



Presidents' Athletic Conference

ALFRED UNIVERSITY
BETHANY COLLEGE
GROVE CITY COLLEGE
THIEL COLLEGE
WASHINGTON & JEFFERSON COLLEGE
WAYNESBURG COLLEGE

OCTOBER 26, 1996 • FOR IMMEDIATE RELEASE

Presidents' Athletic Conference

Cross Country

Grove City Sweeps Titles For Seventh Straight Year

Grove City raced to its seventh consecutive sweep of the men's and women's cross country titles at the PAC Championships hosted by Washington and Jefferson at Mingo Park Friday, October 25. Grove City captured the crowns by placing seven runners in the top ten of both races, including women's champion Amy Mizzone (Wayne, NJ/Wayne Valley), a sophomore who defended her 1995 trophy with a winning time of 19:47.51. Thiel sophomore Shawn Harding (Coraopolis, PA/Montour) claimed the top prize in the men's race with a mark of 26:34.06 — beating the two-time defending PAC men's champion, Grove City junior Josh Cauvel (Cochranton, PA/Cochranton), who finished second at 26:50.60. Grove City head coach John Barr was named PAC men's and women's coach of the year for the seventh straight season.

MEN'S FINAL TEAM STANDINGS

Table with 2 columns: Rank, School, Points. 1. Grove City 25, 2. Alfred 53, 3. Thiel 81, 4. Bethany 87, 5. W & J 140

MVP

Shawn Harding Thiel

COACH OF THE YEAR

John Barr Grove City

MEN'S PAC FIRST TEAM

Table with 4 columns: Place, Time, Name, School. 1. Shawn Harding Thiel, 2. Josh Cauvel Grove City, 3. Rob Winkky Alfred, 4. Matt Dean Grove City, 5. Temple Ratcliffe Grove City

MEN'S PAC SECOND TEAM

Table with 4 columns: Place, Time, Name, School. 6. Brian Suttle Grove City, 7. Christian Weingandt Alfred, 8. Jason Tomsic Grove City, 9. Kevin Kleppinger Grove City, 10. Aaron Craig Grove City

WOMEN'S FINAL TEAM STANDINGS

Table with 2 columns: Rank, School, Points. 1. Grove City 18, 2. Bethany 64, 3. Alfred 68, 4. Thiel 94, 5. W & J 127

MVP

Amy Mizzone Grove City

COACH OF THE YEAR

John Barr Grove City

WOMEN'S PAC FIRST TEAM

Table with 4 columns: Place, Time, Name, School. 1. Amy Mizzone Grove City, 2. Abigail Temple Grove City, 3. Abi Olson Alfred, 4. Theresa Grana Grove City, 5. Katie Temple Grove City

WOMEN'S PAC SECOND TEAM

Table with 4 columns: Place, Time, Name, School. 6. Julie Niederriter Grove City, 7. Jennifer Sunderlin Grove City, 8. Sharon Caskey Grove City, 9. Gina Myers Bethany, 10. Danielle Carey Bethany

Joe Klimchak, Information Director
Grove City College, Grove City, Pennsylvania 16127
Office (412) 458-3365 Fax (412) 458-2106