



2007-2008

*Rocky Mountain Athletic Conference
Championship Program*

Commissioners Welcome

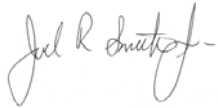
Welcome to the 2007-08 Rocky Mountain Athletic Conference Championships. We look forward to an exciting event demonstrating action, competition, and sportsmanship.

Members of the RMAC compete at one of the highest levels in the country, winning more than 30 NCAA national championship titles. Our student-athletes not only excel on the playing field, but in the classroom as well, garnering numerous academic all-conference, all-region, and all-American accolades.

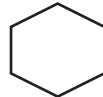
We appreciate the support of our corporate partners, administrators, coaches, parents, and friends as we strive to be the most successful conference in NCAA Division II.

To each team and student-athlete, we wish you the best of luck this championship season.

Sincerely,



Joel R. Smith
RMAC Commissioner



"THIS WEEK IN THE RMAC"

Follow your favorite RMAC teams every Wednesday afternoon on "This Week in the RMAC." This weekly radio show features interviews with coaches and student-athletes, scores and updates from around the league. Go to www.rmacsports.org and click on the radio link to listen to the 30-minute show. New shows air August 27 - March 26. You can also hear the show on the RMAC radio network:

KGFW - Kearney - 1350 AM
KSPK - Alamosa - 102.3 & 103.5
KSCQ - Silver City - 92.9 FM

KCSR - Chadron - 610 AM
KPKE - Gunnison - 1490 AM

Check your local listings for air times.

2008 RMAC INDOOR T&F CHAMPIONSHIP SCHEDULE

FRIDAY, FEBRUARY 29, 2008

Field Events

8:30 am Pentathlon Women Final
60m HH
High Jump
Shot Put
Long Jump
800m Run

9:30 am Heptathlon Men Final
60m Dash
Long Jump
Shot Put
High Jump

1:00 pm Pole Vault Women Final
Men's pole vault will follow 30 minutes after the completion of the women's pole vault

2:00 pm Weight Throw Women
Men's weight throw will follow 30 minutes after the completion of the women's weight throw

2:00 pm Long Jump Women
Men's long jump will follow 30 minutes after the completion of the women's long jump

Track Events

3:00 pm 60m HH Women Prelim 8 Advance
3:15 pm 60m HH Men Prelim 8 Advance
3:30 pm 60m Dash Women Prelim 8 Advance
3:40 pm 60m Dash Men Prelim 8 Advance
3:55 pm 5000m Run Women Final
4:25 pm 5000m Run Men Final
4:50 pm 200m Dash Women Prelim 9 Advance
5:20 pm 200m Dash Men Prelim 9 Advance
5:50 pm Distance Medley Relay Women Final
6:10 pm Distance Medley Relay Men Final
6:30 pm 400 M Dash Women Prelim 9 Advance
7:00 pm 400 M Dash Men Prelim 9 Advance

SATURDAY MARCH 1, 2008

Field Events

9:30 am Heptathlon Men Final
60mHH
Pole Vault
1000m Run

9:00 am Shot Put Women
Men's shot put will follow 30 minutes after the completion of the women's shot put

9:00 am Triple Jump Women
Men's triple jump will follow 30 minutes after the completion of the women's triple jump

9:00 am High Jump Women's

Track Events

11:00 am Mile Women Final
11:20 am Mile Men Final
11:35 am 60m HH Women Final
11:45 am 60m HH Men Final
11:55 am 400 M Dash Women
12:05 pm 400 M Dash Men
12:15 pm 60m Dash Women Final
12:25 pm 60m Dash Men Final

12:30 pm Lunch Break

1:00 pm 800m Run Women Final
1:15 pm 800m Run Men Final
1:30 pm 200m Dash Women Final
1:45 pm 200m Dash Men Final
2:00 pm 3000m Run Women Final
2:30 pm 3000m Run Men Final
3:00 pm 4x400 M Relay Women Final
3:15 pm 4x400 M Relay Men Final
3:30 pm Awards Presentation



Division II

ADAMS STATE COLLEGE

Adams State College Quick Facts

Location:	Alamosa, Colorado
RMAC Member Since:	1956
Founded:	1921
Colors:	Green and White
Nickname:	Grizzlies
Enrollment:	2,500
Athletic Phone:	(719) 587-7401
Athletic Director:	Larry Mortensen
Sports Information Director:	Chris Day
SID E-mail:	clday@adams.edu
Head Coach:	John Wallin
Director of Track & Field:	Damon Martin
Assistant Coaches:	Phil Groves, Virginia Coindreau, Sydney Mondragon, Jake Streeter
Website:	www.ascgrizzlies.com

Adams State College Head Coach & Top Performers



John Wallin
Head Coach



Tanya Gaurmer
Senior



Amanda Gylling
Sophomore



Damon Martin
Director of T&F



Nick Lara
Senior



John Ybarra
Senior

Adams State College Women's Roster

Name	Cl.	Hometown/Previous School
Allie Abdouch	Fr.	Colorado Springs, Colo./Doherty HS
Jessica Adams	So.	Cimarron, N.M./Cimarron HS
Janette Cary (McCarroll)	So.	La Jara, Colo./Centauri HS
Anna Cowan	Fr.	Hotchkiss, Colo./Hotchkiss HS
Sherline Duncan	Sr.	Tweedside, Jamaica/Missouri Baptist
Trisha Evenson	Fr.	Gillette, Wyo./Campbell County HS
Tanya Gaurmer	Sr.	Westminster, Colo./Westminster HS
Amanda Gylling	So.	La Jara, Colo./Centauri HS
Ashlie Harder	R-Fr.	Centennial, Colo./Valparaiso Univ.
Renee Harris	So.	Colorado Springs, Colo./Rampart HS
Drew Houston	Sr.	Colorado Springs, Colo./Colorado
Amony Howard	Fr.	Aurora, Colo./Overland HS
Laura Knapp	Jr.	Alamosa, Colo./Alamosa HS
Sarah Lamb	So.	Creede, Colo./Creede HS
Carla-Kay Mills	Fr.	May Pen, Clarendon, Jamaica
Sofia Monroe	R-Fr.	Pueblo, Colo./Pueblo Centennial HS
Gretchen Motz	Fr.	Grand Junction Colo./Fruita-Monument
Lavenna Mullenbach	Jr.	Georgetown, Texas/Georgetown HS
Michelle Nelson	Sr.	Albuquerque, N.M./Valley HS
Ashley Quintana	So.	Pecos, N.M./Pecos HS
Jazmine Ralph	Fr.	Albuquerque, N.M./Del Norte HS
Casi Reckard	Fr.	Greeley, Colo./Greeley Central HS
Indira Spence	Fr.	Trelawny, Jamaica/Vere Technical HS
Michele Williams	R-Fr.	Colorado Springs, Colo./Sierra HS
Heather Wood	Jr.	Los Alamos, N.M./Los Alamos HS

