

ALL-RMAC MEN'S CROSS COUNTRY TEAMS

*** Unless otherwise noted, runner listed at top of First Team is also RMAC Individual Champion**

2013 ALL-RMAC

RMAC Runner of the Year:

Vegard Olstad, Western State

RMAC Freshman of the Year:

Keifer Johnson, Western State

RMAC Coach of the Year:

Jennifer Michel, Adams State

2013 ALL-RMAC FIRST TEAM

Vegard Olstad, Western State

Kevin Batt, Adams State

Tabor Stevens, Adams State

Garrett Wilson, Western State

Derek Alcorn, Colorado Mines

Michael Cernoia, Western State

Ian Butler, Western State

2013 ALL-RMAC SECOND TEAM

Tyler Saiz, Western State

Keifer Johnson, Western State

Michael Schmidt, Western State

Adam Sinda, Western State

Jovanny Godinez, Adams State

Andrew Epperson, Colorado Mines

Naseem Haje, Adams State

2013 ALL-RMAC THIRD TEAM

Mitch Kraft, Black Hills State

Henrique Chavez, New Mexico Highlands

Kyle Masterson, Adams State

Nick Kadlec, Metro State

Marty Andrie, Colorado Mines

Julian Florez, Adams State

Kirk Harvey, Metro State

2012 ALL-RMAC

RMAC Runner of the Year:

Tabor Stevens, Adams State

RMAC Freshman of the Year:

Kevin Batt, Adams State

RMAC Coach of the Year:

Damon Martin, Adams State

2012 ALL-RMAC FIRST TEAM

Tabor Stevens, Adams State

Phil Schneider, Colorado Mines

Sean Gildea, Colorado Mines

Kevin Batt, Adams State

Ian Butler, Western State

Jovanny Godinez, Adams State

Emilio Trujillo, UC-Colorado Springs

2012 ALL-RMAC SECOND TEAM

Andrew Roberts, Adams State

Michael Cernoia, Western State

Vegard Olstad, Western State

David Sanchez, Adams State

Derek Alcorn, Colorado Mines

Adam Bodnar, Colorado Mines

Russell Drummond, Colorado Mines

2012 ALL-RMAC THIRD TEAM

Andrew Epperson, Colorado Mines

Kirk Harvey, Metro State

Matthew Daniels, Adams State

Mike English, UC-Colorado Springs

Ismael Samano, N.M. Highlands

Adam Sinda, Western State

John Luterbach, Adams State

2011 ALL-RMAC

RMAC Runner of the Year:

Tyler Pennel, Western State

RMAC Freshman of the Year:

Tabor Stevens, Adams State

RMAC Coach of the Year:

Jennifer Michel, Western State

2011 ALL-RMAC FIRST TEAM

Tyler Pennel, Western State

Nathaniel Sellers, Adams State

Matt Bond, Adams State

Ryan Haebe, Western State

Gabe Proctor, Western State

Tabor Stevens, Adams State

Sean Gildea, Colorado Mines

2011 ALL-RMAC SECOND TEAM

David Goodman, Western State

Matthew Daniels, Adams State

Trevor Blackman, Western State

David Sanchez, Adams State

Keegan Calmes, Adams State

Nicaise Kazingo, NM Highlands

Andrew Roberts, Adams State

2011 ALL-RMAC THIRD TEAM

Carl Arnold, Metro State

Adam Sinda, Western State

Al Sanabria, Nebraska-Kearney

Eiger Erickson, Metro State

Cody Hughes, Adams State

Andrew Epperson, Colorado Mines

Neal Anderson, Colorado Mines

2010 ALL-RMAC

RMAC Runner of the Year:

Ryan McNiff, Adams State

RMAC Freshman of the Year:

Ryan Haebe, Western State

RMAC Coach of the Year:

Damon Martin, Adams State

2010 ALL-RMAC FIRST TEAM

Ryan McNiff, Adams State

Aaron Swift, Colorado Mines

Moses Kirui, N.M. Highlands

Craig Huffer, Adams State

Ryan Haebe, Western State

Keegan Calmes, Adams State

Gabe Proctor, Western State

2010 ALL-RMAC SECOND TEAM

Edwin Cruz, Adams State

Sean Brown, Western State

Sean Gildea, Colorado Mines

Nathaniel Sellers, Adams State

David Flynn, Western State

Tyler Rasmussen, Western State

Brandon Birdsong, Adams State

2010 ALL-RMAC THIRD TEAM

Nicaise Kazingo, NM Highlands

Luke Cragg, Adams State

Al Sanabria, Nebraska-Kearney

David Goodman, Western State

Trevor Blackman, Western State

Tyler Curtis, Colorado Mines

Garrett Wilson, Western State

2009 ALL-RMAC

RMAC Runner of the Year:

Reuben Mwei, Adams State

RMAC Freshman of the Year:

Nicaise Kazingo, N.M. Highlands

RMAC Coach of the Year:

Damon Martin, Adams State

2009 ALL-RMAC FIRST TEAM

Reuben Mwei, Adams State

Aaron Braun, Adams State

Brian Medigovich, Adams State

Tyler Pennel, Western State

Iain Donnan, Western State

Ryan McNiff, Adams State

Nicaise Kazingo, NM Highlands

2009 ALL-RMAC SECOND TEAM

Edwin Cruz, Adams State

Anthony Gauthier, Adams State

Luke Cragg, Adams State

Sean Brown, Western State

Loren Ahonen, Western State

Aaron Swift, Colorado Mines

Brandon Johnson, Colorado Mines

2009 ALL-RMAC THIRD TEAM

Tyler Rasmussen, Western State

Moses Kirui, N.M. Highlands

Tanner Fruit, Nebraska-Kearney

Drew Graham, Adams State

Sean Gildea, Colorado Mines

Anthony Luna, Western State

Mack McLain, Colorado Mines

2008 ALL-RMAC

RMAC Runner of the Year:

Aaron Braun, Adams State

RMAC Freshman of the Year:

Nicaise Kazingo, N.M. Highlands

RMAC Coach of the Year:

Damon Martin, Adams State

ALL-RMAC MEN'S CROSS COUNTRY TEAMS

2008 ALL-RMAC FIRST TEAM

Aaron Braun, Adams State
Brian Medigovich, Adams State
Laurent Ngirakamaro, N.M. Highlands
Ryan McNiff, Adams State
Reuben Mwei, Adams State
Tyler Pennel, Western State
Iain Donnan, Western State

2008 ALL-RMAC SECOND TEAM

Babey Wagnew, Adams State
Loren Ahonen, Western State
Florian Theophile, Adams State
Ben Zywicki, Colorado Mines
Nicaise Kazingo, NM Highlands
Sean Brown, Western State
Jason Graham, Western State

2008 ALL-RMAC THIRD TEAM

Sean Cusick, Colorado Mines
Nate Hatleback, Colorado Mines
Drew Graham, Adams State
Drew Soucy, Adams State
Jacques Annandale, Colorado Mines
Tyler Rasmussen, Western State
Tanner Fruit, Nebraska-Kearney

2007 ALL-RMAC

RMAC Runner of the Year:

Aaron Braun, Adams State

RMAC Freshman of the Year:

Tyler Pennel, Western State

RMAC Coach of the Year:

Damon Martin, Adams State

2007 ALL-RMAC TEAM

Aaron Braun, Adams State
Scott Bahlberg, Western State
Reuben Chebow-Mwei, Adams State
Brian Medigovich, Adams State
Laurent Ngirakamaro, N.M. Highlands
Aaron Clark, Western State
Tyler Pennel, Western State
David Kemei, N.M. Highlands
Michael Rooney, Colorado Mines
Giacomo Butler, Adams State

2006 ALL-RMAC

RMAC Runner of the Year:

Jesus Solis, Adams State

RMAC Freshman of the Year:

Aaron Braun, Adams State

RMAC Coach of the Year:

Damon Martin, Adams State

2006 ALL-RMAC TEAM

Jesus Solis, Adams State
Kim Hogarth, Western State
Derek Yorek, Adams State
Jake Raines, Adams State
Aaron Braun, Adams State
Aucencio Martinez, Adams State
Greg Reindl, Colorado Mines
Aaron Clark, Western State
Brian Medigovich, Adams State
Larry McDavis, Colorado Mines

2005 ALL-RMAC

RMAC Runner of the Year:

Mario Macias, Adams State

RMAC Freshman of the Year:

Adam Rich, Western State

RMAC Coach of the Year:

Damon Martin, Adams State

2005 ALL-RMAC TEAM

Mario Macias, Adams State
Jesus Solis, Adams State
Kelly Christensen, Western State
Oliver Bodor, Western State
Aucencio Martinez, Adams State
Laurence McDaris, Colorado Mines
Joel Hamilton, Colorado Mines
Jake Raines, Adams State
Derek Yorek, Adams State
Adam Rich, Western State

