

PAC-12 MEN'S CROSS COUNTRY

PAC-12 TEAM CHAMPIONS

1969	ORE
1970	ORE
1971	WSU
1972	WSU
1973	ORE
1974	WSU
1975	WSU
1976	ORE
1977	ORE
1978	ORE
1979	ORE
1980	UCLA
1981	UCLA
1982	ORE
1983	ARIZ
1984	ARIZ
1985	STAN
1986	ARIZ
1987	ARIZ
1988	ORE
1989	ORE
1990	ORE
1991	ARIZ
1992	ORE
1993	WASH
1994	ARIZ
1995	ORE
1996	STAN
1997	STAN
1998	STAN
1999	ARIZ
2000	STAN
2001	STAN
2002	STAN
2003	STAN
2004	STAN
2005	STAN
2006	ORE
2007	ORE
2008	ORE
2009	STAN
2010	STAN
2011	COLO
2012	COLO
2013	COLO
2014	COLO
2015	COLO
2016	COLO
2017	STAN
2018	STAN
2019	COLO
2020	STAN
2021	COLO
2022	STAN

PAC-12 TITLES BY TEAM

16	OREGON
16	STANFORD
8	COLORADO
7	ARIZONA
4	WASHINGTON STATE
2	UCLA
1	WASHINGTON

PAC-12 CHAMPIONSHIP RESULTS

1969 (Stanford, Calif.)

1.	ORE	46
2.	WSU	63
3.	STAN	86
4.	USC	90
5.	UCLA	94
6.	CAL	127
7.	OSU	165
8.	WASH	230

1970 (Pullman, Wash.)

1.	ORE	45
2.	WSU	58
3.	STAN	66
4.	OSU	79
5.	WASH	120
6.	UCLA	138
7.	USC	154
8.	CAL	207

1971 (Los Angeles, Calif.)

1.	WSU	31
2.	ORE	44
3.	UCLA	77
4.	USC	124
5.	OSU	133
6.	CAL	142
7.	STAN	154
8.	WASH	203

1972 (Seattle, Wash.)

1.	WSU	30
2.	ORE	69
3.	OSU	86
4.	STAN	107
5.	UCLA	137
6.	WASH	140
7.	USC	147
8.	CAL	174

1973 (Stanford, Calif.)

1.	ORE	32
2.	WSU	36
3.	OSU	105
4.	WASH	112
5.	CAL	126
6.	STAN	130
7.	UCLA	141

1974 (Stanford, Calif.)

1.	WSU	30
2.	ORE	51
3.	OSU	80
4.	STAN	110
5.	CAL	126
6.	WASH	141
7.	UCLA	149

1975 (Stanford, Calif.)

1.	WSU	23
2.	ORE	61
3.	OSU	75
4.	WASH	89
5.	STAN	130
6.	UCLA	136
7.	CAL	158

1976 (Stanford, Calif.)

1.	ORE	31
2.	WSU	45
3.	WASH	92
4.	CAL	94
5.	STAN	127
6.	UCLA	146
7.	OSU	149

1977 (Stanford, Calif.)

1.	ORE	26
2.	WASH	58
3.	WSU	64
4.	CAL	99
5.	STAN	131
6.	UCLA	149
7.	OSU	168

1978 (Fresno, Calif.)

1.	ORE	26
2.	WSU	56
3.	ARIZ	79
4.	WASH	116
5.	STAN	139
6.	CAL	153
7.	UCLA	187
8.	OSU	190

1979 (Stanford, Calif.)

1.	ORE	28
2.	WSU	73
3.	UCA	99
4.	STAN	127
5.	ARIZ	130
6.	CAL	164
7.	WASH	238

1980 (Stanford, Calif.)

1.	UCLA	43
2.	ARIZ	59
3.	ORE	67
4.	STAN	93
5.	CAL	105
6.	WASH	143
7.	OSU	165

1981 (Stanford, Calif.)

1.	UCLA	59
2.	ARIZ	60
3.	ORE	96
4.	CAL	110
5.	STAN	121
6.	WSU	127
7.	OSU	129
8.	WASH	177

1982 (Fresno, Calif.)

1.	ORE	46
2.	UCLA	51
3.	ARIZ	80
4.	WSU	98
5.	CAL	132
6.	OSU	136
7.	STAN	147
8.	WASH	215

1983 (Stanford, Calif.)

1.	ARIZ	38
2.	ORE	44
3.	UCLA	74
4.	STAN	80
5.	CAL	126
6.	OSU	139
7.	WASH	151

1984 (Stanford, Calif.)

1.	ARIZ	44
2.	WSU	73
3.	UCLA	75
4.	ORE	82
5.	STAN	116
6.	CAL	136
7.	ASU	146
8.	WASH	164
9.	OSU	199

1985 (Stanford, Calif.)

1.	STAN	60
2.	ORE	75
3.	UCLA	102
4.	ARIZ	116
5.	WSU	128
6.	WASH	129
7.	ASU	147
8.	CAL	177
9.	OSU	196
10.	USC	272

1986 (Stanford, Calif.)

1.	ARIZ	49
2.	ORE	74
3.	STAN	76
4.	WASH	100
5.	ASU	108
6.	UCLA	114
7.	USC	160
8.	OSU	201
9.	WSU	204
10.	CAL	237

1987 (Stanford, Calif.)

1.	ARIZ	32
2.	ORE	71
3.	WSU	94
4.	WASH	127
5.	UCLA	138
6.	USC	148
7.	CAL	155
8.	STAN	157
9.	OSU	232
10.	ASU	253

1988 (Stanford, Calif.)

1.	ORE	31
2.	STAN	61
3.	UCLA	104
4.	WASH	106
5.	ARIZ	133
6.	WSU	144
7.	CAL	156
8.	USC	184
9.	ASU	237
10.	OSU	259

1989 (Stanford, Calif.)

1.	ORE	30
2.	WASH	61
3.	ARIZ	91
4.	STAN	123
5.	CAL	128
6.	WSU	153
7.	UCLA	167
8.	USC	186
9.	ASU	211

PAC-12 MEN'S CROSS COUNTRY

1990 (Stanford, Calif.)

1. ORE.....	39
2. ARIZ.....	41
3. WASH.....	53
4. STAN.....	115
5. UCLA.....	136
6. ASU.....	156
7. USC.....	166
8. CAL.....	211

1991 (Stanford, Calif.)

1. ARIZ.....	45
2. ORE.....	67
3. WASH.....	83
4. WSU.....	85
5. STAN.....	93
6. ASU.....	138
7. UCLA.....	186
8. CAL.....	236
9. USC.....	245

1992 (Stanford, Calif.)

1. ORE.....	48
2. ARIZ.....	51
3. UCLA.....	89
4. STAN.....	93
5. WASH.....	123
6. WSU.....	134
7. CAL.....	141
8. ASU.....	245
9. USC.....	290

1993 (Stanford, Calif.)

1. WASH.....	48
2. WSU.....	70
3. ORE.....	84
4. UCLA.....	90
5. STAN.....	96
6. CAL.....	124
7. ARIZ.....	156
8. ASU.....	193
9. USC.....	284

1994 (Stanford, Calif.)

1. ARIZ.....	49
2. WASH.....	58
3. ORE.....	97
4. UCLA.....	97
5. STAN.....	103
6. CAL.....	146
7. WSU.....	151
8. ASU.....	216

1995 (Stanford, Calif.)

1. ORE.....	53
2. STAN.....	58
3. ARIZ.....	87
4. WASH.....	94
5. UCLA.....	108
6. WSU.....	152
7. CAL.....	181
8. ASU.....	195

1996 (Stanford, Calif.)

1. STAN.....	29
2. ORE.....	58
3. UCLA.....	93
4. WSU.....	103
5. ARIZ.....	112
6. WASH.....	132
7. CAL.....	204
8. ASU.....	229

1997 (Stanford, Calif.)

1. STAN.....	33
2. ORE.....	86
3. WSU.....	88
4. UCLA.....	103
5. ARIZ.....	113
6. WASH.....	116
7. CAL.....	146
8. ASU.....	195

1998 (Eugene, Ore.)

1. STAN.....	48
2. ORE.....	50
3. ARIZ.....	90
4. ASU.....	124
5. WSU.....	136
6. WASH.....	136
7. CAL.....	171
8. UCLA.....	179

1999 (Long Beach, Calif.)

1. ARIZ.....	36
2. STAN.....	63
3. ORE.....	76
4. ASU.....	84
5. CAL.....	119
6. WASH.....	133
7. UCLA.....	193
8. WSU.....	199

2000 (Seattle, Wash.)

1. STAN.....	21
2. ORE.....	66
3. ARIZ.....	70
4. ASU.....	114
5. WASH.....	117
6. UCLA.....	142
7. WSU.....	190
8. CAL.....	195

2001 (Scottsdale, Ariz.)

1. STAN.....	28
2. ASU.....	75
3. ORE.....	78
4. ARIZ.....	96
5. WASH.....	102
6. UCLA.....	148
7. WSU.....	163
8. CAL.....	192

2002 (Pasadena, Calif.)

1. STAN.....	19
2. ORE.....	51
3. ASU.....	85
4. WASH.....	114
5. WSU.....	165
6. CAL.....	166
7. ARIZ.....	176
8. UCLA.....	183

2003 (Pullman, Wash.)

1. STAN.....	23
2. ORE.....	91
3. WASH.....	93
4. ARIZ.....	109
5. ASU.....	112
6. WSU.....	136
7. UCLA.....	150
8. CAL.....	192

2004 (San Francisco, Calif.)

1. STAN.....	37
2. ASU.....	64
3. ORE.....	105
4. WASH.....	116
5. UCLA.....	118
6. ARIZ.....	138
7. WSU.....	140
8. CAL.....	199

2005 (Tucson, Ariz.)

1. STAN.....	46
2. ARIZ.....	78
3. CAL.....	107
4. WASH.....	116
5. ASU.....	125
6. ORE.....	131
7. UCLA.....	139
8. WSU.....	146

2006 (Stanford, Calif.)

1. ORE.....	53
2. STAN.....	58
3. ARIZ.....	107
4. ASU.....	113
5. UCLA.....	130
6. WASH.....	131
7. WSU.....	150
8. CAL.....	179

2007 (Corvallis, Ore.)

1. ORE.....	39
2. STAN.....	55
3. CAL.....	70
4. UCLA.....	97
5. ASU.....	105
6. WASH.....	162
7. WSU.....	166
8. ARIZ.....	260

2008 (Springfield, Ore.)

1. ORE.....	28
2. STAN.....	47
3. WASH.....	104
3. CAL.....	104
5. UCLA.....	106
6. WSU.....	169
7. ARIZ.....	180
8. ASU.....	198

2009 (Long Beach, Calif.)

1. STAN.....	28
2. ORE.....	45
3. ASU.....	88
4. WASH.....	119
5. UCLA.....	122
6. WSU.....	163
7. CAL.....	180
8. ARIZ.....	193

2010 (Seattle, Wash.)

1. STAN.....	25
2. ORE.....	56
3. CAL.....	86
4. UCLA.....	101
5. ASU.....	143
6. WSU.....	158
7. WASH.....	181
8. ARIZ.....	195

2011 (Litchfield Park, Ariz.)

1. COLO.....	46
2. STAN.....	53
3. ORE.....	93
4. UCLA.....	122
5. CAL.....	140
6. WSU.....	148
7. WASH.....	153
8. ARIZ.....	190
9. ASU.....	195

2012 (Santa Clarita, Calif.)

1. COLO.....	49
2. STAN.....	82
3. ORE.....	105
4. ASU.....	109
5. UCLA.....	113
6. WASH.....	119
7. ARIZ.....	166
8. WSU.....	200
9. CAL.....	234

2013 (Louisville, Colo.)

1. COLO.....	28
2. ORE.....	54
3. STAN.....	79
4. ASU.....	140
5. WASH.....	142
6. WSU.....	151
7. UCLA.....	152
8. ARIZ.....	194
9. CAL.....	220

2014 (Oakland, Calif.)

1. COLO.....	30
2. ORE.....	57
3. STAN.....	60
4. WASH.....	87
5. UCLA.....	168
6. ASU.....	182
7. CAL.....	189
8. ARIZ.....	206
9. WSU.....	224

2015 (Colfax, Wash.)

1. COLO.....	46
2. STAN.....	57
3. ORE.....	83
4. WASH.....	96
5. UCLA.....	127
6. WSU.....	137
7. CAL.....	157
8. ASU.....	218
9. ARIZ.....	271

2016 (Tucson, Ariz.)

1. COLO.....	41
2. STAN.....	47
3. UCLA.....	58
4. ORE.....	94
5. WSU.....	130
6. CAL.....	163
7. WASH.....	187
8. ASU.....	225
9. ARIZ.....	234

PAC-12 MEN'S CROSS COUNTRY

2017 (Springfield, Ore.)

1. STAN	41
2. COLO	47
3. UCLA	103
4. ORE	109
5. WASH	114
6. WSU	138
7. CAL	158
8. ARIZ	234
9. ASU	282

2018 (Stanford, Calif.)

1. STAN	44
2. WASH	62
3. COLO	82
4. ORE	93
5. WSU	123
6. UCLA	145
7. CAL	196
8. ARIZ	213
9. ASU	241

2019 (Monmouth, Ore.)

