THE STUDENT-ATHLETE EXPERIENCE

Student-athletes are always welcome to share their experiences with, or seek support from the Princeton Athletics administration who work to optimize the Student-Athlete Experience. Resources to support the Student-Athlete Experience can be found here.

The Compliance Office

The Compliance office, located on the Jadwin mezzanine, is overseen by Senior Associate Director of Athletics/SWA Allison Rich, and staffed by Associate Director of Athletics Kelly Widener, and Compliance Assistant Nancy Donigan. Compliance staff assist with any questions and concerns related to eligibility and compliance with NCAA and League policies and practices, answering questions in a timely manner and assisting student-athletes as they work toward their goals. For Princeton Athletics, the Compliance staff also manage the NCAA Special Assistance Fund which provides funding to assist student-athletes with special financial needs. In order to qualify for funds, student-athletes must be eligible to receive a federal Pell Grant in their Princeton financial aid package. Permissible uses of this fund include family emergencies, medical and dental expenses, and purchase of expendable academic course supplies, clothing, shoes and other essentials.

Student-Athlete Services

Student-Athlete Services is also overseen by Senior Associate Director of Athletics/SWA Allison Rich, and staffed by Associate Director, Jess Deutsch. This office, on D-floor of Jadwin Gymnasium, reinforces the many resources available at Princeton for all students, building the Team Around the Team for student-athletes and coaches. Student-Athlete Services collaborates with Princeton Tiger Performance and other campus partners to support Education Through Athletics and Competitive Excellence. At the conclusion of each competitive season, the Student-Athlete Services office administers a Student-Athlete Survey, collecting anonymous, aggregated feedback for coaches and administration about the athletic and academic experience at Princeton. This office also coordinates in-person interviews of a sampling of senior student-athletes to discuss the student-athlete experience in their sports at Princeton. Student-Athlete Services works closely with the Assistant Dean for Academic-Athletic Affairs to oversee the Princeton Athletics Fellows program, attending the Academic Roundtables at the start of each academic year, and collaborating with campus partners on programs like Tigers On The Go and other initiatives that foster high performance and wellness for student-athletes.

Princeton Tiger Performance (PTP)

Directed by Jason Gallucci, Director of Performance, PTP a values-based, holistic performance model with a mission to prepare student-athletes to Achieve, Serve, and Lead in all areas of their lives; and to provide leadership to the larger University community around health and wellbeing. Based on B-floor of Jadwin Gym, PTP is built upon the premise that values drive behaviors; behaviors in the moment define culture; and team culture drives performance; especially as related to strength and conditioning, sport psychology, nutrition, athletic medicine and leadership development. PTP collaborates closely with Athletic Medicine, Counseling and Psychological
Services, and other campus partners in order to support peak performance and wellbeing for student-athletes.

**Student-Athlete Leadership Organizations**

**Varsity Student-Athlete Advisory Committee (VSAAC)**

The Varsity Student-Athlete Advisory Committee (VSAAC) serves in an advisory capacity to the Director of Athletics. This committee meets on a regular basis to discuss matters related to administrative policy and the student-athlete experience. VSAAC members represent all student-athletes on all teams, and should be contacted with any ideas or concerns.

**Student-Athlete Wellness Leaders (SAWLs)**

The Princeton University Student-Athlete Wellness Leaders (SAWLs) program supports healthy lifestyles among student-athletes using a peer helper model. Selected varsity student-athletes receive (nonmedical) training as role models in noticing and responding to peers in need of support. These students serve as trusted leaders who teammates can seek out for friendly support as well as concrete knowledge of resources. This program is sponsored jointly by Princeton Athletics and University Health Services.

**The Captains Council**

The Captain’s Council is comprised of the captains of each of the Varsity teams for Princeton Athletics. The council meets regularly with the Director of Athletics and senior staff as a leadership development experience.

**Faculty Advisory Committee on Athletics and Campus Recreation**

The Department of Athletics is an integral part of the educational mission of the University. The Faculty Advisory Committee on Athletics and Campus Recreation serves in an advisory capacity to the Director of Athletics and facilitates information sharing and relationships between faculty and Athletics. The committee meets on a regular basis to discuss matters related to Athletics and issues that affect the academic lives of student-athletes. VSAAC Officers serve on the committee in an ex officio capacity as do Campus Recreation Student Officers.

**Princeton Athletics Fellows**

The Princeton Athletics Fellows are faculty and staff committed to strengthening and supporting the student-athlete experience while building meaningful connections between academics and athletics. A resource for student-athletes, coaches, and administrators, Fellows form an affiliation with a specific team and coach, and reinforce the culture and values of Princeton University academics and athletics, and to be. Through collaboration between Princeton Athletics and the Office of the Dean of the College, Princeton Athletics Fellows contribute to the integration of the academic and athletic cultures at Princeton.
Princeton Varsity Club

The Princeton Varsity Club (PVC) recognizes the long tradition of athletic, academic and alumni success at Princeton University and supports the notion that athletics is an integral part of the educational mission of the University. The PVC also recognizes that current varsity student-athletes, alumni letter winners and friends and supporters of Princeton Athletics represent a strong community built upon shared values and experiences, and thus, serves to promote and foster connections among the Princeton Athletics community. Established in 1997, the Princeton Varsity Club implements and supports programs that directly benefit all 37 varsity teams and 1,000 student-athletes. The PVC funds a wide variety of programming and events that provide student-athletes tangible opportunities to achieve, serve and lead both on- and off-campus. Additionally, the PVC provides opportunities for alumni letter winners and friends and supporters of Princeton Athletics to engage with Princeton Athletics and support current Tiger student-athletes. Programming & events supported by the PVC include:

· Gary Walters ’67 PVC Awards Banquet & PVC Letter Sweater program

· Tigers in the Community Program, including Weapons of Mass Construction, the PVC Service Circle, Reading with the Tigers, Coach for College and the Student-Athlete Service Council

· PVC Weight Room in Jadwin Gym

· Jake McCandless ’51 PVC Speaker Series

· PVC Welcome Barbecue for varsity student-athletes and coaches

· Receptions & special events on and off campus as part of the PVC "On the Road" series

· PVC communications and publications (PVC News and www.PrincetonVarsityClub.org)

· Strategic initiatives in support of the Department of Athletics' core mission of "Education Through Athletics."