The University

Founded in 1893, Southern Connecticut State University is in the midst of a $230 million building program. Southern comprises six academic schools: the School of Arts and Sciences; the School of Business; the School of Education; the School of Communication, Information and Library Science; the School of Professional Studies; and the School of Graduate Studies and Continuing Education.

The key to Southern’s academic excellence is its faculty. In addition, the University has developed outstanding facilities including an extensive library, science center, and a new student center and residence hall.

Though committed to academics, Southern recognizes the lasting value of informal extracurricular activities for its students. By balancing solid classroom learning with a variety of clubs, sports and interest groups, Southern helps students grow to meet the social, intellectual, cultural and moral demands of the modern world.

Southern Connecticut State University

Fight Song

Look now, here come the Owls, fighting for the White and Blue. Here come the fighting Owls, our team is tried and true. Victory is at hand, on the field we will make our stand. Raise a cheer for all to hear, go SCSU!

2010 Media Guide
The 2010 Southern Connecticut State University Volleyball Media Guide is produced as a source of information for the media. Supplementary materials can be obtained either on the Web at www.southernctowls.com or by contacting the athletic communications office.

Working Press Credentials
Press and photograph credentials are issued to members of the working media only. These credentials can be obtained from Michael Kobylanski, associate director of athletics/communications. Passes should be requested no later than 24 hours prior to a contest to ensure space availability.

Media Parking
All members of the media should plan to arrive at least 30 minutes before the scheduled start time to ensure parking availability. There is reserved parking available for members of the media located in close proximity to Pelz Gymnasium.

Press Box Facilities/Services
Per NCAA regulations, only credentialed members of the media, coaches, league officials and designated administrators are allowed into the press area at Pelz Gymnasium. All members of the working media will be provided with extensive game notes, statistics and rosters approximately 90 minutes before each contest. Statistics will be provided at the conclusion of each match.

Post-Game Interviews
Interviews with SCSU student-athletes and head coach Lisa Barbaro will take place in Pelz Gymnasium following a 10-minute cooling-off period. The SCSU locker room is closed to the media for both home and road games. A member of the athletic communications staff can assist you with the interview process. Interviews with opposing players must be arranged with the opposing team’s SID. Reporters can file from the athletic communications office following the conclusion of competition.

Interview Policies
Interview requests are coordinated through the athletic communications office. Requests must be made at least one day in advance to allow the player/coach to be properly notified. At no time will the player’s dormitory telephone number be released to the media. However, if a telephone interview is necessary, arrangements can be made for the student-athlete to contact that member of the media. The preferred interview time to request head coach Lisa Barbaro is from 9 a.m.-noon during the season.

Practice Coverage
The Southern Connecticut State University volleyball team practices at set times during the fall semester. All student-athletes and coaches are available for interviews prior to, or following, practice with proper notification to the athletic communications office. Interviews are not granted on game days unless there are extenuating circumstances.

www.southernctowls.com
Southern Connecticut State University volleyball information is available on the Internet via www.southernctowls.com. Schedules/results, rosters, game notes and game stories are available, along with information about Southern Connecticut State University’s 18 other varsity sports.

SCSU Athletic Communications

Michael Kobylanski
Associate Director of Athletics/Communications
Office Phone: 203-392-6005
Cell Phone: 203-623-2115
Office Fax: 203-392-6967
E-mail: kobylanskim1@southernct.edu

Ashley Deegan
Assistant
Office Phone: 203-392-6004
E-mail: adeegan24@gmail.com

TBD (Volleyball Contact)
Assistant
Office Phone: 203-392-6004
MEDIA OUTLETS

New Haven Register
40 Sargent Drive
New Haven, CT 06511-5918
Phone: 203-789-5657
Fax: 203-789-5253
Sports Editor: Sean Barker
College Sports Editor: Bill Cloutier
E-mail: bcloutier@nhregister.com

Connecticut Post
410 State Street
Bridgeport, CT 06604
Phone: 203-330-6210
Fax: 203-334-6935
Sports Editor: Gary Rogo
E-mail: grogo@ctpost.com

Hartford Courant
285 Broad Street
Hartford, CT 06115
Phone: 800-524-4242, ext. 6764
Fax: 860-241-6600
College Sports Writer: Tom Yantz
E-mail: tyantz@courant.com

The Associated Press (Hartford)
55 Farmington Ave., Suite 402
Hartford, CT 06105
Phone: 860-246-6876
Fax: 860-727-4003

The Boston Globe
135 Morrissey Blvd.
Boston, MA 02107
Phone: 800-232-2860
Fax: 617-929-2670

Boston Herald
One Herald Square
Boston, MA 02106
Phone: 800-234-5680
Fax: 617-619-6655

The Waterbury Republican-American
389 Meadow Street
Waterbury, CT 06722
Phone: 800-992-3232, ext. 355
Fax: 203-596-9277
Sports: Mark Jaffee

Elm City Newspapers
349 New Haven Avenue
Milford, CT 06460
Phone: 203-876-6800
Fax: 203-877-4772
Sports Editor: Vinnie Salzo

Shore Line Newspapers
85 Wall Street, P.O. Box 608
Madison, CT 06443
Phone: 203-245-0839
Fax: 203-245-9437

Record-Journal
11 Crown Street
Meriden, CT 06450
Phone: 203-317-2206
Fax: 203-639-0210
Sports Editor: Bryant Carpenter

Broadcast Media

WTNH-8 (ABC)
Noah Finz
8 Elm Street
New Haven, CT 06510
Phone: 203-784-8842
Fax: 203-787-9698

WTIC-TV 61 (FOX)
Rich Coppola
One Corporate Center
Hartford, CT 06103
Phone: 800-788-0852
Fax: 860-293-0178

WVIT-TV 30 (NBC)
Kevin Nathan
1422 New Britain Ave.
West Hartford, CT 06110
Phone: 860-521-8619
Fax: 860-521-4860

WFSB-TV 3 (CBS)
Joe Zone
3 Constitution Plaza
Hartford, CT 06103
Phone: 860-244-1708
Fax: 860-728-0263
The Southern Connecticut State University volleyball and softball programs continue to reach unprecedented heights under the guidance of head coach Lisa Barbaro, who enters her seventh season at the helm of both programs.

The volleyball team has improved on its overall win total in each of Barbaro’s previous six campaigns, including a 26-win season in 2009 that was the program’s highest single season victory total in 25 years. SCSU has totaled 50 wins in the past two seasons, including a 24-win mark in 2008.

In addition to the strong progress with the volleyball program, Barbaro has transformed the Owls’ softball team into one of the best in the region. SCSU won a program-record 42 games in 2010 and captured the Northeast-10 Conference Tournament title in the process.

On the volleyball court this fall, Barbaro will look to build off an outstanding campaign from 2009. The Owls return several talented veterans, including All-Rookie Team selection Vanessa Sullivan.

The 2009 squad posted numerous milestone victories during the course of the year and finished with a 26-10 mark. The Owls defeated Bentley in a five-games thriller at Pelz Gym during the regular season and then, in their first-ever Northeast-10 Conference Tournament appearance, bested regular season champion New Haven in five games in the quarterfinals.

In addition, seniors Jenna Tammel and Marcia Hollingsworth received two honors for their work on the court and in the classroom, as both were Academic All-District selections by the College Sports Information Directors of America and members of the Northeast-10 Conference Volleyball All-Academic Team.

The softball team reached the NCAA Tournament for the third time in the past four years in 2010. In the process, the Owls captured their first-ever NCAA Tournament wins and reached the East Regional finals. The team had five players earn All-Region laurels, while senior catcher Khristle Lee was honored as a Academic All-District selection by the College Sports Information Directors of America and a Northeast-10 Conference Softball All-Academic Team honoree.

The 2008 volleyball squad posted one of the best single-season turnarounds in the nation, winning 13 more matches than the year prior. SCSU finished with 24 wins and recorded a .500 mark in league play, just missing out on the league tournament.

Under Barbaro’s guidance, the Owls continue to excel in all facets of the student-athlete experience. Over the course of the past four years, a total of 57 student-athletes coached by Barbaro - including 29 from the volleyball team - have been recognized as selections to the Northeast-10 Conference Commissioners’ Honor Roll.

Both programs are also actively involved in numerous community service projects. During the 2009-10 academic year, the Owls took part in the ‘Paws to Read’ program with local schools, assisted with local Special Olympics competition, raised money and donated toys during the holiday season to St. Jude Children’s Hospital and instructed nearly 200 local youngsters at ‘Girls and Women in Sport’ Day.

On the softball diamond, Barbaro has built that program into an annual contender for the Northeast-10 title and for NCAA Tournament action. The team has registered at least 22 victories in each of the previous six seasons.

The softball team has also excelled academically over the past three years, including seven Northeast-10 Softball All-Academic Team picks and 28 Northeast-10 Conference Commissioner’s Honor Roll selections.

Barbaro was a member of the Owls’ volleyball program for two years (2000-01) and earned a bachelor’s degree in marketing.

After graduation, Barbaro coached volleyball at Branford High, helping the Hornets to a 34-12 record over two seasons and consecutive Southern Connecticut Conference Hammonassett Division championships. In 2003, Branford had a 21-4 record and advanced to the state semifinals for the first time in 13 seasons.

As a scholastic athlete at The Morgan School in Clinton, Conn., Barbaro played volleyball, basketball and softball on six state championship teams, including titles in all three sports in 1995-96. She was a First-Team All-Conference selection in all three sports and earned All-State recognition in the three sports. Barbaro is a former two-time New Haven Register Athlete of the Year. In 2005, Barbaro was inducted into the Connecticut Women’s Volleyball Hall of Fame in the high school player category.

She currently resides in Branford, Conn.
Paul Raccio is an assistant coach with the Southern Connecticut State University softball and volleyball programs. He is in his seventh season with the softball program and his third year with the volleyball team.

In this role, he assists with academic monitoring and student-athlete development for both squads, along with fundraising and community outreach efforts. He also handles recruiting and on-field instruction pertaining to the softball program.

Raccio has amassed significant administrative and coaching experience at a variety of levels.

He spent six years as Athletic Director at Hyde Leadership School (New Haven, Conn.) from 1998-2004. In this role, he directed and facilitated all areas of 10 interscholastic programs.

