



PAC-12 CONFERENCE

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NCAA TITLE FOR OREGON WOMEN HIGHLIGHTS 2016 PAC-12 CROSS COUNTRY CAMPAIGN

PAC-12 CROSS COUNTRY - MEN'S REVIEW

Led by STANFORD's runner-up finish at the NCAA National Championship, the Pac-12 turned in the top men's performance by a league in 2016 with three teams in the top 10 and five in the top 15. The Pac-12 also had a national-best six entries in the 31-team field.

2016 PAC-12 MEN'S TEAM FINISHES AT NCAA CHAMPIONSHIP

1.	Northern Arizona	125
2.	Stanford	158
6.	Colorado	223
9.	Oregon	282
14.	Washington State.....	370
15.	UCLA	378
31.	California.....	776

The Pac-12 also had the most All-Americans, finishers in the top 40 at the NCAA meet, for the sixth consecutive year with nine:

2016 PAC-12 MEN'S ALL-AMERICANS

Edward Cheserek, Oregon (3rd)
Grant Fisher, Stanford (5th)
Ferdinand Edman, UCLA (14th)
Ben Saarel, Colorado (21st)
Sean McGorty, Stanford (24th)
Joe Klecker, Colorado (28th)
Matthew Maton, Oregon (29th)
Michael Williams, Washington State (30th)
John Dressel, Colorado (33rd)

While OREGON senior Edward Cheserek didn't capture an unprecedented fourth NCAA individual title, he did garner All-America honors for the fourth straight year after becoming the first male to win four consecutive Pac-12 individual crowns and Conference Athlete of the Year awards.

PAC-12 CROSS COUNTRY - WOMEN'S REVIEW

Behind the fourth NCAA national championship in program history, including its second since 2012, OREGON led a banner postseason for the six Pac-12 women's programs in the field. The league recorded three top-5 finishes at the NCAA meet, the most for a conference since the Big East in 2013, along with WASHINGTON placing 12th and UTAH posting its best national finish ever at 20th.

2016 PAC-12 WOMEN'S TEAM FINISHES AT NCAA CHAMPIONSHIP

1.	OREGON	125
3.	Colorado	134
5.	Stanford	255
12.	Washington	352
20.	Utah	493
28.	UCLA	596

OREGON edged Michigan, 125-126, in the closest finish in event history. That margin was even more razor-thin when considering the Ducks' final scorer, Maggie Schmaedick (64th place, 20:38.1), beat out the Wolverines last scorer, Jamie Phelan (65th place, 20:38.2), by just one-tenth of a second.

The Ducks' title marked the 12th all-time for current Pac-12 members, which ties the Big East for the most national titles by a conference.

The Pac-12 also had the most All-Americans, finishers in the top 40 at the NCAA meet, for the fourth time in the past six years with 10:

2016 PAC-12 WOMEN'S ALL-AMERICANS

Katie Rainsberger, Oregon (4th)
Amy-Eloise Neale, Washington (8th)
Alli Cash, Oregon (14th)
Samantha Nadel, Oregon (21st)
Dani Jones, Colorado (22nd)
Kaitlyn Benner, Colorado (26th)
Fiona O'Keeffe, Stanford (37th)
Christina Aragon, Stanford (38th)
Mackenzie Caldwell, Colorado (39th)
Sage Hurta, Colorado (40th)

USTFCCCA RANKINGS

PAC-12 WEEK-BY-WEEK RANKED TEAMS

	MXC	WXC
Preseason.....	4.....	4.....
Sept. 13.....	4.....	4.....
Sept. 20.....	5.....	5.....
Sept. 27.....	6.....	6.....
Oct. 4.....	5.....	5.....
Oct. 18.....	6.....	7.....
Nov. 1.....	5.....	6.....
Nov. 14.....	6.....	6.....

MEN'S (Nov. 14)

Rank	School (1st Place)	Points	Lst Wk
1	Northern Arizona (12)	360	1
2	COLORADO	344	2
3	STANFORD	329	4
4	BYU	321	3
5	Syracuse	320	5
6	Arkansas	303	6
7	Iona	273	7
8	Oklahoma State	271	9
9	Portland	264	12
10	UCLA	244	8
11	Mississippi	243	11
12	Wisconsin	230	14
13	OREGON	220	10
14	Colorado State	167	19
15	Michigan State	165	18
16	Tulsa	163	23
17	NC State	161	27
18	WASHINGTON STATE	156	17
19	UTEP	153	15
20	Georgetown	132	22
21	Virginia	112	16
22	Middle Tennessee	106	26
23	Iowa State	105	13
24	Illinois	87	NR
25	Southern Utah	68	24
26	Navy	60	NR
26	CALIFORNIA	60	NR
28	Dartmouth	37	NR
29	Boise State	36	20
30	Providence	34	30

Others Receiving Votes: Indiana 32, Furman 8, Bradley 6, Texas 5, Eastern Michigan 5.

WOMEN'S (Nov. 14)

Rank	School (1st Place)	Points	Lst Wk
1	COLORADO (12)	360	1
2	NC State	343	2
3	Providence	335	3
4	STANFORD	315	7
5	Michigan	314	5
6	New Mexico	291	6
7	WASHINGTON	285	4
8	Penn State	281	9
9	Arkansas	278	7
10	San Francisco	228	16
11	Notre Dame	225	14
12	OREGON	223	11
13	Missouri	190	RV
14	Portland	188	10
15	Oklahoma State	169	17
16	Iowa State	168	12
17	Harvard	161	18
18	Villanova	139	21
19	Mississippi State	127	RV
20	Air Force	120	29
21	Mississippi	111	14
22	Michigan State	108	22
23	Baylor	102	25
24	Eastern Michigan	91	13
25	Wisconsin	82	NR
26	Yale	80	23
27	UTAH	77	20
28	BYU	75	18
29	Penn	60	24
30	UCLA	28	RV

Others Receiving Votes: Louisville 15, West Virginia 7, Dartmouth 1, Kentucky 1.

PAC-12 CROSS COUNTRY - CONFERENCE OF CHAMPIONS

The Pac-12 is the winningest conference in NCAA Cross Country history, as current league members boast:

- A national-best 28 NCAA Cross Country team titles (16 men, second-best among conferences & 12 women, tied for most among conferences)
- A national-best 28 NCAA Cross Country individual titles (25 men, most of any conference/3 women)
- 34 NCAA Cross Country runner-up team finishes (19 men/15 women)
- Current Pac-12 members boast nine total USTFCCCA men's cross country national athlete of the year awards, with the next closest conference with three (Big South).

Since expanding to the Pac-12 in 2011, the league has produced the most competitive and successful NCAA teams and individuals in the country, highlighted by:

MEN'S CROSS COUNTRY

- 2 NCAA men's team national champions, the most of any conference.
- 11 Top 5 men's team finishes at NCAA Championship, the most of any conference. The ACC and Big Sky are second with four apiece.
- 4 NCAA men's individual national champions, the most of any conference.
- 56 men's All-Americans, the most of any conference. The ACC is second with 30.
- The most men's All-Americans each year, highlighted by 15 in 2014, 12 in 2015 and nine in 2016.
- 28 men's NCAA Championship participant teams, second-most of any conference behind only the ACC's 29.
- The most men's NCAA Championship participant teams in 2014 (five), 2015 (league-record seven) and 2016 (six).

WOMEN'S CROSS COUNTRY

- 2 NCAA women's team national champions, tied with the Big East for the most of any conference.
- 10 Top 5 women's team finishes at NCAA Championship, the most of any conference.
- 50 women's All-Americans, the most of any conference. The ACC is second with 28.
- 33 women's NCAA Championship participant teams, the most of any conference.
- Six consecutive years with at least five women's NCAA Championship participant teams, the only conference in the nation with such a streak.
- The most women's NCAA Championship participant teams in four of last six years: 2011 (seven), 2012 (five), 2015 (five) and 2016 (six).

2016 PAC-12 CHAMPIONSHIPS REVIEW

TUCSON, Ariz. - OREGON senior **Edward Cheserek** made history as the first four-time men's individual champion in Conference history and COLORADO swept the men's and women's team titles for the second consecutive year to highlight the 2016 Pac-12 Cross Country Championships hosted by ARIZONA at Randolph North Golf Course on Friday, Oct. 28.

Along with the team and men's individual titles, WASHINGTON's **Amy-Eloise Neale** captured the women's 6,000-meter individual crown in 20:22.9, out kicking COLORADO's **Erin Clark** and **Dani Jones** to the finish by just 0.4 and 1.5 seconds, respectively.

Cheserek passed distance legends and three-time league men's champs **Steve Prefontaine** (OREGON, 1970-71 & 1973) and **Henry Rono** (WASHINGTON STATE, 1976 & 1978-79) with his four-peat, joining ARIZONA alumna **Amy Skieresz** (1995-98) as the Conference's only four-time individual cross country champions.

Cheserek broke free midway through the 8,000-meter race and coasted to a 14-second victory in 23:58.9, besting runner-up **Grant Fisher** (24:13.5) from STANFORD.

The No. 7 COLORADO men won the team title for the sixth consecutive year – every year since joining the Pac-12 in 2011 – to match the Conference record set by STANFORD from 2000-05.

Led by top-10 showings from **Ben Saarel** (third), **Zach Perrin** (fourth), **John Dressel** (sixth) and **Ryan Forsyth** (ninth), the Buffaloes totaled 41 points to narrowly defeat the No. 2 nationally ranked Cardinal (47). No. 10 UCLA (58) placed third, No. 3 OREGON (94) came in fourth, and No. 15 WASHINGTON STATE (130) closed the top 5.

Paced by Clark, Jones and top-10 finishes by **Kaitlyn Benner** (fourth) and **Makena Morley** (ninth), the No. 1 nationally ranked COLORADO women amassed 33 points to coast to their second straight Pac-12 women's team crown. The Buffaloes, who were cheered on by alumna and 2016 Rio Olympics 1,500-meter bronze medalist **Jenny Simpson**, are the first repeat Conference champion since WASHINGTON accomplished the feat in 2008 and 2009.

No. 2 WASHINGTON, powered by Neale's individual title, was the runner-up with 74 points, followed by No. 11 STANFORD (83) in third, No. 5 OREGON (88) in fourth and No. 17 UTAH (169) in fifth.

It marked the third time COLORADO swept the men's and women's team titles (2011, 2015-16) since joining the league in 2011.

2016 PAC-12 CROSS COUNTRY CHAMPIONSHIPS

MEN'S 8,000M TEAM RESULTS

1. ...COLORADO	3-4-6-9-19-32-41	41
2. ...STANFORD	2-7-8-14-16-34-36	47
3. ...UCLA	5-10-11-12-20-35-37	58
4. ...OREGON	1-13-22-28-30-33-42	94
5. ...WASHINGTON STATE	15-24-26-27-38-39-40	130
6. ...CALIFORNIA	17-21-29-44-52-53-62	163
7. ...WASHINGTON	18-31-43-45-50-54-58	187
8. ...ARIZONA STATE	25-46-48-51-55-57-60	225
9. ...ARIZONA	23-47-49-56-59-61-63	234

2016 PAC-12 CROSS COUNTRY CHAMPIONSHIPS

MEN'S 8,000M TOP FINISHERS

1. ...EDWARD CHESEREK	SR	ORE	23:58.9
2. ...GRANT FISHER	SO	STAN	24:13.5
3. ...BEN SAAREL	SR	COLO	24:16.5
4. ...ZACH PERRIN	JR	COLO	24:17.1
5. ...FERDINAND EDMAN	SR	UCLA	24:18.4
6. ...JOHN DRESSEL	SO	COLO	24:20.8
7. ...SEAN MCGORTY	SR	STAN	24:22.9
8. ...THOMAS RATCLIFFE	FR	STAN	24:31.9
9. ...RYAN FORSYTH	SO	COLO	24:39.5
10. ...JONAH DIAZ	SR	UCLA	24:42.2

2016 PAC-12 CROSS COUNTRY CHAMPIONSHIPS

WOMEN'S 6,000M TEAM RESULTS

1. ...COLORADO	2-3-4-9-15-16-17	33
2. ...WASHINGTON	1-6-19-21-27-29-48	74
3. ...STANFORD	8-11-14-20-30-39-45	83
4. ...OREGON	5-13-22-23-25-26-43	88
5. ...UTAH	12-32-37-38-50-63-65	169
6. ...CALIFORNIA	7-31-34-53-59-64-66	184
7. ...UCLA	28-33-42-47-51-52-62	201
8. ...ARIZONA	10-18-49-60-67-74-79	204
9. ...OREGON STATE	24-40-41-58-61-69-71	224
10. ...ARIZONA STATE	35-44-46-55-56-72-76	236
11. ...WASHINGTON STATE	36-57-68-70-73-75-77	304
12. ...USC	54-78-80-81-82	375

2016 PAC-12 CROSS COUNTRY CHAMPIONSHIPS

WOMEN'S 6,000M TOP FINISHERS

1. ...AMY-ELOISE NEALE	JR	WASH	20:22.9
2. ...ERIN CLARK	SR	COLO	20:23.3
3. ...DANI JONES	SO	COLO	20:24.4
4. ...KAITLYN BENNER	JR	COLO	20:28.3
5. ...KATIE RAINSBERGER	FR	ORE	20:30.6
6. ...CHARLOTTE PROUSE	SO	WASH	20:32.0
7. ...BETHAN KNIGHTS	JR	CAL	20:34.3
8. ...VANESSA FRASER	JR	STAN	20:35.2
9. ...MAKENA MORLEY	SO	COLO	20:43.0
10. ...ADDI ZERRENNER	SO	ARIZ	20:47.6



Pac-12 distance running was on full display at the 2016 Rio Olympics with 15 former cross country runners from current league members competing, highlighted by medals from COLORADO alumnae **Emma Coburn** and **Jenny Simpson** and OREGON alumnus **Galen Rupp**, as well as WASHINGTON STATE alumnus and ARIZONA volunteer assistant coach **Bernard Lagat** racing in his fifth Olympic Games.

NAME	SCHOOL	RIO EVENT(S)
Zoe Buckman	Oregon	1500m
Emma Coburn	Colorado	Steeplechase (Bronze)
Amy (Hastings) Cragg	Arizona State	Marathon
Matthew Centrowitz	Oregon	1500m
Zsolia Erdelyi	USC	Marathon
Shelby Houlihan	Arizona State	5000m
Meb Keflezighi	UCLA	Marathon
Bernard Lagat	WSU	5000m
Desiree (Davila) Linden	Arizona State	Marathon
Alexi Pappas	Oregon	10000m
Galen Rupp	Oregon	Marathon (Bronze), 10,000m
Jenny Simpson	Colorado	1500m (Bronze)
David Torrence	California	800m/1500m
Carlos Trujillo	Oregon	Marathon
Chris Winter	Oregon	Steeplechase

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2016 PAC-12 NCAA REGIONAL CHAMPIONSHIPS REVIEW

2016 NCAA WEST REGIONAL CHAMPIONSHIPS

HAGGIN OAKS GOLF COMPLEX SACRAMENTO, CALIF. (SACRAMENTO STATE)

MEN'S 10,000M PAC-12 TEAM RESULTS

1. STANFORD	75
3. UCLA	112
4. OREGON	122
5. WASHINGTON STATE	143
6. CALIFORNIA	188
10. WASHINGTON	262
13. ARIZONA STATE	367

MEN'S 10,000M PAC-12 CHAMPION

1. EDWARD CHESEREK, ORE.....	29:23.7
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2016 NCAA MOUNTAIN REGIONAL CHAMPIONSHIPS

REEDER CROSS COUNTRY COURSE LOGAN, UTAH (UTAH STATE)

MEN'S 10,000M PAC-12 TEAM RESULTS

1. Northern Arizona	60
2. COLORADO	76

2016 NCAA WEST REGIONAL CHAMPIONSHIPS

HAGGIN OAKS GOLF COMPLEX SACRAMENTO, CALIF. (SACRAMENTO STATE)

WOMEN'S 6,000M PAC-12 TEAM RESULTS

1. STANFORD	71
2. WASHINGTON	88
4. OREGON	107
6. UCLA	191
8. ARIZONA STATE	266
9. CALIFORNIA	275
11. ARIZONA	287
12. OREGON STATE	398
18. WASHINGTON STATE	525

WOMEN'S 6,000M PAC-12 CHAMPION

1. AMY-ELOISE NEALE, WASH.....	19:27.8
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2016 NCAA MOUNTAIN REGIONAL CHAMPIONSHIPS

REEDER CROSS COUNTRY COURSE LOGAN, UTAH (UTAH STATE)

WOMEN'S 6,000M PAC-12 TEAM RESULTS

1. COLORADO	35
4. UTAH	136

2016 PAC-12 CROSS COUNTRY AWARD WINNERS

MEN'S ALL-PAC-12

First Team

Edward Cheserek, Sr., Oregon
Grant Fisher, So., Stanford
Ben Saarel, Sr., Colorado
Zach Perrin, Jr., Colorado
Ferdinand Edman, Sr., UCLA
John Dressel, So., Colorado
Sean McGorty, Sr., Stanford

Second Team

Thomas Ratcliffe, Fr., Stanford
Ryan Forsyth, So., Colorado
Jonah Diaz, Sr., UCLA
Collin Burke, Fr., UCLA
Austin O'Neil, Sr., UCLA
Travis Neuman, Jr., Oregon
Garrett Sweatt, Sr., Stanford

Men's Athlete of the Year

Edward Cheserek, Sr., Oregon

Men's Scholar-Athlete of the Year

Ben Saarel, Sr., Colorado

Men's Freshman of the Year

Thomas Ratcliffe, Fr., Stanford

Men's Coach of the Year

Mark Wetmore, Colorado

MEN'S USTFCCCA REGIONAL AWARDS

West Region Athlete of the Year

Edward Cheserek, Oregon

West Region Coach of the Year

Chris Miltenberg, Stanford

WOMEN'S ALL-PAC-12

First Team

Kaitlyn Benner, Jr., Colorado
Erin Clark, Sr., Colorado
Dani Jones, So., Colorado
Bethan Knights, Jr., California
Amy-Eloise Neale, Jr., Washington
Charlotte Prouse, So., Washington
Katie Rainsberger, Fr., Oregon

Second Team

Christina Aragon, Fr., Stanford
Alli Cash, Jr., Oregon
Vanessa Fraser, Jr., Stanford
Makena Morley, So., Colorado
Grayson Murphy, Jr., Utah
Fiona O'Keeffe, Fr., Stanford
Addi Zerrenner, So., Arizona

Women's Athlete of the Year

Amy-Eloise Neale, Jr., Washington

Women's Scholar-Athlete of the Year

Erin Clark, Sr., Colorado

Women's Freshman of the Year

Katie Rainsberger, Fr., Oregon

Women's Coach of the Year

Mark Wetmore, Colorado

WOMEN'S USTFCCCA REGIONAL AWARDS

West Region Athlete of the Year

Amy-Eloise Neale, Washington

Mountain Region Coach of the Year

Mark Wetmore, Colorado

West Region Coach of the Year

Elizabeth Debole, Stanford

WOMEN'S USTFCCCA NATIONAL AWARDS

National Coach of the Year

Maurica Powell, Oregon

PAC-12 ALL-ACADEMIC - MEN'S CROSS COUNTRY

First Team

Yr.	GPA	Major
CJ Albertson, ASU	SR	3.78 Physical education (Master's)
Cody Brazeal, ASU	RS JR	4.00 Biological sciences (Animal physiology)
Chandler Teigen, WSU	SO	4.00 Undeclared
Garrett Corcoran, CAL	JR	3.69 Mechanical engineering
Jake Finney, WSU	SO	3.92 Mathematics
Adam Peterman, COLO	JR	3.77 Environmental studies/Geology
Sam Prakes, ORE	RS JR	3.94 Biochemistry
John Reniewicki, ASU	RS SO	3.86 Graphic design
Ben Saarel, COLO	SR	3.97 Engineering physics
Millen Trujillo, UCLA	RS FR	3.85 Undeclared

Second Team

Yr.	GPA	Major
Kai Benedict, CAL	SO	3.88 Undeclared
Colin Burke, UCLA	RS FR	3.61 Undeclared
Steven Fahy, STAN	RS SO	3.56 Human biology
Grant Fisher, STAN	SO	3.67 Undeclared
Jeffrey Gautreau, ARIZ	SR	3.52 Mechanical engineering
Jack Keelan, STAN	RS JR	3.57 Product design
Sean McGorty, STAN	SR	3.51 Management science & engineering
Paul Miller, COLO	JR	3.67 Neuroscience/Ecology & Evolutionary biology
Travis Neuman, ORE	RS JR	3.63 Biology
Nathan Wadhvani, WSU	SO	3.76 Undeclared

HONORABLE MENTION: Sahm Bazargan, UCLA; Brandon Boys, ASU; Robert Brandt, CAL; Trent Brendel, CAL; Hunter Davila, ARIZ; Bryan Fernandez, ORE; Ryan Forsyth, COLO; Reilly Friedman, COLO; Andrew Gardner, WASH; George Gleason, UCLA; Ethan Gonzales, COLO; Jackson Haselnus, WSU; Chris Herrick, COLO; Richard Ho, UCLA; John Hogan, CAL; Leland Jones, CAL; Collins Kibet, ARIZ; Joe Klecker, COLO; Max Leach, CAL; Josh Lewis, CAL; Jackson Marshall, UCLA; Christian Martin, COLO; Blake Nelson, WASH; Austin O'Neil, UCLA; Simon Paige, ASU; Justice Ramos, COLO; Paul Ryan, WSU; Andrew Snyder, WASH; Mick Stanovsek, ORE; Johnathan Stevens, WASH; Garrett Sweatt, STAN; Nathan Tadesse, WSU; Cameron Tu, CAL; Emilio Vasquez, ARIZ; Sam Wharton, STAN; John Whelan, WSU; Keith Williams, WASH.

