



PACWEST HISTORY

MEN'S CROSS COUNTRY

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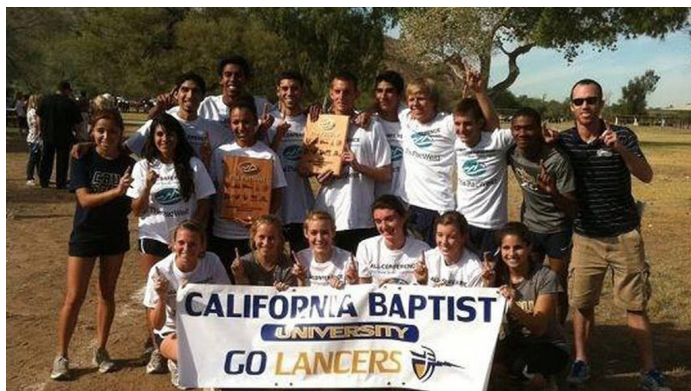


2015 PacWest Men's Cross Country Championships

PacWest Men's Cross Country History

TEAM CHAMPIONS

1993: Grand Canyon
1994: Portland State
1995: Hawai'i Hilo
1996: Hawai'i Hilo
1997: Alaska Anchorage
1998: Humboldt State
1999: Humboldt State
2000: Humboldt State
2004: BYU-Hawaii
2005: BYU-Hawaii
2006: BYU-Hawaii
2007: Hawai'i Pacific
2008: Hawai'i Pacific



2011: California Baptist
2012: California Baptist
2013: California Baptist



2014: California Baptist



2015: California Baptist



2009: Academy of Art



2010: BYU-Hawaii

PacWest Men's Cross Country History

TEAM CHAMPIONS



2016: California Baptist



2019: Biola



2017: California Baptist



2021: Fresno Pacific



2018: Biola

PacWest Men's Cross Country History

INDIVIDUAL CHAMPIONS

1993: Chris Katon, PSU

1994: Mike Mahoney, PSU

1995: Ray Gomez, UHH

1996: Fidel Zavala, UHH

1997: Dickson Mwai, UHH

1998: Christian Friis, HPU

1999: Tim Miller, HSU

2000: Pete Clusener, HSU

2004: Jeremy Van Tress, BYUH

2005: Jacob Klausen, HPU

2006: Todd Iacovelli, HPU

2007: Golden Harper, BYUH

2008: Edward Taragon Kibet, ART U

2009: Amos Maru, ART U

2010: Amos Maru, ART U



2015: Valentin Pepiot, ART U

2016: Josh Thorson, ART U

2017: McMarshall Hartzenburg, CBU

2018: Gabe Plendcio, BU

2019: Gabe Plendcio, BU



2011: Amos Maru, ART U

2012: Talal Khan, CBU

2013: Bryton Reim, CBU

2014: Taylor Guske, CBU



2021: Patrick Kiprop, FPU

PacWest Men's Cross Country History

TEAM RESULTS

1993 PacWest Championships

Lincoln Park, Seattle, Wash. (Oct. 23, 1993)

Place	Team	Time	Score
1	Grand Canyon		35
2	Portland State		40
3	Alaska Anchorage		54
4	Eastern Montana		116
5	Seattle Pacific		121

1994 PacWest Championships

Pier Park, Portland, Ore. (Oct. 22, 1994)

Place	Team	Time	Score
1	Portland State		16
2	Alaska Anchorage		61
3	Montana State Billings		79
4	Hawai'i Hilo		91
5	Alaska Fairbanks		117
6	Seattle Pacific		NTS

1995 PacWest Championships

Hilo, Hawai'i (Oct. 21, 1995)

Place	Team	Time	Score
1	Hawai'i Hilo		22
2	Alaska Anchorage		40
3	Chaminade		84
4	Alaska Fairbanks		89
	Seattle Pacific		NTS
	Montana State Billings		NTS

1996 PacWest Championships

McKinleyville, Calif. (Nov. 9, 1996)

Held in conjunction with Regional Meet

Place	Team	Time	Score
1	Hawai'i Hilo		23
2	Alaska Anchorage		38
3	Seattle Pacific		71
4	Chaminade		108
5	Alaska Fairbanks		119
6	Montana State Billings		132

1997 PacWest Championships

Lincoln Park, Seattle, Wash. (Nov. 1, 1997) 4M

Place	Team	Time	Score
1	Alaska Anchorage		28
2	Hawai'i Hilo		55
3	Alaska		87
4	Seattle Pacific		96
5	Montana State Billings		114
6	Chaminade		131

1998 PacWest Championships

Lake Padden Park, Bellingham, Wash. (Nov. 7, 1998)

Held in conjunction with Regional Meet

Place	Team	Time	Score
1	Humboldt State		69
2	Western Washington		118
3	Hawai'i Hilo		123
4	Alaska Anchorage		134
5	Central Washington		224

1999 PacWest Championships

Seattle Wash.

