



PAC-12 CONFERENCE

NCAA **MEN'S
CROSS COUNTRY
HISTORY &
NATIONAL HONORS**

Through 2022

NCAA HISTORY-MEN

School (Years Participated)	# Appearances	Best Finish	1st	2nd	3rd
Arizona (1972-76-77-78-80-81-82-83-84-85-86-87-90-91-92-94-98-99-2000-01-03-05-06)	23	2nd	0	1	1
Arizona State (1999-2001-04-05-07-09)	6	8th	0	0	0
California (2007-08-10-15-16)	5	16th	0	0	0
Colorado (1957-62-65-66-67-68-70-71-73-75-76-77-78-79-80-82-84-85-86-87-89-92-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16-17-18-19-20-21-22)	52	1st	5	3	7
Oregon (1963-64-65-69-70-71-72-73-74-75-76-77-78-79-80-82-83-86-88-89-90-92-93-95-96-97-98-99-2001-02-03-06-07-08-09-10-12-13-14-15-16-17-18-19-21-22)	46	1st	6	8	4
Oregon State (1961-62-66-72-73)	5	1st	1	0	0
Stanford (1968-85-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16-17-18-19-20-21-22)	31	1st	4	5	2
UCLA (1979-80-81-82-83-85-2006-08-12-14-15-16-17)	13	5th	0	0	0
USC (1968)	1	3rd	0	0	1
Utah (1967)	1	10th	0	0	0
Washington (1977-87-88-89-90-91-93-2003-05-06-08-09-14-15-17-18-19-20-21-22)	20	4th	0	0	0
Washington State (1966-69-71-72-73-74-75-76-78-79-84-98-2006-11-15-16-17)	17	2nd	0	2	2

ALL-TIME NCAA RESULTS

Champion and Pac-12 finishers.

1938 (0)

1. Indiana..... 51

1939 (0)

1. Michigan State..... 54

1940 (0)

1. Indiana..... 65

1941 (0)

1. Rhode Island 83

1942 (0)

1. (tie) Indiana/Penn State .. 57

1943 (0)

No meet held.

1944 (0)

1. Drake 25

1946 (0)

1. Drake 42

1947 (0)

1. Penn State..... 60

1948 (0)

1. Michigan State..... 41

1949 (0)

1. Michigan State..... 59

1950 (0)

1. Penn State..... 53

1951 (0)

1. Syracuse 80

1952 (0)

1. Michigan State..... 65

1953 (0)

1. Kansas 70

1954 (0)

1. Oklahoma State 61

1955 (0)

1. Michigan State..... 46

1956 (0)

1. Michigan State..... 28

1957 (0)

1. Notre Dame..... 121

1958 (0)

1. Michigan State..... 79

1959 (0)

1. Michigan State..... 44

1960 (0)

1. Houston 54

1961 (1)

1. **OREGON STATE 68**

1962 (2)

1. San Jose State 58

7. Colorado..... 202

8. Oregon State..... 206

1963 (1)

1. San Jose State 53

2. Oregon 68

1964 (1)

1. Western Mich. 86

2. Oregon 116

1965 (2)

1. Western Mich. 81

8. Oregon 229

14. Colorado..... 281

1966 (2)

1. Villanova..... 79

5. Washington State... 208

6. Colorado..... 248

7. (tie) Oregon State..... 253

1967 (1)

1. Villanova..... 91

3. Colorado..... 110

10. Utah..... 244

1968 (3)

1. Villanova..... 78

2. Stanford 100

3. USC 115

5. Colorado..... 241

1969 (2)

1. UTEP 74

3. Oregon 113

4. Washington State... 187

1970 (2)

1. Villanova..... 85

2. Oregon 86

15. Colorado..... 450

1971 (3)

1. **OREGON 83**

2. Washington State... 122

26. Colorado..... 662

1972 (4)

1. Tennessee 134

3. Oregon 158

4. Washington State... 167

16. Oregon State..... 379

20. Arizona 439

1973 (4)

1. **OREGON 89**

3. Washington State... 166

6. (tie) Colorado..... 217

14. Oregon State..... 305

1974 (2)

1. **OREGON 77**

4. Washington State... 144

1975 (3)

1. UTEP 88

2. Washington State... 92

11. Oregon 319

20. Colorado..... 447

1976 (4)

1. UTEP 62

2. Oregon 117

3. Washington State... 179

7. Arizona 324

20. Colorado..... 471

1977 (4)

1. **OREGON 100**

9. Arizona 262

10. Colorado..... 303

13. Washington 361

1978 (4)

1. UTEP 56

2. Oregon 72

5. Colorado..... 234

7. Arizona 248

29. Washington State... 720

1979 (4)

1. UTEP 86

2. Oregon 93

4. Colorado..... 189

9. Washington State... 278

15. UCLA 386

1980 (4)

1. UTEP 58

5. UCLA 207

13. Colorado..... 369

19. (tie) Oregon 462

22. Arizona 484

1981 (2)

1. UTEP 17

5. UCLA 187

7. Arizona 253

1982 (4)

1. Wisconsin..... 59

7. Colorado..... 219

9. UCLA 250

10. Oregon 266

11. Arizona 272

1983 (3)

1. UTEP* 108

3. Oregon 171

14. (tie) Arizona..... 322

20. UCLA 361

**UTEP's participation in championships vacated by NCAA Committee on Infractions.*

1984 (3)

1. Arkansas 101

2. Arizona..... 111

7. Washington State... 214

22. Colorado..... 413

1985 (4)

1. Wisconsin..... 67

3. Colorado..... 167

4. Arizona..... 175

12. UCLA 283

17. Stanford 380

1986 (3)

1. Arkansas 69

4. Oregon 185

5. Colorado..... 195

6. Arizona..... 224

1987 (3)

1. Arkansas 87

6. Arizona..... 244

15. Colorado..... 385

22. Washington 481

1988 (2)

1. Wisconsin..... 105

7. Oregon 233

18. Washington 370

1989 (3)

1. Iowa State..... 54

2. Oregon 72

4. Washington 224

18. Colorado..... 365

1990 (3)

1. Arkansas 68

5. Oregon 201

12. Washington 286

21. Arizona 484

1991 (2)

1. Arkansas 52

4. (tie) Arizona

20. Washington 378

1992 (3)

1. Arkansas 46

8. Oregon 276

11. Colorado..... 320

18. Arizona..... 388

1993 (3)

1. Arkansas 31

4. Colorado..... 172

8. Washington 269

15. Oregon 323

1994 (3)

1. Iowa State..... 65

2. Colorado..... 88

3. Arizona..... 172

6. Stanford 208

1995 (3)

1. Arkansas 100

4. Colorado..... 181

5. Stanford 209

7. Oregon 228

1996 (3)

1. **STANFORD 46**

3. Oregon 140

5. Colorado..... 179

1997 (3)

1. **STANFORD 53**

3. Colorado..... 108

8. Oregon 266

1998 (5)

1. Arkansas 97

2. Stanford 114

3. Colorado..... 158

5. Oregon 233

11. Arizona..... 348

18. Washington State... 433

1999 (5)

1. Arkansas 58

4. Stanford 223

6. Oregon 306

7. Colorado..... 307

10. Arizona..... 346

14. Arizona State 391

2000 (3)

1. Arkansas 83

2. Colorado..... 94

4. Stanford 149

12. Arizona..... 419

ALL-TIME NCAA RESULTS

2001 (5)

1.	COLORADO	90
2.	Stanford	91
13.	Oregon	389
20.	Arizona State	477
21.	Arizona	486

2002 (3)

1.	STANFORD	47
4.	Colorado	190
5.	Oregon	210

2003 (5)

1.	STANFORD	24
6.	Colorado	259
21.	Washington	448
22.	Oregon	449
23.	Arizona	536

2004 (3)

1.	COLORADO	90
6.	Stanford	269
8.	Arizona State	315

2005 (5)

1.	Wisconsin	37
5.	Colorado	222
6.	Stanford	231
10.	Arizona	384
17.	Arizona State	465
27.	Washington	556

2006 (7)

1.	COLORADO	94
4.	Stanford	195
5. (tie)	Oregon	196
12.	Washington	414
21.	Arizona	517
23.	UCLA	546
29.	Washington State	595

2007 (5)

1.	OREGON	85
7.	Colorado	287
16.	California	434
19.	Stanford	451
26.	Arizona State	601

2008 (6)

1.	OREGON	93
3.	Stanford	227
12.	Colorado	372
18.	Washington	438
22.	California	477
26. (tie)	UCLA	576

2009 (5)

1.	Oklahoma State	127
2.	Oregon	143
6.	Colorado	315
10.	Stanford	354
18.	Washington	470
19.	Arizona State	472

2010 (4)

1.	Oklahoma State	73
4.	Stanford	237
6.	Oregon	289
15.	Colorado	366
31.	California	678

2011 (3)

1.	Wisconsin	97
3.	Colorado	144
5.	Stanford	207
21.	Washington State	512

2012 (4)

1.	Oklahoma State	72
3.	Colorado	158
13.	UCLA	376
16.	Stanford	408
20.	Oregon	472

2013 (3)

1.	COLORADO	149
5.	Oregon	274
19.	Stanford	417

2014 (5)

