



WEEKLY NOTEBOOK

2021-22 WOMEN'S BASKETBALL

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Point Loma Wins First Two Games In Hawai'i

WOMEN'S BASKETBALL STANDINGS

No.	Team	Conf.	Overall	Streak
1.	Azusa Pacific (RV)	2-0	6-1	Won 3
2.	Biola	2-0	6-2	Won 3
3.	Point Loma	2-0	6-2	Won 3
4.	Dominican	1-0	4-4	Won 1
5.	Concordia	2-1	5-3	Won 2
6.	Hawai'i Pacific	1-1	4-3	Lost 1
7.	Hawai'i Hilo	0-1	2-2	Lost 2
8.	Academy of Art	0-1	3-4	Lost 1
9.	Fresno Pacific	0-2	3-4	Lost 3
10.	Chaminade	0-2	1-5	Lost 5
11.	Holy Names	0-2	0-9	Lost 9

IRVINE, Calif. -- Point Loma opened its conference season by snapping Hawai'i Pacific's 37-match winning streak with a 69-54 win on Thursday.

Point Loma defeated the Sharks at home in February of 2019 and no team had defeated Hawai'i Pacific in a PacWest regular season game since then until the Sea Lions did it again last week.

Cara Liggins scored 16 points with 12 rebounds for a double-double for PLNU. In the process she surpassed her former teammate Roya Rustamzada for eighth place among the PacWest's all-time leading scorers with 1549 points.

Azusa Pacific and Biola also started the conference season with a pair of wins, each beating Fresno Pacific and Holy Names at home. Biola is now 6-2 on the season which equals the team's best start since joining the PacWest in 2017.

Dominican opened its conference season with a win over Academy of Art. **Brittney Cedeno** played in her third game this season and filled the box score with 17 points, eight assists, five rebounds, four steals and two blocks. It was the fourth game in a row between the two teams that was decided by 10 points or less with both teams winning two of the last four meetings.

Concordia won two of its three games in Hawai'i last week with **VanderKlugt** averaging 14.7 points and 9.7 rebounds per game during the trip, while **Jasmine Rachal** led the team with 17.3 points per game. The Eagles will be back in Irvine on Friday to host Academy of Art at 5 p.m. The Urban Knights lead the season series 5-3 against Concordia going into Friday's game.

PLAYER OF THE WEEK



Amiah Simmons, Biola
G, Fr., 5-7 -- Osawatomie, Kan.

Simmons has now scored 20 points or more in five-consecutive games to help Biola win four of those games. Against Fresno Pacific, Simmons scored 22 points on 8-of-19 shooting to lead the Eagles to their third win in a row over the Sunbirds. Two days later, she scored 24 points against Holy Names and made 7 of 8 field goals from inside the arc. She also had five assists, four rebounds and a steal to give Biola a 2-0 start to conference play. Simmons is now averaging 19.4 points per game with a 51.4 field-goal percentage. She ranks second in the conference in scoring and fourth in field-goal percentage as a true freshman. Simmons has scored at least 10 points in every game this year as she helped the Eagles get off to a 6-2 start to earn the No. 10 spot in the D2SIDA regional rankings.

DEFENDER OF THE WEEK



Laura Pranger, Azusa Pacific
F, Sr., 6-2 -- Parker, Colo.

Pranger made her season debut this week against Holy Names and Fresno Pacific and in just two games became the PacWest leader in blocks this season with 17. She had nine blocks against Fresno Pacific on Friday, which is tied for the seventh-most in PacWest history for a single game. Pranger now has her name appear five times in the PacWest's top-10 single game block performances. She also had eight blocks and a steal in the win against Holy Names, while playing just 18 minutes in a lopsided victory. She now has 267 career blocks which is the second most in PacWest history. She is 53 away from Sarah Nelson's record at Dominican. Pranger also had 10 defensive rebounds, including seven against Holy Names. For the week, she averaged 20 points, 10.9 rebounds and 15.5 blocks per 40 minutes. In the win over the Sunbirds, she finished with 18 points, nine blocks, four rebounds and three 3-pointers. Her nine and eight blocks are the two highest marks in the PacWest so far this year.