2004 ALL-RMAC

RMAC Runner of the Year:

Kelly Christensen, Western State

RMAC Freshman of the Year:

Cole Murch, Western State

RMAC Coach of the Year:

Duane Vandenbusche, Western State

2004 ALL-RMAC TEAM

Kelly Christensen, Western State
Oliver Bodor, Western State
Will Banks, Western State
Mohamed Aden, Adams State
Aucencio Martinez, Adams State
Jesus Solis, Adams State
Scott Swearingen, Western State
Levi Brathall, UC-Colorado Springs
Moses Tum, UC-Colorado Springs
Josh Merrick, Adams State

2003 ALL-RMAC

RMAC Runner of the Year:

Jesus Solis, Adams State

RMAC Freshman of the Year:

Jesus Solis, Adams State

RMAC Coach of the Year:

Damon Martin, Adams State

2003 ALL-RMAC TEAM

Jesus Solis, Adams State
Celedonio Rodriguez, Adams State
Matt Levassiur, Adams State
Chris Siemers, Western State
Josh Merrick, Adams State
Mike Nagelkerke, Western State
Tim Parr, Western State
Will Banks, Western State
Aaron Davis, Western State
Mohamed Aden, Adams State

2002 ALL-RMAC

RMAC Freshman of the Year:

Levi Brathall, UC-Colorado Springs

RMAC Coach of the Year:

Duane Vandenbusche, Western State

2002 ALL-RMAC TEAM

Chris Siemers, Western State
Josh Eberly, Western State
Celedonio Rodriguez, Adams State
Kelly Christansen, Western State
Rubin McRae, Western State
Matt Levassiur, Adams State
Tim Parr, Western State
Will Banks, Western State
Levi Brathall, UC-Colorado Springs
Jason Donald, Western State

2001 ALL-RMAC

RMAC Freshman of the Year:

Brad Regan, Adams State

RMAC Coach of the Year:

Duane Vandenbusche, Western State

2001 ALL-RMAC TEAM

Michael Aish, Western State
Josh Elberly, Western State
Celedonio Rodriguez, Adams State
Scott Nagelkerke, Western State
Rubin McRae, Western State
Paul McRae, Western State
Matt Levassiur, Adams State
Jason Donald, Western State
Chris Siemers, Western State
Philip McPherson, Western State

2000 ALL-RMAC

RMAC Runner of the Year:

Jason Hubbard, Adams State

RMAC Freshman of the Year:

Martin Weiss, Colorado Mines

RMAC Coach of the Year:

Duane Vandenbusche, Western State

ALL-RMAC MEN'S CROSS COUNTRY TEAMS

2000 ALL-RMAC TEAM

Jason Hubbard, Adams State
Josh Eberly, Western State
Julio Serratos, Adams State
Michael Aish, Western State
Paul McRae, Western State
Joseph LeRoux, Western State
Rubin McRae, Western State
Nelson Laux, Western State
Martin Weiss, Colorado Mines
Dave McQuitty, Adams State

1999 ALL-RMAC

RMAC Runner of the Year:

Michael Aish, Western State

RMAC Freshman of the Year:

Rubin McRae, Western State

RMAC Coach of the Year:

Duane Vandenbusche, Western State

1999 ALL-RMAC TEAM

Michael Aish, Western State
Rees Buck, Western State
Brandon Leslie, Adams State
Joseph LeRoux, Western State
Jason Hubbard, Adams State
Carl Blackhurst, Adams State
Chris Hollman, Adams State
Rubin McRae, Western State
Jim Shine, Western State
Scott Nagelkerke, Western State

1998 ALL-RMAC

RMAC Runner of the Year:

Rees Buck, Western State

RMAC Freshman of the Year:

Rubin McRae, Western State

RMAC Coach of the Year:

Duane Vandenbusche, Western State

1998 ALL-RMAC TEAM

Rees Buck, Western State
Michael Aish, Western State
Shawn Nixon, Adams State
Humberto Sanchez, Western State
Trent Briney, UC-Colorado Springs
Jason Humphries, N.M. Highlands
Dave McQuitty, Adams State
Carl Blackhurst, Adams State
Christian Madsen, Western State
Jason McCullough, Fort Hays State

1997 ALL-RMAC

RMAC Runner of the Year:

David Fagan, Western State

RMAC Freshman of the Year:

Michael Aish, Western State

RMAC Co-Coaches of the Year:

Bob DeVries, New Mexico Highlands; Duane Vandenbusche, Western State

1997 ALL-RMAC TEAM

David Fagan, Western State
Waylon Wade, N.M. Highlands
Jason McCullough, Fort Hays State
Humberto Sanchez, Western State
Shawn Nixon, Adams State
Stephen Willis, Western State
Deen Johnson, Nebraska-Kearney
Chuck Arnold, N.M. Highlands
T.J. Trout, Fort Hays State
Dave McQuitty, Adams State

1996 ALL-RMAC

RMAC Runner of the Year:

Hamish Smith, Western State

RMAC Coach of the Year:

Duane Vandenbusche, Western State

1996 ALL-RMAC TEAM

Hamish Smith, Western State
Jason Kayne, Adams State
Rees Buck, Western State
Dan Caulfield, Adams State
David Fagan, Western State
Bryan Bailey, Fort Lewis
Stephen Willis, Western State
T.J. Trout, Fort Hays State
Dave Dolezal, Adams State
Jason Shanahan, Fort Hays State

1995 ALL-RMAC

RMAC Coach of the Year:

Duane Vandenbusche, Western State

1995 ALL-RMAC TEAM

Hamish Smith, Western State
Philip Spratley, Western State
Ivan Ivanov, Nebraska-Kearney
Hector Hernandez, Western State
Mark Burgess, Western State
Bryan Bailey, Fort Lewis
David Fagan, Western State
Preston Aronson, Western State
Todd Fuelberth, Nebraska-Kearney
Jason Shanahan, Fort Hays State

1994 ALL-RMAC

RMAC Coach of the Year:

John Kernan, Adams State

1994 ALL-RMAC TEAM

Philip Spratley, Western State
Peter DeLaCerde, Adams State
Andy Bruckner, Western State
Hector Hernandez, Adams State
Dan Caulfield, Adams State
Jose Mondragon, Western State
Bobby Brindamour, Nebraska-Kearney
Jason Kayne, Adams State
Elphonso Curley, Adams State
Mark Burgess, Western State

1993 ALL-RMAC

RMAC Coach of the Year:

Joe Vigil, Adams State

1993 ALL-RMAC TEAM

Shane Healy, Adams State
Phillip Castillo, Adams State
Oscar Gonzalez, Western State
Philip Spratley, Western State
Hamish Smith, Western State
Dan Caulfield, Adams State
Robert Nelson, Adams State
Mathew Titcombe, Western State
David Brooks, Adams State
Russ McDaniel, Western State

1992 ALL-RMAC

RMAC Coach of the Year:

Joe Vigil, Adams State

1992 ALL-RMAC TEAM

David Brooks, Adams State
Paul Stoneham, Adams State
Daniel Caulfield, Adams State
Shane Healy, Adams State
Peter DeLaCerde, Adams State
Phil Castillo, Adams State
Russ McDaniel, Western State
Phillip Spratley, Western State
Oscar Gonzalez, Western State
Hailton Silva, Western State

1991 ALL-RMAC

RMAC Coach of the Year:

Duane Vandenbusche, Western State

1991 ALL-RMAC TEAM

Shane Healy, Adams State
Russ McDaniel, Western State
Peter DeLaCerde, Adams State
Cody Hill, Western State
Monty Torres, Adams State
Brad DeFruiter, Western State
Jim Cullen, Western State
Tad Banker, Adams State
Steve Bonifer, Western State
Lance Dalleck, Western State

1990 ALL-RMAC TEAM

Dan Maas, Adams State
Martin Johns, Adams State
Jason Mohr, Adams State
Gideon Mthembu, N.M. Highlands
David Bell, Adams State
Shane Healy, Adams State
Nate Butler, Adams State
Matt Bendorf, Adams State
Brad DeFruiter, Western State
Norm Perez, Fort Hays State

ALL-RMAC MEN'S CROSS COUNTRY TEAMS

1989 ALL-RMAC TEAM

Rick Robirds, Adams State
Dan Maas, Adams State
Frank Oropeza, Western State
Peter Kilibarda, Adams State
Doug Meade, Western State
Tad Banker, Adams State
Kirk Kiracofe, Western State
Andrew Medina, Adams State
Russ Dryer, Western State
Gregg Smith, Western State

1988 ALL-RMAC TEAM

Craig Dickson, Adams State
Eduardo Navas, Western State
Juan Diaz, Western State
Pat Melgares, Adams State
Renee Perez, Adams State
Charles England, Fort Lewis
Andrew Medina, Adams State
James Seefeldt, Adams State
Art Vigil, Adams State
Dan Maas, Adams State