1.	COLORADO	65
2.	Stanford	98
6.	Oregon	221
18.	UCLA	454
20.	Washington	479

2015 (7)

1.	Syracuse	82
2.	Colorado	91
3.	Stanford	151
4.	Oregon	183
8.	Washington	345
14.	UCLA	429
23.	California	524
26.	Washington State	547

2016 (6)

1.	Northern Arizona	125
2.	Stanford	158
6.	Colorado	223
9.	Oregon	282
14.	Washington State	370
15.	UCLA	378
31.	California	776

2017 (6)

1.	Northern Arizona	74
4.	Stanford	221
6.	Oregon	274
8.	Colorado	294
21.	UCLA	485
22.	Washington	488
24.	Washington State	539

2018 (4)

1.	Northern Arizona	83
4.	Colorado	178
5.	Stanford	201
6.	Washington	213
15.	Oregon	407

2019 (4)

1.	BYU	109
3.	Colorado	164
6.	Stanford	248
9.	Oregon	307
19.	Washington	466

2020 (3)

1.	Northern Arizona	60
5.	Stanford	194
14.	Colorado	397
25.	Washington	568

2021 (4)

1.	Northern Arizona	92
5.	Stanford	236
8.	Colorado	249
13.	Washington	373
29.	Oregon	655

2022 (4)

1.	Northern Arizona	83
4.	Stanford	195
8.	Colorado	281
14.	Washington	422
16.	Oregon	465

NCAA TEAM CHAMPIONS FROM THE PAC-12

1961	Oregon State
1970	Oregon
1973	Oregon
1974	Oregon
1977	Oregon
1996	Stanford
2001	Colorado
2002	Stanford
2003	Stanford
2004	Colorado
2006	Colorado
2007	Oregon
2008	Oregon
2013	Colorado
2014	Colorado

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1957	Max Truex, USC (19:12.3)
1961	Dale Story, OSU (19:46.6)
1966	Gerry Lindgren, WSU (29:01.4)
1967	Gerry Lindgren, WSU (30:45.6)
1969	Gerry Lindgren, WSU (28:59.2)
1970	Steve Prefontaine, ORE (28:00.2)
1971	Steve Prefontaine, ORE (29:14)
1973	Steve Prefontaine, ORE (28:14.8)
1976	Henry Rono, WSU (28:06.6)
1977	Henry Rono, WSU (28:33.5)
1978	Alberto Salazar, ORE (29:29.7)
1979	Henry Rono, WSU (28:19.6)
1982	Mark Scrutton, COLO (30:12.6)
1986	Aaron Ramirez, ARIZ (30:27.53)
1993	Josephat Kapkory, WSU (29:32.4)
1994	Martin Keino, ARIZ (30:08.7)
1997	Meb Keflezighi, UCLA (28:54)
1998	Adam Goucher, COLO (29:26.9)
2002	Jorge Torres, COLO (29:04.7)
2003	Dathan Ritzenhein, COLO (19:24.1)
2008	Galen Rupp, ORE (29:03.2)
2011	Lawi Lalang, ARIZ (28:44.1)
2013	Edward Cheserek, ORE (29:41.1)
2014	Edward Cheserek, ORE (30:19.4)
2015	Edward Cheserek, ORE (28:45.8)
2022	Charles Hicks, STAN (28:43.6)

Race Distance:

1938-64: 4 miles

1965-75: 6 miles

1976-2020: 10,000 meters

ALL-TIME NCAA CHAMPIONS

Team	
Arkansas.....	11
Michigan State.....	8
UTEP.....	7
Northern Arizona.....	6
OREGON	6
COLORADO	5
Wisconsin.....	5
Oklahoma State.....	4
STANFORD	4
Villanova.....	4
Drake.....	3
Indiana.....	3
Penn State.....	3
Iowa State.....	2
San Jose State.....	2
Syracuse.....	2
Western Michigan.....	2
BYU.....	1
Houston.....	1
Kansas.....	1
Notre Dame.....	1
OREGON STATE	1
Rhode Island.....	1
Tennessee.....	1

Individual

OREGON	8
WASHINGTON STATE	7
Kansas.....	5
Wisconsin.....	5
BYU.....	4
COLORADO	4
ARIZONA	3
Arkansas.....	3
Indiana.....	3
Iowa State.....	3
Liberty.....	3
UTEP.....	3
Drake.....	2
Houston.....	2
Notre Dame.....	2
Rhode Island.....	2
Villanova.....	2
Western Kentucky.....	2
Air Force.....	1
Ashland.....	1
East Tennessee State.....	1
Eastern Michigan.....	1
Georgetown.....	1
Illinois.....	1
Iowa.....	1
Loyola Chicago.....	1
Michigan State.....	1
North Carolina.....	1
Ohio.....	1
Ohio Wesleyan.....	1
OREGON STATE	1
Providence.....	1
South Alabama.....	1
STANFORD	1
Syracuse.....	1
Texas Tech.....	1
USC	1
Texas.....	1
UCLA	1

ALL-TIME NCAA WEST REGION RESULTS

Champion and Pac-12 finishers.

1997 - Dell Urich Golf Course, Tucson, Ariz. (ARIZONA) (out of 17 teams)

1. Stanford.....	50
2. Oregon.....	84
3. Washington State.....	103
5. Washington.....	151
6. Arizona.....	152
7. UCLA.....	177
8. California.....	177
11. Arizona State.....	292

1998 - Woodward Park, Fresno, Calif. (Fresno) (out of 26 teams)

1. Stanford.....	37
2. Oregon.....	65
3. Washington State.....	129
T4. Arizona.....	133
6. Washington.....	144
8. Arizona State.....	187
9. UCLA.....	212
10. California.....	235

1999 - Blue Lake Park, Troutdale, Ore. (out of 21 teams)

1. Stanford.....	40
2. Arizona.....	74
3. Arizona State.....	92
4. Oregon.....	96
7. California.....	165
8. Washington.....	206
10. UCLA.....	244

2000 - Woodward Park, Fresno, Calif. (Fresno) (out of 21 teams)

1. Stanford.....	58
2. Arizona.....	62
4. Oregon.....	122
5. Arizona State.....	128
7. UCLA.....	167
8. Washington.....	207
10. California.....	259
11. Washington State.....	321

2001 - Randolph North Course, Tucson, Ariz. (ARIZONA) (out of 20 teams)

1. Stanford.....	37
3. Oregon.....	112
4. Arizona State.....	116
6. Arizona.....	135
7. Washington.....	140
8. Washington State.....	194
9. UCLA.....	222
11. California.....	293

2002 - Stanford Golf Course, Stanford, Calif. (STANFORD) (out of 23 teams)

1. Stanford.....	21
2. Oregon.....	43
5. Arizona State.....	125
6. Washington.....	170
8. UCLA.....	236
9. Washington State.....	263
10. Arizona.....	300
12. California.....	325

2003 - Blue Lake Park, Portland, Ore. (Portland) (out of 26 teams)

1. Stanford.....	18
3. Arizona.....	132
4. Washington.....	162
5. Oregon.....	164
7. UCLA.....	178
8. Arizona State.....	189
9. Washington State.....	252
10. California.....	257

2004 - Woodward Park, Fresno, Calif. (Fresno) (out of 21 teams)

1. Stanford.....	49
2. Arizona State.....	68
4. UCLA.....	114
6. Oregon.....	196
7. Washington.....	209
8. Arizona.....	213
9. Washington State.....	213
12. California.....	312

2005 - Stanford Golf Course, Stanford, Calif. (STANFORD) (out of 23 teams)

1. Arizona.....	33
2. Stanford.....	80
3. Arizona State.....	100
T4. Washington.....	106
6. Oregon.....	153
8. California.....	205
11. Washington State.....	301
12. UCLA.....	329

2006 - Blue Lake Park, Fairview, Ore. (out of 25 teams)

1. Oregon.....	69
2. Stanford.....	88
4. Washington.....	139
5. Arizona.....	156
6. UCLA.....	167
8. Washington State.....	201
10. California.....	260
11. Arizona State.....	290

2007 - Springfield Country Club, Springfield, Ore. (OREGON) (out of 24 teams)

1. Oregon.....	47
3. Stanford.....	100
4. California.....	112
6. Arizona State.....	141
7. UCLA.....	142
8. Washington State.....	220
10. Washington.....	233

2008 - Stanford Golf Course, Stanford, Calif. (STANFORD) (out of 25 teams)

1. Oregon.....	38
2. Stanford.....	72
4. California.....	116
5. Washington.....	122
6. UCLA.....	145
8. Arizona State.....	290
9. Washington State.....	298
12. Arizona.....	369

2009 - Springfield Golf Course, Springfield, Ore. (OREGON) (out of 26 teams)

1. Stanford.....	27
3. Oregon.....	109
4. Washington.....	120
T5. Arizona State.....	155
7. UCLA.....	207
T8. California.....	217
10. Washington State.....	268

2010 - Springfield Golf Course, Springfield, Ore. (OREGON) (out of 25 teams)

1. Oregon.....	63
2. Stanford.....	65
3. California.....	78
5. Arizona State.....	179
6. Washington.....	216
8. UCLA.....	267
14. Washington State.....	396
15. Arizona.....	405