1. COLO	41
2. ORE	57
3. STAN	69
4. UCLA	84
5. WASH	87
6. WSU	204
7. CAL	233
8. ARIZ	240
9. ASU	242

2020 (University Place, Wash.)*

1. STAN	28
2. COLO	60
3. WASH	66
4. ORE	139
5. UCLA	164
6. WSU	171
7. CAL	177
8. ARIZ	201
9. ASU	239

**The 2020 Pac-12 Cross Country Championships were delayed due to the COVID-19 pandemic and held on March 5, 2021.*

2021 (Salt Lake City, Utah)

1. COLO	39
2. STAN	52
3. WASH	68
4. ORE	72
5. WSU	146
6. UCLA	190
7. ASU	205
8. CAL	208
ARIZ	DNP

2022 (Riverside, Calif.)

1. STAN	22
2. COLO	61
3. WASH	81
4. ORE	94
5. UCLA	142
6. WSU	177
7. ARIZ	213
8. ASU	222
9. CAL	262

PAC-12 CHAMPIONSHIP VENUES

1969 - Stanford Golf Course, Stanford, Calif.
1970 - WSU Golf Course, Pullman, Wash.
1971 - UCLA Campus Course, Los Angeles, Calif.
1972 - Seattle, Wash.
1973-77 - Stanford Golf Course, Stanford, Calif.
1978 - Woodward Park, Fresno, Calif.
1979-81 - Stanford Golf Course, Stanford, Calif.
1982 - Woodward Park, Fresno, Calif.
1983-97 - Stanford Golf Course, Stanford, Calif.
1998 - Alton Baker Park, Eugene, Ore.
1999 - El Dorado Regional Park, Long Beach, Calif.
2000 - Lincoln Park, Seattle, Wash.
2001 - Pavilion Lakes Golf Club, Scottsdale, Ariz.
2002 - Brookside Country Club, Pasadena, Calif.
2003 - WSU Golf Course, Pullman, Calif.
2004 - Golden Gate Park, San Francisco, Calif.
2005 - Dell Urich Golf Course, Tucson, Ariz.
2006 - Stanford Golf Course, Stanford, Calif.
2007 - Trysting Tree Golf Course, Corvallis, Ore.
2008 - Springfield Golf Club, Springfield, Ore.
2009 - Skylinks Golf Course, Long Beach, Calif.
2010 - Jefferson Golf Course, Seattle, Wash.
2011 - Wigwam Golf Course, Litchfield Park, Ariz.
2012 - Robinson Ranch Golf Course, Santa Clarita, Calif.
2013 - Coal Creek Golf Course, Louisville, Colo.
2014 - Metropolitan Golf Links, Oakland, Calif.
2015 - Colfax Golf and Country Club, Colfax, Wash.
2016 - Randolph North Golf Course, Tucson, Ariz.
2017 - Springfield Golf Club, Springfield, Ore.
2018 - Stanford Golf Course, Stanford, Calif.
2019 - Ash Creek Preserve, Monmouth, Ore.
2020 - Chambers Creek Park, University Place, Wash.
2021 - Regional Athletic Complex, Salt Lake City, Utah
2022 - UC Riverside Agricultural Operations Course, Riverside, Calif.

PAC-12 MEN'S CROSS COUNTRY

PAC-12 INDIVIDUAL CHAMPIONS

1957	Max Truex, USC
	(20:32.6)
1958	Max Truex, USC
	(20:15.8)
1959-68	Not Contested
1969	Gerry Lindgren, WSU
	(28:32.4)
1970	Steve Prefontaine, ORE
	(30:11.7)
1971	Steve Prefontaine, ORE
	(28:59.6)
1972	John Ngeno, WSU
	(29:12.4)
1973	Steve Prefontaine, ORE
	(28:05.4)
1974	John Ngeno, WSU
	(27:37.6)
1975	Joshua Kimeto, WSU
	(27:48.6)
1976	Henry Rono, WSU
	(28:19.0)
1977	Joel Cheryuiot, WSU
	(29:34.8)
1978	Henry Rono, WSU
	(29:29.5)
1979	Henry Rono, WSU
	(29:07.4)
1980	Ron Cornell, UCLA
	(30:26.5)
1981	Richard Tuwei, WSU
	(30:56.0)
1982	Jim Hill, ORE
	(28:50.0)
1983	Jim Hill, ORE
	(30:09.6)
1984	Tom Ansberry, ARIZ
	(30:24.8)
1985	Marc Olesen, STAN
	(30:33.2)
1986	Aaron Ramirez, ARIZ
	(30:23.7)
1987	Matt Giusto, ARIZ
	(30:33.0)
1988	Brad Hudson, ORE
	(30:47)
1989	Marc Davis, ARIZ
	(23:31)
1990	Marc Davis, ARIZ
	(23:44)
1991	Colin Dalton, ORE
	(23:36)
1992	Josephat Kapkory, WSU
	(23:46)
1993	Josephat Kapkory, WSU
	(23:38)
1994	Martin Keino, ARIZ
	(24:04)
1995	Karl Keska, ORE
	(24:14)
1996	Mebratm Keflezighi, UCLA
	(23:45)
1997	Bernard Lagat, WSU
	(23:59)
1998	Abdi Abdirahman, ARIZ
	(23:23)
1999	Steve Fein, ORE
	(23:37)
2000	Jonathon Riley, STAN
	(23:39)
2001	Grant Robison, STAN
	(24:04)

PAC-12 INDIVIDUAL CHAMPIONS (cont.)

2002	Grant Robison, STAN
	(23:27)
2003	Ian Dobson, STAN
	(24:33)
2004	Robert Cheseret, ARIZ
	(23:48)
2005	Robert Cheseret, ARIZ
	(23:57)
2006	Galen Rupp, ORE
	(23:03)
2007	Shadrack Kiptoo-Biwott, ORE
	(22:54)
2008	Galen Rupp, ORE
	(22:55)
2009	Chris Derrick, STAN
	(22:35)
2010	Elliott Heath, STAN
	(23:00)
2011	Lawi Lalang, ARIZ
	(22:37)
2012	Lawi Lalang, ARIZ
	(22:49)
2013	Edward Cheserek, ORE
	(24:36)
2014	Edward Cheserek, ORE
	(23:23)
2015	Edward Cheserek, ORE
	(23:06)
2016	Edward Cheserek, ORE
	(23:58.9)
2017	Grant Fisher, STAN
	(23:44.9)
2018	Grant Fisher, STAN
	(23:09.8)
2019	Joe Klecker, COLO
	(23:02.7)
2020	Eduardo Herrera, COLO
	(22:30.9)
2021	Charles Hicks, STAN
	(23:34.9)
2022	Charles Hicks, STAN
	(22:30.9)

PAC-12 ATHLETE OF THE YEAR

1975	Joshua Kimeto, WSU
1976	Henry Rono, WSU
1977	Henry Rono, WSU
1978	Alberto Salazar, ORE
1979	Henry Rono, WSU
1980	Ron Cornell, UCLA
1981	Richard Tuwei, WSU
1982	Jim Hill, ORE
1983	Jim Hill, ORE
1984	Tom Ansberry, ARIZ
1985	Marc Olesen, STAN
1986	Aaron Ramirez, ARIZ
1987	Matt Giusto, ARIZ
1988	Brad Hudson, ORE
1989	Marc Davis, ARIZ
1990	Marc Davis, ARIZ
1991	Martin Keino, ARIZ
1992	Josephat Kapkory, WSU
1993	Josephat Kapkory, WSU
1994	Martin Keino, ARIZ
1995	Karl Keska, ORE
1996	Meb. Keflezighi, UCLA
1997	Meb. Keflezighi, UCLA
1998	Abdi Abdirahman, ARIZ
1999	Steve Fein, ORE
2000	Jonathon Riley, STAN
2001	Donald Sage, STAN
2002	Grant Robison, STAN
2003	Ryan Hall, STAN
2004	Robert Cheseret, ARIZ
2005	Robert Cheseret, ARIZ
2006	Galen Rupp, ORE
2007	Shadrack Kiptoo-Biwott, ORE
2008	Galen Rupp, ORE
2009	Chris Derrick, STAN
2010	Stephen Sambu, ARIZ
2011	Lawi Lalang, ARIZ
2012	Lawi Lalang, ARIZ
2013	Edward Cheserek, ORE
2014	Edward Cheserek, ORE
2015	Edward Cheserek, ORE
2016	Edward Cheserek, ORE
2017	Grant Fisher, STAN
2018	Grant Fisher, STAN
2019	Joe Klecker, COLO
2020	Eduardo Herrera, COLO
2021	Charles Hicks, STAN
2022	Charles Hicks, STAN

PAC-12 NEWCOMER/ FRESHMAN OF THE YEAR

**Beginning in 2014, only athletes with freshman eligibility were eligible for the award.*

1999	Jason Hartmann, ORE
2000	Donald Sage, STAN
2001	J.J. Duke, ASU
2002	Neil Davis, STAN
2003	Robert Cheseret, ARIZ
2004	Mohamed Trafef, ARIZ
2005	Mark Matusak, CAL
2006	Diego Mercado, ORE
2007	A.J. Acosta, ORE
2008	Luke Puskedra, ORE
2009	Miles Unterreiner, STAN
2010	Stephen Sambu, ARIZ
2011	Lawi Lalang, ARIZ
2012	Trevor Dunbar, ORE
2013	Edward Cheserek, ORE
2014	Colby Gilbert, WASH
2015	John Dressel, COLO
2016	Thomas Ratcliffe, STAN
2017	Cooper Teare, ORE
2018	Charlie Hunter, ORE
2019	Kashon Harrison, COLO
2020	Charles Hicks, STAN
2021	Caleb Brown, ORE
2022	Robert DiDonato, STAN

PAC-12 MEN'S CROSS COUNTRY

PAC-12 COACH OF THE YEAR

1975 John Chaplin, WSU
 1976 Bill Dellinger, ORE
 1977 Bill Dellinger, ORE
 1978 Bill Dellinger, ORE
 1979 Bill Dellinger, ORE
 1980 Bob Larsen, UCLA
 1981 Bob Larsen, UCLA
 1982 Bill Dellinger, ORE
 1983 Dave Murray, ARIZ
 1984 Dave Murray, ARIZ
 1985 Brooks Johnson, STAN
 1986 Dave Murray, ARIZ
 1987 Dave Murray, ARIZ
 1988 Bill Dellinger, ORE
 1989 Bill Dellinger, ORE
 1990 Bill Dellinger, ORE
 1991 Dave Murray, ARIZ
 1992 Bill Dellinger, ORE
 1993 Mike Johnson, WASH
 1994 Dave Murray, ARIZ
 1995 Bill Dellinger, ORE
 1996 Vin Lananna, STAN
 1997 Vin Lananna, STAN
 1998 Bill Dellinger, ORE
 1999 Dave Murray, ARIZ
 2000 Vin Lananna, STAN
 2001 Vin Lananna, STAN
 2002 Vin Lananna, STAN
 2003 Andrew Gerard, STAN
 2004 Andrew Gerard, STAN
 2005 Peter Tegen, STAN
 2006 Vin Lananna, ORE
 2007 Vin Lananna, ORE
 2008 Vin Lananna, ORE
 2009 Jason Dunn, STAN
 2010 Jason Dunn, STAN
 2011 Mark Wetmore, COLO
 2012 Mark Wetmore, COLO
 2013 Mark Wetmore, COLO
 2014 Mark Wetmore, COLO
 2015 Mark Wetmore, COLO
 2016 Mark Wetmore, COLO
 2017 Chris Miltenberg, STAN
 2018 Chris Miltenberg, STAN
 2019 Mark Wetmore, COLO
 2020 Ricardo Santos, STAN
 2021 Mark Wetmore, COLO
 2022 Ricardo Santos, STAN

PAC-12 ALL-CONFERENCE

1999 First Team
 Steve Fein, ORE
 Micheil Jones, ARIZ
 Jake Maas, STAN
 Fasil Bizuneh, ASU
 David Lopez, ARIZ
 Thomas Murley, STAN

Second Team
 Bolota Asmerom, CAL
 Steve Smith, ARIZ
 Andrew Bliss, ORE
 Brent Pedersen, ARIZ
 Tom Prindiville, ARIZ
 Peter Gilmore, CAL

2000 First Team
 Jonathon Riley, STAN
 Jason Hartmann, ORE
 Louis Luchini, STAN
 Grant Robison, STAN
 Tom Prindiville, ARIZ
 Thomas Murley, STAN

Second Team
 Donald Sage, STAN
 Bryan Green, UCLA
 David Lopez, ARIZ
 Michael Kasahun, ORE
 Steve Smith, ARIZ
 John Russell, WASH

2001 First Team
 Grant Robison, STAN
 Fasil Bizuneh, ASU
 Donald Sage, STAN
 Jason Fayant, WASH
 Ian Dobson, STAN
 Jason Hartmann, ORE

Second Team
 Daniel Parris, STAN
 Ronnie Buchanan, ASU
 Juan Reyes, ASU
 Kyle Goklish, ARIZ
 Adam Bergquist, ORE
 Seth Hejney, STAN

