Champion

Paul Pilla, Arkansas State

1980 Pole Vault Champion; 1979 Pole Vault NCAA National Champion; 1979 and 1980 Pole Vault All-American

Doug Shouse, Arkansas State

1982 and 1983 High Jump Champion; 1983 High Jump All-American

Gilbert Smith, Texas-Arlington

1980, 1981 and 1982 Long Jump Champion; 1981 Outstanding Field Performer; 1980 SLC Meet High-Point Scorer (23.5); 1981 SLC Meet High-Point Scorer (22.5); 1980, 1981 and 1982 Long Jump All-American

Wesley Smith, Louisiana Tech

1974 and 1975 Long Jump Champion; 1975 Triple Jump Champion

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Nat Sowell, Louisiana-Monroe

1993, 1994, 1995 and 1996 Long Jump Champion; 1995 and 1996 Triple Jump Champion; 1995 and 1996 Long Jump and Triple Jump All-American

Steve Stubblefield, Texas-Arlington

1981, 1982 and 1984 Pole Vault Champion; 1984 Pole Vault All-American

Brian Veal, Texas State

2003, 2004 and 2005 Triple Jump Champion; 2003 and 2004 Outstanding Field Performer; 2004 Athlete of the Year; 2004 Triple Jump All-American; 2005 Long Jump and Triple Jump All-American

Jack Whitt, Oral Roberts

2013 Pole Vault Champion and Outstanding Field Performer; SLC Meet Record Holder in Pole Vault (18-02.50 in 2013); 2013 Pole Vault All-American; Represented U.S. at the 2013 World Outdoor Championships in Moscow; 2012 U.S. Olympic Team pole vault alternate for London Games

Marcel Williams, Stephen F. Austin

1999 200-Meter Dash Champion; 1998 SLC Meet High-Point Scorer (26.5); 1999 SLC Meet High-Point Scorer (30), 1998 and 1999 Long Jump All-American

THROWS (*Shot Put, Discus, Hammer Throw, Javelin*):

Jon Arthur, Stephen F. Austin

2011 and 2013 Shot Put Champion; 2013 Hammer Throw Champion

Issa Banna, Northwestern State

2002, 2003 and 2004 Shot Put Champion

John Campbell, Louisiana Tech

1985 Shot Put Champion; 1985 Shot Put NCAA National Champion; All-Time SLC Record Holder in Shot Put (69-03.75 in 1985); SLC Meet Record Holder in Shot Put (65-04.25)

Chris Carter, Southeastern Louisiana

2005 and 2006 Javelin Champion; 2005 Javelin All-American

Steve Cate, Louisiana Tech

1984 and 1986 Discus Champion; 1984 Shot Put Champion

Chris Cralle, Sam Houston State

2008, 2009 and 2011 Hammer Throw Champion; SLC Meet Record Holder in Hammer Throw (209-10.00 in 2009); 2011 Hammer Throw All-American; 2012 U.S. Olympic Trials runner-up in hammer throw, but just missed Olympic "A" standard to advance to London Olympics

Peter Dajia, Texas-Arlington

1988 Shot Put Champion; Member of Canada's 1992 Olympic Team, and finished 14th in the Shot Put at the Barcelona Olympics

Don Davis, Lamar

1975, 1976 and 1977 Discus Champion

David Estes, Louisiana-Monroe

1999 Shot Put and Discus Champion; 2000 Shot Put and Discus Champion

Cody Fillinich, Northwestern State

2007 and 2009 Javelin Champion; 2005, 2006, 2007 and 2009 Javelin All-American

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Latrell Frederick, Northwestern State

2000, 2001 and 2003 Javelin Champion; SLC Meet Record Holder in Javelin (261-03.00 in 2003); 2000, 2001 and 2003 Javelin All-American; Finished second in the javelin at the 2002 U.S. Outdoor Championships

Richard Garrett, Texas-San Antonio

2012 Shot Put Champion; 2011 and 2012 Shot Put Champion

Chris Gonzalez, Sam Houston State

1995, 1997 and 1998 Shot Put Champion; 1998 Discus Champion; 1998 Outstanding Field Performer

Breaux Greer, Louisiana-Monroe

1995, 1997, 1998 and 1999 Javelin Champion; 1997, 1998 and 1999 Javelin All-American; Finished fifth, third, second and fourth in consecutive NCAA Championships (1995-99); Eight-time U.S. National Champion in Javelin (2000-07) and current American Record Holder (299-06.00 at 2007 U.S. Championships in Indianapolis); Finished third in javelin at 1996 U.S. Olympic Trials; Won javelin at 2000 U.S. Olympic Trials; Represented U.S. in javelin at 2000 Olympics, finishing 12th in Sydney Games; Won javelin at 2004 U.S. Olympic Trials; Represented U.S. in javelin at 2004 Olympics, finishing 12th in Athens Games; Won bronze medal at 2007 World Championships in Osaka, Japan; Silver medalist at 2001 Goodwill Games; Bronze medalist at 2003 Pan American Games

Jess Grigg, Louisiana Tech

All-Time SLC Record Holder in Discus (198-04 in 1985)

Lyle Guillory, Louisiana-Monroe

1990 and 1991 Javelin Champion; 1988 and 1990 Javelin All-American

Andras Haklits, Louisiana-Monroe

1999 Hammer Throw NCAA National Champion; 1999 Hammer Throw All-American; Represented Croatia in the hammer throw at the 2000 Sydney Olympics, the 2004 Olympic Games in Athens, participating in the qualification rounds at both; At the 2008 Olympics in Beijing, finished 10th in the hammer throw; At the London Olympics in 2012, participated in the qualification round of the hammer throw; Also finished seventh at the 2007 World Outdoor Championships in Berlin

Max Harding, Abilene Christian

1968, 1969, 1970 and 1971 Javelin Champion

Roger Henderson, Louisiana Tech

1978 and 1979 Shot Put Champion; 1978 Discus Champion

Sam Johnson, Texas State

2002, 2003 and 2004 Discus Champion; 2004 Discus All-American

Christoph Koch, Louisiana-Monroe

1989 Hammer Throw NCAA National Champion; 1989 Hammer Throw All-American

Jeff Lansdale, Arkansas State

1965, 1966 and 1967 Javelin Champion

Robert Melin, Texas State

2006 and 2007 Hammer Throw Champion; 2007 Discus Champion

Roger Orell, Abilene Christian

1964 and 1965 Shot Put Champion; 1964 and 1965 Discus Champion

James Parman, Louisiana-Monroe

1985 and 1987 Discus Champion; 1987 Shot Put Champion; 1987 Shot Put and Discus All-American