In all, Raccio’s association with Hyde began in 1994, when he created the school’s baseball program. His teams qualified for the Connecticut state tournament on five occasions. Four players were awarded college scholarships, while one was selected in the Major League Baseball draft.

Raccio also served in several other roles during his time at Hyde, including varsity football assistant coach, dean’s assistant and PM program coordinator.

From the coaching standpoint, he has gained additional experience with several different programs. Since 2000, he has been a head coach with the Connecticut Bombers AAU baseball program. During that time as coach of the 14U and 16U teams, he has led the Bombers to seven state championships.

Raccio also served as an assistant coach with the Hamden Post 88 American Legion baseball program from 1997-2001, where he was instrumental in the team’s turnaround into an annual contender for the league title.

Raccio earned his bachelor’s degree from the University of Connecticut and is currently pursuing a master’s degree at Southern Connecticut State.

He currently resides in Hamden, Conn.

Former Owl Marcia Hollingsworth is in her first season as an assistant coach with the Owls. She played an integral role in the program’s recent resurgence that included 50 victories over the course of the past two seasons.

One of the Northeast-10’s best at the net in her career, Hollingsworth led the Owls in hitting percentage (.289) and blocks (71) in 2009. Appearing in 35 matches as a senior, she averaged 1.95 kills per set and chipped in with 11 service aces and nine assists. Hollingsworth had seven kills and two blocks in the Owls’ first-ever Northeast-10 Conference Tournament victory – a five-set win over top-seeded New Haven.

Academically, Hollingsworth was an Academic All-District honoree as voted upon by the College Sports Information Directors of America (CoSIDA) as well as a Northeast-10 Volleyball All-Academic Team selection. She was a two-time recipient of the Division II Athletic Directors’ Association Academic Achievement Award and a member of the Northeast-10 Conference Commissioner’s Honor Roll on multiple occasions.
# 2010 Southern Connecticut State University Volleyball Roster

<table>
<thead>
<tr>
<th>No.</th>
<th>Name</th>
<th>Cl.</th>
<th>Pos.</th>
<th>Ht.</th>
<th>Hometown/High School/Previous School</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Robin Priest</td>
<td>Sr.</td>
<td>L/DS</td>
<td>5-5</td>
<td>Cheshire, Conn./Cheshire</td>
</tr>
<tr>
<td>2</td>
<td>Megan Lyons</td>
<td>Jr.</td>
<td>OH</td>
<td>5-7</td>
<td>Cold Spring, N.Y./Haldane</td>
</tr>
<tr>
<td>4</td>
<td>Megan Hiss</td>
<td>Jr.</td>
<td>RS/OH</td>
<td>5-11</td>
<td>Trinidad, Colo./Hoehne/Adams State College</td>
</tr>
<tr>
<td>5</td>
<td>Jessica Susara</td>
<td>So.</td>
<td>OH</td>
<td>5-9</td>
<td>Danielson, Conn./Woodford County (Ky.)/Eastern Kentucky</td>
</tr>
<tr>
<td>7</td>
<td>Syriah Celestine</td>
<td>So.</td>
<td>MB/OH</td>
<td>5-9</td>
<td>Greenlawn, N.Y./Harborfields</td>
</tr>
<tr>
<td>8</td>
<td>Danielle Dean</td>
<td>Fr.</td>
<td>DS/L</td>
<td>5-7</td>
<td>Gilford, N.H./Gilford</td>
</tr>
<tr>
<td>9</td>
<td>Vanessa Sullivan</td>
<td>So.</td>
<td>L</td>
<td>5-5</td>
<td>Paramus, N.J./Paramus</td>
</tr>
<tr>
<td>10</td>
<td>Kimberly Lachowicz</td>
<td>So.</td>
<td>S</td>
<td>5-9</td>
<td>Mansfield, Texas/Mansfield</td>
</tr>
<tr>
<td>12</td>
<td>Lauren McVey</td>
<td>Fr.</td>
<td>OH</td>
<td>5-10</td>
<td>Baldwinsville, N.Y./C.W. Baker</td>
</tr>
<tr>
<td>14</td>
<td>Clayon Wilson</td>
<td>Fr.</td>
<td>MB/RS</td>
<td>5-8</td>
<td>Homestead, Fla./Princeton Christian School</td>
</tr>
<tr>
<td>16</td>
<td>Broghan Miller</td>
<td>Sr.</td>
<td>RS/S</td>
<td>5-9</td>
<td>West Hartford, Conn./Hall/Rutgers</td>
</tr>
<tr>
<td>17</td>
<td>Sarah Beres</td>
<td>Fr.</td>
<td>MB/OH</td>
<td>6-2</td>
<td>Ellington, Conn./Ellington</td>
</tr>
<tr>
<td>18</td>
<td>Clare Donnelly</td>
<td>Fr.</td>
<td>MB/RS</td>
<td>5-11</td>
<td>Bronx, N.Y./Preston</td>
</tr>
</tbody>
</table>

Head Coach: Lisa Barbaro

Assistant Coaches: Paul Raccio, Marcia Hollingsworth
The Southern Connecticut State University volleyball team has set a high standard of excellence over the course of the past two seasons. The Owls have claimed 50 victories during that stretch, including the program’s first-ever appearance and victory in the Northeast-10 Conference Tournament.

However, this year’s club will look to take the next step forward - a berth in the NCAA Tournament - despite the fact that the Owls return just six student-athletes from last year’s squad.

“I am looking for our returning student-athletes to set the tone for our talented group of newcomers this year,” said head coach Lisa Barbaro. “The six returners have all played a role in the success that we have enjoyed over the past two years. We will need their leadership in order to smoothen the learning curve for our new student-athletes and ensure continued success for our program both on and off the court.”

Broghan Miller and Robin Priest are the lone seniors on this year’s squad. Miller, a two-year starter for the Owls, has provided a spark both at the net and as an outside hitter. Priest, a four-year member of the squad, has excelled as one of the team’s defensive specialists and will fill her usual role again this fall.

Junior Megan Lyons enjoyed a breakout campaign in 2009 in which she developed into a strong presence as an outside hitter. She figures to play a prominent role in the Owls’ offense.

Sophomore Kimberly Lachowicz returns as the team’s primary setter after a stellar rookie campaign in which she led the team and ranked among the league leaders in assists.

Classmate Vanessa Sullivan, selected to the NE-10 All-Rookie Team in 2009, made an immediate impact last year as a defensive specialists. She paced the Owls and was also near the top of the conference in digs.

Syriah Celestine also saw time for the Owls during her freshman season and will have an increased role this fall.

Joining the Owls in 2010 are nine student-athletes. The veteran of the group is junior Megan Hiss, who was a member of the squad at fellow Division II program Adams State (Colo.) College for the past two years.

Freshmen Sarah Beres, Danielle Dean, Clare Donnelly, Lauren McVey and Clayon Wilson were all decorated scholastic student-athletes who will look to jump right into the rotation this fall. Sophomore Jessica Susara will also look to contribute for the Owls.
BROGHAN MILLER
Senior • 5-9
Right Side/ Setter
West Hartford, Conn. Rutger Univ.

2010 Honors Candidate
2008, 2009 and 2010 Northeast-10 Conference Commissioner's Honor Roll selection

As a Junior in 2009:
Northeast-10 Conference Commissioner’s Honor Roll selection…Played in 109 games for the Owls…Recorded 192 kills and 264 digs…Tallied eight kills and five digs at Saint Michael’s on 9/2…Scored her first double-double of the year with 11 kills and 20 digs against C.W. Post on 9/5…Recorded 12 kills and nine digs against Bentley on 9/9…Tallied 16 kills and eight digs against Georgian Court on 9/19…Amassed seven kills and 10 digs at Adelphi on 9/23…Recorded seven kills and six digs at Le Moyne on 9/26…Tallied eight kills and seven digs against AIC on 9/29…Amassed eight kills and nine digs at Southern New Hampshire on 10/2…Recorded 15 digs against New Haven on 10/6…Tallied 16 digs against Saint Rose on 10/10…Amassed nine kills and 14 digs against Bridgeport on 10/10…Recorded 12 digs at Merrimack on 10/16…Notched her second double-double with 12 kills and 16 digs against UMass-Lowell on 10/17…Recorded six digs at Assumption on 10/21…Tallied eight kills and seven digs against Philadelphia on 10/24…Amassed nine kills and 18 digs against Pace on 10/27…Recorded 16 digs at Stonehill on 10/29…Tallied nine kills and eight digs against Wilmington University on 10/31…Recorded six kills and six digs against Holy Family on 11/7…Amassed six kills against Felician on 11/7…Tallied six kills and 13 digs against New Haven on 11/13…Recorded nine digs against UMass-Lowell on 11/14.

As a Sophomore in 2008: (at Rutgers)
Appeared in 30 games for the Scarlet Knights…Tallied 15 kills…Registered a .058 hitting percentage.

Before College:
Was a four-sport athlete at Hall High School and Corona Del Mar High School…Three-time All-State pick…Named MVP of the Senior All-Star game in Connecticut…Played on the Husky Volleyball 18’s HP team for three years…Also played for the Orange County Volleyball Club.

Personal:
The daughter of Adri Miller-Heckman and James Heckman…An international business major.

Career Highs
Kills: 16, twice
Assists: 9, vs. C.W. Post, 9/5/09
Aces: 6, vs. Nyack, 9/9/08
Digs: 20, vs. C.W. Post, 9/5/09
Blocks: 10, at Merrimack, 10/16/09

2010 Southern Connecticut State University Volleyball Media Guide
ROBIN PRIEST
Senior • 5-5
Libero/
Defensive Specialist
Cheshire, Conn.
Cheshire

2008, 2009 and 2010 Northeast-10 Conference Commissioner’s Honor Roll selection

As a Junior in 2009:
Northeast-10 Conference Commissioner’s Honor Roll selection...Played in 52 games for the Owls...Recorded 73 digs...Tallied four digs against NYIT on 8/27...Amassed six digs against Concordia on 8/27...Recorded four digs against Dominican on 8/30...Tallied six digs against Molloy on 9/4...Amassed 14 digs at Nyack College on 9/11...Tallied four digs against USP on 9/12...Recorded nine digs against Post on 9/17...Tallied nine digs at Felician on 11/7.