2002 First Team
 Ryan Andrus, ORE
 Ian Dobson, STAN
 Jason Hartmann, ORE
 Grant Robison, STAN
 Donald Sage, STAN
 Adam Tenforde, STAN

Second Team
 Fasil Bizuneh, ASU
 Neil Davis, STAN
 Ryan Hall, STAN
 Brett Holts, ORE
 Peter Meindl, STAN
 Justin Romaniuk, STAN

2003 First Team
 Ian Dobson, STAN
 Grant Robison, STAN
 Robert Cheseret, ARIZ
 Donald Sage, STAN
 Jonah Maiyo, ARIZ
 Brett Holts, ORE
 Chris Emme, STAN

Second Team
 Eric Logsdon, ORE
 Adam Tenforde, STAN
 Eric Garner, WASH
 Ryan Andrus, ORE
 Seth Hejny, STAN
 Andrew Hill, STAN
 Ian Johnson, WSU

2004 First Team
 Robert Cheseret, ARIZ
 Ryan Hall, STAN
 Aaron Aguayo, ASU
 Jacob Gomez, STAN
 Jon Rankin, UCLA
 Mark Mandi, WASH
 David Vidal, STAN

Second Team
 Ryan Andrus, ORE
 Danny Wolf, WSU
 Velibor Radejovic, ASU
 Brett Gotcher, STAN
 Eric Logsdon, ORE
 Peter Meindl, STAN
 Ryan Warrenburg, ASU

2005 First Team
 Robert Cheseret, ARIZ
 Obed Mutanya, ARIZ
 Neftalem Araia, STAN
 Mark Mandi, WASH
 Austin Ramos, UCLA
 Mike Haddan, UCLA
 Jonathan Pierce, STAN

Second Team
 Giliat Ghebray, CAL
 Jonah Maiyo, ARIZ
 Brett Gotcher, STAN
 Ryan Warrenburg, ASU
 David Vidal, STAN
 Pat Werhane, ORE
 Jacob Gomez, STAN

2006 First Team
 Galen Rupp, ORE
 Robert Cheseret, ARIZ
 Neftalem Araia, STAN
 Aaron Aguayo, ASU
 Obed Mutanya, ARIZ
 Shadrack Kiptoo-Biwott, ORE
 Jeremy Mineau, WASH

Second Team
 Brett Gotcher, STAN
 Diego Mercado, ORE
 Kyle Alcorn, ASU
 David Torrence, CAL
 Pat Werhane, ORE
 Jonathan Pierce, STAN
 Jacob Gomez, STAN

2007 First Team
 Shadrack Kiptoo-Biwott, ORE
 Galen Rupp, ORE
 Russell Brown, STAN
 Austin Ramos, UCLA
 Hari Mix, STAN
 Neftalem Araia, STAN
 Yosef Ghebray, CAL

Second Team
 Mark Matusak, CAL
 David Torrence, CAL
 Kyle Alcorn, ASU
 Scott Wall, ORE
 Andrew Acosta, ORE
 Kenny Klotz, ORE
 Andrew Wheating, ORE

2008 First Team
 Galen Rupp, ORE
 Luke Puskedra, ORE
 Chris Derrick, STAN
 Garrett Heath, STAN
 Shadrack Kiptoo-Biwott, ORE
 Yosef Ghebray, CAL
 Jake Riley, STAN

Second Team
 Drew Shackleton, UCLA
 Andrew Wheating, ORE
 Jeremy Mineau, WASH
 Matthew Centrowitz, ORE
 Curtis Suyer, ORE
 Hakon DeVries, STAN
 Mark Matusak, CAL

2009 First Team
 Chris Derrick, STAN
 Brandon Bethke, ASU
 Elliott Heath, STAN
 Luke Puskedra, ORE
 Matthew Centrowitz, ORE
 Jake Riley, STAN
 Justin Marpole-Bird, STAN

Second Team
 Jordan McNamara, ORE
 Marco Anzures, UCLA
 Kelly Spady, WASH
 Miles Unterreiner, STAN
 Brendan Gregg, STAN
 Danny Mercado, ORE
 Ben Engelhardt, ASU

2010 First Team
 Matthew Centrowitz, ORE
 Michael Coe, CAL
 Chris Derrick, STAN
 Elliott Heath, STAN
 Luke Puskedra, ORE
 Jake Riley, STAN
 Stephen Sambu, ARIZ

Second Team
 A.J. Acosta, ORE
 Ben Engelhardt, ASU
 Danny Mercado, ORE
 Erik Olson, STAN
 Steve Sodaro, CAL
 J.T. Sullivan, STAN
 Miles Unterreiner, STAN

PAC-12 MEN'S CROSS COUNTRY

2011 First Team

Chris Derrick, STAN
Lawi Lalang, ARIZ
Richard Medina, COLO
Luke Puskedra, ORE
Jake Riley, STAN
Parker Stinson, ORE
Andy Wacker, COLO

Second Team

Joe Bosshard, COLO
Brendan Gregg, STAN
Collin Jarvis, CAL
Andrew Kimpel, WSU
Kent Morikawa, UCLA
Erik Olson, STAN
Christian Thompson, COLO

2012 First Team

Trevor Dunbar, ORE
Lawi Lalang, ARIZ
Joe Rosa, STAN
Stephen Sambu, ARIZ
Parker Stinson, ORE
Blake Theroux, COLO
Lane Werley, UCLA

Second Team

Hugh Dowdy, COLO
Nick Happe, ASU
Jake Hurysz, COLO
Benjamin Johnson, STAN
Martin Medina, COLO
Pierce Murphy, COLO
Aric VanHalen, COLO

2013 First Team

Edward Cheserek, ORE
Pierce Murphy, COLO
Jim Rosa, STAN
Blake Theroux, COLO
Ben Saarel, COLO
Parker Stinson, ORE
Connor Winter, COLO

Second Team

Michael Atchoo, STAN
Mac Fleet, ORE
Nick Hartle, UCLA
Ammar Moussa, COLO
Aaron Nelson, WASH
Erik Olson, STAN
Garrett Seawell, ASU

2014 First Team

Edward Cheserek, ORE
Eric Jenkins, ORE
Ammar Moussa, COLO
Pierce Murphy, COLO
Joe Rosa, STAN
Blake Theroux, COLO
Connor Winter, COLO

Second Team

Michael Atchoo, STAN
Tyler King, WASH
Maksim Korolev, STAN
Sean McGorty, STAN
Aaron Nelson, WASH
Ben Saarel, COLO
Chris Walden, CAL

2015 First Team

Edward Cheserek, ORE
John Dressel, COLO
Sean McGorty, STAN
Ammar Moussa, COLO
Pierce Murphy, COLO
Lane Werley, UCLA
Izaic Yorks, WASH

Second Team

Grant Fisher, STAN
Travis Neuman, ORE
Morgan Pearson, COLO
Joe Rosa, STAN
Chris Walden, CAL
John Whelan, WSU
Michael Williams, WSU

2016 First Team

Edward Cheserek, ORE
Grant Fisher, STAN
Ben Saarel, COLO
Zach Perrin, COLO
Ferdinand Edman, UCLA
John Dressel, COLO
Sean McGorty, STAN

Second Team

Thomas Ratcliffe, STAN
Ryan Forsyth, COLO
Jonah Diaz, UCLA
Collin Burke, UCLA
Austin O'Neil, UCLA
Travis Neuman, ORE
Garrett Sweatt, STAN

2017 First Team

Robert Brandt, UCLA
Steven Fahy, STAN
Grant Fisher, STAN
Ryan Forsyth, COLO
Joe Klecker, COLO
Mahmoud Moussa, WASH
Alex Ostberg, STAN

Second Team

Garrett Corcoran, CAL
Andrew Gardner, WASH
Eduardo Herrera, COLO
Adam Peterman, COLO
Garrett Reynolds, UCLA
Cooper Teare, ORE
Chandler Teigen, WSU

2018 First Team

Grant Fisher, STAN
Talon Hull, WASH
Joe Klecker, COLO
Alex Ostberg, STAN
Aleks Parsons, STAN
Cooper Teare, ORE
Chandler Teigen, WSU

Second Team

Tanner Anderson, WASH
Callum Bolger, STAN
Colin Burke, UCLA
John Dressel, COLO
Ryan Forsyth, COLO
Jackson Mestler, ORE
Tibebu Proctor, WASH

2019 First Team

Robert Brandt, UCLA
Kashon Harrison, COLO
Andrew Jordan, WASH
Joe Klecker, COLO
Alex Ostberg, STAN
Thomas Ratcliffe, STAN
Cooper Teare, ORE

Second Team

Colin Burke, UCLA
John Dressel, COLO
Eduardo Herrera, COLO
Alec Hornecker, COLO
Jackson Mestler, ORE
Garrett Reynolds, UCLA
James West, ORE

2020 First Team

Isaac Green, WASH
Eduardo Herrera, COLO
Charles Hicks, STAN
Jackson Mestler, ORE
Victor Ortiz-Rivera, ARIZ
Aleks Parsons, STAN
Cole Sprout, STAN

Second Team

Callum Bolger, STAN
Leo Daschbach, WASH
Devin Hart, STAN
Alec Hornecker, COLO
Luke Houser, WASH
Ky Robinson, STAN
Austin Vancil, COLO

2021 First Team

Aaron Bienenfeld, ORE
Eduardo Herrera, COLO
Charles Hicks, STAN
Andrew Kent, COLO
Ky Robinson, STAN
Cooper Teare, ORE
Austin Vancil, COLO

Second Team

Leo Daschbach, WASH
Brian Fay, WASH
Brendan Fraser, COLO
Stephen Jones, COLO
Kieran Lumb, WASH
Cole Sprout, STAN
Charlie Sweeney, COLO

2022 First Team

M. Beaudoin-Rousseau, STAN
Aaron Bienenfeld, ORE
Thomas Boyden, STAN
Charles Hicks, STAN
Andrew Kent, COLO
Ky Robinson, STAN
Cole Sprout, STAN

Second Team

Brian Fay, WASH
Isaac Green, WASH
Devin Hart, STAN
Noah Hibbard, COLO
Seth Hirsch, COLO
Vincent Mauri, ASU
Austin Vancil, COLO

PAC-12

ALL-ACADEMIC

1990 First Team

Colden Baxter, ORE
Kendall Fink, ASU
Jeff Green, WASH
Patrick Johnson, WASH
Dave Scudamore, STAN
Bernard Semler, ARIZ
Tye Van Schoiack, ORE

Second Team

Brett Allsop, STAN
Shawn Anderson, WASH
Tyler Anderson, WASH
Bennie Cravatt, STAN
Mike Kramer, WSU
Kirk Nelson, WASH
Jamie Nordstrom, WSU

1991 First Team

Bennie Cravatt, STAN
Alan Foster, ORE
E.J. Guo, WSU
Greg Metcalf, WASH
Dave Scudamore, STAN
Tye Van Schoiack, ORE
Gary Stolz, STAN

Second Team

Alex Accetta, STAN
Derek Bork, STAN
Kevin Guiberson, WSU
Andy Maris, ORE
Mike Reilly, STAN
Bernard Semler, ARIZ
Bard Zajac, WASH

1992 First Team

Colden Baxter, ORE
John Dimoff, ORE
Mike Kirkendall, WASH
Neil Panchen, WASH
Mike Reilly, STAN
Bernard Semler, ARIZ
Gary Stolz, STAN

Second Team

Derek Bork, STAN
Kirk Bronander, ARIZ
Bryon DeVore, UCLA
Creighton Harris, UCLA
Todd Lewis, STAN
Brian McCaffery, STAN
Jamie Nordstrom, WSU

1993 First Team

Sam Alexander, WASH
Richie Boulet, CAL
John Dimoff, ORE
Creighton Harris, UCLA
Jeffrey Haynes, ARIZ
George Loucaides, WSU
Gary Stolz, STAN

Second Team

Kirk Bronander, ARIZ
Rick Cantwell, ORE
Todd Lewis, STAN
Joe Mineiro, CAL
Rob Reeder, STAN
Erik Strachan, ASU
Andrew Wyman, WASH

PAC-12 MEN'S CROSS COUNTRY

1994 First Team

Sam Alexander, WASH
Richie Boulet, CAL
Jeff Haynes, ARIZ
Greg Jimmerson, STAN
George Loucaides, WSU
Jon Pillow, ARIZ
Rob Reeder, STAN

Second Team

Mark Douglas, CAL
Neil Hanson, WASH
Nick Pavach, WASH
Andrew Cowgill, STAN
Andy Wyman, WASH
Bard Zajac, WASH
Bryan Zmijewski, STAN

1995 First Team

Richie Boulet, CAL
Maragarito Casillas, ARIZ
Mark Fadil, STAN
Steve Hatzenbeler, WASH
Greg Jimmerson, STAN
George Loucaides, WSU
Jon Pillow, ARIZ

Second Team

Travis Anderson, ASU
Rick Cantwell, ORE
Neil Hanson, WASH
Jeff Haynes, ARIZ
Gavin MacCluer, WASH
Ari Rodriguez, ASU
Andy Wyman, WASH

1996 First Team

Daniel Das Neves, ORE
Greg Jimmerson, STAN
Gavin MacCluer, WASH
Jason Perscheid, STAN
Jon Pillow, ARIZ
Robert Reeder, STAN
Chad Wenger, ARIZ