1987 ALL-RMAC TEAM

Craig Dickson, Adams State
Rick Robirds, Adams State
Don Fitzgerald, Adams State
Pat Melgares, Adams State
Ed Navas, Western State
Juan Diaz, Western State
Marco Ochoa, Adams State
Dan Buston, N.M. Highlands
Elmer Martinez, N.M. Highlands
Jerome Gusman, Adams State

1986 ALL-RMAC TEAM

James Seefeldt, Adams State
Rick Robirds, Adams State
Charles England, Fort Lewis
Lemont Yazzie, Fort Lewis
Jack Sperber, Adams State
Steve Cathcart, Western State
Eduardo Navas, Western State
Craig Dickson, Adams State
Chuck Bartlett, Adams State
Pat Melgares, Adams State

1985 ALL-RMAC TEAM

Robert Ferguson, Adams State
Robbie Hipwood, Adams State
Dan Jaquez, Adams State
Steve Cathcart, Western State
Rick Roybal, Adams State
Jack Sperber, Adams State
Eduardo Navas, Western State
Ken Woodard, Adams State
Don Fitzgerald, Adams State
Steve Roch, Western State

1984 ALL-RMAC TEAM

Robbie Hipwood, Adams State
Dave Cuadrado, Adams State
Rick Roybal, Adams State
James Etsitty, N.M. Highlands
Steve Cathcart, Western State
John Thomas, Adams State
Larry Caffey, Southern Colorado
Alfred Willie, N.M. Highlands
Doug Tudor, Colorado Mines
Ken Woodard, Adams State

1983 ALL-RMAC TEAM

Peter Graham, Adams State
Robbie Hipwood, Adams State
Rob Konrad, Western State
(others not available)

1982 ALL-RMAC TEAM

Sam Montoya, Adams State
Rob Konrad, Western State
Dennis Leck, Western State
Scott Vanatta, Western State
Tim Mondragon, Southern Colorado
Ben Sandoval, N.M. Highlands
Peter Graham, Adams State
Dave Cuadraeo, Adams State
Hernando Hernandez, Southern Utah St.
Tom Gilfillan, Adams State

1981 ALL-RMAC TEAM

Pat Porter, Adams State
Peter Graham, Adams State
Dan Garcia, Adams State

1980 ALL-RMAC TEAM

Pat Porter, Adams State
Keenan Hart, Southern Utah State
Peter Graham, Adams State
John Esquibel, Adams State
Mike Duran, Southern Colorado
Sam Montoya, Adams State
Tom White, Adams State

1979 ALL-RMAC TEAM

John Esquibel, Adams State
Pat Porter, Adams State
Tim Terrill, Adams State
Mike Duran, Southern Colorado
Tom White, Adams State
Tom McGrew, Adams State
Kevin Scott, Southern Colorado
Dan Garcia, Southern Colorado
Scott Vanatta, Western State
Lawrence Naranjo, N.M. Highlands

1978 ALL-RMAC TEAM

Dick LeDoux, Southern Colorado
Bob Fink, Adams State
Tom White, Adams State
Mike Duran, Southern Colorado
Kurt Larsh, Western Colorado
John Esquibel, Adams State
Peter Miera, Southern Colorado
Val Murray, Western Colorado
Scott Vanatta, Western State
Peter Magdalena, Adams State

1977 ALL-RMAC TEAM

Frank Rivera, Adams State
Bob Fink, Adams State
Richard Adams, Southern Utah State
Dick LeDoux, Southern Colorado
Andy Montanez, Adams State
Joe Winegardner, Western State
Leonard Lopez, Adams State
Robert Yara, N.M. Highlands
Earnst Garcia, N.M. Highlands
Scott McMillen, Adams State

1976 ALL-RMAC TEAM

Rod Brown, Adams State
Bob Fink, Adams State
Robert Yara, N.M. Highlands
Dick LeDoux, Southern Colorado
Ben Montoya, Adams State
Dan O'Donnell, Southern Colorado
Brad Pace, Colorado Mines
Steve Galbraith, Southern Colorado
Steve Mosteller, Southern Colorado
George Chavez, N.M. Highlands

1975 ALL-RMAC TEAM

Information is not available.

1974 ALL-RMAC TEAM

Information is not available.

1973 ALL-RMAC TEAM

Charles Vigil, Adams State
Frank Mencin, Western State
Mark Weeks, Adams State
Jim Sanchez, Adams State
Mark Florida, Colorado Mines

1965-1972

Information is not available.