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Billy Pemelton, Abilene Christian

1964 Pole Vault Champion; Member of the 1964 U.S. Olympic Team, finishing eighth at Tokyo Olympics; Also, was 1965 AAU Indoor Pole Vault Champion

Kenneth Peterson, Louisiana-Monroe

1987 and 1988 Javelin Champion; 1988 Javelin NCAA National Champion; All-Time SLC Javelin Record Holder (266-06 in 1989); 1987, 1988 and 1990 Javelin All-American

Steve Rice, Lamar

1971, 1972 and 1974 Discus Champion

Adonson Shallow, Southeastern Louisiana

2010 Shot Put, Discus and Hammer Throw Champion; 2009 and 2010 Outstanding Field Performer; 2010 Athlete of the Year; 2010 SLC Meet High-Point Scorer (34); All-Time SLC Record Holder in Hammer Throw (222-01 in 2010); 2010 Discus All-American; Represented the multiple-island nation of Saint Vincent and the Grenadines in the 2008 Olympics; Represented his country in the shot put and discus at the 2006 Commonwealth Games in Melbourne

Rick Werline, Louisiana-Monroe

1991 and 1992 Discus Champion; 1992 Shot Put Champion; SLC Meet Record Holder in Discus (193-06.00 in 1992); 1991 and 1992 Discus All-American

Teremine White, Southeastern Louisiana

2006 and 2008 Discus Champion; 2008 Shot Put Champion

COMBINED EVENTS (Decathlon):

Edwin Billot, McNeese State

2003 and 2004 Decathlon Champion

John Cordes, Sam Houston State

1997 and 1999 Decathlon Champion

Drew Fucci, Texas State

1989 Decathlon Champion; 1990 Outstanding Field Performer; 1990 Decathlon NCAA National Champion; 1990 Decathlon All-American; 1995 U.S. Olympic Festival Decathlon Champion

Romain Martin, Texas-Arlington

2011 and 2012 Decathlon Champion; 2011 and 2012 Decathlon All-American; 2011 Newcomer of the Year

Ben Ploetz, Texas State

1996 and 1998 Decathlon Champion

Kristian Rahnu, McNeese State

2001 and 2002 Decathlon Champion; SLC All-Time and Meet Decathlon Points Record Holder (8,081 in 2002); Represented Estonia in the decathlon at the 2003 World Championships in Paris; Followed with a sixth-place decathlon finish at the 2005 World Championships in Helsinki

Cory Roberts, Southeastern Louisiana

2009 and 2010 Decathlon Champion

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ALL-TIME MEN'S OUTDOOR TRACK & FIELD COACHES:

Aaron Fox, Texas-San Antonio

Three-time Southland Coach of the Year (2008, 2010 and 2012); Led Roadrunners to three SLC Men's Outdoor championships in 2008, 2010 and 2012

Bob Groseclose, Louisiana-Monroe

Three-time Southland Coach of the Year (1985, 1987, 1988) while leading men's program to the 1987 and 1988 SLC championships

Sonny Jolly, Lamar

Eight-time Southland Coach of the Year Selection, including seven straight from 1978-84; Cardinals won an unprecedented nine straight SLC Men's Outdoor Championships from 1978-86 under his tutelage

Guy Kochel, Arkansas State

Southland Coach of the Year in 1976 and 1977; Coached three Olympians, including two medalists, Al Joyner (Gold, 1984) and Thomas Hill (Bronze, 1972)

Bill McClure, Abilene Christian

Led ACU to the first seven Southland Conference Men's Outdoor titles from 1964-70; Coached 42 athletes that earned 63 All-America honors

Monte Stratton, Texas-Arlington

Five-time Southland Coach of the Year (1989, 1990, 1991, 1992, 1994); Led Mavericks to five SLC Men's Outdoor titles, 1989 through 1992 and 1994)

#SLC50



SOUTHLAND TRACK & FIELD

All-Time Women's Outdoor Honor Roll

RUNNING EVENTS

SPRINTS (100-Meter Dash, 200-Meter Dash, 400-Meter Dash):

Christine Amertil, Southeastern Louisiana

1999 400-Meters Champion; 2000 200-Meters and 400-Meters Champion; Holds SLC All-Time Record in 400-Meters (52.13 in 2000); Holds SLC Meet Record in 200-Meters (23.05 in 2000) and 400-Meters (52.63 in 2000); 2003 400-Meters All-American

Gwen Clardy, Texas-Arlington

1993 200-Meters Champion; 1994 100-Meters and 200-Meters Champion; 1994 SLC Meet High Point Scorer (23)

Clotee Cowans, Louisiana-Monroe

1982 100-Meters and 200-Meters All-American

Loretta Curry, Texas-Arlington

1995 100-Meters and 200-Meters Champion

Mary Dickerson, Stephen F. Austin

2011 and 2012 400-Meters Champion

Troquel Eden, Louisiana-Monroe

1989 100-Meters and 200-Meters Champion; 1990 200-Meters Champion; 1992 400-Meters Champion

Quantinette Fields, Sam Houston State

2005 200-Meters Champion; 2006 100-Meters and 200-Meters Champion; 2006 Athlete of the Year

Jessica Fisher, Sam Houston State

2007 100-Meters and 200-Meters Champion; 2007 Outstanding Track Performer; 2007 Freshman of the Year

Marlene Garner, Northwestern State

1992 and 1993 100-Meters Champion

Antonia Hopkins, Texas-Arlington

2009 and 2010 400-Meters Champion

Ashley Idunoba, Lamar

2011 and 2012 200-Meters Champion

LaJuana Lovett, Texas State

2002, 2003 and 2004 100-Meters and 200-Meters Champion; 2004 Long Jump Champion; 2001 Triple Jump Champion; Holds SLC Meet Record in 100-Meters (11.27 in 2002); 2002, 2003 and 2004 Athlete of the Year; 2003 and 2004 Outstanding Track Performer; 2001 Outstanding Field Performer; 2001 SLC Meet High Point Scorer (28); 2002 SLC Meet High Point Scorer (34); 2003 SLC Meet High Point Scorer (28.5); 2004 SLC Meet High Point Scorer (43)