PAC-12 ALL-ACADEMIC - WOMEN'S CROSS COUNTRY

First Team

Yr.	GPA	Major
Georgia Bell, CAL	GR	4.00 Education
Kaitlyn Benner, COLO	JR	3.90 Chemical & biological engineering
Mackenzie Caldwell, COLO	RS SO	3.89 Accounting
Elise Cranny, STAN	RS SO	3.98 Human biology
Samantha Lewis, OSU	SR	3.90 Exercise and sports science
Amy-Eloise Neale, WASH	JR	3.80 Public health bioethics & humanities
Steffie Pavey, WSU	SR	3.92 Accounting
Giselle Slotboom, UTAH	RS SR	4.00 Parks, recreation & tourism
Megan Spehar, UTAH	SO	4.00 Parks, recreation & tourism
Emily Weber, OSU	RS SR	3.91 Kinesiology

Second Team

Yr.	GPA	Major
Josie Brown, WSU	SO	3.84 Undeclared
Alli Cash, ORE	RS JR	3.72 Human physiology
Katherine Dittmann, WSU	SO	3.85 Undeclared
Claire Green, ARIZ	JR	3.74 Marketing
Grace Hodge, WASH	SR	3.80 Accounting
Danielle Katz, STAN	SR	3.70 Product design
Juliana Mount, OSU	SO	3.90 Exploratory studies
Melanie Nun, COLO	RS JR	3.80 Mathematics (BA)/Applied mathematics (MS)
Maggie Schmaedick, ORE	SR	3.70 Biology
Hannah Whetzel, ARIZ	SO	3.86 Mechanical engineering

HONORABLE MENTION: Emma Abrahamson, ORE; Chelsey Albertson, ASU; Morgan Anderson, OSU; Frida Berge, ORE; Devon Bortfeld, WSU; Josephine Bosserman, WASH; Erin Clark, COLO; Shaylen Crook, UTAH; Carissa Diaz, ASU; Rebekah Ent, USC; Caitlin Faust, UTAH; Kayla Ferron, ARIZ; Kaylee Flanagan, WASH; Vanessa Fraser, STAN; Jackie Garner, UCLA; Nicole Goecke, OSU; Amber Gore, USC; Dakota Grossman, UTAH; Emily Hamlin, WASH; Natalie Herberg, CAL; Jessica Hull, ORE; Dani Jones, COLO; Kathryn Knight, WASH; Bethan Knights, CAL; Kala Kopecek, OSU; Karina Mann, COLO; Ashley Maton, ORE; Lauren Maurer, USC; Anna Maxwell, WASH; Lucy May, COLO; Hannah McInturf, UTAH; Sam McKinnon, OSU; Abbie McNulty, STAN; Madison Moore, UCLA; Margie Moyer, ARIZ; Jade Mulvey, UTAH; Anna Pruter, ASU; Sophia Racette, USC; Sarah Riggs, UCLA; Nuria Tio Peig, CAL; Kirsten Vergara, ARIZ; Sadie Wassum, UTAH; Kristiane Width, OSU; Marissa Williams, CAL; Morgan Willson, WSU; Veronica Yamane, UCLA; Addi Zerrenner, ARIZ.



PAC-12 CONFERENCE

NCAA **MEN'S
CROSS COUNTRY
HISTORY &
NATIONAL HONORS**

Through 2016

NCAA HISTORY-MEN

School (Years Participated)	# Appearances	Best Finish	1st	2nd	3rd
Arizona (1972-76-77-78-80-81-82-83-84-85-86-87-90-91-92-94-98-99-2000-01-03-05-06)	23	2nd	0	1	1
Arizona State (1999-2001-04-05-07-09)	6	8th	0	0	0
California (2007-08-10-15-16)	5	16th	0	0	0
Colorado (1957-62-65-66-67-68-70-71-73-75-76-77-78-79-80-82-84-85-86-87-89-92-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16)	46	1st	5	3	6
Oregon (1963-64-65-69-70-71-72-73-74-75-76-77-78-79-80-82-83-86-88-89-90-92-93-95-96-97-98-99-2001-02-03-06-07-08-09-10-12-13-14-15-16)	41	1st	6	8	4
Oregon State (1961-62-66-72-73)	5	1st	1	0	0
Stanford (1968-85-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16)	25	1st	4	5	2
UCLA (1979-80-81-82-83-85-2006-08-12-14-15-16)	12	5th	0	0	0
USC (1968)	1	3rd	0	0	1
Utah (1967)	1	10th	0	0	0
Washington (1977-87-88-89-90-91-93-2003-05-06-08-09-14-15)	14	4th	0	0	0
Washington State (1966-69-71-72-73-74-75-76-78-79-84-98-2006-11-15-16)	16	2nd	0	2	2

ALL-TIME NCAA RESULTS

Champion and Pac-12 finishers.

1938 (0)
1. Indiana..... 51

1939 (0)
1. Michigan State..... 54

1940 (0)
1. Indiana..... 65

1941 (0)
1. Rhode Island..... 83

1942 (0)
1. (tie) Indiana/Penn State.. 57

1943 (0)
No meet held.

1944 (0)
1. Drake..... 25

1946 (0)
1. Drake..... 42

1947 (0)
1. Penn State..... 60

1948 (0)
1. Michigan State..... 41

1949 (0)
1. Michigan State..... 59

1950 (0)
1. Penn State..... 53

1951 (0)
1. Syracuse..... 80

1952 (0)
1. Michigan State..... 65

1953 (0)
1. Kansas..... 70

1954 (0)
1. Oklahoma State..... 61

1955 (0)
1. Michigan State..... 46

1956 (0)
1. Michigan State..... 28

1957 (0)
1. Notre Dame..... 121

1958 (0)
1. Michigan State..... 79

1959 (0)
1. Michigan State..... 44

1960 (0)
1. Houston..... 54

1961 (1)
1. **OREGON STATE**..... 68

1962 (2)
1. San Jose State..... 58
7. Colorado..... 202
8. Oregon State..... 206

1963 (1)
1. San Jose State..... 53
2. Oregon..... 68

1964 (1)
1. Western Mich..... 86
2. Oregon..... 116

1965 (2)
1. Western Mich..... 81
8. Oregon..... 229
14. Colorado..... 281

1966 (2)
1. Villanova..... 79
5. Washington State... 208
6. Colorado..... 248
7. (tie) Oregon State..... 253

1967 (1)
1. Villanova..... 91
3. Colorado..... 110
10. Utah..... 244

1968 (3)
1. Villanova..... 78
2. Stanford..... 100
3. USC..... 115
5. Colorado..... 241

1969 (2)
1. UTEP..... 74
3. Oregon..... 113
4. Washington State... 187

1970 (2)
1. Villanova..... 85
2. Oregon..... 86
15. Colorado..... 450

1971 (3)
1. **OREGON**..... 83
2. Washington State... 122
26. Colorado..... 662

1972 (4)
1. Tennessee..... 134
3. Oregon..... 158
4. Washington State... 167
16. Oregon State..... 379
20. Arizona..... 439

1973 (4)
1. **OREGON**..... 89
3. Washington State... 166
6. (tie) Colorado..... 217
14. Oregon State..... 305

1974 (2)
1. **OREGON**..... 77
4. Washington State... 144

1975 (3)
1. UTEP..... 88
2. Washington State... 92
11. Oregon..... 319
20. Colorado..... 447

1976 (4)
1. UTEP..... 62
2. Oregon..... 117
3. Washington State... 179
7. Arizona..... 324
20. Colorado..... 471

1977 (4)
1. **OREGON**..... 100
9. Arizona..... 262
10. Colorado..... 303
13. Washington..... 361

1978 (4)
1. UTEP..... 56
2. Oregon..... 72
5. Colorado..... 234
7. Arizona..... 248
29. Washington State... 720

1979 (4)
1. UTEP..... 86
2. Oregon..... 93
4. Colorado..... 189
9. Washington State... 278
15. UCLA..... 386

1980 (4)
1. UTEP..... 58
5. UCLA..... 207
13. Colorado..... 369
19. (tie) Oregon..... 462
22. Arizona..... 484

1981 (2)
1. UTEP..... 17
5. UCLA..... 187
7. Arizona..... 253

1982 (4)
1. Wisconsin..... 59
7. Colorado..... 219
9. UCLA..... 250
10. Oregon..... 266
11. Arizona..... 272

1983 (3)
1. UTEP*..... 108
3. Oregon..... 171
14. (tie) Arizona..... 322
20. UCLA..... 361
**UTEP's participation in championships vacated by NCAA Committee on Infractions.*

1984 (3)
1. Arkansas..... 101
2. Arizona..... 111
7. Washington State... 214
22. Colorado..... 413

1985 (4)
1. Wisconsin..... 67
3. Colorado..... 167
4. Arizona..... 175
12. UCLA..... 283
17. Stanford..... 380

1986 (3)
1. Arkansas..... 69
4. Oregon..... 185
5. Colorado..... 195
6. Arizona..... 224

1987 (3)
1. Arkansas..... 87
6. Arizona..... 244
15. Colorado..... 385
22. Washington..... 481

1988 (2)
1. Wisconsin..... 105
7. Oregon..... 233
18. Washington..... 370

1989 (3)
1. Iowa State..... 54
2. Oregon..... 72
4. Washington..... 224
18. Colorado..... 365

1990 (3)
1. Arkansas..... 68
5. Oregon..... 201
12. Washington..... 286
21. Arizona..... 484

1991 (2)
1. Arkansas..... 52
4. (tie) Arizona.....
20. Washington..... 378

1992 (3)
1. Arkansas..... 46
8. Oregon..... 276
11. Colorado..... 320
18. Arizona..... 388

1993 (3)
1. Arkansas..... 31
4. Colorado..... 172
8. Washington..... 269
15. Oregon..... 323

1994 (3)
1. Iowa State..... 65
2. Colorado..... 88
3. Arizona..... 172
6. Stanford..... 208

1995 (3)
1. Arkansas..... 100
4. Colorado..... 181
5. Stanford..... 209
7. Oregon..... 228

1996 (3)
1. **STANFORD**..... 46
3. Oregon..... 140
5. Colorado..... 179

1997 (3)
1. **STANFORD**..... 53
3. Colorado..... 108
8. Oregon..... 266

1998 (5)
1. Arkansas..... 97
2. Stanford..... 114
3. Colorado..... 158
5. Oregon..... 233
11. Arizona..... 348
18. Washington State... 433

1999 (5)
1. Arkansas..... 58
4. Stanford..... 223
6. Oregon..... 306
7. Colorado..... 307
10. Arizona..... 346
14. Arizona State..... 391

2000 (3)
1. Arkansas..... 83
2. Colorado..... 94
4. Stanford..... 149
12. Arizona..... 419

ALL-TIME NCAA RESULTS

2001 (5)

1.	COLORADO	90
2.	Stanford	91
13.	Oregon	389
20.	Arizona State	477
21.	Arizona	486

2002 (3)

1.	STANFORD	47
4.	Colorado.....	190
5.	Oregon	210

2003 (5)

1.	STANFORD	24
6.	Colorado.....	259
21.	Washington	448
22.	Oregon	449
23.	Arizona.....	536

2004 (3)

1.	COLORADO	90
6.	Stanford	269
8.	Arizona State	315

2005 (5)

1.	Wisconsin.....	37
5.	Colorado.....	222
6.	Stanford	231
10.	Arizona.....	384
17.	Arizona State	465
27.	Washington	556

2006 (7)

1.	COLORADO	94
4.	Stanford	195
5. (tie)	Oregon	196
12.	Washington	414
21.	Arizona.....	517
23.	UCLA	546
29.	Washington State...	595

2007 (5)

1.	OREGON	85
7.	Colorado.....	287
16.	California.....	434
19.	Stanford	451
26.	Arizona State	601

2008 (6)

1.	OREGON	93
3.	Stanford	227
12.	Colorado.....	372
18.	Washington	438
22.	California.....	477
26. (tie)	UCLA	576

2009 (5)

1.	Oklahoma State	127
2.	Oregon	143
6.	Colorado.....	315
10.	Stanford	354
18.	Washington	470
19.	Arizona State	472

2010 (4)

1.	Oklahoma State	73
4.	Stanford	237
6.	Oregon	289
15.	Colorado.....	366
31.	California.....	678

2011 (3)

1.	Wisconsin.....	97
3.	Colorado.....	144
5.	Stanford	207
21.	Washington State...	512

2012 (4)

1.	Oklahoma State	72
3.	Colorado.....	158
13.	UCLA	376
16.	Stanford	408
20.	Oregon	472

2013 (3)

1.	COLORADO	149
5.	Oregon	274
19.	Stanford	417

2014 (3)

1.	COLORADO	65
2.	Stanford	98
6.	Oregon	221
18.	UCLA	454
20.	Washington	479

2015 (7)

1.	Syracuse	82
2.	Colorado.....	91
3.	Stanford	151
4.	Oregon	183
8.	Washington	345
14.	UCLA	429
23.	California.....	524
26.	Washington State...	547

2016 (6)

1.	Northern Arizona ...	125
2.	Stanford	158
6.	Colorado.....	223
9.	Oregon	282
14.	Washington State...	370
15.	UCLA	378
31.	California.....	776

NCAA TEAM CHAMPIONS FROM THE PAC-12

1961	Oregon State
1970	Oregon
1973	Oregon
1974	Oregon
1977	Oregon
1996	Stanford
2001	Colorado
2002	Stanford
2003	Stanford
2004	Colorado
2006	Colorado
2007	Oregon
2008	Oregon
2013	Colorado
2014	Colorado

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1957	Max Truex, USC (19:12.3)
1961	Dale Story, OSU (19:46.6)
1966	Gerry Lindgren, WSU (29:01.4)
1967	Gerry Lindgren, WSU (30:45.6)
1969	Gerry Lindgren, WSU (28:59.2)
1970	Steve Prefontaine, ORE (28:00.2)
1971	Steve Prefontaine, ORE (29:14)
1973	Steve Prefontaine, ORE (28:14.8)
1976	Henry Rono, WSU (28:06.6)
1977	Henry Rono, WSU (28:33.5)
1978	Alberto Salazar, ORE (29:29.7)
1979	Henry Rono, WSU (28:19.6)
1982	Mark Scrutton, COLO (30:12.6)
1986	Aaron Ramirez, ARIZ (30:27.53)
1993	Josephat Kapkory, WSU (29:32.4)
1994	Martin Keino, ARIZ (30:08.7)
1997	Meb Keflezighi, UCLA (28:54)
1998	Adam Goucher, COLO (29:26.9)
2002	Jorge Torres, COLO (29:04.7)
2003	Dathan Ritzenhein, COLO (19:24.1)
2008	Galen Rupp, ORE (29:03.2)
2011	Lawi Lalang, ARIZ (28:44.1)
2013	Edward Cheserek, ORE (29:41.1)
2014	Edward Cheserek, ORE (30:19.4)
2015	Edward Cheserek, ORE (28:45.8)

*Race Distance 1938-64: 4 miles;
1965-75: 6 miles; 1976-2011:
10,000 meters.*

ALL-TIME NCAA CHAMPIONS Team

Arkansas.....	11
Michigan State.....	8
UTEP.....	7
OREGON	6
COLORADO	5
Wisconsin.....	5
Oklahoma State.....	4
STANFORD	4
Villanova.....	4
Drake.....	3
Indiana.....	3
Penn State.....	3
Iowa State.....	2
San Jose State.....	2
Syracuse.....	2
Western Michigan.....	2
Houston.....	1
Kansas.....	1
Northern Arizona.....	1
Notre Dame.....	1
OREGON STATE	1
Rhode Island.....	1
Tennessee.....	1

Individual

OREGON	8
WASHINGTON STATE	7
Kansas.....	5
COLORADO	4
Wisconsin.....	4
ARIZONA	3
Arkansas.....	3
Indiana.....	3
Liberty.....	3
UTEP.....	3
BYU.....	2
Drake.....	2
Houston.....	2
Iowa State.....	2
Notre Dame.....	2
Rhode Island.....	2
Villanova.....	2
Western Kentucky.....	2
Air Force.....	1
Ashland.....	1
East Tennessee State.....	1
Eastern Michigan.....	1
Georgetown.....	1
Illinois.....	1
Iowa.....	1
Loyola Chicago.....	1
Michigan State.....	1
North Carolina.....	1
Ohio.....	1
Ohio Wesleyan.....	1
OREGON STATE	1
Providence.....	1
South Alabama.....	1
Texas Tech.....	1
USC	1
Texas.....	1
UCLA	1

ALL-TIME NCAA WEST REGION RESULTS

Champion and Pac-12 finishers.

1997 - Dell Urich Golf Course, Tucson, Ariz. (ARIZONA)

(out of 17 teams)

1. Stanford	50
2. Oregon	84
3. Washington State	103
5. Washington	151
6. Arizona	152
7. UCLA	177
8. California	177
11. Arizona State	292

1998 - Woodward Park, Fresno, Calif. (Fresno)

(out of 26 teams)

1. Stanford	37
2. Oregon	65
3. Washington State	129
T4. Arizona	133
6. Washington	144
8. Arizona State	187
9. UCLA	212
10. California	235

1999 - Blue Lake Park, Troutdale, Ore.

(out of 21 teams)

1. Stanford	40
2. Arizona	74
3. Arizona State	92
4. Oregon	96
7. California	165
8. Washington	206
10. UCLA	244

2000 - Woodward Park, Fresno, Calif. (Fresno)

(out of 21 teams)

1. Stanford	58
2. Arizona	62
4. Oregon	122
5. Arizona State	128
7. UCLA	167
8. Washington	207
10. California	259
11. Washington State	321

2001 - Randolph North Course, Tucson, Ariz. (ARIZONA)

(out of 20 teams)

1. Stanford	37
3. Oregon	112
4. Arizona State	116
6. Arizona	135
7. Washington	140
8. Washington State	194
9. UCLA	222
11. California	293

2002 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 23 teams)

1. Stanford	21
2. Oregon	43
5. Arizona State	125
6. Washington	170
8. UCLA	236
9. Washington State	263
10. Arizona	300
12. California	325

2003 - Blue Lake Park, Portland, Ore. (Portland)

(out of 26 teams)

1. Stanford	18
3. Arizona	132
4. Washington	162
5. Oregon	164
7. UCLA	178
8. Arizona State	189
9. Washington State	252
10. California	257

2004 - Woodward Park, Fresno, Calif. (Fresno)

(out of 21 teams)

1. Stanford	49
2. Arizona State	68
4. UCLA	114
6. Oregon	196
7. Washington	209
8. Arizona	213
9. Washington State	213
12. California	312

2005 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 23 teams)

1. Arizona	33
2. Stanford	80
3. Arizona State	100
T4. Washington	106
6. Oregon	153
8. California	205
11. Washington State	301
12. UCLA	329

2006 - Blue Lake Park, Fairview, Ore.

(out of 25 teams)

1. Oregon	69
2. Stanford	88
4. Washington	139
5. Arizona	156
6. UCLA	167
8. Washington State	201
10. California	260
11. Arizona State	290

2007 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 24 teams)

1. Oregon	47
3. Stanford	100
4. California	112
6. Arizona State	141
7. UCLA	142
8. Washington State	220
10. Washington	233

2008 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 25 teams)

1. Oregon	38
2. Stanford	72
4. California	116
5. Washington	122
6. UCLA	145
8. Arizona State	290
9. Washington State	298
12. Arizona	369

2009 - Springfield Golf Course, Springfield, Ore. (OREGON)

(out of 26 teams)

1. Stanford	27
3. Oregon	109
4. Washington	120
T5. Arizona State	155
7. UCLA	207
T8. California	217
10. Washington State	268

2010 - Springfield Golf Course, Springfield, Ore. (OREGON)

(out of 25 teams)

1. Oregon	63
2. Stanford	65
3. California	78
5. Arizona State	179
6. Washington	216
8. UCLA	267
14. Washington State	396
15. Arizona	405

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 25 teams)

1. Stanford	50
4. Washington State	141
5. California	173
T6. Oregon	175
T6. UCLA	175
8. Arizona State	214
11. Washington	329

2012 - Jefferson Golf Course, Seattle, Wash. (WASHINGTON)

(out of 26 teams)

1. Stanford	45
3. UCLA	128
4. Oregon	135
5. Washington	165
6. Arizona State	218
7. Washington State	223
10. Arizona	270
13. California	391

2013 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 27 teams)

1. Stanford	53
2. Oregon	64
5. Arizona State	184
6. UCLA	187
8. Washington State	269
9. Washington	277
12. California	343
14. Arizona	362

2014 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 29 teams)

1. Oregon	60
3. Stanford	97
4. UCLA	104
5. Washington	139
6. Arizona State	155
9. California	263
13. Washington State	335
14. Arizona	384

2015 - Jefferson Golf Course, Seattle (WASHINGTON)

(out of 30 teams)

1. Washington	63
2. Stanford	83
3. Oregon	99
4. Washington State	125
6. California	146
7. UCLA	163
15. Arizona State	422

NCAA WEST REGIONALS - INDIVIDUALS

(Pac-12 only)

1997	Mebrahtom Keflezighi, UCLA	30:15.90 (10k)
1998	Abdi Abdurahman, ASU	30:06 (10k)
1999	Steve Fein, ORE	30:30
2000	Jonathon Riley, STAN	30:40
2001	Donald Sage, STAN	30:43.30 (10k)
2002	Donald Sage, STAN	30:13
2003	Ian Dobson, STAN	29:32 (10k)
2004	Ryan Hall, STAN	30:07
2005	Robert Cheseret, ARIZ	30:03.3 (10k)
2006	Neftalem Araia, STAN	30:05.88 (10k)
2007	Galen Rupp, ORE	29:35.45
2008	Galen Rupp, ORE	27:41.24 (10k)
2009	Chris Derrick, STAN	30:38.96 (10k)
2010	None	
2011	Lawi Lalang, ARIZ	28:34 (10k)
2012	Lawi Lalang, ARIZ	29:02
2013	Edward Cheserek, ORE	29:35 (10k)
2014	Maxim Korolev, STAN	29:33.5 (10k)
2015	Edward Cheserek, ORE	30:43.2 (10k)
2016	Edward Cheserek, ORE	29:23.7 (10k)

2016 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 29 teams)

1. Stanford	75
3. UCLA	112
4. Oregon	122
5. Washington State	143
6. California	188
10. Washington	262
13. Arizona State	367

ALL-TIME NCAA MOUNTAIN REGION RESULTS

Champion and Pac-12 finishers.