Place	Team	Time	Score
1	Humboldt State		47
2	Alaska Anchorage		58
3	Central Washington		98
4	Seattle Pacific		116
5	Western Washington		128
6	Hawai'i Pacific		139
7	Hawai'i Hilo		231
8	Montana State Billings		237
9	Chaminade		240
10	Seattle		250
11	Saint Martin's		285
12	Alaska		304

PacWest Men's Cross Country History

TEAM RESULTS

2000 PacWest Championships

Lake Padden Park, Bellingham, Wash. (Oct. 21, 2000)

Place	Team	Time	Score
1	Humboldt State		27
2	Alaska Anchorage		51
3	Western Washington		97
4	Central Washington		103
5	Northwest Nazarene		135
6	Seattle		192
7	Seattle Pacific		198
8	Western Oregon		201
9	BYU-Hawaii		248
10	Saint Martin's		285
11	Montana State Billings		293
12	Chaminade		371

2004 PacWest Championships

Riverfront Park, Billings, Mont. (Oct. 23, 2004)

Place	Team	Time	Score
1	BYU-Hawaii		33
2	Hawai'i Hilo		44
3	Hawai'i Pacific		86
4	Western New Mexico		100
5	Chaminade		113
6	Montana State Billings		118

2005 PacWest Championships

HPU Windward Campus, Honolulu (October 22, 2005)

Place	Team	Time	Score
1	Hawai'i Pacific		
2	BYU-Hawaii		
3	Hawai'i Hilo		
4	Chaminade		

2006 PacWest Championships

Hilo, Hawaii (Oct. 21, 2006)

Place	Team	Time	Score
1	BYU-Hawaii		38
2	Hawai'i Hilo		43
3	Hawai'i Pacific		49
4	Notre Dame de Namur		80
5	Chaminade		115
6	Grand Canyon		145

2007 PacWest Championships

Crystal Springs, Belmont, Calif. (Oct. 29, 2007)

Place	Team	Time	Score
1	Hawai'i Pacific	138:26	45
2	Notre Dame de Namur	138:36	47
3	BYU-Hawaii	140:54	57
4	Hawai'i Hilo	140:37	67
5	Chaminade	163:07	135
6	Grand Canyon	167:15	143
7	Dixie State	181:50	154

2008 PacWest Championships

Turtle Bay, Hawai'i (Oct. 25, 2008)

Place	Team	Time	Score
1	Hawai'i Pacific		26
2	BYU-Hawaii		49
3	Hawai'i Hilo		56
4	Notre Dame de Namur		97
5	Dixie State		151
6	Chaminade		172
7	Grand Canyon		182
--	Academy of Art		NTS

2009 PacWest Championships

Golden Gate Park, S.F. (Oct. 31, 2009)

Place	Team	Time	Score
1	Academy of Art		20
2	BYU-Hawaii		51
3	Hawai'i Pacific		76
4	Hawai'i Hilo		97
5	Notre Dame de Namur		130
6	Grand Canyon		133
7	Chaminade		177

PacWest Men's Cross Country History

TEAM RESULTS

2010 PacWest Championships

Turtle Bay, Hawai'i (Oct. 31, 2010)

Place	Team	Time	Score
1	BYU-Hawaii	2:10:54.3	33
2	Academy of Art	2:12:18.7	65
3	Hawai'i Pacific	2:15:28.4	75
4	Grand Canyon	2:16:11.0	98
5	Hawai'i Hilo	2:23:50.9	154
6	Chaminade	2:26:47.3	163
7	Dixie State	2:27:39.1	184
8	Notre Dame de Namur	2:32:53.2	205
9	Dominican	2:48:55.1	258

2011 PacWest Championships

Estrella Mountain Regional Park (Oct. 29, 2011)