As a Sophomore in 2008:
Named to the Northeast-10 Conference Commissioner’s Honor Roll...Played in 37 matches for the Owls...Ranked second on the team in digs (263), fourth in service aces (23) and fourth in assists (19)...Recorded 10 digs and matched a career-high three service aces against New York Institute of Technology on 8/28...Posted a team-high 12 digs and matched her career-high with two assists against Assumption on 9/17...Tallied a match-high 22 digs and matched her career-high one kill versus UMass Lowell on 9/20...Set a career-high with 24 digs versus Wilmington on 9/20...Notched a team-high 19 digs against Caldwell on 9/22...Matched her career-high with two assists versus Bentley on 9/24...Recorded 12 digs, matched a career-high two assists and served up a career-high three aces versus AIC on 9/27...Tied her career-high with one kill against Philadelphia on 10/11...Matched her career-high with one kill against Holy Family on 10/18...Matched her career-high two assists versus Saint Michael’s on 11/7.

As a Freshman in 2007:
Played in 24 matches for the Owls...Recorded two kills, nine assists, 17 aces and 216 digs...Played in her first collegiate match, tallied 12 digs and an ace against Concordia on 9/15...Served up a season-high three aces at Mercy on 9/18...Recorded a season-high one kill against St. Rose on 9/21...Recorded season highs with two assists and 18 digs at Molloy on 9/24...Tied for the match high with two aces against Nyack on 10/6...Matched her season high with one kill against Franklin Pierce on 10/13...Served up two aces to tie for the match high at Queens on 10/23...Matched her season high with a match-high 18 digs at Concordia on 11/1.

Before Southern Connecticut State University:
Played volleyball and softball at Cheshire (Conn.) High School...Selected as softball’s best offensive player.

Personal:
Daughter of Pat and John Priest...An art education major.
MEGAN LYONS
Junior • 5-7
Outside Hitter
Cold Spring, N.Y.
Haldane

2009 and 2010 Northeast-10 Conference Commissioner’s Honor Roll selection

As a Sophomore in 2009:
Northeast-10 Conference Commissioner’s Honor Roll selection…Played in 124 games for the Owls…Recorded 256 kills and 302 digs…Tallied six kills and nine digs against NYIT on 8/27…Amassed 13 kills and six digs against Dominican on 8/30…Recorded 16 digs at Saint Michael’s on 9/2…Tallied seven kills and seven digs against Molloy on 9/4…Recorded nine kills against C.W. Post on 9/5…Tallied eight kills and 15 digs against Bentley on 9/9…Amassed nine kills and nine digs against Queens on 9/12…Hammered six kills against USF on 9/12…Recorded six kills and five digs against Post on 9/17…Tallied eight kills and seven digs against Georgian Court on 9/19…Amassed seven digs at Adelphi on 9/23…Posted her first double-double of the year with 10 kills and 11 digs at Le Moyne on 9/26…Recorded 11 kills and five digs against AIC on 9/29…Tallied 12 kills and nine digs at Southern New Hampshire on 10/2…Recorded seven kills and seven digs against New Haven on 10/6…Amassed nine kills and nine digs against Saint Rose on 10/10…Recorded nine kills and 22 digs against Bridgeport on 10/10…Tallied nine kills and nine digs against Felician on 10/12…Amassed 10 kills and eight digs at Merrimack on 10/16…Recorded seven kills and eight digs against UMass-Lowell on 10/17…Tallied seven kills and six digs against Philadelphia on 10/24…Recorded nine digs at Bloomfield College on 10/24…Tallied 16 digs against Pace on 10/27…Recorded nine kills and 20 digs at Stonehill College on 10/29…Scored her second double-double of the year with 10 kills and 19 digs against Wilmington University on 10/31…Tallied 10 kills and seven digs at Saint Anselm on 11/3…Recorded eight kills and eight digs against Holy Family on 11/7…Notched her third double-double of the campaign with 11 kills and 11 digs against New Haven on 11/13…Tallied six kills and seven digs at UMass-Lowell on 11/14.

As a Freshman in 2008:
Played in 19 matches for the Owls…Ranked second on the team in digs per game (2.76)…Recorded 48 kills, six assists, 11 service aces and 171 digs…In her second collegiate match, tallied 10 kills and set career-highs in both assists (one) and service aces (three) versus Dominican on 10/2…Registered 10 digs and matched her career-high with one assist against Franklin Pierce on 10/4…Set a career-high 11 kills, tallied 13 digs and matched her career-high with three aces against Felician on 10/11…Posted a career-high 25 digs and tied her career-high one assist versus Merrimack on 10/17…Matched her career-high with one assist against Stonehill on 10/29…Recorded a team-high 15 digs against Adelphi on 11/1…Matched her career-high with one assist against Saint Rose on 11/1…Tallied 11 digs and matched her career-high one assist versus Southern New Hampshire on 11/8.

Before Southern Connecticut State University:
All-State, All-League and All-Section pick at Haldane (N.Y.) High School…Helped team win the 2007 New York State Class D title.

Personal:
The daughter of Annie Lyons....An art major.

Career Highs
Kills: 13, vs. Dominican, 8/30/09
Assists: 3, twice
Aces: 7, at Nyack, 9/11/09
Digs: 25, vs. Merrimack, 10/17/08
Blocks: 3, at Merrimack, 10/16/09
KIMBERLY LACHOWICZ
Sophomore • 5-9
Setter
Mansfield, Texas
Mansfield

2009 and 2010 Northeast-10 Conference Commissioner’s Honor Roll selection

As a Freshman in 2009:
Northeast-10 Conference Commissioner’s Honor Roll selection…Played in 96 games for the Owls…Led the Owls with 740 assists on the year…Recorded 211 digs…Tallied 23 assists and seven digs against NYIT on 8/27…Amassed 13 assists and eight digs at Saint Michael’s on 9/2…Recorded a double-double with 23 assists and 12 digs against C.W. Post on 9/5…Tallied 38 assists and nine digs against Bentley on 9/9…Amassed 38 assists and six digs against Georgian Court on 9/19…Recorded her second double-double of the year with 35 assists and 10 digs at Southern New Hampshire on 10/2…Tallied 21 assists and five digs against Franklin Pierce on 10/3…Amassed 23 assists and eight digs against New Haven on 10/6…Recorded a double-double with six kills, 35 assists and 12 digs against Bridgeport on 10/10…Tallied a double-double with 33 assists and 15 digs against Felician on 10/12…Amassed a third straight double-double with 44 assists and 12 digs at Merrimack on 10/16…Recorded her fourth consecutive double-double with 40 assists and 15 digs against UMass-Lowell on 10/17…Tallied 17 assists and nine digs against Philadelphia on 10/24…Amassed a season-high 56 assists to go along with 19 digs for a double-double at Stonehill on 10/29…Recorded eight digs at Caldwell College on 10/31…Tallied eight digs at Saint Anselm on 11/3…Recorded 10 assists and eight digs against New Haven on 11/13…Tallied six digs at UMass-Lowell on 11/14.

Before Southern Connecticut State University:
All-District pick at Mansfield (Texas) High School…Mansfield’s Setter and Server of the year in 2007 and 2008…District 4-5A First-Team selection…Helped team win 2007 District 4-5A championship.

Personal:
The daughter of Nancy and Allen Lachowicz…Plans to major in psychology.

Career Highs
Kills: 6, vs. Bridgeport, 10/10/09
Assists: 56, at Stonehill, 10/29/09
Aces: 3, twice
Digs: 19, at Stonehill, 10/29/09
Blocks: 4, at Stonehill, 10/29/09
VANESSA SULLIVAN
Sophomore • 5-5
Libero
Paramus, N.J.
Paramus

2010 Honors Candidate
2009 Northeast-10 Conference All-Rookie Team
2009 and 2010 Northeast-10 Conference Commissioner’s
Honor Roll selection

As a Freshman in 2009:
Northeast-10 Conference All-Rookie Team selection…
Northeast-10 Conference Commissioner’s Honor Roll pick…Played in 123 games for the Owls…Recorded a team-high 469 digs…Tallied four digs against NYIT on 8/27…Amassed five digs against Concordia on 8/27…Recorded 12 digs against Dominican on 8/30…Tallied 17 digs at Saint Michael’s on 9/2…Recorded 10 digs against Molloy on 9/4…Amassed 12 digs against C.W. Post on 9/5…Tallied 22 digs against Bentley on 9/9…Recorded 12 digs at Nyack on 9/11…Amassed 15 digs against Queens on 9/12…Tallied 13 digs against USP on 9/12…Recorded 17 digs against Georgian Court on 9/19…Amassed 19 digs at Adelphi on 9/23…Tallied 10 digs at Le Moyne on 9/26…Recorded 11 digs against AIC on 9/29…Amassed 15 digs at Southern New Hampshire on 10/29…Tallied seven digs against Franklin Pierce on 10/3…Recorded 14 digs against New Haven on 10/6…Amassed 11 digs against Saint Rose on 10/10…Recorded 28 digs against Bridgeport on 10/10…Tallied 19 digs against Felician on 10/12…Amassed 16 digs at Merrimack on 10/16…Recorded 21 digs against UMass-Lowell on 10/17…Tallied 16 digs at Assumption on 10/21…Amassed 10 digs against Philadelphia on 10/24…Recorded 11 digs at Bloomfield College on 10/24…Amassed 23 digs against Pace on 10/27…Tallied 20 digs at Stonehill on 10/29…Recorded 12 digs against Wilmington on 10/31…Amassed 15 digs at Caldwell College on 10/31…Tallied 10 digs at Saint Anselm on 11/3…Recorded 10 digs against Holy Family on 11/7…Amassed 17 digs against New Haven on 11/13…Tallied 12 digs at UMass-Lowell on 11/14.

Before Southern Connecticut State University:
All-State, All-League and All-County pick at Paramus (N.J.)
High School…Helped team win four League Championships (2005-08) and the 2005 State Championship.

Personal:
The daughter of Marie Brian…Born in Englewood, N.J…A communication disorders major.

