

Skyline Conference Cross Country Report September 17, 2012

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Men's Cross Country Runner of the Week

Mike Lombardi - St. Joseph's-L.I.

Senior, Ronkonkoma, NY/Connetquot HS

Competing at the CW Post Invitational on Sept. 15, Lombardi finished 25th overall in a field of 167 competitors with a school-record time of 27:52.75...placed ahead of several Division I runners...SJC finished sixth out of 17 teams.

Men's Cross Country Rookie of the Week

Brian Wersan - St. Joseph's-L.I.

Junior, Holbrook, NY/Sachem North HS

The first-year competitor placed 26th overall at the CW Post Invitational in a time of 27:52.96...eclipsed the school record and was the second SJC runner to cross the finish line...the Golden Eagles finished sixth in the 17-team field.

Honor Roll

Teammates **Jesus Vaquez-Lopez** (17:26) and **Juan Reyes-Alvarez** (17:31) finished fifth and seventh, respectively, on Sept. 15 at the 5K Valiant Invitational...Maritime freshman **Cameron Coneys** placed second overall at the Queensborough Invite with a time of 28:08...sophomore **Eduardo Aponte** of NYU-Poly placed13th overall at the Queensborough Invitational with a time of 30:47.

Women's Cross Country Runner of the Week

Christine Cristobal - St. Joseph's-L.I.

Senior. Dix Hills. NY/Half Hollow Hills HS

Cristobal placed fifth overall in a field of 184 runners on Sept. 15 at the CW Post Invitational with a school-record time of 19:39.67 on the 5K course...was the top Division III runner and finished ahead of multiple Division I competitors...SJC placed fourth out of 20 teams.

Women's Cross Country Rookie of the Week

Katherine Henri - Purchase

Freshman, Staten Island, NY/Notre Dame Academy

Henri repeats as Skyline Rookie of the Week after winning the individual title at the Valiant Invitational on Sept. 15 with a time of 19:28...field consisted of 57 runners....marked her second individual crown in as many weeks...the Panthers finished third in the seven-team field.

Honor Roll

Sage freshman **Alaina Krueger** finished eighth overall at the Valiant Invitational on Sept. 15 with a time of 21:31, while teammate **Katie Fargnoli** placed ninth (21:37)...junior **Nicole Zazzero** of Mount Saint Mary placed 48th at the CW Post Invitational in a time of 21:23.3.

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Last Week's Men's Results

9/15	Purchase at Valiant Invitational Sage at Valiant Invitational Farmingdale State at CW Post Invitational Mount Saint Mary at CW Post Invitational	5 ^{tt} /6 2 nd /6 15 th /17 17 th /17
9/16	St. Joseph's-L.I. at CW Post Invitational Maritime at Queensborough C.C. Mount Saint Vincentat Queensborough C.C. NYU-Poly at Queensborough C.C.	6 th /17 2 nd /14 12th/14 10 th /14

This Week's Men's Schedule

9/22 Sage at Elms College Invitational
Old Westbury at Bard Invitational
Mount Saint Mary at Bard Invitational
Purchase at Bard Invitational
St. Joseph's-L.I, at Bard Invitational
Maritime at Bard Invitational

9/23 Mount Saint Vincent at Hunter Invitational Yeshiva at Hunter Invitational

Last Week's Women's Results

9/15	Purchase at Valiant Invitational	3 ^{ra} /7
	Sage at Valiant Invitational	2 nd /7
	Farmingdale State at CW Post Invitational	20 th /20
	Mount Saint Mary at CW Post Invitational	9 th /20
	St. Joseph's-L.I. at CW Post Invitational	4 th /20
9/16	Maritime at Queensborough C.C.	2 nd /12
	Mount Saint Vincentat Queensborough C.C.	9 th /12
	NYU-Poly at Queensborough C.C.	8 th /12

This Week's Women's Schedule

9/22 Sage at Elms College Invitational
Old Westbury at Bard Invitational
Mount Saint Mary at Bard Invitational
Purchase at Bard Invitational
St. Joseph's-L.I, at Bard Invitational
Maritime at Bard Invitational

9/23 Mount Saint Vincent at Hunter Invitational Yeshiva at Hunter Invitational

Men's Weekly Honorees

Runners of the Week

9/4 Jesus Vaquez-Lopez (Sage); 9/10 Cameron Coneys (Maritime); 9/17 Mike Lombardi (St. Joseph's-L.I.);

Rookies of the Week

9/4 Cameron Coneys (Maritime); 9/10 Cameron Coneys (Maritime); 9/17 Brian Wersan (St. Joseph's-L.I.);

Women's Weekly Honorees

Runners of the Week

9/4 Rachel Sleeter (Mount Saint Mary); 9/10 Jackie Bellisari (Maritime) / Nicole Zazzero (Mount Saint Mary); 9/17 Christine Cristobal (St. Joseph's-L.I.);

Rookies of the Week
9/4 Keira Warner (Sage); 9/10 Nicole Cunningham (Mount Saint Mary) / Katherine Henri (Purchase); 9/17
Katherine Henri (Purchase);