1997 - Provo, Utah (BYU)

(out of 14 teams)

1. Colorado 15
10. Utah 225

1998 - Provo, Utah (BYU)

(out of 14 teams)

1. Colorado 34
6. Utah 170

1999 - Fort Collins, Colo. (Colorado State)

(out of 17 teams)

1. Southern Utah 57
2. Colorado 61
7. Utah 196

2000 - Rivedale, Utah

(out of 17 teams)

1. Colorado 38
11. Utah 288

2001 - Provo, Utah (BYU)

(out of 17 teams)

1. Colorado 48
6. Utah 138

2002 - Albuquerque, N.M. (New Mexico)

(out of 18 teams)

1. Northern Arizona 74
2. Colorado 93
9. Utah 214

2003 - Ogden, Utah (Weber State)

(out of 14 teams)

1. Colorado 69

2004 - Fort Collins, Colo. (Colorado State)

(out of 15 teams)

1. Colorado 40
10. Utah 254

2005 - East Bay Golf Course, Provo, Utah (BYU)

(out of 15 teams)

1. Colorado 42

2006 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 15 teams)

1. Colorado 59

2007 - Schneider's Riverside Golf Course, Ogden, Utah (Weber State)

(out of 15 teams)

1. Colorado 47

2008 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 15 teams)

1. Colorado 42

2009 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 17 teams)

1. BYU 54
2. Colorado 55

2010 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)

(out of 16 teams)

1. New Mexico 45
2. Colorado 66

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 17 teams)

1. BYU 49
2. Colorado 55

2012 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 18 teams)

1. Northern Arizona 56
3. Colorado 69

2013 - Riverdale Golf Course, Ogden, Utah (Weber State)

(out of 17 teams)

1. Northern Arizona 61
2. Colorado 69

2014 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 16 teams)

1. Colorado 45

2015 - North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 16 teams)

1. Colorado 67

2016 - Reeder Cross Country Course, Logan, Utah (Utah State)

(out of 17 teams)

1. Northern Arizona 60
2. Colorado 76

NCAA MOUNTAIN REGIONALS

Individual Champions

(Pac-12 only)

- | | | |
|------|-------------------------|----------------|
| 1997 | Adam Goucher, COLO | 30:04.0 (10k) |
| 1998 | Adam Goucher, COLO | 30:43.8 (10k) |
| 1999 | Ron Roybal, COLO | 30:10.75 (10k) |
| 2000 | Jorge Torres, COLO | 30:38.6 (10k) |
| 2001 | Jorge Torres, COLO | 30:52.3 (10k) |
| 2002 | Jorge Torres, COLO | 29:33 (10k) |
| 2003 | Dathan Ritzenheim, COLO | 30:22.2 (10k) |
| 2004 | None | |
| 2005 | Bill Nelson, COLO | 30:28.1 (10k) |
| 2006 | None | |
| 2007 | None | |
| 2008 | None | |
| 2009 | None | |
| 2010 | None | |
| 2011 | None | |
| 2012 | None | |
| 2013 | None | |
| 2014 | None | |
| 2015 | None | |
| 2016 | None | |

NATIONAL HONORS

USTFCCCA Athlete of the Year Cross Country

MEN

2015	Edward Cheserek, Oregon
2014	Edward Cheserek, Oregon
2013	Edward Cheserek, Oregon
2011	Lawi Lalang, Arizona
2008	Galen Rupp, Oregon
2003	Dathan Ritzenhein, Colorado
2002	Jorge Torres, Colorado
1998	Adam Goucher, Colorado
1997	Meb Keflezighi, UCLA
1994	Martin Keino, Arizona

USTFCCCA Coach of the Year Bill Dellinger Award (Men's)

2014	Mark Wetmore, Colorado
2013	Mark Wetmore, Colorado
2008	Vin Lananna, Oregon
2007	Vin Lananna, Oregon
2006	Peter Tegen, Stanford
2003	Andrew Gerard, Stanford
2002	Vin Lananna, Stanford
1997	Vin Lananna, Stanford
1996	Vin Lananna, Stanford
1994	Jerry Quiller, Colorado
1989	Bill Dellinger, Oregon
1984	Dave Murray, Arizona
1980	Bob Larsen, UCLA
1973	Bill Dellinger, Oregon

USTFCCCA John McDonnell Program of the Year (Men's)

2014-15	Oregon
2013-14	Oregon
2009-10	Oregon
2008-09	Oregon

USTFCCCA All-Americans

MEN

2016	Edward Cheserek, ORE Grant Fisher, STAN Ferdinand Edman, UCLA Ben Saarel, COLO Sean McGorty, STAN Joe Klecker, COLO Matthew Maton, ORE Michael Williams, WSU John Dressel, COLO
2015	John Dressel, COLO Pierce Murphy, COLO Morgan Pearson, COLO Ben Saarel, COLO Connor Winter, COLO Edward Cheserek, ORE Grant Fisher, STAN Sean McGorty, STAN Jim Rosa, STAN Lane Werley, UCLA Colby Gilbert, WASH Izaic Yorks, WASH

2014	Chris Walden, CAL Ammar Moussa, COLO Ben Saarel, COLO Blake Theroux, COLO Connor Winter, COLO Pierce Murphy, COLO Edward Cheserek, ORE Eric Jenkins, ORE Maxim Korolev, STAN Sean McGorty, STAN Michael Atchoo, STAN Joe Rosa, STAN Sam Wharton, STAN Aaron Nelson, WASH Tyler King, WASH
2013	Ben Saarel, COLO Blake Theroux, COLO Morgan Pearson, COLO Pierce Murphy, COLO Edward Cheserek, ORE Jim Rosa, STAN Aaron Nelson, WASH
2012	Stephen Sambu, ARIZ Lawi Lalang, ARIZ Jake Hurysz, COLO Aric VanHalen, COLO Blake Theroux, COLO Lane Werley, UCLA
2011	Lawi Lalang, ARIZ Richard Medina, COLO Andrew Wacker, COLO Joseph Bosshard, COLO Luke Puskedra, ORE Chris Derrick, STAN Jake Riley, STAN
2010	Stephen Sambu, ARIZ Joseph Bosshard, COLO Andrew Wacker, COLO Luke Puskedra, ORE Matthew Centrowitz, ORE Chris Derrick, STAN Jake Riley, STAN
2009	Ige Mohamud, ARIZ Bethke Brandon, ASU Matthew Centrowitz, ORE Kenny Klotz, ORE Danny Mercado, ORE Luke Puskedra, ORE Chris Derrick, STAN Heath Elliott, STAN
2008	Yosef Ghebray, CAL Jordan Kyle, COLO Luke Puskedra, ORE Shadrack Kiptoo-Biwott, ORE Galen Rupp, ORE Chris Derrick, STAN Garrett Heath, STAN Austin Ramos, UCLA
2007	Stephen Pifer, COLO Brent Vaughn, COLO Shadrack Kiptoo-Biwott, ORE Kenny Klotz, ORE Daniel Mercado, ORE Diego Mercado, ORE Galen Rupp, ORE Neftalem Araia, STAN Russell Brown, STAN

2006	Robert Cheseret, ARIZ Aaron Aguayo, ARIZ Erik Heinonen, COLO Stephen Pifer, COLO James Strang, COLO Brent Vaughn, COLO Diego Mercado, ORE Galen Rupp, ORE Neftalem Araia, STAN
2005	Robert Cheseret, ARIZ Stephen Pifer, COLO Bret Schoolmeester, COLO James Strang, COLO Neftalem Araia, STAN Austin Ramos, UCLA
2004	Robert Cheseret, ARIZ Aaron Aguayo, ASU Stephen Pifer, COLO Bret Schoolmeester, COLO Jon Severy, COLO Brent Vaughn, COLO Neftalem Araia, STAN Ryan Hall, STAN Jon Rankin, UCLA
2003	Billy Nelson, COLO Dathan Ritzenhein, COLO Eric Logsdon, ORE Ian Dobson, STAN Ryan Hall, STAN Seth Hejny, STAN Louis Luchini, STAN Grant Robison, STAN Donald Sage, STAN Adam Tenforde, STAN
2002	Billy Nelson, COLO Ed Torres, COLO Jorge Torres, COLO Ryan Andrus, ORE Jason Hartmann, ORE Brett Holts, ORE Eric Logsdon, ORE Ian Dobson, STAN Ryan Hall, STAN Louis Luchini, STAN Grant Robison, STAN Donald Sage, STAN Adam Tenforde, STAN
2001	Fasil Bizuneh, ASU Dathan Ritzenhein, COLO Steve Slattery, COLO Ed Torres, COLO Jorge Torres, COLO Ian Dobson, STAN Louis Luchini, STAN Grant Robison, STAN Donald Sage, STAN Mike Friedberg, COLO Steve Slattery, COLO Sean Smith, COLO Ed Torres, COLO Jorge Torres, COLO Jason Hartmann, ORE Thomas Murley, STAN Jonathon Riley, STAN
2000	Steve Slattery, COLO Sean Smith, COLO Ed Torres, COLO Jorge Torres, COLO Jason Hartmann, ORE Thomas Murley, STAN Jonathon Riley, STAN

1999	Fasil Bizuneh, ASU Mike Friedberg, COLO Andrew Bliss, ORE Steve Fein, ORE Jason Hartmann, ORE Jake Maas, STAN Thomas Murley, STAN Jonathon Riley, STAN
1998	Abdi Abdirahman, ARIZ Mike Friedberg, COLO Adam Goucher, COLO Ron Roybal, COLO Steve Fein, ORE Brad Hauser, STAN Brent Hauser, STAN Jonathon Riley, STAN Mark Hauser, UCLA Christian Belz, WASH Eric Kamau, WSU Bernard Lagat, WSU
1997	Abdi Abdirahman, ARIZ Adam Batliner, COLO Adam Goucher, COLO Matt Napier, COLO Tom Reese, COLO Jason Balkman, STAN Brad Hauser, STAN Brent Hauser, STAN Nathan Nutter, STAN Jonathon Riley, STAN Meb Keflezighi, UCLA Bernard Lagat, WSU
1996	Ricky Cron, COLO Chris Severy, COLO Zeke Tiernan, COLO Matthew Davis, ORE Oliver Wirz, ORE Brad Hauser, STAN Brent Hauser, STAN Greg Jimmerson, STAN Nathan Nutter, STAN J.J. White, STAN Meb Keflezighi, UCLA
1995	Bob Keino, ARIZ Jon Cooper, COLO Alan Culpepper, COLO Adam Goucher, COLO Clint Wells, COLO Rick Cantwell, ORE Matthew Davis, ORE David Gurry, ORE Karl Keska, ORE Greg Jimmerson, STAN Nathan Nutter, STAN Meb Keflezighi, UCLA
1994	Martin Keino, ARIZ Jay Clecikler, COLO Jon Cooper, COLO Alan Culpepper, COLO Adam Goucher, COLO Clint Wells, COLO Matthew Davis, ORE Greg Jimmerson, STAN Meb Keflezighi, UCLA
1993	Richie Boulet, CAL Alan Culpepper, COLO Scott Larson, COLO Simon Baines, WASH Josephat Kapkory, WSU Patrick Muturi, WSU

NATIONAL HONORS

1992	Shawn Found, COLO Gary Stolz, STAN Josephat Kapkory, WSU	1978	Thom Hunt, ARIZ Dirk Lakeman, ARIZ John Hunsaker, COLO Rudy Chapa, ORE Don Clary, ORE Ken Martin, ORE Alberto Salazar, ORE	1966	Craig Runyon, COLO Tracy Smith, OSU Gerry Lindgren, WSU Chris Westman, WSU
1991	Martin Keino, ARIZ Lewis Todd, ASU Josephat Kapkory, WSU			1965	Dave Wrighton, COLO Gary Benson, WSU Chris Westman, WSU
1990	Brian Grosso, ARIZ Pat Haller, ORE Pat Johnson, WASH E. J. Guo, WSU Samuel Kibiri, WSU	1977	Thom Hunt, ARIZ David Shoots, ARIZ Mark Spilsbury, COLO Rudy Chapa, ORE Don Clary, ORE Bill McChesney, ORE Alberto Salazar, ORE Joel Cheruiyot, WSU Henry Rono, WSU	1964	Dave Wrighton, COLO Harry McCalla, STAN
1989	Mike Nahom, COLO Peter Fonseca, ORE Pat Haller, ORE Brad Hudson, ORE Terrence Mahon, ORE Alan Hjort, WASH			1963	Dave Wrighton, COLO Ken Moore, ORE Clayton Steinke, ORE
1987	Matt Guisto, ARIZ Jacinto Navarrete, WSU	1976	Terry Cotton, ARIZ Thom Hunt, ARIZ Rudy Chapa, ORE Dave Taylor, ORE Terry Williams, ORE Joshua Kimeto, WSU Samson Kimombwa, WSU Henry Rono, WSU	1962	Harry McCalla, STAN
1986	Matt Guisto, ARIZ Aaron Ramirez, ARIZ Chuck Trujillo, COLO Curt Corvin, WASH			1961	Richard Cuddihy, OSU Dale Story, OSU
1985	Matt Guisto, ARIZ Andre Woods, ARIZ Dan Reese, COLO Chuck Trujillo, COLO Marc Olesen, STAN Jon Butler, UCLA	1975	Terry Cotton, ARIZ Terry Williams, ORE Kurt Beckman, WSU Joshua Kimeto, WSU John Ngeno, WSU		
1984	Tom Ansberry, ARIZ Jeff Cannada, ARIZ Dan Reese, COLO Peter Koech, WSU	1974	Ed Mendoza, ARIZ Larry Lawson, ASU Mike Peterson, COLO Gary Barger, ORE Paul Geis, ORE Dave Taylor, ORE Terry Williams, ORE John Ngeno, WSU		
1983	Tom Ansberry, ARIZ Mike Blackmore, ORE Jim Hill, ORE Brad Simpson, ORE				
1982	Tom Downs, CAL Sam Reese, COLO Mark Scrutton, COLO Jim Hill, ORE Jon Butler, UCLA Steve McCormack, UCLA	1973	Ed Mendoza, ARIZ John Gregorio, COLO Terry Williams, ORE Steve Prefontaine, ORE Dan Murphy, WSU John Ngeno, WSU		
1981	Don Janicki, ARIZ Harrison Koroso, ARIZ Tom Downs, CAL Mark Scrutton, COLO Jon Butler, UCLA Dave Daniels, UCLA Steve McCormack, UCLA Richard Tuwei, WSU	1972	John Gregorio, COLO Randy James, ORE Dan Murphy, WSU		
1980	Don Janicki, ARIZ Mark Scrutton, COLO Ron Cornell, UCLA Dave Daniels, UCLA Steve Ortiz, UCLA	1971	Randy James, ORE Steve Prefontaine, ORE Phil Burkewist, WSU Dan Murphy, WSU Steve Prefontaine, ORE Keith Munson, OSU Don Kardong, STAN Mark Hiefield, WSU Don Smith, WSU		
1979	Thom Hunt, ARIZ Mark Anderson, COLO Michael Buhmann, COLO Mark Spilsbury, COLO Rudy Chapa, ORE Don Clary, ORE Alberto Salazar, ORE Ron Cornell, UCLA Bill Stolp, WASH Joel Cheruiyot, WSU Henry Rono, WSU	1970	Mike McClendon, ORE Steve Prefontaine, ORE Greg Brock, STAN Gerry Lindgren, WSU Rick Riley, WSU		
		1969	John Lunn, COLO Craig Runyon, COLO Greg Brock, STAN Brook Thomas, STAN		
		1968	Craig Runyon, COLO Rick Trujillo, COLO Gerry Lindgren, WSU		
		1967			



PAC-12 CONFERENCE

NCAA **WOMEN'S**
CROSS COUNTRY
HISTORY &
NATIONAL HONORS
Through 2016

NCAA HISTORY-WOMEN

School (Years Participated)	# Appearances	Best Finish	1st	2nd	3rd
Arizona (1981-91-92-93-94-95-96-98-99-2000-01-09-10-11-12-13)	16	2nd	--	1	--
Arizona State (1998-99-2000-01-02-03-04-05-06-07-08-09-11)	13	4th	--	--	--
California (1984-88-2011)	3	9th	--	--	--
Colorado (1986-87-92-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-09-10-11-12-13-14-15-16)	26	1st	2	4	2
Oregon (1981-82-83-84-85-86-87-88-90-91-92-93-94-95-97-98-99-2000-07-08-09-10-11-12-13-14-15-16)	28	1st	4	4	2
Oregon State	0	N/A	--	--	--
Stanford (1981-82-83-84-86-93-94-95-96-97-98-99-2000-01-02-03-04-05-06-07-08-09-10-11-12-13-14-15-16)	29	1st	5	5	5
UCLA (1985-86-88-98-99-2001-02-03-04-14-16)	11	6th	--	--	--
USC	0	N/A	--	--	--
Utah (2015-16)	2	20th	--	--	--
Washington (1982-89-92-94-95-97-98-99-2000-01-02-03-04-07-08-09-10-11-12-13-14-15-16)	23	1st	1	1	1
Washington State (1983-85)	2	7th	--	--	--

ALL-TIME NCAA RESULTS

Champion and Pac-12 finishers.

1981 (3)

1.	Virginia	36
2.	Oregon	83
3.	Stanford	105
8.	Arizona	182

1982 (3)

1.	Virginia	48
2.	Stanford	91
3.	Oregon	155
14.	Washington	278

1983 (3)

1.	OREGON	95
2.	Stanford	98
15.	Washington State	347

1984 (3)

1.	Wisconsin	63
2.	Stanford	89
4.	Oregon	119
15.	California	323

1985 (3)

1.	Wisconsin	58
6.	UCLA	200
7. (tie)	Washington State	227
11.	Oregon	264

1986 (4)

1.	Texas	62
4.	Oregon	167
6.	Colorado	186
11.	UCLA	226
15.	Stanford	314

1987 (2)

1.	OREGON	97
12.	Colorado	245

1988 (3)

1.	Kentucky	75
2.	Oregon	128
9.	California	236
13.	UCLA	273

1989 (1)

1.	Villanova	99
12.	Washington	286

1990 (1)

1.	Villanova	82
5.	Oregon	221

1991 (2)

1.	Villanova	85
5.	Oregon	191
11.	Arizona	294

1992 (4)

1.	Villanova	123
12.	Washington	334
14.	Arizona	360
15.	Oregon	372
20.	Colorado	454

1993 (4)

1.	Villanova	66
8.	Oregon	238
11.	Stanford	286
12.	Arizona	311
13. (tie)	Colorado	326

1994 (5)

1.	Villanova	75
4.	Colorado	126
7.	Stanford	198
10.	Arizona	273
13.	Oregon	349
15.	Washington	370

1995 (5)

1.	Providence	88
2.	Colorado	123
5.	Oregon	174
6.	Arizona	186
9.	Stanford	235
14.	Washington	347

1996 (2)

1.	STANFORD	101
4.	Colorado	145
6.	Arizona	214

1997 (4)

1.	BYU	100
2.	Stanford	102
3.	Colorado	178
8.	Oregon	234
14.	Washington	341

1998 (7)

1.	Villanova	106
3.	Stanford	111
7.	Colorado	332
9.	Washington	363
12.	Oregon	384
16.	Arizona	397
23. (tie)	Arizona State	534
28.	UCLA	574

1999 (7)

1.	BYU	72
3.	Stanford	127
8.	Colorado	351
12.	Arizona State	385
13.	Washington	403
19. (tie)	Oregon	460
27.	Arizona	608
30.	UCLA	631

2000 (6)

1.	COLORADO	117
3.	Stanford	198
6.	Arizona State	266
19.	Arizona	476
23.	Washington	521
28.	Oregon	619

2001 (6)

1.	BYU	62
4.	Arizona	194
5.	Stanford	206
8.	Colorado	240
14.	Washington	425
21.	UCLA	539
23.	Arizona State	554

2002 (5)

1.	BYU	85
2.	Stanford	113
5.	Colorado	220
23. (tie)	Arizona State	549
25. (tie)	UCLA	568
31.	Washington	699

2003 (5)

1.	STANFORD	120
5.	Colorado	269
7.	UCLA	293
14.	Arizona State	406
19.	Washington	486

2004 (5)

1.	COLORADO	63
5.	Stanford	175
9.	Arizona State	333
23.	Washington	533
27.	UCLA	640

2005 (3)

1.	STANFORD	146
2.	Colorado	181
4.	Arizona State	191

2006 (3)

1.	STANFORD	195
2.	Colorado	223
13.	Arizona State	375

2007 (5)

1.	STANFORD	145
2.	Oregon	177
4.	Arizona State	251
8.	Washington	358
23.	Colorado	479

2008 (4)

1.	WASHINGTON	79
2.	Oregon	131
8.	Stanford	299
14.	Arizona State	381

2009 (6)

1.	Villanova	86
3.	Washington	188
9.	Oregon	276
16.	Stanford	408
20.	Colorado	458
24.	Arizona State	520
30.	Arizona	682

2010 (5)

1.	Villanova	120
6.	Colorado	314
11.	Arizona	372
12.	Oregon	378
13.	Stanford	402
16.	Washington	413

2011 (7)

1.	Georgetown	162
2.	Washington	170
5.	Oregon	281
10.	Stanford	332
11.	Colorado	335
18.	California	433
19.	Arizona	447
31.	Arizona State	752

2012 (5)

1.	OREGON	114
3.	Stanford	198
6.	Arizona	263
9.	Washington	334
24.	Colorado	519

2013 (5)

1.	Providence	141
2.	Arizona	197
7.	Colorado	265
11.	Stanford	322
14.	Oregon	340
17.	Washington	376

2014 (5)

1.	Michigan State	85
6.	Oregon	249
7.	Colorado	267
14.	Stanford	415
23.	Washington	559
27.	UCLA	582

2015 (5)

1.	New Mexico	49
2.	Colorado	129
3.	Oregon	214
10.	Washington	297
14.	Stanford	379
26.	Utah	618

ALL-TIME NCAA RESULTS

NCAA TEAM CHAMPIONS FROM THE PAC-12

1983 Oregon
1987 Oregon
1996 Stanford
2000 Colorado
2003 Stanford
2004 Colorado
2005 Stanford
2006 Stanford
2007 Stanford
2008 Washington
2012 Oregon
2016 Oregon

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1996 Amy Skiersz, ARIZ
(17:04)
2000 Kara Grgas-Wheeler, COLO
(20:30.5)
2001 Tara Chaplin, ARIZ
(20:24)

*Race Distance 1981-99: 5,000
meters; 2000-11: 6,000 meters.*

ALL-TIME NCAA CHAMPIONS

Team
Villanova 9
STANFORD 5
OREGON 4
BYU 4
COLORADO 2
Providence 2
Virginia 2
Wisconsin 2
Georgetown 1
Kentucky 1
Michigan State 1
New Mexico 1
Texas 1
WASHINGTON 1

Individual
Villanova 9
NC State 3
Texas Tech 3
Wisconsin 3
ARIZONA 2
Indiana 2
North Carolina 2
Northern Arizona 2
COLORADO 1
Dartmouth 1
Iona 1
Iowa State 1
Illinois 1
Michigan 1
Missouri 1
Notre Dame 1
Providence 1
Virginia 1

ALL-TIME NCAA WEST REGION RESULTS

Champion and Pac-12 finishers.