Career Highs
Kills: 2, vs. Concordia, 8/27/09
Assists: 3, vs. Pace, 10/27/09
Aces: 4, at Merrimack, 10/16/09
Digs: 28, vs. Bridgeport, 10/10/09
SYRIAHE CELESTINE
Sophomore • 5-9
Middle Blocker
Greenlawn, N.Y.
Harborfields

2009 and 2010 Northeast-10 Conference Commissioner’s
Honor Roll selection

As a Freshman in 2009:
Northeast-10 Conference Commissioner’s Honor Roll
selection…Played in 31 games for the Owls…Recorded 20
digs…Tallied five digs against Concordia on 8/27…Amassed
five digs against USP on 9/12.

Before Southern Connecticut State University:
All-County and All-Tournament selection at Harborfields
(N.Y.) High School…Helped team win the county finals in
her senior season.

Personal:
The daughter of Charmaine Celestine…Born in Huntington,
N.Y…A nursing major.

Career Highs
Kills: 5, at Felician, 11/7/09
Assists: 2, at USP, 9/12/09
Digs: 5, twice
Aces: 2, at USP, 9/12/09
Blocks: 3, at USP, 9/12/09

SARAH BERES
Freshman • 6-2
Middle Blocker
Ellington, Conn.
Ellington

Before Southern Connecticut State University:
All-State and All-Conference selection at Ellington (Conn.)
High School…Two-time Honorable mention selection by the
Hartford Courant…Selected to play in the Connecticut Senior
All-Star game…Two-time Team MVP…Three-year team
captain.

Personal:
The daughter of Nancy and John Beres…Born in Manchester,
Conn…Undecided on a major.

DANIELLE DEAN
Freshman • 5-7
Libero/Defensive Spec.
Gilford, N.H.
Gilford

Before Southern Connecticut State University:
Helped Gilford (N.H.) to two state championship game
appearances and one state title…Team captain as a senior…
Earned the team’s Coaches’ and Senior Awards…Also played
basketball and softball…Won the Coaches’ and Senior
Awards for both of those sports as well…Team captain of the
basketball squad.

Personal:
The daughter of Karen and Richard Dean…Born in Concord,
N.H…Undecided on a major.
**PLAYER BIOGRAPHIES**

**CLARE DONNELLY**  
Freshman • 5-11  
Middle Blocker/Right Side  
Bronx, N.Y.  
Preston  

**Before Southern Connecticut State University:**  
A two-year team captain at Preston High School...Team won Bronx/Westchester Division Championship in 2007, 2008 and 2009...Received Most Valuable Player and Most Improved Player honors, as well as the Coaches’ Award in her scholastic career...Also played basketball.

**Personal:**  
The daughter of Elizabeth and Francis Donnelly...Born in Bronx, N.Y....A nursing major.

---

**Megan Hiss**  
Junior • 5-11  
Right Side  
Trinidad, Colo.  
Adams State College  

**As a Sophomore in 2009 (at Adams State):**  
Took part in 43 games on the year...Tallied 15 kills and a .122 hitting percentage...Added 42 digs and 18 blocks.

**As a Freshman in 2008 (at Adams State):**  
Played in 14 games...Recorded 13 kills and a .118 hitting percentage.

**Before College:**  
All-State selection at Hoehne (Colo.) High School...Helped team win back-to-back state championships...Rocky Mountain News 2A Player of the Year as a junior...Also a two-time state tournament MVP by the News and earned the honor as a senior from the Denver Post...Two-time All-Conference pick...Four-year starter...Also a three-year starter and All-Conference selection in basketball.

**Personal:**  
The daughter of Tammy and Duane Hiss...Born in Liberal, Kan....Plans to major in biology.

---

**Lauren McVey**  
Freshman • 5-10  
Outside Hitter  
Baldwinsville, N.Y.  
C.W. Baker  

**Before Southern Connecticut State University:**  
Played scholastically at C.W. Baker (N.Y.) High School...Helped team finish as the state runner-up in her final campaign...Team captain as a senior...Part of three league championship winning squads and two regional championship winning teams...Also played basketball.

**Personal:**  
The daughter of Betsy and Fred McVey...Born in Boston, Mass...Plans to major in nursing.
PLAYER BIOGRAPHIES

JESSICA SUSARA
Sophomore • 5-9
Outside Hitters
Danielson, Conn.
Eastern Kentucky

Before Southern Connecticut State University:
District MVP and an All-Region selection as a senior at Woodford County (Ky.) High School...Team won state championship that season...Also earned All-Shoreline honors as a sophomore at the Morgan (Conn.) School.

Personal:
The daughter of Kathy and Rafael Susara...Born in New Haven, Conn....A sports management major.

CLAYON WILSON
Freshman • 5-8
Middle Blocker/Right Side
Homestead, Fla.
Princeton Christian School

Before Southern Connecticut State University:
2010 Athlete of the Year at Princeton Christian School...An All-Dade County honorable mention...Team captain as a senior...Also captained her softball and soccer teams...Captain of the Fellowship of Christian Athletes.

Personal:
The daughter of Clayinski and Akiko Wilson...Born in Gainesville, Fla...Plans to major in library science.
YEAR-IN-REVIEW

ANOTHER BANNER YEAR IN 2009
The Owls improved on their overall win total for the sixth straight year under head coach Lisa Barbaro by virtue of a 26 win campaign in 2009, two more than the previous season. The Owls finished 9-6 in the Northeast-10, their best season since joining the conference in 2000.

20-20
For the second year in a row, the Owls amassed 20-plus wins. In 2008, Southern recorded its best record in 25 years with a 24-15 mark. The Owls concluded 2009 with a 26-10 mark.

FINISHING STRONG
The Owls concluded regular season play ranked within the top-five in four statistical categories amongst Northeast-10 opponents. They finished as one of the top defensive teams in the NE-10, allowing a conference best .123 opponent hitting percentage, finishing third in blocks with 2.05 per set and fourth in digs with 15.90 per game. Southern also finished fourth overall in service aces, averaging 2.13 per set.

IMPRESSIVE INDIVIDUAL EFFORTS
Not only did the Owls finish strong as a team in regular season play, they were equally impressive individually. Four members of the squad ranked within the top-10 in their respective categories. Leading the way was Jenna Tammel. She finished second overall in service aces with 65 and placed ninth in points with 3.55 per set. Sarah Houseknecht finished the regular season ranked third in blocks with 1.13 per game, Marcia Hollingsworth placed fifth in hitting percentage connecting on close to 30% of her attacks and Vanessa Sullivan finished ninth in digs with 440.

A GOOD START
Southern won 13 straight matches to begin the season 13-0 overall and 2-0 in the conference. In that span, the team amassed 492 kills with a .251 hitting percentage and had outscored their opponents 1,012 to 748. Of those 13 matches, eight were won by virtue of a 3-0 sweep.

POST-SEASON HONORS FOR THE OWLS
Senior Jenna Tammel collected a pair of post-season honors from the Northeast-10 Conference, as she was named Second-Team All-Conference and earned a spot on the All-Tournament Team. In addition, freshman Vanessa Sullivan was selected for the All-Rookie Team.

Jenna Tammel collected a host of honors for the Owls in 2009, including All-Conference, NE-10 Volleyball All-Academic Team and Academic All-District laurels.

“SHOCK THE WORLD”
On Sept. 9, the Owls upset the preseason NE-10 favorite Bentley 3-2. Despite losing the first set 25-22, Southern rebounded to take the next two and eventually pull away in game five as they won 15-12. Jenna Tammel and Broghan Miller had 14 and 11 kills respectively and Kimberly Lachowicz led the offensive attack with a season-high 38 assists.

“SHOCK THE WORLD”, PART TWO
The Owls made sure that their debut in the Northeast-10 Conference Tournament would be a memorable one, as they downed top-seeded New Haven in five games, 3-2. The Chargers had not lost to a league opponent since joining the conference in 2009. In the process, the Owls won their first-ever NE-10 Tournament match and reached the semifinals of the event.

ACADEMIC SUCCESS REWARDED
Seniors Jenna Tammel and Marcia Hollingsworth both earned multiple honors for their prowess in the classroom and on the court. Both earned Academic All-District honors from the College Sports Information Directors of America and were named to the Northeast-10 Conference All-Academic Team.
## Attack

<table>
<thead>
<tr>
<th>#</th>
<th>Name</th>
<th>GP-MP-MS</th>
<th>K K/Game</th>
<th>E</th>
<th>TA</th>
<th>Pct</th>
<th>A A/Game</th>
<th>SA</th>
<th>SA/Gm</th>
<th>SE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Robin Priest</td>
<td>52 28-</td>
<td>1 0.02</td>
<td>3</td>
<td>8</td>
<td>-.250</td>
<td>10 0.19</td>
<td>6</td>
<td>0.12</td>
<td>11</td>
</tr>
<tr>
<td>2</td>
<td>Megan Lyons</td>
<td>124 35-</td>
<td>256 2.06</td>
<td>113 880</td>
<td>.162</td>
<td>17 0.14</td>
<td>44 0.35</td>
<td>16</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td>Marcia Hollingsworth</td>
<td>113 35-</td>
<td>220 1.95</td>
<td>76 498</td>
<td>.289</td>
<td>9 0.08</td>
<td>11 0.10</td>
<td>13</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>Kimberly Lachowicz</td>
<td>96 31-</td>
<td>69 0.72</td>
<td>35 220</td>
<td>.155</td>
<td>740 7.71</td>
<td>28 0.29</td>
<td>37</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td>Laura Garbarino</td>
<td>32 17-</td>
<td>19 0.59</td>
<td>12 58</td>
<td>.121</td>
<td>4 0.12</td>
<td>4 0.12</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td>Jenna Tammel</td>
<td>126 35-</td>
<td>346 2.75</td>
<td>130 1087</td>
<td>.199</td>
<td>25 0.20</td>
<td>70 0.56</td>
<td>44</td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td>Syriah Celestine</td>
<td>31 18-</td>
<td>23 0.74</td>
<td>12 69</td>
<td>.159</td>
<td>4 0.13</td>
<td>6 0.19</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td>Vanessa Sullivan</td>
<td>123 35-</td>
<td>6 0.05</td>
<td>11 36</td>
<td>-.139</td>
<td>29 0.24</td>
<td>42 0.34</td>
<td>17</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td>Sarah Houseknecht</td>
<td>63 29-</td>
<td>74 1.17</td>
<td>36 200</td>
<td>.190</td>
<td>4 0.06</td>
<td>1 0.02</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11</td>
<td>Manjit Chase</td>
<td>37 21-</td>
<td>8 0.22</td>
<td>6 36</td>
<td>.056</td>
<td>159 4.30</td>
<td>5 0.14</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>12</td>
<td>Katherine Wilson</td>
<td>43 24-</td>
<td>64 1.49</td>
<td>18 148</td>
<td>.311</td>
<td>5 0.12</td>
<td>7 0.16</td>
<td>5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>14</td>
<td>Andrea Nolan</td>
<td>43 25-</td>
<td>16 0.37</td>
<td>3 40</td>
<td>.325</td>
<td>197 4.58</td>
<td>8 0.19</td>
<td>4</td>
<td></td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>Broghan Miller</td>
<td>109 32-</td>
<td>192 1.76</td>
<td>115 637</td>
<td>.121</td>
<td>64 0.59</td>
<td>25 0.23</td>
<td>26</td>
<td></td>
<td></td>
</tr>
<tr>
<td>18</td>
<td>Nekane Mendizabal</td>
<td>101 34-</td>
<td>179 1.77</td>
<td>69 444</td>
<td>.248</td>
<td>12 0.12</td>
<td>11 0.11</td>
<td>17</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Set

