

Women's Outdoor Top 10

100m

1.	La'tazah Coleman	11.95	2013
2.	Lillian Laboy	12.01	1994
3.	Mia Riley	12.03	2012
4.	Cleo Morrison	12.28	2015
5.	Morgyn Bennett	12.28	2016
6.	Tierra Taylor	12.32	2016
7.	Sara Gardner	12.32	2019
8.	Mary Ilelaboye	12.38	2019
9.	Shaylah Counts	12.43	2010
10.	Naomi Clarke	12.43	2017

400 hurdles

1.	Nicole Georgia	1:01.42	2016
2.	Madeline Hummel	1:02.24	2013
3.	Genesis Small	1:02.46	1999
4.	Diyani Bigelow	1:02.47	2019
5.	Nicole Berry	1:02.57	2019
6.	Joshonda Johnson	1:02.59	2018
7.	Ashley Hunter	1:03.19	2012
8.	Daria Chadwick	1:03.23	2017
9.	Sara Gardner	1:03.81	2017
10.	Quinn Bithell	1:03.82	2019

200m

1.	La'tazah Coleman	23.87	2013
2.	Erin McMullin	24.74	2011
3.	Sheree Duval	24.75	2000
4.	Sara Gardner	24.99	2018
5.	Lillian Laboy	25.10	1994
6.	Mia Riley	25.15	2011
7.	Carla Wynter	25.16	2005
8.	Genesis Walker	25.51	2019
9.	Destiny Kearney	25.52	2016
10.	Ashley Edwards	25.59	2013

800m

1.	Steph Welte	2:11.24	2016
2.	Heather Giovagnoli	2:12.76	2012
3.	Tori Brewer	2:13.70	2018
4.	Kristen Perrine	2:14.77	2011
5.	Paris Boucher	2:15.08	2019
6.	Sheree Duval	2:15.30	1999
7.	Jennifer Gramata	2:15.77	2004
8.	Pam White	2:16.57	2004
9.	Johanna Clarke	2:17.55	2010
10.	Emily Ritter	2:17.83	2013

400m

1.	Sheree Duval	54.30	1999
2.	Erin McMullin	55.11	2011
3.	Jennifer Gramata	56.86	2004
4.	La'tazah Coleman	57.11	2013
5.	Sophia Castronovo	57.41	2019
6.	Carla Wynter	57.54	2005
7.	Joshonda Johnson	57.78	2019
8.	Mary Ilelaboye	57.81	2019
9.	Ashley Edwards	57.99	2013
10.	Madeline Hummel	58.18	2013

1500m

1.	Emily Ritter	4:28.76	2014
2.	Steph Welte	4:31.64	2016
3.	Heather Giovagnoli	4:32.90	2012
4.	Teagan Schein-Becker	4:35.53	2019
5.	Kristin Siegle	4:39.94	2019
6.	Peri Pavicic	4:40.15	2019
7.	Meg McGarrity	4:40.29	2017
8.	Meg Elgin	4:41.02	2014
9.	Chelsea Callan	4:41.43	2011
10.	Lauren Lester	4:42.26	2010

100 hurdles

1.	Sara Gardner	13.41	2018
2.	Daria Chadwick	14.08	2016
3.	Dashana Ransome	14.09	2013
4.	Joshonda Johnson	14.18	2019
5.	Lexie Fraction	14.42	2016
6.	Karlise Cureton	14.75	2008
7.	La'tazah Coleman	14.77	2013
8.	Nicole Georgia	14.83	2013
9.	Tabatha Haskins	14.88	2007
10.	Destiny Kearney	14.88	2017

3000m Steeplechase

1.	Emily Ritter	9:54.34	2015
2.	Peri Pavicic	10:41.72	2019
3.	Rae Santora	11:04.12	2016
4.	Chelsea Callan	11:07.14	2011
5.	Erin Fitzgibbons	11:29.32	2012
6.	Jillian Shutt	11:29.52	2013
7.	Ulrike Bromme	11:38.50	2002
8.	Andrea Campbell	11:41.03	2006
9.	Megan O'Halloran	11:43.72	2003
10.	Melissa Cardwell	11:46.83	2001

Women's Outdoor Top 10

5,000m

1.	Nicolette Mateescu	16:49.31	2016
2.	Emily Ritter	16:55.37	2015
3.	Meg McGarrity	17:10.83	2017
4.	Meg Elgin	17:12.52	2014
5.	Peri Pavicic	17:21.85	2019
6.	Chelsea Callan	17:59.36	2011
7.	Katie Kinkead	18:01.16	2016
8.	Kelsey Kohler	18:10.29	2008
9.	Kelly Wojciehowski	18:10.70	2009
10.	Erin Fitzgibbons	18:18.54	2012

10,000m

1.	Nicolette Mateescu	34:45.34	2016
2.	Nicole Tassello	36:50.20	2013
3.	Meg McGarrity	37:02.29	2017
4.	Kelly Wojciehowski	37:14.89	2009
5.	Meg Elgin	37:35.84	2014
6.	Kelli Kaelin	38:19.04	2012
7.	Ulrike Bromme	38:35.02	2002
8.	Katie Kinkead	39:05.46	2016
9.	Katie Chinery	39:26.60	2019
10.	Melissa Cardwell	40:32.86	2001

Pole Vault

1.	Daniella Izzo	11'7.75"	2018
2.	Miranda Roberts	11'5.75"	2016
3.	Jen Riley	10'7"	2003
4.	Allyson Angelo	10'6"	2007
5.	Rebecca Clatch	10'0"	2006
6.	Ashley Miller	9'6.25"	2006
7.	Sam Cioppio	9'2.25"	2019
8.	Katrina Bonetsky	9'0.25"	2005

