

PATRIOT LEAGUE
2026 OUTDOOR TRACK AND FIELD CHAMPIONSHIPS

| FRIDAY, MAY | | | | | |
|---------------|------------------------------------|---------------|----------------------|-------------------|--------------|
| TRACK EVENTS | | FIELD EVENTS | | MULTI EVENTS* | |
| 9:00 A.M. | Men's 10,000m | <i>Throws</i> | | <i>Decathlon</i> | |
| 9:45 A.M. | Women's 10,000m | 9:00 A.M. | Men's Hammer Throw | 11:00 A.M. | 100m |
| 12:00 P.M. | Men's 110mHH – Prelim (if needed) | 11:30 A.M. | Women's Hammer Throw | 11:35 A.M. | Long Jump* |
| 12:15 P.M. | Women's 100mh – Prelim (if needed) | 1:30 P.M. | Men's Javelin | 12:45 P.M. | Shot Put* |
| 12:30 P.M. | Men's 100m – Prelim (if needed) | 3:45 P.M. | Women's Javelin | 2:00 P.M. | High Jump* |
| 12:45 P.M. | Women's 100m – Prelim (if needed) | | | *4:20 P.M. | 400m* |
| 1:00 P.M. | Men's 1,500m – Prelim | <i>Jumps</i> | | | |
| 1:20 P.M. | Women's 1,500m – Prelim | 11:00 A.M. | Women's Pole Vault | <i>Heptathlon</i> | |
| 1:40 P.M. | Men's 110mHH – Semis | 12:45 P.M. | Men's Long Jump | 10:45 A.M. | 100m Hurdles |
| 1:55 P.M. | Women's 100mh – Semis | 2:00 P.M. | Men's Pole Vault | 11:30 A.M. | High Jump* |
| 2:10 P.M. | Men's 400m – Prelim | 3:15 P.M. | Women's Long Jump | 2:15 P.M. | Shot Put* |
| 2:25 P.M. | Women's 400m – Prelim | | | *3:40 P.M. | 200m* |
| 2:40 P.M. | Men's 100m – Semis | | | | |
| 2:55 P.M. | Women's 100m – Semis | | | | |
| 3:10 P.M. | Men's 800m – Prelim | | | | |
| 3:25 P.M. | Women's 800m – Prelim | | | | |
| 3:50 P.M. | Men's 400mH – Prelim | | | | |
| 4:05 P.M. | Women's 400mH – Prelim | | | | |
| 4:30 P.M. | Men's 200m – Prelim | | | | |
| 4:45 P.M. | Women's 200m – Prelim | | | | |
| 5:00 P.M. | Men's 4x800 Final | | | | |
| 5:15 P.M. | Women's 4x800 Final | | | | |
| SATURDAY, MAY | | | | | |
| TRACK EVENTS | | FIELD EVENTS | | MULTI EVENTS* | |
| 12:05 P.M. | Men's 3,000m Steeplechase | <i>Throws</i> | | <i>Decathlon</i> | |
| 12:25 P.M. | Women's 3,000m Steeplechase | 9:00 A.M. | Men's Shot Put | 9:00 A.M. | 110m Hurdles |
| 12:50 P.M. | Men's 4x100m Final | 11:45 A.M. | Women's Shot Put | 9:45 A.M. | Discus* |
| 12:58 P.M. | Women's 4x100m Final | 11:45 A.M. | Men's Discus | 10:50 P.M. | Pole Vault* |
| 1:05 P.M. | Men's 1,500m Final | 3:00 P.M. | Women's Discus | 1:50 P.M. | Javelin* |
| 1:15 P.M. | Women's 1,500m Final | | | *4:10 P.M. | 1,500m* |
| 1:25 P.M. | Men's 110mHH Final | <i>Jumps</i> | | | |
| 1:30 P.M. | Women's 100mh Final | 10:00 A.M. | Men's High Jump | <i>Heptathlon</i> | |
| 1:35 P.M. | Men's 400m Final | 12:00 P.M. | Men's Triple Jump | 9:30 A.M. | Long Jump |
| 1:40 P.M. | Women's 400m Final | 12:30 P.M. | Women's High Jump | 10:30 A.M. | Javelin* |
| 1:45 P.M. | Men's 100m Final | 2:30 P.M. | Women's Triple Jump | 11:50 A.M. | 800m* |
| 1:50 P.M. | Women's 100m Final | | | | |
| | BREAK – 47 Minutes | | | | |
| 2:37 P.M. | Men's 800m Final | | | | |
| 2:48 P.M. | Women's 800m Final | | | | |
| 2:57 P.M. | Men's 400mH Final | | | | |
| 3:06 P.M. | Women's 400mH Final | | | | |
| 3:15 P.M. | Men's 200m Final | | | | |
| 3:30 P.M. | Women's 200m Final | | | | |
| 3:35 P.M. | Men's 5,000m Final | | | | |
| 3:55 P.M. | Women's 5,000m Final | | | | |
| 4:20 P.M. | Men's 4x400 Final | | | | |
| 4:30 P.M. | Women's 4x400 Final | | | | |

*Approximate times after first event of multis.