



***Skyline Conference
Cross Country Report
October 27, 2014***

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Men's Cross Country Runner of the Week

Nicholas Sherman - Maritime

Freshman, Huntington, NY/Huntington HS

Sherman seized the individual title on Oct. 26 at the Skyline Cross Country Championships with a winning time of 28:03.61 on the 8K course at the Hudson Valley Sportsdome...led Maritime to a fourth-place finish in the team standings...tabbed the Skyline Runner of the Week for the third time this season.

Men's Cross Country Rookie of the Week

Brian Robinson - Mount Saint Mary

Freshman, Poughkeepsie, NY/Our Lady of Lourdes HS

Robinson finished ninth overall in a time of 29:55.05 on Oct. 26 as Mount Saint Mary captured its first-ever Skyline Cross Country Championship...tabbed the Skyline Rookie of the Year and second-team All-Conference for his efforts.

Women's Cross Country Runner of the Week

AnnMarie Zigrosser - St. Joseph's-L.I.

Senior, Bayport, NY/St. John the Baptist HS

Zigrosser won the individual title on Oct. 26 at the Skyline Cross Country Championships as she posted a winning time of 20:08.38 on the 5K course at the Hudson Valley Sportsdome...St. Joseph's-L.I. earned its fifth consecutive league crown...named the Skyline Runner of the Week for the fifth time this season.

Women's Cross Country Rookie of the Week

Ilenis Quinones - Sage

Freshman, Amsterdam, NY/Amsterdam HS

Quinones finished sixth overall at the Skyline Cross Country Championships on Oct. 26 in a time of 21:05.71...tabbed the league's Rookie of the Year and first-team All-Conference for her efforts...led Sage to a third-place team finish...garners Rookie of the Week honors for the third time this season.

Last Week's Men's Results

2014 Skyline Cross Country Championships (Oct. 26)

1. Mount Saint Mary (57)
2. St. Joseph's-L.I. (58)
3. Yeshiva (82)
4. Maritime (90)
5. Purchase (119)
6. Farmingdale State (164)
7. Mount Saint Vincent (185)
8. Sarah Lawrence (225)
9. Sage (226)
10. Old Westbury (251)

This Week's Men's Schedule

11/2 Sarah Lawrence, Yeshiva at Nick Russo Classic

Last Week's Women's Results

2014 Skyline Cross Country Championships (Oct. 26)

1. St. Joseph's-L.I. (20)
2. Mount Saint Mary (79)
3. Sage (92)
4. Sarah Lawrence (130)
5. Yeshiva (143)
6. Farmingdale State (146)
7. Maritime (197)
8. Mount Saint Vincent (202)
9. Purchase (228)
10. Old Westbury (259)

This Week's Women's Schedule

11/2 Sarah Lawrence, Yeshiva at Nick Russo Classic

Men's Weekly Honorees

Runner of the Week

9/15 Brian Wersan (St. Joseph's-L.I.); 9/22 Brian Wersan (St. Joseph's-L.I.); 9/29 Nicholas Sherman (Maritime); 10/6 Nicholas Sherman (Maritime); 10/13 Patrick Goldberg (Mount Saint Vincent); 10/20 Juan Reyes-Alvarez (Sage); 10/27 Nicholas Sherman (Maritime);

Rookie of the Week

9/15 Nick Morfesi (St. Joseph's-L.I.); 9/22 Nicholas Sherman (Maritime); 9/29 Nick Morfesi (St. Joseph's-L.I.); 10/6 Nick Morfesi (St. Joseph's-L.I.); 10/13 Clive Griffiths (Purchase); 10/20 Nicholas Sherman (Maritime); 10/27 Brian Robinson (Mount Saint Mary);

Women's Weekly Honorees

Runner of the Week

9/15 Lauren Waka (St. Joseph's-L.I.); 9/22 Lauren Waka (St. Joseph's-L.I.) / AnnMarie Zigrosser (St. Joseph's-L.I.); 9/29 AnnMarie Zigrosser (St. Joseph's-L.I.); 10/6 AnnMarie Zigrosser (St. Joseph's-L.I.); 10/13 Natalie Grieco (Sarah Lawrence); 10/20 AnnMarie Zigrosser (St. Joseph's-L.I.); 10/27 AnnMarie Zigrosser (St. Joseph's-L.I.);

Rookie of the Week

9/15 Lyndsey Pere (Yeshiva); 9/22 Ilenis Quinones (Sage); 9/29 Katherine Shepard (Sarah Lawrence); 10/6 Brianna Stamm (Mount Saint Mary); 10/13 Katherine Shepard (Sarah Lawrence); 10/20 Ilenis Quinones (Sage); 10/27 Ilenis Quinones (Sage);