- Assists: 1473
- Assists/Game: 10.5
- Block Solo: 108
- Block Assist: 289
- Blocks: 252.5
- Blocks per Game: 1.97

### Serve

- Aces: 268
- Errors: 213
- Aces/Game: 2.1

## Defense

- Digs: 2030
- Digs/Game: 15.9
<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Score</th>
<th>Score-by-game</th>
<th>Overall Record</th>
<th>Conference Record</th>
<th>Time</th>
<th>Attend</th>
</tr>
</thead>
<tbody>
<tr>
<td>08/27/09</td>
<td>CONCORDIA (NY)</td>
<td>W 3-0</td>
<td>25-12, 25-14, 25-11</td>
<td>1-0</td>
<td>0-0</td>
<td>1:00</td>
<td>54</td>
</tr>
<tr>
<td>08/27/09</td>
<td>NYIT</td>
<td>W 3-0</td>
<td>25-14,25-19,25-15</td>
<td>2-0</td>
<td>0-0</td>
<td>1:10</td>
<td>63</td>
</tr>
<tr>
<td>08/30/09</td>
<td>DOMMEN</td>
<td>W 3-0</td>
<td>25-18,25-18,25-16</td>
<td>3-0</td>
<td>0-0</td>
<td>1:06</td>
<td>73</td>
</tr>
<tr>
<td>Sep 02, 2009</td>
<td>at Saint Michael's</td>
<td>W 3-0</td>
<td>25-21,25-20,25-16</td>
<td>4-0</td>
<td>1-0</td>
<td>1:10</td>
<td>75</td>
</tr>
<tr>
<td>Sep 05, 2009</td>
<td>C.W. POST</td>
<td>W 3-1</td>
<td>26-28,25-12,25-23,25-13</td>
<td>5-0</td>
<td>1-0</td>
<td>1:37</td>
<td>73</td>
</tr>
<tr>
<td>Sep 04, 2009</td>
<td>MOLLOY</td>
<td>W 3-0</td>
<td>25-13,32-30,25-21</td>
<td>6-0</td>
<td>1-0</td>
<td>1:17</td>
<td>109</td>
</tr>
<tr>
<td>Sep 09, 2009</td>
<td>BENTLEY</td>
<td>W 3-2</td>
<td>22-25,25-23,25-21,19-25,15-12</td>
<td>7-0</td>
<td>2-0</td>
<td>2:00</td>
<td>82</td>
</tr>
<tr>
<td>Sep 11, 2009</td>
<td>at Nyack College</td>
<td>W 3-1</td>
<td>25-10,25-19,23-25,25-17</td>
<td>8-0</td>
<td>2-0</td>
<td>1:12</td>
<td>145</td>
</tr>
<tr>
<td>Sep 12, 2009</td>
<td>QUEENS</td>
<td>W 3-0</td>
<td>25-21,26-24,25-23</td>
<td>9-0</td>
<td>2-0</td>
<td>2:22</td>
<td>55</td>
</tr>
<tr>
<td>Sep 12, 2009</td>
<td>USP</td>
<td>W 3-0</td>
<td>25-10,27-25,25-19</td>
<td>10-0</td>
<td>2-0</td>
<td>1:00</td>
<td>82</td>
</tr>
<tr>
<td>Sep 17, 2009</td>
<td>POST</td>
<td>W 3-0</td>
<td>25-7,25-11,25-21</td>
<td>11-0</td>
<td>2-0</td>
<td>1:02</td>
<td>145</td>
</tr>
<tr>
<td>Sep 19, 2009</td>
<td>MERCY</td>
<td>W 3-0</td>
<td>FORFEIT</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sep 19, 2009</td>
<td>GEORGIAN COURT</td>
<td>W 3-1</td>
<td>22-25,25-13,25-23,25-15</td>
<td>13-0</td>
<td>2-0</td>
<td>1:35</td>
<td>73</td>
</tr>
<tr>
<td>09/23/2009</td>
<td>at Adelphi</td>
<td>0-3 L</td>
<td>16-25,20-25,19-25</td>
<td>13-1</td>
<td>2-1</td>
<td>1:05</td>
<td>132</td>
</tr>
<tr>
<td>09/29/2009</td>
<td>AMERICAN INT'L</td>
<td>0-3 L</td>
<td>22-25,24-26,18-25</td>
<td>13-3</td>
<td>2-3</td>
<td>1:13</td>
<td>82</td>
</tr>
<tr>
<td>10/03/2009</td>
<td>FRANKLIN PIERCE</td>
<td>W 3-0</td>
<td>25-19,25-15,25-14</td>
<td>15-3</td>
<td>4-3</td>
<td>1:06</td>
<td>109</td>
</tr>
<tr>
<td>10/06/2009</td>
<td>NEW HAVEN</td>
<td>0-3 L</td>
<td>23-25,21-25,17-25</td>
<td>15-4</td>
<td>4-4</td>
<td>1:16</td>
<td>145</td>
</tr>
<tr>
<td>10/10/2009</td>
<td>SAINT ROSE</td>
<td>W 3-0</td>
<td>25-15,25-16,28-26</td>
<td>16-4</td>
<td>5-4</td>
<td>1:20</td>
<td>75</td>
</tr>
<tr>
<td>10/12/2009</td>
<td>FELICIAN</td>
<td>W 3-1</td>
<td>25-18,12-25,25-17,25-17</td>
<td>17-5</td>
<td>5-4</td>
<td>1:35</td>
<td>55</td>
</tr>
<tr>
<td>10/17/2009</td>
<td>UMASS LOWELL</td>
<td>1-3 L</td>
<td>21-25,27-25,26-28,14-25</td>
<td>18-6</td>
<td>6-5</td>
<td>1:44</td>
<td>73</td>
</tr>
<tr>
<td>10/21/2009</td>
<td>at Assumption</td>
<td>W 3-0</td>
<td>25-9,25-20,25-20</td>
<td>19-6</td>
<td>7-5</td>
<td>1:00</td>
<td>100</td>
</tr>
<tr>
<td>10/24/2009</td>
<td>at Bloomfield</td>
<td>W 3-0</td>
<td>25-22,25-11,25-15</td>
<td>20-6</td>
<td>7-5</td>
<td>1:00</td>
<td>50</td>
</tr>
<tr>
<td>10/24/09</td>
<td>vs Philadelphia Univ.</td>
<td>W 3-1</td>
<td>25-18,25-16,25-12</td>
<td>21-6</td>
<td>7-5</td>
<td>1:00</td>
<td>50</td>
</tr>
<tr>
<td>10/27/09</td>
<td>vs Pace</td>
<td>2-3 L</td>
<td>25-22,25-11,23-25,21-25,15-17</td>
<td>21-7</td>
<td>7-6</td>
<td>2:05</td>
<td>118</td>
</tr>
<tr>
<td>10/29/09</td>
<td>at Stonehill</td>
<td>W 3-2</td>
<td>25-21,25-20,19-25,23-25,20-18</td>
<td>22-7</td>
<td>8-6</td>
<td>2:00</td>
<td>142</td>
</tr>
<tr>
<td>10/31/09</td>
<td>at Caldwell</td>
<td>0-3 L</td>
<td>23-25,9-25,20-25</td>
<td>22-8</td>
<td>8-6</td>
<td>1:00</td>
<td>78</td>
</tr>
<tr>
<td>10/31/09</td>
<td>vs Wilmington Univ.</td>
<td>2-3 L</td>
<td>25-19,23-25,17-25,25-12,13-15</td>
<td>22-9</td>
<td>8-6</td>
<td>1:45</td>
<td>78</td>
</tr>
<tr>
<td>11/03/2009</td>
<td>at Saint Anselm</td>
<td>W 3-0</td>
<td>25-17,25-15,25-9</td>
<td>23-9</td>
<td>9-6</td>
<td>1:05</td>
<td>111</td>
</tr>
<tr>
<td>11/07/2009</td>
<td>at FELICIAN</td>
<td>W 3-0</td>
<td>25-11,19-26,24</td>
<td>24-9</td>
<td>9-6</td>
<td>1:03</td>
<td>56</td>
</tr>
<tr>
<td>11/14/09</td>
<td>at UMass Lowell</td>
<td>1-3 L</td>
<td>9-25,25-22,10-25,13-25</td>
<td>26-10</td>
<td>9-6</td>
<td>1:29</td>
<td></td>
</tr>
</tbody>
</table>

TEAM RECORD  W-L
----------   ---
Overall: 26-10
Conference: 9-6
Home: 14-5
Away: 9-4
Neutral: 3-1
3 games: 16-4
4 games: 7-2
5 games: 3-4