Adams State College Men's Roster

Name	Cl.	Hometown/Previous School
Scott Aldridge	So.	Highlands Ranch, Colo./ThunderRidge HS
Adrian Baca	Fr.	Albuquerque, N.M./Rio Grande HS
Sam Barajas	So.	Louisville, Colo./Monarch HS
Aaron Braun	Jr.	Fort Collins, Colo./Rocky Mountain HS
Giacomo Butler	Jr.	Simi Valley, Calif./Simi Valley HS
Reuben Chebon-Mwei	So.	Kapsabet, Kenya/Kamwenja Teacher's College
Roy Collins	So.	Los Alamos, N.M./Univ. of New Mexico
Justin Cropper	Fr.	Fountain, Colo./Fountain-Fort Carson HS
Corey De La Cruz	Fr.	Alamogordo, N.M./Alamogordo HS
James Douglas	So.	Parker, Colo./Ponderosa HS
Wayne Durham	Jr.	Sierra Vista, Ariz./Buena HS
Dusty Fairchild	So.	Creede, Colo./Creede HS
Jonathan Fawcett	So.	Georgetown, Texas/Texas-Austin
Matt Felton	Sr.	Tucson, Ariz./Pima CC
Matt Gersick	Jr.	Pueblo West, Colo./Pueblo West HS
Josh Gibson	Jr.	Riverside, Calif./Riverside CC
Adam Glenn	So.	Littleton, Colo./Arapahoe HS
Jeremy Hamlin	So.	Longmont, Colo./Niwot HS
Antoine Harrison	Fr.	Aurora, Colo./Eaglecrest HS
Taurean Jones	Jr.	Los Angeles, Calif./Glendale CC
Paul Keter	Fr.	Eldoret, Kenya/Terige HS
Edwin Kipkorir	Fr.	Eldoret, Kenya/Marakwet Boys HS
Stephen Kipkurui	Fr.	Kapsabet, Kenya/Baringo HS
Nick Lara	Sr.	Alamosa, Colo./Alamosa HS
Stevan Lara	Jr.	Alamosa, Colo./Alamosa HS
Corey Lenaris	Jr.	Los Angeles, Calif./Glendale CC
Antonio Lopez	So.	Alamosa, Colo./Alamosa HS
Daniel Maldonado	So.	Center, Colo./Center HS
Jason Mannerberg	Jr.	Colorado Springs, Colo./Doherty HS
Ryan McNiff	Fr.	Los Alamos, N.M./Los Alamos HS
Brian Medigovich	Jr.	San Luis Obispo, Calif./San Luis Obispo HS
Oscar Murray	R-Fr.	Denver, Colo./Alameda HS
Travis Phillips	R-Fr.	Center, Colo./Center HS
Alex Ponce	Sr.	Los Angeles, Calif./Glendale CC
Jake Santerre	R-Fr.	Nashua, N.H./Nashua North HS
Blair Sohl	R-Fr.	San Antonio, Texas/St. Anthony Catholic HS
Drew Soucy	R-Fr.	Lubbock, Texas/Lubbock HS
Josh Streeter	Jr.	Alamosa, Colo./Alamosa HS
Babey Wagnew	Jr.	San Diego, Calif./Southwestern CC
Adam Wasson	Jr.	Berthoud, Colo./Berthoud HS
John Ybarra	Sr.	Holland, Mich./Grand Valley State Univ.



CHADRON STATE COLLEGE

Chadron State College Quick Facts

Location:	Chadron, Nebraska
RMAC Member Since:	1989
Founded:	1911
Colors:	Cardinal & White
Nickname:	Eagles
Enrollment:	2,800
Athletic Phone:	(308) 432-6344
Athletic Fax:	(308) 432-6493
Athletic Director:	Brad Smith
Sports Information Director:	Alex Helmbrecht
SID E-mail:	ahelmbrecht@csc.edu
Head Coach:	John Reiners
Head Coach Phone:	(308) 432-6425
Assistant Coaches:	Willie Hoffman, Davin Boydston, Steve Nelson, Ryan Milner, Jennifer Hudson
Website:	www.csc.edu/athletics

Chadron State College Head Coach & Top Performers



John Reiners
Head Coach



Stacy Girard
Junior



Jourdin Holden
Senior



Mike Smith
Senior



Mary Wells
Senior

Chadron State College Women's Roster

<u>Name</u>	<u>Cl.</u>	<u>Hometown/Previous School</u>
Staci Alberts	Sr.	Palisade, Neb./Wauneta-Palisade HS
Cassie Barth	Fr.	Chappell, Neb./Creek Valley HS
Julia Bayer	So.	Stuttgart, Germany/Wirtenberg HS
Kelli Bonnel	So.	Casper, Wyo./Casper-Kelly Walsh HS
Kayla Carrier	So.	Scottsbluff, Neb./Scottsbluff HS
Stacey Craig	Fr.	Powell, Wyo./Powell HS
Laurie Eklund	So.	Cheyenne, Wyo./Cheyenne East HS
Stacy Girard	Jr.	Alliance, Neb./Alliance HS
Barbara Goe	Jr.	Phoenix, Ariz./Phoenix College
Megan Harrell	So.	Green River, Wyo./Green River HS
Patrice Henson	Sr.	Colorado Springs, Colo./Otero JC
Perisha Hinton	Sr.	Phoenix, Ariz./Paradise Valley CC
Whitney Hollaway	Jr.	Douglas, Wyo./Douglas HS
Jessica Horsley	So.	Sheridan, Wyo./Sheridan HS
Kate Jungck	So.	Hay Springs, Neb./Hay Springs HS
Katelyn Moore	So.	Chadron, Neb./Chadron HS
Kelli Payne	Jr.	Neligh, Neb./Neligh HS
Sara Pilakowski	Jr.	Genoa, Neb./Twin River Public HS
Kalen Prentice	Fr.	Arnold, Neb./Arnold HS
Dusti Varland	Fr.	Faith, S.D./Faith HS
Mary Wells	Sr.	Albion, Neb./Boone Central HS

Chadron State College Men's Roster

<u>Name</u>	<u>Cl.</u>	<u>Hometown/Previous School</u>
Mike Aimone	Sr.	Kemmerer, Wyo./Weber State
Devin Anderson	Fr.	Sutherland, Neb./Sutherland HS
Larry Bennett	Jr.	Glendale, Ariz./Paradise Valley CC
Matt Bloyd	So.	Bridgeport, Neb./Bridgeport HS
Tanner Bollers	Fr.	Sterling, Colo./Sterling HS
Zach Boslau	Fr.	Lakewood, Colo./Jefferson HS
Nigel Bristow	Fr.	Guernsey, Wyo./Guernsey HS
Jake Brummer	Sr.	Wilcox, Neb./Wilcox-Hildreth HS
Jeff Brummer	Fr.	Wilcox, Neb./Wilcox-Hildreth HS
Wade Crawford	So.	Sundance, Wyo./Sundance HS
CJ Dean	Sr.	Phoenix, Ariz./Phoenix College
Shane Ferguson	Fr.	Scottsbluff, Neb./Scottsbluff HS
Marshall Fischer	Jr.	Maywood, Neb./Maywood HS
John Girard	Jr.	Alliance, Neb./Alliance HS
Jacob Gruver	So.	Cheyenne, Wyo./Cheyenne East HS
Brandon Harrington	Jr.	Grand Island, Neb./Grand Island NW HS
Drew Hays	Fr.	Casper, Wyo./Casper-Kelly Walsh HS
Jourdin Holden	Sr.	Mesa, Ariz./Phoenix College
Julius Hollis	So.	Gary, Ind./Las Medanos College
Matt Houghton	Fr.	Bailey, Colo./Platte Canyon HS
Aaron Ide	Jr.	Holdrege, Neb./Holdrege HS
Josh Knouse	Jr.	Gering, Neb./Gering HS
Gary Metcalf	Jr.	Phoenix, Ariz./Central Arizona
Phillip Mues	Jr.	Arapahoe, Neb./North Platte CC
Riley Northrup	Jr.	Hot Springs, S.D./Mary
Chase Rasby	Sr.	Sutherland, Neb./Sutherland HS
John Ritzen	So.	Chadron, Neb./Chadron HS
Lucas Robinson	So.	Kemmerer, Wyo./Kemmerer HS
Joe Schultz	So.	Alliance, Neb./Alliance HS
Mike Smith	Sr.	Litchfield Park, Ariz./Phoenix College
Matt Snay	Fr.	Kingman, Ariz./Kingman HS
Daniel Tague	Fr.	Craig, Colo./Northwestern CC
David Virgets	Sr.	Stevensville, Md./Southern Ark.



COLORADO SCHOOL OF MINES

Colorado School of Mines Quick Facts

Location:	Golden, Colorado
RMAC Member Since:	1909
Founded:	1874
Colors:	Silver and Blue
Nickname:	Orediggers
Enrollment:	3,200
Athletic Phone:	(303) 273-3360
Athletic Fax:	(303) 273-3362
Athletics Director:	Tom Spicer
Sports Information Director:	Jeff Duggan
SID E-mail:	jduggan@mines.edu
Head Coach:	Art Siemers
Assistant Coaches:	Oscar Boes, Scott VanSickle, Jeff Culligan, Janis Christopher, Todd Wojchik, Marianne Hutchens
Website:	www.mines.edu/Academic/athletics/

