



2009-10 Commissioner's Cup and All-Sports Standings

The Commissioner's Cup is awarded to the university compiling the highest combined total of men's and women's all-sports points.

Final Standings

Commissioner's Cup

	Men	Women	Total
Stephen F. Austin	71.5	86.5	158.0
UTSA	61.5	67.5	129.0
Texas State	48.5	80.5	129.0
UT Arlington	57.5	67.0	124.5
Sam Houston State	52.0	68.0	120.0
McNeese State	50.0	51.5	101.5
Lamar	48.5	52.5	101.0
Southeastern Louisiana	65.5	35.0	100.5
A&M-Corpus Christi	34.5	57.0	91.5
Northwestern State	32.0	44.0	76.0
Nicholls	29.0	33.5	62.5
Central Arkansas	18.0	34.5	52.5

Men's All-Sports Standings

	Cross Country	Football	Indoor Track	Basketball	Tennis	Golf	Outdoor Track	Baseball	Total
Stephen F. Austin	9.0	11.5	11.0	11.0	—	9.0	11.0	9.0	71.5
Southeastern La.	7.0	9.0	8.0	9.5	—	12.0	10.0	10.0	65.5
UTSA	10.0	—	12.0	7.5	10.0	6.0	12.0	4.0	61.5
UT Arlington	6.0	—	9.0	6.0	11.5	8.0	9.0	8.0	57.5
Sam Houston State	5.0	8.0	10.0	12.0	—	10.0	4.0	3.0	52.0
McNeese State	11.0	11.5	6.0	3.0	—	4.0	8.0	6.5	50.0
Lamar	12.0	—	7.0	3.0	7.0	7.0	6.0	6.5	48.5
Texas State	4.0	10.0	5.0	7.5	—	5.0	5.0	12.0	48.5
A&M-Corpus Christi	8.0	—	2.0	9.5	11.5	—	2.0	1.5	34.5
Northwestern State	2.0	5.0	4.0	3.0	—	—	7.0	11.0	32.0
Nicholls	1.0	6.5	—	5.0	8.5	3.0	—	5.0	29.0
Central Arkansas	3.0	6.5	3.0	1.0	—	***	3.0	1.5	18.0

The Southland Conference Men's All-Sports Trophy shall be awarded annually for men's competition based on a twelve (12) point system for all Conference sports. Point values shall be 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1 pending place of finish. Points shall be awarded regardless of the number of teams competing in the championship.

Women's All-Sports Standings

	Cross Country	Soccer	Volleyball	Indoor Track	Basketball	Golf	Tennis	Softball	Outdoor Track	Total
Stephen F. Austin	11.0	10.0	9.0	12.0	11.5	5.0	4.5	11.5	12.0	86.5
Texas State	5.0	12.0	11.0	7.0	2.5	12.0	9.5	11.5	10.0	80.5
Sam Houston State	4.0	8.5	10.0	9.0	6.0	10.5	8.0	4.5	7.5	68.0
UTSA	9.0	8.5	6.0	10.0	8.0	9.0	2.0	6.0	9.0	67.5
UT Arlington	10.0	—	7.0	11.0	7.0	—	11.0	10.0	11.0	67.0
A&M-Corpus Christi	12.0	—	1.5	5.0	10.0	8.0	7.0	7.5	6.0	57.0
Lamar	6.5	5.0	8.0	4.0	11.5	6.0	9.5	—	2.0	52.5
McNeese State	8.0	7.0	3.5	6.0	2.5	7.0	4.5	9.0	4.0	51.5
Northwestern State	1.0	6.0	1.5	8.0	5.0	—	12.0	3.0	7.5	44.0
Southeastern La.	3.0	11.0	3.5	2.0	4.0	—	4.5	2.0	5.0	35.0
Central Arkansas	2.0	4.0	12.0	1.0	9.0	***	1.0	4.5	1.0	34.5
Nicholls	6.5	3.0	5.0	3.0	1.0	—	4.5	7.5	3.0	33.5

The Southland Conference Women's All-Sports Trophy shall be awarded annually for women's competition based on a twelve (12) point system for all Conference sports. Point values shall be 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1 pending place of finish. Points shall be awarded regardless of the number of teams competing in the championship.

*** Central Arkansas did not score points in men's and women's golf due to championships ineligibility.