Second Team

Jason Balkman, STAN
Dan Hilton, WASH
David Jungk, WSU
Luther Kopf, ARIZ
John Lunn, STAN
Michael Prindiville, STAN
Jonathan Weldon, STAN

1997 First Team

Jason Balkman, STAN
Daniel Das Neves, ORE
Peter Gilmore, CAL
Jason Lunn, STAN
Jake Maas, STAN
Chris Maier, CAL
Jonathon Murray, WSU

Second Team

Christian Belz, WASH
Margarito Casillas, ARIZ
Tom Hildrum, WASH
Chris Lundstrom, STAN
Simon Mudd, CAL
David Schruth, WASH
Jonathan Weldon, STAN

1998 First Team

Jason Balkman, STAN
Jake Mass, STAN
Chris Maier, CAL
Christian Belz, WASH
Micah Davis, ORE
Jonathan Weldon, STAN
Thomas Murley, STAN

Second Team

Bolota Asmerom, CAL
David Bazzi, WASH
Tom Hildrum, WASH
Steve Immel, CAL
Micheil Jones, ARIZ
Chris Lundstrom, STAN
Oliver Wirz, ORE

1999 First Team

Michael Cramer, ARIZ
Steve Fein, ORE
Peter Gilmore, CAL
Tom Hildrum, WASH
Jake Maas, STAN
Thomas Murley, STAN
Brett Pederson, ARIZ

Second Team

Scott Abbott, UCLA
Bolota Asmerom, CAL
Fasil Bizuneh, ASU
Jason Cadman, WASH
Sam Hill, ORE
Gabe Jennings, STAN
Micheil Jones, ARIZ

2000 First Team

Scott Abbott, UCLA
Adam Bergquist, ORE
Garrett Jensen, ASU
Scott Johnson, WSU
Nick Martin, CAL
Thomas Murley, STAN
Adam Tenforde, STAN

Second Team

Chris Coffee, CAL
John Collin, CAL
Martin Conrad, CAL
Michael Cramer, ARIZ
Bryan Green, UCLA
Nate Stoll, STAN
Jonathan Welsh, WSU

2001 First Team

Mark Anderson, ARIZ
Ryan Andrus, ORE
Adam Berquist, ORE
Michael Cramer, ARIZ
Bryan Green, UCLA
Scott Johnson, WSU
Joe Urbanski, STAN

Second Team

Fasil Bizuneh, ASU
Carlos Carballo, CAL
J.R. Cox, ASU
Ian Johnson, WSU
Nick Martin, CAL
Seth Neumuller, UCLA
Donald Sage, STAN

2002 First Team

Ryan Andrus, ORE
Mark Anderson, ARIZ
Ryan Andrus, ORE
John Burke, CAL
Martin Conrad, CAL
Kevin Engelhardt, ARIZ
Andrew Hill, STAN
Ian Johnson, WSU
Craig Pansing, ARIZ
Aaron Powell, ARIZ
Adam Tenforde, STAN

Second Team

Todd Arnold, WASH
Kyle Barker, WSU
Carlos Carballo, CAL
Neil Davis, STAN
Ian Dobson, STAN
Michael Heidt, WSU
John Lucas, ORE
Jeremy Rasmussen, ASU
Grant Robison, STAN
Donald Sage, STAN

2003 First Team

Shane Ahlers, ORE
Ryan Andrus, ORE
Jonathan Balzer, CAL
Travis Boyd, WASH
Jeremy Cramer, ASU
Andy Fader, WASH
Ryan Freimuth, WSU
Ian Johnson, WSU
John Lucas, ORE
Adam Tenforde, STAN

Second Team

Todd Arnold, WASH
Neil Davis, STAN
Ian Dobson, STAN
Erik Emilsson, UCLA
Chad Galbreath, UCLA
Michael Heidt, WSU
Brett Holts, ORE
Eric Logsdon, ORE
Mark Mandi, WASH
Ryan Warrenburg, ASU

2004 First Team

Dan Blomgren, CAL
Travis Boyd, WASH
Kal Clark, ASU
Jeremy Cramer, ASU
Kevin Engelhardt, ARIZ
Ryan Freimuth, WSU
Aaron Powell, ARIZ
Robert Smitson, STAN
Alec Wall, ORE
Ryan Warrenburg, ASU

Second Team

Erik Emilsson, UCLA
Andy Fader, WASH
Daniel Frederick, WSU
Alex Grant, WSU
Michael Heidt, WSU
Jon Hickey, WASH
Andrew Jones, WSU
Griffin Lee, ASU
Mark Mandi, WASH
Forrest Tahdooahnpah, STAN

2005 First Team

Travis Boyd, WASH
Chris Chavez, CAL
Kal Clark, ASU
Jeremy Cramer, ASU
Ryan Freimuth, WSU
Griffin Lee, ASU
Christopher Ogle, ARIZ
Drew Polley, WSU
Forrest Tahdooahnpah, STAN
Ryan Warrenburg, ASU

Second Team

Neftalem Araia, STAN
Andy Fader, WASH
Woody Favinger, WSU
Mark Mandi, WASH
Mike McGrath, ORE
Kevin Peters, WASH
Vellibor Radejovic, ASU
Eric Roberts, CAL
Drew Shackleton, UCLA
Kyle Shackleton, UCLA

2006 First Team

Christopher Chavez, CAL
Kal Clark, ASU
Woody Favinger, WSU
Garrett Heath, STAN
Chris Ogle, ARIZ
Galen Rupp, ORE
Drew Shackleton, UCLA
Kyle Shackleton, UCLA
Forrest Tahdooahnpah, STAN
Scott Wall, ORE

Second Team

Neftalem Araia, STAN
Travis Boyd, WASH
David Gott, ASU
Joey Heller, ASU
Mark Matusak, CAL
Mike McGrath, ORE
Jeremy Mineau, WASH
Kevin Peters, WASH
Drew Polley, WSU
Mike Sayenko, WASH

2007 First Team

Evan Blanshan, WSU
Christopher Chavez, CAL
Mathew Cravens, ORE
Ben Engelhardt, ASU
Garrett Heath, STAN
Drew Polley, WSU
Galen Rupp, ORE
Drew Shackleton, UCLA
Kyle Shackleton, UCLA
Scott Wall, ORE

Second Team

Neftalem Araia, STAN
Riley Booker, WASH
Russell Brown, STAN
Michael Garcia, STAN
Daniel Geib, WSU
Alex Grant, WSU
Mark Matusak, CAL
Mike McGrath, ORE
Hari Mix, STAN
Chris Mocko, STAN

PAC-12 MEN'S CROSS COUNTRY

2008 First Team

Evan Blanshan, WSU
Reed Blochberger, ARIZ
Garrett Heath, STAN
Jeremy Mineau, WASH
Thomas Peterson, ASU
Drew Polley, WSU
Galen Rupp, ORE
Drew Shackleton, UCLA
Jordan Swarthout, WASH
Scott Wall, ORE

Second Team

Chris Ahl, WASH
Ben Engelhardt, ASU
Matt Hansdavid Miller, CAL
Jon Harding, WASH
Kari Karlsson, CAL
Daniel Lovell, ASU
Jordan Mara, ARIZ
Mark Matusak, CAL
Hari Mix, STAN
Chris Mocko, STAN

2009 First Team

Chris Derrick, STAN
Ben Engelhardt, ASU
Justin Englund, WSU
Ben Jankunas, ASU
Cameron Liston, ASU
Jordan Mara, ARIZ
Matthew Miller, CAL
Justin Reed, STAN
Jordan Swarthout, WASH
Miles Unterreiner, STAN

Second Team

Marco Anzures, UCLA
Brandon Bethke, ASU
Matt Boughton, ASU
Maxime Chevee, CAL
Alex Crabill, UCLA
Collin Eckelman, ASU
Elliott Heath, STAN
Daniel Lovell, ASU
Justin Marpole-Bird, STAN
Luke Puskedra, ORE

2010 First Team

Ben DeJarnette, ORE
Chris Derrick, STAN
Ben Engelhardt, ASU
Justin Englund, WSU
Nick Happe, ASU
Elliott Heath, STAN
Jordan Mara, ARIZ
Steven Schnieders
Jordan Swarthout, WASH
Miles Unterreiner, STAN

Second Team

Andrew Berberick, STAN
Ramsey Chapin, STAN
Maxime Chevee, CAL
Tim Costin, ORE
Andrew Gonzales, WSU
Kevin Havell, STAN
Daniel Lovell, ASU
Rory McLeod, ARIZ
Ken Scoggins, ORE
Doug Smith, ASU

2011 First Team

Garrett Baker-Slama, ASU
Ben DeJarnette, ORE
Chris Derrick, STAN
Justin Englund, WSU
Nick Happe, ASU
Rory McLeod, ARIZ
Matthew Miller, CAL
Steven Schnieders, ASU
Miles Unterreiner, STAN
Patrick Zacharias, ARIZ

Second Team

Matt Biegner, COLO
Matt Boughton, ASU
Joey Bywater, WASH
Maxime Chevee, CAL
Tim Costin, ORE
Andrew Gonzales, WSU
Alec Govi, UCLA
Benjamin Johnson, STAN
Steve Kasica, COLO
Doug Smith, ASU

2012 First Team

Garrett Baker-Slama, ASU
Ben DeJarnette, ORE
Nick Happe, ASU
Benjamin Johnson, STAN
Rory McLeod, ARIZ
Jerome Perkins, COLO
Steven Schnieders, ASU
Miles Unterreiner, STAN
Josh Walker, ASU
Jacob Wood, UCLA

Second Team

Matt Biegner, COLO
Kenji Bierig, ARIZ
Tim Costin, ORE
Drew Jordan, WSU
Andrew Kimpel, WSU
Lawi Lalang, ARIZ
Matthew Melancon, ORE
Forrest Shaffer, WSU
Tyler Stutzman, STAN
Tyler Valdes, STAN

2013 First Team

Michael Atchoo, STAN
Garrett Baker-Slama, ASU
Marco Bertolotti, STAN
Kevin Bishop, STAN
Sean Davis, UCLA
Leland Later, CAL
Sam Macaluso, ARIZ
Steven Schnieders, ASU
Edward Trim, CAL
Jacob Wood, UCLA

Second Team

Justin Brinkley, STAN
Thomas Joyce, CAL
Lawi Lalang, ARIZ
Matthew Melancon, ORE
Blake Myers, UCLA
Morgan Pearson, COLO
Forrest Shaffer, WSU
Tyler Stutzman, STAN
Garrett Sweatt, STAN
Daniel Wong, ASU

2014 First Team

CJ Albertson, ASU
Cody Brazeal, ASU
David Emmert, COLO
Collins Kibet, ARIZ
Cameron Miller, STAN
Tanguy Pepiot, ORE
Sam Prakes, ORE
Ben Saarel, COLO
Brendan Tinoco, ARIZ
John Whelan, WSU

Second Team

William Contreras, CAL
Jackson Darland, ORE
Sean Davis, UCLA
Jackson Haselnus, WSU
Sam Macaluso, ARIZ
Matthew Melancon, ORE
Adam Peterman, COLO
Ryan Silva, STAN
Alexander Simpson, WSU
Tommy Williams, ASU

2015 First Team

Clayton Albertson, ASU
Cody Brazeal, ASU
Sean Davis, UCLA
Cameron Miller, STAN
J.P. Nelson, ASU
Ryan Normand, ASU
Sam Prakes, ORE
John Reniewicz, ASU
Cameron Tu, CAL
Samuel Willis, ARIZ

Second Team

Jackson Darland, ORE
Steven Fahy, STAN
Thomas Joyce, CAL
Jack Keelan, STAN
Matthew Melancon, ORE
John Lawson, CAL
Paul Miller, COLO
Travis Neuman, ORE
Morgan Pearson, COLO
Alex Simpson, WSU

2016 First Team

CJ Albertson, ASU
Cody Brazeal, ASU
Chandler Teigen, WSU
Garrett Corcoran, CAL
Jake Finney, WSU
Adam Peterman, COLO
Sam Prakes, ORE
John Reniewicz, ASU
Ben Saarel, COLO
Millen Trujillo, UCLA

Second Team

Kai Benedict, CAL
Colin Burke, UCLA
Steven Fahy, STAN
Grant Fisher, STAN
Jeffrey Gautreau, ARIZ
Jack Keelan, STAN
Sean McGorty, STAN
Paul Miller, COLO
Travis Neuman, ORE
Nathan Wadhwani, WSU

2017 First Team

Tai Dinger, STAN
Jake Finney, WSU
Tyler Little, WSU
Ryan Normand, ASU
Gavin Parpart, WASH
Adam Peterman, COLO
Sam Prakes, ORE
John Reniewicz, ASU
Michael Renner, ASU
Chandler Teigen, WSU

Second Team

Kai Benedict, CAL
Garrett Corcoran, CAL
Steven Fahy, STAN
Jack Keelan, STAN
Riley Kelly, UCLA
Christian Martin, COLO
Travis Neuman, ORE
Alek Parsons, STAN
Paxton Smith, COLO
Travis Thorne, ARIZ

2018 First Team

Seth Berdahl, ORE
Callum Bolger, STAN
Tai Dinger, STAN
Ben Harper, CAL
Jackson Lewis, ASU
Tyler Little, WSU
Michael Renner, ASU
Chandler Teigen, WSU
Travis Thorne, ARIZ
Millen Trujillo, UCLA

Second Team

Kai Benedict, CAL
Garrett Corcoran, CAL
Hunter Davila, ARIZ
Andy Ehrenberg, UCLA
Steven Fahy, STAN
Grant Fisher, STAN
Nikolaus Moore, CAL
Gavin Parpart, WASH
Alek Parsons, STAN
James West, ORE

Sport-specific All-Academic Teams were discontinued in 2019, replaced by seasonal Academic Honor Rolls.