Colorado School of Mines Head Coach & Top Performers



Art Siemers
Head Coach



Kiera Benson
Freshman



Joel Hamilton
Senior



Melissa Rhodes
Sophomore



Ian Storz
Senior

Colorado School of Mines Women's Roster

Name	Cl.	Hometown/Previous School
Savannah Afoa	So.	Anchorage, Alaska/Diamond HS
Kiera Benson	Fr.	Needville, Texas/Needville HS
Lisa Bernau	Fr.	Las Vegas, Nev./Centennial HS
Alison Bratsovsky	So.	Fort Morgan, Colo./Fort Morgan HS
Fallon Donohoue	So.	Denver, Colo./Mullen HS
Kaity Edmiston	So.	Palisade, Colo./Palisade HS
Stephanie Griego	Fr.	Trinidad, Colo./Trinidad HS
Justina Larsen	So.	Longmont, Colo./Silver Creek HS
Sydney Laws	Jr.	Arvada, Colo./Arvada West HS
Anna MacLeay	Fr.	Aurora, Colo./Rangeview HS
Amanda Meier	R-Fr.	Highlands Ranch, Colo./Denver
Dana Morgan	So.	Gunnison, Colo./Gunnison HS
Heather Oertli	Fr.	Littleton, Colo./Lakewood HS
Melanie Peddle	Sr.	Greeley, Colo./Greeley West HS
Jennifer Picucci	Sr.	Ypsilanti, Mich./Ashland Univ.
Melissa Rhodes	So.	Monument, Colo./Fort Collins HS
Whitney Rice	Sr.	Boulder, Colo./Fairview HS
Kristen Rinedollar	Fr.	Greenwood Village, Colo./Regis Jesuit HS
Stephanie Southard	So.	Broomfield, Colo./Holy Family HS
Lacy Taylor	So.	Pickerington, Ohio/Pickerington North HS
Emily Trudell	Fr.	Boulder, Colo./Boulder HS
Jennifer Wertz	Fr.	Littleton, Colo./Dakota Ridge HS

Colorado School of Mines Men's Roster

Name	Cl.	Hometown/Previous School
Jacques Annandale	So.	Highlands Ranch, Colo./Mtn. Vista HS
Heath Butler	So.	Parker, Colo./Ponderosa HS
Michael Calhoun	So.	Ft. Collins, Colo./Resur. Christian HS
Brian Christie	Jr.	Ft. Collins, Colo./Resur. Christian HS
Conner Coltharp	Fr.	Stevensville, Md./Kent Island HS
Sean Cusick	Jr.	Westminster, Colo./South Dakota Tech
Tyler Cypher	R-Fr.	Denver, Colo./Bear Creek HS
Joe Eisinger	So.	Wheat Ridge, Colo./Wheat Ridge HS
Chris Fitzpatrick	Jr.	Highlands Ranch, Colo./ThunderRidge HS
Ryan Gibbons	Jr.	Monte Vista, Colo./Monte Vista HS
Joel Hamilton	Sr.	Colorado Springs, Colo./Liberty HS
Nate Hatleback	So.	Northglenn, Colo./Thornton HS
Mark Husted	Jr.	Westminster, Colo./Northglenn HS
Ryan Inman	Sr.	Colorado Springs, Colo./Palmer HS
Vlade Kauffman	Sr.	Denver, Colo./Cherry Creek HS
Jason Lehman	Fr.	Colorado Springs, Colo./Pine Creek HS
Dan Liechty	Sr.	Winterset, Iowa/Winterset HS
Nick Maynard	Jr.	Wheat Ridge, Colo./Wheat Ridge HS
Robbie McGourty	So.	Denver, Colo.
Sean O'Brien	R-Fr.	Denver, Colo./Mullen HS
Tim Popp	Fr.	Gainesville, Fla./Buchholz HS
Jacob Richey	So.	Garland, Texas/Garland HS
Michael Rooney	Sr.	Arlington, Va./Gonzaga HS
Ian Storz	Sr.	Wheat Ridge, Colo./Wheat Ridge HS
David Stuart	So.	Manitou Spgs, Colo./Manitou Spgs HS
Aaron Swift	R-Fr.	Colorado Springs, Colo./Pine Creek HS
John Tallerday	Jr.	Lakewood, Colo./D'Evelyn HS
Jonathan Whitmore	Fr.	Albuquerque, N.M./Sandia Prep
Nick Zehring	So.	Mesa, Ariz./Mountian View HS
Ben Zywicki	R-Fr.	Colorado Springs, Colo./Rampart HS



MESA STATE COLLEGE

Mesa State College Quick Facts

Location:	Grand Junction, Colorado
RMAC Member Since:	1975
Founded:	1925
Colors:	Maroon & White
Nickname:	Mavericks
Enrollment:	6,181
Athletic Phone:	(970) 248-1503
Athletic Fax:	(970) 248-1980
Athletic Director:	Jamie Hamilton
Sports Information Director:	Tish Elliott
SID E-Mail:	telliott@mesastate.edu
Head Coach:	Katrice Thomas
Head Coach Phone:	(970) 248-1194
Assistant Coaches:	Kelly Zepp, Matt Canterbury
Website:	www.mesastate.edu/athletics/

Mesa State College Head Coach & Top Performers



Katrice Thomas
Head Coach



Stephanie Dumas
Senior



Ashlee Hafey
Junior

Mesa State College Women's Roster

<u>Name</u>	<u>Cl.</u>	<u>Hometown</u>
Andrea Ager	So.	Westminster, Colo.
Debarah Benson	So.	Orem, Utah
Katie Bryan	Fr.	Parachute, Colo.
Monique Carrillo	Jr.	Thornton, Colo.
Natalie Corbet	Jr.	Boise, Idaho
Brandy Deimling	Fr.	Kiowa, Colo.
Stephanie Dumas	Sr.	Phoenix, Ariz.
Sabrina Estrada	Fr.	Littleton, Colo.
Ashlee Hafey	Jr.	Craig, Colo.
Brianna Hammer	Fr.	Lakewood, Colo.
Janelle Haskins	Sr.	Cedar City, Utah
Samantha Hentosh	Jr.	Estes Park, Colo.
Tara King	Fr.	Steamboat Springs, Colo.
Stephanie Litsheim	So.	Cedaredge, Colo.
Maggie Makowski	Jr.	Aurora, Colo.
Esmeralda Martinez	So.	Denver, Colo.
Danielle Rose	Fr.	Grand Junction, Colo.
Jessica Smith	Fr.	Sandy, Utah
Tasha Thompson	Fr.	Pittsburg, Calif.
Alisan Tompkins	So.	Grand Junction, Colo.
Samantha Towne	Fr.	Denver, Colo.
Ashley Trombetta	So.	Grand Junction, Colo.
Tara Underwood	Jr.	Bennett, Colo.



METROPOLITAN STATE COLLEGE OF DENVER

Metropolitan State College of Denver Quick Facts

Location:	Denver, Colorado
RMAC Member Since:	1996
Founded:	1965
Colors:	Navy Blue & Red
Nickname:	Roadrunners
Enrollment:	21,109
Athletic Phone:	(303) 556-8300
Athletic Fax:	(303) 556-2720
Athletic Director:	Joan McDermott
Sports Information Director:	Michelle Zents
SID E-Mail:	mzents@mscd.edu
Head Coach:	Peter Julian
Head Coach Phone:	(303) 556-2730
Assistant Coach:	Sean Nesbitt
Website:	gometrostate.com

Metropolitan State College of Denver Head Coach & Top Performers



Peter Julian
Head Coach



Jessica Jenkins
Sophomore



Anthony Luna
R-Sophomore

Metropolitan State College of Denver Women's Roster

<u>Name</u>	<u>Cl.</u>	<u>Hometown/Previous School</u>
Emmy Donahue	Fr.	Boulder, Colo./Western State
Krishanthi Fernando	Fr.	Colombo, Sri Lanka
Desarae Gleason	Sr.	Mesa, Ariz./College of the SW
Marjaneh Gross	Jr.	Denver, Colo./CSU-Pueblo
Shanise Hamilton	Fr.	Aurora, Colo./Rangeview HS
Sheila Hughes	So.	Aurora, Colo./Colorado
Jessica Jenkins	So.	Parker, Colo./Mountain Vista HS
E. Michael-Trumbull	So.	Colo. Springs, Colo./Pine Creek HS
Jasmine Neal	Fr.	Aurora, Colo./Central HS
Andrea Ordway	Fr.	High. Ranch, Colo./High. Ranch HS
Therese Panian	So.	Denver, Colo./Denver South HS
Chelsea Rutter	Jr.	Chelan, Wash./Spokane Falls CC
Taebrooke Rutter	Jr.	Chelan, Wash./Spokane Falls CC
Michelle Sausa	So.	Lyons, Colo./Lions HS

