

**2023 PATRIOT LEAGUE
OUTDOOR TRACK AND FIELD CHAMPIONSHIPS
LEHIGH UNIVERSITY
MAY 5-6**

FRIDAY, MAY 5					
TRACK EVENTS		FIELD EVENTS		MULTI EVENTS*	
9:00 A.M.	Men's 10,000m	<i>Throws</i>		<i>Decathlon</i>	
9:45 A.M.	Women's 10,000m	10:00 A.M.	Men's Javelin	11:00 A.M.	100m
12:00 P.M.	Men's 110mHH – Prelim (if needed)	10:00 A.M.	Women's Hammer	11:35 A.M.	Long Jump*
12:15 P.M.	Women's 100mh – Prelim (if needed)	1:00 P.M.	Women's Javelin	12:45 P.M.	Shot Put*
12:30 P.M.	Men's 100m – Prelim (if needed)	1:00 P.M.	Men's Hammer	2:00 P.M.	High Jump*
12:45 P.M.	Women's 100m – Prelim (if needed)			*4:20 P.M.	400m*
1:00 P.M.	Men's 1,500m – Prelim	<i>Jumps</i>			
1:20 P.M.	Women's 1,500m – Prelim	12:30 P.M.	Men's Pole Vault	<i>Heptathlon</i>	
1:40 P.M.	Men's 110mHH – Semis	1:00 P.M.	Men's Long Jump	10:45 A.M.	100m Hurdles
1:55 P.M.	Women's 100mh – Semis	3:00 P.M.	Women's Pole Vault	11:30 A.M.	High Jump*
2:10 P.M.	Men's 400m – Prelim	3:00 P.M.	Women's Long Jump	2:15 P.M.	Shot Put*
2:25 P.M.	Women's 400m – Prelim			*3:40 P.M.	200m*
2:40 P.M.	Men's 100m – Semis				
2:55 P.M.	Women's 100m – Semis				
3:10 P.M.	Men's 800m – Prelim				
3:25 P.M.	Women's 800m – Prelim				
3:50 P.M.	Men's 400mH – Prelim				
4:05 P.M.	Women's 400mH – Prelim				
4:30 P.M.	Men's 200m – Prelim				
4:45 P.M.	Women's 200m – Prelim				
5:00 P.M.	Men's 4x800 Final				
5:15 P.M.	Women's 4x800 Final				
SATURDAY, MAY 6					
TRACK EVENTS		FIELD EVENTS		MULTI EVENTS*	
12:05 P.M.	Men's 3,000m Steeplechase	<i>Throws</i>		<i>Decathlon</i>	
12:25 P.M.	Women's 3,000m Steeplechase	9:00 A.M.	Men's Shot Put	9:00 A.M.	110m Hurdles
12:50 P.M.	Men's 4x100m Final	11:45 A.M.	Women's Shot Put	9:45 A.M.	Discus*
12:58 P.M.	Women's 4x100m Final	11:45 A.M.	Men's Discus	10:50 P.M.	Pole Vault*
1:05 P.M.	Men's 1,500m Final	2:30 P.M.	Women's Discus	2:00 P.M.	Javelin*
1:15 P.M.	Women's 1,500m Final			*4:10 P.M.	1,500m*
1:25 P.M.	Men's 110mHH Final	<i>Jumps</i>			
1:30 P.M.	Women's 100mh Final	10:00 A.M.	Men's High Jump	<i>Heptathlon</i>	
1:35 P.M.	Men's 400m Final	12:00 P.M.	Men's Triple Jump	9:15 A.M.	Long Jump
1:40 P.M.	Women's 400m Final	12:30 P.M.	Women's High Jump	10:15 A.M.	Javelin*
1:45 P.M.	Men's 100m Final	2:30 P.M.	Women's Triple Jump	11:45 A.M.	800m*
1:50 P.M.	Women's 100m Final				
	BREAK – 47 Minutes				
2:37 P.M.	Men's 800m Final				
2:48 P.M.	Women's 800m Final				
2:57 P.M.	Men's 400mH Final				
3:06 P.M.	Women's 400mH Final				
3:15 P.M.	Men's 200m Final				
3:30 P.M.	Women's 200m Final				
3:35 P.M.	Men's 5,000m Final				
3:55 P.M.	Women's 5,000m Final				
4:20 P.M.	Men's 4x400 Final				
4:30 P.M.	Women's 4x400 Final				

*Approximate times after first event of multis.