1997 - Dell Urich Golf Course, Tucson, Ariz. (ARIZONA)

(out of 17 teams)

1. Stanford	37
2. Oregon	78
3. Washington	98
4. Arizona	127
5. UCLA	149
7. Washington State	201
8. USC	240
9. California	264
10. Arizona State	304

1998 - Woodward Park, Fresno, Calif. (Fresno)

(out of 31 teams)

1. Arizona	78
2. Stanford	80
3. Washington	110
4. Oregon	118
6. Arizona State	176
8. Washington State	225
9. California	270
11. USC	334

1999 - Blue Lake Park, Troutdale, Ore.

(out of 28 teams)

1. Stanford	29
2. Washington	63
3. Arizona State	86
4. UCLA	139
5. Oregon	158
6. Arizona	166
9. Washington State	281

2000 - Woodward Park, Fresno, Calif. (Fresno)

(out of 26 teams)

1. Stanford	58
2. Arizona State	88
3. Arizona	126
4. Oregon	169
5. Washington	170
7. Washington State	188
9. UCLA	199

2001 - Randolph North Golf Course, Tucson, Ariz. (ARIZONA)

(out of 23 teams)

1. Stanford	39
2. Arizona	80
3. Arizona State	83
4. Washington	115
5. UCLA	159
6. Washington State	214
12. Oregon	349

2002 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 28 teams)

1. Stanford	24
2. Arizona State	70
3. UCLA	82
4. Washington	120
5. Oregon	129
12. Washington State	390
13. California	394
21. Arizona	542

2003 - Blue Lake Park, Portland, Ore. (Portland)

(out of 31 teams)

1. Stanford	45
2. UCLA	69
3. Washington	94
4. Arizona State	112
8. Arizona	290
10. California	308
14. Washington State	362

2004 - Woodward Park, Fresno, Calif. (Fresno)

(out of 28 teams)

1. Stanford	29
2. Arizona State	45
5. Washington	143
6. UCLA	151
7. Arizona	245
8. Oregon	272
10. Washington State	320
14. USC	432
16. Oregon State	456

2005 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 30 teams)

1. Stanford	24
2. Arizona State	48
3. Washington	117
4. Oregon	139
5. UCLA	196
8. Washington State	299
11. California	313
12. Oregon State	335

2006 - Blue Lake Park, Fairview, Ore.

(out of 30 teams)

1. Stanford	42
3. Arizona State	83
4. Washington	140
5. UCLA	170
9. Washington State	275
10. Arizona	309
13. Oregon State	395
18. California	486

2007 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 31 teams)

1. Stanford	33
2. Oregon	72
3. Arizona State	106
4. Washington	118
6. Washington State	249
9. California	328
11. Arizona	352
13. Oregon State	375
16. USC	391
23. UCLA	597

2008 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 30 teams)

1. Washington	25
2. Oregon	62
3. Stanford	91
4. Arizona State	128
7. California	269
8. Arizona	290
9. Oregon State	321
10. Washington State	328
13. USC	378
17. UCLA	422

2009 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 25)

1. Washington	25
2. Oregon	66
3. Stanford	94
4. Arizona State	119
5. Arizona	202
8. California	255
9. Oregon State	302
11. UCLA	321
15. Washington State	410
20. USC	535

2010 - Springfield Country Club, Springfield, Ore. (OREGON)

(out of 31 teams)

1. Washington	73
2. Oregon	77
3. Stanford	86
4. Arizona	90
5. California	159
10. UCLA	312
13. Arizona State	372
16. Washington State	486
17. Oregon State	492

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 31 teams)

1. Washington	50
2. Arizona	98
3. Stanford	111
4. Oregon	120
5. California	141
7. Arizona State	241
16. Oregon State	150
18. UCLA	452

2013 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 32 teams)

1. Arizona	84
2. Stanford	94
3. Oregon	120
5. Washington	162
6. Arizona State	175
12. UCLA	330
13. California	353
14. Washington State	401
15. Oregon State	407

2014 - Stanford Oaks Golf Complex, Stanford, Calif. (STANFORD)

(out of 34 teams)

1. Oregon	88
3. Stanford	103
4. Washington	131
5. UCLA	176
7. California	177
8. Arizona State	215
10. Arizona	310
13. Washington State	360
19. USC	539
20. Oregon State	541

2015 - Jefferson Golf Course, Seattle (WASHINGTON)

(out of 35 teams)

1. Oregon	79
3. Washington	105
4. Stanford	121
7. California	234
8. Arizona State	243
10. UCLA	334
11. Washington State	343
14. Arizona	354
19. Oregon State	531

NCAA WEST REGIONALS Individual Champions

(Pac-12 only)

1997	Amy Skieresz, ARIZ	16:59.90 (5k)
1998	Amy Skieresz, ARIZ	16:26 (5k)
1999	Julia Stamps, STAN	16:50
2000	Lisa Aguilera, ASU	20:25
2001	Tara Chaplin, ARIZ	20:40.10 (6k)
2002	Alicia Craig, STAN	20:39
2003	Alicia Craig, STAN	20:06
2004	Alicia Craig, STAN	20:03
2005	Arianna Lambie, STAN	19:29.3
2006	Arianna Lambie, STAN	20:58.85
2007	Teresa McWalters, STAN	19:57.30
2008	Alex Kosinski, ORE	19:59.01 (6k)
2009	Kendra Schaff, WASH	20:41.70 (6k)
2010	Jordan Hasay, ORE	20:01.90 (6k)
2011	Jordan Hasay, ORE	19:44 (6k)
2012	Jordan Hasay, ORE	19:16 (6k)
2013	None	
2014	Shelby Houlihan, ASU	19:31.6 (6k)
2015	None	
2016	Amy-Eloise Neale, WASH	19:27.8 (6k)

2016 - Haggin Oaks Golf Complex, Sacramento, Calif. (Sacramento State)

(out of 35 teams)

1. Stanford	71
2. Washington	88
4. Oregon	107
6. UCLA	191
8. Arizona State	266
9. California	275
11. Arizona	287
12. Oregon State	398
18. Washington State	525

ALL-TIME NCAA MOUNTAIN REGION RESULTS

Champion and Pac-12 finishers.

1997 - Provo, Utah (BYU)

(out of 14 teams)

1.	BYU	29
2.	Colorado	64
7.	Utah	224

1998 - Provo, Utah (BYU)

(out of 13 teams)

1.	BYU	28
2.	Colorado	69
9.	Utah	234

1999 - Fort Collins, Colo. (Colorado State)

(out of 17 teams)

1.	BYU	20
2.	Colorado	61
14.	Utah	344

2000 - Rivedale, Utah

(out of 17 teams)

1.	Colorado	38
10.	Utah	317

2001 - Provo, Utah (BYU)

(out of 18 teams)

1.	BYU	31
2.	Colorado	48
8.	Utah	267

2002 - Albuquerque, N.M. (New Mexico)

(out of 18 teams)

1.	BYU	29
2.	Colorado	66
9.	Utah	235

2003 - Ogden, Utah (Weber State)

(out of 16 teams)

1.	BYU	34
2.	Colorado	67
15.	Utah	373

2004 - Fort Collins, Colo. (Colorado State)

(out of 15 teams)

1.	Colorado	32
9.	Utah	247

2005 - East Bay Golf Course, Provo, Utah (BYU)

(out of 18 teams)

1.	Colorado	53
15.	Utah	396

2006 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 17 teams)

1.	Colorado	64
T11.	Utah	301

2007 - Schneider's Riverside Golf Course, Ogden, Utah (Weber State)

(out of 17 teams)

1.	Colorado State	75
4.	Colorado	105
11.	Utah	269

2008 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 18 teams)

1.	Texas Tech	42
4.	Colorado	133
6.	Utah	188

2009 - UNM North Golf Course, Albuquerque, N.M. (New Mexico)

(out of 20 teams)

1.	Colorado	48
19.	Utah	522

2010 - Rose Park Golf Course, Salt Lake City, Utah (UTAH)

(out of 19 teams)

1.	New Mexico	53
3.	Colorado	59
12.	Utah	307

2011 - Stanford Golf Course, Stanford, Calif. (STANFORD)

(out of 19 teams)

T1.	Colorado	84
T1.	New Mexico	84
8.	Utah	221

2012 - Collindale Golf Course, Fort Collins, Colo. (Colorado State)

(out of 20 teams)

1.	Weber State	63
3.	Colorado	107

2013 - Riverdale Golf Course, Ogden, Utah (Weber State)

(out of 20 teams)

1.	Colorado	29
8.	Utah	214

2014 - North Golf Course, Albu- querque, N.M. (New Mexico)

(out of 20 teams)

1.	Colorado	43
7.	Utah	246

2016 - Reeder Cross Country Course, Logan, Utah (Utah State)

(out of 20 teams)

1.	Colorado	35
4.	Utah	136

NCAA WEST REGIONALS Individual Champions

(Pac-12 only)

1997	None
1998	None
1999	Kara Wheeler, COLO.....16:39.40 (5k)
2000	Kara Grgas-Wheeler, COLO.....20:46.0 (6k)
2001	Jodie Hughes, COLO.....21:13.9 (6k)
2002	None
2003	None
2004	Renee Metevier, COLO.....20:05.4 (6k)
2005	None
2006	None
2007	None
2008	None
2009	Jenny Barringer, COLO.....20:29.0 (6k)
2010	None
2011	None
2012	None
2013	None
2014	None
2015	None
2016	None

NATIONAL HONORS

USTFCCCA Coach of the Year Peter Tegen Award (Women's)

2016 Maurica Powell, ORE
2012 Robert Johnson, ORE
2008 Greg Metcalf, WASH
2007 Peter Tegen, STAN
2006 Mark Wetmore, COLO
2005 Peter Tegen, STAN
2004 Mark Wetmore, COLO
2000 Mark Wetmore, COLO
1996 Beth Alford-Sullivan, STAN

USTFCCCA Terry Crawford Program of the Year (Women's)

2014-15 Oregon
2013-14 Oregon
2012-13 Oregon
2011-12 Oregon
2010-11 Oregon
2009-10 Oregon
2008-09 Oregon

USTFCCCA All-Americans WOMEN

2016 Katie Rainsberger, ORE
Amy-Eloise Neale, WASH
Alli Cash, ORE
Samantha Nadel, ORE
Dani Jones, COLO
Kaitlyn Benner, COLO
Fiona O'Keeffe, STAN
Christina Aragon, STAN
Mackenzie Caldwell, COLO
Sage Hurta, COLO
2015 Kaitlyn Benner, COLO
Erin Clark, COLO
Alli Cash, ORE
Molly Grabill, ORE
Waverly Neer, ORE
Vanessa Fraser, STAN
Maddie Meyers, WASH
2014 Shelby Houlihan, ASU
Bethan Knights, CAL
Erin Clark, COLO
Elise Cranny, STAN
Maddie Meyers, WASH
2013 Elvin Kibet, ARIZ
Nicci Corbin, ARIZ
Shelby Houlihan, ASU
Kelsey Santisteban, CAL
Shalaya Kipp, COLO
Aisling Cuffe, STAN
Jessica Tonn, STAN
2012 Elvin Kibet, ARIZ
Jennifer Bergman, ARIZ
Shelby Houlihan, ASU
Shalaya Kipp, COLO
Jordan Hasay, ORE
Alexi Pappas, ORE
Katie Conlon, ORE
Aisling Cuffe, STAN
Kathy Kroeger, STAN
Cayla Hatton, STAN
Amanda Mergaert, UTAH

2011 Jennifer Bergman, ARIZ
Deborah Maier, CAL
Chelsea Reilly, CAL
Shalaya Kipp, COLO
Emma Coburn, COLO
Jordan Hasay, ORE
Kathy Kroeger, STAN
Stephanie Marcy, STAN
Katie Flood, WASH
Megan Goethals, WASH
2010 Deborah Maier, CAL
Laura Tremblay, COLO
Shalaya Kipp, COLO
Jordan Hasay, ORE
Alex Kosinski, ORE
2009 Allie McLaughlin, COLO
Jordan Hasay, ORE
Christine Babcock, WASH
Katie Follett, WASH
Mel Lawrence, WASH
Kendra Schaff, WASH
Christine Babcock, WASH
2008 Kari Hardt, ASU
Nicole Blood, ORE
Mattie Bridgmon, ORE
Alexandra Kosinski, ORE
Christine Babcock, WASH
Katie Follett, WASH
Mel Lawrence, WASH
Amanda Miller, WASH
Kendra Schaaf, WASH
2007 Ali Kielty, ASU
Jenna Kingma, ASU
Jenny Barringer, COLO
Sara Vaughn, COLO
Nicole Blood, ORE
Alexandra Kosinski, ORE
Lauren Centrowitz, STAN
Katie Harrington, STAN
Arianna Lambie, STAN
Anita Campbell, WASH
Katie Follett, WASH
2006 Jenny Barringer, COLO
Liza Pasciuto, COLO
Arianna Lambie, STAN
Teresa McWalters, STAN
2005 Amy Hastings, ASU
Christine Bolf, COLO
Liza Pasciuto, COLO
Lindsay Flacks, STAN
Arianna Lambie, STAN
Katy Trotter, STAN
Ashley Caldwell, UCLA
Haley Paul, WSU
2004 Amy Hastings, ASU
Christine Bolf, COLO
Natalie Florence, COLO
Renee Metivier, COLO
Liza Pasciuto, COLO
Sara (Gorton) Slattery, COLO
Laura Harmon, ORE
Alicia Craig, STAN

2003 Desiree Davila, ASU
Amy Hastings, ASU
Bridget Duffy, CAL
Renee Metivier, COLO
Kalin Toedebusch, COLO
Sara Bei, STAN
Alicia Craig, STAN
Arianna Lambie, STAN
Katy Trotter, STAN
Ashley Caldwell, UCLA
Valerie Flores, UCLA
Melissa McBain, UCLA
2002 Molly Austin, COLO
Natalie Florence, COLO
Sara (Gorton) Slattery, COLO
Carrie Zografos, ORE
Alicia Craig, STAN
Malindi Elmore, STAN
Lauren Fleshman, STAN
Lena Nilsson, UCLA
2001 Tara Chaplin, ARIZ
Lisa Aguilera, ASU
Molly Austin, COLO
Renee Metivier, COLO
Alicia Craig, STAN
Lauren Fleshman, STAN
Lisa Gibbs, WASH
Everlyn Lagat, WSU
2000 Lisa Aguilera, ASU
Jodie Hughes, COLO
Kara Grgas-Wheeler, COLO
Sara (Gorton) Slattery, COLO
Lauren Fleshman, STAN
Erin Sullivan, STAN
Cami Matson, WASH
Tara Chaplin, ARIZ
Kelly MacDonald, ASU
Kara Grgas-Wheeler, COLO
Lauren Fleshman, STAN
Julia Stamps, STAN
Erin Sullivan, STAN
Amy Skieresz, ARIZ
1998 Priscilla Hein, ASU
Elissa Riedy, CAL
Heather Burroughs, COLO
Marie Davis, ORE
Caroline Annis, STAN
Mary Cobb, STAN
Sally Glynn, STAN
Julia Stamps, STAN
Anna Aoki, WASH
Megan Maynard, WSU
1997 Amy Skieresz, ARIZ
Kelly Smith, COLO
Marie Davis, ORE
Milena Glusac, ORE
Mary Cobb, STAN
Sally Glynn, STAN
Sarna Renfro, STAN
Julia Stamps, STAN
1996 Amy Skieresz, ARIZ
Colleen Glyde, COLO
Carrie Messner, COLO
Marie Davis, ORE
Monal Chokshi, STAN
Mary Cobb, STAN
Jessica Fry, STAN
Emebet Shiferaw, USC

1995 Anna Colonna, ARIZ
Amy Skieresz, ARIZ
Heather Burroughs, COLO
Colleen Glyde, COLO
Patty Roberts, COLO
Kelly Smith, COLO
Jenna Carlson, ORE
Melody Fairchild, ORE
Mary Cobb, STAN
Tara Carlson, WASH
1994 Suzanne Castruita, ARIZ
Heather Burroughs, COLO
Natalie Raveling, COLO
Patty Roberts, COLO
Milena Glusac, ORE
Kortney Dunscombe, STAN
Sarna Renfro, STAN
Karen Hecox, UCLA
1993 Brenda Sleenwenhoek, ARIZ
Jenna Carlson, ORE
Milena Glusac, ORE
Beth Bartholomew, UCLA
Karen Hecox, UCLA
1992 Jean Harvey, ARIZ
Stacie Hoitink, WASH
1991 Lisa Karnopp, ORE
Lucy Nurala, ORE
Carrie Moeller, WASH
1990 Sabrina Han, CAL
Stephanie Wessell, ORE
Liz Wilson, ORE
1988 Bridget Smyth, ARIZ
Kristen O'Hara, CAL
Sally Wood, CAL
Penny Graves, ORE
Liz Wilson, ORE
1987 Kristen O'Hara, CAL
Chris McNamara, COLO
Anette Hand, ORE
Penny Graves, ORE
Liz Wilson, ORE
1986 Marilyn Davis, CAL
Carol McMordie, COLO
Chris McNamara, COLO
Penny Graves, ORE
Carol Gray, STAN
Polly Plummer, UCLA
1985 Kristen O'Hara, CAL
Regina Jacobs, STAN
Polly Plummer, UCLA
1984 Kathy Hayes, ORE
Leann Warren, ORE
Kim Roth, ORE
Regina Jacobs, STAN
Ellen Lyons, STAN
Alison Wiley, STAN
Kathy Hayes, ORE
Lisa Martin, ORE
Kim Roth, ORE
Regina Jacobs, STAN
Alison Wiley, STAN
1982 Eryn Forbes, ORE
Ceci Hopp, STAN
Regina Jacobs, STA
Alison Wiley, STAN
Regina Joyce, WASH

NATIONAL HONORS

1981	Joan Hansen, ARIZ		
	Marjorie Kaput, ARIZ		
	Lynne Hjelte, CAL		
	Kathy Hayes, ORE		
	Eryn Forbes, ORE		
	Leann Warren, COLO		
	Ceci Hopp, STAN		
	PattiSue Plumer, STAN		
	Kim Schnurpfeil, STAN		
	Michelle Bush, UCLA		
1980	Joan Hansen, ARIZ		
	Marjorie Kaput, ARIZ		
	Linda Goen, UCLA		
	Regina Joyce, WASH		
1979	Joan Hansen, ARIZ		
	Joy Hansen, ARIZ		
	Jody Parker, ORE		
1978	Mary Decker, COLO		
	Lori Thrupp, STAN		
1977	Lori Thrupp, STAN		
1976	Lori Thrupp, STAN		
1973	Julie Brown, UCLA		
	Francie Larrieu, UCLA		

PAC-12 MEN'S CROSS COUNTRY

PAC-12 TEAM CHAMPIONS

1969	ORE
1970	ORE
1971	WSU
1972	WSU
1973	ORE
1974	WSU
1975	WSU
1976	ORE
1977	ORE
1978	ORE
1979	ORE
1980	UCLA
1981	UCLA
1982	ORE
1983	ARIZ
1984	ARIZ
1985	STAN
1986	ARIZ
1987	ARIZ
1988	ORE
1989	ORE
1990	ORE
1991	ARIZ
1992	ORE
1993	WASH
1994	ARIZ
1995	ORE
1996	STAN
1997	STAN
1998	STAN
1999	ARIZ
2000	STAN
2001	STAN
2002	STAN
2003	STAN
2004	STAN
2005	STAN
2006	ORE
2007	ORE
2008	ORE
2009	STAN
2010	STAN
2011	COLO
2012	COLO
2013	COLO
2014	COLO
2015	COLO
2016	COLO

PAC-12 TITLES BY TEAM

16	OREGON
12	STANFORD
7	ARIZONA
6	COLORADO
4	WASHINGTON STATE
2	UCLA
1	WASHINGTON

PAC-12 CHAMPIONSHIP RESULTS

1969 (Stanford, Calif.)