LaQuinta Manahan, Texas-Arlington

1999, 2000 and 2001 100-Meters Champion; 2001 200-Meters Champion

Janice Marshall, Louisiana-Monroe

1986 100-Meters and 200-Meters Champion

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Chinelo Nwobu, Lamar

2005 and 2006 400-Meters Champion

Tameka Roberts, Texas-San Antonio

1996 100-Meters and 200-Meters Champion; 1997 100-Meters, 200-Meters and Long Jump Champion; Holds SLC All-Time Record in 100-Meters (11.25 in 1997) and 200-Meters (22.94 in 1996); Holds SLC All-Time Record in Long Jump (21-10.50 in 1994); Holds SLC Meet Record in Long Jump (21-08.00 in 1995); 1996 and 1997 200-Meters All-American; 1995 and 1996 Long Jump All-American; 1997 100-Meters All-American; 1996 and 1997 Athlete of the Year; 1996 and 1997 Outstanding Track Performer; 1995 Outstanding Field Performer; 1997 SLC Meet High Point Scorer (41)

Jasmine Walls, Texas-Arlington

2008, 2009 and 2010 100-Meters and 200-Meters Champion; 2009 200-Meters All-American; 2009 Athlete of the Year; 2008, 2009 and 2010 Outstanding Track Performer; 2008 SLC Meet High Point Scorer (22.75)

Jasmine Webb, McNeese State

2013 100-Meters and 200-Meters Champion; 2013 Athlete of the Year; 2013 Outstanding Track Performer; 2013 Newcomer of the Year; 2013 SLC Meet High Point Scorer (30)

MIDDLE & LONG DISTANCES (800-Meter Run, 1500-Meter Run, 3000-Meter Run, 5000-Meter Run, 10000-Meter Run):

Kristin Ahlepil, Texas-Arlington

1998 1500-Meters, 3000-Meters and 5000-Meters Champion; 1999 1500-Meters and 3000-Meters Champion; Holds SLC Meet Record in 3000-Meters (9:42.09 in 1998); 1999 Outstanding Track Performer

Therese Ahlepil, Texas-Arlington

1997 800-Meters and 1500-Meters Champion

Keri Ange, McNeese State

1991, 1992 and 1993 10000-Meters Champion; 1991 and 1993 5000-Meters Champion; 1993 Outstanding Track Performer

Mishael Bertrand, Texas-Arlington

1999, 2000 and 2001 800-Meters Champion

Becky Brooke, Lamar

1986 1500-Meters and 3000-Meters Champion; 1987 1500-Meters, 3000-Meters and 5000-Meters Champion; 1987 Outstanding Track Performer; 1987 SLC Meet High Point Scorer (30)

Danielle Burchett, Stephen F. Austin

2011 and 2012 800-Meters Champion; Holds SLC Meet Record in 800-Meters (2:08.01 in 2012)

Brooke Cassar, Central Arkansas

2013 5000-Meters and 10000-Meters Champion; 2013 Freshman of the Year

Lisa Farria, Louisiana-Monroe

1987 and 1988 800-Meters Champion

Linda Garcia, Texas-San Antonio

1993 and 1994 1500-Meters Champion

Renee Graham, Lamar

2007 5000-Meters and 10000 Meters Champion

Amy Guinn, McNeese State

2010 5000-Meters and 10000-Meters Champion

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Kajsa Haglund, Texas-Arlington

2001, 2002, 2003 and 2004 1500-Meters Champion; 2002 and 2003 800-Meters Champion; Holds SLC Meet Record in 1500-Meters (4:26.92 in 2002)

Meg Harris, Texas-San Antonio

1996 3000-Meters and 5000-Meters Champion; 1996 SLC Meet High Point Scorer (28)

Joanne Kinnard, Texas-San Antonio

1992 1500-Meters, 3000-Meters and 5000-Meters Champion; 1992 Outstanding Performer of the Year; 1992 SLC Meet High Point Scorer (30)

Clerc Koenck, Lamar

2006, 2007 and 2008 1500-Meters Champion; 2008 5000-Meters Champion; 2008 Athlete of the Year

Dana Mecke, Texas-San Antonio

2010 800-Meters and 1500-Meters Champion; 2012 1500-Meters Champion; 2010 Athlete of the Year

Tami Micham-Grimes, Louisiana-Monroe

1993 and 1994 3000-Meters Champion

Ashley Monteau, Stephen F. Austin

2004 and 2006 10000-Meters Champion; 2006 5000-Meters Champion; 2006 Outstanding Track Performer

Angela Nelson, Texas-Arlington

1995 3000-Meters, 5000-Meters and 10000-Meters Champion; 1994 5000-Meters and 10000-Meters Champion; Holds SLC Meet Record in 10000-Meters (35:35.83 in 1995); 1995 10000-Meters All-American; 1995 Co-Athlete of the Year; 1995 Outstanding Track Performer; 1995 SLC Meet High Point Scorer (30)

Cathy Nelson, Sam Houston State

1990 and 1991 800-Meters Champion

LeShon Osborne, Texas State

1991 1500-Meters and 3000-Meters Champion; 1991 Outstanding Track Performer

Ana Rodriguez, Stephen F. Austin

2003, 2004 and 2005 5000-Meters Champion; Holds SLC All-Time Record in 10000-Meters (34:35.38 in 2005)

Nicola Roff, Louisiana-Monroe

1989 1500-Meters, 3000-Meters and 5000-Meters Champion; Holds SLC All-Time Record in 3000-Meters (9:32.30 in 1989); 1989 Outstanding Track Performer

Amy Shackelford, Stephen F. Austin

2009 and 2011 5000-Meters and 10000-Meters Champion; 2011 Outstanding Track Performer

Lauren Smith, Stephen F. Austin

2012 5000-Meters and 10000-Meters Champion; 2012 Outstanding Track Performer

Inez Turner, Texas State

1994 and 1995 400-Meters and 800-Meters Champion; Holds SLC All-Time Record in 800-Meters (2:00.27 in 1995); 1994 and 1995 800-Meters NCAA National Champion; 1994 and 1995 800-Meters All-American; 1994 and 1995 (Co-) Athlete of the Year; 1994 Outstanding Track Performer