PAC-12 SCHOLAR-ATHLETES OF THE YEAR

2007 Neftalem Araia, STAN
2008 Galen Rupp, ORE
2009 Brandon Bethke, ASU
2010 Elliott Heath, STAN
2011 Chris Derrick, STAN
2012 Nicke Happe, ASU
2013 Tyler Stutzman, STAN
2014 Sam Macaluso, ARIZ
2015 Morgan Pearson, COLO
2016 Ben Saarel, COLO
2017 Sam Prakes, ORE
2018 Grant Fisher, STAN
2019 Steven Fahy, STAN
2020 Alek Parsons, STAN
2021 Matt Wisner, ORE
2022 Aaron Bienenfeld, ORE

PAC-12 MEN'S CROSS COUNTRY

NCAA TEAM CHAMPIONS FROM THE PAC-12

1961 OSU
1970 ORE
1973 ORE
1974 ORE
1977 ORE
1996 STAN
2001 COLO
2002 STAN
2003 STAN
2004 COLO
2006 COLO
2007 ORE
2008 ORE
2013 COLO
2014 COLO

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1957 Max Truex, USC
(19:12.3)
1961 Dale Story, OSU
(19:46.6)
1966 Gerry Lindgren, WSU
(29:01.4)
1967 Gerry Lindgren, WSU
(30:45.6)
1969 Gerry Lindgren, WSU
(28:59.2)
1970 Steve Prefontaine, ORE
(28:00.2)
1971 Steve Prefontaine, ORE
(29:14)
1973 Steve Prefontaine, ORE
(28:14.8)
1976 Henry Rono, WSU
(28:06.6)
1977 Henry Rono, WSU
(28:33.5)
1978 Alberto Salazar, ORE
(29:29.7)
1979 Henry Rono, WSU
(28:19.6)
1982 Mark Scrutton, COLO
(30:12.6)
1986 Aaron Ramirez, ARIZ
(30:27.53)
1993 Josephat Kapkory, WSU
(29:32.4)
1994 Martin Keino, ARIZ
(30:08.7)
1997 Meb Keflezighi, UCLA
(28:54)
1998 Adam Goucher, COLO
(29:26.9)
2002 Jorge Torres, COLO
(29:04.7)
2003 Dathan Ritzenhein, COLO
(19:24.1)
2008 Galen Rupp, ORE
(29:03.2)
2011 Lawi Lalang, ARIZ
(28:44.1)
2013 Edward Cheserek, ORE
(29:41.1)
2014 Edward Cheserek, ORE
(30:19.4)
2015 Edward Cheserek, ORE
(28:45.8)
2022 Charles Hicks, STAN
(28:43.6)

Race Distance:
1938-64: 4 miles
1965-75: 6 miles
1976-2022: 10,000 meters

PAC-12 WOMEN'S CROSS COUNTRY

PAC-12 TEAM CHAMPIONS

1986	ORE
1987	ORE
1988	ORE
1989	WASH
1990	ORE
1991	ORE
1992	ORE
1993	STAN
1994	STAN
1995	ORE
1996	STAN
1997	STAN
1998	STAN
1999	STAN
2000	STAN
2001	STAN
2002	STAN
2003	STAN
2004	STAN
2005	STAN
2006	STAN
2007	STAN
2008	WASH
2009	WASH
2010	STAN
2011	COLO
2012	ORE
2013	ARIZ
2014	ORE
2015	COLO
2016	COLO
2017	COLO
2018	ORE
2019	STAN
2020	STAN
2021	COLO
2022	COLO

PAC-12 TITLES BY TEAM

17	STANFORD
10	OREGON
6	COLORADO
3	WASHINGTON
1	ARIZONA

PAC-12 CHAMPIONSHIP RESULTS

1986 (Stanford, Calif.)	
1.	ORE.....61
2.	UCLA.....78
3.	STAN.....84
4.	ARIZ.....99
5.	ASU.....121
6.	WSU.....129
7.	CAL.....146
8.	OSU.....207
9.	WASH.....212

1987 (Stanford, Calif.)	
1.	ORE.....29
2.	UCLA.....64
3.	WSU.....91
4.	ASU.....123
5.	STAN.....123
6.	CAL.....142
7.	WASH.....159
8.	ARIZ.....177
9.	OSU.....254

1988 (Stanford, Calif.)	
1.	ORE.....43
2.	UCLA.....75
3.	CAL.....77
4.	WSU.....114
5.	ARIZ.....120
6.	WASH.....143
7.	STAN.....155
8.	ASU.....178
9.	OSU.....272

1989 (Stanford, Calif.)	
1.	WASH.....65
2.	WSU.....79
3.	ORE.....83
4.	UCLA.....110
5.	ARIZ.....127
6.	STAN.....134
7.	ASU.....142
8.	CAL.....154

1990 (Stanford, Calif.)	
1.	ORE.....56
2.	WASH.....61
3.	ARIZ.....87
4.	WSU.....110
5.	UCLA.....119
6.	CAL.....131
7.	STAN.....160
8.	ASU.....182
9.	USC.....283

1991 (Stanford, Calif.)	
1.	ORE.....38
2.	ARIZ.....58
3.	WASH.....75
4.	UCLA.....110
5.	ASU.....127
6.	STAN.....150
7.	WSU.....166
8.	CAL.....182
9.	USC.....268

1992 (Stanford, Calif.)	
1.	ORE.....58
2.	WASH.....73
3.	ARIZ.....82
4.	STAN.....95
5.	UCLA.....122
6.	WSU.....141
7.	ASU.....144
8.	CAL.....163
9.	USC.....285

1993 (Stanford, Calif.)	
1.	STAN.....55
2.	ARIZ.....65
3.	UCLA.....71
4.	ORE.....78
5.	WASH.....106
6.	CAL.....146
7.	ASU.....204
8.	WSU.....209
9.	USC.....267

1994 (Stanford, Calif.)	
1.	STAN.....57
2.	ORE.....74
3.	ARIZ.....82
4.	WASH.....83
5.	UCLA.....84
6.	WSU.....141
7.	CAL.....166
8.	ASU.....230
9.	USC.....261

1995 (Stanford, Calif.)	
1.	ORE.....55
2.	ARIZ.....60
3.	STAN.....61
4.	WASH.....92
5.	UCLA.....115
6.	CAL.....161
7.	WSU.....170
8.	USC.....208
9.	ASU.....278

1996 (Stanford, Calif.)	
1.	STAN.....38
2.	WASH.....82
3.	ARIZ.....92
4.	UCLA.....116
5.	ORE.....126
6.	USC.....149
7.	WSU.....169
8.	CAL.....155
9.	ASU.....216

1997 (Stanford, Calif.)	
1.	STAN.....36
2.	ORE.....72
	WASH.....72
4.	UCLA.....127
5.	ARIZ.....148
6.	USC.....153
7.	WSU.....163
8.	CAL.....183
9.	ASU.....190

1998..... (Eugene, Ore.)	
1.	STAN.....53
2.	WASH.....74
3.	ARIZ.....92
4.	ASU.....122
5.	ORE.....125
6.	WSU.....154
7.	USC.....166
8.	UCLA.....167
9.	CAL.....176

1999 (Long Beach, Calif.)	
1.	STAN.....32
2.	ASU.....62
3.	WASH.....70
4.	UCLA.....98
5.	ARIZ.....119
6.	ORE.....135
7.	WSU.....205
8.	USC.....228
	CAL.....228

2000 (Seattle, Wash.)	
1.	STAN.....51
2.	ASU.....67
3.	ARIZ.....79
4.	WASH.....83
5.	WSU.....124
6.	UCLA.....134
7.	ORE.....140
8.	USC.....226
9.	CAL.....254

2001 (Scottsdale, Ariz.)	
1.	STAN.....27
2.	ARIZ.....64
3.	ASU.....79
4.	UCLA.....107
5.	WASH.....109
6.	WSU.....155
7.	USC.....168
8.	ORE.....210
9.	CAL.....259

2002 (Pasadena, Calif.)	
1.	STAN.....23
2.	ASU.....59
3.	WASH.....79
4.	UCLA.....86
5.	ORE.....134
6.	WSU.....197
7.	USC.....202
8.	CAL.....208
9.	ARIZ.....242

2003 (Pullman, Wash.)	
1.	STAN.....22
2.	ASU.....78
3.	UCLA.....79
4.	WASH.....123
5.	ORE.....161
6.	ARIZ.....179
7.	USC.....185
8.	WSU.....187
9.	CAL.....202

2004 (San Francisco, Calif.)	
1.	STAN.....30
2.	ASU.....47
3.	WASH.....100
4.	UCLA.....102
5.	WSU.....171
6.	ARIZ.....180
7.	ORE.....182
8.	USC.....233
9.	CAL.....237
10.	OSU.....238

PAC-12 WOMEN'S CROSS COUNTRY

2005 (Tucson, Ariz.)

1. STAN	34
2. ASU	40
3. ORE	86
4. WASH	111
5. WSU	159
6. UCLA	162
7. CAL	188
8. OSU	190
9. ARIZ	208
10. USC	309

2006 (Stanford, Calif.)

1. STAN	22
2. ASU	51
3. WASH	96
4. ORE	103
5. UCLA	121
6. WSU	156
7. ARIZ	206
8. OSU	217
9. CAL	260
10. USC	323

2007 (Corvallis, Ore.)

1. STAN	48
2. ORE	64
3. ASU	68
4. WASH	68
5. WSU	136
6. ARIZ	188
7. OSU	197
8. USC	215
9. CAL	237
10. UCLA	248

2008 (Eugene, Ore.)

1. WASH	15
2. ORE	55
3. STAN	99
4. ASU	105
5. WSU	188
6. OSU	192
7. ARIZ	199
8. CAL	209
9. USC	212
10. UCLA	271

2009 (Long Beach, Calif.)

1. WASH	35
2. ORE	42
3. ASU	110
4. STAN	111
5. CAL	128
6. ARIZ	130
7. UCLA	207
8. OSU	239
9. USC	250
10. WSU	251

2010 (Seattle, Wash.)

1. STAN	62
2. ARIZ	65
3. ORE	68
3. WASH	68
5. CAL	132
6. UCLA	165
7. ASU	188
8. OSU	245
9. WSU	252
10. USC	257

2011 (Litchfield Park, Ariz.)

1. COLO	50
2. WASH	73
3. STAN	75
4. ORE	89
5. ARIZ	104
6. ASU	168
7. CAL	190
8. UTAH	205
9. OSU	249
10. UCLA	288
11. WSU	291
12. USC	384

2012 (Santa Clarita, Calif.)

1. ORE	47
2. ARIZ	69
3. STAN	82
4. WASH	92
5. COLO	124
6. UCLA	172
7. UTAH	200
8. CAL	209
9. ASU	210
10. USC	295
11. OSU	305
12. WSU	308

2013 (Louisville, Colo.)

1. ARIZ	69
2. COLO	75
3. WASH	111
4. ORE	113
5. STAN	129
6. ASU	138
7. UCLA	173
8. UTAH	207
9. CAL	213
10. WSU	260
11. OSU	269
12. USC	346

2014 (Oakland, Calif.)

1. ORE	54
2. STAN	74
3. COLO	82
4. WASH	93
5. UCLA	143
6. ASU	158
7. CAL	185
8. ARIZ	200
9. UTAH	241
10. WSU	246
11. USC	336
12. OSU	342

2015 (Colfax, Wash.)

1. COLO	45
2. ORE	51
3. STAN	80
4. WASH	92
5. UTAH	149
6. ASU	162
7. CAL	241
8. ARIZ	237
9. UCLA	241
10. WSU	262
11. OSU	321
12. USC	361

2016 (Tucson, Ariz.)

1. COLO	33
2. WASH	74
3. STAN	83
4. ORE	88
5. UTAH	169
6. CAL	184
7. UCLA	201
8. ARIZ	204
9. OSU	224
10. ASU	236
11. WSU	304
12. USC	375

2017 (Springfield, Ore.)

1. COLO	53
2. ORE	71
3. STAN	71
4. WASH	128
5. CAL	132
6. UTAH	146
7. ARIZ	186
8. UCLA	221
9. ASU	232
10. WSU	259
11. OSU	263
12. USC	DNP

2018 (Stanford, Calif.)

1. ORE	32
2. COLO	48
3. STAN	81
4. WASH	123
5. UCLA	158
6. OSU	173
7. UTAH	191
8. WSU	249
9. ASU	250
10. ARIZ	251
11. CAL	277
12. USC	376

2019 (Monmouth, Ore.)

