

2005-06 Southland Conference Men's All-Sports Standings

	Cross Country	I-AA Football	Indoor Track	Basketball	Golf	Tennis	Baseball	Outdoor Track	Total
Texas-San Antonio	5	---	11	3.5	10	8	9.5	10	57.0
Sam Houston State	10	6.5	10	10	6	---	3	11	56.5
Texas-Arlington	7	---	8	5	7.5	10	7	9	53.5
Southeastern La.	4	6.5	5	9	7.5	10	5	6	53.0
McNeese State	9	8.5	6	7	4	---	11	5	50.5
Stephen F. Austin	11	5	9	7	5	---	2	8	47.0
Lamar	6	---	2	7	11	6	8	2	42.0
Texas State	8	10.5	3	1	2	---	9.5	7	41.0
Northwestern State	3	8.5	7	11	---	---	6	4	39.5
Louisiana-Monroe	2	---	4	3.5	9	---	4	3	25.5
Nicholls State	1	10.5	---	2	3	7	1	---	24.5

The Southland Conference Men's All-Sports Trophy shall be awarded annually for men's competition based on an eleven (11) point system for all Conference sports. Point values shall be 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1 pending place of finish. Points shall be awarded regardless of the number of teams competing in the championship.

2005-06 Southland Conference Women's All-Sports Standings

	Cross Country	Soccer	Volleyball	Indoor Track	Basketball	Golf	Tennis	Softball	Outdoor Track	Total
Texas State	6	9	8.5	9	7.5	10	5	10	10	75.0
Sam Houston State	8	8	10	10	2.5	7	7.5	5	11	69.0
Stephen F. Austin	10	11	11	11	11	---	2	3	9	68.0
Texas-San Antonio	7	---	8.5	7	9	6	7.5	11	8	64.0
Texas-Arlington	9	---	3	6	10	---	10	9	7	54.0
Lamar	11	---	4	8	4	11	7.5	---	6	51.5
Louisiana-Monroe	4	7	5	4	7.5	8.5	7.5	4	3	50.5
McNeese State	2	6	7	2	5	8.5	4	8	2	44.5
Northwestern State	5	10	6	5	2.5	---	3	7	5	43.5
Southeastern La.	3	5	2	3	6	---	11	2	4	36.0
Nicholls State	1	4	1	1	1	5	1	6	1	21.0

The Southland Conference Women's All-Sports Trophy shall be awarded annually for women's competition based on an eleven (11) point system for all Conference sports. Point values shall be 11, 10, 9, 8, 7, 6, 5, 4, 3, 2 and 1 pending place of finish. Points shall be awarded regardless of the number of teams competing in the championship.

Commissioner's Cup

	Men	Women	Total
Sam Houston State	56.5	69.0	125.5
Texas-San Antonio	57.0	64.0	121.0
Texas State	41.0	75.0	116.0
Stephen F. Austin	47.0	68.0	115.0
Texas-Arlington	53.5	54.0	107.5
McNeese State	50.5	44.5	95.0
Lamar	42.0	51.5	93.5
Southeastern Louisiana	53.0	36.0	89.0
Northwestern State	39.5	43.5	83.0
Louisiana-Monroe	25.5	50.5	76.0
Nicholls State	24.5	21.0	45.5



The Commissioner's Cup is awarded to the university compiling the highest combined total of men's and women's all-sports points.