



***Skyline Conference
Cross Country Report
September 23, 2013***

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Men's Cross Country Runner of the Week

Brian Wersan – St. Joseph's-L.I.

Senior, Holbrook, NY/Sachem North HS

Wersan finished eighth overall on Sept. 21 at the Bard Invitational with a time of 25:41 on the 8K course...field consisted of 187 runners...earns his fourth Skyline Runner of the Week award of the season...St. Joseph's-L.I. placed third out of 22 teams.

Men's Cross Country Rookie of the Week

Nick Diaz – St. Joseph's-L.I.

Freshman, Hauppauge, NY/Hauppauge HS

Diaz garners his fourth Skyline Rookie of the Week honor as he posted a time of 27:33 at the Bard Invitational on Sept. 21...placed 28th in a field of 187 runners...the Golden Eagles finished third in the 22-team field.

Honor Roll

Maritime sophomore **Cameron Coneys** finished 23rd overall at the Bard Invitational on Sept. 21 with a time of 27:07...sophomore **Juan Reyes-Alvarez** of Sage placed 14th overall (26:49) at the Bard Invitational.

Women's Cross Country Runner of the Week

Katherine Henri - Purchase

Sophomore, Staten Island, NY/Nootre Dame Academy

Competing at the Bard Invitational on Sept. 21, Henri finished sixth overall in a field of 175 runners with a time of 18:21 on the 5K course...the Panthers placed eighth out of 16 teams.

Women's Cross Country Rookie of the Week

Ashley Maresca – The Sage Colleges

Sophomore, Brant Lake, NY/North Warren Central HS

Maresca was the second Gator to cross the finish line on Sept. 21 at the Bard Invitational in a time of 20:36...placed 38th overall in a field of 175 competitors...tabbed the Skyline Rookie of the Week for the second time...Sage finished seventh in the 16-team field.

Honor Roll

Mount Saint Mary senior **Rachel Sleeter** placed 27th overall (19:41) at the Bard Invitational on Sept. 21...sophomore **Alaina Krueger** of Sage posted a time of 20:27 and finished 22nd overall at the Bard Invitational...Maritime senior **Jackie Bellisari** recorded a time of 19:49 and placed 28th overall at the Bard Invitational...sophomore **Brittany Guttieri** (18:43) was the top St. Joseph's-L.I. runner at the Bard Invitational.

Last Week's Men's Results

9/21	St. Joseph's-L.I. at Bard Invitational	3 rd /22
	Maritime at Bard Invitational	4 th /22
	Mount Saint Mary at Bard Invitational	10 th /22
	Sage at Bard Invitational	11 th /22
	Purchase at Bard Invitational	13 th /22
	Farmingdale State at Bard Invitational	16 th /22
	Old Westbury at Bard Invitational	22 nd /22

Week 4 Top Times

Old Westbury (8K)

Zach Abatelli	33:29
Kawasi Frederick	36:25
Paul Valerio	37:15

St. Joseph's-L.I. (8K)

Brian Wersan	25:41
Nick Diaz	27:33
Jon Alfador	27:46

Maritime (8K)

Cameron Coneyes	27:07
Kevin Sun	28:04
Joseph Wheland	28:53

Mount Saint Mary (8K)

Adam Al-Haraizeh	28:46
Chris DelVecchio	28:58
Ian Brink	29:06

Sage (8K)

Juan Reyes-Alvarez	26:49
Josh Myers	28:12
Cory Alvarado	29:52

Purchase (8K)

Daniel Levitz	29:20
Zuriel Arellano	29:22
Corey Woodin	30:53

Farmingdale State (8K)

Daniel Barrett	30:09
Patrick DiMaria	32:20
Colin Norwood	35:22

This Week's Men's Schedule

9//28 Mount Saint Mary at Williams Purple Valley Classic

9/29 Mount Saint Vincent, St. Joseph's-L.I. at College of Staten Island Invitational

Last Week's Women's Results

9/21	St. Joseph's-L.I. at Bard Invitational	2 nd /16
	Mount Saint Mary at Bard Invitational	3 rd /16
	Sage at Bard Invitational	7 th /16
	Purchase at Bard Invitational	8 th /16
	Old Westbury at Bard Invitational	16 th /16
	Maritime at Bard Invitational	NTS

Week 4 Top Times

Old Westbury (5K)

Jennifer Jean	24:48
Elsa Hiraldo	27:33
Jennifer Sigmann	29:56

St. Joseph's-L.I. (5K)

Brittany Guttieri	18:43
Lauren Waka	18:51
AnnMarie Zigrosser	19:14

Sage (5K)

Alaina Kruger	20:27
Ashley Maresca	20:36
Caitlin Coughlin	21:58

Mount Saint Mary (5K)

Rachel Sleeter	19:41
Jennifer Boyle	20:03
Brigitte Leyva	20:37

Purchase (5K)

Katherine Henri	18:21
Lauren Varner-Timothy	20:44
Emily Himes	21:55

Maritime (5K)

Jackie Bellisari	19:49
Courtney Hill-Chamber	23:18
Theresa D'Amore	23:46

This Week's Women's Schedule

9//28 Mount Saint Mary at Williams Purple Valley Classic

9/29 Mount Saint Vincent, St. Joseph's-L.I. at College of Staten Island Invitational

Men's Weekly Honorees

Runner of the Week

9/3 Brian Wersan (St. Joseph's-L.I.); 9/9 Brian Wersan (St. Joseph's-L.I.); 9/16 Brian Wersan (St. Joseph's-L.I.); 9/23 Brian Wersan (St. Joseph's-L.I.);

Rookie of the Week

9/3 Nick Diaz (St. Joseph's-L.I.); 9/9 Nick Diaz (St. Joseph's-L.I.); 9/16 Nick Diaz (St. Joseph's-L.I.); 9/23 Nick Diaz (St. Joseph's-L.I.);

Women's Weekly Honorees

Runner of the Week

9/3 Brittany Guttieri (St. Joseph's-L.I.); 9/9 Brittany Guttieri (St. Joseph's-L.I.); 9/16 Brittany Guttieri (St. Joseph's-L.I.); 9/23 Katherine Henri (Purchase);

Rookie of the Week

9/3 Ashley Maresca (Sage); 9/9 Brigitte Leyva (Mount Saint Mary); 9/16 Kelly Roberts (St. Joseph's-L.I.); 9/23 Ashley Maresca (Sage);