PLEASE READ ALL OF THE MEET INFORMATION BEFORE CONTACTING OUR STAFF WITH QUESTIONS.
Meet Information

Packet Pick-up: Packet Pick-up will be located on the mezzanine above the bleachers near the finish line beside the timer’s trailer. Coaches/athletes can pay their entry fee and pick up final meet information here. Packet pick-up will be open starting at 9:00am on Saturday, April 6th.

Check-in for distance events – located in West Stadium Tunnel (near the finish line)

1. Athletes must report to the clerking table at least 20 minutes prior to the scheduled start of their event to receive their hip numbers
2. Athletes should then report to the start line as instructed by the clerks
3. The fastest sections will run first in all events

Check-in for track events – located in West Stadium Tunnel (near the finish line)

1. Athletes must report to the clerk’s table a minimum of 1 hour prior to the scheduled start of their event to declare their intent to compete.

2. If not checked-in one hour prior, athletes will be scratched
3. Heats will be made after the check in period ends.
4. Athletes should then return to the clerking area 20 minutes prior to the start of their event to receive their heat and lane assignment and hip numbers. Coaches will not be allowed to pick up their athletes’ hip numbers.
5. The fastest sections will run first in all events.

***The Declaration window for the 200m & 4x400 will be listed on the final meet schedule***

Check-in for field events

1. Please check in 1 hour prior to the start of your event, at the event site.

2. If not checked-in athletes will be scratched.
3. The top 8 performers will advance to the finals.
4. There will be 30-minute warm-ups for field events with 1 flight and 15-minute flight specific warm-ups for field events with 2 flights.
5. After the first legal mark for each athlete, a scratch line will be implemented. See below for minimum marks.

**Field Event Minimum Marks:**

- Men’s Long Jump – 6.95m
- Men’s Triple Jump – 13.95m
- Men’s Shot Put (A) – 16.60m
- Men’s Discus – 48.00m
- Men’s Hammer – 54.00m
- Men’s Javelin – 54.00m
- Women’s Long Jump – 5.50m
- Women’s Triple Jump – 11.50m
- Men’s Shot Put (B) – 15.70m
- Women’s Discus – 40.00m
- Women’s Hammer – 45.00m
- Women’s Javelin – 34.00m

**Field Event Height Progressions:**

- Men’s High Jump – 1.93m, 1.98m, 2.03m, 2.08m, 2.12m, 2.16m...
- Women’s High Jump – 1.50m, 1.55m, 1.60m, 1.65m, 1.70m, 1.73m, 1.76m...
- Men’s Pole Vault – 4.56m, 4.71m, 4.86m, 4.96m, 5.06m, 5.16m, 5.26m, 5.36m...
- Women’s Pole Vault – 3.50m, 3.65m, 3.80m, 3.90m, 4.00m, 4.10m, 4.20m...
**Implement Inspection:** Will be in the East stadium tunnel, except hammer throw & men’s shot put (A). Hammer & Shot Put (A) inspection will be at West Windsor Fields near the hammer cage starting 1 hour 15min before the competition and ending 35min before the start of competition. Implement Inspection will run from 9:00am-4:00pm

**Parking:** Teams can be dropped off near Jadwin Gym. Buses can then park near the Cross Country course off of Washington Road. See below for map.

**Meet Schedule:** See below for final meet schedule. We will not go more than 15 minutes ahead of schedule, unless weather concerns push us to a complete rolling schedule.

**Facility Info:** Hammer throw & Men’s Shot Put (A) will be held at the West Windsor Fields off of Washington road. The javelin runway is a track surface. Women’s LJ/TJ will be on the outside pit closest to the track. Men’s LJ/TJ on the inside pit.

**Spikes:** ¼ in pyramid spikes only.

**Team Camps:** Can be set up in the bleachers, on the grass around the track, or indoor track. NO TEAM CAMPS on the infield.