Janice Turner, Texas State

1996 800-Meters and 1500-Meters Champion

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Sita Waru, McNeese State

1998, 2000, 2001 and 2002 10000-Meters Champion; 2000, 2001 and 2002 5000-Meters Champion; 2000 3000-Meters Champion; Holds SLC All-Time Record in 5000-Meters (16:32.22 in 2000); Holds SLC Meet Record in 5000-Meters (16:53.52 in 2002); 2000 and 2001 Athlete of the Year; 2000, 2001 and 2002 Outstanding Track Performer; 2000 SLC Meet High Point Scorer (30); 2001 SLC Meet High Point Scorer (28)

HURDLES (100-Meter Hurdles, 400-Meter Hurdles, 3000-Meter Steeplechase):

Angela Black, Louisiana-Monroe

1988 and 1991 100-Meter Hurdles Champion; 1990 100-Meters Champion; 1990 and 1991 Long Jump Champion; 1991 Long Jump All-American; 1990 Outstanding Track Performer; 1989 (32.5) and 1990 (41) SLC Meet High Point Scorer

Brigitte Foster, Texas State

1996 100-Meter Hurdles Champion; 1998 100-Meters, 200-Meters and 100-Meter Hurdles Champion; Holds SLC Meet Record in 100-Meter Hurdles (13.19 in 1998); 1998 100-Meter Hurdles All-American; 1998 Athlete of the Year; 1998 Outstanding Track Performer; 1998 SLC Meet High Point Scorer (33)

Rebecca Johansson, Texas-Arlington

2001 and 2002 3000-Meters Steeplechase Champion

Jessica Jones, Texas-San Antonio

2008, 2009 and 2010 100-Meters Hurdle Champion

Amanda King, Lamar

2006 and 2007 3000-Meters Steeplechase Champion; Holds SLC All-Time and Meet Record in 3000-Meters Steeplechase (10:16.99 in 2007)

Katya Kostetskaya, Texas State

2005 and 2006 400-Meter Hurdles Champion; 2007 800-Meters Champion; 2005 400-Meter Hurdles All-American

Monika Klebe, Arkansas State

1986 400-Meter Hurdles Champion; 1987 100-Meter Hurdles and 400-Meter Hurdles Champion; Holds SLC All-Time Record in 400-Meter Hurdles (56.64 in 1987)

Tiana Lee, Sam Houston State

2008 and 2009 400-Meter Hurdles

Brittany Littlejohn, Northwestern State

2002 and 2003 100-Meter Hurdles Champion; Holds SLC All-Time Record in 110-Meter Hurdles (13.13 in 2003)

Erica Martensson, Texas-Arlington

2001 400-Meter Hurdles Champion; 2001 400-Meter Hurdles All-American

Janet Meaux, Texas-Arlington

1993, 1994 and 1995 100-Meter Hurdles Champion; 1993 and 1995 400-Meter Hurdles Champion

Chelsea Stephen, Stephen F. Austin

2011 and 2012 100-Meter Hurdles Champion

Jocelyn Stevens, Stephen F. Austin

2003 and 2004 400-Meter Hurdles Champion

Tiffany Talbert, Texas-San Antonio

1999 and 2000 110-Meter Hurdles Champion

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Kadi Whisnant, Nicholls State

2010 and 2011 3000-Meters Steeplechase Champion

Chante'sean White, Texas State

2012 400-Meter Hurdles Champion; Holds SLC Meet Record in 400-Meter Hurdles (57.29 in 2012)

FIELD EVENTS

JUMPS (Long Jump, Triple Jump, High Jump, Pole Vault):

Lisa Austin, Texas-Arlington

1993 and 1995 Triple Jump Champion; Holds SLC All-Time and Meet Record in Triple Jump (43-04.50 in 1993); 1993, 1994 and 1995 Triple Jump All-American

Misty Ballard-Swan, Stephen F. Austin

2001 and 2002 Pole Vault Champion

Janet Booker, Texas-San Antonio

1993 and 1994 High Jump Champion; 1995 Long Jump Champion

Jacqueline Canton, Northwestern State

2000 High Jump and Triple Jump Champion; 2000 Outstanding Field Performer

Becky Collins, Texas State

2001 and 2002 High Jump Champion; 2003 High Jump All-American

Nathalie Daniels, Texas State

1999 and 2000 Long Jump Champion; 1998 Triple Jump

Alisha Fowler, Sam Houston State

2003 and 2005 High Jump Champion

Valerie Hancock, Texas State

2007, 2008 and 2009 High Jump Champion; 2009 Heptathlon Champion; 2009 Outstanding Field Performer

Cheryl Henry, Louisiana-Monroe

1986 Long Jump, Triple Jump and 100-Meter Hurdles Champion

Elena Horn, Texas State

2011 and 2012 Pole Vault Champion; Holds SLC Meet Record and Shares SLC All-Time Record in Pole Vault (13-07.25 in 2012)

Jacque Iwuchukwu, Texas State

2004 and 2006 Triple Jump Champion

Sara Massey, Texas-Arlington

1988, 1989 and 1991 High Jump Champion; 1989 Javelin and Heptathlon Champion; 1991 Heptathlon, Javelin and 400-Meter Hurdles Champion; Holds SLC Meet Record in Javelin (173-05.00 in 1991); 1989 and 1991 Outstanding Field Performer; 1991 SLC Meet High Point Scorer (52)

Ambra McCuin, Sam Houston State

2010 and 2011 Triple Jump Champion

Marion Meyer, Texas-Arlington

1999 and 2000 Pole Vault Champion

Sandra Mondy, North Texas

1987, 1990, 1991 Triple Jump Champion

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Melissa Pundt, Texas State

2003 Pole Vault Champion; 2003 Pole Vault Champion

Kassandra Son, Texas A&M-Corpus Christi

2008, 2009, 2010 and 2012 Long Jump Champion; 2008, 2009 and 2010 Long Jump Champion; 2008 Freshman of the Year; 2009 SLC Meet High Point Scorer (29.5)

Jennie Sewell, Sam Houston State

2004, 2005 and 2007 Pole Vault Champion; Shares SLC All-Time Record in Pole Vault (13-07.25 in 2005); 2007 Pole Vault All-American