Place	Team	Time	Score
1	California Baptist	2:05:53.6	41
2	Academy of Art	2:08:45.6	75
3	BYU-Hawaii	2:09:41.7	82
4	Grand Canyon	2:10:17.7	87
5	Hawai'i Pacific	2:15:04.7	127
6	Dixie State	2:14:48.9	134
7	Chaminade	2:22:06.3	171
8	Notre Dame de Namur	2:25:46.3	206
9	Dominican	2:49:16.5	257

2012 PacWest Championships

Kahuku Golf Course (Oct. 27, 2012)

Place	Team	Time	Score
1	California Baptist	2:12:25	40
2	BYU-Hawaii		68
3	Grand Canyon		100
4	Azusa Pacific		139
5	Academy of Art		183
6	Dixie State		194
7	Hawai'i Pacific		205
8	Fresno Pacific		205
9	Point Loma		217
10	Notre Dame de Namur		241
11	Chaminade		250
12	Holy Names		251
13	Dominican		354

2013 PacWest Championships

Stafford Lake, Novato, Calif. (Nov. 2, 2013)

Place	Team	Time	Score
1	California Baptist	2:14:32.2	37
2	Hawai'i Pacific	2:17:54.6	76
3	Azusa Pacific	2:18:26.2	84
4	Academy of Art	2:19:04.1	105
5	BYU-Hawaii	2:19:59.8	120
6	Fresno Pacific	2:21:46.0	144
7	Dixie State	2:26:23.2	182
8	Notre Dame de Namur	2:29:36.4	245
9	Dominican	2:36:50.3	246
10	Chaminade	2:45:47.6	263
11	Holy Names	2:36:12.3	287

2014 PacWest Championships

Woodward Park, Fresno, Calif. (Nov. 7, 2014)

Place	Team	Time	Score
1	California Baptist	2:06:38.53	30
2	Academy of Art	2:09:05.85	71
3	Azusa Pacific	2:09:51.52	77
4	Hawai'i Pacific	2:09:57.50	81
5	BYU-Hawaii	2:12:21.17	127
6	Fresno Pacific	2:12:26.32	128
7	Dixie State	2:16:38.19	194
8	Notre Dame de Namur	2:18:11.08	227
9	Holy Names	2:23:48.62	270
10	Chaminade	2:27:27.02	276
11	Dominican	2:31:33.86	304

2015 PacWest Championships

Riverside, Calif. (Oct. 24, 2015)

Place	Team	Time	Score
1	California Baptist	2:05:50.83	38
2	Academy of Art	2:06:27.38	63
3	Azusa Pacific	2:07:09.65	69
4	Fresno Pacific	2:08:57.80	98
5	Concordia	2:12:26.37	164
6	Dixie State	2:12:53.35	175
7	Holy Names	2:12:36.48	176
8	Hawai'i Pacific	2:14:26.16	207
9	Notre Dame de Namur	2:17:34.69	229
10	BYU-Hawaii	2:17:07.07	241
11	Chaminade	2:34:39.87	341
12	Dominican	2:38:02.48	365

PacWest Men's Cross Country History

TEAM RESULTS

2016 PacWest Championships

Kamehameha Schools, Kea`au, HI (Oct. 22, 2016)

Place	Team	Time	Score
1	California Baptist	2:18:42	28
2	Academy of Art	2:19:45	47
3	Azusa Pacific	2:26:54	121
4	Fresno Pacific	2:26:52	125
5	Holy Names	2:27:15	126
6	Dixie State	2:27:40	129
7	BYU-Hawaii	2:30:06	163
8	Concordia	2:31:03	169
9	Hawai`i Pacific	2:35:53	223
10	Dominican	2:59:13	323
11	Chaminade	3:03:59	336

2017 PacWest Championships

Crystal Springs, Belmont, Calif. (Oct. 21, 2017)

Place	Team	Time	Score
1	California Baptist	2:07:10	24
2	Academy of Art	2:09:34	64
3	Biola	2:11:15	90
4	Azusa Pacific	2:11:43	111
5	Fresno Pacific	2:13:24	130
6	Dixie State	2:16:53	188
7	Holy Names	2:16:23	192
8	Concordia	2:17:30	197
9	Hawai`i Pacific	2:19:08	223
10	Dominican	2:32:21	314
11	Notre Dame de Namur	2:42:45	326
12	Chaminade	2:54:37	359