1.	ORE	46
2.	WSU	63
3.	STAN	86
4.	USC	90
5.	UCLA	94
6.	CAL	127
7.	OSU	165
8.	WASH	230

1970 (Pullman, Wash.)

1.	ORE	45
2.	WSU	58
3.	STAN	66
4.	OSU	79
5.	WASH	120
6.	UCLA	138
7.	USC	154
8.	CAL	207

1971 (Los Angeles, Calif.)

1.	WSU	31
2.	ORE	44
3.	UCLA	77
4.	USC	124
5.	OSU	133
6.	CAL	142
7.	STAN	154
8.	WASH	203

1972 (Seattle, Wash.)

1.	WSU	30
2.	ORE	69
3.	OSU	86
4.	STAN	107
5.	UCLA	137
6.	WASH	140
7.	USC	147
8.	CAL	174

1973 (Stanford, Calif.)

1.	ORE	32
2.	WSU	36
3.	OSU	105
4.	WASH	112
5.	CAL	126
6.	STAN	130
7.	UCLA	141

1974 (Stanford, Calif.)

1.	WSU	30
2.	ORE	51
3.	OSU	80
4.	STAN	110
5.	CAL	126
6.	WASH	141
7.	UCLA	149

1975 (Stanford, Calif.)

1.	WSU	23
2.	ORE	61
3.	OSU	75
4.	WASH	89
5.	STAN	130
6.	UCLA	136
7.	CAL	158

1976 (Stanford, Calif.)

1.	ORE	31
2.	WSU	45
3.	WASH	92
4.	CAL	94
5.	STAN	127
6.	UCLA	146
7.	OSU	149

1977 (Stanford, Calif.)

1.	ORE	26
2.	WASH	58
3.	WSU	64
4.	CAL	99
5.	STAN	131
6.	UCLA	149
7.	OSU	168

1978 (Fresno, Calif.)

1.	ORE	26
2.	WSU	56
3.	ARIZ	79
4.	WASH	116
5.	STAN	139
6.	CAL	153
7.	UCLA	187
8.	OSU	190

1979 (Stanford, Calif.)

1.	ORE	28
2.	WSU	73
3.	UCA	99
4.	STAN	127
5.	ARIZ	130
6.	CAL	164
7.	WASH	238

1980 (Stanford, Calif.)

1.	UCLA	43
2.	ARIZ	59
3.	ORE	67
4.	STAN	93
5.	CAL	105
6.	WASH	143
7.	OSU	165

1981 (Stanford, Calif.)

1.	UCLA	59
2.	ARIZ	60
3.	ORE	96
4.	CAL	110
5.	STAN	121
6.	WSU	127
7.	OSU	129
8.	WASH	177

1982 (Fresno, Calif.)

1.	ORE	46
2.	UCLA	51
3.	ARIZ	80
4.	WSU	98
5.	CAL	132
6.	OSU	136
7.	STAN	147
8.	WASH	215

1983 (Stanford, Calif.)

1.	ARIZ	38
2.	ORE	44
3.	UCLA	74
4.	STAN	80
5.	CAL	126
6.	OSU	139
7.	WASH	151

1984 (Stanford, Calif.)

1.	ARIZ	44
2.	WSU	73
3.	UCLA	75
4.	ORE	82
5.	STAN	116
6.	CAL	136
7.	ASU	146
8.	WASH	164
9.	OSU	199

1985 (Stanford, Calif.)

1.	STAN	60
2.	ORE	75
3.	UCLA	102
4.	ARIZ	116
5.	WSU	128
6.	WASH	129
7.	ASU	147
8.	CAL	177
9.	OSU	196
10.	USC	272

1986 (Stanford, Calif.)

1.	ARIZ	49
2.	ORE	74
3.	STAN	76
4.	WASH	100
5.	ASU	108
6.	UCLA	114
7.	USC	160
8.	OSU	201
9.	WSU	204
10.	CAL	237

1987 (Stanford, Calif.)

1.	ARIZ	32
2.	ORE	71
3.	WSU	94
4.	WASH	127
5.	UCLA	138
6.	USC	148
7.	CAL	155
8.	STAN	157
9.	OSU	232
10.	ASU	253

1988 (Stanford, Calif.)

1.	ORE	31
2.	STAN	61
3.	UCLA	104
4.	WASH	106
5.	ARIZ	133
6.	WSU	144
7.	CAL	156
8.	USC	184
9.	ASU	237
10.	OSU	259

1989 (Stanford, Calif.)

1.	ORE	30
2.	WASH	61
3.	ARIZ	91
4.	STAN	123
5.	CAL	128
6.	WSU	153
7.	UCLA	167
8.	USC	186
9.	ASU	211

PAC-12 MEN'S CROSS COUNTRY

1990 (Stanford, Calif.)

1. ORE.....	39
2. ARIZ.....	41
3. WASH.....	53
4. STAN.....	115
5. UCLA.....	136
6. ASU.....	156
7. USC.....	166
8. CAL.....	211

1991 (Stanford, Calif.)

1. ARIZ.....	45
2. ORE.....	67
3. WASH.....	83
4. WSU.....	85
5. STAN.....	93
6. ASU.....	138
7. UCLA.....	186
8. CAL.....	236
9. USC.....	245

1992 (Stanford, Calif.)

1. ORE.....	48
2. ARIZ.....	51
3. UCLA.....	89
4. STAN.....	93
5. WASH.....	123
6. WSU.....	134
7. CAL.....	141
8. ASU.....	245
9. USC.....	290

1993 (Stanford, Calif.)

1. WASH.....	48
2. WSU.....	70
3. ORE.....	84
4. UCLA.....	90
5. STAN.....	96
6. CAL.....	124
7. ARIZ.....	156
8. ASU.....	193
9. USC.....	284

1994 (Stanford, Calif.)

1. ARIZ.....	49
2. WASH.....	58
3. ORE.....	97
4. UCLA.....	97
5. STAN.....	103
6. CAL.....	146
7. WSU.....	151
8. ASU.....	216

1995 (Stanford, Calif.)

1. ORE.....	53
2. STAN.....	58
3. ARIZ.....	87
4. WASH.....	94
5. UCLA.....	108
6. WSU.....	152
7. CAL.....	181
8. ASU.....	195

1996 (Stanford, Calif.)

1. STAN.....	29
2. ORE.....	58
3. UCLA.....	93
4. WSU.....	103
5. ARIZ.....	112
6. WASH.....	132
7. CAL.....	204
8. ASU.....	229

1997 (Stanford, Calif.)

1. STAN.....	33
2. ORE.....	86
3. WSU.....	88
4. UCLA.....	103
5. ARIZ.....	113
6. WASH.....	116
7. CAL.....	146
8. ASU.....	195

1998 (Eugene, Ore.)

1. STAN.....	48
2. ORE.....	50
3. ARIZ.....	90
4. ASU.....	124
5. WSU.....	136
6. WASH.....	136
7. CAL.....	171
8. UCLA.....	179

1999 (Long Beach, Calif.)

1. ARIZ.....	36
2. STAN.....	63
3. ORE.....	76
4. ASU.....	84
5. CAL.....	119
6. WASH.....	133
7. UCLA.....	193
8. WSU.....	199

2000 (Seattle, Wash.)

1. STAN.....	21
2. ORE.....	66
3. ARIZ.....	70
4. ASU.....	114
5. WASH.....	117
6. UCLA.....	142
7. WSU.....	190
8. CAL.....	195

2001 (Scottsdale, Ariz.)

1. STAN.....	28
2. ASU.....	75
3. ORE.....	78
4. ARIZ.....	96
5. WASH.....	102
6. UCLA.....	148
7. WSU.....	163
8. CAL.....	192

2002 (Pasadena, Calif.)

1. STAN.....	19
2. ORE.....	51
3. ASU.....	85
4. WASH.....	114
5. WSU.....	165
6. CAL.....	166
7. ARIZ.....	176
8. UCLA.....	183

2003 (Pullman, Wash.)

1. STAN.....	23
2. ORE.....	91
3. WASH.....	93
4. ARIZ.....	109
5. ASU.....	112
6. WSU.....	136
7. UCLA.....	150
8. CAL.....	192

2004 (San Francisco, Calif.)

1. STAN.....	37
2. ASU.....	64
3. ORE.....	105
4. WASH.....	116
5. UCLA.....	118
6. ARIZ.....	138
7. WSU.....	140
8. CAL.....	199

2005 (Tucson, Ariz.)

1. STAN.....	46
2. ARIZ.....	78
3. CAL.....	107
4. WASH.....	116
5. ASU.....	125
6. ORE.....	131
7. UCLA.....	139
8. WSU.....	146

2006 (Stanford, Calif.)

1. ORE.....	53
2. STAN.....	58
3. ARIZ.....	107
4. ASU.....	113
5. UCLA.....	130
6. WASH.....	131
7. WSU.....	150
8. CAL.....	179

2007 (Corvallis, Ore.)

1. ORE.....	39
2. STAN.....	55
3. CAL.....	70
4. UCLA.....	97
5. ASU.....	105
6. WASH.....	162
7. WSU.....	166
8. ARIZ.....	260

2008 (Springfield, Ore.)

1. ORE.....	28
2. STAN.....	47
3. WASH.....	104
3. CAL.....	104
5. UCLA.....	106
6. WSU.....	169
7. ARIZ.....	180
8. ASU.....	198

2009 (Long Beach, Calif.)

1. STAN.....	28
2. ORE.....	45
3. ASU.....	88
4. WASH.....	119
5. UCLA.....	122
6. WSU.....	163
7. CAL.....	180
8. ARIZ.....	193

2010 (Seattle, Wash.)

1. STAN.....	25
2. ORE.....	56
3. CAL.....	86
4. UCLA.....	101
5. ASU.....	143
6. WSU.....	158
7. WASH.....	181
8. ARIZ.....	195

2011 (Litchfield Park, Ariz.)

1. COLO.....	46
2. STAN.....	53
3. ORE.....	93
4. UCLA.....	122
5. CAL.....	140
6. WSU.....	148
7. WASH.....	153
8. ARIZ.....	190
9. ASU.....	195

2012 (Santa Clarita, Calif.)

1. COLO.....	49
2. STAN.....	82
3. ORE.....	105
4. ASU.....	109
5. UCLA.....	113
6. WASH.....	119
7. ARIZ.....	166
8. WSU.....	200
9. CAL.....	234

2013 (Louisville, Colo.)

1. COLO.....	28
2. ORE.....	54
3. STAN.....	79
4. ASU.....	140
5. WASH.....	142
6. WSU.....	151
7. UCLA.....	152
8. ARIZ.....	194
9. CAL.....	220

2014 (Oakland, Calif.)

1. COLO.....	30
2. ORE.....	57
3. STAN.....	60
4. WASH.....	87
5. UCLA.....	168
6. ASU.....	182
7. CAL.....	189
8. ARIZ.....	206
9. WSU.....	224

2015 (Colfax, Wash.)

1. COLO.....	46
2. STAN.....	57
3. ORE.....	83
4. WASH.....	96
5. UCLA.....	127
6. WSU.....	137
7. CAL.....	157
8. ASU.....	218
9. ARIZ.....	271

2016 (Tucson, Ariz.)

1. COLO.....	41
2. STAN.....	47
3. UCLA.....	58
4. ORE.....	94
5. WSU.....	130
6. CAL.....	163
7. WASH.....	187
8. ASU.....	225
9. ARIZ.....	234

PAC-12 MEN'S CROSS COUNTRY

PAC-12 INDIVIDUAL CHAMPIONS

1957 Max Truex, USC (20:32.6)
 1958 Max Truex, USC (20:15.8)
 1959-68 Not Contested
 1969 Gerry Lindgren, WSU (28:32.4)
 1970 Steve Prefontaine, ORE (30:11.7)
 1971 Steve Prefontaine, ORE (28:59.6)
 1972 John Ngono, WSU (29:12.4)
 1973 Steve Prefontaine, ORE (28:05.4)
 1974 John Ngono, WSU (27:37.6)
 1975 Joshua Kimeto, WSU (27:48.6)
 1976 Henry Rono, WSU (28:19.0)
 1977 Joel Cheryuiot, WSU (29:34.8)
 1978 Henry Rono, WSU (29:29.5)
 1979 Henry Rono, WSU (29:07.4)
 1980 Ron Cornell, UCLA (30:26.5)
 1981 Richard Tuwei, WSU (30:56.0)
 1982 Jim Hill, ORE (28:50.0)
 1983 Jim Hill, ORE (30:09.6)
 1984 Tom Ansberry, ARIZ (30:24.8)
 1985 Marc Olesen, STAN (30:33.2)
 1986 Aaron Ramirez, ARIZ (30:23.7)
 1987 Matt Giusto, ARIZ (30:33.0)
 1988 Brad Hudson, ORE (30:47)
 1989 Marc Davis, ARIZ (23:31)
 1990 Marc Davis, ARIZ (23:44)
 1991 Colin Dalton, ORE (23:36)
 1992 Josephat Kapkory, WSU (23:46)
 1993 Josephat Kapkory, WSU (23:38)
 1994 Martin Keino, ARIZ (24:04)
 1995 Karl Keska, ORE (24:14)
 1996 Mebrahtom Keflezighi, UCLA (23:45)
 1997 Bernard Lagat, WSU (23:59)
 1998 Abdi Abdirahman, ARIZ (23:23)
 1999 Steve Fein, ORE (23:37)
 2000 Jonathon Riley, STAN (23:39)
 2001 Grant Robison, STAN (24:04)
 2002 Grant Robison, STAN (23:27)
 2003 Ian Dobson, STAN (24:33)
 2004 Robert Cheseret, ARIZ (23:48)
 2005 Robert Cheseret, ARIZ (23:57)
 2006 Galen Rupp, ORE (23:03)
 2007 Shadrack Kiptoo-Biwott, ORE (22:54)
 2008 Galen Rupp, ORE (22:55)
 2009 Chris Derrick, STAN (22:35)
 2010 Elliott Heath, STAN (23:00)
 2011 Lawi Lalang, ARIZ (22:37)
 2012 Lawi Lalang, ARIZ (22:49)
 2013 Edward Cheserek, ORE (24:36)
 2014 Edward Cheserek, ORE (23:23)
 2015 Edward Cheserek, ORE (23:06)
 2016 Edward Cheserek, ORE (23:58.9)

PAC-12 ATHLETE OF THE YEAR

1975 Joshua Kimeto, WSU
 1976 Henry Rono, WSU
 1977 Henry Rono, WSU
 1978 Alberto Salazar, ORE
 1979 Henry Rono, WSU
 1980 Ron Cornell, UCLA
 1981 Richard Tuwei, WSU
 1982 Jim Hill, ORE
 1983 Jim Hill, ORE
 1984 Tom Ansberry, ARIZ
 1985 Marc Olesen, STAN
 1986 Aaron Ramirez, ARIZ
 1987 Matt Giusto, ARIZ
 1988 Brad Hudson, ORE
 1989 Marc Davis, ARIZ
 1990 Marc Davis, ARIZ
 1991 Martin Keino, ARIZ
 1992 Josephat Kapkory, WSU
 1993 Josephat Kapkory, WSU
 1994 Martin Keino, ARIZ
 1995 Karl Keska, ORE
 1996 Meb. Keflezighi, UCLA
 1997 Meb. Keflezighi, UCLA
 1998 Abdi Abdirahman, ARIZ
 1999 Steve Fein, ORE
 2000 Jonathon Riley, STAN
 2001 Donald Sage, STAN
 2002 Grant Robison, STAN
 2003 Ryan Hall, STAN
 2004 Robert Cheseret, ARIZ
 2005 Robert Cheseret, ARIZ
 2006 Galen Rupp, ORE
 2007 Shadrack Kiptoo-Biwott, ORE
 2008 Galen Rupp, ORE
 2009 Chris Derrick, STAN
 2010 Stephen Sambu, ARIZ
 2011 Lawi Lalang, ARIZ
 2012 Lawi Lalang, ARIZ
 2013 Edward Cheserek, ORE
 2014 Edward Cheserek, ORE
 2015 Edward Cheserek, ORE
 2016 Edward Cheserek, ORE

PAC-12 NEWCOMER/FRESHMAN OF THE YEAR

** beginning 2014, only athletes with freshman eligibility were eligible for the award.*

1999 Jason Hartmann, ORE
 2000 Donald Sage, STAN
 2001 J.J. Duke, ASU
 2002 Neil Davis, STAN
 2003 Robert Cheseret, ARIZ
 2004 Mohamed Trafah, ARIZ
 2005 Mark Matusak, CAL
 2006 Diego Mercado, ORE
 2007 A.J. Acosta, ORE
 2008 Luke Puskedra, ORE
 2009 Miles Unterreiner, STAN
 2010 Stephen Sambu, ARIZ
 2011 Lawi Lalang, ARIZ
 2012 Trevor Dunbar, ORE
 2013 Edward Cheserek, ORE
 2014 Colby Gilbert, WASH
 2015 John Dressel, COLO
 2016 Thomas Ratcliffe, STAN

PAC-12 MEN'S CROSS COUNTRY

PAC-12 COACH OF THE YEAR

1975 John Chaplin, WSU
 1976 Bill Dellinger, ORE
 1977 Bill Dellinger, ORE
 1978 Bill Dellinger, ORE
 1979 Bill Dellinger, ORE
 1980 Bob Larsen, UCLA
 1981 Bob Larsen, UCLA
 1982 Bill Dellinger, ORE
 1983 Dave Murray, ARIZ
 1984 Dave Murray, ARIZ
 1985 Brooks Johnson, STAN
 1986 Dave Murray, ARIZ
 1987 Dave Murray, ARIZ
 1988 Bill Dellinger, ORE
 1989 Bill Dellinger, ORE
 1990 Bill Dellinger, ORE
 1991 Dave Murray, ARIZ
 1992 Bill Dellinger, ORE
 1993 Mike Johnson, WASH
 1994 Dave Murray, ARIZ
 1995 Bill Dellinger, ORE
 1996 Vin Lananna, STAN
 1997 Vin Lananna, STAN
 1998 Bill Dellinger, ORE
 1999 Dave Murray, ARIZ
 2000 Vin Lananna, STAN
 2001 Vin Lananna, STAN
 2002 Vin Lananna, STAN
 2003 Andrew Gerard, STAN
 2004 Andrew Gerard, STAN
 2005 Peter Tegen, STAN
 2006 Vin Lananna, ORE
 2007 Vin Lananna, ORE
 2008 Vin Lananna, ORE
 2009 Jason Dunn, STAN
 2010 Jason Dunn, STAN
 2011 Mark Wetmore, COLO
 2012 Mark Wetmore, COLO
 2013 Mark Wetmore, COLO
 2014 Mark Wetmore, COLO
 2015 Mark Wetmore, COLO
 2016 Mark Wetmore, COLO

PAC-12 ALL-CONFERENCE

1999 First Team
 Steve Fein, ORE
 Micheil Jones, ARIZ
 Jake Maas, STAN
 Fasil Bizuneh, ASU
 David Lopez, ARIZ
 Thomas Murley, STAN

Second Team
 Bolota Asmerom, CAL
 Steve Smith, ARIZ
 Andrew Bliss, ORE
 Brent Pedersen, ARIZ
 Tom Prindiville, ARIZ
 Peter Gilmore, CAL

2000 First Team
 Jonathon Riley, STAN
 Jason Hartmann, ORE
 Louis Luchini, STAN
 Grant Robison, STAN
 Tom Prindiville, ARIZ
 Thomas Murley, STAN

Second Team
 Donald Sage, STAN
 Bryan Green, UCLA
 David Lopez, ARIZ
 Michael Kasahun, ORE
 Steve Smith, ARIZ
 John Russell, WASH

2001 First Team
 Grant Robison, STAN
 Fasil Bizuneh, ASU
 Donald Sage, STAN
 Jason Fayant, WASH
 Ian Dobson, STAN
 Jason Hartmann, ORE

Second Team
 Daniel Parris, STAN
 Ronnie Buchanan, ASU
 Juan Reyes, ASU
 Kyle Goklish, ARIZ
 Adam Bergquist, ORE
 Seth Hejney, STAN

2002 First Team
 Ryan Andrus, ORE
 Ian Dobson, STAN
 Jason Hartmann, ORE
 Grant Robison, STAN
 Donald Sage, STAN
 Adam Tenforde, STAN

Second Team
 Fasil Bizuneh, ASU
 Neil Davis, STAN
 Ryan Hall, STAN
 Brett Holts, ORE
 Peter Meindl, STAN
 Justin Romaniuk, STAN

2003 First Team
 Ian Dobson, STAN
 Grant Robison, STAN
 Robert Cheseret, ARIZ
 Donald Sage, STAN
 Jonah Maiyo, ARIZ
 Brett Holts, ORE
 Chris Emme, STAN

Second Team
 Eric Logsdon, ORE
 Adam Tenforde, STAN
 Eric Garner, WASH
 Ryan Andrus, ORE
 Seth Hejny, STAN
 Andrew Hill, STAN
 Ian Johnson, WSU