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD) (out of 25 teams)

1. Stanford.....	50
4. Washington State.....	141
5. California.....	173
T6. Oregon.....	175
T6. UCLA.....	175
8. Arizona State.....	214
11. Washington.....	329

2012 - Jefferson Golf Course, Seattle, Wash. (WASHINGTON) (out of 26 teams)

1. Stanford.....	45
3. UCLA.....	128
4. Oregon.....	135
5. Washington.....	165
6. Arizona State.....	218
7. Washington State.....	223
10. Arizona.....	270
13. California.....	391

2013 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State) (out of 27 teams)

1. Stanford.....	53
2. Oregon.....	64
5. Arizona State.....	184
6. UCLA.....	187
8. Washington State.....	269
9. Washington.....	277
12. California.....	343
14. Arizona.....	362

2014 - Stanford Golf Course, Stanford, Calif. (STANFORD) (out of 29 teams)

1. Oregon.....	60
3. Stanford.....	97
4. UCLA.....	104
5. Washington.....	139
6. Arizona State.....	155
9. California.....	263
13. Washington State.....	335
14. Arizona.....	384

2015 - Jefferson Golf Course, Seattle (WASHINGTON) (out of 30 teams)

1. Washington.....	63
2. Stanford.....	83
3. Oregon.....	99
4. Washington State.....	125
6. California.....	146
7. UCLA.....	163
15. Arizona State.....	422

2016 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State) (out of 29 teams)

1. Stanford.....	75
3. UCLA.....	112
4. Oregon.....	122
5. Washington State.....	143
6. California.....	188
10. Washington.....	262
13. Arizona State.....	367

2017 - Jefferson Park Golf Course, Seattle, Wash. (WASHINGTON) (out of 30 teams)

1. Portland.....	63
2. Washington.....	65
3. Stanford.....	85
4. Oregon.....	149
5. UCLA.....	164
7. Washington State.....	194
9. California.....	262
20. Arizona.....	571

2018 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State) (out of 36 teams)

1. Portland.....	77
2. Washington.....	82
4. Stanford.....	110
5. Oregon.....	149
6. UCLA.....	150
7. Washington State.....	218
8. California.....	225
14. Arizona State.....	405

2019 - Colfax Golf Club, Colfax, Wash. (WASHINGTON STATE) (out of 28 teams)

1. Portland.....	65
2. Stanford.....	78
3. Oregon.....	90
4. Washington.....	115
7. Washington State.....	177
8. UCLA.....	181
18. California.....	497
27. Arizona State.....	717

2020 - Canceled

Regional meets were not held during the 2020 season (March 2021) due to the COVID-19 pandemic.

NCAA WEST REGIONALS Individual Champions (Pac-12 only)

1997	Mebrahtom Keflezighi, UCLA.....	30:15.90 (10k)
1998	Abdi Abdurahman, ASU.....	30:06 (10k)
1999	Steve Fein, ORE.....	30:30 (10k)
2000	Jonathon Riley, STAN.....	30:40 (10k)
2001	Donald Sage, STAN.....	30:43.30 (10k)
2002	Donald Sage, STAN.....	30:13 (10k)
2003	Ian Dobson, STAN.....	29:32 (10k)
2004	Ryan Hall, STAN.....	30:07 (10k)
2005	Robert Cheseret, ARIZ.....	30:03.3 (10k)
2006	Neftalem Araia, STAN.....	30:05.88 (10k)
2007	Galen Rupp, ORE.....	29:35.45 (10k)
2008	Galen Rupp, ORE.....	27:41.24 (10k)
2009	Chris Derrick, STAN.....	30:38.96 (10k)
2010	None	
2011	Lawi Lalang, ARIZ.....	28:34 (10k)
2012	Lawi Lalang, ARIZ.....	29:02 (10k)
2013	Edward Cheserek, ORE.....	29:35 (10k)
2014	Maxim Korolev, STAN.....	29:33.5 (10k)
2015	Edward Cheserek, ORE.....	30:43.2 (10k)
2016	Edward Cheserek, ORE.....	29:23.7 (10k)
2017	None	
2018	None	
2019	Andrew Jordan, WASH.....	29:43.4 (10k)
2020	Canceled	
2021	Kieran Lumb, WASH.....	29:28.5 (10k)
2022	Brian Fay, WASH.....	28:17.2 (10k)

ALL-TIME NCAA MOUNTAIN REGION RESULTS

Champion and Pac-12 finishers.

1997 - Provo, Utah (BYU)

(out of 14 teams)

1. Colorado	15
10. Utah	225

1998 - Provo, Utah (BYU)

(out of 14 teams)

1. Colorado	34
6. Utah	170

1999 - Fort Collins, Colo. (Colorado State)

(out of 17 teams)

1. Southern Utah.....	57
2. Colorado	61
7. Utah	196

2000 - Rivedale, Utah

(out of 17 teams)

1. Colorado	38
11. Utah	288

2001 - Provo, Utah (BYU)

(out of 17 teams)

1. Colorado	48
6. Utah	138

2002 - Albuquerque, N.M. (New Mexico)

(out of 18 teams)

1. Northern Arizona.....	74
2. Colorado	93
9. Utah	214

2003 - Ogden, Utah (Weber State)

(out of 14 teams)

1. Colorado	69
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2004 - Fort Collins, Colo. (Colorado State)

(out of 15 teams)

1. Colorado	40
10. Utah	254

2005 - East Bay Golf Course, Provo, Utah (BYU)

(out of 15 teams)

1. Colorado	42
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2006 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 15 teams)

1. Colorado	59
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2007 - Schneider's Riverside Golf Course, Ogden, Utah (Weber State)

(out of 15 teams)

1. Colorado	47
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2008 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 15 teams)

1. Colorado	42
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2009 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 17 teams)

1. BYU.....	54
2. Colorado	55

2010 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)

(out of 16 teams)

1. New Mexico	45
2. Colorado	66

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 17 teams)

1. BYU.....	49
2. Colorado	55

2012 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 18 teams)

1. Northern Arizona.....	56
3. Colorado	69

2013 - Riverdale Golf Course, Ogden, Utah (Weber State)

(out of 17 teams)

1. Northern Arizona.....	61
2. Colorado	69

2014 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 16 teams)

1. Colorado	45
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2015 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 16 teams)

1. Colorado	67
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2016 - Reeder Cross Country Course, Logan, Utah (Utah State)

(out of 17 teams)

1. Northern Arizona.....	60
2. Colorado	76

2017 - Reeder Cross Country Course, Logan, Utah (Utah State)

(out of 18 teams)

1. Northern Arizona.....	49
3. Colorado	80

2018 - East Bay Golf Course, Provo, Utah (BYU)

(out of 17 teams)

1. Northern Arizona.....	42
3. Colorado	71

2019 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)

(out of 19 teams)

1. Northern Arizona.....	21
2. Colorado	53

2020 - Canceled

Regional meets were not held during the 2020 season (March 2021) due to the COVID-19 pandemic.

2021 - Timpanogos Golf Club, Provo, Utah (BYU)

(out of 17 teams)

1. BYU.....	42
3. Colorado	83

2022 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 17 teams)

1. Northern Arizona.....	43
3. Colorado	97

NCAA MOUNTAIN REGIONALS Individual Champions

(Pac-12 only)

1997	Adam Goucher, COLO	30:04.0 (10k)
1998	Adam Goucher, COLO	30:43.8 (10k)
1999	Ron Roybal, COLO	30:10.75 (10k)
2000	Jorge Torres, COLO	30:38.6 (10k)
2001	Jorge Torres, COLO	30:52.3 (10k)
2002	Jorge Torres, COLO	29:33 (10k)
2003	Dathan Ritzenheim, COLO.....	30:22.2 (10k)
2004	None	
2005	Bill Nelson, COLO	30:28.1 (10k)
2006	None	
2007	None	
2008	None	
2009	None	
2010	None	
2011	None	
2012	None	
2013	None	
2014	None	
2015	None	
2016	None	
2017	Joe Klecker, COLO.....	30:13.6 (10k)
2018	Joe Klecker, COLO.....	29:16.6 (10k)
2019	None	
2020	Canceled	
2021	None	
2022	None	

NATIONAL HONORS

USTFCCCA Athlete of the Year Cross Country MEN

2022	Charles Hicks, Stanford
2015	Edward Cheserek, Oregon
2014	Edward Cheserek, Oregon
2013	Edward Cheserek, Oregon
2011	Lawi Lalang, Arizona
2008	Galen Rupp, Oregon
2003	Dathan Ritzenhein, Colorado
2002	Jorge Torres, Colorado
1998	Adam Goucher, Colorado
1997	Meb Keflezighi, UCLA
1994	Martin Keino, Arizona

USTFCCCA Coach of the Year Bill Dellinger Award (Men's)

2014	Mark Wetmore, Colorado
2013	Mark Wetmore, Colorado
2008	Vin Lananna, Oregon
2007	Vin Lananna, Oregon
2006	Mark Wetmore, Colorado
2003	Andrew Gerard, Stanford
2002	Vin Lananna, Stanford
1997	Vin Lananna, Stanford
1996	Vin Lananna, Stanford
1994	Jerry Quiller, Colorado
1989	Bill Dellinger, Oregon
1984	Dave Murray, Arizona
1980	Bob Larsen, UCLA
1973	Bill Dellinger, Oregon