2018 PacWest Championships

Woodward Park, Fresno, Calif. (Nov. 2, 2018)

Place	Team	Time	Score
1	Biola	2:06:44	46
2	Academy of Art	2:08:27	71
3	Notre Dame de Namur	2:09:39	96
4	Hawai`i Pacific	2:10:08	109
5	Azusa Pacific	2:10:39	110
6	Fresno Pacific	2:11:27	130
7	Concordia	2:12:13	143
8	Dominican	2:25:14	239
9	Holy Names	2:38:05	262
10	Chaminade	2:35:54	293

2019 PacWest Championships

Craig Regional Park, Fullerton, Calif. (Oct. 26, 2019)

Place	Team	Time	Score
1	Biola	2:07:21	21
2	Notre Dame de Namur	2:11:01	75
3	Academy of Art	2:11:10	79
4	Concordia	2:13:45	120
5	Hawai`i Pacific	2:15:52	146
6	Fresno Pacific	2:15:10	150
7	Azusa Pacific	2:15:45	153
8	Dominican	2:31:57	227
9	Holy Names	2:41:21	272
10	Chaminade	2:37:08	274

2021 PacWest Championships

Kahuku Golf Course (Oct. 23, 2021)

Place	Team	Time	Score
1	Fresno Pacific	2:06:58	38
2	Azusa Pacific	2:08:48	51
3	Biola	2:09:44	60
4	Academy of Art	2:15:48	131
5	Concordia	2:15:12	132
6	Dominican	2:20:53	158
7	Hawai`i Pacific	2:30:10	187
8	Holy Names	3:22:04	228
9	Chaminade	2:45:36	248

PacWest Men's Cross Country History

ALL-PACWEST AWARDS

PACWEST RUNNERS OF THE YEAR

Dickson Mwai, UHH	1997
Christian Friis, HPU	1998
Seah Rivers, UAA	1999
Pete Clusener, HSU	2000
Dany Malley, HPU	2008
Amos Maru, ART U	2009
Amos Maru, ART U	2010
Amos Maru, ART U	2011
Sharlles Simon, GCU	2012
Bryton Reim, CBU	2013
Taylor Guske, CBU	2014
Valentin Pepiot, ART U	2015
Josh Thorson, ART U	2016
McMarhsall Hartzenburg, CBU	2017
Gabe Plendcio, BU	2018
Gabe Plendcio, BU	2019
Patrick Kiprop, FPU	2021

PACWEST NEWCOMERS OF THE YEAR

Dickson Mwai, UHH	1997
Christian Friis, HPU	1998
Sean Rivers, UHH	1999
Tobias Schwoerer, UHH	2000
Amos Maru, ART U	2009
Kip Mutai, GCU	2010
Mitchell Moore, CBU	2011
Talal Khan, CBU	2012
Bryton Reim, CBU	2013
Valentin Pepiot, ART U	2014
Pierre Fontanarosa, ART U	2015
Gatien Airiau, ART U	2016
Pierre-Louis Detourbe, CBU	2017
Rickus Jacobs, HPU	2018
James Young, ART U	2019
Xavier Smith, FPU	2021

PACWEST FRESHMEN OF THE YEAR

Garrett McAllister, UHH	2006
Dany Malley, HPU	2008
Julio Zuniga, GCU	2009
Anders Ludvigsen, HPU	2010
Trevor Henson, CBU	2011
Clemens Kamer, ART U	2012
Nick Watson, DSU	2013
Mack Marbas, ART U	2014
Ken Kipkorir, CBU	2015

Marvin Thomas, ART U	2016
McMarshall Hartzenburg, CBU	2017
Anthony Garcia, NDNU	2018
Nixon Korir, APU	2019
Patrick Kiprop, FPU	2021

PACWEST COACHES OF THE YEAR

Michael Friess, UAA	1997
David Wells, HSU	1998
David Wells, HSU	1999
David Wells, HSU	2000
Victor Hudson, ART U	2009
Norman Kaluhiokalani, BYUH	2010
Sean Henning, CBU	2011
Ben Gall, CBU	2012
Ben Gall, CBU	2013
Ben Gall, CBU	2014
Ben Gall, CBU	2015
Ben Gall, CBU	2016
Ben Gall, CBU	2017
Sean Henning, BU	2018
Sean Henning, BU	2019
Ray Winter, FPU	2021