2009 RESULTS
ALL-TIME ROSTER

Denise Allen 1992
Kristin Andzulis 1990
Gerry Annino 1997-98
Sherri Anuszewski 1988
Maria Arenas 2005-08
Geraldine Artis 1979-81
Mary Bachinsky 1979, 1981
Nicole Bakes 2000
Lisa Barbaro 2000-01
Diane Beauchamp 1976-79
Danelen Biercevicz 2006
Laurie Blanton 1982
Jen Bolino 2003-05
Tara Bregensir 2006-08
Linda Brockett 1981
Tara Bregensir 1994-95
Kathy Donohue 1977
Dawn D'Aversa 1986
Dana Dalesio 1994
Katherine Daniels 2003
Kelly DeFalco 1997-98
Dana D'Aversa 1979
Dawn D'Aversa 1986
Kathy Donohue 1981
Marnie Dacko 1989
Jen Brown 1999
Chelsea Callahan 2008
Barbara Buchas 1978
Cindy Brunoli 1975-78
Jen Brown 1979
Sue Csizmesia 1991-92
Janine Stevenson 1993
Heidi Gleisner 1982-83
Lynn Spagnesi 1975
Jen Frohman 2005
Ann Fisher 1986-87
Tashema Mullins 1997
Lindsey Wadsworth 1983
Heather Coombs 2007
Tina Goforth 1981
Heidi Gleisner 1982-83
Chelsea Callahan 2008
Pat Graham 1979
Barbara Buchas 1978
Beth Graves 1983, 1986
Denise Gregoire 1983, 1986
Carrie Guerreiro 1994-95

Nina Hallissey 2005
Kym Harris 1979
Mary Harlow 1988
Lauren Hart 2005
Diana Hasty 1986-88
Aquilha Hatcher 1994, 1996
Teressa Hegarty 1979-1981-82
Samantha Henderson 2002
Jess Hernandez 2001-04
Marcia Hollingsworth 2006-09
Gail Holznagel 1982
Sarah Houseknecht 2008-09
Debbie Hoyt 1982-83
Debbie Hulit 1986
Christina Hurlbut 1993-96
Allie Islaes 2005
Jennifer James 1988
Lisa Kappus 1977-78
Alison Karimi 1994-97
Kelly Keenan 1998-2001
Lilli Keize 1996
Kathy Kelly 1987
Toni Kelley 1978
Sue Kenny 1991
Cyndi Kerkes 1993-95
Joan Kolar 1976-77
Karen Kopchak 2000-01
Sue Kopf 1986-89
Claudette Kosinski 1979, 1981-82
Stacey Kramer 1990-91
Bernadette Kuhn 1992-93
Kimi Lachowicz 2009-present
Kris LaFex 2000
Allie Isaacs 2005
Christina Hurlbut 1993-96

Tashema Mullins 1997
Suzanne Noble 1991-92
Andrea Nolan 2008-09
Harriet Novar 1977
Maria Nunez 1990
Amy O'Conner 1979
Ann O'Dowd 1976
Coral O'Keefe 1975-77
Linda Olaniak 1977
Stephanie Opalski 1975-76
Stephanie Oswald 1976-77
Diane Packard 1979
Jessica Pagano 1993-96
Effie Papadopoulos 1997-98
Lauren Pasquariello 2001-04
Jill Patrone 1991
Meghan Favogel 2003
Allie Perry 1997-2000
Rachel Pitino 2001-04
Tovah Potrzebowski 1997-2001
Karen Pratley 1987, 1989
Robin Priest 2007-present
Mary Jane Pruzinsky 1976-78
Kiersten Pry 2005-07
Amber Pursel 2002
Erin Reilly 2001
Kathleen Remirez 2001-04
Kris Rhatigan 1993-96
Erika Ribera 1993-96
Coral Richardson 1978

Christina Hurlbut 1993-96

Kathleen Choromanski 2003
Karen Ciriillo 1986-88
Linda Cohens 1986-87
Lisa Connolly 1993
Ashley Coombs 2006-07
Heather Coombs 2007
Lauren Coombs 2006-07
Sue Csizmesia 1991-92
Karen Charltonis 1992-94
Manjit Chase 2006-09
Kathleen Choromanski 2003
Constance Daley 1975
Liz Daly 1986-87, 1989
Katherine Daniels 2005
Dana Dalesio 1994
Dawn D'Aversa 1986
Kelly DeFalco 1997-98
Tracy Demarest 1975
Marilena DiBattista 1979
Amanda DiGiioa 2006
Kathy Donohue 1997
Phyllis Duyser 1975-77
Andrea Ehhart 1986-89
Melissa Emmons 2001-02, 2004-05
Karen Eeppi 1975
Leah Filonuk 2008-09
Shannon Finley 1998
Ann Fisher 1986-87
Jen Frohman 2005
Brittany Gandley 2005-06
Laura Garbarino 2008-09
Chanel Gardiner 2001-04
Heidi Gleisner 1982-83
Tin Goforth 1981
Laurie Gordon 1982
Pat Graham 1979
Beth Graves 1983, 1986
Denise Gregoire 1983, 1986
Carrie Guerreiro 1994-95

www.southernctowls.com

Notes:
Information is available based on data from media guides, 1975-present.

No rosters were available for 1980, 1984 and 1985.

Please feel free to contact the Office of Athletic Communications with any additions or addendums.
Community engagement is an important component of the experience as a Division II student-athlete. The Southern Connecticut State University volleyball team continues to be active in the local community with various ventures.

All intercollegiate programs at SCSU participate in the Tim Greer Insurance Agency, Inc. Community Service Cup, which provides a competitive format that allows student-athletes to gain an enriched experience through engagement with the on-campus and local communities by supporting ventures of traditional citizens, campus community members and peer students and student-athletes. SCSU student-athletes have volunteered more than 2,500 hours of their time to numerous outreach efforts, both on-campus and in Greater New Haven, during the 2009-10 academic year.

Among the events that the team and coaching staff participated in during the past calendar year:

- Volunteered at the Connecticut Special Olympics volleyball competition.
- Worked with students at the Clinton Avenue School.
- Assisted students at the Beecher School.
- Hosted an instructional clinic for Special Olympians.
- Participated in the ‘Paws to Read’ program at the New Haven Public Library.
- Hosted its first annual ‘Think Pink’ game to promote breast cancer awareness.
- Took part in a Chinese New Year celebration at the New Haven Public Library.
- Assisted at the campus-wide ‘Friends of Rudolph’ event.

Kimi Lachowicz reads to a student at the Clinton Avenue School.

Syriah Celestine (far left) and Robin Priest (far right) partnered with the softball team to celebrate the Chinese New Year.

The Owls hosted a clinic for Connecticut Special Olympians in Norwalk.
The Northeast-10 continues to grow today as the conference underwent another expansion, adding the University of New Haven and Adelphi University to the mix. New Haven became a full-time member at the start of the 2008-2009 academic year, while Adelphi joined the Northeast-10 beginning with the 2009-2010 academic year giving the NE-10 16 full-time members. The conference is a powerful union of strong academic and athletic colleges and universities that incorporates 15 institutions from New York and New England.

Now in its 29th year, the Northeast-10 is still one of the largest NCAA Division II conferences in the country. Home to nearly 5,500 student-athletes, the Northeast-10 offers 23 championship opportunities, the most championships hosted by a Division II conference in the nation.

The Northeast-10 can look to a long history of success including the growth from seven original schools to more than double its size 20 years later, the contention for and winning of numerous/multiple national championships, the recognition of student-athlete performances in the classroom where the real competitions take place.

The Northeast-7 Conference established instant credibility in its membership and that credibility led to a slow but continued expansion through the years. The admittance of Saint Anselm in 1981 created the Northeast-8. In 1984, Hartford joined the ECAC Division I North Atlantic Conference but was immediately replaced by Merrimack.

The “Northeast-10” name came about when Saint Michael’s and Quinnipiac joined the league in 1987 and the conference remained stable until 1995 when Springfield left for Division III.

The league stayed at 10 members as Le Moyne joined the league in 1996 from the New England Collegiate Conference (NECC) and briefly expanded to 11 when Pace joined in 1998 from the New York Collegiate Athletic Conference (NYCAC). Quinnipiac elevated to the Division I Northeast Conference (NEC) to again return the foundation of 10 until the last major expansion took place prior to 2001 when five new schools joined the fold. Franklin Pierce, Southern New Hampshire University (formerly New Hampshire College), the University of Massachusetts Lowell and Southern Connecticut State University were joined by the College of Saint Rose.

### 2009 Northeast-10 Volleyball All-Conference Teams

#### First Team
- Hilary Pavels, Adelphi
- Alex Kearney, Bentley
- Sarah Coscia, UMass Lowell
- Molly Cindric, Merrimack
- Chelsey Alpough, New Haven
- Keidy Candelaria, New Haven
- Sara Malmlov, New Haven

#### Second Team
- Heather Mau, Adelphi
- Taila de Souza, American Int’l
- Cassie Kraft, Bentley
- Elizabeth Cheek, Le Moyne
- Alyssa Pickert, Merrimack
- Jenna Tammel, So. Connecticut
- Andrea Wirth, Stonehill

#### Third Team
- Ellisha Terry, American Int’l
- Kristine Mickelson, Bentley
- Morgan McDermott, Le Moyne
- Elsa LeGrand, UMass Lowell
- Victoria Pompilus, Pace
- Nora Rugova, Pace
- Stephanie Dluginski, So. New Hampshire

#### All-Rookie Team
- Breanna Popham, Adelphi
- Amy Waitkus, Bentley
- Morgan McDermott, Le Moyne
- Shaunda Forcier, Merrimack
- Keidy Candelaria, New Haven
- Nora Rugova, Pace
- Vanessa Sullivan, So. Connecticut

Player of the Year: Sara Malmlov, New Haven
Freshman of the Year: Keidy Candelaria, New Haven
Setter of the Year: Chelsey Alpough, New Haven
Libero of the Year: Alyssa Pickert, Merrimack
Coach of the Year: Karen McNulty, UMass-Lowell
PATRICIA NICOL  
Director of Athletics

Now in her seventh year as Director of Athletics and 12th overall as an athletic administrator at Southern Connecticut State University, Patricia Nicol has been the driving force behind one of the most formidable Division II athletic departments in the nation. A 2010 nominee for the Division II Athletic Director of the Year award, she leads a department that is comprised of nearly 80 coaches, administrators and staff members.

Since her appointment in April, 2005, the Owls have excelled on the playing fields, in the classroom and in the community, maintaining a status for those around the nation to emulate.

Over the course of the past seven years, SCSU has won one team NCAA Division II championship (women’s basketball in 2007) and four individual NCAA Division II championships. Southern Connecticut’s teams have made 60 NCAA Championships appearances and produced a total of 135 All-Americans during her tenure.

