



# WEEKLY NOTEBOOK

## 2019-20 WOMEN'S BASKETBALL

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### Hawai`i Pacific Becomes Last Remaining Undefeated

#### WOMEN'S BASKETBALL STANDINGS

No.	Team	Conf.	Overall	Streak
1.	Hawai`i Pacific (10)	6-0	11-1	Won 7
2.	Point Loma	5-1	9-3	Lost 1
3.	Concordia	4-1	6-4	Lost 1
4.	Biola	5-2	9-4	Won 1
5.	Azusa Pacific (RV)	5-3	11-3	Won 2
6.	Academy of Art	3-3	5-5	Won 1
7.	Fresno Pacific	3-4	6-7	Lost 2
8.	Dominican	2-4	5-7	Won 1
9.	Hawai`i Hilo	2-4	3-7	Won 2
10.	Chaminade	2-4	2-10	Lost 4
11.	NDNU	1-6	3-10	Lost 3
12.	Holy Names	0-6	0-10	Lost 10

**IRVINE, Calif.** -- Hawai`i Pacific remained undefeated on the season against NCAA West Region teams by recording wins last week against Biola and Fresno Pacific to improve to 11-1 this season.

Against Biola, **Starr Rivera** made a 3-pointer in the final seconds to give the Sharks a 58-57 victory after Biola had led by three in the final minute. **Abbey Noblett** scored 14 points with 11 rebounds in the win.

The Sharks then beat Fresno Pacific, 75-55, for their seventh-consecutive win. **Amy Baum** finished the game with 11 points, 11 rebounds and seven assists, while **Ally Bates** had 10 points, nine assists and eight rebounds off the bench.

**Jerusha Paine** helped Dominican get its second conference win by beating Holy Names. The senior tallied 44 points, 14 rebounds and four steals just after having scored 33 points in the previous game against Academy of Art on 15-for-21 shooting.

The Urban Knights gave Concordia its first PacWest loss of the season. **Tayler Bennett** scored 24 points in that victory, which was actually her least points in any game of the week. She also scored 39 points against Azusa Pacific and made a total of 19 triples on the week.

Hawai`i Hilo handed Point Loma its first loss of the season on Saturday night as **Allie Navarette** scored 19 points with 13 rebounds. This week, Point Loma will play at Hawai`i Pacific and Concordia will visit Azusa Pacific. On Saturday, Biola will host Academy of Art.

#### PLAYER OF THE WEEK



##### Pam Wilmore, Academy of Art

##### G, Jr., 5-6 -- Las Vegas

Wilmore led Academy of Art to a pair of high-scoring wins in the first week back from Christmas break as the Urban Knights got back to the .500 mark. She opened the week with an 8-for-12 shooting performance against Dominican. She added eight assists and five steals in the victory. Against Azusa Pacific, Willmore recorded 15 assists with nine rebounds and three steals. Then against Concordia, the junior from Las Vegas scored a season-high 24 points with eight assists and eight rebounds in the victory.

#### DEFENDER OF THE WEEK



##### Michaela VanderKlugt, Concordia

##### C, Jr., 6-1 -- Antioch, Calif.

VanderKlugt recorded 34 rebounds last week as Concordia split its results against Notre Dame de Namur and Academy of Art to become 4-1 in PacWest play. She also had two blocks on the week. Against Academy of Art, VanderKlugt recorded 34 points, 24 rebounds, four assists and a block in 44 minutes. She made 15 of 23 shots for the Eagles, which are now in third place in the PacWest standings. The junior has scored 34 points in two of her last three games and has made 5 of her last 8 shots from three.

#### FRESHMAN OF THE WEEK



##### Aari'yanna Sanders, Academy of Art

##### F, Fr., 5-9 -- Fresno, Calif.

Sanders earned a second-consecutive Freshman of the Week award after recording her second double-double. She scored in double figures in both of the Urban Knights' wins last week. She made 4 of 5 shots from the field for 10 points with seven rebounds and five steals against Dominican. She then had 16 points, 11 rebounds and three steals in the win against Concordia, making 7 of 11 field-goal attempts. Sanders is averaging 6.5 points and 6.4 rebounds per game.