FOUR-TIME ALL-PACWEST SELECTIONS

Thomas Puzey, BYUH	2006-08, 10
Jeremy Porter, APU	2014-17

THREE-TIME ALL-PACWEST SELECTIONS

Joshua Enos, UHH	2006-08
Kevin Enriques, HPU	2007-09
Garrett McAllister, UHH	2007-09
Stefano Barbaris Rochabrun, HPU	2007-09
Brandon Krout, BYUH	2008-10
Amos Maru, ART U	2009-11
Daveson Marindich, ART U	2009-11
Dany Malley, HPU	2008-09, 11
Peter Buscheck, APU	2012-14
Kevin Miller, BYUH	2012-14
Cody Drisko, APU	2014-16
Valentin Robert, CBU	2014-16
Jayden Emerson, CBU	2015-17
Gabe Plendcio, BU	2017-19
Gio Orellana, BU	2017-19
Brady DeHaven, BU	2018-19, 21

PacWest Men's Cross Country History

RUNNER OF THE WEEK AWARDS

<u>Date</u>	<u>Runner</u>	<u>School</u>	<u>Date</u>	<u>Runner</u>	<u>School</u>
9/8/2008	Andreas Schwab	HPU	10/21/2014	Valentin Pepiot	ART U
9/15/2008	Andreas Schwab	HPU	10/28/2014	Peter Buscheck	APU
9/22/2008	Kevin Malley	HPU	9/8/2015	Valentin Robert	CBU
9/29/2008	Thomas Puzey	BYUH	9/15/2015	Valentin Pepiot	ART U
10/6/2008	Arturo Huezo	NDNU	9/22/2015	Valentin Robert	CBU
10/13/2008	Dany Malley	HPU	9/29/2015	Valentin Pepiot	ART U
9/14/2009	Brendan McMaster	BYUH	10/6/2015	Valentin Robert	CBU
9/21/2009	Amos Maru	ART U	10/13/2015	Jeremy Porter	APU
9/28/2009	Spencer Deavila	BYUH	10/20/2015	Alex Torres	FPU
10/5/2009	Amos Maru	ART U	9/6/2016	Joshua Thorson	ART U
10/12/2009	Spencer Deavila	BYUH	9/6/2016	Valentin Robert	CBU
10/19/2009	Spencer Deavila	BYUH	9/13/2016	Ken Kipkorir	CBU
9/7/2010	Amos Maru	ART U	9/20/2016	Alex Torres	FPU
9/13/2010	Amos Maru	ART U	9/20/2016	Joshua Thorson	ART U
9/20/2010	Matthew Gulden	BYUH	9/27/2016	Dennis Messmer	CBU
9/27/2010	Thomas Puzey	BYUH	9/27/2016	Max Moncur	BYUH
10/4/2010	Kip Mutai	GCU	10/4/2016	Joshua Thorson	ART U
10/11/2010	Amos Maru	ART U	10/11/2016	Dennis Messmer	CBU
10/18/2010	Geoffrey Cheruiyot	ART U	10/11/2016	Joshua Thorson	ART U
10/25/2010	Thomas Puzey	BYUH	10/18/2016	Arthur Ruvalcaba	HNU
11/1/2010	Ryan Nunez	NDNU	9/5/2017	Gatien Airiau	ART U
9/5/2011	Amos Maru	ART U	9/12/2017	Jeremy Porter	APU
9/12/2011	Mitchell Moore	CBU	9/19/2017	Gabe Plendcio	BU
9/19/2011	Daveson Marindich	ART U	9/26/2017	Jeremy Porter	APU
9/26/2011	Kipkorir Mutai	GCU	10/3/2017	Jeremy Porter	APU
10/3/2011	Mitchell Moore	CBU	10/10/2017	Gatien Airiau	ART U
10/10/2011	Kipkorir Mutai	GCU	10/17/2017	Alex Torres	FPU
10/17/2011	Amos Maru	ART U	9/4/2018	Freddie Hessian	ART U
10/24/2011	Dany Malley	HPU	9/11/2018	Gabe Plendcio	BU
9/4/2012	Clemens Kammer	ART U	9/18/2018	Rickus Jacobs	HPU
9/16/2013	Fermin Murillo-Villagran	HPU	9/25/2018	Victor Moreau	ART U
9/23/2013	Justin Valdez	DUC	10/2/2018	Gabe Plendcio	BU
9/30/2013	Nicolas Riffard	ART U	10/9/2018	Victor Moreau	ART U
10/7/2013	Leandro Santillan	HPU	10/16/2018	Gabe Plendcio	BU
10/14/2013	Nicolas Riffard	ART U	10/23/2018	Gabe Plendcio	BU
10/21/2013	Bryton Reim	CBU	9/3/2019	Lukas Motschmann	HPU
10/28/2013	Garrett Williams	CBU	9/10/2019	Gabe Plendcio	BU
9/9/2014	Valentin Robert	CBU	9/17/2019	Rabah Houali	ART U
9/16/2014	Bryton Reim	CBU	9/24/2019	Gabe Plendcio	BU
9/23/2014	Leandro Santillan	HPU	10/1/2019	Gabe Plendcio	BU
9/30/2014	Valentin Pepiot	ART U	10/8/2019	Lukas Motschmann	HPU
10/7/2014	Dallas Nord	FPU	10/15/2019	Gabe Plendcio	BU
10/14/2014	Valentin Pepiot	ART U	10/22/2019	Alastair Pardi	HNU

