



***Skyline Conference
Cross Country Report
September 16, 2013***

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Men's Cross Country Runner of the Week

Brian Wersan – St. Joseph's-L.I.

Senior, Holbrook, NY/Sachem North HS

Wersan registered the fastest 8K time in program annals (26:10) on Sept. 14 at the LIU Post Invitational and placed ninth overall...was the top Division III runner...garners his third consecutive Skyline Runner of the Week citation...the Golden Eagles finished 8th in the 15-team field.

Men's Cross Country Rookie of the Week

Nick Diaz – St. Joseph's-L.I.

Freshman, Hauppauge, NY/Hauppauge HS

Diaz earns his third Skyline Rookie of the Week honor as he posted a time of 28:18 at the LIU-Post Invitational on Sept. 14...marked the first 8K race of his career.

Honor Roll

Freshman **Adam Al-Haraizeh** (30:24.50) placed eighth overall as Mount Saint Mary won its first-ever men's team title on Sept. 15 at the Queensborough C.C. Invitational...Purchase junior **Daniel Levitz** finished 32nd overall at the Queensborough C.C. Invitational with a time of 32:47.10...sophomore **Jordan Kohlman** of Farmingdale State posted a time of 28:44.93 at the LIU Post Invitational on Sept. 14.

Women's Cross Country Runner of the Week

Brittany Guttieri – St. Joseph's-L.I.

Sophomore, Oakdale, NY/Connetquot HS

Guttieri earned her third Skyline Runner of the Week citation of the season as she posted a time of 19:04 at the 5K LIU Post Invitational on Sept. 14...was the top Division III runner and placed 11th overall...marked a SJC course record and represented an improvement of 3:49 from a year ago for Guttieri on the same course.

Women's Cross Country Rookie of the Week

Kelly Roberts – St. Joseph's-L.I.

Freshman, Stony Brook, NY/Ward Melville HS

In her first collegiate 5K race on Sept. 14, Roberts recorded a time of 21:39 at the LIU Post Invitational...SJC finished third in the 17-team field.

Honor Roll

Purchase sophomore **Katherine Henri** won her second race of the season as she captured the title on Sept. 15 at the Queensborough C.C. Invitational with a time of 20:50.40...sophomore **Jennifer Boyle** placed fifth overall (22:25.20) at the Queensborough C.C. Invitational as Mount Saint Mary took home the team title...Farmingdale State senior **Melissa Bonilla** led the Rams with a time of 21:07.76 at the LIU Post Invitational on Sept. 14.

Last Week's Men's Results

9/14	Old Westbury at Ramapo Roadrunner Invitational	9 th /9
	St. Joseph's at LIU Post Invitational	8 th /15
	Farmingdale State at LIU Post Invitational	10 th /15
9/15	Mount Saint Mary at Queensborough C.C. Invitational	1st/19
	Purchase at Queensborough C.C. Invitational	7 th /19
	NYU-Poly at Queensborough C.C. Invitational	17th/19

Week 3 Top Times

Old Westbury (8K)

Zach Abatelli	35:53.4
Kawasi Frederick	38:41.7
Alex Abanavas	42:26.5

St. Joseph's-L.I. (8K)

Brian Wersan	26:10
Jon Afanador	27:48
Nick Diaz	28:18

Farmingdale State (8K)

Jordan Kohlman	28:44.9
Daniel Barrett	31:07.6
Patrick DiMaria	32:16.1

Mount Saint Mary (8K)

Adam Al-Haraizeh	30:24.50
Chris DeVecchio	30:28.40
Ian Brink	30:31.90

NYU-Poly (8K)

Eduardo Aponte	30:30.40
Neish Dawkins	35:20.10
Caylan Liew	41:39.30

Purchase (8K)

Daniel Levitz	32:47.10
Zuriel Arellano	32:54.10
Corey Woodin	33L31.00

This Week's Men's Schedule

9/21	Maritime, Mount Saint Mary, Old Westbury, Purchase, Sage, St. Joseph's-L.I. at Bard Invitational
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Last Week's Women's Results

9/14	Old Westbury at Ramapo Roadrunner Invitational	16 th /17
	St. Joseph's at LIU Post Invitational	3rd/17
	Farmingdale State at LIU Post Invitational	12 th /17
9/15	Mount Saint Mary at Queensborough C.C. Invitational	1 st /12
	Purchase at Queensborough C.C. Invitational	3 rd /12
	NYU-Poly at Queensborough C.C. Invitational	NTS

Week 3 Top Times

Old Westbury (6K)

Jennifer Jean	32:05.2
Ayana Alleyne	33:11.8
Kayla Williams	36:01.3

St. Joseph's-L.I. (5K)

Brittany Guttieri	19:04
AnnMarie Zigrosser	19:38
Caitlyn Ryan	19:42

Farmingdale State (5K)

Melissa Bonilla	21:07.7
Kristen Starke	22:39.9
Druscilla Dickson	23:26.1

Mount Saint Mary (5K)

Jennifer Boyle	22:25.20
Brigitte Leyva	22:28.70
Jessica Cowell	22:34.80

Purchase (5K)

Katherine Henri	20:50.40
Lauren Varner-Timothy	23:26.70
Emily Himes	24:06.10

NYU-Poly (5K)

Marie-Ange Brumelot	24:04.40
Rachel Soyk	26:37.00

This Week's Women's Schedule

9/21	Maritime, Mount Saint Mary, Old Westbury, Purchase, Sage, St. Joseph's-L.I. at Bard Invitational
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Men's Weekly Honorees

Runner of the Week

9/3 Brian Wersan (St. Joseph's-L.I.); 9/9 Brian Wersan (St. Joseph's-L.I.); 9/16 Brian Wersan (St. Joseph's-L.I.);

Rookie of the Week

9/3 Nick Diaz (St. Joseph's-L.I.); 9/9 Nick Diaz (St. Joseph's-L.I.); 9/16 Nick Diaz (St. Joseph's-L.I.);

Women's Weekly Honorees

Runner of the Week

9/3 Brittany Guttieri (St. Joseph's-L.I.); 9/9 Brittany Guttieri (St. Joseph's-L.I.); 9/16 Brittany Guttieri (St. Joseph's-L.I.);

Rookie of the Week

9/3 Ashley Maresca (Sage); 9/9 Brigitte Leyva (Mount Saint Mary); 9/16 Kelly Roberts (St. Joseph's-L.I.);