Southland Conference 2015 Indoor Track and Field Championship Meet Schedule

Awards presented immediately after completion of each event

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Sunday, February 15				Tuesday, February 17			
6:00 p.m. – 9:00 p.m. Warm-up)	7:00 a.m.	Facility available for warm-up		
6:00 p.m. Coaches Meeting				HEPTATHLON			
Monday, February 16				8:30 a.m.	60M Hurdles		Men
7:00 a.m. Facility available for warm-up			~9:35 a.m.	Pole Vault		Men	
7.00 d.m. Tacinty available for warm-up			пир	~1:00 p.m.	1000M		Men
HEPTATHLON / PENTATHLON				FIELD EVENTS			
8:30 a.m.	60M Hurdles		Women				1
8:50 a.m.	60M Dash		Men	11:00 a.m.	Triple Jump	Women	Finals
~9:30 a.m.	High Jump		Women	11:00 a.m.	35-lb Weight	Men	Finals
~9:50 a.m.	Long Jump		Men	1:00 p.m.	Triple Jump	Men	Finals
~10:55 a.m.	Shot Put		Men	1:00 p.m.	Pole Vault	Women	Finals
~12:00 p.m.	Shot Put		Women	2:00 p.m.	Shot Put	Women	Finals
~12:00 p.m.	High Jump		Men	2:00 p.m.	High Jump	Women	Finals
~1:05 p.m.	Long Jump		Women				
~2:15 p.m.	800M		Women	RUNNING EVENTS			
				11:45 a.m.	Opening Ceremo		T: 1
FIELD EV				12:00 p.m.	60M Hurdles	Women	Finals
1:00 p.m.	20-lb Weight	Women	Finals	12:10 p.m.	60M Hurdles	Men	Finals
3:00 p.m.	Pole Vault	Men	Finals	12:20 p.m.	60M	Women	Finals
4:30 p.m.	Long Jump	Women	Finals	12:30 p.m.	60M	Men	Finals
6:00 p.m.	Shot Put	Men	Finals	1:15 p.m.	Mile	Women	Finals
6:00 p.m.	High Jump	Men	Finals	1:30 p.m.	Mile	Men	Finals
6:30 p.m.	Long Jump	Men	Finals	1:45 p.m.	400M	Women	Finals
				2:00 p.m.	400M	Men	Finals
RUNNING EVENTS				2:15 p.m.	800M	Women	Finals
3:00 p.m.	60M Hurdles	Women	Trials	2:30 p.m.	800M	Men	Finals
3:20 p.m.	60M Hurdles	Men	Trials	2:45 p.m.	200M	Women	Finals
3:40 p.m.	60M Dash	Women	Trials	2:55 p.m.	200M	Men	Finals
4:00 p.m.	60M Dash	Men	Trials	3:05 p.m.	3000M	Women	Finals
4:45 p.m.	Mile	Women	Trials	3:35 p.m.	3000M	Men	Finals
5:05 p.m.	Mile	Men	Trials	4:05 p.m.	1600M Relay	Women	Finals
5:30 p.m.	400M	Women	Trials	4:35 p.m.	1600M Relay	Men	Finals
6:00 p.m.	400M	Men	Trials	5:00 p.m.	Awards Ceremo	U	
6:30 p.m.	800M	Women	Trials		High Point Athletes/Team Champions		
6:50 p.m.	800M	Men	Trials				
7:15 p.m.	200M	Women	Trials				
7:45 p.m.	200M	Men	Trials				
8:15 p.m.	5000M	Women	Finals				
8:40 p.m.	5000M	Men	Finals				
9:00 p.m.	DMR	Women	Finals				
9:20 p.m.	DMR	Men	Finals				