PacWest Men's Cross Country History

RUNNER OF THE WEEK AWARDS

Date	Runner	School
9/6/2021	Jona Bodirsky	HPU
9/14/2021	Jared Wright	DUC
9/20/2021	Patrick Kiprop	FPU
9/27/2021	Jona Bodirsky	HPU
10/4/2021	Patrick Kiprop	FPU
10/11/2021	Joshua Velasco	APU
10/18/2021	Saba Khvichava	ART U

RUNNERS OF THE WEEK BY SCHOOL

Academy of Art	28
California Baptist	13
Hawai'i Pacific	13
Biola	9
BYU-Hawaii	9
Azusa Pacific	6
Fresno Pacific	6
Grand Canyon	3
Holy Names	2
Notre Dame de Namur	2
Dominican	2

RUNNERS OF THE WEEK BY INDIVIDUAL

Gabe Plendcio	BU	9
Amos Maru	ART U	7
Valentin Pepiot	ART U	5
Valentin Robert	CBU	5
Jeremy Porter	APU	4
Joshua Thorson	ART U	4
Alex Torres	FPU	3
Spencer Deavila	BYUH	3
Thomas Puzey	BYUH	3

PacWest Men's Cross Country History

FRESHMAN OF THE WEEK AWARDS

Date	Freshman	School	Date	Freshman	School
9/9/2013	Cristal Rivera	FPU	10/23/2018	Ben Drew	APU
9/16/2013	Kyle Bueckert	APU	9/3/2019	Jona Bodirsky	HPU
9/23/2013	Ricardo Jazo	FPU	9/10/2019	Jona Bodirsky	HPU
9/30/2013	Noah Pena	APU	9/17/2019	Jona Bodirsky	HPU
10/7/2013	Ismael Guzman	FPU	9/24/2019	Jose Munguia	CUI
10/14/2013	Austin Esposito	ART U	10/1/2019	Ben Sumner	APU
10/21/2013	Kyle Bueckert	APU	10/1/2019	Bryan Banuelos	FPU
10/28/2013	Jeremiah Gotts	CBU	10/8/2019	Jona Bodirsky	HPU
9/9/2014	Brett Bermudez	ART U	10/15/2019	Jona Bodirsky	HPU
9/16/2014	Connor Nolen	FPU	10/22/2019	Roberto Soto	HNU
9/23/2014	Jonathan VanDeberg	DSU			
9/30/2014	Jeremy Porter	APU			
10/7/2014	Jeremy Porter	APU			
10/14/2014	Hector Hernandez	CBU			
10/21/2014	Valentin Robert	CBU			
10/28/2014	Alex Simpson	APU			
9/8/2015	William Ernst	CBU			
9/15/2015	Christ Goertzen	FPU			
9/22/2015	Samuel Batista	CUI			
9/29/2015	Max Moncur	BYUH			
10/6/2015	Bismarck Kliplach	CBU			
10/13/2015	William Ernst	CBU			
10/20/2015	Christ Goertzen	FPU			
9/6/2016	Tristen Thomson	CUI			
9/13/2016	Tristen Thomson	CUI			
9/20/2016	Marvin Thomas	ART U			
9/27/2016	Jackson Oliver	BYUH			
10/4/2016	Marvin Thomas	ART U			
10/11/2016	Marvin Thomas	ART U			
10/18/2016	Julian Johnson	HNU			
9/5/2017	Chandler Maciel	FPU			
9/12/2017	Giovanni Orellana	BU			
9/19/2017	Giovanni Orellana	BU			
9/26/2017	McMarshall Hartzenburg	CBU			
10/3/2017	Andres Sandoval	HNU			
10/10/2017	McMarshall Hartzenburg	CBU			
10/17/2017	Robert Sagasta	HNU			
9/4/2018	Ben Drew	APU			
9/11/2018	Anthony Garcia	NDNU			
9/18/2018	Ben Drew	APU			
9/25/2018	Jared Donnel	BU			
10/2/2018	Jared Donnel	BU			
10/9/2018	Ben Drew	APU			
10/16/2018	Brady DeHaven	BU			