Pam Smith, Louisiana-Monroe

1987, 1988 and 1989 Long Jump Champion; 1989 and 1990 100-Meter Hurdles Champion; 1988 Triple Jump Champion; 1989 and 1990 Long Jump All-American; 1988 Outstanding Field Performer; 1987 SLC Meet High Point Scorer (30)

Stephanie Sowell, Northwestern State

2002, 2003 and 2005 Triple Jump Champion; 2003 Long Jump Champion; 2003 and 2005 Outstanding Field Performer

Caroline Wolf, Texas State

2004 High Jump Champion; 2005 High Jump All-American

Rene Woodard, Texas State

1994 Triple Jump Champion; 1994 Triple Jump All-American

THROWS (*Shot Put, Discus, Hammer Throw, Javelin*):

Janae Allen, Northwestern State

2013 Discus Champion; 2013 Discus All-American; 2013 Outstanding Field Performer

Teresa Barnes, Texas-Arlington

1991 and 1992 Discus Champion

Roshunda Betts, Sam Houston State

2005 and 2006 Javelin Champion; Holds SLC All-Time Record in Javelin (176-09 in 2005); 2006 Javelin All-American

Leslie Bourgeois, Nicholls State

2007, 2009 and 2010 Javelin Champion

Katie Bragg, Texas-San Antonio

2011 and 2012 Hammer Throw Champion; Holds SLC All-Time and Meet Record in Hammer Throw (189-10.00 in 2012)

Tiffany Bunton, Texas State

2004 Shot Put and Discus Champion; Holds SLC All-Time Record in Shot Put (55-08.50 in 2004); 2004 Shot Put All-American; 2004 Outstanding Field Performer

Kim Bush, Texas-San Antonio

1994 and 1995 Shot Put Champion

Samantha Chesson, McNeese State

1998 and 2000 Javelin Champion; 1999 Javelin All-American

Sherry Deckard, Louisiana-Monroe

1986, 1987 and 1988 Discus Champion

Ashely Dorsey, Texas-Arlington

2001 and 2002 Shot Put Champion; 2002 Shot Put All-American; 2002 Outstanding Field Performer

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Katrina Eklof, Texas State

1996 and 1997 Javelin Champion

Samantha Ford, Northwestern State

2003 Javelin Champion; 2003 Javelin All-American

Marsha French, Louisiana-Monroe & Texas-Arlington

1996 (ULM), 1999 & 2000 (UTA) Shot Put Champion; 2000 Discus Champion; Holds SLC Meet Record in Shot Put (54-11.25 in 1999)

Blake Gordon, Stephen F. Austin

2001 and 2003 Discus Champion; 2003 Shot Put Champion

Sara Gruvalt, Texas State

1998 Discus Champion; 1998 Outstanding Field Performer

Jenny Hockett, Texas-Arlington

1992 and 1993 Long Jump Champion; 1992 and 1993 Javelin Champion; 1993 Javelin All-American; 1992 Outstanding Performer; 1993 SLC Meet High Point Scorer (26.5)

Tamara Jackson, Texas State

1995, 1996 and 1997 Discus Champion

Peggy Lewis, Northwestern State

1990 and 1991 Shot Put Champion

Frednisha Marshall, Stephen F. Austin

2009 Shot Put and Hammer Throw Champion; 2010 Hammer Throw Champion

Trecey Rew, Northwestern State

2008, 2010 and 2011 Discus Champion; 2010 Shot Put Champion; Holds SLC All-Time and Meet Record in Discus (180-01.00 in 2011); 2011 Discus NCAA National Champion; 2010 and 2011 Shot Put All-American; 2011 Discus All-American; 2011 Athlete of the Year; 2010 and 2011 Outstanding Field Performer; 2010 SLC Meet High Point Scorer (26); 2011 SLC Meet High Point Scorer (26)

Marie Rusk, Stephen F. Austin

1988 and 1989 Shot Put Champion

Abby Ruston, Texas State

2007 Shot Put and Discus Champion; 2007 Shot Put All-American; 2007 Newcomer of the Year

Michelle Rzepka, McNeese State

2006 Pole Vault Champion; 2006 Pole Vault All-American

Ashlee Smith, McNeese State

2012 Discus Champion; 2012 Discus All-American; 2012 Outstanding Field Performer

Velia Smith, Texas State

1989 and 1990 Discus Champion; 1990 Outstanding Field Performer

Sarah Stultz, Texas State

2006 Discus and Hammer Throw Champion; 2006 Outstanding Field Performer

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COMBINED EVENTS (*Heptathlon*):

Ryanne Dupree, Texas-San Antonio

2004, 2005 and 2007 100-Meter Hurdles Champion; 2005 Heptathlon Champion; 2007 Long Jump and Heptathlon Champion; Holds SLC Meet Record in Heptathlon (5,593 points in 2007); 2004, 2005 and 2007 Heptathlon All-American; 2005 and 2007 Athlete of the Year; 2005 Outstanding Track Performer; 2007 Outstanding Field Performer; 2005 SLC Meet High Point Scorer (25.5); 2007 SLC Meet High Point Scorer (39.5)

Mariah Georgetown, McNeese State

2012 Heptathlon Champion; 2012 Athlete of the Year

Jennifer Hoppe, Stephen F. Austin

1999 and 2000 Heptathlon Champion; 1997 and 1999 High Jump Champion; 1999 Athlete of the Year; 1999 Outstanding Field Performer; 1999 SLC Meet High Point Scorer (24.5)

Eva Jonsson, Texas-Arlington

1995, 1996, 1997 and 1998 Heptathlon Champion; 1997 Triple Jump and 400-Meter Hurdles Champion; 1996 Heptathlon All-American; 1996 and 1997 Outstanding Field Performer

Rhonda Ray, Texas-San Antonio

2001 and 2002 Heptathlon Champion

Jennifer Robeson, Texas-Arlington

1994 Heptathlon Champion; 1996 High Jump Champion; Holds SLC Meet Record in High Jump (5-11.25 in 1996); 1994 Outstanding Field Performer

Lauri Young, Louisiana-Monroe

1985 Heptathlon NCAA National Champion; Holds All-Time SLC Record in Heptathlon (5,723 points in 1985); Holds All-Time SLC Record in High Jump (6-02.00 in 1985); 1985 Heptathlon and High Jump All-American