As a department, the Owls have ranked among the top-20 percent among all institutions in each of the past four years in the Learfield Sports Division II Directors’ Cup, including three top-15 percent finishes over that same stretch.

However, success has stretched far beyond the realm of athletic competition. More than 525 student-athletes have been named to the Northeast-10 Commissioners Honor Roll over the past three years. Under Nicol’s guidance, the department initiated its inaugural National Student-Athlete Day celebration in April, 2009 and has recognized more than 250 student-athletes since the event’s inception.

In addition, the overall graduation rate of SCSU student-athletes continues to exceed that of the general student population.

Southern Connecticut’s student-athletes, coaches and staff also continue to impact the campus and local communities under the guidance of Nicol. The creation of the Community Service Cup in 2008-09 enhanced the volunteer efforts of all of athletic department representatives. Southern Connecticut student-athletes have volunteered more than 5,000 hours of their team to numerous outreach efforts over the last three years.

The 2009-10 academic year featured NCAA Championship participation from 10 programs, highlighted by appearances from the men’s soccer, baseball and softball teams. Seven programs won Northeast-10 Conference Championships during the year – football, men’s indoor and outdoor track and field, women’s swimming and diving, women’s outdoor track and field, baseball (regular season) and softball (tournament). On the individual front, 22 student-athletes were named All-Americans.

The Owls continued to excel in the classroom and in the community as well in 2009-10. SCSU student-athletes, coaches and staff members volunteered more than 2,500 hours of their time for numerous community service initiatives, including campus events such as Jail N Bail, Friends of Rudolph and The Big Event, as well as off-campus projects with New Haven schools, the Wallingford Ulbrich Boys and Girls Club, the Make-A-Wish Foundation, Connecticut Special Olympics and the American Cancer Society.

Furthermore, the Owls had 300 selections to the Northeast-10 Conference Commissioner’s Honor Roll – its highest figure in school history. From the conference level, 18 student-athletes were also named to the Northeast-10 Conference All-Academic Team, while three student-athletes were selected as winners of the league’s inaugural Scholar-Athlete Sport Excellence Award. The department also had six Academic All-District selections, while senior gymnast Sarah Darst was named a First-Team Academic All-American by the College Sports Information Directors of America.

The 2008-09 academic year featured 11 programs participating in NCAA post-season action, including appearances by the football, field hockey and softball teams. SCSU finished third out of 15 member institutions in the annual Northeast-10 Conference Presidents’ Cup, matching the highest department finish since joining the league. In addition, the Owls also won four Northeast-10 Conference championships - men’s and women’s swimming and diving, men’s indoor track and field and men’s outdoor track and field in 2008-09. Eighteen student-athletes earned All-America honors in 2008-09.

In addition, Nicol has been instrumental in lending support and oversight to several key department projects.

The first phase of facility upgrades to Moore Field House was completed in late 2008. Improvements in phase one included several lobby upgrades – including new displays of the history of SCSU athletics, its 10 team National Championships, a new Athletic Hall of Fame display, as well as additional signage – as well as new team locker rooms and a new state-of-the-art Athletic Training room. The main gymnasia in Moore Field House now also houses banners for all athletic programs recognizing Northeast-10 Conference and NCAA Tournament success. Nicol has also guided facility upgrades to Jess Dow Field and recently, Hutchinson Natatorium in the summer of 2010, during her tenure.

Additional initiatives spearheaded by Nicol include the launch of the Athletic Department Study Table and Tutorial programs, relaunch of the Faculty Athletic Advisory Board, creation of the annual Senior Athletic Awards banquet and implementation of the department’s new website, www.southernctowls.com.

The Owls have also enjoyed an increased external affairs presence in the areas of marketing, promotions and corporate sponsorships with Nicol leading the department.

Nicol had been Southern’s interim director since August, 2004, after serving as interim co-director since June, 2003.

She is the fourth director of athletics in Southern history and the first female to be appointed to that position.

Prior to her interim appointment, Nicol served as associate director of athletics with the Owls’ administration following three years as assistant director of athletics at the University of Maryland.

Prior to that, Nicol spent six years as associate director of athletics at Providence College.

Nicol earned bachelor’s (1980) and master’s (1983) degrees from the University of Rhode Island, where she was an NCAA qualifier in track and field. Inducted into the URI Athletic Hall of Fame in 1990, she also served as head cross country/track coach at West Virginia University in 1983-84.

Nicol, a resident of Wallingford, Conn., has two children, Christine and Michael.
BOE PEARMAN  
Associate Director of Athletics/ Senior Woman Administrator

Belinda “Boe” Pearman was appointed associate director of athletics and senior woman administrator at Southern Connecticut State University in June, 2005. She enters her sixth year in this capacity in 2010-11.

Pearman, who succeeded Patricia Nicol, is responsible for the department’s compliance with NCAA and conference rules and regulations. She also serves as the sport administrator for the men’s and women’s basketball, men’s and women’s swimming and diving and gymnastics programs.

Since joining the SCSU staff, Pearman has been instrumental in monitoring the academic excellence of the Owls’ student-athletes. More than 500 student-athletes have been named to the Northeast-10 Commissioners Honor Roll over the course of the past three years. In addition, more than 50 student-athletes were recognized at the conference level or higher for academic excellence within a specific sport in each of the past four years.

She has also developed and implemented several department academic initiatives, such as the SCSU Athletic Department Study Table and Tutorial programs. Pearman also serves as a liaison to various campus constituencies and is a member of the Student Athlete Advisory Board.

Also a respected member of the coaching community, Pearman was the head women’s basketball coach at Rhode Island from 1999-2004 and guided the Rams to the Atlantic 10 Conference Championship game for only the second time in the history of the program.

In addition, Pearman’s teams had three consecutive winning seasons for only the second time in URI history.

Equally as impressive was the fact that all players that completed their eligibility under Pearman graduated during her stint with the Rams.

A four-year starter and Second Team All-Atlantic Coast Conference player at the University of Maryland from 1980-84, Pearman earned a bachelor’s degree from UM.

She then joined Coach Chris Weller’s Terrapins’ staff, serving as an assistant from 1985-97. During her time at Maryland, the Terps won six ACC championships and appeared in 12 NCAA tournaments with three Elite Eight berths and two Final Four berths.

She then joined the New England Blizzard of the American Basketball League, the first professional league for women, serving as an assistant and then associate head coach to former Boston Celtics’ great K.C. Jones.

Pearman currently resides in Cheshire, Conn.

MICHAEL KOBYLANSKI  
Associate Director of Athletics/ Communications

Veteran athletic administrator Michael Kobylanski joined the Owls’ staff in July, 2007 and is entering his fourth year as Associate Director of Athletics/ Communications.

He oversees all internal and external communications efforts for the SCSU Athletic Department and its 19 varsity sports, including media relations, publications, marketing, promotions, community relations and corporate sponsorship. He also serves as the department's NCAA CHAMPS/Life Skills Coordinator.

In total, Kobylanski has amassed nearly two decades of combined experience in the fields of media relations and journalism.

Kobylanski’s first three years at SCSU have been highlighted by the formation of numerous key initiatives, including the relaunch of a renamed athletic department website - www.southernctowls.com, implementation of the Community Service Cup and National Student-Athlete Day event and the creation of comprehensive marketing and promotional schedules for all athletic programs.

In addition, Kobylanski has also played a pivotal role investigating and securing new corporate sponsors, implementing consistent brand imagery for external publications and promoting athletic department initiatives through an array of on- and off-campus measures.

He has also spearheaded new community outreach initiatives both on-campus and within Greater New Haven, including the creation of relationships with local groups such as the Boys and Girls Club and New Haven elementary schools.

Most recently, Kobylanski served as the search committee chair for the head men’s basketball coach vacancy that resulted in the successful hire of Michael Donnelly.

Prior to joining the SCSU staff, he served as both Assistant Athletic Director and Sports Information Director during a six-year run at Quinnipiac University. In that role, Kobylanski was responsible for the publicity and media relations for 21 Division I programs and oversaw the daily operations of the Sports Information office.

A native of North Haven, Conn., Kobylanski graduated cum laude from the University of Massachusetts with a bachelor’s degree in communications. He has also completed studies towards two advanced degrees. Kobylanski earned a master’s degree in journalism from Quinnipiac University in 2005. Most recently, he was awarded a second master’s degree in management of sport industries from the University of New Haven in May 2008.

Kobylanski resides in Cheshire with his wife, Kristen, and their son, Christopher.
JANE MARRONE
Assistant Director of Athletics/
Fiscal Affairs

Jane E. Marrone joined the Southern athletic administrative staff in 2004 as assistant director of athletics for fiscal affairs. She enters her seventh year in this capacity in 2010-11.

In this position, Marrone is responsible for oversight of the athletics business area, University and Foundation funds administration, NCAA and EADA financial reporting and fiscal audit compliance.

After growing up in North Branford, Conn., Marrone graduated cum laude with a bachelor’s degree in business administration from the University of Connecticut, where she was elected to the national business honor society Beta Gamma Sigma. She later earned a master’s degree in business administration in which her culminating project was integrated marketing communications and included in-depth research on advertising, traditional and new media, web site design and a practical application for an area business.

Marrone worked for eight years in the University’s Department of Financial Planning from 1996-2004 as the University Budget Analyst.

Prior to that, from 1990-96, she worked in Student Affairs, where she had responsibilities for the Freshman Orientation program including schedule development, brochure and student materials. She also wrote, updated and edited various division publications that covered the broad spectrum of the Division’s resources, services and activities.

Marrone has experience in the corporate world with a public accounting firm and has taught at a local business school.

She is a Student Government advisor and participates with her family on the annual Cheshire MS walk.

Marrone currently resides in the Mount Carmel section of Hamden, Conn.

TONY ACETO
Coordinator of Athletic Facilities

Tony Aceto, who is in his 15th year as Southern’s coordinator of athletic facilities, is responsible for all facilities and event management for the athletic department.

Aceto oversees all operational aspects, including but not limited to: hosting of all University, NCAA, Northeast-10 and outside events, contracting and rental agreements, game scheduling, oversight of supervisory personnel and facility maintenance.

Over the course of Aceto’s tenure, SCSU has hosted NCAA Championship events in men’s and women’s gymnastics, along with NCAA Tournament competition in baseball, men’s soccer and football.