USTFCCCA John McDonnell Program of the Year (Men's)

2018-19	Stanford
2015-16	Oregon
2014-15	Oregon
2013-14	Oregon
2009-10	Oregon
2008-09	Oregon

USTFCCCA All-Americans MEN

2022	Aaron Bienenfeld, ORE
	Brian Fay, WASH
	Charles Hicks, STAN
	Ky Robinson, STAN
	Austin Vancil, COLO
2021	Aaron Bienenfeld, ORE
	Brian Fay, WASH
	Eduardo Herrera, COLO
	Charles Hicks, STAN
	Ky Robinson, STAN
2020	Charles Hicks, STAN
	Cole Sprout, STAN
2019	John Dressel, COLO
	Steven Fahy, STAN
	Alec Hornecker, COLO
	Joe Klecker, COLO
	Alex Ostberg, STAN
	Alek Parsons, STAN
	Cooper Teare, ORE
2018	Grant Fisher, STAN
	Joe Klecker, COLO
	John Dressel, COLO
	Ryan Forsyth, COLO
	Alex Ostberg, STAN
	Tanner Anderson, WASH
	Alek Parsons, STAN
	Tibebu Proctor, WASH

2017	Grant Fisher, STAN
	Alex Ostberg, STAN
	Steven Fahy, STAN
	Eduardo Herrera, COLO
2016	Edward Cheserek, ORE
	Grant Fisher, STAN
	Ferdinand Edman, UCLA
	Ben Saarel, COLO
	Sean McGorty, STAN
	Joe Klecker, COLO
	Matthew Maton, ORE
	Michael Williams, WSU
	John Dressel, COLO
2015	John Dressel, COLO
	Pierce Murphy, COLO
	Morgan Pearson, COLO
	Ben Saarel, COLO
	Connor Winter, COLO
	Edward Cheserek, ORE
	Grant Fisher, STAN
	Sean McGorty, STAN
	Jim Rosa, STAN
	Lane Werley, UCLA
	Colby Gilbert, WASH
	Izaic Yorks, WASH
2014	Chris Walden, CAL
	Ammar Moussa, COLO
	Ben Saarel, COLO
	Blake Theroux, COLO
	Connor Winter, COLO
	Pierce Murphy, COLO
	Edward Cheserek, ORE
	Eric Jenkins, ORE
	Maxim Korolev, STAN
	Sean McGorty, STAN
	Michael Atchoo, STAN
	Joe Rosa, STAN
	Sam Wharton, STAN
	Aaron Nelson, WASH
	Tyler King, WASH
2013	Ben Saarel, COLO
	Blake Theroux, COLO
	Morgan Pearson, COLO
	Pierce Murphy, COLO
	Edward Cheserek, ORE
	Jim Rosa, STAN
	Aaron Nelson, WASH
2012	Stephen Sambu, ARIZ
	Lawi Lalang, ARIZ
	Jake Hurysz, COLO
	Aric VanHalen, COLO
	Blake Theroux, COLO
	Lane Werley, UCLA
2011	Lawi Lalang, ARIZ
	Richard Medina, COLO
	Andrew Wacker, COLO
	Joseph Bosshard, COLO
	Luke Puskedra, ORE
	Chris Derrick, STAN
	Jake Riley, STAN
2010	Stephen Sambu, ARIZ
	Joseph Bosshard, COLO
	Andrew Wacker, COLO
	Luke Puskedra, ORE
	Matthew Centrowitz, ORE
	Chris Derrick, STAN
	Jake Riley, STAN
2009	Ige Mohamud, ARIZ
	Bethke Brandon, ASU
	Matthew Centrowitz, ORE

	Kenny Klotz, ORE
	Danny Mercado, ORE
	Luke Puskedra, ORE
	Chris Derrick, STAN
	Heath Elliott, STAN
2008	Yosef Ghebray, CAL
	Jordan Kyle, COLO
	Luke Puskedra, ORE
	Shadrack Kiptoo-Biwott, ORE
	Galen Rupp, ORE
	Chris Derrick, STAN
	Garrett Heath, STAN
	Austin Ramos, UCLA
2007	Stephen Pifer, COLO
	Brent Vaughn, COLO
	Shadrack Kiptoo-Biwott, ORE
	Kenny Klotz, ORE
	Daniel Mercado, ORE
	Diego Mercado, ORE
	Galen Rupp, ORE
	Neftalem Araia, STAN
	Russell Brown, STAN
2006	Robert Cheseret, ARIZ
	Aaron Aguayo, ARIZ
	Erik Heinonen, COLO
	Stephen Pifer, COLO
	James Strang, COLO
	Brent Vaughn, COLO
	Diego Mercado, ORE
	Galen Rupp, ORE
	Neftalem Araia, STAN
2005	Robert Cheseret, ARIZ
	Stephen Pifer, COLO
	Bret Schoolmeester, COLO
	James Strang, COLO
	Neftalem Araia, STAN
	Austin Ramos, UCLA
2004	Robert Cheseret, ARIZ
	Aaron Aguayo, ASU
	Stephen Pifer, COLO
	Bret Schoolmeester, COLO
	Jon Severy, COLO
	Brent Vaughn, COLO
	Neftalem Araia, STAN
	Ryan Hall, STAN
	Jon Rankin, UCLA
2003	Billy Nelson, COLO
	Dathan Ritzenhein, COLO
	Eric Logsdon, ORE
	Ian Dobson, STAN
	Ryan Hall, STAN
	Seth Hejny, STAN
	Louis Luchini, STAN
	Grant Robison, STAN
	Donald Sage, STAN
	Adam Tenforde, STAN
2002	Billy Nelson, COLO
	Ed Torres, COLO
	Jorge Torres, COLO
	Ryan Andrus, ORE
	Jason Hartmann, ORE
	Brett Holts, ORE
	Eric Logsdon, ORE
	Ian Dobson, STAN
	Ryan Hall, STAN
	Louis Luchini, STAN
	Grant Robison, STAN
	Donald Sage, STAN
	Adam Tenforde, STAN
2001	Fasil Bizuneh, ASU

	Dathan Ritzenhein, COLO
	Steve Slattery, COLO
	Ed Torres, COLO
	Jorge Torres, COLO
	Ian Dobson, STAN
	Louis Luchini, STAN
	Grant Robison, STAN
	Donald Sage, STAN
2000	Mike Friedberg, COLO
	Steve Slattery, COLO
	Sean Smith, COLO
	Ed Torres, COLO
	Jorge Torres, COLO
	Jason Hartmann, ORE
	Thomas Murley, STAN
	Jonathon Riley, STAN
1999	Fasil Bizuneh, ASU
	Mike Friedberg, COLO
	Andrew Bliss, ORE
	Steve Fein, ORE
	Jason Hartmann, ORE
	Jake Maas, STAN
	Thomas Murley, STAN
	Jonathon Riley, STAN
1998	Abdi Abdirahman, ARIZ
	Mike Friedberg, COLO
	Adam Goucher, COLO
	Ron Roybal, COLO
	Steve Fein, ORE
	Brad Hauser, STAN
	Brent Hauser, STAN
	Jonathon Riley, STAN
	Mark Hauser, UCLA
	Christian Belz, WASH
	Eric Kamau, WSU
	Bernard Lagat, WSU
1997	Abdi Abdirahman, ARIZ
	Adam Batliner, COLO
	Adam Goucher, COLO
	Matt Napier, COLO
	Tom Reese, COLO
	Jason Balkman, STAN
	Brad Hauser, STAN
	Brent Hauser, STAN
	Nathan Nutter, STAN
	Jonathon Riley, STAN
	Meb Keflezighi, UCLA
	Bernard Lagat, WSU
1996	Ricky Cron, COLO
	Chris Severy, COLO
	Zeke Tiernan, COLO
	Matthew Davis, ORE
	Oliver Wirz, ORE
	Brad Hauser, STAN
	Brent Hauser, STAN
	Greg Jimmerson, STAN
	Nathan Nutter, STAN
	J.J. White, STAN
	Meb Keflezighi, UCLA
1995	Bob Keino, ARIZ
	Jon Cooper, COLO
	Alan Culpepper, COLO
	Adam Goucher, COLO
	Clint Wells, COLO
	Rick Cantwell, ORE
	Matthew Davis, ORE
	David Gurry, ORE
	Karl Keska, ORE
	Greg Jimmerson, STAN
	Nathan Nutter, STAN