ALL-TIME WOMEN'S OUTDOOR TRACK & FIELD COACHES:

Curtis Collier, Sam Houston State

Three-time Southland Women's Outdoor Coach of the Year in 2005, 2006 and 2008; Program won Southland Women's Outdoor crowns in 2005, 2006 and 2008

Shawn Flanagan, Texas-San Antonio

Four-time Southland Women's Outdoor Coach of the Year in 1992, 1993, 1994 and 1996; Program won Southland Women's Outdoor crowns in 1992, 1993, 1994 and 1996

Dennis Groll, Louisiana-Monroe

Four-time Southland Women's Outdoor Coach of the Year in 1986, 1987, 1988 and 1989; Led program to four consecutive Southland Women's Outdoor Championships from 1986-89

Phil Olson, Stephen F. Austin

Six-time Southland Women's Outdoor Coach of the Year in 2003 and from 2009-2013; Program has won six Southland Women's Outdoor Championships in 2003 and from 2009-13

John Sauerhage, Texas-Arlington

Four-time Southland Women's Outdoor Coach of the Year in 1998, 1999, 2000 and 2001; Program won Southland Women's Outdoor crowns in 1998, 1999, 2000 and 2001

#SLC50



SOUTHLAND VOLLEYBALL

All-Time Honor Roll

Molli Abel, Lamar

2007 Player of the Year... 2007 All-Southland first team selection... 2007 Southland All-Tournament pick

McKenzie Adams, Texas-San Antonio

2011 All-Southland first team selection... 2011 Southland All-Tournament pick... 2011 Newcomer of the Year

Amanda Aguilera, Texas-Arlington

A two-time All-Southland first team selection (2008, 10)

Shenequa Bedford, Texas State

2000 Player of the Year... A two-time All-Southland first team selection (1999, 00)... Also a two-time Southland All-Tournament pick (1998, 99)

Jackie Bennett, Texas-Arlington

A two-time All-Southland first team selection (1987, 88)... A member of UTA's 1988 NCAA South Region finalist team

Natasha Biggers, Texas-San Antonio

A two-time All-Southland first team selection (1998, 00)... 2000 All-Tournament pick

Liz Blue, Lamar

1983 Player of the Year... 1983 All-Southland first team selection... 1983 Southland All-Tournament pick

Jessica Bowlin, Texas-Arlington

A two-time All-Southland first team selection (1997, 98)

Carol Bozikis, Texas-Arlington

2001 Newcomer of the Year... 2001 Southland All-Tournament pick... 2001 Tournament MVP

Kimberly Brewer, Texas State

A two-time All-Southland first team selection (1990, 92)... Also a two-time Southland All-Tournament pick (1990, 91)

Kaci Brewer, Lamar

2007 All-Southland first team selection... 2008 Southland All-Tournament pick... 2008 Tournament MVP

Shannon Browning, McNeese State

1992 All-Southland first team selection... 1992 and 1993 All-Tournament pick

Brittany Burton, Stephen F. Austin

2004 Player of the Year... A two-time All-Southland first team selection (2003, 04)... Also a two-time Southland All-Tournament pick (2003, 04)

Amber Calhoun, Texas State

2011 Player of the Year... A two-time All-Southland first team selection (2009, 11)... 2011 All-Tournament pick... 2011 Tournament MVP

Caley Carter, Nicholls State

2003 Player of the Year... 2003 Newcomer of the Year... 2003 All-Southland first team selection... 2003 Southland All-Tournament pick... 2003 Tournament MVP

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Veronica Carter, Lamar

A two-time All-Southland first team selection (1984, 85)... Also a two-time Southland All-Tournament pick (1984, 85)

Kim Coffey, North Texas

1995 Player of the Year... 1995 All-Southland first team selection... 1995 Southland All-Tournament pick... 1995 Tournament MVP...
1994 Newcomer of the Year

Marissa Collins, Central Arkansas

A two-time All-Southland first team selection (2010, 12)... Also a two-time Southland All-Tournament pick (2010, 12)... 2010 Freshman of the Year... 2010 and 2012 Setter of the Year

Laura Cramer, Stephen F. Austin

2005 Player of the Year... 2005 All-Southland first team selection

Jennifer Cron, Sam Houston State

1996 All-Southland first team selection... 1996 Southland All-Tournament pick... 1996 Tournament MVP

Torie Dacus, Texas-Arlington

A two-time All-Southland first team selection (2006, 07)

Meagan Daniel, Texas-San Antonio

A three-time All-Southland first team selection (2003, 04, 05)... 2003 Freshman of the Year

Amari Deardorff, Texas State

A two-time All-Southland first team selection (2010, 11)

Ana deOliveira, Texas-Arlington

1987 and 1988 Player of the Year... 1985 Newcomer of the Year... One of only two four-time All-Southland first-team selection (1985, 86, 87, 88)... Also one of only two four-time Southland All-Tournament picks (1985, 86, 87, 88)... 1987 and 1988 Tournament MVP... A member of UTA's 1988 NCAA South Region finalist team

Stacey DiFrancesco, Northwestern State

2012 All-Southland first team selection... 2011 Freshman of the Year

Leslie Dodson, Texas-San Antonio

1992 Player of the Year... 1992 All-Southland first team selection... 1992 Southland All-Tournament pick

Aubrey Duncan, Stephen F. Austin

1994 Player of the Year... A two-time All-Southland first team selection (1993, 94)... A three-time Southland All-Tournament pick (1992, 93, 94)... Southland career leader in block assists (430)

JaNel Edwards, Louisiana-Monroe

A two-time All-Southland first team selection (1984, 85)... Also a two-time Southland All-Tournament pick (1984, 85)

Lynn Edwards, Louisiana-Monroe

A two-time All-Southland first team selection (1987, 88)

Angela Eppers, McNeese State

A two-time All-Southland first team selection (2001, 02)

Colleen Farrell, Texas-Arlington

1990 All-Southland first team selection... Also a two-time Southland All-Tournament pick (1990, 92)

Anna Ferguson, Sam Houston State

A two-time All-Southland first team selection (2008, 09)

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Sheina Fernandes, Oral Roberts