PACWEST RECORD WATCH

INDIVIDUAL SINGLE SEASON RECORD TRACKER

Stat	Player	Team	No.	Top 10	Record
Points	Riley Friauf	DUC	176	633	786
Field Goals	Riley Friauf	DUC	64	221	285
3-Pointers	Stephanie Lee	BU	23	85	109
FT Made	Riley Friauf	DUC	48	156	234
Rebounds	Alisha Wilson	ART U	78	306	435
Assists	Amy Baum	HPU	46	158	221
Steals	Aysia Johnson	BU	18	84	115
Blocks	Laura Pranger	APU	17	76	124

TEAM RECORD TRACKER

Stat	Team	Number	Top 10	Record
Points	Biola	596	2468	3085
Field Goals	Biola	214	878	1125
3-Pointers	Concordia	69	248	341
FT Made	Point Loma	114	482	598
Rebounds	Point Loma	328	1398	1693
Assists	Biola	146	520	662
Steals	Dominican	92	343	476
Blocks	Academy of Art	48	152	224

CAREER POINTS LEADERS

Rank	Player	Team	Number	Year
1.	Cassidy Mihalko	CBU	2168	2013-17
2.	Samantha Murphy	GCU	2147	2007-11
3.	Natalie Diaz	DUC	1912	2015-20
4.	Kamille Diaz	CBU	1865	2013-17
5.	Kelly Hardeman	APU	1834	2012-16
6.	Michaela VanderKlugt	CUI	1755	2017-21
7.	Destiny Castro	CUH	1648	2016-20
8.	Cara Liggins	PLNU	1549	2017-21
9.	Roya Rustamzada	PLNU	1534	2014-18
10.	Jasmin Guinn	ART U	1523	2012-16

CAREER REBOUNDS LEADERS

Rank	Player	Team	Number	Year
1.	Roya Rustamzada	PLNU	1009	2014-18
2.	Kelly Hardeman	APU	972	2012-16
3.	Michaela VanderKlugt	CUI	957	2017-21
4.	Sandra Ikeora	DUC	919	2014-18
5.	Jasmin Guinn	ART U	874	2012-16
6.	Cassie Pisik	FPU	841	2016-20
6.	Taylor Mann	DSU	841	2013-16
8.	Cara Liggins	PLNU	825	2017-21
9.	Natalie Diaz	DUC	786	2015-19
10.	Cassidy Mihalko	CBU	768	2013-17

PREVIOUS WEEKLY AWARD WINNERS

Date	Player	Defender
Nov. 15	Riley Friauf, DUC	Alex Lowden, APU
Nov. 22	Michaela VanderKlugt, CUI	Joy Krupa, ART U
Nov. 29	Amy Baum, HPU	Alisha Wilson, ART U

D2SIDA NATIONAL RANKINGS

Week 3 -- November 30

Rank	Team	W-L	Prev.
1	Alaska-Anchorage (11)	5-0	1
2	Fort Hays State (2)	5-0	2
3	Texas A&M-Commerce	6-0	4
4	Drury (1)	8-1	3
5	Lander (1)	5-1	5
6	Lubbock Christian	8-1	6
7	North Georgia	6-0	7
8	Lee (1)	7-0	8
9	Gannon	4-0	10
10	Indiana (Pa.)	6-0	11
11	Western Washington	5-0	13
12	Grand Valley State	5-0	17
13	Colorado Mesa	5-0	15
14	Catawba	6-0	14
15	Tampa	8-2	20
16	Ashland	4-1	9
17	Glenville State	4-0	18
18	Emporia State	5-1	NR
19	Colorado Mines	5-1	22
20	Nebraska-Kearney	5-1	RV
21	Bentley	3-2	12
22	Valdosta State	4-1	NR
23	California (Pa.)	4-0	RV
24	USciences	4-1	23
T25	Saint Martin's	5-1	RV
T25	SW Oklahoma State	6-2	16

Receiving Votes: Michigan Tech, Barton, Azusa Pacific, Eckerd, CSU Pueblo, Shepherd, Texas A&M International, MSU Denver, Southern Indiana, SW Minnesota State

D2SIDA REGIONAL RANKINGS

Week 4 -- December 6

Rank	Team	W-L	Prev.
1	Alaska Anchorage (5)	6-0	1
2	Western Washington (1)	7-0	2
3	Cal State East Bay	7-1	6
4	Azusa Pacific	6-1	4
5	Saint Martin's	5-2	3
6	Stanislaus State	7-1	7
7	Cal State San Marcos	4-2	5
8	Point Loma	6-2	RV
9	Central Washington	5-3	9
10	Biola	6-2	RV

Receiving Votes: Hawai'i Pacific, Montana State Billings, Northwest Nazarene, Concordia