

# Skyline Conference Cross Country Report October 21, 2013

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# Men's Cross Country Runner of the Week

Juan Reyes-Alvarez – The Sage Colleges Sophomore, Latham, NY/Shaker HS

Competing at the Green Mountain Invitational, Reyes Alvarez finished second overall with a time of 25:27 on the 8K course...field consisted of 56 runners...Sage placed sixth in the seven-team field.

# Men's Cross Country Rookie of the Week

Patrick Goldberg - Mount Saint Vincent

Freshman, Rockaway Beach, NY/Archbishop Molloy HS

Goldberg earns his third Rookie of the Week citation after placing second overall at the York (NY) Invitational on Oct. 20 in a time of 28:41 in the 8K course...field consisted of 81 competitors...CMSV finished seventh out of 11 teams.

#### Honor Roll

SJC senior **Brian Wersan** won the individual title at the St. Joseph's-L.I. Invite with a school-record time of 28:15...sophomore **Cameron Coneys** finished second overall at the St. Joseph's-L.I. Invite with a time of 28:42.4...Purchase junior **Daniel Levitz** (31:54) was the Panthers' top finisher at the St. Joseph's-L.I. Invite...sophomore **Jacob Kashani** (30:59.1) was the top Farmingdale State finisher for the fourth consecutive race...Yeshiva senior **Oliver Sax** finished second (27:16) on Oct. 20 as the Maccabees captured the HVIAC title.

## Women's Cross Country Runners of the Week

Stephanie Greenberg - Yeshiva

Sophomore, Cedarhurst, NY/HAFTR HS

Greenberg placed third overall with a time of 19:26 on the 5K course at Bard College...Yeshiva captured the HVIAC title, the first-ever women's crown in program annals.

## Rachel Sleeter - Mount Saint Mary

Senior, Hyde Park, NY/Franklin D. Roosevelt HS

Competing at the York (NY) Invitational on Oct. 20, Sleeter finished first overall in a time of 24:43 on the 6K course...field consisted of 68 runners...MSMC placed first in the 11-team field.

## Women's Cross Country Rookie of the Week

Kelly Roberts - St. Joseph's-L.I.

Freshman, Stony Brook, NY/Ward Melville HS

Roberts finished 17<sup>th</sup> overall at the St. Joseph's-L.I. Invite on Oct. 19 with a time of 22:47 on the 5K course...field consisted of 102 runners...named the Skyline Rookie of the Week for the second time...SJC placed first in the 12-team field.

#### **Honor Roll**

Ann Marie Zigrosser of St. Joseph's-L.I. finished third overall at the St. Joseph's-L.I. Invite on Oct. 19 with a time of 20:58...Sage sophomore Alaina Krueger placed 11<sup>th</sup> overall (21:13) at the Green Mountain Invitational on Oct. 19...senior Jackie Bellisari finished 10<sup>th</sup> in a time of 21:57.3 at the St. Joseph's-L.I. Invite... Farmingdale State senior Melissa Bonilla placed 15<sup>th</sup> overall (22:30.3) at the St. Joseph's-L.I. Invite...freshman Daisy Pogyo led Mount Saint Vincent at the York (NY) Invitational on Oct. 20 with a time of 28:02 on the 6K course...Purchase sophomore Katherine Henri placed first overall at the St. Joseph's-L.I. Invite.

## Last Week's Men's Results

10/19	Sage at Green Mountain Invitational St. Joseph's-L.I. at SJC invitational Maritime at SjC Invitational Purchase at SJC Invitational Farmingdale State at SJC Invitational Old Westbury at SJC Invitational	6 <sup>th</sup> /7 1 <sup>st</sup> //13 3 <sup>rd</sup> /13 7 <sup>th</sup> /13 9 <sup>th</sup> /13 13 <sup>th</sup> /13
10/20	Mount Saint Mary at York (NY) Invitational Mount Saint Vincent at York (NY) Invitational Yeshiva at HVMAC Championship	2 <sup>nd</sup> /11 7 <sup>th</sup> /11 1 <sup>st</sup> /7

# **Week 8 Top Times**

SJC Invitational (8K)

http://www.sjceagles.com/sports/mxc/2013-14/files/St. Joseph-s College XC Invitational.html

#### Green Mountain Invitational (8K)

http://www.sagegators.com/sports/mxc/2013-14/files/GMC Invitational Men-s Results.pdf