FRESHMEN OF THE WEEK BY SCHOOL

Azusa Pacific	11
California Baptist	8
Fresno Pacific	7
Academy of Art	5
Biola	5
Hawai'i Pacific	5
Concordia	4
Holy Names	4
BYU-Hawaii	2
Dixie State	1
Notre Dame de Namur	1

FRESHMEN OF THE WEEK BY INDIVIDUAL

Jona Bodirsky	HPU	5
Ben Drew	APU	4
Marvin Thomas	ART U	3
Christ Goertzen	FPU	2
Giovanni Orellana	BU	2
Jared Donnel	BU	2
Jeremy Porter	APU	2
Kyle Bueckert	APU	2
McMarshall Hartzenburg	CBU	2
Tristen Thomson	CUI	2
William Ernst	CBU	2

PacWest Men's Cross Country History

PACWEST AT NCAA WEST REGIONAL

1998 West Region Championships

Lake Padden Park, Bellingham, Wash.

Top Runner: Christian Friis, HPU (1st, 31:51)

2001 West Region Championships

Lake Padden Park, Bellingham, Wash. (Nov. 3, 2001)

Top Team: Hawai'i Pacific (9th, 249)

Top Runner: Christian Madsen, HPU (1st, 32:07)

2002 West Region Championships

Fresno, Calif. (Nov. 9, 2002)

Top Team: Hawai'i Pacific (10th, 213)

Top Runner: Christian Madsen, HPU (6th, 32:45)

2003 West Region Championships

Chino, Calif. (Nov. 8, 2003)

Top Team: Hawai'i Pacific (8th, 214)

Top Runner: William Ngetich, HPU (1st, 31:40.5)

2004 West Region Championships

Lake Padden Park, Bellingham, Wash. (Nov. 6, 2004)

Top Team: BYU-Hawaii (11th, 240)

Top Runner: Jeremy Vantress, BYUH (25th, 34:22)

2005 West Region Championships

Chino, Calif. (Nov. 5, 2005)

Top Team: BYU-Hawaii (9th, 278)

Top Runner: Jacob Klausen, HPU (10th, 33:05.9)

2006 West Region Championships

Oroville, Calif. (Nov. 4, 2006)

Top Team: BYU-Hawaii (6th, 161)

Top Runner: Todd Iacovelli, HPU (1st, 31:58.35)

2007 West Region Championships

Eagle Island State Park, Boise, Idaho (Nov. 3, 2007)

Top Team: BYU-Hawaii (9th, 275)

Top Runner: Golden Harper, BYUH (13th, 31:04.49)

2008 West Region Championships

San Diego (Nov. 8, 2008)

Top Team: Hawai'i Pacific (6th, 185)

Top Runner: Dany Malley, HPU (25th, 34:35.9)

2009 West Region Championships

San Francisco (Nov. 7, 2009)

Top Team: BYU-Hawaii (10th, 303)

Top Runner: Dany Malley, HPU (34th, 32:56.3)

2010 West Region Championships

Lake Padden Park, Bellingham, Wash. (Nov. 20, 2010)

Top Team: BYU-Hawaii (9th, 251)

Top Runner: Thomas Puzey, BYUH (30th, 33:21.4)

2011 West Region Championships

Spokane, Wash. (Nov. 5, 2011)

Top Team: BYU-Hawaii (12th, 306)

Top Runner: Dany Malley, HPU (16th, 31:41)

2012 West Region Championships

Kahuku, Hawai'i (Nov. 3, 2012)

Top Team: BYU-Hawaii (7th, 230)