Metropolitan State College of Denver Men's Roster

<u>Name</u>	<u>Cl.</u>	<u>Hometown/Previous School</u>
Rick Bogatay	Jr.	Puyallup, Wash./Spokane Falls CC
Joe Burke	So.	Colo. Springs, Colo./Pikes Peak CC
Adam Garcia-Leon	Fr.	Wiggins, Colo./Wiggins HS
Kyle Hameister	Fr.	Niwot, Colo./Niwot HS
Chris LeBlanc	So.	Littleton, Colo./Columbine HS
Shawn Lindbom	Fr.	Wiggins, Colo./Wiggins HS
Anthony Luna	RSo.	Westminster, Colo./Ranum HS
Gabriel Luna	RSo.	Westminster, Colo./Ranum HS
Zach Mares	So.	Northglenn, Colo./Thornton HS
Jacob Schuman	So.	Denver, Colo./Ranum HS
Kyle Simcox	Fr.	Littleton, Colo./Dakota Ridge HS
Todd Tolentino	So.	Brush, Colo./Brush HS
Joel Vandenberg	Fr.	Golden, Colo./Ralston Valley HS



NEW MEXICO HIGHLANDS UNIVERSITY

New Mexico Highlands University Quick Facts

Location:	Las Vegas, New Mexico (16,000)
RMAC Member Since:	1968-69, 74-88, 90
Founded:	1893
Colors:	Purple and White
Nickname:	Cowboys & Cowgirls
Enrollment:	3,500
Athletic Phone:	(505) 454-3368
Athletic Director:	Ed Manzanares
Sports Information Director:	Gavino Archuleta
SID E-Mail:	gjarchuletat@nmhu.edu
Head Coach:	Bob DeVries
Website:	www.nmhucowboys.com

New Mexico Highlands University Head Coach & Top Performers



Bob DeVries
Head Coach



Brienna Roper
Freshman



Erica Smythe
Sophomore

New Mexico Highlands Women's Roster

<u>Name</u>	<u>Cl.</u>	<u>Hometown/Previous School</u>
Melissa Abreu	Fr.	Las Vegas, N.M./Robertson HS
Gladys Bartuina	Fr.	Kapsabet, Kenya
Stormi Brewer	Fr.	Moriarty, N.M.
Bryanna Bustos	Fr.	McCurdy HS
Stephanie Butts	Sr.	Alamogordo, N.M./Alamogordo HS
Casey Carlisle	Sr.	Cimarron, N.M./Cimarron HS
Estelle Carter	Jr.	Belen, N.M.
Courtney Ferguson	Fr.	South HS
Sofia Herrera	Jr.	Las Vegas, N.M.
Joelene Hurtado	Sr.	Pojoaque, N.M.
Ana Juarez	Jr.	Los Angeles, Calif.
Amanda Martin	Fr.	Mentmore, N.M.
Sandra Martinez	Jr.	Los Angeles, Calif.
Kathryn Quintana	So.	Pojoaque, N.M.
Brianna Roper	Fr.	Las Vegas, N.M.
Seandee Roseby	So.	Portland, Oregon
Erica Smythe	So.	Estancia, N.M.
Brittney Sullivan	Fr.	Moriarty HS
Keitta Torres	So.	Belen, N.M.
Alona Watchman	Sr.	Farmington, N.M.



UNIV. OF COLORADO AT COLORADO SPRINGS

University of Colorado at Colorado Springs Quick Facts

Location:	Colorado Springs, Colorado
RMAC Member Since	1996
Founded:	1965
Colors:	Black & Gold
Nickname:	Mountain Lions
Enrollment:	9,000
Athletic Phone:	(719) 262-3601
Athletic Fax:	(719) 262-3131
Athletic Director:	Steve Kirkham
Sports Information Director:	Doug Fitzgerald
SID E-Mail:	dfitzger@uccs.edu
Head Coach:	Marck Misch
Head Coach Phone:	(719) 262-3005
Assistant Coaches:	Kim Hageman, David Harmer
Website:	web.uccs.edu/athletic

University of Colorado at Colorado Springs Head Coach & Top Performers



Mark Misch
Head Coach



Kelsey Barry
Sophomore



Jennifer Callan
Freshman



Blake Hansen
Junior



Alex Vasquez
Sophomore

University of Colorado at Colorado Springs Women's Roster

Name	Cl.	Hometown/Previous School
Kelsey Barry	So.	Colorado Springs, Colo./Mitchell HS
Leslie Bennett	Jr.	Albuquerque, N.M./Hope Christian HS
Jennifer Callan	Fr.	Fountain, Colo./Fountain-Fort Carson HS
Alicia Del Pardo	Fr.	Colorado Springs, Colo./Sierra HS
Tracy Falsetto	So.	Trinidad, Colo./Trinidad State JC
Kaitlin Frier	Fr.	Valley Springs, Calif./Lewis-Palmer HS
Paige Hall	Fr.	Potomac, Mont./Hellgate HS
Tavia Hammond	So.	Rocky Ford, Colo./Rocky Ford HS
Josi Heer	Fr.	Weare, N.H./John Stark HS
Jessica Hudson	Jr.	Fountain, Colo./Fountain-Fort Carson HS
Brittanea Kirby	Fr.	Manitou Springs, Colo./Manitou Springs HS
Kirstin Knobbe	Fr.	Lamar, Colo. Lamar HS/Melissa
McKinley	Fr.	Hermiston, Ore./Hermiston HS
Shannon Payne	Jr.	Franktown, Colo./Ponderosa HS
Vivian Reed	Fr.	Tuscon, Ariz./Cienega HS
Christy Severy	So.	Aspen, Colo./Aspen HS
Amanda Stoesz	Fr.	Berthoud, Colo./Berthoud HS

University of Colorado at Colorado Springs Men's Roster

Name	Cl.	Hometown/Previous School
Branson Bartlett	Fr.	Peyton, Colo./Peyton HS
Allen Browne	So.	Colorado Springs, Colo./Mitchell HS
Blake Hansen	Jr.	Denver, Colo./Northern Colorado
Almir Hodzic	So.	Aurora, Colo./Gateway HS
Joel Kienitz	So.	Rocky Ford, Colo./Rocky Ford HS
Carl Lum	So.	Colorado Springs, Colo./Rampart HS
Trevor Nau	Fr.	Colorado Springs, Colo./Coronado HS
Vy Nguyen	So.	Minnesota, Minn.
William Pendarvis	Fr.	Aurora, Colo./Gateway HS
Dan Pinter	Sr.	Saline, Mich./Saline HS
Chris Reynolds	Fr.	Evansville, Ind./E.J. Reitz HS
Carlos Ruibal	Jr.	Del Norte, Colo./Del Norte HS
Jason Shaver	Fr.	Colorado Springs, Colo./Coronado HS
Dustin Simeons	So.	Grand Junction, Colo./Fruita Monument HS
Gabe Small	Sr.	Lafayette, Colo./CU-Boulder
Alex Tiernan	Jr.	Carbondale, Colo./Roaring Fork HS
Alex Vazquez	So.	Aurora, Colo./Gateway HS
Preston Williams	So.	Colorado Springs, Colo./Rampart HS



UNIVERSITY OF NEBRASKA AT KEARNEY

University of Nebraska at Kearney Quick Facts

Location:	Kearney, Nebraska
RMAC Member Since:	1989-90, 94
Founded:	1905
Colors:	Royal Blue and Old Gold
Nickname:	Lopers
Enrollment:	6,500
Athletic Phone:	(308) 865-8330
Athletic Fax:	(308) 865-8187
Athletic Director:	Jon McBride
Sports Information Director:	Peter Yazvac
SID E-Mail:	yazvacpa@unk.edu
Head Coach:	Andy Meyer
Head Coach Phone:	(308) 865-8070
Assistant Coaches:	Brady Bonsall, Katrina Kosmos, Mike Bailey
Website:	www.lopers.com

University of Nebraska at Kearney Head Coach & Top Performers



Andy Meyer
Head Coach



Darrell Branz
Senior



Michelle Dill
Senior



Kelli Dring
Senior



Ross Fellows
Senior

University of Nebraska at Kearney Women's Roster

Name	Cl.	Hometown
Elise Brauer	Fr.	Kearney, Neb.
Brittany Clark	Fr.	Las Vegas, Nev.
Julie Davis	Fr.	Palmer, Neb.
Jacquelyn Dibbern	Sr.	York, Neb.
Michelle Dill	Sr.	Imperial, Neb.
Kelli Dring	Jr.	Kearney, Neb.
Kristen Fitzgerald	Fr.	Grand Island, Neb.
Crystal Follis	Jr.	Hoxie, Kan.
Jennifer Fritson	So.	Minden, Neb.
Shayna Fruit	Sr.	Ogallala, Neb.
Jessie Golden	Fr.	Sidney, Neb.
Michelle Hermesesch	Fr.	Plymouth, Neb.
Laura Housholder	Fr.	Scandia, Kan.
Emma Kelly	Fr.	Falls City, Neb.
Kaci Lickteig	Jr.	Dannebrog, Neb.
Faith Maschmann	Jr.	Deshler, Neb.
Jessica McCarter	Jr.	Overton, Neb.
Megan McClure	So.	Lincoln, Neb.
Anne McGovern	Sr.	Grand Island, Neb.
Kiley Peterson	So.	Gothenburg, Neb.
Kristen Poljansek	So.	Milton, Kan.
Abby Richter	Fr.	Wahoo, Neb.
Lacey Sechtem	Jr.	Osborne, Neb.
Cameron Smith	So.	Sterling, Colo.
Kathleen Tinkham	Fr.	Fort Calhoun, Neb.
Brittany Weinandt	Fr.	Wynot, Neb.
Heather Wills	Fr.	Curtis, Neb.

