



2019 ALL-PACWEST MEN'S CROSS COUNTRY AWARDS

Runner of the Year	Newcomer of the Year	Freshman of the Year	Coach of the Year
Gabe Plendcio Biola	James Young Academy of Art	Nixon Korir Azusa Pacific	Sean Henning Biola

2019 ALL-PACWEST MEN'S CROSS COUNTRY TEAM

Name	School	Class	Hometown/Previous School
FIRST TEAM			
Gabe Plendcio	Biola	Sr.	Ramona, Calif./Ramona
Brady DeHaven	Biola	So.	San Diego/Granite Hills
Ryan Thompson	Biola	Sr.	Anaheim Hills, Calif./Canyon
Lawson Sims	Notre Dame de Namur	Jr.	Casper, Wyo./Gillette College
Angel Escobar	Biola	Jr.	Brea, Calif./Azusa Pacific
James Young	Academy of Art	Gr.	Blyth, England/Lancaster University
Charlie Messai	Academy of Art	Gr.	Lyon, France/University of Lyon
SECOND TEAM			
Nixon Korir	Azusa Pacific	Fr.	Eldoret, Kenya/Kemeloi Boys
Lukas Motschmann	Hawai'i Pacific	Sr.	Magdeburg, Germany/Sportgymnasium
Ryan St. Pierre	Biola	Jr.	Huntington Beach, Calif./Ocean View
Gio Orellana	Biola	Jr.	Brea, Calif./Brea Olinda
Hudson Lockette	Academy of Art	So.	Kailua, Hawaii/James B. Castle
Williams Ordaz	Notre Dame de Namur	Sr.	Kings City, Calif./Hartnell CC
Markus Anderson-Deakin	Academy of Art		Perth, Australia/Post University
THIRD TEAM			
Angel Aguirre	Concordia	Jr.	Whittier, Calif./California HS
Anthony Garcia	Notre Dame de Namur	So.	Baldwin Park, Calif./Baldwin Park
Bryan Banuelos	Fresno Pacific	Fr.	Fresno, Calif./Edison
Jared Donnel	Biola	So.	Woodlinville, Wash./Bellevue Christian
Jacob Niles	Notre Dame de Namur	Jr.	Aptos, Calif./Hartnell CC
Jona Bodirsky	Hawai'i Pacific	Fr.	Muhlhausen, Germany/Leibniz Gymnasium Ostringen
David Brito	Concordia	So.	Midway City, Calif./Ocean View