2004 First Team
 Robert Cheseret, ARIZ
 Ryan Hall, STAN
 Aaron Aguayo, ASU
 Jacob Gomez, STAN
 Jon Rankin, UCLA
 Mark Mandi, WASH
 David Vidal, STAN

Second Team
 Ryan Andrus, ORE
 Danny Wolf, WSU
 Velibor Radejovic, ASU
 Brett Gotcher, STAN
 Eric Logsdon, ORE
 Peter Meindl, STAN
 Ryan Warrenburg, ASU

2005 First Team
 Robert Cheseret, ARIZ
 Obed Mutanya, ARIZ
 Neftalem Araia, STAN
 Mark Mandi, WASH
 Austin Ramos, UCLA
 Mike Haddan, UCLA
 Jonathan Pierce, STAN

Second Team
 Giliat Ghebray, CAL
 Jonah Maiyo, ARIZ
 Brett Gotcher, STAN
 Ryan Warrenburg, ASU
 David Vidal, STAN
 Pat Werhane, ORE
 Jacob Gomez, STAN

2006 First Team
 Galen Rupp, ORE
 Robert Cheseret, ARIZ
 Neftalem Araia, STAN
 Aaron Aguayo, ASU
 Obed Mutanya, ARIZ
 Shadrack Kiptoo-Biwott, ORE
 Jeremy Mineau, WASH

Second Team
 Brett Gotcher, STAN
 Diego Mercado, ORE
 Kyle Alcorn, ASU
 David Torrence, CAL
 Pat Werhane, ORE
 Jonathan Pierce, STAN
 Jacob Gomez, STAN

2007 First Team
 Shadrack Kiptoo-Biwott, ORE
 Galen Rupp, ORE
 Russell Brown, STAN
 Austin Ramos, UCLA
 Hari Mix, STAN
 Neftalem Araia, STAN
 Yosef Ghebray, CAL

Second Team
 Mark Matusak, CAL
 David Torrence, CAL
 Kyle Alcorn, ASU
 Scott Wall, ORE
 Andrew Acosta, ORE
 Kenny Klotz, ORE
 Andrew Wheating, ORE

2008 First Team
 Galen Rupp, ORE
 Luke Puskedra, ORE
 Chris Derrick, STAN
 Garrett Heath, STAN
 Shadrack Kiptoo-Biwott, ORE
 Yosef Ghebray, CAL
 Jake Riley, STAN

Second Team
 Drew Shackleton, UCLA
 Andrew Wheating, ORE
 Jeremy Mineau, WASH
 Matthew Centrowitz, ORE
 Curtis Suyer, ORE
 Hakon DeVries, STAN
 Mark Matusak, CAL

2009 First Team
 Chris Derrick, STAN
 Brandon Bethke, ASU
 Elliott Heath, STAN
 Luke Puskedra, ORE
 Matthew Centrowitz, ORE
 Jake Riley, STAN
 Justin Marpole-Bird, STAN

Second Team
 Jordan McNamara, ORE
 Marco Anzures, UCLA
 Kelly Spady, WASH
 Miles Unterreiner, STAN
 Brendan Gregg, STAN
 Danny Mercado, ORE
 Ben Engelhardt, ASU

2010 First Team
 Matthew Centrowitz, ORE
 Michael Coe, CAL
 Chris Derrick, STAN
 Elliott Heath, STAN
 Luke Puskedra, ORE
 Jake Riley, STAN
 Stephen Sambu, ARIZ

Second Team
 A.J. Acosta, ORE
 Ben Engelhardt, ASU
 Danny Mercado, ORE
 Erik Olson, STAN
 Steve Sodaro, CAL
 J.T. Sullivan, STAN
 Miles Unterreiner, STAN

PAC-12 MEN'S CROSS COUNTRY

2011 First Team

Chris Derrick, STAN
Lawi Lalang, ARIZ
Richard Medina, COLO
Luke Puskedra, ORE
Jake Riley, STAN
Parker Stinson, ORE
Andy Wacker, COLO

Second Team

Joe Bosshard, COLO
Brendan Gregg, STAN
Collin Jarvis, CAL
Andrew Kimpel, WSU
Kent Morikawa, UCLA
Erik Olson, STAN
Christian Thompson, COLO

2012 First Team

Trevor Dunbar, ORE
Lawi Lalang, ARIZ
Joe Rosa, STAN
Stephen Sambu, ARIZ
Parker Stinson, ORE
Blake Theroux, COLO
Lane Werley, UCLA

Second Team

Hugh Dowdy, COLO
Nick Happe, ASU
Jake Hurysz, COLO
Benjamin Johnson, STAN
Martin Medina, COLO
Pierce Murphy, COLO
Aric VanHalen, COLO

2013 First Team

Edward Cheserek, ORE
Pierce Murphy, COLO
Jim Rosa, STAN
Blake Theroux, COLO
Ben Saarel, COLO
Parker Stinson, ORE
Connor Winter, COLO

Second Team

Michael Atchoo, STAN
Mac Fleet, ORE
Nick Hartle, UCLA
Ammar Moussa, COLO
Aaron Nelson, WASH
Erik Olson, STAN
Garrett Seawell, ASU

2014 First Team

Edward Cheserek, ORE
Eric Jenkins, ORE
Ammar Moussa, COLO
Pierce Murphy, COLO
Joe Rosa, STAN
Blake Theroux, COLO
Connor Winter, COLO

Second Team

Michael Atchoo, STAN
Tyler King, WASH
Maksim Korolev, STAN
Sean McGorty, STAN
Aaron Nelson, WASH
Ben Saarel, COLO
Chris Walden, CAL

2015 First Team

Edward Cheserek, ORE
John Dressel, COLO
Sean McGorty, STAN
Ammar Moussa, COLO
Pierce Murphy, COLO
Lane Werley, UCLA
Izaic Yorks, WASH

Second Team

Grant Fisher, STAN
Travis Neuman, ORE
Morgan Pearson, COLO
Joe Rosa, STAN
Chris Walden, CAL
John Whelan, WSU
Michael Williams, WSU

2016 First Team

Edward Cheserek, ORE
Grant Fisher, STAN
Ben Saarel, COLO
Zach Perrin, COLO
Ferdinand Edman, UCLA
John Dressel, COLO
Sean McGorty, STAN

Second Team

Thomas Ratcliffe, STAN
Ryan Forsyth, COLO
Jonah Diaz, UCLA
Collin Burke, UCLA
Austin O'Neil, UCLA
Travis Neuman, ORE
Garrett Sweatt, STAN

PAC-12 ALL-ACADEMIC

1990 First Team

Colden Baxter, ORE
Kendall Fink, ASU
Jeff Green, WASH
Patrick Johnson, WASH
Dave Scudamore, STAN
Bernard Semler, ARIZ
Tye Van Schoiack, ORE

Second Team

Brett Allsop, STAN
Shawn Anderson, WASH
Tyler Anderson, WASH
Bennie Cravatt, STAN
Mike Kramer, WSU
Kirk Nelson, WASH
Jamie Nordstrom, WSU

1991 First Team

Bennie Cravatt, STAN
Alan Foster, ORE
E.J. Guo, WSU
Greg Metcalf, WASH
Dave Scudamore, STAN
Tye Van Schoiack, ORE
Gary Stolz, STAN

Second Team

Alex Accetta, STAN
Derek Bork, STAN
Kevin Guiberson, WSU
Andy Maris, ORE
Mike Reilly, STAN
Bernard Semler, ARIZ
Bard Zajac, WASH

1992 First Team

Colden Baxter, ORE
John Dimoff, ORE
Mike Kirkendall, WASH
Neil Panchen, WASH
Mike Reilly, STAN
Bernard Semler, ARIZ
Gary Stolz, STAN

Second Team

Derek Bork, STAN
Kirk Bronander, ARIZ
Byron DeVore, UCLA
Creighton Harris, UCLA
Todd Lewis, STAN
Brian McCaffery, STAN
Jamie Nordstrom, WSU

1993 First Team

Sam Alexander, WASH
Richie Boulet, CAL
John Dimoff, ORE
Creighton Harris, UCLA
Jeffrey Haynes, ARIZ
George Loucaides, WSU
Gary Stolz, STAN

Second Team

Kirk Bronander, ARIZ
Rick Cantwell, ORE
Todd Lewis, STAN
Joe Mineiro, CAL
Rob Reeder, STAN
Erik Strachan, ASU
Andrew Wyman, WASH

1994 First Team

Sam Alexander, WASH
Richie Boulet, CAL
Jeff Haynes, ARIZ
Greg Jimmerson, STAN
George Loucaides, WSU
Jon Pillow, ARIZ
Rob Reeder, STAN

Second Team

Mark Douglas, CAL
Neil Hanson, WASH
Nick Pavach, WASH
Andrew Cowgill, STAN
Andy Wyman, WASH
Bard Zajac, WASH
Bryan Zmijewski, STAN

1995 First Team

Richie Boulet, CAL
Maragarito Casillas, ARIZ
Mark Fadil, STAN
Steve Hatzenbeler, WASH
Greg Jimmerson, STAN
George Loucaides, WSU
Jon Pillow, ARIZ

Second Team

Travis Anderson, ASU
Rick Cantwell, ORE
Neil Hanson, WASH
Jeff Haynes, ARIZ
Gavin MacCluer, WASH
Ari Rodriguez, ASU
Andy Wyman, WASH

1996 First Team

Daniel Das Neves, ORE
Greg Jimmerson, STAN
Gavin MacCluer, WASH
Jason Perscheid, STAN
Jon Pillow, ARIZ
Robert Reeder, STAN
Chad Wenger, ARIZ

Second Team

Jason Balkman, STAN
Dan Hilton, WASH
David Jungk, WSU
Luther Kopf, ARIZ
John Lunn, STAN
Michael Prindiville, STAN
Jonathan Weldon, STAN

1997 First Team

Jason Balkman, STAN
Daniel Das Neves, ORE
Peter Gilmore, CAL
Jason Lunn, STAN
Jake Maas, STAN
Chris Maier, CAL
Jonathon Murray, WSU

Second Team

Christian Belz, WASH
Margarito Casillas, ARIZ
Tom Hildrum, WASH
Chris Lundstrom, STAN
Simon Mudd, CAL
David Schruth, WASH
Jonathan Weldon, STAN

1998 First Team

Jason Balkman, STAN
Jake Mass, STAN
Chris Maier, CAL
Christian Belz, WASH
Micah Davis, ORE
Jonathan Weldon, STAN
Thomas Murley, STAN

Second Team

Bolota Asmerom, CAL
David Bazzi, WASH
Tom Hildrum, WASH
Steve Immel, CAL
Micheil Jones, ARIZ
Chris Lundstrom, STAN
Oliver Wirz, ORE

1999 First Team

Michael Cramer, ARIZ
Steve Fein, ORE
Peter Gilmore, CAL
Tom Hildrum, WASH
Jake Maas, STAN
Thomas Murley, STAN
Brett Pederson, ARIZ

Second Team

Scott Abbott, UCLA
Bolota Asmerom, CAL
Fasil Bizuneh, ASU
Jason Cadman, WASH
Sam Hill, ORE
Gabe Jennings, STAN
Micheil Jones, ARIZ

PAC-12 MEN'S CROSS COUNTRY

2000 First Team

Scott Abbott, UCLA
Adam Bergquist, ORE
Garrett Jensen, ASU
Scott Johnson, WSU
Nick Martin, CAL
Thomas Murley, STAN
Adam Tenforde, STAN

Second Team

Chris Coffee, CAL
John Collin, CAL
Martin Conrad, CAL
Michael Cramer, ARIZ
Bryan Green, UCLA
Nate Stoll, STAN
Jonathan Welsh, WSU

2001 First Team

Mark Anderson, ARIZ
Ryan Andrus, ORE
Adam Berquist, ORE
Michael Cramer, ARIZ
Bryan Green, UCLA
Scott Johnson, WSU
Joe Urbanski, STAN

Second Team

Fasil Bizuneh, ASU
Carlos Carballo, CAL
J.R. Cox, ASU
Ian Johnson, WSU
Nick Martin, CAL
Seth Neumuller, UCLA
Donald Sage, STAN

2002 First Team

Ryan Andrus, ORE
Mark Anderson, ARIZ
Ryan Andrus, ORE
John Burke, CAL
Martin Conrad, CAL
Kevin Engelhardt, ARIZ
Andrew Hill, STAN
Ian Johnson, WSU
Craig Pansing, ARIZ
Aaron Powell, ARIZ
Adam Tenforde, STAN

Second Team

Todd Arnold, WASH
Kyle Barker, WSU
Carlos Carballo, CAL
Neil Davis, STAN
Ian Dobson, STAN
Michael Heidt, WSU
John Lucas, ORE
Jeremy Rasmussen, ASU
Grant Robison, STAN
Donald Sage, STAN

2003 First Team

Shane Ahlers, ORE
Ryan Andrus, ORE
Jonathan Balzer, CAL
Travis Boyd, WASH
Jeremy Cramer, ASU
Andy Fader, WASH
Ryan Freimuth, WSU
Ian Johnson, WSU
John Lucas, ORE
Adam Tenforde, STAN

Second Team

Todd Arnold, WASH
Neil Davis, STAN
Ian Dobson, STAN
Erik Emilsson, UCLA
Chad Galbreath, UCLA
Michael Heidt, WSU
Brett Holts, ORE
Eric Logsdon, ORE
Mark Mandi, WASH
Ryan Warrenburg, ASU

2004 First Team

Dan Blomgren, CAL
Travis Boyd, WASH
Kal Clark, ASU
Jeremy Cramer, ASU
Kevin Engelhardt, ARIZ
Ryan Freimuth, WSU
Aaron Powell, ARIZ
Robert Smitson, STAN
Alec Wall, ORE
Ryan Warrenburg, ASU

Second Team

Erik Emilsson, UCLA
Andy Fader, WASH
Daniel Frederick, WSU
Alex Grant, WSU
Michael Heidt, WSU
Jon Hickey, WASH
Andrew Jones, WSU
Griffin Lee, ASU
Mark Mandi, WASH
Forrest Tahdooahnippah, STAN

2005 First Team

Travis Boyd, WASH
Chris Chavez, CAL
Kal Clark, ASU
Jeremy Cramer, ASU
Ryan Freimuth, WSU
Griffin Lee, ASU
Christopher Ogle, ARIZ
Drew Polley, WSU
Forrest Tahdooahnippah, STAN
Ryan Warrenburg, ASU

Second Team

Neftalem Araia, STAN
Andy Fader, WASH
Woody Favinger, WSU
Mark Mandi, WASH
Mike McGrath, ORE
Kevin Peters, WASH
Vellibor Radejovic, ASU
Eric Roberts, CAL
Drew Shackleton, UCLA
Kyle Shackleton, UCLA

2006 First Team

Christopher Chavez, CAL
Kal Clark, ASU
Woody Favinger, WSU
Garrett Heath, STAN
Chris Ogle, ARIZ
Galen Rupp, ORE
Drew Shackleton, UCLA
Kyle Shackleton, UCLA
Forrest Tahdooahnippah, STAN
Scott Wall, ORE

Second Team

Neftalem Araia, STAN
Travis Boyd, WASH
David Gott, ASU
Joey Heller, ASU
Mark Matusak, CAL
Mike McGrath, ORE
Jeremy Mineau, WASH
Kevin Peters, WASH
Drew Polley, WSU
Mike Sayenko, WASH

2007 First Team

Evan Blanshan, WSU
Christopher Chavez, CAL
Mathew Cravens, ORE
Ben Engelhardt, ASU
Garrett Heath, STAN
Drew Polley, WSU
Galen Rupp, ORE
Drew Shackleton, UCLA
Kyle Shackleton, UCLA
Scott Wall, ORE

Second Team

Neftalem Araia, STAN
Riley Booker, WASH
Russell Brown, STAN
Michael Garcia, STAN
Daniel Geib, WSU
Alex Grant, WSU
Mark Matusak, CAL
Mike McGrath, ORE
Hari Mix, STAN
Chris Mocko, STAN

2008 First Team

Evan Blanshan, WSU
Reed Blochberger, ARIZ
Garrett Heath, STAN
Jeremy Mineau, WASH
Thomas Peterson, ASU
Drew Polley, WSU
Galen Rupp, ORE
Drew Shackleton, UCLA
Jordan Swarthout, WASH
Scott Wall, ORE

Second Team

Chris Ahl, WASH
Ben Engelhardt, ASU
Matt Hansdavid Miller, CAL
Jon Harding, WASH
Kari Karlsson, CAL
Daniel Lovell, ASU
Jordan Mara, ARIZ
Mark Matusak, CAL
Hari Mix, STAN
Chris Mocko, STAN

2009 First Team

Chris Derrick, STAN
Ben Engelhardt, ASU
Justin Englund, WSU
Ben Jankunas, ASU
Cameron Liston, ASU
Jordan Mara, ARIZ
Matthew Miller, CAL
Justin Reed, STAN
Jordan Swarthout, WASH
Miles Unterreiner, STAN

Second Team

Marco Anzures, UCLA
Brandon Bethke, ASU
Matt Boughton, ASU
Maxime Chevee, CAL
Alex Crabill, UCLA
Collin Eckelman, ASU
Elliott Heath, STAN
Daniel Lovell, ASU
Justin Marpole-Bird, STAN
Luke Puskedra, ORE

2010 First Team

Ben DeJarnette, ORE
Chris Derrick, STAN
Ben Engelhardt, ASU
Justin Englund, WSU
Nick Happe, ASU
Elliott Heath, STAN
Jordan Mara, ARIZ
Steven Schnieders
Jordan Swarthout, WASH
Miles Unterreiner, STAN

Second Team

Andrew Berberick, STAN
Ramsey Chapin, STAN
Maxime Chevee, CAL
Tim Costin, ORE
Andrew Gonzales, WSU
Kevin Havell, STAN
Daniel Lovell, ASU
Rory McLeod, ARIZ
Ken Scoggins, ORE
Doug Smith, ASU

2011 First Team

Garrett Baker-Slama, ASU
Ben DeJarnette, ORE
Chris Derrick, STAN
Justin Englund, WSU
Nick Happe, ASU
Rory McLeod, ARIZ
Matthew Miller, CAL
Steven Schnieders, ASU
Miles Unterreiner, STAN
Patrick Zacharias, ARIZ

Second Team

Matt Biegner, COLO
Matt Boughton, ASU
Joey Bywater, WASH
Maxime Chevee, CAL
Tim Costin, ORE
Andrew Gonzales, WSU
Alec Govi, UCLA
Benjamin Johnson, STAN
Steve Kasica, COLO
Doug Smith, ASU

PAC-12 MEN'S CROSS COUNTRY

2012 First Team

Garrett Baker-Slama, ASU
Ben DeJarnette, ORE
Nick Happe, ASU
Benjamin Johnson, STAN
Rory McLeod, ARIZ
Jerome Perkins, COLO
Steven Schnieders, ASU
Miles Unterreiner, STAN
Josh Walker, ASU
Jacob Wood, UCLA

Second Team

Matt Biegner, COLO
Kenji Bierig, ARIZ
Tim Costin, ORE
Drew Jordan, WSU
Andrew Kimpel, WSU
Lawi Lalang, ARIZ
Matthew Melancon, ORE
Forrest Shaffer, WSU
Tyler Stutzman, STAN
Tyler Valdes, STAN

2013 First Team

Michael Atchoo, STAN
Garrett Baker-Slama, ASU
Marco Bertolotti, STAN
Kevin Bishop, STAN
Sean Davis, UCLA
Leland Later, CAL
Sam Macaluso, ARIZ
Steven Schnieders, ASU
Edward Trim, CAL
Jacob Wood, UCLA

Second Team

Justin Brinkley, STAN
Thomas Joyce, CAL
Lawi Lalang, ARIZ
Matthew Melancon, ORE
Blake Myers, UCLA
Morgan Pearson, COLO
Forrest Shaffer, WSU
Tyler Stutzman, STAN
Garrett Sweatt, STAN
Daniel Wong, ASU

2014 First Team

CJ Albertson, ASU
Cody Brazeal, ASU
David Emmert, COLO
Collins Kibet, ARIZ
Cameron Miller, STAN
Tanguy Pepiot, ORE
Sam Prakes, ORE
Ben Saarel, COLO
Brendan Tinoco, ARIZ
John Whelan, WSU

Second Team

William Contreras, CAL
Jackson Darland, ORE
Sean Davis, UCLA
Jackson Haselnus, WSU
Sam Macaluso, ARIZ
Matthew Melancon, ORE
Adam Peterman, COLO
Ryan Silva, STAN
Alexander Simpson, WSU
Tommy Williams, ASU

2015 First Team

Clayton Albertson, ASU
Cody Brazeal, ASU
Sean Davis, UCLA
Cameron Miller, STAN
J.P. Nelson, ASU
Ryan Normand, ASU
Sam Prakes, ORE
John Reniewicki, ASU
Cameron Tu, CAL
Samuel Willis, ARIZ

Second Team

Jackson Darland, ORE
Steven Fahy, STAN
Thomas Joyce, CAL
Jack Keelan, STAN
Matthew Melancon, ORE
John Lawson, CAL
Paul Miller, COLO
Travis Neuman, ORE
Morgan Pearson, COLO
Alex Simpson, WSU

2016 First Team

CJ Albertson, ASU
Cody Brazeal, ASU
Chandler Teigen, WSU
Garrett Corcoran, CAL
Jake Finney, WSU
Adam Peterman, COLO
Sam Prakes, ORE
John Reniewicki, ASU
Ben Saarel, COLO
Millen Trujillo, UCLA

Second Team

Kai Benedict, CAL
Colin Burke, UCLA
Steven Fahy, STAN
Grant Fisher, STAN
Jeffrey Gautreau, ARIZ
Jack Keelan, STAN
Sean McGorty, STAN
Paul Miller, COLO
Travis Neuman, ORE
Nathan Wadhvani, WSU

PAC-12 SCHOLAR-ATHLETES OF THE YEAR

2007 Neftalem Araia, STAN
2008 Galen Rupp, ORE
2009 Brandon Bethke, ASU
2010 Elliott Heath, STAN
2011 Chris Derrick, STAN
2012 Nicke Happe, ASU
2013 Tyler Stutzman, STAN
2014 Sam Macaluso, ARIZ
2015 Morgan Pearson, COLO
2016 Ben Saarel, COLO

NCAA TEAM CHAMPIONS FROM THE PAC-12

1961 OSU
1970 ORE
1973 ORE
1974 ORE
1977 ORE
1996 STAN
2001 COLO
2002 STAN
2003 STAN
2004 COLO
2006 COLO
2007 ORE
2008 ORE
2013 COLO
2014 COLO

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1957 Max Truex, USC (19:12.3)
1961 Dale Story, OSU (19:46.6)
1966 Gerry Lindgren, WSU (29:01.4)
1967 Gerry Lindgren, WSU (30:45.6)
1969 Gerry Lindgren, WSU (28:59.2)
1970 Steve Prefontaine, ORE (28:00.2)
1971 Steve Prefontaine, ORE (29:14)
1973 Steve Prefontaine, ORE (28:14.8)
1976 Henry Rono, WSU (28:06.6)
1977 Henry Rono, WSU (28:33.5)
1978 Alberto Salazar, ORE (29:29.7)
1979 Henry Rono, WSU (28:19.6)
1982 Mark Scrutton, COLO (30:12.6)
1986 Aaron Ramirez, ARIZ (30:27.53)
1993 Josephat Kapkory, WSU (29:32.4)
1994 Martin Keino, ARIZ (30:08.7)
1997 Meb Keflezighi, UCLA (28:54)
1998 Adam Goucher, COLO (29:26.9)
2002 Jorge Torres, COLO (29:04.7)
2003 Dathan Ritzenhein, COLO (19:24.1)
2008 Galen Rupp, ORE (29:03.2)
2011 Lawi Lalang, ARIZ (28:44.1)
2013 Edward Cheserek, ORE (29:41.1)
2014 Edward Cheserek, ORE (30:19.4)
2015 Edward Cheserek, ORE (28:45.8)

**Race Distance 1938-64: 4 miles;
1965-75: 6 miles; 1976-2011:
10,000 meters.**

PAC-12 WOMEN'S CROSS COUNTRY

PAC-12 TEAM CHAMPIONS

1986	ORE
1987	ORE
1988	ORE
1989	WASH
1990	ORE
1991	ORE
1992	ORE
1993	STAN
1994	STAN
1995	ORE
1996	STAN
1997	STAN
1998	STAN
1999	STAN
2000	STAN
2001	STAN
2002	STAN
2003	STAN
2004	STAN
2005	STAN
2006	STAN
2007	STAN
2008	WASH
2009	WASH
2010	STAN
2011	COLO
2012	ORE
2013	ARIZ
2014	ORE
2015	COLO
2016	COLO

PAC-12 TITLES BY TEAM

15	STANFORD
9	OREGON
3	COLORADO
3	WASHINGTON
1	ARIZONA

PAC-12 CHAMPIONSHIP RESULTS

1986 (Stanford, Calif.)