Long Jump

1.	Asia Young	19'7.5"	2017
2.	Lindsay Bauer	19'0"	2018
3.	Dashana Ransome	18'11.75"	2014
4.	Olivia Rosenberger	18'2.5"	2014
5.	Mechea Medine	18'1.5"	2005
6.	Jen Maurer	18'1"	2018
7.	Yohanny Rodriguez	17'11.5"	2019
8.	Jen Hettel	17'9"	1995
9.	Ashley Miller	17'9"	2005
10.	Dakota Karras	17'7"	2016

Triple Jump

1.	Lauryn Strebeck	40'2"	2014
2.	Tabatha Haskins	39'9"	2009
3.	Destiny Kearney	39'4"	2017
4.	Yohanny Rodriguez	38'9"	2019
5.	Elizabeth Spokony	38'7.5"	2008
6.	Asia Young	38'1.25"	2018
7.	Genesis Small	38'0.75"	1999
8.	Olivia Rosenberger	38'0.25"	201
9.	Lindsay Bauer	37'6.75"	2018
10.	Caitlin Vanek	37'1.25"	2010

High Jump

1.	Kelly Kajunski	5'10"	2007
2.	Daria Chadwick	5'7.25"	2016
3.	Katie O'Connor	5'7"	2007
4.	Taylor Harmon	5'7"	2015
5.	Quinn Bithell	5'7"	2019
6.	Brooke Murray	5'6.5"	1997
7.	Jen Molinelli	5'6"	1996
8.	Yohanny Rodriguez	5'5.75"	2018
9.	Jennifer Williams	5'5.5"	2003
10.	Tabatha Haskins	5'5"	2007
11.	Sara Gardner	5'5"	2019

Shot Put

1.	Fidele Jules	49'3.75"	2017
2.	Jazmine Fenlator	48'8.25"	2006
3.	Ronetta Hunter	46'5.25"	2019
4.	Steph Lombardo	45'10.5"	2015
5.	Ashley Berry	45'8.5"	2019
6.	Alexis Wood	45'3.5"	2003
7.	Alicia Price	44'11.5"	2010
8.	Clare O'Connell	44'7.5"	2005
9.	Krystle Daniels	43'3.25"	2004
10.	Maggie Shipman	42'4.25"	2006

Discus

1.	Jazmine Fenlator	164'7"	2007
2.	Ashley Berry	148'10"	2019
3.	Gina Monari	146'3.5"	1999
4.	Steph Lombardo	142'1"	2015
5.	Fidele Jules	141'1"	2017
6.	Jen Alksmant	137'11"	2010
7.	Alexis Pignataro	134'6"	2017
8.	Andrea McKenna	133'7"	2013
9.	Clare O'Connell	131'2.75"	2005
10.	Tina Gill	130'10"	2003

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Javelin

1.	Kathryn Campbell	142'4"	2017
2.	Rebecca Clatch	141'4	2007
3.	Elizabeth Clatch	134'3.25"	2007
4.	Tumelo Nwanma	124'8"	2017
5.	Erin Smith	123'8	2010
6.	Lindsay Fine	122'6"	2001
7.	Tara Hansen	120'2"	2010
8.	Jen Marcella	119'5.25"	200?
9.	Maggie Shipman	118'5.5"	2005
10.	Keren Moncayo	118'0"	2019

Hammer

1.	Karoline Sandvig	185'2"	2018
2.	Alicia Price	184'1	2010
3.	Rhea Phipps	183'8"	2014
4.	Jazmine Fenlator	178'7"	2007
5.	Ashley Berry	172'7"	2019
6.	Treasure Burke	170'3"	2012
7.	Alexis Pignataro	158'1"	2018
8.	Fidele Jules	157'6"	2017
9.	Krystle Daniels	149'6.75"	2006
10.	Gina Monari	148'7"	2000

4x100

1.	47.14	Ransome, Riley, Roberts, Coleman	2013
2.	47.67	Counts, Hunter, McMullin, Riley	2010
3.	47.81	Taylor, Kearney, Roberts, Bennett	2016
4.	47.89	Morrison, Young, Kearney, Gardner	2018
5.	47.93	Morrison, Walker, Assongba, Gardner	2019

4x400

1.	3:48.92	Johnson, Duval, Vaughan, Small	1999
2.	3:50.27	Johnson, Ilelaboye, Bithell, Castronovo	2019
3.	3:51.04	Riley, Georgia, McMullin, Edwards	2013
4.	3:51.09	Counts, Findley, McMullin, Hunter	2011
5.	3:53.10	Coleman, Georgia, McMullin, Riley	2013

4x800

1.	9:02.14	Elgin, Hummel, Ritter, McAtee	2013
2.	9:03.62	Hummel, Welte, Ritter, Brewer	2015
3.	9:03.88	Callan, Perrine, Giovagnoli, Clarke	2011
4.	9:08.99	Brewer, Hummel, Welte, Brand	2015
5.	9:10.54	Hummel, Ritter, Elgin, McGarrity	2014

Distance Medley

1.	11:48.25	Elgin, Edwards, Hummel, Ritter	2013
2.	11:50.50	Elgin, Hunter, Perrine, Giovagnoli	2012
3.	11:51.16	Elgin, Edwards, Hummel, Ritter	2014
4.	11:51.59	Schein-Becker, Berry, Siegle, Pavicic	2019
5.	11:54.43	Callan, McMullin, Perrine, Giovagnoli	2011