University of Nebraska at Kearney Men's Roster

Name	Cl.	Hometown
Logan Best	Fr.	Kearney, Neb.
Darrel Branz	Sr.	York, Neb.
Andy Brown	Sr.	Alliance, Neb.
Chris Campbell	Jr.	Beatrice, Neb.
Jacob Davenport	Fr.	Sargent, Neb.
Caleb Dobish	Fr.	Kearney, Neb.
Ross Fellows	Sr.	Kearney, Neb.
Michael Fruhwirth	Fr.	Wray, Colo.
Tanner Fruit	Fr.	Ogallala, Neb.
Tyler Hanson	Jr.	Kearney, Neb.
Chris Hennessy	Sr.	North Platte, Neb.
Zach High	Fr.	Aurora, Neb.
Roni Hodges	Jr.	Cairo, Neb.
Josh Hofer	Sr.	North Platte, Neb.
Jarrold Holz	Sr.	Ashland, Neb.
Spencer Huff	Jr.	York, Neb.
Will Jackson	So.	St. Paul, Neb.
Brandon Karlin	So.	Phillipsburg, Kan.
Tanner Kirchner	Jr.	Ogallala, Neb.
Travis Kirchner	Fr.	Ogallala, Neb.
Cody Klein	Fr.	Doniphan, Neb.
Brett Kluever	Sr.	Conrad, IA
Alex Larkin	Fr.	York, Neb.
Ryan Little	Jr.	Kearney, Neb.
Chris Miller	Jr.	Funk, Neb.
Blake Millsap	Fr.	Kearney, Neb.
Bryan Mizner	Fr.	Grand Island, Neb.
Rich Mourer	Jr.	Colo. Springs, Colo.
Thomas Neemann	So.	Syracuse, Neb.
Drew Onnen	Fr.	Fairbury, Neb.
Mark Porter	Jr.	Nelson, Neb.
Scott Pueppka	Fr.	North Platte, Neb.
Mitchell Sasek	Fr.	Wilber, Neb.
Andrew Smith	Sr.	Bartlett, Neb.
Trenton Talbitzer	So.	Kearney, Neb.
Takumi Tamura	Jr.	Saitama, Japan
Nick Theis	So.	Grand Island, Neb.
Scott Wenzl	Fr.	Tecumseh, Neb.
Philip Wieck	Fr.	Grand Island, Neb.
Quinn Willet	So.	Malcolm, Neb.
Brandon Wissing	Fr.	Grand Island, Neb.
Jake Wissing	Fr.	Shelton, Neb.
Rhett Wurst	Sr.	Columbus, Neb.
Seth Yount	Jr.	Fremont, Neb.
Justin Zahller	Sr.	Yuma, Colo.



WESTERN STATE COLLEGE

Western State College Quick Facts

Location:	Gunnison, Colorado
RMAC Member Since:	1924
Founded:	1901
Colors:	Crimson and Slate
Nickname:	Mountaineers
Enrollment:	2,450
Athletic Phone:	(970) 943-2079
Athletic Fax:	(970) 943-2754
Athletic Director:	Greg Waggoner
Sports Information Director:	Bobby Heiken
SID E-Mail:	bheiken@western.edu
Head Coach:	Ryan Baily
Head Coach Phone:	(970) 943-2834
Assistant Coaches:	Jen Michel, Nikole Simmons, Chris Martinez, Oliver Bodor, Tim Parr, Michael Gusbeth, Tony Clawson, Matt Sparks
Website:	www.wscathletics.com

Western State College Head Coach & Top Performers



Ryan Baily
Head Coach



Eric Dunn
Senior



Casey Hagen
Sophomore



Scott Dahlberg
Senior



Ashley Stephens
Junior

Western State College Women's Roster

Name	Cl.	Hometown/Previous School
Stacey Aguayo	Jr.	Douglas, AZ/Douglas HS
Jessica Banes	Fr.	Shueyville, Iowa/Prairie HS
Molly Clauss	Jr.	East Aurora, New York/East Aurora HS
Molly Collins	Fr.	Loveland, Colo./Loveland HS
Jordan Cooper	R-Fr.	Alamosa, Colo./Summit HS
Hillory Davis	Fr.	Colo. Springs, Colo./Air Academy HS
Jennifer Elam	So.	Aurora, Colo./Eaglecrest HS
Shannon Filar	Sr.	Westminster, Colo./Standley Lake HS
Berenice Gonzalez	So.	Denver, Colo./George Washington HS
Kristina Gould	Fr.	Longmont, Colo./Silver Creek HS
Jessica Hadford	Fr.	Rollinsville, Colo./Nederland HS
Casey Hagen	So.	Bailey, Colo./Platte Canyon HS
Jamilyn Harms	Fr.	Pagosa Springs, Colo./Pagosa Springs HS
Catherine Harper	Fr.	Fort Worth, Texas/Eastern Hills HS
Annika Haughwout	Fr.	Mendocino, Calif./Mendocino HS
Kaitlin Hesse	Fr.	Erie, Colo./Erie HS
Jenny Hill	Fr.	Dripping Spgs, Texas/Dripping Spgs HS
Jenny Hockman	Jr.	Colo. Springs, Colo./Palmer HS
Brittney Hoots	Fr.	Gunnison, Colo./Gunnison HS
Megan Johnson	Jr.	Lakewood, Colo./Green Mountain HS
Agnes Kroneraff	Sr.	Szekszard, Hungary/Gary Janos HS
Sarah Lyle	Fr.	Aurora, Colo./Smoky Hill HS
Denise Mattoon	Fr.	Littleton, Colo./Arapahoe HS
Domini Mayberry	So.	Phoenix, Ariz./Independence HS
Cassie Mielke	So.	Loveland, Colo./Thompson Valley HS
Katie Montgomery	So.	Lyons, Colo./Lyons HS
Chelsea Murray	So.	Highland, Mich./Milford HS
Sarah Newberry	Fr.	Manitou Springs, Colo./Manitou Springs
Halley Parks	So.	Paonia, Colo./Paonia HS
Julianne Payton	Fr.	Woodland Park, Colo./Woodland Park HS
Stephanie Petsch	So.	North Saint Paul, Minn./North HS
Airrie Robinson	So.	Sedalia, Colo./Douglas County HS
Sheila Salil	So.	Eldorat, Kenya/Kapkoiga Girls HS
Emily Schmidt	Fr.	Colo. Springs, Colo./Sand Creek HS
Ashley Stephens	Jr.	Colo. Springs, Colo./Sierra HS
Alexandra Tayrien	Jr.	Canandaigua, N.Y./Canandaigua HS
Lisa Thomas	Jr.	Thornton, Colo./Horizon HS
Morgan Thomas	So.	Phoenix, Ariz./Kingman HS
Desiree Vaarela	Fr.	Cimarron, N.M./Cimarron HS
Sylvia Violet	Fr.	Powell, Wyo./Powell HS