In addition, Aceto has directed or assisted with outside events such as the Connecticut Special Olympics, Relay for Life and both Connecticut Interscholastic Athletic Conference (CIAC) and Southern Connecticut Conference (SCC) high school championship events.

The former Hamden High football star was a standout for the Owls and served as a co-captain for Coach Jess Dow’s team in 1962. He played from 1960-62, a stretch in which SCSU posted a 21-7 (.750) mark.

Previously, Aceto also served as interim co-director of athletics from June, 2002, through July, 2003.

Aceto holds both bachelor’s and master’s degrees from SCSU. He was a teacher and coach in North Haven before opening a successful construction company.

He resides in Hamden, Conn. with his wife, Rae. They have three sons and six grandchildren.
ATHLETIC ADMINISTRATION

JOE HINES
Assistant Coordinator of Athletic Facilities

Joe Hines returns for his 11th year as athletic facilities assistant at SCSU in 2010-11. Hines also oversees the Owls’ Student Athletic Advisory Committee (SAAC).

In these roles, Hines assists Tony Aceto with facilities and event management. Previously, he has also served as the Co-Director of the basketball venue for the 1995 Special Olympics World Games.

Hines previously served as director of intramurals, where he oversaw a broad-based program comprised of 10 leagues and nearly 1,000 participants.

In his position with the SAAC, Hines has spearheaded efforts for numerous worthy causes, including the Make-A-Wish Foundation and St. Jude’s Children’s Hospital.

Hines started his affiliation with the Owls in 1985 while as a student-athlete on the men’s basketball team. He played three years for SCSU (1985-88) and earned a bachelor’s degree in corporate communications.

After graduation, he moved over to nearby Albertus Magnus College in New Haven and served as assistant men’s basketball coach, assistant athletic facilities director and sports information director from 1989-91.

Hines returned to SCSU in 1991 and spent the next nine seasons as assistant men’s basketball coach and athletic facilities assistant. As a coach, he led the Owls to one trip to the NCAA Elite Eight (1997), one Division II Northeast Region semifinal appearance (2000) and two ECAC Tournament berths (1991-92).

He stepped away from coaching in 2000 to serve in a full-time capacity in the area of athletic administration.

In 2004, Hines was also named just the third director of intramurals in SCSU history, replacing the legendary Bob Dikranian. He is a member of the National Intramural-Recreation Sports Association.

Hines currently resides in Branford, Conn.

CHRIS LYNN
Assistant Director of Athletics/Equipment

Chris Lynn is in his third year as Assistant Director of Athletics/Equipment Manager at Southern Connecticut State University. Lynn was appointed to his position in August, 2008.

Lynn has been involved with numerous facets of the daily operations of the SCSU athletic department over the course of the past seven years. He earned his start as an undergraduate, where he served as an assistant in the equipment room.

In 2004, Lynn was named Director of Football Operations for the Owls. In that role, he was responsible for team travel, meals, video, equipment, practice setup and also held administrative duties. During his three seasons with the team, the Owls qualified for the NCAA Division II playoffs on two occasions.

Lynn earned a bachelor’s degree from SCSU in 2007 and then completed additional studies from the State of Connecticut Police Academy. While serving as a police officer in Orange, Conn., he still continued to serve as an assistant in the equipment room in a part-time capacity.

Lynn was promoted to the Interim Head Equipment Manager post in February, 2008.

He handles all equipment requests for the University’s 19 intercollegiate programs, while also supervising all department student workers and assisting with game operations.

Lynn, who is E.M.C certified, resides in Hamden, Conn. with his wife, Kate.
ATHLETIC ADMINISTRATION

CAROL NELSON
Head Athletic Trainer

Carol Nelson was named head athletic trainer at Southern Connecticut in August, 2004. She has earned two undergraduate degrees from Southern, one in elementary education in 1977 and another cum laude in exercise science/athletic training in 2000. She went on to earn a master’s degree in kinesiology/athletic training from Indiana University in 2001.

Nelson has been the athletic trainer for the Interstate Junior Hockey League; a graduate assistant at Indiana; an assistant athletic trainer at the University of Southern Maine; and for HealthSouth as head athletic trainer at Newington High.

CHARLES DAVIS
Athletic Training

Charles Davis, an associate professor of exercise science, begins his 18th season with the Owls in 2010-11. Davis is a graduate of Bridgewater (Mass.) State with a master’s degree in sports medicine/athletic training from the University of Virginia. Davis was the head athletic trainer and a faculty member at Bradley University and Colby-Sawyer College, as well as a clinical and high school athletic trainer.

GARY MORIN
Athletic Training

Gary Morin, a professor of exercise science and the program director of the athletic training education program, is in his 21st season as a member of Southern’s training staff and was the Owls’ head trainer for 12 seasons. Prior to that, Morin also spent three years as the head athletic trainer at American International College and was also an athletic trainer at the University of Massachusetts.

Morin earned a bachelor’s degree from Slippery Rock University, a master’s degree in exercise science from the University of Massachusetts, and a Ph.D. in Sports, Leisure and Exercise Science from the University of Connecticut.

ALLISON MARINAN-DALE
Athletic Training

Allison Marinan-Dale is in her fourth year as an assistant athletic trainer at Southern Connecticut State University. A 2006 graduate of SCSU with a bachelor’s degree in exercise science/athletic training, Marinan went on to earn a master’s degree in exercise science from East Stroudsburg University in 2007. Marinan, a resident and native of Meriden, Conn., also previously served as a student assistant athletic trainer at both SCSU and Branford (Conn.) High School.

DR. JIM MACGREGOR
Faculty Athletics Representative

Dr. Jim MacGregor serves as the Faculty Athletics Representative at Southern Connecticut State University and is an associate professor in the department of recreation and leisure.

MacGregor has enjoyed a long relationship with the SCSU dating back to his days as an undergraduate. A widely respected and well-published member within the field of therapeutic recreation, MacGregor has been instrumental in both developing new courses and revising numerous others during his time as a professor at the university.

He holds bachelor’s and master’s degrees from SCSU and earned his doctorate in educational leadership from the University of Hartford.
Southern Connecticut State University maintains an outstanding intercollegiate athletic program for men and women, recognizing the needs of students in individual and team sports. The Owls are members of the Northeast-10 Conference, the Eastern College Athletic Conference (ECAC) and the National Collegiate Athletic Association (NCAA) Division II. Southern's women's gymnastics program also participates in the USA Gymnastics collegiate championships.

Women’s intercollegiate programs in cross country, field hockey, volleyball, soccer, swimming, gymnastics, basketball, track and field (indoor & outdoor), lacrosse and softball have produced many distinguished athletes and coaches. Southern has a rich tradition in women's basketball, having placed among the top four teams nationally four times. The Owls’ Mary Anne O'Connor and Sue Rojcewicz were members of the 1976 U.S. Olympic women's basketball team, which won a silver medal at Montreal. The 2007 Owls won the Division II National Championship for the first time in program history while finishing the year 34-2 overall.

Men’s intercollegiate programs include soccer, cross country, football, track and field (indoor & outdoor), swimming, basketball and baseball. Southern has had numerous individual NCAA champions in swimming, track and field, and gymnastics and ranks among the top 10 of Division II colleges and universities for most individual championships. The Owls’ Ben Michaelson, a 10-time NCAA champion in swimming, won two gold medals and set two records in 2003 for the United States at the Pan American Games in the Dominican Republic.

In addition, the Owls have won a NCAA Division II record six NCAA team titles in men's soccer, three in men's gymnastics and one in women's basketball. Southern’s Peter Kormann, who coached U.S. Olympic teams at Atlanta in 1996 and in Sydney in 2000, became the first U.S. gymnast in 44 years to win an Olympic medal when he captured a bronze medal in floor exercise at the 1976 Montreal Olympic Games. Owls’ gymnastics coach emeritus Abie Grossfeld has coached the U.S. Olympic team in 1972, 1984 and 1988, leading his team to a team gold medal in 1984.

Among Southern alumni in professional sports, Joe Andruzzi recently retired after a 10-year career with the New England Patriots, Green Bay Packers and Cleveland Browns of the National Football League. Andruzzi was a part of three Super Bowl winning clubs with the Patriots. Jacques Cesaire is a starting defensive lineman with the San Diego Chargers.

Bo Oshoniyi recently retired from Major League Soccer after suiting up with the Columbus Crew and Kansas City Wizards. Fellow men's soccer alum Brian Bliss played for three teams in MLS and also served as head coach of Kansas City. He is currently the Technical Director with Columbus. Two-time Major League Soccer All-Star Mike Petke currently plays with the New York Red Bulls. The Owls’ men’s soccer team won the NCAA Division II championship in 1987, 1990, 1992, 1995, 1998 and 1999.

Dedicated in November of 1988, Jess Dow Field is a multi-million dollar stadium facility which can accommodate football, soccer, field hockey, lacrosse and track and field. The AstropPlay artificially-surfaced playing field is surrounded by an eight-lane, state-of-the-art 400-meter track surface, both of which were replaced in 2000. Directly adjacent to Southern’s Moore Fieldhouse, Dow Field is lighted and has seating for some 6,000.

James W. Moore Fieldhouse is Southern’s primary indoor athletic complex. The main arena, with a permanent seating capacity of 2,800, has a six-lane, artificially-surfaced track (200 meters), which was completely renovated in the summer of 1997. The fieldhouse is utilized for all major indoor events and can accommodate multiple practice sessions simultaneously. Drop curtains and netting allow the main arena to accommodate a complete baseball or softball infield for practice as well as the traditional indoor programs.

Moore Fieldhouse also has complete weight-training facilities, locker rooms and equipment rooms. Located in Moore Fieldhouse, Hutchinson Natatorium has an eight-lane swimming pool with both one- and three-meter diving boards and a Colorado timing system.

The recently renovated Pelz Gymnasium is the oldest of the Southern athletic facilities and is utilized primarily for physical education classes, recreation & intramurals, women’s gymnastics, and volleyball. The facility has a six-lane pool and an independent, auxiliary gymnasium for gymnastics.

The Owls also recently refurbished their softball facility behind Pelz Gym and opened a new baseball complex in the fall of 2001.

All of the Southern facilities have played host to collegiate and scholastic championship events.