



***Skyline Conference
Cross Country Report
September 15, 2014***

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Men's Cross Country Runner of the Week

Brian Wersan – St. Joseph's-L.I.

Senior, Holbrook, NY/Sachem North HS

Wersan established a program record at the Stony Brook Invitational on Aug. 30 with a time of 19:49 on the 5.9K course...finished 12th overall (16:21) on Sept. 7 at the St. John's 5K Invitational...posted a time of 26:15 on the 8K course for a 15th place finish at the LIU Post Invitational on Sept. 13 to remain undefeated against Division III competition in 2014.

Men's Cross Country Rookie of the Week

Nick Morfesi – St. Joseph's-L.I.

Freshman, West Babylon, NY/West Babylon HS

Morfesi posted a time of 27:59 on the 8K course at the LIU Post Invitational on Sept. 13 as St. Joseph's-L.I. finished eighth out of 14 teams in a field that included several Division I and II programs...placed 34th at the Stony Brook Invitational (20:54) on Aug. 30 on the 5.9K course...recorded a time of 17:24 on the 5K course on Sept. 7 at the St. John's Invitational.

Honor Roll

Junior **Juan Reyes-Alvarez** of Sage finished second overall on Sept. 6 at the Purchase Invitational...Mount Saint Vincent sophomore **Patrick Goldberg** posted the fastest time in program history on Sept. 13 at the LIU Post Invitational...Maritime freshman **Nicholas Sherman** finished fifth overall (28:31) on Sept. 14 at the five-mile Queensborough C.C. Invitational in his first collegiate meet, while Yeshiva senior **Dov Levine** placed ninth in the meet.

Women's Cross Country Runner of the Week

Lauren Waka – St. Joseph's-L.I.

Senior, Lake Ronkonkoma, NY/Sachem North HS

Waka is undefeated against Division III competition thru three meets this season after registering 5K times of 19:37 at the LIU Post Invitational (Sept. 13) and 20:17 at the St. John's Invitational (Sept. 7)...finished ninth overall at St. John's...added a time of 16:55 on Aug. 30 at the 4.1K Stony Brook Invitational.

Women's Cross Country Rookie of the Week

Lyndsey Pere - Yeshiva

Sophomore, West Hempstead, NY/HANC HS

Pere placed eighth overall in a field of 115 runners on Sept. 14 at the Queensborough C.C. Invitational with a time of 22:31 on the 5K course as Yeshiva finished first in the 14-team field...recorded a time of 28:33 on Sept. 7 at the 6K Baruch Invitational to place 10th overall in a field of 85 runners.

Honor Roll

Mount Saint Mary sophomore **Brigitte Leyva** was the individual champion at both the Purchase (21:45) and Southern Vermont (21:50) Invitationals and posted a winning time (22:45.01) in the Knights' dual meet versus SUNY Delhi...senior **Stephanie Greenberg** finished first in a field of 115 runners on Sept. 14 at the Queensborough C.C. Invitational...Sage junior **Amanda Millington** finished runner-up at the Purchase Invitational on Sept. 6...sophomore **Natalie Grieco** of Sarah Lawrence placed eighth overall in a field of 72 competitors on Sept. 13 at the Mule/Falcon Invitational.

This Week's Men's Schedule

9/20 Farmingdale State, Maritime, Mount Saint Mary, Old Westbury, Purchase, Sage, Sarah Lawrence, St. Joseph's-L.I. at Bard Invitational

9/21 Yeshiva at York (NY) Invitational

This Week's Women's Schedule

9/20 Farmingdale State, Maritime, Mount Saint Mary, Old Westbury, Purchase, Sage, Sarah Lawrence, St. Joseph's-L.I. at Bard Invitational

9/21 Yeshiva at York (NY) Invitational

Men's Weekly Honorees

Runner of the Week

9/15 Brian Wersan (St. Joseph's-L.I.);

Rookie of the Week

9/15 Nick Morfesi (St. Joseph's-L.I.);

Women's Weekly Honorees

Runner of the Week

9/15 Lauren Waka (St. Joseph's-L.I.);

Rookie of the Week

9/15 Lyndsey Pere (Yeshiva);