

Skyline Conference Cross Country Report September 22, 2014

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Men's Cross Country Runner of the Week

Brian Wersan – St. Joseph's-L.I.

Senior, Holbrook, NY/Sachem North HS

Wersan finished second overall at the Bard Invitational on Sept. 20 in a time of 25:22, the fastest by a SJC runner at the meet in program history...field consisted of 173 runners....St. Joseph's-L.I. placed second in the 20-team field...Wersan earns his second Runner of the Week citation in as many weeks.

Men's Cross Country Rookie of the Week

Nicholas Sherman - Maritime

Freshman, Huntington, NY/Huntington HS

Competing at the Bard Invitational on Sept. 20, Sherman placed seventh overall in a field of 173 runners with a time of 25:53...was the top Maritime runner to lead the Privateers to a fifth-place finish in the 20-team field.

Honor Roll

Senior **Dov Levine** finished second overall at the York (NY) Invitational on Sept. 21 as Yeshiva captured the team title.

Women's Cross Country Runners of the Week

Lauren Waka - St. Joseph's-L.I.

Senior, Lake Ronkonkoma, NY/Sachem North HS

AnnMarie Zigrosser – St. Joseph's-L.I.

Senior, Bayport, NY/St. John the Baptist HS

Waka and Zigrosser crossed the finish line together on Sept. 20 in a time of 18:16 as St. Joseph's-L.I. captured the team title at the Bard Invitational...their times were the fastest in team history at the Bard Invitational...the field consisted of 177 competitors...Waka earns her second Runner of the Week citation in as many weeks.

Women's Cross Country Rookie of the Week

Ilenis Quinones - Sage

Freshman, Amsterdam, NY/Amsterdam HS

Competing at the Bard Invitational on Sept. 20, Quinones was the first Gator to cross the finish line as she posted a time of 18:47 on the 5K course...finished seventh out of 177 runners...Sage placed fifth in a field of 19 teams.

Honor Roll

Yeshiva senior **Stephanie Greenberg** finished second overall at the 6K York (NY) Invitational on Sept. 21 to lead the Maccabees to their second team title in as many weeks.

Last Week's Men's Results

9/20 St. Joseph's-L.I.

Mount Saint Mary
Maritime
Farmingdale State
Sarah Lawrence
Purchase
Sage

St. Joseph's-L.I.
2nd/20 at Bard Invitational
4th/20 at Bard Invitational
13th/20 at Bard Invitational
17th/20 at Bard Invitational
NTS at Bard Invitational
NTS at Bard Invitational

9/21 Yeshiva 1st/4 at York (NY) Invitational

This Week's Men's Schedule

9/28 Maritime, Mount Saint Vincent, Old Westbury, Sarah Lawrence, St. Joseph's-L.I. at Staten Island

6th/7 at Ramapo Invitational

Invitational

Old Westbury

Last Week's Women's Results

9/20 St. Joseph's-L.I.

Mount Saint Mary
Sage
Sarah Lawrence
Farmingdale State
Purchase
Maritime

St. Joseph's-L.I.
1st/19 at Bard Invitational
2nd/19 at Bard Invitational
10th/19 at Bard Invitational
13th/19 at Bard Invitational
17th/19 at Bard Invitational

Old Westbury 11 th/11 at Ramapo Invitational

9/21 Yeshiva 1st/7 at York (NY) Invitational

This Week's Women's Schedule

9/28 Maritime, Mount Saint Vincent, Old Westbury, Sarah Lawrence, St. Joseph's-L.I. at Staten Island Invitational

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Men's Weekly Honorees

Runner of the Week

9/15 Brian Wersan (St. Joseph's-L.I.); 9/22 Brian Wersan (St. Joseph's-L.I.);

Rookie of the Week

9/15 Nick Morfesi (St. Joseph's-L.I.); 9/22 Nicholas Sherman (Maritime);

Women's Weekly Honorees

Runner of the Week

9/15 Lauren Waka (St. Joseph's-L.I.); 9/22 Lauren Waka (St. Joseph's-L.I.) / AnnMarie Zigrosser (St. Joseph's-L.I.);

Rookie of the Week

9/15 Lyndsey Pere (Yeshiva); 9/22 Ilenis Quinones (Sage);