1. STAN	27
2. WASH	55
3. UTAH	86
4. COLO	89
5. ORE	115
6. ARIZ	191
7. OSU	197
8. UCLA	217
9. CAL	241
10. WSU	250
11. ASU	318
12. USC	400

2020 (University Place, Wash.)*

1. STAN	30
2. COLO	50
3. WASH	85
4. OSU	100
5. WSU	164
6. UTAH	166
7. CAL	192
8. ARIZ	201
9. ASU	261
10. UCLA	297
11. ORE	DNP
12. USC	DNP

*The 2020 Pac-12 Cross Country Championships were delayed due to the COVID-19 pandemic and held on March 5, 2021.

2021 (Salt Lake City, Utah)

1. COLO	24
2. UTAH	52
3. ORE	92
4. WASH	107
5. STAN	120
6. OSU	156
7. WSU	179
8. UCLA	230
9. CAL	265
10. ASU	299
11. USC	332
12. ARIZ	343

2022 (Riverside, Calif.)

1. COLO	66*
2. UTAH	66
3. ORE	86
4. STAN	93
5. WASH	94
6. OSU	152
7. WSU	160
8. UCLA	214
9. ARIZ	256
10. CAL	311
11. ASU	314
12. USC	379

*Colorado won based on the NCAA tiebreaker, with four of its top five crossing ahead of Utah's comparable runners.

PAC-12 INDIVIDUAL CHAMPIONS

1986	Penny Graves, ORE	(16:51.7)
1987	Annette Hand, ORE	(16:44.0)
1988	Liz Wilson, ORE	(17:06)
1989	Jennifer Robertson, WSU	(16:53)
1990	Liz Wilson, ORE	(16:52)
1991	Lisa Karnopp, ORE	(16:48)
1992	Nicole Woodward, ORE	(16:51)
1993	Karen Hecox, UCLA	(16:43)
1994	Karen Hecox, UCLA	(17:00)
1995	Amy Skiersz, ARIZ	(16:45)
1996	Amy Skiersz, ARIZ	(16:36)
1997	Amy Skiersz, ARIZ	(16:40)
1998	Amy Skiersz, ARIZ	(16:59)
1999	Erin Sullivan, STAN	(17:01)
2000*	Tara Chaplin, ARIZ	(20:10)
2001	Lauren Fleshman, STAN	(20:08)
2002	Sara Bei, STAN	(19:48)
2003	Sara Bei, STAN	(21:12)
2004	Amy Hastings, ASU	(20:19)

PAC-12 WOMEN'S CROSS COUNTRY

PAC-12 INDIVIDUAL CHAMPIONS (cont.)

2005	Arianna Lambie, STAN (20:20)
2006	Arianna Lambie, STAN (20:15)
2007	Arianna Lambie, STAN (19:40)
2008	Kendra Schaaf, WASH (19:24)
2009	Nicole Blood, ORE (19:41)
2010	Jordan Hasay, ORE (19:45)
2011	Katie Flood, WASH (19:32)
2012	Kathy Kroeger, STAN (20:06)
2013	Aisling Cuffe, STAN (21:04)
2014	Shelby Houlihan, ASU (19:59)
2015	Aisling Cuffe, STAN (19:53)
2016	Amy-Eloise Neale, WASH (20:22.9)
2017	Dani Jones, COLO (18:57.3)
2018	Dani Jones, COLO (19:24.5)
2019	Fiona O'Keeffe, STAN (19:32.7)
2020	Haley Herberg, WASH (19:02.5)
2021	Abby Nichols, COLO (20:25.4)
2022	Bailey Hertenstein, COLO (19:11.3)

*Course distance increased to 6K.

PAC-12 ATHLETE OF THE YEAR

1986	Penny Graves, ORE
1987	Annette Hand, ORE
1988	Penny Graves, ORE
1989	Jennifer Robertson, WSU
1990	Liz Wilson, ORE
1991	Lisa Karnopp, ORE
1992	Louise Watson, STAN
1993	Karen Hecox, UCLA
1994	Karen Hecox, UCLA
1995	Amy Skiersz, ARIZ
1996	Amy Skiersz, ARIZ
1997	Amy Skiersz, ARIZ
1998	Amy Skiersz, ARIZ
1999	Erin Sullivan, STAN
2000	Lisa Aguilera, ASU
2001	Tara Chaplin, ARIZ
2002	Alicia Craig, STAN
2003	Sara Bei, STAN
2004	Amy Hastings, ASU
2005	Arianna Lambie, STAN
2006	Arianna Lambie, STAN
2007	Arianna Lambie, STAN
2008	Kendra Schaaf, WASH
2009	Kendra Schaaf, WASH
2010	Jordan Hasay, ORE
2011	Jordan Hasay, ORE
2012	Jordan Hasay, ORE
2013	Aisling Cuffe, STAN

PAC-12 ATHLETE OF THE YEAR (cont.)

2014	Shelby Houlihan, ASU
2015	Aisling Cuffe, STAN
2016	Amy-Eloise Neale, WASH
2017	Dani Jones, COLO
2018	Dani Jones, COLO
2019	Fiona O'Keeffe, STAN
2020	Haley Herberg, WASH
2021	Abby Nichols, COLO
2022	Bailey Hertenstein, COLO

PAC-12 NEWCOMER/FRESHMAN OF THE YEAR

*Beginning in 2014, only athletes with freshman eligibility were eligible for the award.

1999	Erin Sullivan, STAN
2000	Victoria Chang, STAN
2001	Sara Bei, STAN
2002	Jessica Scalzo, ASU
2003	Arianna Lambie, STAN
2004	Teresa McWalters, STAN
2005	Tori Tyler, WASH
2006	Ali Kietly, ASU
2007	Alexandra Kosinski, ORE
2008	Christine Babcock, WASH
2009	Jordan Hasay, ORE
2010	Katie Flood, WASH
2011	Shelby Houlihan, ASU
2012	Cayla Hatton, STAN (co) Allie Woodward, ORE (co)
2013	Kayla Beattie, ARIZ
2014	Elise Cranny, STAN
2015	Carolina Johnson, UCLA
2016	Katie Rainsberger, ORE
2017	Brie Oakley, CAL
2018	Holly Bent, COLO
2019	Mel Smart, WASH
2020	Zofia Dudek, STAN
2021	Hannah Miniutti, COLO
2022	Riley Stewart, STAN

PAC-12 COACH OF THE YEAR

1986	Tom Heinonen, ORE
1987	Tom Heinonen, ORE
1988	Tom Heinonen, ORE
1989	Mike Johnson, WASH
1990	Tom Heinonen, ORE
1991	Tom Heinonen, ORE
1992	Mike Johnson, WASH
1993	Vin Lananna, STAN
1994	Vin Lananna, STAN
1995	Tom Heinonen, ORE
1996	Vin Lananna, STAN Beth Alford-Sullivan, STAN
1997	Vin Lananna, STAN Beth Alford-Sullivan, STAN
1998	Beth Alford-Sullivan, STAN
1999	Walt Drenth, ASU
2000	Walt Drenth, ASU
2001	Vin Lananna, STAN
2002	Vin Lananna, STAN
2003	Dena Evans, STAN
2004	Dena Evans, STAN

PAC-12 COACH OF THE YEAR (cont.)

2005	Peter Tegen, STAN
2006	Peter Tegen, STAN
2007	Peter Tegen, STAN
2008	Greg Metcalf, WASH
2009	Greg Metcalf, WASH
2010	James Li, ARIZ
2011	Greg Metcalf, WASH
2012	Robert Johnson, ORE
2013	James Li, ARIZ
2014	Robert Johnson, ORE
2015	Mark Wetmore, COLO
2016	Mark Wetmore, COLO
2017	Mark Wetmore, COLO
2018	Robert Johnson, ORE
2019	J.J. Clark, STAN
2020	J.J. Clark, STAN
2021	Mark Wetmore, COLO
2022	Mark Wetmore, COLO

PAC-12 ALL-CONFERENCE

1999	First Team Erin Sullivan, STAN Sally Glynn, STAN Lauren Fleshman, STAN Lisa Aguilera, ASU Anna Aoki, WASH Kate Vermeulen, UCLA
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Second Team Tara Chaplin, ARIZ Melinda Campbell, WASH Colleen Burke, ASU Kelly MacDonald, ASU Jen Schindler, WASH Mary Huang, STAN

2000	First Team Tara Chaplin, ARIZ Lisa Aguilera, ASU Lauren Fleshman, STAN Camissa Matson, WASH Victoria Chang, STAN Elena Villarreal, STAN
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Second Team Mary Duerbeck, ASU Katrin Engelen, ARIZ Hanna Smedstad, ORE Kate Bradshaw, WASH Ryan Gilmore, WSU Katie Nuanes, UCLA

2001	First Team Lauren Fleshman, STAN Sara Bei, STAN Tara Chaplin, ARIZ Everlyn Lagat, WSU Alicia Craig, STAN Lisa Gibbs, WASH
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Second Team Lisa Aguilera, ASU Mariel Ettinger, STAN Brianna Torres, ASU Kelly MacDonald, ASU Erin Sullivan, STAN Beth Hoge, ARIZ
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2002	First Team Sara Bei, STAN Lauren Fleshman, STAN Lena Nilsson, UCLA Alicia Craig, STAN Malindi Elmore, STAN Jessica Scalzo, ASU
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Second Team Courtney Inman, WASH Carrie Zografos, ORE Alejandra Barrientos, UCLA Amy Hastings, ASU Erin Sullivan, STAN Desiree Davilla, ASU
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2003	First Team Sara Bei, STAN Alicia Craig, STAN Arianna Lambie, STAN Amy Hastings, ASU Magdalena Sandoval, ORE Katy Trotter, STAN Valerie Flores, UCLA
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Second Team Iryna Vashchuk, USC Ingviil Makestad, WASH Amanda Trotter, STAN Anna Masinelli, ASU Desiree Davila, ASU Bridget Duffy, CAL Ashley Caldwell, UCLA
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2004	First Team Amy Hastings, ASU Alicia Craig, STAN Anita Siraki, STAN Laura Harmon, ORE Desiree Davila, ASU Amanda Trotter, STAN Dallon Williams, WASH
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Second Team Katy Trotter, STAN Victoria Jackson, ASU Iryna Vashchuk, USC Teresa McWalters, STAN Jeane Goff, STAN Anna Masinelli, ASU Lauren Centrowitz, STAN
--

2005	First Team Arianna Lambie, STAN Amy Hastings, ASU Lindsay Flacks, STAN Ashley Caldwell, UCLA Teresa McWalters, STAN Haley Paul, WSU Anna Masinelli, ASU
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Second Team Tori Tyler, WASH Jenna Kingma, ASU Victoria Jackson, ASU Lauren Centrowitz, STAN Rachel Ellison, ASU Katie Leary, ORE Amanda Trotter, STAN
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PAC-12 WOMEN'S CROSS COUNTRY

2006 First Team

Arianna Lambie, STAN
Kathleen Trotter, STAN
Amanda Trotter, STAN
Teresa McWalters, STAN
Cassie Rios, ASU
Amy Lia, WASH
Brooke Bennett, ASU

Second Team

Allie Bohannon, UCLA
Anita Campbell, WASH
Jenna Kingma, ASU
Haley Paul, WSU
Lauren Centrowitz, STAN
Ali Kielty, ASU
Zoe Nelson, ORE

2007 First Team

Arianna Lambie, STAN
Teresa McWalters, STAN
Alexandra Kosinski, ORE
Nicole Blood, ORE
Jenna Kingma, ASU
Anita Campbell, WASH
Ali Kielty, ASU

Second Team

Isley Gonzalez, WSU
Katie Follett, WASH
Lauren Centrowitz, STAN
Sarah Cocco, USC
Kari Hardt, ASU
Marie Lawrence, WASH
Kate Niehaus, STAN

2008 First Team

Kendra Schaaf, WASH
Marie Lawrence, WASH
Christine Babcock, WASH
Anita Campbell, WASH
Katie Follett, WASH
Amanda Miller, WASH
Lindsey Scherf, ORE

Second Team

Nicole Blood, ORE
Kari Hardt, ASU
Ali Kielty, ASU
Alex Kosinski, ORE
Lauren Saylor, WASH
Laurynne Chetelat, STAN
Melissa Grelli, ORE

2009 First Team

Nicole Blood, ORE
Kendra Schaaf, WASH
Jordan Hasay, ORE
Marie Lawrence, WASH
Christine Babcock, WASH
Deborah Maier, CAL
Kari Hardt, ASU

Second Team

Katie Follett, WASH
Alex Kosinski, ORE
Alexandra Gits, STAN
Stephanie Marcy, STAN
Claire Michel, ORE
Shannon Murakami, UCLA
Mattie Callahan, ARIZ

2010 First Team

Jennifer Bergman, ARIZ
Katie Flood, WASH
Jordan Hasay, ORE
Alex Kosinski, ORE
Kathy Kroeger, STAN
Deborah Maier, CAL
Stephanie Marcy, STAN

Second Team

Zsafia Erdelyi, USC
Elvin Kibet, ARIZ
Marie Lawrence, WASH
Megan Meyer, ARIZ
Hannah Moen, ARIZ
Lindsay Prescott, ASU
Jessica Tonn, STAN