#### York (NY) Invitational (8K)

http://www.yorkathletics.com/custompages/mcross/2013/2013%20York%20College%20Invitational-men.pdf

#### HVIAC Championship (8K)

http://www.hviac.net/championship/cross-country/2013\_HVIAC\_Cross\_Country\_Championships\_-\_Mens\_Results.pdf

# This Week's Men's Schedule

10/27	Skyline Championships at Van Cortlandt Park	1:00 p.m.
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## Last Week's Women's Results

10/19	Sage at Green Mountain Invitational	4 <sup>th</sup> /7
	St. Joseph's-L.I. at SJC Invitational	1 <sup>st</sup> /12
	Purchase at SJC Invitational	6 <sup>th</sup> /12
	Farmingdale State at SJC Invitational	7 <sup>th</sup> /12
	Maritime at SJC Invitational	8 <sup>th</sup> /12
	Old Westbury at SJC Invitational	12 <sup>th</sup> /12
10/20	Mount Saint Mary at York (NY) Invitational Mount Saint Vincent at York (NY) Invitational Yeshiva at HVMAC Championship	1 <sup>st</sup> /9 8th/9 1 <sup>st</sup> /8

## **Week 8 Top Times**

Green Mountain Invitational (5K)

http://www.sagegators.com/sports/wxc/2013-14/files/GMC Invitational Women-s Results.pdf

# SJC Invitational (5K)

http://www.sjceagles.com/sports/mxc/2013-14/files/St. Joseph-s College XC Invitational.html

#### York (NY) Invitational (6K)

 $\underline{\text{http://www.yorkathletics.com/custompages/wcross/2013/2013\%20York\%20College\%20Invitational-women.pdf}$ 

#### HVIAC Championship (5K)

http://hviac.net/championship/cross-country/2013\_HVIAC\_Cross\_Country\_Championships\_-Womens\_Results.pdf

#### This Week's Women's Schedule

10/27 Skyline Championships at Van Cortlandt Park 12:00 p.m.

# Men's Weekly Honorees

#### Runner of the Week

9/3 Brian Wersan (St. Joseph's-L.I.); 9/9 Brian Wersan (St. Joseph's-L.I.); 9/16 Brian Wersan (St. Joseph's-L.I.); 9/23 Brian Wersan (St. Joseph's-L.I.); 9/30 Brian Wersan (St. Joseph's-L.I.); 10/7 Brian Wersan (St. Joseph's-L.I.); 10/14 Cameron Coneys (Maritime); 10/21 Juan Reyes-Alvarez (Sage);

#### Rookie of the Week

9/3 Nick Diaz (St. Joseph's-L.I.); 9/9 Nick Diaz (St. Joseph's-L.I.); 9/16 Nick Diaz (St. Joseph's-L.I.); 9/23 Nick Diaz (St. Joseph's-L.I.); 9/30 Patrick Goldberg (Mount Saint Vincent); 10/7 Nick Diaz (St. Joseph's-L.I.); 10/14 Patrick Goldberg (Mount Saint Vincent) / Kevin Sun (Maritime); 10/21 Patrick Goldberg (Mount Saint Vincent);

# Women's Weekly Honorees

## Runner of the Week

9/3 Brittany Guttieri (St. Joseph's-L.I.); 9/9 Brittany Guttieri (St. Joseph's-L.I.); 9/16 Brittany Guttieri (St. Joseph's-L.I.); 9/23 Katherine Henri (Purchase); 9/30 Brittany Guttieri (St. Joseph's-L.I.); 10/7 Brittany Guttieri (St. Joseph's-L.I.); 10/14 Katherine Henri (Purchase); 10/21 Stephanie Greenberg (Yeshiva) / Rachel Sleeter (Mount Saint Mary);

#### Rookie of the Week

9/3 Ashley Maresca (Sage); 9/9 Brigitte Leyva (Mount Saint Mary); 9/16 Kelly Roberts (St. Joseph's-L.I); 9/23 Ashley Maresca (Sage); 9/30 Daisy Pogyo (Mount Saint Vincent); 10/7 Siobhan O'Gorman (St. Joseph's-L.I.); 10/14 Daisy Pogyo (Mount Saint Vincent); 10/21 Kelly Roberts (St. Joseph's-L.I.);