2012 all-SLC first-team and all-Tournament selection

Stephanie Figgers, Stephen F. Austin

2006 Player of the Year... 2004, 2005 and 2005 Libero of the Year... A two-time All-Southland first team selection (2005, 06)... Also a two-time Southland All-Tournament pick (2004, 06)... 2006 Tournament MVP... Southland career leader in digs (2,598)... 2006 AVCA Honorable Mention All-American

Tara Frantz, Texas-Arlington

A two-time All-Southland first team selection (2009, 11)

Julie Franzen, Sam Houston State

1993 Player of the Year... A two-time All-Southland first team selection (1993, 94)... Also a two-time Southland All-Tournament pick (1993, 94)... 1993 Tournament MVP... Southland season record holder with 1,818 assists in 1994

Sarah Gascon, Southeastern Louisiana

A two-time All-Southland first team selection (2002, 04)... Also named to Southland's 50th Anniversary All-Time Softball Roster as an accomplished third baseman

Anita Greichgauer, Nicholls State

A two-time All-Southland first team selection (1996, 97)... 1997 All-Tournament pick

Jana Harless, Sam Houston State

1994 All-Southland first team selection... 1993 and 1994 All-Tournament pick

Jessica Hays, Central Arkansas

A two-time All-Southland first team selection (2010, 12)... 2012 All-Tournament pick... 2012 Tournament MVP... 2008 Freshman of the Year

Heather Hoy, Texas-Arlington

1997 Player of the Year... A three-time All-Southland first team selection (1995, 96, 97)... Also a two-time Southland All-Tournament pick (1995, 97)... 1994 Freshman of the Year

Kelsey Jewasko, Texas-San Antonio

A three-time All-Southland first team selection (2008, 10, 11)... 2008 and 2010 Libero of the Year... 2011 All-Tournament pick

Krisna Johnson, Stephen F. Austin

1996 Player of the Year... A three-time All-Southland first team selection (1994, 95, 96)... A three-time Southland All-Tournament pick (1994, 95, 96)... 1994 Tournament MVP... Southland season (729 in 1995) and career (2,107) kills leader... Career leader in total attempts (7,899)

J.J. Jones, Stephen F. Austin

A three-time All-Southland first team selection (2005, 06, 07)... 2004 Freshman of the Year... 2005 and 2006 Setter of the Year

Carli Kolbe, Sam Houston State

A three-time All-Southland first team selection (2009, 10, 11)... 2011 All-Tournament pick

Krystal Kolkhorst, Texas State

2004 All-Southland first team selection... 2004 Southland All-Tournament pick... 2004 Tournament MVP... 2004 Setter of the Year

Tamara Luckemeyer, Texas-San Antonio

1998 and 1999 Player of the Year... A two-time All-Southland first team selection (1998, 99)... Also a two-time Southland All-Tournament pick (1997, 00)... 2000 Tournament MVP

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Adrienne Meengs, Lamar

A two-time All-Southland first team selection (2007, 09)... Also a two-time Southland All-Tournament pick (2008, 09)... 2007 Setter of the Year

Carey Mefford, McNeese State

1998 All-Southland first team selection... Also a two-time Southland All-Tournament pick (1996, 98)

Krishna Neimann, Texas State

A two-time All-Southland first team selection (1993, 94)... 1994 All-Tournament pick... 1993 Newcomer of the Year

Shana Neimann, Stephen F. Austin

1999 All-Southland first team selection... 1998 and 1999 All-Tournament pick... 1996 Co-Freshman of the Year

Brooke Newbury, Stephen F. Austin

A two-time All-Southland first team selection (1995, 96)... A three-time Southland All-Tournament pick (1994, 95, 96)

Elizabeth Nwoke, Texas State

A three-time Southland All-Tournament pick (2003, 04, 05)... 2005 Tournament MVP

Amber Pack, Texas-Arlington

1999 Freshman of the Year... 2001 and 2002 Southland All-Tournament pick... 2002 Tournament MVP

Anissa Parker, McNeese State

A three-time All-Southland first team selection (1998, 99, 00)... Also a two-time Southland All-Tournament pick (1999, 00)... 1997 Newcomer of the Year

Olaya Pazo, Texas-Arlington

2002 Co-Player of the Year... 2002 All-Southland first team selection... 2002 All-Tournament pick

Lauren Railey, Stephen F. Austin

A two-time All-Southland first team selection (2007, 08)... Also a two-time Southland All-Tournament pick (2006, 07)... 2005 Freshman of the Year

Ruby Randolph, Lamar

1984 Player of the Year... A two-time All-Southland first team selection (1984, 85)... Also a two-time Southland All-Tournament pick (1984, 85)

Michelle Reid, Stephen F. Austin

A 1992 All-Southland first team selection... A three-time Southland All-Tournament pick (1990, 91, 92)

Kristy Rhodes, Stephen F. Austin

2001 Player of the Year... A three-time All-Southland first team selection (1999, 00, 01)... Also a two-time Southland All-Tournament pick (1999, 01)... 1999 Tournament MVP... 1998 Freshman of the Year

Emma Ridley, Texas A&M-Corpus Christi

A two-time All-Southland first team selection (2009, 10)... 2009 Newcomer of the Year

Traci Rohde, Stephen F. Austin

A two-time All-Southland first team selection (2006, 07)... 2007 All-Tournament pick

Nicky Rose, Texas State

1997 and 1998 Southland All-Tournament pick... 1998 Tournament MVP

Kendra Rowland, Texas-San Antonio

A two-time All-Southland first team selection (2008, 09)... 2010 All-Tournament pick... 2010 Tournament MVP

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Yolanda Royston, Sam Houston State

A two-time All-Southland first team selection (1990, 91)...1990 All-Tournament pick

Natalie Sarver, Lamar

2002 Co-Player of the Year... A two-time All-Southland first team selection (2001, 02)... Also a two-time Southland All-Tournament pick (2000, 02)

Kelsey Schwirtlich, Texas-San Antonio

A two-time All-Southland first team selection (2010, 11)... 2010 All-Tournament pick... 2011 Setter of the Year