1.	ORE	61
2.	UCLA	78
3.	STAN	84
4.	ARIZ	99
5.	ASU	121
6.	WSU	129
7.	CAL	146
8.	OSU	207
9.	WASH	212

1987 (Stanford, Calif.)

1.	ORE	29
2.	UCLA	64
3.	WSU	91
4.	ASU	123
5.	STAN	123
6.	CAL	142
7.	WASH	159
8.	ARIZ	177
9.	OSU	254

1988 (Stanford, Calif.)

1.	ORE	43
2.	UCLA	75
3.	CAL	77
4.	WSU	114
5.	ARIZ	120
6.	WASH	143
7.	STAN	155
8.	ASU	178
9.	OSU	272

1989 (Stanford, Calif.)

1.	WASH	65
2.	WSU	79
3.	ORE	83
4.	UCLA	110
5.	ARIZ	127
6.	STAN	134
7.	ASU	142
8.	CAL	154

1990 (Stanford, Calif.)

1.	ORE	56
2.	WASH	61
3.	ARIZ	87
4.	WSU	110
5.	UCLA	119
6.	CAL	131
7.	STAN	160
8.	ASU	182
9.	USC	283

1991 (Stanford, Calif.)

1.	ORE	38
2.	ARIZ	58
3.	WASH	75
4.	UCLA	110
5.	ASU	127
6.	STAN	150
7.	WSU	166
8.	CAL	182
9.	USC	268

1992 (Stanford, Calif.)

1.	ORE	58
2.	WASH	73
3.	ARIZ	82
4.	STAN	95
5.	UCLA	122
6.	WSU	141
7.	ASU	144
8.	CAL	163
9.	USC	285

1993 (Stanford, Calif.)

1.	STAN	55
2.	ARIZ	65
3.	UCLA	71
4.	ORE	78
5.	WASH	106
6.	CAL	146
7.	ASU	204
8.	WSU	209
9.	USC	267

1994 (Stanford, Calif.)

1.	STAN	57
2.	ORE	74
3.	ARIZ	82
4.	WASH	83
5.	UCLA	84
6.	WSU	141
7.	CAL	166
8.	ASU	230
9.	USC	261

1995 (Stanford, Calif.)

1.	ORE	55
2.	ARIZ	60
3.	STAN	61
4.	WASH	92
5.	UCLA	115
6.	CAL	161
7.	WSU	170
8.	USC	208
9.	ASU	278

1996 (Stanford, Calif.)

1.	STAN	38
2.	WASH	82
3.	ARIZ	92
4.	UCLA	116
5.	ORE	126
6.	USC	149
7.	WSU	169
8.	CAL	155
9.	ASU	216

1997 (Stanford, Calif.)

1.	STAN	36
2.	ORE	72
	WASH	72
4.	UCLA	127
5.	ARIZ	148
6.	USC	153
7.	WSU	163
8.	CAL	183
9.	ASU	190

1998..... (Eugene, Ore.)

1.	STAN	53
2.	WASH	74
3.	ARIZ	92
4.	ASU	122
5.	ORE	125
6.	WSU	154
7.	USC	166
8.	UCLA	167
9.	CAL	176

1999 (Long Beach, Calif.)

1.	STAN	32
2.	ASU	62
3.	WASH	70
4.	UCLA	98
5.	ARIZ	119
6.	ORE	135
7.	WSU	205
8.	USC	228
	CAL	228

2000 (Seattle, Wash.)

1.	STAN	51
2.	ASU	67
3.	ARIZ	79
4.	WASH	83
5.	WSU	124
6.	UCLA	134
7.	ORE	140
8.	USC	226
9.	CAL	254

2001 (Scottsdale, Ariz.)

1.	STAN	27
2.	ARIZ	64
3.	ASU	79
4.	UCLA	107
5.	WASH	109
6.	WSU	155
7.	USC	168
8.	ORE	210
9.	CAL	259

2002 (Pasadena, Calif.)

1.	STAN	23
2.	ASU	59
3.	WASH	79
4.	UCLA	86
5.	ORE	134
6.	WSU	197
7.	USC	202
8.	CAL	208
9.	ARIZ	242

2003 (Pullman, Wash.)

1.	STAN	22
2.	ASU	78
3.	UCLA	79
4.	WASH	123
5.	ORE	161
6.	ARIZ	179
7.	USC	185
8.	WSU	187
9.	CAL	202

2004 (San Francisco, Calif.)

1.	STAN	30
2.	ASU	47
3.	WASH	100
4.	UCLA	102
5.	WSU	171
6.	ARIZ	180
7.	ORE	182
8.	USC	233
9.	CAL	237
10.	OSU	238

2005 (Tucson, Ariz.)

1.	STAN	34
2.	ASU	40
3.	ORE	86
4.	WASH	111
5.	WSU	159
6.	UCLA	162
7.	CAL	188
8.	OSU	190
9.	ARIZ	208
10.	USC	309

2006 (Stanford, Calif.)

1.	STAN	22
2.	ASU	51
3.	WASH	96
4.	ORE	103
5.	UCLA	121
6.	WSU	156
7.	ARIZ	206
8.	OSU	217
9.	CAL	260
10.	USC	323

PAC-12 WOMEN'S CROSS COUNTRY

2007 (Crovallis, Ore.)

1. STAN	48
2. ORE	64
3. ASU	68
WASH	68
5. WSU	136
6. ARIZ	188
7. OSU	197
8. USC	215
9. CAL	237
10. UCLA	248

2008 (Eugene, Ore.)

1. WASH	15
2. ORE	55
3. STAN	99
4. ASU	105
5. WSU	188
6. OSU	192
7. ARIZ	199
8. CAL	209
9. USC	212
10. UCLA	271

2009 (Long Beach, Calif.)

1. WASH	35
2. ORE	42
3. ASU	110
4. STAN	111
5. CAL	128
6. ARIZ	130
7. UCLA	207
8. OSU	239
9. USC	250
10. WSU	251

2010 (Seattle, Wash.)

1. STAN	62
2. ARIZ	65
3. ORE	68
3. WASH	68
5. CAL	132
6. UCLA	165
7. ASU	188
8. OSU	245
9. WSU	252
10. USC	257

2011 (Litchfield Park, Ariz.)

1. COLO	50
2. WASH	73
3. STAN	75
4. ORE	89
5. ARIZ	104
6. ASU	168
7. CAL	190
8. UTAH	205
9. OSU	249
10. UCLA	288
11. WSU	291
12. USC	384

2012 (Santa Clarita, Calif.)

1. ORE	47
2. ARIZ	69
3. STAN	82
4. WASH	92
5. COLO	124
6. UCLA	172
7. UTAH	200
8. CAL	209
9. ASU	210
10. USC	295
11. OSU	305
12. WSU	308

2013 (Louisville, Colo.)

1. ARIZ	69
2. COLO	75
3. WASH	111
4. ORE	113
5. STAN	129
6. ASU	138
7. UCLA	173
8. UTAH	207
9. CAL	213
10. WSU	260
11. OSU	269
12. USC	346

2014 (Oakland, Calif.)

1. ORE	54
2. STAN	74
3. COLO	82
4. WASH	93
5. UCLA	143
6. ASU	158
7. CAL	185
8. ARIZ	200
9. UTAH	241
10. WSU	246
11. USC	336
12. OSU	342

2015 (Colfax, Wash.)

1. COLO	45
2. ORE	51
3. STAN	80
4. WASH	92
5. UTAH	149
6. ASU	162
7. CAL	241
8. ARIZ	237
9. UCLA	241
10. WSU	262
11. OSU	321
12. USC	361

2016 (Tucson, Ariz.)

1. COLO	33
2. WASH	74
3. STAN	83
4. ORE	88
5. UTAH	169
6. CAL	184
7. UCLA	201
8. ARIZ	204
9. OSU	224
10. ASU	236
11. WSU	304
12. USC	375

PAC-12 INDIVIDUAL CHAMPIONS

1986	Penny Graves, ORE (16:51.7)
1987	Annette Hand, ORE (16:44.0)
1988	Liz Wilson, ORE (17:06)
1989	Jennifer Robertson, WSU (16:53)
1990	Liz Wilson, ORE (16:52)
1991	Lisa Karnopp, ORE (16:48)
1992	Nicole Woodward, ORE (16:51)
1993	Karen Hecox, UCLA (16:43)
1994	Karen Hecox, UCLA (17:00)
1995	Amy Skieresz, ARIZ (16:45)
1996	Amy Skieresz, ARIZ (16:36)
1997	Amy Skieresz, ARIZ (16:40)
1998	Amy Skieresz, ARIZ (16:59)
1999	Erin Sullivan, STAN (17:01)
2000	Tara Chaplin, ARIZ (20:10)*
2001	Lauren Fleshman, STAN (20:08)
2002	Sara Bei, STAN (19:48)
2003	Sara Bei, STAN (21:12)
2004	Amy Hastings, ASU (20:19)
2005	Arianna Lambie, STAN (20:20)
2006	Arianna Lambie, STAN (20:15)
2007	Arianna Lambie, STAN (19:40)
2008	Kendra Schaaf, WASH (19:24)
2009	Nicole Blood, ORE (19:41)
2010	Jordan Hasay, ORE (19:45)
2011	Katie Flood, WASH (19:32)
2012	Kathy Kroeger, STAN (20:06)
2013	Aisling Cuffe, STAN (21:04)
2014	Shelby Houlihan, ASU (19:59)
2015	Aisling Cuffe, STAN (19:53)
2016	Amy-Eloise Neale, WASH (20:22.9)

* - First year in which course distance increased from 5,000 meters to 6,000 meters.

PAC-12 ATHLETE OF THE YEAR

1986	Penny Graves, ORE
1987	Annette Hand, ORE
1988	Penny Graves, ORE
1989	Jennifer Robertson, WSU
1990	Liz Wilson, ORE
1991	Lisa Karnopp, ORE
1992	Louise Watson, STAN
1993	Karen Hecox, UCLA
1994	Karen Hecox, UCLA
1995	Amy Skieresz, ARIZ
1996	Amy Skieresz, ARIZ
1997	Amy Skieresz, ARIZ
1998	Amy Skieresz, ARIZ
1999	Erin Sullivan, STAN
2000	Lisa Aguilera, ASU
2001	Tara Chaplin, ARIZ
2002	Alicia Craig, STAN
2003	Sara Bei, STAN
2004	Amy Hastings, ASU
2005	Arianna Lambie, STAN
2006	Arianna Lambie, STAN
2007	Arianna Lambie, STAN
2008	Kendra Schaaf, WASH
2009	Kendra Schaaf, WASH
2010	Jordan Hasay, ORE
2011	Jordan Hasay, ORE
2012	Jordan Hasay, ORE
2013	Aisling Cuffe, STAN
2014	Shelby Houlihan, ASU
2015	Aisling Cuffe, STAN
2016	Amy-Eloise Neale, WASH

PAC-12 NEWCOMER/FRESHMAN OF THE YEAR

* beginning 2014, only athletes with freshman eligibility were eligible for the award.

1999	Erin Sullivan, STAN
2000	Victoria Chang, STAN
2001	Sara Bei, STAN
2002	Jessica Scalzo, ASU
2003	Arianna Lambie, STAN
2004	Teresa McWalters, STAN
2005	Tori Tyler, WASH
2006	Ali Kietly, ASU
2007	Alexandra Kosinski, ORE
2008	Christine Babcock, WASH
2009	Jordan Hasay, ORE
2010	Katie Flood, WASH
2011	Shelby Houlihan, ASU
2012	Cayla Hatton, STAN (co) Allie Woodward, ORE (co)
2013	Kayla Beattie, ARIZ
2014	Elise Cranny, STAN
2015	Carolina Johnson, UCLA
2016	Katie Rainsberger, ORE

PAC-12 WOMEN'S CROSS COUNTRY

PAC-12 COACH OF THE YEAR

1986 Tom Heinonen, ORE
 1987 Tom Heinonen, ORE
 1988 Tom Heinonen, ORE
 1989 Mike Johnson, WASH
 1990 Tom Heinonen, ORE
 1991 Tom Heinonen, ORE
 1992 Mike Johnson, WASH
 1993 Vin Lananna, STAN
 1994 Vin Lananna, STAN
 1995 Tom Heinonen, ORE
 1996 Vin Lananna, STAN
 Beth Alford-Sullivan, STAN
 1997 Vin Lananna, STAN
 Beth Alford-Sullivan, STAN
 1998 Beth Alford-Sullivan, STAN
 1999 Walt Drenth, ASU
 2000 Walt Drenth, ASU
 2001 Vin Lananna, STAN
 2002 Vin Lananna, STAN
 2003 Dena Evans, STAN
 2004 Dena Evans, STAN
 2005 Peter Tegen, STAN
 2006 Peter Tegen, STAN
 2007 Peter Tegen, STAN
 2008 Greg Metcalf, WASH
 2009 Greg Metcalf, WASH
 2010 James Li, ARIZ
 2011 Greg Metcalf, WASH
 2012 Robert Johnson
 2013 James Li, ARIZ
 2014 Robert Johnson, ORE
 2015 Mark Wetmore, COLO
 2016 Mark Wetmore, COLO

PAC-12 ALL-CONFERENCE

1999 First Team
 Erin Sullivan, STAN
 Sally Glynn, STAN
 Lauren Fleshman, STAN
 Lisa Aguilera, ASU
 Anna Aoki, WASH
 Kate Vermeulen, UCLA

Second Team
 Tara Chaplin, ARIZ
 Melinda Campbell, WASH
 Colleen Burke, ASU
 Kelly MacDonald, ASU
 Jen Schindler, WASH
 Mary Huang, STAN

2000 First Team
 Tara Chaplin, ARIZ
 Lisa Aguilera, ASU
 Lauren Fleshman, STAN
 Camissa Matson, WASH
 Victoria Chang, STAN
 Elena Villarreal, STAN

Second Team
 Mary Duerbeck, ASU
 Katrin Engelen, ARIZ
 Hanna Smedstad, ORE
 Kate Bradshaw, WASH
 Ryan Gilmore, WSU
 Katie Nuanes, UCLA

2001 First Team
 Lauren Fleshman, STAN
 Sara Bei, STAN
 Tara Chaplin, ARIZ
 Evelyn Lagat, WSU
 Alicia Craig, STAN
 Lisa Gibbs, WASH

Second Team
 Lisa Aguilera, ASU
 Mariel Ettinger, STAN
 Brianna Torres, ASU
 Kelly MacDonald, ASU
 Erin Sullivan, STAN
 Beth Hoge, ARIZ

2002 First Team
 Sara Bei, STAN
 Lauren Fleshman, STAN
 Lena Nilsson, UCLA
 Alicia Craig, STAN
 Malindi Elmore, STAN
 Jessica Scalzo, ASU

Second Team
 Courtney Inman, WASH
 Carrie Zografos, ORE
 Alejandra Barrientos, UCLA
 Amy Hastings, ASU
 Erin Sullivan, STAN
 Desiree Davilla, ASU

2003 First Team
 Sara Bei, STAN
 Alicia Craig, STAN
 Arianna Lambie, STAN
 Amy Hastings, ASU
 Magdalena Sandoval, ORE
 Katy Trotter, STAN
 Valerie Flores, UCLA

Second Team
 Iryna Vashchuk, USC
 Ingvill Makestad, WASH
 Amanda Trotter, STAN
 Anna Masinelli, ASU
 Desiree Davila, ASU
 Bridget Duffy, CAL
 Ashley Caldwell, UCLA

2004 First Team
 Amy Hastings, ASU
 Alicia Craig, STAN
 Anita Siraki, STAN
 Laura Harmon, ORE
 Desiree Davila, ASU
 Amanda Trotter, STAN
 Dallan Williams, WASH

Second Team
 Katy Trotter, STAN
 Victoria Jackson, ASU
 Iryna Vashchuk, USC
 Teresa McWalters, STAN
 Jeane Goff, STAN
 Anna Masinelli, ASU
 Lauren Centrowitz, STAN

2005 First Team
 Arianna Lambie, STAN
 Amy Hastings, ASU
 Lindsay Flacks, STAN
 Ashley Caldwell, UCLA
 Teresa McWalters, STAN
 Haley Paul, WSU
 Anna Masinelli, ASU

Second Team
 Tori Tyler, WASH
 Jenna Kingma, ASU
 Victoria Jackson, ASU
 Lauren Centrowitz, STAN
 Rachel Ellison, ASU
 Katie Leary, ORE
 Amanda Trotter, STAN

2006 First Team
 Arianna Lambie, STAN
 Kathleen Trotter, STAN
 Amanda Trotter, STAN
 Teresa McWalters, STAN
 Cassie Rios, ASU
 Amy Lia, WASH
 Brooke Bennett, ASU

Second Team
 Allie Bohannon, UCLA
 Anita Campbell, WASH
 Jenna Kingma, ASU
 Haley Paul, WSU
 Lauren Centrowitz, STAN
 Ali Kieilty, ASU
 Zoe Nelson, ORE

2007 First Team
 Arianna Lambie, STAN
 Teresa McWalters, STAN
 Alexandra Kosinski, ORE
 Nicole Blood, ORE
 Jenna Kingma, ASU
 Anita Campbell, WASH
 Ali Kieilty, ASU

Second Team
 Isley Gonzalez, WSU
 Katie Follett, WASH
 Lauren Centrowitz, STAN
 Sarah Cocco, USC
 Kari Hardt, ASU
 Marie Lawrence, WASH
 Kate Niehaus, STAN

2008 First Team
 Kendra Schaaf, WASH
 Marie Lawrence, WASH
 Christine Babcock, WASH
 Anita Campbell, WASH
 Katie Follett, WASH
 Amanda Miller, WASH
 Lindsey Scherf, ORE

Second Team
 Nicole Blood, ORE
 Kari Hardt, ASU
 Ali Kieilty, ASU
 Alex Kosinski, ORE
 Lauren Saylor, WASH
 Laurynne Chetelat, STAN
 Melissa Grelli, ORE

2009 First Team
 Nicole Blood, ORE
 Kendra Schaaf, WASH
 Jordan Hasay, ORE
 Marie Lawrence, WASH
 Christine Babcock, WASH
 Deborah Maier, CAL
 Kari Hardt, ASU

Second Team
 Katie Follett, WASH
 Alex Kosinski, ORE
 Alexandra Gits, STAN
 Stephanie Marcy, STAN
 Claire Michel, ORE
 Shannon Murakami, UCLA
 Mattie Callahan, ARIZ