NATIONAL HONORS

1994	Meb Keflezighi, UCLA Martin Keino, ARIZ Jay Cleckler, COLO Jon Cooper, COLO Alan Culpepper, COLO Adam Goucher, COLO Clint Wells, COLO Matthew Davis, ORE Greg Jimmerson, STAN Meb Keflezighi, UCLA	1979	Dave Daniels, UCLA Steve Ortiz, UCLA Thom Hunt, ARIZ Mark Anderson, COLO Michael Buhmann, COLO Mark Spilsbury, COLO Rudy Chapa, ORE Don Clary, ORE Alberto Salazar, ORE Ron Cornell, UCLA Bill Stolp, WASH Joel Cheruiyot, WSU Henry Rono, WSU	1968	Greg Brock, STAN Gerry Lindgren, WSU Rick Riley, WSU John Lunn, COLO Craig Runyon, COLO Greg Brock, STAN Brook Thomas, STAN
1993	Richie Boulet, CAL Alan Culpepper, COLO Scott Larson, COLO Simon Baines, WASH Josephat Kapkory, WSU Patrick Muturi, WSU	1978	Thom Hunt, ARIZ Dirk Lakeman, ARIZ John Hunsaker, COLO Rudy Chapa, ORE Don Clary, ORE Ken Martin, ORE Alberto Salazar, ORE	1967	Craig Runyon, COLO Rick Trujillo, COLO Gerry Lindgren, WSU
1992	Shawn Found, COLO Gary Stolz, STAN Josephat Kapkory, WSU	1977	Thom Hunt, ARIZ David Shoots, ARIZ Mark Spilsbury, COLO Rudy Chapa, ORE Don Clary, ORE Bill McChesney, ORE Alberto Salazar, ORE Joel Cheruiyot, WSU Henry Rono, WSU	1966	Craig Runyon, COLO Tracy Smith, OSU Gerry Lindgren, WSU Chris Westman, WSU
1991	Martin Keino, ARIZ Lewis Todd, ASU Josephat Kapkory, WSU	1976	Terry Cotton, ARIZ Thom Hunt, ARIZ Rudy Chapa, ORE Dave Taylor, ORE Terry Williams, ORE Joshua Kimeto, WSU Samson Kimombwa, WSU Henry Rono, WSU	1965	Dave Wrighton, COLO Gary Benson, WSU Chris Westman, WSU
1990	Brian Grosso, ARIZ Pat Haller, ORE Pat Johnson, WASH E. J. Guo, WSU Samuel Kibiri, WSU	1975	Terry Cotton, ARIZ Terry Williams, ORE Kurt Beckman, WSU Joshua Kimeto, WSU John Ngeno, WSU	1964	Dave Wrighton, COLO Harry McCalla, STAN
1989	Mike Nahom, COLO Peter Fonseca, ORE Pat Haller, ORE Brad Hudson, ORE Terrence Mahon, ORE Alan Hjort, WASH	1974	Ed Mendoza, ARIZ Larry Lawson, ASU Mike Peterson, COLO Gary Barger, ORE Paul Geis, ORE Dave Taylor, ORE Terry Williams, ORE John Ngeno, WSU	1963	Dave Wrighton, COLO Ken Moore, ORE Clayton Steinke, ORE
1987	Matt Guisto, ARIZ Jacinto Navarrete, WSU	1973	Ed Mendoza, ARIZ John Gregorio, COLO Terry Williams, ORE Steve Prefontaine, ORE Dan Murphy, WSU John Ngeno, WSU	1962	Harry McCalla, STAN
1986	Matt Guisto, ARIZ Aaron Ramirez, ARIZ Chuck Trujillo, COLO Curt Corvin, WASH	1972	Randy James, ORE Dan Murphy, WSU	1961	Richard Cuddihy, OSU Dale Story, OSU
1985	Matt Guisto, ARIZ Andre Woods, ARIZ Dan Reese, COLO Chuck Trujillo, COLO Marc Olesen, STAN Jon Butler, UCLA	1971	Randy James, ORE Steve Prefontaine, ORE Phil Burkewist, WSU Dan Murphy, WSU		
1984	Tom Ansberry, ARIZ Jeff Cannada, ARIZ Dan Reese, COLO Peter Koech, WSU	1970	Steve Prefontaine, ORE Keith Munson, OSU Don Kardong, STAN Mark Hiefield, WSU Don Smith, WSU		
1983	Tom Ansberry, ARIZ Mike Blackmore, ORE Jim Hill, ORE Brad Simpson, ORE	1969	Mike McClendon, ORE Steve Prefontaine, ORE		
1982	Tom Downs, CAL Sam Reese, COLO Mark Scrutton, COLO Jim Hill, ORE Jon Butler, UCLA Steve McCormack, UCLA				
1981	Don Janicki, ARIZ Harrison Koroso, ARIZ Tom Downs, CAL Mark Scrutton, COLO Jon Butler, UCLA Dave Daniels, UCLA Steve McCormack, UCLA Richard Tuwei, WSU				
1980	Don Janicki, ARIZ Mark Scrutton, COLO Ron Cornell, UCLA				



PAC-12 CONFERENCE

NCAA **WOMEN'S
CROSS COUNTRY
HISTORY &
NATIONAL HONORS**
Through 2022

NCAA HISTORY-WOMEN

School (Years Participated)	# Appearances	Best Finish	1st	2nd	3rd
Arizona (1981-91-92-93-94-95-96-98-99-2000-01-09-10-11-12-13)	16	2nd	--	1	--
Arizona State (1998-99-2000-01-02-03-04-05-06-07-08-09-11)	13	4th	--	--	--
California (1984-88-2011-17)	4	9th	--	--	--
Colorado (1986-87-92-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-09-10-11-12-13-14-15-16-17-18-19-20-21-22)	32	1st	3	4	3
Oregon (1981-82-83-84-85-86-87-88-90-91-92-93-94-95-97-98-99-2000-07-08-09-10-11-12-13-14-15-16-17-18-19-21-22)	33	1st	4	4	3
Oregon State (2018-20-22)	3	16th	--	--	--
Stanford (1981-82-83-84-86-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16-17-18-19-20-21-22)	35	1st	5	5	7
UCLA (1985-86-88-98-99-2001-02-03-04-14-16)	11	6th	--	--	--
USC	0	N/A	--	--	--
Utah (2015-16-19-21-22)	5	12th	--	--	--
Washington (1982-89-92-94-95-97-98-99-2000-01-02-03-04-07-08-09-10-11-12-13-14-15-16-17-18-19-20-21-22)	29	1st	1	1	1
Washington State (1983-85)	2	7th	--	--	--

ALL-TIME NCAA RESULTS

Champion and Pac-12 finishers.

1981 (3)

1.	Virginia	36
2.	Oregon	83
3.	Stanford	105
8.	Arizona	182

1982 (3)

1.	Virginia	48
2.	Stanford	91
3.	Oregon	155
14.	Washington	278

1983 (3)

1.	OREGON	95
2.	Stanford	98
15.	Washington State	347

1984 (3)

1.	Wisconsin	63
2.	Stanford	89
4.	Oregon	119
15.	California	323

1985 (3)

1.	Wisconsin	58
6.	UCLA	200
7. (tie)	Washington State	227
11.	Oregon	264

1986 (4)

1.	Texas	62
4.	Oregon	167
6.	Colorado	186
11.	UCLA	226
15.	Stanford	314

1987 (2)

1.	OREGON	97
12.	Colorado	245

1988 (3)

1.	Kentucky	75
2.	Oregon	128
9.	California	236
13.	UCLA	273

1989 (1)

1.	Villanova	99
12.	Washington	286

1990 (1)

1.	Villanova	82
5.	Oregon	221

1991 (2)

1.	Villanova	85
5.	Oregon	191
11.	Arizona	294

1992 (4)

1.	Villanova	123
12.	Washington	334
14.	Arizona	360
15.	Oregon	372
20.	Colorado	454

1993 (4)

1.	Villanova	66
8.	Oregon	238
11.	Stanford	286
12.	Arizona	311
13. (tie)	Colorado	326

1994 (5)

1.	Villanova	75
4.	Colorado	126
7.	Stanford	198
10.	Arizona	273
13.	Oregon	349
15.	Washington	370

1995 (5)

1.	Providence	88
2.	Colorado	123
5.	Oregon	174
6.	Arizona	186
9.	Stanford	235
14.	Washington	347

1996 (2)

1.	STANFORD	101
4.	Colorado	145
6.	Arizona	214

1997 (4)

1.	BYU	100
2.	Stanford	102
3.	Colorado	178
8.	Oregon	234
14.	Washington	341

1998 (7)

1.	Villanova	106
3.	Stanford	111
7.	Colorado	332
9.	Washington	363
12.	Oregon	384
16.	Arizona	397
23. (tie)	Arizona State	534
28.	UCLA	574

1999 (7)

1.	BYU	72
3.	Stanford	127
8.	Colorado	351
12.	Arizona State	385
13.	Washington	403
19. (tie)	Oregon	460
27.	Arizona	608
30.	UCLA	631

2000 (6)

1.	COLORADO	117
3.	Stanford	198
6.	Arizona State	266
19.	Arizona	476
23.	Washington	521
28.	Oregon	619

2001 (6)

1.	BYU	62
4.	Arizona	194
5.	Stanford	206
8.	Colorado	240
14.	Washington	425
21.	UCLA	539
23.	Arizona State	554

2002 (5)

1.	BYU	85
2.	Stanford	113
5.	Colorado	220
23. (tie)	Arizona State	549
25. (tie)	UCLA	568
31.	Washington	699

2003 (5)

1.	STANFORD	120
5.	Colorado	269
7.	UCLA	293
14.	Arizona State	406
19.	Washington	486

2004 (5)

1.	COLORADO	63
5.	Stanford	175
9.	Arizona State	333
23.	Washington	533
27.	UCLA	640

2005 (3)