Western State College Men's Roster

Name	Cl.	Hometown/Previous School
Loren Ahonen	R-Fr.	Temperance, Michigan/Bedford HS
Bobby Aragon	Fr.	Pueblo, Colo./Pueblo Central HS
Kris Berry	So.	Edinburgh, Scotland/Craigmount HS
Jason Brenton	So.	Rangely, Colo./Rangely HS
Sean Brown	R-Fr.	Birmingham, Alabama/Spain Park HS
Jeremy Bubb	Jr.	Longmont, Colo./Silver Creek HS
Trevor Burden	Fr.	Cheyenne, Wyo./East HS
Christopher Burriss	Fr.	Colo. Springs, Colo./Harrison HS
Juan Chavira	So.	Fort Morgan, Colo./Fort Morgan HS
Jesse Chettle	Sr.	Parkville, Missouri/Park Hill South HS
Aaron Clark	Jr.	Broomfield, Colo./Broomfield HS
Andy Crook	Fr.	Mancos, Colo./Mancos HS
Scott Dahlberg	Sr.	Peyton, Colo./Peyton HS
Patrick De Lisle	R-Fr.	Greeley, Colo./Greeley West HS
Ben DeWitt	Jr.	Ventura, California/Buena HS
Mitch Diede	Jr.	Greeley, Colo./Greeley West HS
Iain Donnan	So.	Aberdeen, Scotland/Hazlehead Academy HS
Nathan Dorzweiler	Fr.	Longmont, Colo./Niwot HS
Eric Dunn	Sr.	Durango, Colo./Durango HS
Brian Ehmke	Fr.	Dolores, Colo./Dolores HS
Weston Eriksen	Fr.	Castle Rock, Colo./Douglas County HS
Jeremiah Giambartolomei	Jr.	Evergreen, Colo./Evergreen HS
Austin Gollobith	So.	Walden, Colo./North Park HS
Jason Graham	Jr.	Thornton, Colo./Thornton HS
Matt Hill	Fr.	Steamboat Springs, Colo./Steamboat Springs HS
Garrett Holland	Jr.	Ralston Valley, Colo./Ralston Valley HS
Rich Kettles	Jr.	Lansing, Michigan/Grand Ledge HS
Shawn Marshall	So.	Arvada, Colo./Arvada West HS
Andrew Mauk	So.	Fort Collins, Colo./Fort Collins HS
Kyle Maurer	Sr.	Grand Junction, Colo./Palisade HS
Zack Minard	Fr.	Estes Park, Colo./Estes Park HS
Devin Myers	Fr.	Pueblo, Colo./Pueblo County HS
Chris Nash	Sr.	Grand Junction, Colo./Fruita HS
Tyler Pannel	R-Fr.	Golden, Colo./Golden HS
Kerry Piccola	Fr.	Dallas, Texas/The Shelton School
Travis Rasmussen	R-Fr.	Sterling, Colo./Sterling HS
Tyler Rasmussen	R-Fr.	Sterling, Colo./Sterling HS
Antonio Ricciardi	Jr.	Peyton, Colo./Peyton HS
Dustin Rommel	Jr.	Parker, Colo./Chaparral HS
Cody Sanders	So.	Yukon, Okla./Silver Creek HS
Jeremy Scott	R-Fr.	Omaha, Neb./Cherokee Trail HS
Chris Smith	Fr.	Littleton, Colo./Heritage HS
Mike Sobecki	Fr.	Indianapolis, Indiana/Roncalli HS
Jon Spruill	Fr.	Olathe, Colo./Olathe HS
Jerrett Swarr	So.	Brighton, Colo./Brighton HS
Matthew Swift-Kraemer	Fr.	Phoenix, Ariz./Desert Vista HS
Ablazah Swofford	Sr.	Castle Rock, Colo./Douglas County HS
Chancy Wahinya	Fr.	Castle Rock, Colo./Douglas County HS
Jered Waits	Fr.	Fort Worth, Texas/Castleberry HS
Daniel Wallis	Fr.	Wellington, N.Z./Napier Boys HS
Ryan Walstrom	Fr.	LaSalle, Colo./Valley HS
Ryan Wilbur	Jr.	Columbus, Ohio/Centennial HS



RMAC INDOOR TRACK & FIELD RECORDS

WOMEN'S RECORDS

Event	Name, School, Year	Mark
55 Meters	Deborah Bome, Adams State, 2001	6.99
60 Meters	Melcia Lewis, Adams State, 2005	7.69
200 Meters	Deborah Bome, Adams State, 2003	25.20
400 Meters	Kate Semin, Nebraska-Kearney, 2004	57.25
800 Meters	Sarah Parkey, Adams State, 1999	2:11.09
Mile	Elva Dryer, Western State, 1996	4:49.43
3000 Meters	Amber Klein, Adams State, 2003	9:40.16
5000 Meters	Beth Merrick, Adams State, 2005	16:51.51
55 Meter Hurdles	Lori Harris, Adams State, 1999	8.09
60 Meter Hurdles	TiaNecia Mosley, Adams State, 2007	8.72
4x400 Meter Relay	Adams State, 1996	3:57.22
Distance Medley Relay	Adams State, 2002 (Virginia Coindreau, Victoria Martinez, Rebekah Walter, Voila Gomez)	11:51.12
Shot Put	Janet Boettcher, Nebraska-Kearney, 2001	14.76 (48-5)
Weight Throw	Janet Boettcher, Nebraska-Kearney, 2001	18.26 (59-11)
Long Jump	Nicole Goosby, Adams State, 2004	6.22 (20-5)
Triple Jump	Ermalinda Shehu, Western State, 1997	12.29 (40-3 3/4)
High Jump	Patrice Henson, Chadron State, 2007	1.74 (5-8 1/2)
	Hillary Andrelchick, Western State, 1999	1,74 (5-8 1/4)
Pole Vault	Cali Cordes, Nebraska-Kearney, 2005	12-2
Pentathlon	Cali Cordes, Nebraska-Kearney, 2005	3,448 points



MEN'S RECORDS

Event	Name, School, Year	Mark
55 Meters	Robert Spies, Fort Hays State, 1999	6.24
60 Meters	Mike Applehans, Fort Hays State, 2002	6.81
200 Meters	Mike Applehans, Fort Hays State, 2003	21.64
400 Meters	Joel Duffield, Chadron State, 2006	48.40
800 Meters	Eric Weaver, Adams State, 2003	1:51.93
Mile	Phillip Spratley, Western State, 1996	4:11.52
3000 Meters	Celedonio Rodriguez, Adams State, 2005	8:14.15
5000 Meters	Michael Aish, Western State, 2002	14:18.24
55-Meter Hurdles	Jaramie Thomas, Adams State, 1999	7.29
60-Meter Hurdles	Ricardo Moody, Adams State, 2004	7.92
4x400 Relay	Colorado Mines, 2001 (Davin Johnston, Matt Walsh, Ben Lengerich, Jared Peacock)	3:17.33
Distance Medley Relay	Adams State, 2007 (Aaron Braun, Andrew Marquez, Nick Lara, Aucencio Martinez)	9:53.09
Shot Put	Lance Pfeiffer, Nebraska-Kearney, 2007	18.41 (60-1/2)
Weight Throw	Matt Gersick, Adams State, 2007	19.48 (63-11)
	Brett Wetton, Nebraska-Kearney, 2001	19.48 (63-11)
Long Jump	Aaron Hall, Colorado Mines, 1999	7.51 (24-7 1/2)
Triple Jump	John Laux, Nebraska-Kearney, 2004	15.22 (49-11 1/2)
High Jump	Kevin Cunningham, Adams State, 1992	2.16 (7-1)
Pole Vault	Tony Milhon, Fort Hays State, 2003	5.11 (16-9)
Heptathlon	Michael Mays, Adams State, 2005	5,127 points



RMAC CHAMPIONSHIP HISTORY WOMEN'S COMPETITION

Year	Champion	Pts.
1990	Adams State	119
1991	Western State	92
1992	Western State	86.5
1993	Adams State	85
1994	Adams State	94
1995	Adams State	189
1996	Adams State	183
1997	Adams State	174
1998	Adams State	160
1999	Adams State	180
2000	Adams State	200
2001	Western State	165
2002	Adams State	132.5
2003	Adams State	153
2004	Adams State	184.5
2005	Adams State	228
2006	Adams State	188
2007	Adams State	209

RMAC CHAMPIONSHIP HISTORY MEN'S COMPETITION

Year	Champion	Pts.
1990	Adams State	188
1991	Adams State	106
1992	Adams State	106.5
1993	Western State	96.5
1994	Adams State	84
1995	Adams State	138
1996	Western State	156
1997	Adams State	150
1998	Nebraska-Kearney	143
1999	Nebraska-Kearney	137
2000	Nebraska-Kearney	131
2001	Nebraska-Kearney	144
2002	Nebraska-Kearney	118
2003	Nebraska-Kearney	165
2004	Adams State	170
2005	Adams State	207
2006	Adams State	159
2007	Adams State	209