2011 First Team

Jennifer Bergman, ARIZ
Emma Coburn, COLO
Katie Flood, WASH
Jordan Hasay, ORE
Shalaya Kipp, COLO
Kathy Kroeger, STAN
Stephanie Marcy, STAN

Second Team

Christine Babcock, WASH
Rachel Baptista, COLO
Lara Darco, COLO
Shelby Houlihan, ASU
Elvin Kibet, ARIZ
Amanda Mergaert, UTAH
Jessica Tonn, STAN

2012 First Team

Jennifer Bergman, ARIZ
Jordan Hasay, ORE
Elvin Kibet, ARIZ
Kathy Kroeger, STAN
Amanda Mergaert, UTAH
Alexi Pappas, ORE
Allie Woodward, ORE

Second Team

Aisling Cuffe, STAN
Lindsay Flanagan, WASH
Megan Goethals, WASH
Shelby Houlihan, ASU
Shalaya Kipp, COLO
Kelsey Sanisteban, CAL
Jessica Tonn, STAN

2013 First Team

Kayla Beattie, ARIZ
Nicci Corbin, ARIZ
Aisling Cuffe, STAN
Shelby Houlihan, ASU
Elvin Kibet, ARIZ
Kelsey Santisteban, CAL
Kelsey Smith, UCLA

Second Team

Erin Clark, COLO
Katie Flood, WASH
Shalaya Kipp, COLO
Melanie Nun, COLO
Jessica Tonn, STAN
Carrie Verdon, COLO
Rebekah Winterton, UTAH

2014 First Team

Maddie Alm, COLO
Frida Berge, ORE
Erin Clark, COLO
Elise Cranny, STAN
Shelby Houlihan, ASU
Bethan Knights, CAL
Maddie Meyers, WASH

Second Team

Alli Cash, ORE
Emma Fisher, STAN
Molly Grabill, ORE
Molly McNamara, STAN
Waverly Neer, ORE
Abby Regan, WSU
Kelsey Smith, UCLA

2015 First Team

Kaitlyn Brenner, COLO
Alli Cash, ORE
Erin Clark, COLO
Aisling Cuffe, STAN
Maddie Meyers, WASH
Waverly Neer, ORE
Melanie Nun, COLO

Second Team

Maddie Alm, COLO
Frida Berge, ORE
Vanessa Fraser, STAN
Molly Grabill, ORE
Carolina Johnson, UCLA
Hannah McInturff, UTAH
Marissa Williams, CAL

2016 First Team

Kaitlyn Benner, COLO
Erin Clark, COLO
Dani Jones, COLO
Bethan Knights, CAL
Amy-Eloise Neale, WASH
Charlotte Prouse, WASH
Katie Rainsberger, ORE

Second Team

Christina Aragon, STAN
Alli Cash, ORE
Vanessa Fraser, STAN
Makena Morley, COLO
Grayson Murphy, UTAH
Fiona O'Keefe, STAN
Addi Zerrenner, ARIZ

2017 First Team

Lilli Burdon, ORE
Vanessa Fraser, STAN
Dani Jones, COLO
Grayson Murphy, UTAH
Amy-Eloise Neale, WASH
Fiona O'Keefe, STAN
Katie Rainsberger, ORE

Second Team

Chelsey Albertson, ASU
Kaitlyn Benner, COLO
Jessica Hull, ORE
Sage Hurta, COLO
Bethan Knights, CAL
Vallery Korir, WSU
Brie Oakley, CAL

2018 First Team

Elise Cranny, STAN
Susan Ejore, ORE
Jessica Hull, ORE
Dani Jones, COLO
Makena Morley, COLO
Fiona O'Keefe, STAN
Weronika Pyzik, ORE

Second Team

Erika Adler, UCLA
Isabelle Brauer, ORE
Carmela Cardama Baez, ORE
Juliana Mount, OSU
Katie Rainsberger, WASH
Tabor Scholl, COLO
Addi Zerrenner, ARIZ

2019 First Team

Ella Donaghu, STAN
Jessica Lawson, STAN
Fiona O'Keefe, STAN
Katie Rainsberger, WASH
Mel Smart, WASH
Poppy Tank, UTAH
Bella Williams, UTAH

Second Team

Holly Bent, COLO
Susan Ejore, ORE
Sarah Feeny, UTAH
Julia Heymach, STAN
Sage Hurta, COLO
Shona McCulloch, WASH
Jordan Oakes, STAN

2020 First Team

Ella Donaghu, STAN
Zofia Dudek, STAN
Haley Herberg, WASH
Julia Heymach, STAN
Rachel McArthur, COLO
Kaylee Mitchell, OSU
Poppy Tank, UTAH

Second Team

Christina Aragon, STAN
Madison Boreman, COLO
Micaela Degenero, COLO
Jessica Lawson, STAN
Erin Mullins, WSU
Abby Nichols, COLO
Naomi Smith, WASH

PAC-12 WOMEN'S CROSS COUNTRY

2021 First Team

Emily Covert, COLO
India Johnson, COLO
Rachel McArthur, COLO
Kaylee Mitchell, OSU
Abby Nichols, COLO
Emily Venters, UTAH
Cara Woolnough, UTAH

Second Team

Zofia Dudek, STAN
Grace Fetherstonhaugh, OSU
Haley Herberg, WASH
Aneta Konieczek, ORE
Hannah Miniutti, COLO
Simone Plourde, UTAH
Alessia Zarbo, ORE

2022 First Team

Ella Baran, COLO
Emily Covert, COLO
Zofia Dudek, STAN
Bailey Hertenstein, COLO
Simone Plourde, UTAH
Izzy Thornton-Bott, ORE
Emily Venters, UTAH

Second Team

Grace Fetherstonhaugh, OSU
Emilie Girard, ORE
Neema Kimtai, WSU
Andrea Markezich, WASH
Harper McClain, ORE
Kaylee Mitchell, OSU
Sophie O'Sullivan, WASH

PAC-12 ALL-ACADEMIC

1990 First Team

Sabrina Han, CAL
Stacie Hoitink, WASH
Carol Holmen, ORE
Ronda Mikeworth, ARIZ
Jennifer Robertson, WSU
Bridget Smyth, ARIZ
Liz Wilson, ORE

Second Team

Jennifer Ashe, UCLA
Ashley Black, STAN
Anne Howard, WASH
Lisa Kamopp, ORE
Nicole Nugent, UCLA
Sue Ocken, WASH
Jennifer Reese, WASH

1991 First Team

Rachel Brennan, ARIZ
Lisa Christensen, ARIZ
Stacie Hoitink, WASH
Carol Holmen, WASH
Lisa Karnopp, ORE
Carrie Moller, WASH
Lucy Nusrala, ORE

Second Team

Laura Andeen, UCLA
Liv Borgersen, WASH
Catherine Linnes, WSU
Ginny Mommsen, CAL
Jennifer Reese, WASH
Sarah Truitt, STAN
Kristin Wellman, ASU

1992 First Team

Jennifer Bravard, WSU
Jennifer Carpenter, WSU
Kelly Cordell, ASU
Karen Hecox, UCLA
Stacie Hoitink, WASH
Erika Klein, ORE
Sarah Truitt, STAN

Second Team

Jennifer Ashe, UCLA
Hillary Blake, WASH
Rachel Brennan, ARIZ
Aimee Kriz, WASH
Ginny Mommsen, CAL
Brenda Sleenwenhoek, ARIZ
Kristin Wellman, ASU

1993 First Team

Jenna Carlson, ORE
Tara Carlson, WASH
Karen Hecox, UCLA
Brenda Sleenwenhoek, ARIZ
Tenaya Soderman, CAL
Sarah Truitt, STAN
Louise Watson, STAN

Second Team

Jill Callero, ORE
Jeanene Harlick, UCLA
Jean Harvey, ARIZ
Emily Johnson, WASH
Aimee Kriz, WASH
Lisa Quaintance, ARIZ
Niamh Zwagerman, ORE

1994 First Team

Tara Carlson, WASH
Christie Engesser, ORE
Milena Glusac, ORE
Karen Hecox, UCLA
Viola Schaffer, ARIZ
Sara Truitt, STAN
Niamh Zwagerman, ORE

Second Team

Jeanene Harlick, UCLA
Shannon Heusser, WASH
Emily Johnson, WASH
Kathrine Malm, WASH
Julie Meyers, CAL
Marilyn Moberly, WSU
Lisa Quaintance, ARIZ

1995 First Team

Jenna Carlson, ORE
Tara Carlson, WASH
Ann Colonna, ARIZ
Jeanene Harlick, UCLA
Kristin Liebich, WSU
Sarna Renfro, STAN
Viola Schaffer, ARIZ

Second Team

Monal Chokshi, STAN
Milena Glusac, ORE
Emily Johnson, WASH
Marilyn Moberly, WSU
Lisa Quaintance, ARIZ
Stacey Radowicz, WSU
Tenaya Soderman, CAL

1996 First Team

Monal Chokshi, STAN
Christie Engesser, ORE
Katherina Kechris, UCLA
Kaarin Knudson, ORE
Kristin Liebich, WSU
Marilyn Moberly, WSU
Sarna Renfro, STAN

Second Team

Leila Burr, STAN
Kelly Chavez, ARIZ
Sara Council, WSU
Angela Froese, WASH
Danelle Kabush, WASH
Julie Meyers, CAL
Kimberly Schmolka, WSU

1997 First Team

Angela Froese, WASH
Milena Glusac, ORE
Liz Howell, ORE
Katerina Kechris, UCLA
Kaarin Knudson, ORE
Sarna Renfro, STAN
Kristin Ritzenthaler, WSU

Second Team

Kelly Chavez, ARIZ
Mary Duerbeck, ASU
Staci Eskesen, WASH
Joanne Hunsinger, WSU
Danelle Kabush, WASH
Heather McMahon, ORE
Kimberly Schmolka, WSU

1998 First Team

Marie Davis, ORE
Mary Huang, STAN
Anna Lopacivch, USC
Heather McMahon, ORE
Elissa Riedy, CAL
Kim Schmolka, WSU
Julia Stamps, STAN

Second Team

Anna Aoki, WASH
Melinda George, UCLA
Priscilla Hein, ASU
Liz Howell, ORE
Megan Maynard, WSU
Grazyna Penc, USC
Kara Syrdal, WASH

1999 First Team

Lisa Aguilera, ASU
Anna Aoki, WASH
Tara Chaplin, ARIZ
Mary Duerbeck, ASU
Megan Maynard, WSU
Ann Ramsey, STAN
Kara Syrdal, WASH

Second Team

Kara Barnard, UCLA
Mary Huang, STAN
Ashley Foianini, WASH
Melinda George, UCLA
Amy Maciasek, ASU
Kelly MacDonald, ASU
Lisa Schaures, WSU

2000 First Team

Lisa Aguilera, ASU
Mary Duerbeck, ASU
Colleen Flaherty, STAN
Greta Johnson, WSU
Beth Martin, ASU
Emily Mullen, WASH
Ann Ramsey, STAN
Kara Syrdal, WASH

Second Team

Caroline Annis, STAN
Kathleen Brizgys, STAN
Tara Chaplin, ARIZ
Jenny Filipy, WSU
Erinn Gulbrandsen, ORE
Megan Maynard, WSU

2001 First Team

Lisa Aguilera, ASU
Tara Chaplin, ARIZ
Colleen Flaherty, STAN
Jenny Filipy, WSU
Erinn Gulbrandsen, ORE
Nicole Gurnicz, ARIZ
Laura Turner, STAN

Second Team

Caroline Annis, STAN
Jennifer Burris, ARIZ
Beth Hoge, ARIZ
Beth Martin, ASU
Beth Welander, WSU
Kelly MacDonald, ASU
Kristin McFerron, ASU

2002 First Team

Sara Bei, STAN
Cynthia Atencio, ASU
Crystal Becker, USC
Ana Cabrera, WSU
Jeane Goff, STAN
Erinn Gulbrandsen, ORE
Eri Macdonald, ORE
Abby Parker, CAL
Kate Spigel, WASH
Carmen Winant, UCLA

Second Team

Kate Bradshaw, WASH
Molly Bull, WSU
Camille Connelly, WASH
Alicia Craig, STAN
Lindsey Egerdahl, WASH
Malindi Elmore, STAN
Katherine Hotchkiss, ORE
Courtney Inman, WASH
Susan Mortensen, ARIZ
Robin Tierney, ARIZ

PAC-12 WOMEN'S CROSS COUNTRY

2003 First Team

Ana Cabrera, WSU
Amanda Goeller, ARIZ
Nicole Gurnicz, ARIZ
Allison Hall, UCLA
Laura Hodgson, WASH
Beth Hoge, ARIZ
Amanda Lyon, ASU
Eri McDonald, ORE
Kate Neeper, USC
Carmen Winant, UCLA

Second Team

Camille Connelly, WASH
Julia Corbett, WSU
Jennifer Ford, ARIZ
Jeane Goff, STAN
Eleanor Gordon, ORE
Michi Hirakawa-Wong, ARIZ
Melissa McBain, UCLA
Jessica Scalzo, ASU
Brooke Thomas, USC
Jenna Timinsky, UCLA