1.	STANFORD	146
2.	Colorado	181
4.	Arizona State	191

2006 (3)

1.	STANFORD	195
2.	Colorado	223
13.	Arizona State	375

2007 (5)

1.	STANFORD	145
2.	Oregon	177
4.	Arizona State	251
8.	Washington	358
23.	Colorado	479

2008 (4)

1.	WASHINGTON	79
2.	Oregon	131
8.	Stanford	299
14.	Arizona State	381

2009 (6)

1.	Villanova	86
3.	Washington	188
9.	Oregon	276
16.	Stanford	408
20.	Colorado	458
24.	Arizona State	520
30.	Arizona	682

2010 (5)

1.	Villanova	120
6.	Colorado	314
11.	Arizona	372
12.	Oregon	378
13.	Stanford	402
16.	Washington	413

2011 (7)

1.	Georgetown	162
2.	Washington	170
5.	Oregon	281
10.	Stanford	332
11.	Colorado	335
18.	California	433
19.	Arizona	447
31.	Arizona State	752

2012 (5)

1.	OREGON	114
3.	Stanford	198
6.	Arizona	263
9.	Washington	334
24.	Colorado	519

2013 (5)

1.	Providence	141
2.	Arizona	197
7.	Colorado	265
11.	Stanford	322
14.	Oregon	340
17.	Washington	376

2014 (5)

1.	Michigan State	85
6.	Oregon	249
7.	Colorado	267
14.	Stanford	415
23.	Washington	559
27.	UCLA	582

2015 (5)

1.	New Mexico	49
2.	Colorado	129
3.	Oregon	214
10.	Washington	297
14.	Stanford	379
26.	Utah	618

2016 (6)

1.	OREGON	125
3.	Colorado	134
5.	Stanford	255
12.	Washington	352
20.	Utah	493
28.	UCLA	596

2017 (5)

1.	New Mexico	90
3.	Colorado	139
4.	Stanford	165
5.	Oregon	203
21.	Washington	513
22.	California	530

2018 (5)

1.	COLORADO	65
3.	Oregon	160
5.	Stanford	232
9.	Washington	321
27.	Oregon State	600

2019 (5)

1.	Arkansas	96
3.	Stanford	123
10.	Colorado	294
11.	Washington	296
16.	Utah	471
26.	Oregon	618

2020 (4)

1.	BYU	96
3.	Stanford	207
7.	Colorado	279
13.	Washington	330
16.	Oregon State	375

2021 (5)

1.	NC State	84
4.	Colorado	187
6.	Stanford	233
11.	Washington	366
20.	Utah	483
24.	Oregon	534

2022 (6)

1.	NC State	114
11.	Colorado	286
12.	Utah	307
13.	Stanford	371
14.	Oregon	390
17.	Washington	470
24.	Oregon State	544

ALL-TIME NCAA RESULTS

NCAA TEAM CHAMPIONS FROM THE PAC-12

1983 Oregon
1987 Oregon
1996 Stanford
2000 Colorado
2003 Stanford
2004 Colorado
2005 Stanford
2006 Stanford
2007 Stanford
2008 Washington
2012 Oregon
2016 Oregon
2018 Colorado

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1996 Amy Skiersz, ARIZ
(17:04)
2000 Kara Grgas-Wheeler, COLO
(20:30.5)
2001 Tara Chaplin, ARIZ
(20:24)
2018 Dani Jones, COLO
(19:42.8)

Race Distance:
1981-99: 5,000 meters
2000-20: 6,000 meters

ALL-TIME NCAA CHAMPIONS

Team
Villanova 9
BYU..... 5
STANFORD..... 5
OREGON 4
COLORADO 3
NC State 2
New Mexico 2
Providence..... 2
Virginia 2
Wisconsin 2
Arkansas..... 1
Georgetown..... 1
Kentucky 1
Michigan State 1
Texas 1
WASHINGTON..... 1

Individual
Villanova 9
NC State 4
Texas Tech..... 3
Wisconsin 3
Arizona 2
COLORADO 2
Indiana 2
New Mexico 2
North Carolina..... 2
Northern Arizona..... 2
Alabama 1
BYU..... 1
Dartmouth 1
Iona 1
Iowa State 1
Illinois 1
Michigan..... 1
Missouri..... 1
Notre Dame 1
Providence..... 1
Virginia 1

ALL-TIME NCAA WEST REGION RESULTS

Champion and Pac-12 finishers.

1997 - Dell Urich Golf Course, Tucson, Ariz. (ARIZONA)

(out of 17 teams)

1. Stanford	37
2. Oregon	78
3. Washington	98
4. Arizona	127
5. UCLA	149
7. Washington State	201
8. USC	240
9. California	264
10. Arizona State	304

1998 - Woodward Park, Fresno, Calif. (Fresno)

(out of 31 teams)

1. Arizona	78
2. Stanford	80
3. Washington	110
4. Oregon	118
6. Arizona State	176
8. Washington State	225
9. California	270
11. USC	334

1999 - Blue Lake Park, Troutdale, Ore.

(out of 28 teams)

1. Stanford	29
2. Washington	63
3. Arizona State	86
4. UCLA	139
5. Oregon	158
6. Arizona	166
9. Washington State	281

2000 - Woodward Park, Fresno, Calif. (Fresno)

(out of 26 teams)

1. Stanford	58
2. Arizona State	88
3. Arizona	126
4. Oregon	169
5. Washington	170
7. Washington State	188
9. UCLA	199

2001 - Randolph North Golf Course, Tucson, Ariz. (ARIZONA)

(out of 23 teams)

1. Stanford	39
2. Arizona	80
3. Arizona State	83
4. Washington	115
5. UCLA	159
6. Washington State	214
12. Oregon	349

2002 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 28 teams)

1. Stanford	24
2. Arizona State	70
3. UCLA	82
4. Washington	120
5. Oregon	129
12. Washington State	390
13. California	394
21. Arizona	542

2003 - Blue Lake Park, Portland, Ore. (Portland)

(out of 31 teams)

1. Stanford	45
2. UCLA	69
3. Washington	94
4. Arizona State	112
8. Arizona	290
10. California	308
14. Washington State	362

2004 - Woodward Park, Fresno, Calif. (Fresno)

(out of 28 teams)

1. Stanford	29
2. Arizona State	45
5. Washington	143
6. UCLA	151
7. Arizona	245
8. Oregon	272
10. Washington State	320
14. USC	432
16. Oregon State	456

2005 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 30 teams)

1. Stanford	24
2. Arizona State	48
3. Washington	117
4. Oregon	139
5. UCLA	196
8. Washington State	299
11. California	313
12. Oregon State	335

2006 - Blue Lake Park, Fairview, Ore.

(out of 30 teams)

1. Stanford	42
3. Arizona State	83
4. Washington	140
5. UCLA	170
9. Washington State	275
10. Arizona	309
13. Oregon State	395
18. California	486

2007 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 31 teams)

1. Stanford	33
2. Oregon	72
3. Arizona State	106
4. Washington	118
6. Washington State	249
9. California	328
11. Arizona	352
13. Oregon State	375
16. USC	391
23. UCLA	597

2008 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 30 teams)

1. Washington	25
2. Oregon	62
3. Stanford	91
4. Arizona State	128
7. California	269
8. Arizona	290
9. Oregon State	321
10. Washington State	328
13. USC	378
17. UCLA	422

2009 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 25)

1. Washington	25
2. Oregon	66
3. Stanford	94
4. Arizona State	119
5. Arizona	202
8. California	255
9. Oregon State	302
11. UCLA	321
15. Washington State	410
20. USC	535

2010 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 31 teams)

1. Washington	73
2. Oregon	77
3. Stanford	86
4. Arizona	90
5. California	159
10. UCLA	312
13. Arizona State	372
16. Washington State	486
17. Oregon State	492

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 32 teams)

1. Washington	50
2. Arizona	98
3. Stanford	111
4. Oregon	120
5. California	141
7. Arizona State	241
16. Oregon State	150
18. UCLA	452

2013 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 32 teams)

1. Arizona	84
2. Stanford	94
3. Oregon	120
5. Washington	162
6. Arizona State	175
12. UCLA	330
13. California	353
14. Washington State	401
15. Oregon State	407

2014 - Stanford Oaks Golf Complex, Stanford, Calif. (STANFORD)

(out of 34 teams)

1. Oregon	88
3. Stanford	103
4. Washington	131
5. UCLA	176
7. California	177
8. Arizona State	215
10. Arizona	310
13. Washington State	360
19. USC	539
20. Oregon State	541

2015 - Jefferson Golf Course, Seattle (WASHINGTON)

(out of 35 teams)

1. Oregon	79
3. Washington	105
4. Stanford	121
7. California	234
8. Arizona State	243
10. UCLA	334
11. Washington State	343
14. Arizona	354
19. Oregon State	531

2016 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 35 teams)

1. Stanford	71
2. Washington	88
4. Oregon	107
6. UCLA	191
8. Arizona State	266
9. California	275
11. Arizona	287
12. Oregon State	398
18. Washington State	525

2017 - Jefferson Park Golf Course, Seattle, Wash. (WASHINGTON)

(out of 36 teams)

1. San Francisco	59
2. Stanford	76
3. Oregon	92
5. California	183
6. Washington	202
7. Arizona	203
9. Arizona State	304
12. UCLA	342
13. Oregon State	392
15. Washington State	420

2018 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 36 teams)

1. Oregon	44
3. Stanford	95
4. Washington	118
6. Oregon State	196
7. UCLA	215
12. Washington State	325
13. California	333
16. Arizona State	434

2019 - Colfax Golf Club, Colfax, Wash. (WASHINGTON STATE)

(out of 35 teams)

1. Stanford	39
2. Washington	49
4. Oregon	145
5. Arizona	188
7. Oregon State	248
9. Washington State	272
11. UCLA	322
12. California	323
17. Arizona State	495

2020 - Canceled

Regional meets were not held during the 2020 season (March 2021) due to the COVID-19 pandemic.