Alicia Shaffer, Texas-Arlington

2011 All-Southland first team selection... 2011 Libero of the Year

Bruna Silva, Oral Roberts

2012 All-Southland first team selection... 2012 Southland All-Tournament pick... 2012 Libero of the Year

Caley Smith, Texas-Arlington

2001 Freshman of the Year... 2004 Southland All-Tournament pick

Chloe Smith, Central Arkansas

2008, 2009 and 2010 Player of the Year... A three-time All-Southland first team selection (2008, 09, 10)... 2010 All-Tournament pick... 2007 Freshman of the Year

Robyn Smith, Central Arkansas

A three-time All-Southland first team selection (2007, 08, 09)... 2006 Freshman of the Year... 2008 and 2009 Setter of the Year

Trina Stokes, Louisiana-Lafayette

A two-time All-Southland first team selection (1983, 86)... Southland's season (.392 in 1986) and career (.368) hitting percentage leader... Also SLC season leader in block solos (150 in 1986), block assists (223 in 1986) and total blocks (373 in 1986)

Heather Stumbaugh, Stephen F. Austin

A three-time All-Southland first team selection (1997, 98, 99)... 1997 All-Tournament pick

Shawn Sweeten, Texas-Arlington

1989 Player of the Year... A two-time All-Southland first team selection (1988, 89)... Also a two-time Southland All-Tournament pick (1988, 89)... 1989 Tournament MVP... 1987 Newcomer of the Year... A member of UTA's 1988 NCAA South Regional finalist and 1989 NCAA Volleyball Final Four teams

A.J. Watlington, Texas State

2010 All-Southland first team selection... 2007 and 2008 Southland All-Tournament pick... 2007 Tournament MVP

Amy Weigle, Texas State

A two-time All-Southland first team selection (2007, 08)... 2008 All-Tournament pick

Katie Weismiller, Texas-Arlington

1984 and 1985 Player of the Year... One of only two four-time All-Southland first-team selection (1983, 84, 85, 86)... Also one of only two four-time Southland All-Tournament picks (1983, 84, 85, 86)... 1986 Tournament MVP... Southland's career leader in service aces (266) and assists (5,769)

Deveney Wells-Gibson, Sam Houston State

2012 Player of the Year... 2012 All-Southland first team selection

Jessica Weynand, Texas State

A two-time All-Southland first team selection (2008, 09)... Also a two-time Southland All-Tournament pick (2007, 09)

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Valerie Whitfield, Texas-Arlington

1990 Player of the Year... A three-time All-Southland first team selection (1990, 91, 92)... Also a two-time Southland All-Tournament pick (1991, 92)... 1992 Tournament MVP... 1990 Newcomer of the Year

Marquita Williams, McNeese State

A two-time All-Southland first team selection (2003, 05)... 2002 Freshman of the Year

Stephanie Winn, Texas State

1991 Player of the Year... 1991 All-Southland first team selection... 1991 All-Tournament pick... 1991 Tournament MVP

All-Time Coaches (Seven)

Karen Chisum, Texas State (Southland Tenure: 1987-2011)

Four-time Southland Coach of the Year (1991, 2000, 03, 11)... Led program to five Southland regular-season championships (1991, 2000, 03, 04, 08)... Also won seven Southland Tournaments in 1991, 98, 2004, 05, 07, 09 and 11, advancing to the NCAA Tournament each time... Coached 28 All-Southland first-team players, three Players of the Year, three Newcomers of the Year and seven Tournament MVPs.

Katrinka Jo Crawford, Lamar (1982-86) and Texas-San Antonio (1996-2001)

Three-time Southland Coach of the Year in 1983 (Lamar), and in 1996 and 1999 (Texas-San Antonio)... Led Texas-San Antonio to 1996 Southland championship... Also won Southland Tournaments in 1983 and 1984 (Lamar) and 2000 (Texas-San Antonio)... Honored posthumously as the namesake of Southland's annual Coach of the Year Award... Coached 13 All-Southland first-team players, four Players of the Year, two Freshmen of the Year and three Newcomers of the Year.

Cathy George, Texas-Arlington (1989-93)

Three-time Southland Coach of the Year (1989, 90, 92)... Led UTA to Southland regular-season championships in 1989, 1990 and 1992... Also led program to SLC Tournament titles in 1989, 90, 92... Maintained UTA's national standing with a trip to the 1989 NCAA Volleyball Final Four in Honolulu, the only time a Southland team has advanced that far in postseason... Coached nine first-team All-Southland players, two Players of the Year, and three Tournament MVPs.

Brenda Gray, Sam Houston State (1987-Current)

Three-time Southland Coach of the Year (1987, 93, 2012)... Led Sam Houston to 1993 and 2012 Southland championships... Program also won the 1993 and 1996 Southland Tournaments, advancing to the NCAA Tournament each time... Has coached 23 first-team All-Southland players, two Players of the Year and a pair of Tournament MVPs.

Debbie Humphreys, Stephen F. Austin (1988-Current)

Four-time Southland Coach of the Year (1992, 94, 2004, 06)... Led SFA to seven Southland regular-season championships (1994, 95, 96, 2004, 05, 06, 07)... Program has also won four Southland Tournament titles (1994, 97, 99, 2006)... Her 2006 team defeated Alabama in the NCAA Tournament first round... Led team to a record 62 consecutive Southland wins between the 2004-2007 seasons... Has coached 31 first-team All-Southland selections, six Players of the Year, five Freshmen of the Year, four Liberos of the Year, and four Tournament MVPs.

Lisa Love, Texas-Arlington (1982-88)

Six-time Southland Coach of the Year (1982, 84, 85, 86, 87, 88)... Led UTA to the first seven Southland Conference regular-season championships (1982-88)... Also won five Southland Tournament crowns (1982, 85, 86, 87, 88)... Was undefeated in Southland Conference regular-season play during her tenure (40-0)... Built program into nationally-ranked contender that advanced to 1988 NCAA South Region championship game... Also led UTA to NCAA Tournament wins in 1986 vs. Texas State, and in 1987 against Arizona State... Coached 15 first-team All-Southland selections, four Players of the Year, three Newcomers of the Year and three Tournament MVPs.

Steven McRoberts, Central Arkansas (2006-10)

Three-time Southland Coach of the Year (2008, 09, 10)... Led program to 2009 and 2010 regular-season championships... His overall .734 winning percentage (122-74) is the best for any Southland coach with at least 100 victories.... Coached nine first-team All-Southland selections, three Players of the Year, four Freshmen of the Year and three Setters of the Year.

#SLC50