2006-07 ALL-RMAC WOMEN'S INDOOR T&F TEAMS

FIRST TEAM

60 METER DASH

Drew Houston, Adams State
Sheila Hughes, Metro State
Casey Hagen, Western State

200 METER DASH

Drew Houston, Adams State
Barbara Goe, Chadron State
Sheila Hughes, Metro State

400 METER DASH

Katelyn Moore, Chadron State
Audrey Adams, Adams State
Perisha Hinton, Chadron State

1 MILE RUN

Heather Beresford, Colorado Mines
Tanya Gaurmer, Adams State
Brittany Somers, Adams State

800 METER RUN

Heather Beresford, Colorado Mines
Laura Knapp, Adams State
Michelle Dill, Nebraska-Kearney

3000 METER RUN

Lavenna Mullenbach, Adams State
Sarah Shepard, Cu-Colo. Spgs.
Natalie Provost, Western State

5000 METER RUN

Heather Wood, Adams State
Ashley Quintana, Adams State
Anne Ronoh, Western State

60 METER HURDLES

TiaNecia Mosley, Adams State
Emily Volkmer, Chadron State
Julia Bayer, Chadron State

4x400 METER RELAY

Adams State,
Audrey Adams, Darcy Jennings, Jessica Adams, TiaNecia Mosley

DISTANCE MEDLEY

Adams State
Tanya Gaurmer, Sofia Monroe, Laura Knapp, Brittany Somers

HIGH JUMP

Patrice Henson, Chadron State
Staci Alberts, Chadron State
Shayna Fruit, Nebraska-Kearney

POLE VAULT

Airrie Robinson, Western State
Megan Harrell, Chadron State
Chelsea Murray, Western State

LONG JUMP

TiaNecia Mosley, Adams State
Domonique Bingham, Western State
Kelli Dring, Nebraska-Kearney

TRIPLE JUMP

TiaNecia Mosley, Adams State
Emily Volkmer, Chadron State
Domonique Bingham, Western State

SHOT PUT

Michelle Nelson, Adams State
Samantha Murphy, Nebraska-Kearney
Mary Wells, Chadron State

WEIGHT THROW

Ashley Stephens, Western State
Michelle Nelson, Adams State
Jen Hudson, Chadron State

INDOOR PENTATHLON

Amanda Owens, Chadron State
Amanda Gylling, Adams State
Renee Harris, Adams State

SECOND TEAM

60 METER DASH

4 Barbara Goe, Chadron State
5 Kelli Dring, Nebraska-Kearney
6 Erica Meyer, Western State

200 METER DASH

4 Erica Meyer, Western State
5 Sherline Duncan, Adams State
6 Casey Hagen, Western State

400 METER DASH

4 Rebekah White, Adams State
5 Jessica Adams, Adams State
6 Darcy Jennings, Adams State

1 MILE RUN

4 Janette McCarroll, Adams State
5 Stacy Girard, Chadron State
6 Elsa Goshu, Western State

800 METER RUN

4 Sofia Monroe, Adams State
5 Stacy Girard, Chadron State
6 Elsa Goshu, Western State

3000 METER RUN

4 Anne Ronoh, Western State
5 Kaci Lickteig, Nebraska-Kearney
6 Lisa Thomas, Western State

5000 METER RUN

4 Natalie Provost, Western State
5 Kaci Lickteig, Nebraska-Kearney
6 Shannon Filar, Western State

60 METER HURDLES

4 Kaity Edmiston, Colorado Mines
5 Darcy Jennings, Adams State
6 Perisha Hinton, Chadron State

4x400 METER RELAY

2 Chadron State
Perisha Hinton, Barbara Goe, Laurie Eklund, Katelyn Moore

DISTANCE MEDLEY

2 Western State
Megan Johnson, Jennifer Elam, Natalie Mesce, Elsa Goshu

HIGH JUMP

4 Amanda Owens, Chadron State
5 Ashton Rieker, Nebraska-Kearney
6 Brinon Barnett, Adams State

POLE VAULT

4 Melissa Rhodes, Colorado Mines
5 Casey Hagen, Western State
6 Kelli Payne, Chadron State

LONG JUMP

4 Emily Volkmer, Chadron State
5 Julia Bayer, Chadron State
6 Amanda Gylling, Adams State

TRIPLE JUMP

4 Drew Houston, Adams State
5 Kelli Dring, Nebraska-Kearney
6 Gina Nichols, Colorado Mines

SHOT PUT

4 Ashley Stephens, Western State
5 Jessica Horsley, Chadron State
6 Renee Harris, Adams State

WEIGHT THROW

4 Samantha Murphy, Nebraska-Kearney
5 Nicole Frederickson, Nebraska-Kearney
6 Mary Wells, Chadron State

INDOOR PENTATHLON

4 Kelsey Eitel, Chadron State
5 Chelsea Murray, Western State
6 Cameron Smith, Nebraska-Kearney

2006-07 ALL-RMAC MEN'S INDOOR T&F TEAMS

FIRST TEAM

60 METER DASH

Corey Lenaris, Adams State
Mike Smith, Chadron State
Taurean Jones, Adams State

200 METER DASH

Corey Lenaris, Adams State
Mike Smith, Chadron State
Gary Metcalf, Chadron State

400 METER DASH

Jake Streeter, Adams State
Josh Streeter, Adams State
Josh Hofer, Nebraska-Kearney

1 MILE RUN

Reuben Chebon-Mwei, Adams State
Aucencio Martinez, Adams State
Larry McDaris, Colorado Mines

800 METER RUN

Nick Lara, Adams State
Larry McDaris, Colorado Mines
Matt Walsh, Colorado Mines

3000 METER RUN

Kim Hogarth, Western State
Aaron Clark, Western State
Oliver Bodor, Western State

5000 METER RUN

Brian Medigovich, Adams State
Aaron Clark, Western State
Jake Raines, Adams State

60 METER HURDLES

Brandon Harrington, Chadron State
Josh Streeter, Adams State
Beau Wendling, Chadron State

4x400 METER RELAY

Adams State
Alex Ponce, Stevan Lara, Josh Streeter, Jake Streeter

DISTANCE MEDLEY

Adams State 'A'
Aaron Braun, Andrew Marquez, Nick Lara, Aucencio Martinez

HIGH JUMP

Alex Lockhart, Colorado Mines
Storm Allen, Cu-Colo. Spgs.
Riley Northup, Chadron State

POLE VAULT

Dakota Cochrane, Nebraska-Kearney
Michael Mays, Adams State
Matt Felton, Adams State

LONG JUMP

Jourdin Holden, Chadron State
Spencer Huff, Nebraska-Kearney
Brandon Harrington, Chadron State

TRIPLE JUMP

Ross Fellows, Nebraska-Kearney
Brandon Harrington, Chadron State
Ablazah Swofford, Western State

SHOT PUT

Lance Pfeiffer, Nebraska-Kearney
Dane Tobey, Nebraska-Kearney
John Ybarra, Adams State

WEIGHT THROW

Matt Gersick, Adams State
Michael Gusbeth, Western State
Brandon Karlin, Nebraska-Kearney

HEPTATHLON

Michael Mays, Adams State
Eric Dunn, Western State
Beau Wendling, Chadron State

SECOND TEAM

60 METER DASH

Gary Metcalf, Chadron State
Danny Woodhead, Chadron State
Spencer Huff, Nebraska-Kearney

200 METER DASH

Andrew Marquez, Adams State
Josh Hofer, Nebraska-Kearney
Taurean Jones, Adams State

400 METER DASH

Alex Ponce, Adams State
Wayne Durham, Adams State
Larry Bennett, Chadron State

1 MILE RUN

Aaron Braun, Adams State
Oliver Bodor, Western State
Kim Hogarth, Western State

800 METER RUN

Adam Glenn, Adams State
David Harmer, Cu-Colo. Spgs.
Mark Husted, Colorado Mines

3000 METER RUN

John Butkey, Western State
Clifton Oertli, Colorado Mines
Dan Liechty, Colorado Mines

5000 METER RUN

John Butkey, Western State
Aaron Rubalcaba-Lopez, Cu-Colo. Spgs.
Andrew Mauk, Western State

60 METER HURDLES

Ian Storz, Colorado Mines
Darrel Branz, Nebraska-Kearney
Jake Brummer, Chadron State

