

## Presidents' Athletic Conference

# Wrestling

### Thiel Wins Third Straight Crown

Thiel placed champions in six of ten classes to claim its third consecutive league title at the 40th Annual PAC Wrestling Championships last Thursday at Thiel. Thiel's **Mark Vennis** was named PAC Coach of the Year after leading the Mat Cats to their seventh title in the last eight years and ninth overall. Washington & Jefferson sophomore **Jason Hartley (Washington, PA/Trinity)**, titleist at 177, was named PAC Outstanding Wrestler. A complete list of this year's champions, who comprise the All-PAC First Team, follows:

#### PAC CHAMPIONS

118	David Ligo, Thiel
126	Jeff Linn, Thiel
134	Rick Bowers, Thiel
142	Jayson Hobbs, W&J
150	Dustin Wilkinson
158	Sean Clark, Thiel
167	Michael Mason, W&J
177	Jason Hartley, W&J
190	Mike Matrisch, Waynesburg
Hwt.	Dan Baney, Thiel

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# Swimming & Diving

### Grove City Defends Swim Titles

Grove City's men's and women's swimming diving teams repeated as PAC champions last Saturday, winning the conference meet by margins of 321 and 230 points, respectively. The three-day event was contested as part of the Grove City College Invitational Swimming & Diving Championships, February 19-21. The men, under first-year head coach **Keith Bullion**, cruised to their sixth consecutive PAC championship title by capturing gold in 17 of 20 events. Senior **Luke Arnholt (Bartlesville, OK/Bartlesville)** claimed MVP honors after winning two individual events and swimming on four championship relays. W&J head coach **Mike Orstein** was named PAC Men's Coach of the Year. The Lady Wolverines secured their third straight PAC crown with wins in 11 of 20 events. Junior **Hope Vanden Berg (Beverly Hills, MI/Southfield Christian)** led GCC with three individual gold-medal times, including two that set new PAC records. W&J senior **Amy Seaman (Pittsburgh, PA/Woodland Hills)** earned the women's MVP award with three first-place individual swims and one winning relay. Grove City's 10th-year head coach **Cathy Jacobs** was named PAC Coach of the Year for the third straight season. What follows are the top three finishes in each event, representing the All-PAC first, second, and third teams. New records and times which provisionally qualified for the NCAA Division III Swimming & Diving Championships are noted.

#### WOMEN'S TEAM RESULTS

1. Grove City	691.0
2. W&J	461.0
3. Bethany	318.0

#### WOMEN'S MVP

Amy Seaman, W&J

#### WOMEN'S COACH OF THE YEAR

Cathy Jacobs, Grove City

#### MEN'S TEAM RESULTS

1. Grove City	705.0
2. W&J	384.0
3. Bethany	289.0

#### MEN'S MVP

Luke Arnholt, Grove City

#### MEN'S COACH OF THE YEAR

Mike Orstein, W&J