# PACWEST IN NATIONAL STATISTICS

## TEAM STATS (as of January 5)

Stat	Team	Rank	Avg.
Scoring Offense	Hawai`i Pacific	22nd	79.7
Scoring Defense	Biola	27th	56.3
Scoring Margin	Azusa Pacific	18th	18.4
FT Percentage	Hawai`i Pacific	5th	81.1
3-Pt Pct.	Biola	40th	35.6
Assists	Hawai`i Pacific	10th	17.8
Blocks	Azusa Pacific	2nd	6.8
Steals	Biola	25th	11.7

## INDIVIDUAL STATS (as of January 5)

Stat	Player	Team	Rank	Avg.
Points	Jerusha Paine	DUC	2nd	24.8
Rebounds	Jerusha Paine	DUC	19th	10.6
Assists	Pam Wilmore	ART U	4th	6.5
Blocks	Laura Pranger	APU	1st	4.9
Steals	Destiny Castro	CUH	8th	3.4
Field Goal Pct.	Jerusha Paine	DUC	45th	55.7
3-Point Pct.	Starr Rivera	HPU	14th	47.1
3-Pointers	Tayler Bennett	ART U	11th	3.4
Assist-TO Ratio	Amy Baum	HPU	24th	2.3

## PACWEST RECORD WATCH

### SINGLE SEASON RECORD TRACKER

Stat	Player	Team	No.	Top 10	Record
Points	Jerusha Paine	DUC	273	575	786
Rebounds	Cassie Pisik	FPU	122	306	435
Assists	Amy Baum	HPU	68	157	221
Steals	Destiny Castro	CUH	41	83	115
Blocks	Laura Prager	APU	64	75	124
Field Goals	Jerusha Paine	DUC	97	221	285
3-Point FGs	Tayler Bennett	ART U	34	85	109

### CAREER RECORD TRACKER

Stat	Player	Team	Number	Top 10	Record
Points	Destiny Castro	CUH	1,287	1,483	2,168
Field Goals	Destiny Castro	CUH	463	542	780
3-Point FGs	Rachel Bozlee	APU	239	190	387
Free Throws	Allie Navarette	UHH	312	324	595
Rebounds	Cassie Pisik	FPU	663	695	1,009
Blocks	Laura Pranger	APU	175	115	320
Steals	Destiny Castro	CUH	232	188	300
Assists	Zoe March	APU	352	322	662

## D2SIDA NATIONAL POLL

Week 5 - Dec. 17

Rank	Team	W-L	Prev.
1	Lubbock Christian (14)	9-0	1
2	Drury (2)	8-0	2
3	Grand Valley	9-0	3
4	Saint Anselm	7-0	4
5	Lee	11-0	5
6	Ashland	8-0	6
7	Texas A&M-Commerce	9-0	7
8	Virginia Union	7-1	9
9	Adelphi	11-0	11
10	Hawaii Pacific	8-1	10
11	Cal U	7-1	11
12	North Georgia	8-1	14
13	Alaska Anchorage	9-1	15
14	Westminster	10-1	21
15	Kentucky Wesleyan	10-0	20
16	Cal State San Marcos	8-1	23
17	Central Oklahoma	8-2	NR
18	Bowie State	9-0	NR
19	Catawba	8-0	NR
20	Union	9-2	25
21	St. Thomas Aquinas	9-1	24
22	IUP	8-1	16
23	MSU-Moorhead	9-3	22
24	West Texas A&M	9-3	19
25	Delta State	7-1	NR

## D2SIDA WEST REGION POLL

Week 5 - Dec. 16

Rank	Team	W-L	Prev.
1	Alaska Anchorage (5)	14-1	2
2	Hawai`i Pacific (1)	11-1	1
3	Cal State San Marcos	11-2	3
4	UC San Diego	9-4	4
5	Azusa Pacific	11-3	5
6	Northwest Nazarene	9-3	T10
7	Cal State East Bay	11-4	T8
8	Humboldt State	9-4	7
9	Point Loma	9-3	6
T10	Western Washington	8-4	T10
T10	Cal Poly Pomona	9-5	NR
<b>Receiving Votes:</b> Biola, Montana State Billings, Central Washington, Simon Fraser			

## PREVIOUS WEEKLY AWARD WINNERS

Date	Player	Defender	Freshman
Nov. 11	Tayler Bennett, ART U	Laura Pranger, APU	Stephanie Lee, BU
Nov. 18	Jerusha Paine, DUC	Laura Pranger, APU	Auren Isaacson, NDU
Nov. 25	Allie Navarette, UHH	Onjalise Carley-Hill, PLNU	Stephanie Lee, BU
Dec. 2	Abbey Noblett, HPU	Laura Pranger, APU	Stephanie Lee, BU
Dec. 9	Cassie Pisik, FPU	Amy Baum, HPU	Stephanie Lee, BU
Dec. 16	Destiny Castro, CUH	Starr Rivera, HPU	Felicia Dourva, FPU
Dec. 23	Amy Baum, HPU	Laura Pranger, APU	Aari'yanna Sanders, ART U