**Warm-up Area:** Athletes may warm-up on the turf fields outside the track, the bubble on the football field or the indoor track.

**Locker Rooms:** Visiting men’s locker rooms are available on E Level of Jadwin Gym. Visiting women’s locker rooms are in Caldwell Fieldhouse on the B Level [enter through the glass doors between the indoor and outdoor track and follow the signs]

**Entry Fee:**
Teams (14 entries or more) $400/ per gender.
Individuals: $20.00 per entry.

- If you did not pay your entry fee online, it will be due at packet pick-up. If your payment was mailed and not received in time, you will be required to pay at the meet.
- Entry fee is based upon entry status at the close of entries, NOT by acceptance to the meet.
- Entry fee must be paid before the meet begins or your athletes will be scratched.
- Cash or check accepted at the meet.
Schedule of Events

**Note: Throwing Event site will be indicated on the right next to the event**

Field Events:

10:00am: Men’s Javelin
12:00pm: Women’s Javelin
12:00pm: Men’s Shot Put A
12:00pm: Men’s Shot Put B
12:00pm: Men’s and Women’s Long Jump
12:00pm: Women’s Pole Vault
1:15pm: Men’s Hammer
2:00pm: Women’s Discus
3:45pm: Women’s Hammer
4:00pm: Men’s Discus
5:30pm: Women’s Shot Put

Running Events:

12:00pm: Men’s 4x100m Relay
12:15pm: Women’s 4x100m Relay
12:25pm: Men’s 1500m Un-Seeded
12:35pm: Women’s 1500m Un-Seeded
12:50pm: Men’s 110m Hurdle Prelim
1:05pm: Women’s 100m Hurdle Prelim
1:20pm: Men’s 400m
1:35pm: Women’s 400m
1:50pm: Men’s 100m
2:05pm: Women’s 100m
2:20pm: Men’s 110m Hurdle Final
2:25pm: Women’s 100m Hurdle Final
2:30pm: Men’s 800m Un-Seeded
2:40pm: Women’s 800m Un-Seeded
2:55pm: Men’s 400m Hurdles
3:10pm: Women’s 400m Hurdles
3:30pm: Men’s 200m
3:50pm: Women’s 200m
4:10pm: Men’s 4x400m Relay
4:20pm: Women’s 4x400m Relay

5:00pm: Women’s 5,000m Un-Seeded – 1 Section
5:25pm: Women’s Steeplechase – 1 Section
5:40pm: Men’s Steeplechase – 1 Section
5:50pm: Women’s 800m Seeded – 2 Sections
6:00pm: Men’s 800m Seeded – 3 Sections
6:10pm: Women’s 1500m Seeded – 2 Sections
6:20pm: Men’s 1500m Seeded – 2 Sections
6:30pm: Women’s 5000m Seeded – 1 Section
6:50pm: Men’s 5000m Seeded – 1 Section
7:10pm: Men’s 10000m – 1 Section
7:45pm: Women’s 10000m – 1 Section

**DECLARATIONS FOR THE 200**

**DECLARATIONS FOR THE 4X400**
**Legend**

<p>| | |</p>
<table>
<thead>
<tr>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td><strong>Weaver Track Stadium:</strong> Princeton Track &amp; Field facility.</td>
</tr>
<tr>
<td>2</td>
<td><strong>Lot 21:</strong> Spectator parking lot. Once the team has been dropped off, proceed out of Lot 21 and back onto Faculty Road. At the red light, turn left onto Washington Road. Proceed over the bridge and turn left at 3.</td>
</tr>
<tr>
<td>3</td>
<td><strong>West Windsor Fields:</strong> Turn left off of Washington Road and proceed around the path.</td>
</tr>
<tr>
<td>4</td>
<td><strong>Bus Parking:</strong> The buses may park here for the duration of the meet. Please note that this is a one-way, so the bus must continue through, indicated by the blue arrow.</td>
</tr>
</tbody>
</table>