2004 First Team

Ana Cabrera, WSU
Jamie Fuller, OSU
Laura Hodgson, WASH
Beth Hoge, ARIZ
Kathryn Neeper, USC
Jenna Timinsky, UCLA
Amanda Trotter, STAN
Michelle Wilson, OSU
Carmen Winant, UCLA
Angela Wishaar, WASH

Second Team

Brooke Bennett, ASU
Camille Connelly, WASH
Karen DeMartini, WSU
Allison Hall, UCLA
Ashley Ippolito, ARIZ
Arianna Lambie, STAN
Corey Randall, ASU
Katy Trotter, STAN
Sarah West, UCLA
Ashley Younce, OSU

2005 First Team

Brooke Bennett, ASU
Rachel Ellison, ASU
Arianna Lambie, STAN
Kate Neeper, USC
Haley Paul, WSU
Sarah Pearson, ORE
Kaitlin Poggi, OSU
Coarey Randall, ASU
Amanda Trotter, STAN
Michelle Wilson, OSU

Second Team

Angelina Cabrera, ARIZ
Lindsay Flacks, STAN
Jennifer Ford, ARIZ
Jaime Fuller, OSU
Victoria Jackson, ASU
Tara Stirewalt, OSU
Katy Trotter, STAN
Sarah West, UCLA
Angela Wishaar, WASH
Ashley Younce, OSU

2006 First Team

Brooke Bennett, ASU
Samantha Godfrey, OSU
Arianna Lambie, STAN
Haley Paul, WSU
Kaitlin Poggi, OSU
Danya Rumore, OSU
Jenna Timinsky, UCLA
Sara Trané, WSU
Amanda Trotter, STAN
Marissa Urban, ARIZ

Second Team

Angelina Cabrera, ARIZ
Lauren Denfeld, OSU
Liisa Heinonen, ORE
Jenna Kingma, ASU
Neoma Palmer, OSU
Sarah Pearson, ORE
Corey Randall, ASU
Trisha Rasmussen, WASH
Cassie Rios, ASU
Katy Trotter, STAN

2007 First Team

Lauren Centrowitz, STAN
Chanel Fishetti, USC
Megan Hibner, OSU
Arianna Lambie, STAN
Kate Niehaus, STAN
Hayley Oveson, OSU
Krista Stangel, OSU
Sara Trané, WSU
Chelsey Vandebroke, WSU
Bria Wetsch, ORE

Second Team

Brooke Anderson, WASH
Angelina Cabrera, ARIZ
Lauren Denfeld, OSU
Katherine Ellis, USC
Ali Kielty, ASU
Sarah Pearson, ORE
Trisha Rasmussen, WASH
Angela Spadafino, ASU
Marissa Urban, ARIZ
Lorene Young, OSU

2008 First Team

Hayley Belli, ORE
Marsha Lampi, OSU
Zara Lukens, USC
Casey Masterson, OSU
Kate Niehaus, STAN
Hannah Soza-Hodgkinson, OSU
Sara Trané, WSU
Chelsey Vandebroke, WSU
Ashlee Wall, WSU
Bria Wetsch, ORE

Second Team

Brooke Anderson, WASH
Madeline Duhon, STAN
Katherine Ellis, USC
Chanel Fischetti, USC
Ali Kielty, ASU
Madeleine O'Meara, STAN
Hayley Oveson, WSU
Marisa Sandoval, WSU
Marissa Urban, ARIZ
Lorene Young, OSU

2009 First Team

Christine Babcock, WASH
Chelsea Caloia, ASU
Katherine Ellis, USC
Zara Lukens, USC
Claire Michel, ORE
Kate Niehaus, STAN
Krista Stangel, OSU
Chelsea VanDeBrake, WSU
Ashlee Wall, WSU
Bria Wetsch, ORE

Second Team

Bronwyn Crossman, ORE
Madeline Duhon, STAN
Courtney Golden, ASU
Allison Linnell, WASH
Catherine Loden, ASU
Madeleine O'Meara, STAN
Allison Rojewski, USC
Marisa Sandoval, WSU
Hannah Soza-Hodgkinson, OSU
Natasa Vulic, ASU

2010 First Team

Christine Babcock, WASH
Ashlee Wall Eskelsen, WSU
Grace Green, WASH
Jordan Hasay, ORE
Anne Kesselring, ORE
Kathy Kroeger, STAN
Marsha Lampi, OSU
Catherine Loden, ASU
Zara Lukens, USC
Megan Meyer, ARIZ

Second Team

Ashley Berry, OSU
Madeline Duhon, STAN
Lauren Graebner, OSU
Georgia Griffin, STAN
Taylor Hunt, OSU
Alexandra Kosinski, ORE
Deborah Maier, CAL
Claire Michel, ORE
Allison Rojewski, USC
Hannah Soza-Hodgkinson, OSU

2011 First Team

Christine Babcock, WASH
Jordan Hasay, ORE
Hanna Henson, ARIZ
Anne Kesselring, ORE
Marsha Lampi, OSU
Casey Masterson, OSU
Erin Menefee, ARIZ
Claire Michel, ORE
Rachel Viger, COLO
Natasa Vulic, ASU

Second Team

Alyssa Abbott, UTAH
Rachel Butler, UCLA
Lara Darco, COLO
Alexis Davis, UTAH
Madeline Duhon, STAN
Diana George, COLO
Elvin Kibet, ARIZ
Kathy Kroeger, STAN
Deborah Maier, CAL
Megan Patrignelli, ORE

2012 First Team

Jordan Hasay, ORE
Haley Hunt, OSU
Anne Kesselring, ORE
Elvin Kibet, ARIZ
Kathy Kroeger, STAN
Nikki Look, COLO
Erin Menefee, ARIZ
Ruby Roberts, WSU
Rachel Viger, COLO
Natasa Vulic, ASU

Second Team

Stephanie Bulder, ARIZ
Diana George, COLO
Bronte Golick, UCLA
Kinsey Gomez, OSU
Teresa Lawson, OSU
Nicole Reitz, UTAH
Kelsi Schaer, OSU
Katelyn Stringfellow, UTAH
Maureen Tremblay, OSU
Kathleen Uyttewaal, CAL

2013 First Team

Stephanie Bulder, ARIZ
Rachel Butler, UCLA
Jackie Dion, USC
Haley Hunt, OSU
Kira Kelly, OSU
Annie Leblanc, ORE
Erin Menefee, ARIZ
Ruby Roberts, WSU
Kelsi Schaer, OSU
Rachel Viger, COLO
Emily Weber, OSU

Second Team

Kelly Brooks, UCLA
Adrienne Demaree, OSU
Kinsey Gomez, OSU
Justine Johnson, WASH
Merissa Kado, UCLA
Elvin Kibet, ARIZ
Tate Murray, STAN
Aly Nielson, OSU
Alyssa Stettler, UTAH
Rebekah Winterton, UTAH

2014 First Team

Stephanie Bulder, ARIZ
Alli Cash, ORE
Sophie Chase, STAN
Emma Fisher, STAN
Amanda Henderson, WSU
Mandy Ortiz, COLO
Steffie Pavey, WSU
Nicole Reitz, UTAH
Ruby Roberts, WSU
Emily Weber, OSU

Second Team

Ally Aschbacher, ORE
Eleanor Fulton, WASH
Hailey Gibson, WSU
Miranda Kewley, ASU
Annie Leblanc, ORE
Jenna Maack, ASU
Lucy May, COLO
Kate Penney, ARIZ
Abigail Regan, WSU
Kala Stone, ASU

PAC-12 WOMEN'S CROSS COUNTRY

2015 First Team

Monica Anderson, OSU
Kaitlyn Benner, COLO
Alli Cash, ORE
Amanda Henderson, WSU
Kira Kelly, OSU
Jenna Maack, ASU
Waverly Neer, ORE
Melanie Nun, COLO
Steffie Pavey, WSU
Maureen Tremblay, OSU

Second Team

Morgan Anderson, OSU
Devon Bortfeld, WSU
Sophie Chase, STAN
Eleanor Fulton, WASH
Claire Green, ARIZ
Danielle Katz, STAN
Anna Maxwell, WASH
Lucy May, COLO
Katherine Penney, ARIZ
Cristina Juan Torres, ASU

2016 First Team

Georgia Bell, CAL
Kaitlyn Benner, COLO
Mackenzie Caldwell, COLO
Elise Cranny, STAN
Samantha Lewis, OSU
Amy-Eloise Neale, WASH
Steffie Pavey, WSU
Giselle Slotboom, UTAH
Megan Spehar, UTAH
Emily Weber, OSU

Second Team

Josie Brown, WSU
Alli Cash, ORE
Katherine Dittmann, WSU
Claire Green, ARIZ
Grace Hodge, WASH
Danielle Katz, STAN
Juliana Mount, OSU
Melanie Nun, COLO
Maggie Schmaedick, ORE
Hannah Whetzel, ARIZ

2017 First Team

Kaitlyn Benner, COLO
Josie Brown, WSU
Katherine Dittmann, WSU
Sage Hurta, COLO
Nicole Griffiths, UTAH
Juliana Mount, OSU
Grayson Murphy, UTAH
Alexis Nichols, ASU
Brianna Schwartz, COLO
Megan Spehar, UTAH

Second Team

Devon Bortfeld, WSU
Mackenzie Caldwell, COLO
Grace Hodge, WASH
Gwyneth McMorris, OSU
Amy-Eloise Neale, WASH
Melanie Nun, COLO
Fiona O'Keeffe, STAN
Katie Rainsberger, ORE
Hannah Whetzel, ARIZ
Nikki Zielinski, WASH

2018 First Team

Sage Hurta, COLO
Rennie Kendrick, ORE
Hannah Long, STAN
Juliana Mount, OSU
Alexis Nichols, ASU
Megan Reniewicki, ASU
Angela Saitta, ASU
Brianna Schwartz, COLO
Hannah Whetzel, ARIZ
Cara Woolnough, UTAH

Second Team

Anna Busatto, UTAH
Mackenzie Caldwell, COLO
Carmela Cardama Baez, ORE
Elise Cranny, STAN
Samantha King-Shaw, WSU
Astrid Lindgren, UTAH
Fiona O'Keeffe, STAN
Natalie Platil, UTAH
Lexi Reed, OSU
Nikki Zielinski, WASH

Sport-specific All-Academic Teams were discontinued in 2019, replaced by seasonal Academic Honor Rolls.

PAC-12 SCHOLAR-ATHLETES OF THE YEAR

2007 Arianna Lambie, STAN
2008 Jenna Kingma, ASU
2009 Nicole Blood, ORE
2010 Alex Kosinski, ORE
2011 Christine Babcock, WASH
2012 Jordan Hasay, ORE
2013 Elvin Kibet, ARIZ
2014 Stephanie Bulder, ARIZ
2015 Aisling Cuffe, STAN
2016 Erin Clark, COLO
2017 Kaitlyn Benner, COLO
2018 Elise Cranny, STAN
2019 Sage Hurta, COLO
2020 Ella Donaghue, STAN
2021 Christina Aragon, STAN
2022 Emily Venters, UTAH

NCAA TEAM CHAMPIONS FROM THE PAC-12

1983 ORE
1987 ORE
1996 STAN
2000 COLO
2003 STAN
2004 COLO
2005 STAN
2006 STAN
2007 STAN
2008 WASH
2012 ORE
2016 ORE
2018 COLO

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1996 Amy Skiersz, ARIZ
(17:04)
2000 Kara Grgas-Wheeler, COLO
(20:30.5)
2001 Tara Chaplin, ARIZ
(20:24)
2018 Dani Jones, COLO
(19:42.8)

Race Distance:

1981-99: 5,000 meters

2000-22: 6,000 meters

PAC-12 CHAMPIONSHIP VENUES

1986-97 - Stanford Golf Course, Stanford, Calif.
1998 - Alton Baker Park, Eugene, Ore.
1999 - El Dorado Regional Park, Long Beach, Calif.
2000 - Lincoln Park, Seattle, Wash.
2001 - Pavilion Lakes Golf Club, Scottsdale, Ariz.
2002 - Brookside Country Club, Pasadena, Calif.
2003 - WSU Golf Course, Pullman, Calif.
2004 - Golden Gate Park, San Francisco, Calif.
2005 - Dell Urich Golf Course, Tucson, Ariz.
2006 - Stanford Golf Course, Stanford, Calif.
2007 - Trysting Tree Golf Course, Corvallis, Ore.
2008 - Springfield Golf Club, Springfield, Ore.
2009 - Skylinks Golf Course, Long Beach, Calif.
2010 - Jefferson Golf Course, Seattle, Wash.
2011 - Wigwam Golf Course, Litchfield Park, Ariz.
2012 - Robinson Ranch Golf Course, Santa Clarita, Calif.
2013 - Coal Creek Golf Course, Louisville, Colo.
2014 - Metropolitan Golf Links, Oakland, Calif.
2015 - Colfax Golf and Country Club, Colfax, Wash.
2016 - Randolph North Golf Course, Tucson, Ariz.
2017 - Springfield Golf Club, Springfield, Ore.
2018 - Stanford Golf Course, Stanford, Calif.
2019 - Ash Creek Preserve, Monmouth, Ore.
2020 - Chambers Creek Park, University Place, Wash.
2021 - Regional Athletic Complex, Salt Lake City, Utah
2022 - UC Riverside Agricultural Operations Course, Riverside, Calif.