4x400 METER RELAY

Chadron State
Jacob Gruver, Larry Bennett, CJ Dean, Gary Metcalf

DISTANCE MEDLEY

Western State 'A'
Kim Hogarth, Ablazah Swofford, Scott Dahlberg, Oliver Bodor

HIGH JUMP

Shawn Marshall, Western State
Jack Sides, Chadron State
Heath Berggren, Adams State

POLE VAULT

Levi Gallas, Adams State
Adam Teniente, Nebraska-Kearney
Chris Johnston, Western State

LONG JUMP

Ablazah Swofford, Western State
Seth Yount, Nebraska-Kearney
Ross Fellows, Nebraska-Kearney

TRIPLE JUMP

Brett Shipp, Nebraska-Kearney
Wayne Durham, Adams State
John Ritzen, Chadron State

SHOT PUT

Matt Gersick, Adams State
Mike Aimone, Chadron State
Michael Strong, Nebraska-Kearney

WEIGHT THROW

Nick Theis, Nebraska-Kearney
Jeremiah Giambartolomei, Western State
Lance Pfeiffer, Nebraska-Kearney

HEPTATHLON

Jake Brummer, Chadron State
Jeremy Bubbs, Western State
Henry Scott, Colorado Mines

2006-07 RMAC INDOOR T&F AWARD WINNERS

WOMEN'S RMAC ATHLETE OF THE MEET

Heather Beresford, Colorado Mines

MEN'S RMAC ATHLETE OF THE MEET

Nick Lara, Adams State

WOMEN'S RMAC TRACK REGIONAL ATHLETE OF THE YEAR

Heather Beresford, Colorado Mines

MEN'S RMAC TRACK REGIONAL ATHLETE OF THE YEAR

Nick Lara, Adams State

WOMEN'S RMAC FIELD REGIONAL ATHLETE OF THE YEAR

TiaNecia Mosley, Adams State

MEN'S RMAC FIELD REGIONAL ATHLETE OF THE YEAR

Lance Pfeiffer, Nebraska-Kearney

WOMEN'S RMAC FRESHMAN OF THE YEAR

Domonique Bingham, Western State

MEN'S RMAC FRESHMAN OF THE YEAR

Reuben Chebon-Mwei, Adams State

WOMEN'S RMAC COACH OF THE YEAR

Damon Martin, Adams State

MEN'S RMAC COACH OF THE YEAR

Damon Martin, Adams State

Women's Final RMAC Team Rankings

1) Adams State	209
2) Chadron State	160
3) Western State	142
4) Nebraska-Kearney	81
5) Colorado Mines	44
6) CU-Colorado Springs	20

Men's Final RMAC Team Rankings

1) Adams State	209
2) Western State	120.50
3) Chadron State	120
4) Nebraska-Kearney	112.50
5) Colorado Mines	67
6) CU-Colorado Springs	23
7) Metro State	7

**2006-07 NCAA INDOOR TRACK & FIELD
FINAL WOMEN'S TEAM RESULTS**

5) Adams State	27
27) Colorado Mines	6
36) Western State	2
39) UC-Colorado Springs	1

**2006-07 NCAA INDOOR TRACK & FIELD
FINAL MEN'S TEAM RESULTS**

4) Adams State	38
14) Western State	15
15) Colorado Mines	12
33) Chadron State	3.50

2006-07 POST-SEASON HONORS

DIVISION II WOMEN'S FIELD ATHLETE OF THE YEAR

NORTH CENTRAL REGION WOMEN'S FIELD ATHLETE OF THE YEAR

TiaNecia Mosley, Adams State

2006-07 POST-SEASON HONORS

DIVISION II MEN'S TRACK ATHLETE OF THE YEAR

NORTH CENTRAL REGION MEN'S TRACK ATHLETE OF THE YEAR

NCAA INDIVIDUAL CHAMPION - 800 M RUN

Nick Lara, Adams State

NORTH CENTRAL REGION WOMEN'S TRACK ATHLETE OF THE YEAR

Heather Beresford, Colorado Mines

NCAA INDIVIDUAL CHAMPION - 1 MILE RUN

Aucencio Martinez, Adams State

NORTH CENTRAL REGION WOMEN'S COACH OF THE YEAR

Damon Martin, Adams State

NCAA INDIVIDUAL CHAMPION - SHOT PUT

Lance Pfeiffer, Nebraska-Kearney

NCAA DISTANCE MEDLEY CHAMPION

Adams State College

Nick Lara, Andrew Marquez,
Josh Streeter, Aaron Braun



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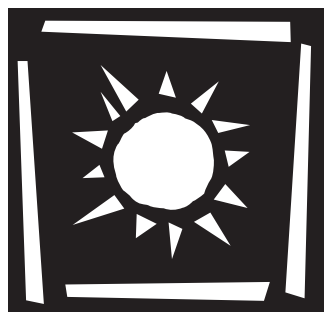
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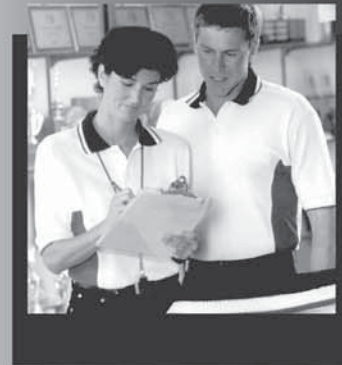


Colorado State Fair



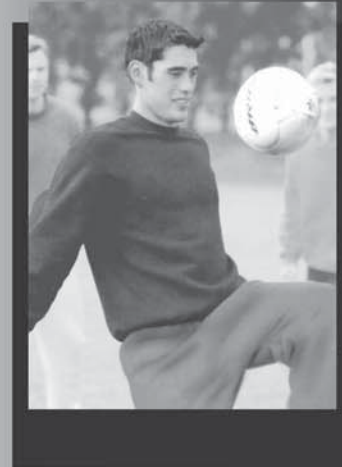
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2007 -08 RMAC Championship Schedule



RMAC CROSS COUNTRY CHAMPIONSHIPS (MEN & WOMEN)
Durango, Colo. / Hillcrest Golf Course
Host: Fort Lewis College

OCT. 20, 2007



RMAC MEN'S SOCCER TOURNAMENT
2007 RMAC Regular Season Champion
Host: Highest Seed

NOV. 2 & 4, 2007



RMAC WOMEN'S SOCCER TOURNAMENT
2007 RMAC Regular Season Champion
Oct. 31 - Hosts: #3 Seed and #4 Seed
Nov. 2 & Nov. 4 - Host: #1 Seed

OCT. 31, NOV. 2, NOV. 4, 2007



RMAC VOLLEYBALL TOURNAMENT
2007 RMAC Regular Season Champion
Host: Highest Seed

NOV. 9-11, 2007



DIXIE ROTARY BOWL (FOOTBALL)
St. George, Utah
Host: Dixie State College

DEC. 1, 2007



RMAC INDOOR TRACK & FIELD CHAMPIONSHIPS (MEN & WOMEN)
Kearney, Neb.
Host: University of Nebraska at Kearney

FEB. 29 - MARCH 1, 2008



RMAC WRESTLING CHAMPIONSHIP (NCAA WEST REGIONAL)
Las Vegas, N.M.
Host: New Mexico Highlands University

MARCH 1, 2008



RMAC BASKETBALL TOURNAMENT - RMAC SHOOTOUT
Feb. 29 or March 1, 2008 (First Rounds)
Host: Top 4 Seeds
March 7-8, 2008 (Semifinals & Championships)
Pueblo, Colo. / State Fair Events Center

FEB. 29 OR MARCH 1, MARCH, 7-8, 2008



RMAC MEN'S GOLF CHAMPIONSHIP
Site: TBD
Host: Fort Lewis College

APRIL 14-15, 2008



RMAC WOMEN'S GOLF CHAMPIONSHIP
Silver City, N.M. / Silver City Golf Course
Host: Western New Mexico University

APRIL 19-20, 2008



RMAC TENNIS CHAMPIONSHIPS (MEN & WOMEN)
Kearney, Neb.
Host: University of Nebraska at Kearney

APRIL 25-26, 2008



RMAC OUTDOOR TRACK & FIELD CHAMPIONSHIPS (MEN & WOMEN)
Gunnison, Colo.
Host: Western State College

MAY 4-6, 2008



RMAC SOFTBALL TOURNAMENT
2008 RMAC Regular Season Champion
Host: Highest Seed

MAY 1-3, 2008



RMAC BASEBALL TOURNAMENT
2008 RMAC Regular Season Champion
Host: Highest Seed

MAY 7-10, 2008

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