NCAA WEST REGIONALS Individual Champions

(Pac-12 only)

1997	Amy Skieresz, ARIZ	16:59.90 (5k)
1998	Amy Skieresz, ARIZ	16:26 (5k)
1999	Julia Stamps, STAN	16:50 (5k)
2000	Lisa Aguilera, ASU	20:25 (6k)
2001	Tara Chaplin, ARIZ	20:40.10 (6k)
2002	Alicia Craig, STAN	20:39 (6k)
2003	Alicia Craig, STAN	20:06 (6k)
2004	Alicia Craig, STAN	20:03 (6k)
2005	Arianna Lambie, STAN	19:29.3 (6k)
2006	Arianna Lambie, STAN	20:58.85 (6k)
2007	Teresa McWalters, STAN	19:57.30 (6k)
2008	Alex Kosinski, ORE	19:59.01 (6k)
2009	Kendra Schaff, WASH	20:41.70 (6k)
2010	Jordan Hasay, ORE	20:01.90 (6k)
2011	Jordan Hasay, ORE	19:44 (6k)
2012	Jordan Hasay, ORE	19:16 (6k)
2013	None	
2014	Shelby Houlihan, ASU	19:31.6 (6k)
2015	None	
2016	Amy-Eloise Neale, WASH	19:27.8 (6k)
2017	None	
2018	None	
2019	Ella Donaghu, STAN	19:50.8 (6k)
2020	Canceled	
2021	Julia Heymach, STAN	20:01.1 (6k)
2022	Kaylee Mitchell, OSU	19:19.2 (6k)

2021 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 35 teams)

1. Stanford	42
2. Washington	84
3. Oregon	100
7. Oregon State	206
12. Washington State	317
15. UCLA	450
17. California	536
21. Arizona State	639
22. USC	639

2022 - Chambers Creek Regional Park, University Park, Wash. (WASHINGTON)

(out of 35 teams)

1. Stanford	76
2. Oregon	96
3. Washington	114
4. Oregon State	150
12. Washington State	353
13. UCLA	368
20. Arizona	551
23. California	674
27. Arizona State	763

ALL-TIME NCAA MOUNTAIN REGION RESULTS

Champion and Pac-12 finishers.

1997 - Provo, Utah (BYU)

(out of 14 teams)

1.	BYU	29
2.	Colorado	64
7.	Utah	224

1998 - Provo, Utah (BYU)

(out of 13 teams)

1.	BYU	28
2.	Colorado	69
9.	Utah	234

1999 - Fort Collins, Colo. (Colorado State)

(out of 17 teams)

1.	BYU	20
2.	Colorado	61
14.	Utah	344

2000 - Rivedale, Utah

(out of 17 teams)

1.	Colorado	38
10.	Utah	317

2001 - Provo, Utah (BYU)

(out of 18 teams)

1.	BYU	31
2.	Colorado	48
8.	Utah	267

2002 - Albuquerque, N.M. (New Mexico)

(out of 18 teams)

1.	BYU	29
2.	Colorado	66
9.	Utah	235

2003 - Ogden, Utah (Weber State)

(out of 16 teams)

1.	BYU	34
2.	Colorado	67
15.	Utah	373

2004 - Fort Collins, Colo. (Colorado State)

(out of 15 teams)

1.	Colorado	32
9.	Utah	247

2005 - East Bay Golf Course, Provo, Utah (BYU)

(out of 18 teams)

1.	Colorado	53
15.	Utah	396

2006 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 17 teams)

1.	Colorado	64
T11.	Utah	301

2007 - Schneider's Riverside Golf Course, Ogden, Utah (Weber State)

(out of 17 teams)

1.	Colorado State	75
4.	Colorado	105
11.	Utah	269

2008 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 18 teams)

1.	Texas Tech	42
4.	Colorado	133
6.	Utah	188

2009 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 20 teams)

1.	Colorado	48
19.	Utah	522

2010 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)

(out of 19 teams)

1.	New Mexico	53
3.	Colorado	59
12.	Utah	307

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 19 teams)

T1.	Colorado	84
T1.	New Mexico	84
8.	Utah	221

2012 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 20 teams)

1.	Weber State	63
3.	Colorado	107

2013 - Riverdale Golf Course, Ogden, Utah (Weber State)

(out of 20 teams)

1.	Colorado	29
8.	Utah	214

2014 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 20 teams)

1.	Colorado	43
7.	Utah	246

2016 - Reeder Cross Country Course, Logan, Utah (Utah State)

(out of 20 teams)

1.	Colorado	35
4.	Utah	136

2017 - Reeder Cross Country Course, Logan, Utah (Utah State)

(out of 19 teams)

1.	Colorado	62
5.	Utah	149

2018 - East Bay Golf Course, Provo, Utah (BYU)

(out of 20 teams)

1.	New Mexico	41
2.	Colorado	53
11.	Utah	294

2019 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)

(out of 19 teams)

1.	BYU	70
4.	Colorado	113
5.	Utah	116

2020 - Canceled

Regional meets were not held during the 2020 season (March 2021) due to the COVID-19 pandemic.

2021 - Timpanogos Golf Club, Provo, Utah (BYU)

(out of 19 teams)

1.	New Mexico	62
2.	Colorado	83
5.	Utah	146

2022 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 19 teams)

1.	New Mexico	56
2.	Utah	103
5.	Colorado	135

NCAA MOUNTAIN REGIONALS Individual Champions

(Pac-12 only)

1997	None
1998	None
1999	Kara Wheeler, COLO.....16:39.40 (5k)
2000	Kara Grgas-Wheeler, COLO.....20:46.0 (6k)
2001	Jodie Hughes, COLO.....21:13.9 (6k)
2002	None
2003	None
2004	Renee Metevier, COLO.....20:05.4 (6k)
2005	None
2006	None
2007	None
2008	None
2009	Jenny Barringer, COLO.....20:29.0 (6k)
2010	None
2011	None
2012	None
2013	None
2014	None
2015	None
2016	None
2017	None
2018	None
2019	None
2020	Canceled
2021	None
2022	None

NATIONAL HONORS

USTFCCCA Athlete of the Year Cross Country

2018 Dani Jones, COLO

USTFCCCA Coach of the Year Peter Tegen Award (Women's)

2018 Mark Wetmore, COLO
2016 Maurica Powell, ORE
2012 Robert Johnson, ORE
2008 Greg Metcalf, WASH
2007 Peter Tegen, STAN
2006 Peter Tegen, STAN
2005 Peter Tegen, STAN
2004 Mark Wetmore, COLO
2000 Mark Wetmore, COLO
1996 Beth Alford-Sullivan, STAN

USTFCCCA Terry Crawford Program of the Year (Women's)

2018-19 Oregon
2017-18 Stanford
2016-17 Oregon
2015-16 Oregon
2014-15 Oregon
2013-14 Oregon
2012-13 Oregon
2011-12 Oregon
2010-11 Oregon
2009-10 Oregon
2008-09 Oregon

USTFCCCA All-Americans WOMEN

2022 Ella Baran, COLO
Zofia Dudek, STAN
Grace Fetherstonhaugh, OSU
Bailey Hertenstein, COLO
Kaylee Mitchell, OSU
Izzy Thornton-Bott, ORE
Emily Venters, UTAH
2021 Emily Covert, COLO
Julia Heymach, STAN
Abby Nichols, COLO
Allie Schadler, WASH
2020 Batya Beard, OSU
Ella Donaghu, STAN
Julia Heymach, STAN
Kaylee Mitchell, OSU
Abby Nichols, COLO
Allie Schadler, WASH
Poppy Tank, UTAH
2019 Ella Donaghu, STAN
Sage Hurta, COLO
Jessica Lawson, STAN
Fiona O'Keeffe, STAN
Katie Rainsberger, WASH
Christina Rice, UCLA
Mel Smart, WASH
2018 Dani Jones, COLO
Jessica Hull, ORE
Makena Morley, COLO
Elise Cranny, STAN
Weronika Pyzik, ORE
Tabor Scholl, COLO
Fiona O'Keeffe, STAN
Katie Rainsberger, WASH
Sage Hurta, COLO
Tayler Tuttle, COLO
Val Constien, COLO
Carmela Cardama Baez, ORE
Lilli Burdon, WASH