Top Runner: Spencer Deavilla, BYUH (23rd, 33:14)

2013 West Region Championships

Spokane, Wash. (Nov. 9, 2013)

Top Team: California Baptist (5th, 150)

Top Runner: Bryton Reim, CBU (7th, 31:55.5)

2014 West Region Championships

Avery Park, Billings, Mont. (Nov. 22, 2014)

Top Team: California Baptist (5th, 208)

Top Runner: Taylor Guske, CBU (9th, 31:10.36)

2015 West Region Championships

Ash Creek Preserve, Monmouth, Ore. (Nov. 7, 2015)

Top Team: Azusa Pacific (7th, 233)

Top Runner: Valentin Pepiot, ART U (4th, 29:53.83)

2016 West Region Championships

Amend Park, Billings, Mont. (Nov. 5, 2016)

Top Team: Academy of Art (4th, 156)

Top Runner: Pierre Fontanarosa, ART U (9th, 30:27.42)

2017 West Region Championships

Ash Creek Preserve, Monmouth, Ore. (Nov. 4, 2017)

Top Team: California Baptist (2nd, 84)

Top Runner: McMarshall Hartzenburg, CBU (3rd, 29:59.9)

PacWest Men's Cross Country History

PACWEST AT NCAA WEST REGIONAL

2018 West Region Championships

Amend Park, Billings, Mont. (Nov. 17, 2018)

Top Team: Academy of Art (11th, 356)

Top Runner: Nathaniel Tamminga, APU (25th, 31:46.13)

2019 West Region Championships

Ash Creek Preserve, Monmouth, Ore. (Nov. 9, 2019)

Top Team: Biola (6th, 167)

Top Runner: Gabe Plendcio, BU (4th, 30:01.2)

2021 West Region Championships

Ash Creek Preserve, Monmouth, Ore. (Nov. 6, 2019)

Top Team: Fresno Pacific (2nd, 109)

Top Runner: Patrick Kirprop, FPU (1st, 30:12.6)

PacWest Men's Cross Country History

PACWEST AT NATIONAL CHAMPIONSHIPS

1981 NCAA National Championships

Top Team: Eastern Washington (13th, 261)

1982 NCAA National Championships

St. Cloud, Minn.

Top Team: Eastern Washington (1st, 84)

1996 NCAA National Championships

Kearney, Neb. (Nov. 19, 1994)

Top Team: Portland State (8th)

Top Runner: Mike Mahoney (17th, 31:53.0)

1996 NCAA National Championships

Arcata, Calif.

Top Team: Hawai'i Hilo (14th, 283)

1998 NCAA National Championships

Lawrence, Kansas

Top Team: Humboldt State

2000 NCAA National Championships

Lawrence, Kansas

Top Team: Humboldt State (14th, 346)

Top Runner: Peter Clusener, HSU (25th: 32:40.1)

2003 NCAA National Championships

Cary, N.C.

Top Runner: William Ngetich, HPU (6th, 31:06.3)

2006 NCAA National Championships

West, Fla.

Top Runner: Todd Iacovelli, HPU (19th, 30:01.3)

2013 NCAA National Championships

Spokane, Wash.

Top Team: California Baptist (22nd, 561)

Top Runner: Bryton Reim, CBU (36th, 31:12.3)

2014 NCAA National Championships

Louisville, Ken.

Top Team: California Baptist (24th, 655)

Top Runner: Abdel-Samad El-Hajjam, CBU (89th, 32:19.0)

2015 NCAA National Championships

Joplin, Mo.

Top Runner: Valentin Pepiot, ART U (7th, 29:59.4)

2016 NCAA National Championships

St. Leo, Fla.

Top Team: Academy of Art (11th, 333)

Top Runner: Valentin Robert, CBU (24th, 31:00.7)

2017 NCAA National Championships

Evansville, Ind. (Nov. 18, 2017)

Top Team: California Baptist (5th, 229)

Top Runner: McMarshall Hartzenburg, CBU (20th, 31:32.8)

2019 NCAA National Championships

Sacramento, Calif. (Nov. 23, 2019)

Top Team: Biola (25th, 544)

Top Runner: Gabe Plencio, BU (75th, 31:18.2)

2021 NCAA National Championships

St. Leo, Fla. (Nov. 20, 2021)

Top Team: Fresno Pacific (21st, 520)

Top Runner: Bryan Banuelos, FPU (38th, 31:27.1)