

Southland Conference

2015 Indoor Track and Field Championship

Meet Schedule

Awards presented immediately after completion of each event

Sunday, February 15				Tuesday, February 17			
6:00 p.m. – 9:00 p.m.		Warm-up		7:00 a.m.		Facility available for warm-up	
6:00 p.m.		Coaches Meeting					
Monday, February 16							
7:00 a.m.		Facility available for warm-up					
HEPTATHLON / PENTATHLON							
8:30 a.m.	60M Hurdles	Women					
8:50 a.m.	60M Dash	Men					
~9:30 a.m.	High Jump	Women					
~9:50 a.m.	Long Jump	Men					
~10:55 a.m.	Shot Put	Men					
~12:00 p.m.	Shot Put	Women					
~12:00 p.m.	High Jump	Men					
~1:05 p.m.	Long Jump	Women					
~2:15 p.m.	800M	Women					
FIELD EVENTS							
1:00 p.m.	20-lb Weight	Women	Finals				
3:00 p.m.	Pole Vault	Men	Finals				
4:30 p.m.	Long Jump	Women	Finals				
6:00 p.m.	Shot Put	Men	Finals				
6:00 p.m.	High Jump	Men	Finals				
6:30 p.m.	Long Jump	Men	Finals				
RUNNING EVENTS							
3:00 p.m.	60M Hurdles	Women	Trials				
3:20 p.m.	60M Hurdles	Men	Trials				
3:40 p.m.	60M Dash	Women	Trials				
4:00 p.m.	60M Dash	Men	Trials				
4:45 p.m.	Mile	Women	Trials				
5:05 p.m.	Mile	Men	Trials				
5:30 p.m.	400M	Women	Trials				
6:00 p.m.	400M	Men	Trials				
6:30 p.m.	800M	Women	Trials				
6:50 p.m.	800M	Men	Trials				
7:15 p.m.	200M	Women	Trials				
7:45 p.m.	200M	Men	Trials				
8:15 p.m.	5000M	Women	Finals				
8:40 p.m.	5000M	Men	Finals				
9:00 p.m.	DMR	Women	Finals				
9:20 p.m.	DMR	Men	Finals				