Dear Visiting Athletic Training Staff:

SFU Sports Therapy Staff would like to welcome you to Swangard Stadium in Central Park at the corner of Boundary Road and Kingsway Avenue in Burnaby, BC.

3883 Imperial Street,
Burnaby, BC V5G 4H7

Important Telephone Numbers:
- Emergency-Fire Ambulance ................................................................. 911
- Sports Therapy Clinic ........................................................................ 778-782-4457
- Swangard Stadium Manager .............................................................. 604-868-6517
- Burnaby Hospital .............................................................................. 604-434-4211
- Royal Columbian Hospital ................................................................. 604-520-4253
- Simon Fraser Dental Centre .............................................................. 604-267-3368
- Sports Therapy E-mail Address ......................................................... sportstherapy@sfu.ca

Emergency:
In emergency situations Burnaby Hospital will be contacted.

Burnaby Hospital
3935 Kincaid St, Burnaby, BC
Phone: 604-434-4211

Directions: Right onto Boundary road, drive north about 6 minutes right on Kincaid St, Hospital is on the left (see attached map)

Alternate Hospital:

Royal Columbian Hospital
330 East Columbian Street, New Westminster, BC
Phone: 604-520-4253

Directions: See attached map

If you have any questions regarding your visit to Swangard Stadium please contact the SFU Sports Therapy Staff 778-782-4457 or at sportstherapy@sfu.ca

Thank-you,

SFU Sports Therapy
EMERGENCY ACTION PLAN

Date: ________________  Opposition: ________________

Location: ________________

1. Medical Doctor
   On-Site: ________________  Name: ________________

2. Signals
   Ambulance Required:
   Life Threatening: Wrist crossed over chest EAP activation
   Non-Life Threatening: Arm extended and to the side of the body

   Physician Required:
   Arm Extended above the head

3. Trauma Kit:
   Home Bench (H) or Clinic (C)
   Stretcher: ___  Oxygen: ___  Blanket: ___  AED: ___
   Splints: ___  Towels: ___  Crutches: ___  PPE Kit: ___

4. Ice & Water
   A cooler and water jug will be located on the visitors bench

5. Ambulance:
   On-Site: ________  Not On-Site: Dial 911

Information:

   Burnaby Hospital
   3883 Imperial Street
   Burnaby, BC, V5G 4H7
   604-434-4211

   Host Charge Person: ________________  Call Person: ________________

   Visiting Charge Person: ________________
Directions to Burnaby Hospital:

1. Head north on Boundary Rd N toward Kingsway/BC-59A S
2. Turn right onto Kincaid St
   
   Destination will be on the left

Burnaby Hospital
3935 Kincaid Street, Burnaby, BC V5G 2X6
Directions to Royal Columbian Hospital:

1. Head north on Boundary Rd N
   - Distance: 120 m

2. Turn right onto Kingsway/BC-99A S
   - Distance: 6.8 km

3. Turn left onto E 10th Ave/Tenth Ave/BC-99A S (signs for British Columbia 1 Alternate E/British Columbia 99 Alternate S)
   - Continue to follow E 10th Ave/Tenth Ave
   - Distance: 3.8 km

4. Continue onto Holmes St
   - Distance: 350 m

5. Turn right onto E Columbia St
   - Destination will be on the left
   - Distance: 1.0 km

Royal Columbian Hospital
330 East Columbia Street, New Westminster, BC V3L 3W7