

# Skyline Conference Cross Country Report October 6, 2014

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# Men's Cross Country Runner of the Week

Nicholas Sherman - Maritime

Freshman, Huntington, NY/Huntington HS

Competing at the MSMC Invite on Oct. 4, Sherman finished second overall in a field of 141 runners with a time of 28:30 on the 8K course...named the Skyline Runner of the Week for the second consecutive week...Maritime placed sixth in the 16-team field.

# Men's Cross Country Rookie of the Week

Nick Morfesi - St. Joseph's-L.I.

Freshman, West Babylon, NY/West Babylon HS

Morfesi placed 10th overall at the MSMC Invite on Oct. 4 in a time of 29:40...field consisted of 141 competitors...tabbed the Skyline Rookie of the Week for the third time...St. Joseph's-L.I. finished seventh out of 16 teams.

#### Honor Roll

St. Joseph's-L.I. senior **Brian Wersan** (28:39) finished third overall at the MSMC Invite on Oct. 4, while **Juan Reyes-Alvarez** (28:49) of Sage and **Patrick Goldberg** (28:50) of Mount Saint Vincent placed fourth and fifth, respectively.

# Women's Cross Country Runner of the Week

AnnMarie Zigrosser - St. Joseph's-L.I.

Senior, Bayport, NY/St, John the Baptist HS

Zigrosser won the individual title on Oct. 4 at the MSMC Invite with a time of 20:26 on the 5K course...field consisted of 178 runners...earns her third consecutive Runner of the Week citation...St. Joseph's-L.I. captured the team title at the 20-team event.

## Women's Cross Country Rookie of the Week

Brianna Stamm - Mount Saint Mary

Freshman, Levittown, NY/St. Dominic HS

Stamm finished ninth overall out of 178 runners at the MSMC Invite on Oct. 4 with a time of 21:18 on the 5K course...helped MSMC to a third place finish in the 20-team field.

#### Women's Honor Roll

Senior Lauren Waka (20:53) of St. Joseph's-L.I. finished second overall at the MSMC Invite on Oct. 4, while Mount Saint Mary sophomore Brigitte Leyva placed seventh in a time of 21:16.

#### Last Week's Men's Results

10/4 MSMC 3rd/16 at MSMC Invite Maritime 6th/16 at MSMC Invite St. Joseph's-L.I. 7th/16 at MSMC Invite Purchase 8th/16 at MSMC Invite Mount Saint Vincent 9th/16 at MSMC Invite Farmingdale State 12th/16 at MSMC Invite Sage 13th/16 at MSMC Invite Sarah Lawrence 14th/16 at MSMC Invite Old Westbury 16th/16 at MSMC Invite

## This Week's Men's Schedule

10/11 Purchase at James Early Invitational

10/12 Farmingdale State, Mount Saint Vincent, Sarah Lawrence at CCNY Invitational

#### Last Week's Women's Results

10/4	St. Joseph's-L.I.	1st/20 at MSMC Invite
	Mount Saint Mary	3rd/20 at MSMC Invite
	Sage	5th/20 at MSMC Invite
	Sarah Lawrence	10th/20 at MSMC Invite
	Farmingdale State	12th/20 at MSMC Invite
	Maritime	14th/20 at MSMC Invite
	Mount Saint Vincent	15th/20 at MSMC Invite
	Purchase	18th/20 at MSMC Invite
	Old Westbury	20th/20 at MSMC Invite

# This Week's Women's Schedule

10/11 Purchase at James Early Invitational

10/12 Farmingdale State, Mount Saint Vincent, Sarah Lawrence at CCNY Invitational

## Men's Weekly Honorees

#### Runner of the Week

9/15 Brian Wersan (St. Joseph's-L.I.); 9/22 Brian Wersan (St. Joseph's-L.I.); 9/29 Nicholas Sherman (Maritime); 10/6 Nicholas Sherman (Maritime);

#### Rookie of the Week

9/15 Nick Morfesi (St. Joseph's-L.I.); 9/22 Nicholas Sherman (Maritime); 9/29 Nick Morfesi (St. Joseph's-L.I.); 10/6 Nick Morfesi (St. Joseph's-L.I.);

# Women's Weekly Honorees

#### Runner of the Week

9/15 Lauren Waka (St. Joseph's-L.I.); 9/22 Lauren Waka (St. Joseph's-L.I.) / AnnMarie Zigrosser (St. Joseph's-L.I.); 9/29 AnnMarie Zigrosser (St. Joseph's-L.I.); 10/6 AnnMarie Zigrosser (St. Joseph's-L.I.);

#### Rookie of the Week

9/15 Lyndsey Pere (Yeshiva); 9/22 Ilenis Quinones (Sage); 9/29 Katherine Shepard (Sarah Lawrence); 10/6 Brianna Stamm (Mount Saint Mary);