2017 Amy-Eloise Neale, WASH
Grayson Murphy, UTAH
Dani Jones, COLO
Fiona O'Keeffe, STAN
Katie Rainsberger, ORE
Lilli Burdon, ORE
Bethan Knights, CAL
Claire Green, ARIZ
Vanessa Fraser, STAN
Vallery Korir, WSU
Carmela Cardama Baez, ORE
Sage Hurta, COLO
Kaitlyn Benner, COLO
Brie Oakley, CAL
2016 Katie Rainsberger, ORE
Amy-Eloise Neale, WASH
Alli Cash, ORE
Samantha Nadel, ORE
Dani Jones, COLO
Kaitlyn Benner, COLO
Fiona O'Keeffe, STAN
Christina Aragon, STAN
Mackenzie Caldwell, COLO
Sage Hurta, COLO
2015 Kaitlyn Benner, COLO
Erin Clark, COLO
Alli Cash, ORE
Molly Grabill, ORE
Waverly Neer, ORE
Vanessa Fraser, STAN
Maddie Meyers, WASH
2014 Shelby Houlihan, ASU
Bethan Knights, CAL
Erin Clark, COLO
Elise Cranny, STAN
Maddie Meyers, WASH
2013 Elvin Kibet, ARIZ
Nicci Corbin, ARIZ
Shelby Houlihan, ASU
Kelsey Santisteban, CAL
Shalaya Kipp, COLO
Aisling Cuffe, STAN
Jessica Tonn, STAN
2012 Elvin Kibet, ARIZ
Jennifer Bergman, ARIZ
Shelby Houlihan, ASU
Shalaya Kipp, COLO
Jordan Hasay, ORE
Alexi Pappas, ORE
Katie Conlon, ORE
Aisling Cuffe, STAN
Kathy Kroeger, STAN
Cayla Hatton, STAN
Amanda Mergaert, UTAH
2011 Jennifer Bergman, ARIZ
Deborah Maier, CAL
Chelsea Reilly, CAL
Shalaya Kipp, COLO
Emma Coburn, COLO
Jordan Hasay, ORE
Kathy Kroeger, STAN
Stephanie Marcy, STAN
Katie Flood, WASH
Megan Goethals, WASH
2010 Deborah Maier, CAL
Laura Tremblay, COLO
Shalaya Kipp, COLO
Jordan Hasay, ORE
Alex Kosinski, ORE
2009 Allie McLaughlin, COLO
Jordan Hasay, ORE

Christine Babcock, WASH
Katie Follett, WASH
Mel Lawrence, WASH
Kendra Schaff, WASH
Christine Babcock, WASH
2008 Kari Hardt, ASU
Nicole Blood, ORE
Mattie Bridgmon, ORE
Alexandra Kosinski, ORE
Christine Babcock, WASH
Katie Follett, WASH
Mel Lawrence, WASH
Amanda Miller, WASH
Kendra Schaaf, WASH
2007 Ali Kielty, ASU
Jenna Kingma, ASU
Jenny Barringer, COLO
Sara Vaughn, COLO
Nicole Blood, ORE
Alexandra Kosinski, ORE
Lauren Centrowitz, STAN
Katie Harrington, STAN
Arianna Lambie, STAN
Anita Campbell, WASH
Katie Follett, WASH
2006 Jenny Barringer, COLO
Liza Pasciuto, COLO
Arianna Lambie, STAN
Teresa McWalters, STAN
2005 Amy Hastings, ASU
Christine Bolf, COLO
Liza Pasciuto, COLO
Lindsay Flacks, STAN
Arianna Lambie, STAN
Katy Trotter, STAN
Ashley Caldwell, UCLA
Haley Paul, WSU
2004 Amy Hastings, ASU
Christine Bolf, COLO
Natalie Florence, COLO
Renee Metivier, COLO
Liza Pasciuto, COLO
Sara (Gorton) Slattery, COLO
Laura Harmon, ORE
Alicia Craig, STAN
2003 Desiree Davila, ASU
Amy Hastings, ASU
Bridget Duffy, CAL
Renee Metivier, COLO
Kalin Toedebusch, COLO
Sara Bei, STAN
Alicia Craig, STAN
Arianna Lambie, STAN
Katy Trotter, STAN
Ashley Caldwell, UCLA
Valerie Flores, UCLA
Melissa McBain, UCLA
2002 Molly Austin, COLO
Natalie Florence, COLO
Sara (Gorton) Slattery, COLO
Carrie Zografos, ORE
Alicia Craig, STAN
Malindi Elmore, STAN
Lauren Fleshman, STAN
Lena Nilsson, UCLA
2001 Tara Chaplin, ARIZ
Lisa Aguilera, ASU
Molly Austin, COLO
Renee Metivier, COLO
Alicia Craig, STAN
Lauren Fleshman, STAN

Lisa Gibbs, WASH
Everlyn Lagat, WSU
2000 Lisa Aguilera, ASU
Jodie Hughes, COLO
Kara Grgas-Wheeler, COLO
Sara (Gorton) Slattery, COLO
Lauren Fleshman, STAN
Erin Sullivan, STAN
Cami Matson, WASH
1999 Tara Chaplin, ARIZ
Kelly MacDonald, ASU
Kara Grgas-Wheeler, COLO
Lauren Fleshman, STAN
Julia Stamps, STAN
Erin Sullivan, STAN
1998 Amy Skieresz, ARIZ
Priscilla Hein, ASU
Elissa Riedy, CAL
Heather Burroughs, COLO
Marie Davis, ORE
Caroline Annis, STAN
Mary Cobb, STAN
Sally Glynn, STAN
Julia Stamps, STAN
Anna Aoki, WASH
Megan Maynard, WSU
1997 Amy Skieresz, ARIZ
Kelly Smith, COLO
Marie Davis, ORE
Milena Glusac, ORE
Mary Cobb, STAN
Sally Glynn, STAN
Sarna Renfro, STAN
Julia Stamps, STAN
1996 Amy Skieresz, ARIZ
Colleen Glyde, COLO
Carrie Messner, COLO
Marie Davis, ORE
Monal Chokshi, STAN
Mary Cobb, STAN
Jessica Fry, STAN
Emebet Shiferaw, USC
1995 Anna Colonna, ARIZ
Amy Skieresz, ARIZ
Heather Burroughs, COLO
Colleen Glyde, COLO
Patty Roberts, COLO
Kelly Smith, COLO
Jenna Carlson, ORE
Melody Fairchild, ORE
Mary Cobb, STAN
Tara Carlson, WASH
1994 Suzanne Castruita, ARIZ
Heather Burroughs, COLO
Natalie Raveling, COLO
Patty Roberts, COLO
Milena Glusac, ORE
Kortney Dunscombe, STAN
Sarna Renfro, STAN
Karen Hecox, UCLA
1993 Brenda Sleenwenhoek, ARIZ
Jenna Carlson, ORE
Milena Glusac, ORE
Beth Bartholomew, UCLA
Karen Hecox, UCLA
1992 Jean Harvey, ARIZ
Stacie Hoytink, WASH
1991 Lisa Karnopp, ORE
Lucy Nurula, ORE
Carrie Moeller, WASH
1990 Sabrina Han, CAL

NATIONAL HONORS

	Stephanie Wessell, ORE		
	Liz Wilson, ORE		
1988	Bridget Smyth, ARIZ		
	Kristen O'Hara, CAL		
	Sally Wood, CAL		
	Penny Graves, ORE		
	Liz Wilson, ORE		
1987	Kristen O'Hara, CAL		
	Chris McNamara, COLO		
	Anette Hand, ORE		
	Penny Graves, ORE		
	Liz Wilson, ORE		
1986	Marilyn Davis, CAL		
	Carol McMordie, COLO		
	Chris McNamara, COLO		
	Penny Graves, ORE		
	Carol Gray, STAN		
	Polly Plummer, UCLA		
1985	Kristen O'Hara, CAL		
	Regina Jacobs, STAN		
	Polly Plummer, UCLA		
1984	Kathy Hayes, ORE		
	Leann Warren, ORE		
	Kim Roth, ORE		
	Regina Jacobs, STAN		
	Ellen Lyons, STAN		
	Alison Wiley, STAN		
1983	Kathy Hayes, ORE		
	Lisa Martin, ORE		
	Kim Roth, ORE		
	Regina Jacobs, STAN		
	Alison Wiley, STAN		
1982	Eryn Forbes, ORE		
	Ceci Hopp, STAN		
	Regina Jacobs, STA		
	Alison Wiley, STAN		
	Regina Joyce, WASH		
1981	Joan Hansen, ARIZ		
	Marjorie Kaput, ARIZ		
	Lynne Hjelte, CAL		
	Kathy Hayes, ORE		
	Eryn Forbes, ORE		
	Leann Warren, COLO		
	Ceci Hopp, STAN		
	PattiSue Plumer, STAN		
	Kim Schnurpfeil, STAN		
	Michelle Bush, UCLA		
1980	Joan Hansen, ARIZ		
	Marjorie Kaput, ARIZ		
	Linda Goen, UCLA		
	Regina Joyce, WASH		
1979	Joan Hansen, ARIZ		
	Joy Hansen, ARIZ		
	Jody Parker, ORE		
1978	Mary Decker, COLO		
	Lori Thrupp, STAN		
1977	Lori Thrupp, STAN		
1976	Lori Thrupp, STAN		
1973	Julie Brown, UCLA		
	Francie Larrieu, UCLA		