



WOMEN'S SOCCER 2009

Presidents' Athletic Conference
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PRESIDENTS' ATHLETIC CONFERENCE (PAC) 2009 WOMEN'S SOCCER ALL-CONFERENCE TEAMS

2009 PAC PLAYER OF THE YEAR: Michelle Peck, Sr., F, Grove City College

2009 PAC COACH OF THE YEAR: Melissa Lamie, Grove City College

FIRST TEAM

<u>Pos.</u>	<u>Name</u>	<u>Cl.</u>	<u>School</u>
GK	Jill Harry (Aliquippa, PA/Hopewell)	Jr.	Thiel
M	Spencer Ahrenholtz (Bridgeville, PA/Chartiers Valley)	Sr.	Washington & Jefferson
M	Karly Hresko (McKeesport, PA/South Allegheny)	Sr.	Washington & Jefferson
M	Samantha Killmeyer (Medina, OH/Highland)	So.	Westminster
M	Emily Ostlund (Minnetonka, MN/Hopkins)	Jr.	Grove City
M	Lisa Wabrick (Washington, PA/Canon-McMillan)	Sr.	Bethany
M	Grace Rieman (Arlington, VA/Home Schooled)	Fr.	Grove City
M/F	Kaitlyn Cohen (Cincinnati, OH/Seton)	Sr.	Thomas More
F	Deanna Goshdigian (Cincinnati, OH/Northwest)	Sr.	Thomas More
F	Sarah Nee (McMurray, PA/Peters Township)	Jr.	Westminster
F	Michelle Peck (Abingdon, MD/Bel Air)	Sr.	Grove City

SECOND TEAM

<u>Pos.</u>	<u>Name</u>	<u>Cl.</u>	<u>School</u>
GK	Jenna Kramer (Cincinnati, OH/Seton)	Sr.	Thomas More
M	Elise Bender (Alexandria, VA/West Potomac)	Sr.	Grove City
M	Elizabeth Bendick (Yonkers, N.Y./Hackley)	So.	Washington & Jefferson
M/D	Tiffany Shered (Finleyville, PA/Ringgold)	Sr.	Washington & Jefferson
F	Courtney Ebersole (East Berlin, PA/Bermudian Springs)	So.	Waynesburg
F	Ashley Kostial (Sewickley, PA/Quaker Valley)	Fr.	Chatham
F	Cassie Spalding (Claysville, PA/McGuffey)	So.	Bethany
F	Hannah Yang (Davis, CA/Davis)	Sr.	Grove City
D	Angie Kersting (Cincinnati, OH/Mother of Mercy)	Jr.	Thomas More
D	Kelli Michanowicz (Duncansville, PA/Hollidaysburg)	So.	Westminster
D	Brea Thrower (Saxonburg, PA/Knoch)	So.	Bethany

HONORABLE MENTION

<u>Pos.</u>	<u>Name</u>	<u>Cl.</u>	<u>School</u>
M	Cara Colley (Harrison City, PA/Penn-Trafford)	So.	Grove City
M	Chrissy Marcius (North Huntingdon, PA/Norwin)	Fr.	Washington & Jefferson
M	Stephanie Yeo (Valencia, PA/Mars)	Jr.	Thiel
F	Danielle Struble (Curwensville, PA/Curwensville)	Jr.	Westminster
M/F	Molly Macioce (Dubois, PA/Laurel Highlands)	Sr.	Washington & Jefferson
M/F	Dawn Murphy (Wexford, PA/North Allegheny)	Fr.	Washington & Jefferson
M/F/D	Stacey Knapp (Cincinnati, OH/Oak Hills)	Sr.	Thomas More
D	Terrin Crist (Montoursville, PA/Montoursville)	So.	Waynesburg
D	Jamie Dawson (Beaver Falls, PA/Riverside)	Sr.	Thiel

PAC COACHES HONORS (All-PAC equivalent for NCAA provisional members)

<u>Pos.</u>	<u>Name</u>	<u>Cl.</u>	<u>School</u>
GK	Lauren Londino (Allison Park, PA/Hampton)	Jr.	Geneva
M/F	Elise Mann (Colorado Springs, CO/Evangelical Christian Academy)	Fr.	Geneva
D	Rebecca Shaw (Sheffield Lake, OH/Christian Community)	So.	Geneva
D/M	Logan Gamelier (Cranberry Twp., PA/Seneca Valley)	So.	Saint Vincent
M	Alex Shasko (North Huntingdon, PA/Norwin)	Sr.	Saint Vincent
F	Leanna Seminsky (Johnstown, PA/Bishop McCort)	Jr.	Saint Vincent