2010 First Team
 Jennifer Bergman, ARIZ
 Katie Flood, WASH
 Jordan Hasay, ORE
 Alex Kosinski, ORE
 Kathy Kroeger, STAN
 Deborah Maier, CAL
 Stephanie Marcy, STAN

Second Team
 Zsafia Erdelyi, USC
 Elvin Kibet, ARIZ
 Marie Lawrence, WASH
 Megan Meyer, ARIZ
 Hannah Moen, ARIZ
 Lindsay Prescott, ASU
 Jessica Tonn, STAN

2011 First Team
 Jennifer Bergman, ARIZ
 Emma Coburn, COLO
 Katie Flood, WASH
 Jordan Hasay, ORE
 Shalaya Kipp, COLO
 Kathy Kroeger, STAN
 Stephanie Marcy, STAN

Second Team
 Christine Babcock, WASH
 Rachel Baptista, COLO
 Lara Darco, COLO
 Shelby Houlihan, ASU
 Elvin Kibet, ARIZ
 Amanda Mergaert, UTAH
 Jessica Tonn, STAN

2012 First Team
 Jennifer Bergman, ARIZ
 Jordan Hasay, ORE
 Elvin Kibet, ARIZ
 Kathy Kroeger, STAN
 Amanda Mergaert, UTAH
 Alexi Pappas, ORE
 Allie Woodward, ORE

Second Team
 Aisling Cuffe, STAN
 Lindsay Flanagan, WASH
 Megan Goethals, WASH
 Shelby Houlihan, ASU
 Shalaya Kipp, COLO
 Kelsey Sanisteban, CAL
 Jessica Tonn, STAN

PAC-12 WOMEN'S CROSS COUNTRY

2013 First Team

Kayla Beattie, ARIZ
Nicci Corbin, ARIZ
Aisling Cuffe, STAN
Shelby Houlihan, ASU
Elvin Kibet, ARIZ
Kelsey Santisteban, CAL
Kelsey Smith, UCLA

Second Team

Erin Clark, COLO
Katie Flood, WASH
Shalaya Kipp, COLO
Melanie Nun, COLO
Jessica Tonn, STAN
Carrie Verdon, COLO
Rebekah Winterton, UTAH

2014 First Team

Maddie Alm, COLO
Frida Berge, ORE
Erin Clark, COLO
Elise Cranny, STAN
Shelby Houlihan, ASU
Bethan Knights, CAL
Maddie Meyers, WASH

Second Team

Alli Cash, ORE
Emma Fisher, STAN
Molly Grabill, ORE
Molly McNamara, STAN
Waverly Neer, ORE
Abby Regan, WSU
Kelsey Smith, UCLA

2015 First Team

Kaitlyn Brenner, COLO
Alli Cash, ORE
Erin Clark, COLO
Aisling Cuffe, STAN
Maddie Meyers, WASH
Waverly Neer, ORE
Melanie Nun, COLO

Second Team

Maddie Alm, COLO
Frida Berge, ORE
Vanessa Fraser, STAN
Molly Grabill, ORE
Carolina Johnson, UCLA
Hannah McInturff, UTAH
Marissa Williams, CAL

2016 First Team

Kaitlyn Benner, COLO
Erin Clark, COLO
Dani Jones, COLO
Bethan Knights, CAL
Amy-Eloise Neale, WASH
Charlotte Prouse, WASH
Katie Rainsberger, ORE

Second Team

Christina Aragon, STAN
Alli Cash, ORE
Vanessa Fraser, STAN
Makena Morley, COLO
Grayson Murphy, UTAH
Fiona O'Keeffe, STAN
Addi Zerrenner, ARIZ

PAC-12

ALL-ACADEMIC

1990 First Team

Sabrina Han, CAL
Stacie Hoitink, WASH
Carol Holmen, ORE
Ronda Mikeworth, ARIZ
Jennifer Robertson, WSU
Bridget Smyth, ARIZ
Liz Wilson, ORE

Second Team

Jennifer Ashe, UCLA
Ashley Black, STAN
Anne Howard, WASH
Lisa Kamopp, ORE
Nicole Nugent, UCLA
Sue Ocken, WASH
Jennifer Reese, WASH

1991 First Team

Rachel Brennan, ARIZ
Lisa Christensen, ARIZ
Stacie Hoitink, WASH
Carol Holmen, WASH
Lisa Karnopp, ORE
Carrie Moller, WASH
Lucy Nusrala, ORE

Second Team

Laura Andeen, UCLA
Liv Borgersen, WASH
Catherine Linnes, WSU
Ginny Mommsen, CAL
Jennifer Reese, WASH
Sarah Truitt, STAN
Kristin Wellman, ASU

1992 First Team

Jennifer Bravard, WSU
Jennifer Carpenter, WSU
Kelly Cordell, ASU
Karen Hecox, UCLA
Stacie Hoitink, WASH
Erika Klein, ORE
Sarah Truitt, STAN

Second Team

Jennifer Ashe, UCLA
Hillary Blake, WASH
Rachel Brennan, ARIZ
Aimee Kriz, WASH
Ginny Mommsen, CAL
Brenda Sleeuwenhoek, ARIZ
Kristin Wellman, ASU

1993 First Team

Jenna Carlson, ORE
Tara Carlson, WASH
Karen Hecox, UCLA
Brenda Sleeuwenhoek, ARIZ
Tenaya Soderman, CAL
Sarah Truitt, STAN
Louise Watson, STAN

Second Team

Jill Callero, ORE
Jeanene Harlick, UCLA
Jean Harvey, ARIZ
Emily Johnson, WASH
Aimee Kriz, WASH
Lisa Quaintance, ARIZ
Niamh Zwagerman, ORE

1994 First Team

Tara Carlson, WASH
Christie Engesser, ORE
Milena Glusac, ORE
Karen Hecox, UCLA
Viola Schaffer, ARIZ
Sara Truitt, STAN
Niamh Zwagerman, ORE

Second Team

Jeanene Harlick, UCLA
Shannon Heusser, WASH
Emily Johnson, WASH
Kathrine Malm, WASH
Julie Meyers, CAL
Marilyn Moberly, WSU
Lisa Quaintance, ARIZ

1995 First Team

Jenna Carlson, ORE
Tara Carlson, WASH
Ann Colonna, ARIZ
Jeanene Harlick, UCLA
Kristin Liebich, WSU
Sarna Renfro, STAN
Viola Schaffer, ARIZ

Second Team

Monal Chokshi, STAN
Milena Glusac, ORE
Emily Johnson, WASH
Marilyn Moberly, WSU
Lisa Quaintance, ARIZ
Stacey Radowicz, WSU
Tenaya Soderman, CAL

1996 First Team

Monal Chokshi, STAN
Christie Engesser, ORE
Katherina Kechris, UCLA
Kaarin Knudson, ORE
Kristin Liebich, WSU
Marilyn Moberly, WSU
Sarna Renfro, STAN

Second Team

Leila Burr, STAN
Kelly Chavez, ARIZ
Sara Council, WSU
Angela Froese, WASH
Danelle Kabush, WASH
Julie Meyers, CAL
Kimberly Schmolka, WSU

1997 First Team

Angela Froese, WASH
Milena Glusac, ORE
Liz Howell, ORE
Katerina Kechris, UCLA
Kaarin Knudson, ORE
Sarna Renfro, STAN
Kristin Ritzenthaler, WSU

Second Team

Kelly Chavez, ARIZ
Mary Duerbeck, ASU
Staci Eskesen, WASH
Joanne Hunsinger, WSU
Danelle Kabush, WASH
Heather McMahon, ORE
Kimberly Schmolka, WSU

1998 First Team

Marie Davis, ORE
Mary Huang, STAN
Anna Lopacivch, USC
Heather McMahon, ORE
Elissa Riedy, CAL
Kim Schmolka, WSU
Julia Stamps, STAN

Second Team

Anna Aoki, WASH
Melinda George, UCLA
Priscilla Hein, ASU
Liz Howell, ORE
Megan Maynard, WSU
Grazyna Penc, USC
Kara Syrdal, WASH

1999 First Team

Lisa Aguilera, ASU
Anna Aoki, WASH
Tara Chaplin, ARIZ
Mary Duerbeck, ASU
Megan Maynard, WSU
Ann Ramsey, STAN
Kara Syrdal, WASH

Second Team

Kara Barnard, UCLA
Mary Huang, STAN
Ashley Foianini, WASH
Melinda George, UCLA
Amy Maciassek, ASU
Kelly MacDonald, ASU
Lisa Schaubes, WSU

2000 First Team

Lisa Aguilera, ASU
Mary Duerbeck, ASU
Colleen Flaherty, STAN
Greta Johnson, WSU
Beth Martin, ASU
Emily Mullen, WASH
Ann Ramsey, STAN
Kara Syrdal, WASH

Second Team

Caroline Annis, STAN
Kathleen Brizgys, STAN
Tara Chaplin, ARIZ
Jenny Filipy, WSU
Erinn Gulbrandsen, ORE
Megan Maynard, WSU

2001 First Team

Lisa Aguilera, ASU
Tara Chaplin, ARIZ
Colleen Flaherty, STAN
Jenny Filipy, WSU
Erinn Gulbrandsen, ORE
Nicole Gurnicz, ARIZ
Laura Turner, STAN

Second Team

Caroline Annis, STAN
Jennifer Burris, ARIZ
Beth Hoge, ARIZ
Beth Martin, ASU
Beth Welander, WSU
Kelly MacDonald, ASU
Kristin McFerron, ASU

PAC-12 WOMEN'S CROSS COUNTRY

2002 First Team

Sara Bei, STAN
Cynthia Atencio, ASU
Crystal Becker, USC
Ana Cabrera, WSU
Jeane Goff, STAN
Erinn Gulbrandsen, ORE
Eri Macdonald, ORE
Abby Parker, CAL
Kate Spigel, WASH
Carmen Winant, UCLA

Second Team

Kate Bradshaw, WASH
Molly Bull, WSU
Camille Connelly, WASH
Alicia Craig, STAN
Lindsey Egerdahl, WASH
Malindi Elmore, STAN
Katherine Hotchkiss, STAN
Courtney Inman, WASH
Susan Mortensen, ARIZ
Robin Tierney, ARIZ

2003 First Team

Ana Cabrera, WSU
Amanda Goeller, ARIZ
Nicole Gurnicz, ARIZ
Allison Hall, UCLA
Laura Hodgson, WASH
Beth Hoge, ARIZ
Amanda Lyon, ASU
Eri McDonald, ORE
Kate Neeper, USC
Carmen Winant, UCLA

Second Team

Camille Connelly, WASH
Julia Corbett, WSU
Jennifer Ford, ARIZ
Jeane Goff, STAN
Eleanor Gordon, ORE
Michi Hirakawa-Wong, ARIZ
Melissa McBain, UCLA
Jessica Scalzo, ASU
Brooke Thomas, USC
Jenna Timinsky, UCLA

2004 First Team

Ana Cabrera, WSU
Jamie Fuller, OSU
Laura Hodgson, WASH
Beth Hoge, ARIZ
Kathryn Neeper, USC
Jenna Timinsky, UCLA
Amanda Trotter, STAN
Michelle Wilson, OSU
Carmen Winant, UCLA
Angela Wishaar, WASH

Second Team

Brooke Bennett, ASU
Camille Connelly, WASH
Karen DeMartini, WSU
Allison Hall, UCLA
Ashley Ippolito, ARIZ
Arianna Lambie, STAN
Corey Randall, ASU
Katy Trotter, STAN
Sarah West, UCLA
Ashley Younce, OSU

2005 First Team

Brooke Bennett, ASU
Rachel Ellison, ASU
Arianna Lambie, STAN
Kate Neeper, USC
Haley Paul, WSU
Sarah Pearson, ORE
Kaitlin Poggi, OSU
Coarey Randall, ASU
Amanda Trotter, STAN
Michelle Wilson, OSU

Second Team

Angelina Cabrera, ARIZ
Lindsay Flacks, STAN
Jennifer Ford, ARIZ
Jaime Fuller, OSU
Victoria Jackson, ASU
Tara Stirewalt, OSU
Katy Trotter, STAN
Sarah West, UCLA
Angela Wishaar, WASH
Ashley Younce, OSU

2006 First Team

Brooke Bennett, ASU
Samantha Godfrey, OSU
Arianna Lambie, STAN
Haley Paul, WSU
Kaitlin Poggi, OSU
Danya Rumore, OSU
Jenna Timinsky, UCLA
Sara Trané, WSU
Amanda Trotter, STAN
Marissa Urban, ARIZ

Second Team

Angelina Cabrera, ARIZ
Lauren Denfeld, OSU
Liisa Heinonen, ORE
Jenna Kingma, ASU
Neoma Palmer, OSU
Sarah Pearson, ORE
Corey Randall, ASU
Trisha Rasmussen, WASH
Cassie Rios, ASU
Katy Trotter, STAN

2007 First Team

Lauren Centrowitz, STAN
Chanel Fishetti, USC
Megan Hibner, OSU
Arianna Lambie, STAN
Kate Niehaus, STAN
Hayley Oveson, OSU
Krista Stangel, OSU
Sara Trané, WSU
Chelsey Vandebroke, WSU
Bria Wetsch, ORE

Second Team

Brooke Anderson, WASH
Angelina Cabrera, ARIZ
Lauren Denfeld, OSU
Katherine Ellis, USC
Ali Kielty, ASU
Sarah Pearson, ORE
Trisha Rasmussen, WASH
Angela Spadafino, ASU
Marissa Urban, ARIZ
Lorene Young, OSU

2008 First Team

Hayley Belli, ORE
Marsha Lampi, OSU
Zara Lukens, USC
Casey Masterson, OSU
Kate Niehaus, STAN
Hannah Soza-Hodgkinson, OSU
Sara Trané, WSU
Chelsey Vandebroke, WSU
Ashlee Wall, WSU
Bria Wetsch, ORE

Second Team

Brooke Anderson, WASH
Madeline Duhon, STAN
Katherine Ellis, USC
Chanel Fischetti, USC
Ali Kielty, ASU
Madeleine O'Meara, STAN
Hayley Oveson, WSU
Marisa Sandoval, WSU
Marissa Urban, ARIZ
Lorene Young, OSU

2009 First Team

Christine Babcock, WASH
Chelsea Caloia, ASU
Katherine Ellis, USC
Zara Lukens, USC
Claire Michel, ORE
Kate Niehaus, STAN
Krista Stangel, OSU
Chelsea VanDeBrake, WSU
Ashlee Wall, WSU
Bria Wetsch, ORE

Second Team

Bronwyn Crossman, ORE
Madeline Duhon, STAN
Courtney Golden, ASU
Allison Linnell, WASH
Catherine Loden, ASU
Madeleine O'Meara, STAN
Allison Rojewski, USC
Marisa Sandoval, WSU
Hannah Soza-Hodgkinson, OSU
Natasa Vulic, ASU

2010 First Team

Christine Babcock, WASH
Ashlee Wall Eskelsen, WSU
Grace Green, WASH
Jordan Hasay, ORE
Anne Kesselring, ORE
Kathy Kroeger, STAN
Marsha Lampi, OSU
Catherine Loden, ASU
Zara Lukens, USC
Megan Meyer, ARIZ

Second Team

Ashley Berry, OSU
Madeline Duhon, STAN
Lauren Graebner, OSU
Georgia Griffin, STAN
Taylor Hunt, OSU
Alexandra Kosinski, ORE
Deborah Maier, CAL
Claire Michel, ORE
Allison Rojewski, USC
Hannah Soza-Hodgkinson, OSU

2011 First Team

Christine Babcock, WASH
Jordan Hasay, ORE
Hanna Henson, ARIZ
Anne Kesselring, ORE
Marsha Lampi, OSU
Casey Masterson, OSU
Erin Menefee, ARIZ
Claire Michel, ORE
Rachel Viger, COLO
Natasa Vulic, ASU

Second Team

Alyssa Abbott, UTAH
Rachel Butler, UCLA
Lara Darco, COLO
Alexis Davis, UTAH
Madeline Duhon, STAN
Diana George, COLO
Elvin Kibet, ARIZ
Kathy Kroeger, STAN
Deborah Maier, CAL
Megan Patrignelli, ORE

2012 First Team

Jordan Hasay, ORE
Haley Hunt, OSU
Anne Kesselring, ORE
Elvin Kibet, ARIZ
Kathy Kroeger, STAN
Nikki Look, COLO
Erin Menefee, ARIZ
Ruby Roberts, WSU
Rachel Viger, COLO
Natasa Vulic, ASU

Second Team

Stephanie Bulder, ARIZ
Diana George, COLO
Bronte Golick, UCLA
Kinsey Gomez, OSU
Teresa Lawson, OSU
Nicole Reitz, UTAH
Kelsi Schaer, OSU
Katlyn Stringfellow, UTAH
Maureen Tremblay, OSU
Kathleen Uytewaal, CAL

2013 First Team

Stephanie Bulder, ARIZ
Rachel Butler, UCLA
Jackie Dion, USC
Haley Hunt, OSU
Kira Kelly, OSU
Annie Leblanc, ORE
Erin Menefee, ARIZ
Ruby Roberts, WSU
Kelsi Schaer, OSU
Rachel Viger, COLO
Emily Weber, OSU

Second Team

Kelly Brooks, UCLA
Adrienne Demaree, OSU
Kinsey Gomez, OSU
Justine Johnson, WASH
Merissa Kado, UCLA
Elvin Kibet, ARIZ
Tate Murray, STAN
Aly Nielson, OSU
Alyssa Stettler, UTAH
Rebekah Winterton, UTAH

PAC-12 WOMEN'S CROSS COUNTRY

2014 First Team

Stephanie Bulder, ARIZ
Alli Cash, ORE
Sophie Chase, STAN
Emma Fisher, STAN
Amanda Henderson, WSU
Mandy Ortiz, COLO
Steffie Pavey, WSU
Nicole Reitz, UTAH
Ruby Roberts, WSU
Emily Weber, OSU

Second Team

Ally Aschbacher, ORE
Eleanor Fulton, WASH
Hailey Gibson, WSU
Miranda Kewley, ASU
Annie Leblanc, ORE
Jenna Maack, ASU
Lucy May, COLO
Kate Penney, ARIZ
Abigail Regan, WSU
Kala Stone, ASU

2015 First Team

Monica Anderson, OSU
Kaitlyn Benner, COLO
Alli Cash, ORE
Amanda Henderson, WSU
Kira Kelly, OSU
Jenna Maack, ASU
Waverly Neer, ORE
Melanie Nun, COLO
Steffie Pavey, WSU
Maureen Tremblay, OSU

Second Team

Morgan Anderson, OSU
Devon Bortfeld, WSU
Sophie Chase, STAN
Eleanor Fulton, WASH
Claire Green, ARIZ
Danielle Katz, STAN
Anna Maxwell, WASH
Lucy May, COLO
Katherine Penney, ARIZ
Cristina Juan Torres, ASU

2016 First Team

Georgia Bell, CAL
Kaitlyn Benner, COLO
Mackenzie Caldwell, COLO
Elise Cranny, STAN
Samantha Lewis, OSU
Amy-Eloise Neale, WASH
Steffie Pavey, WSU
Giselle Slotboom, UTAH
Megan Spehar, UTAH
Emily Weber, OSU

Second Team

Josie Brown, WSU
Alli Cash, ORE
Katherine Dittmann, WSU
Claire Green, ARIZ
Grace Hodge, WASH
Danielle Katz, STAN
Juliana Mount, OSU
Melanie Nun, COLO
Maggie Schmaedick, ORE
Hannah Whetzel, ARIZ

PAC-12 SCHOLAR-ATHLETES OF THE YEAR

2007 Arianna Lambie, STAN
2008 Jenna Kingma, ASU
2009 Nicole Blood, ORE
2010 Alex Kosinski, ORE
2011 Christine Babcock, WASH
2012 Jordan Hasay, ORE
2013 Elvin Kibet, ARIZ
2014 Stephanie Bulder, ARIZ
2015 Aisling Cuffe, STAN
2016 Erin Clark, COLO

NCAA TEAM CHAMPIONS FROM THE PAC-12

1983 ORE
1987 ORE
1996 STAN
2000 COLO
2003 STAN
2004 COLO
2005 STAN
2006 STAN
2007 STAN
2008 WASH
2012 ORE
2016 ORE

NCAA INDIVIDUAL CHAMPIONS FROM THE PAC-12

1996 Amy Skieresz, ARIZ (17:04)
2000 Kara Grgas-Wheeler, COLO
(20:30.5)
2001 Tara Chaplin, ARIZ (20:24)

*Race Distance 1981-99: 5,000
meters; 2000-11: 6,000 meters.*

PAC-12 CHAMPIONSHIP VENUES

1999 - El Dorado Regional Park, Long Beach, Calif.
2000 - Lincoln Park, Seattle, Wash.
2001 - Pavilion Lakes Golf Club, Scottsdale, Ariz.
2002 - Brookside Country Club, Pasadena, Calif.
2003 - WSU Golf Course, Pullman, Calif.
2004 - Golden Gate Park, San Francisco, Calif.
2005 - Dell Ulrich Golf Course, Tucson, Ariz.
2006 - Stanford Golf Course, Stanford, Calif.
2007 - Trysting Tree Golf Course, Corvallis, Ore.
2008 - Springfield Country Club, Springfield, Ore.
2009 - Skylinks Golf Course, Long Beach, Calif.
2010 - Jefferson Golf Course, Seattle, Wash.
2011 - Wigwam Golf Course, Litchfield Park, Ariz.
2012 - Robinson Ranch Golf Course, Santa Clarita, Calif.
2013 - Coal Creek Golf Course, Louisville, Colo.
2014 - Metropolitan Golf Links, Oakland, Calif.
2015 - Colfax Golf and Country Club, Colfax, Wash.
2016 - Randolph North Golf Course, Tucson, Ariz.