Section 4: Schedule of Events*

*All Times Central

Thursday, May 1, 2014

6:00pm Prechampionship Meeting SIUE Lukas Annex, Cougar Pavilion

Friday, May 2, 2014

8:00 a.m.-8:30 a.m. Multi Event Implement Inspection **10:00 a.m.-11:00 a.m.** Implement Inspection Open Events

Multi Events:

9:00 a.m. Decathlon 100m Dash

Decathlon Long Jump (9:40am approx.)
Decathlon Shot Put (11am approx.)
Decathlon High Jump (11:50am approx.)
Decathlon 400m Dash (1:55pm approx.)

9:15 a.m. Heptathlon 100m Hurdles

Heptathlon High Jump (10am approx.) Heptathlon Shot Put (12:43pm approx.) Heptathlon 200m Dash (1:44pm approx.)

Field Events:

12:00 p.m. Discus W Pre/Finals

12:00 p.m. Long Jump W Pre/Finals

12:00 p.m. Pole Vault M Finals

2:00 p.m. Discus M Pre/Finals

2:30 p.m. High Jump M Finals

4:00 p.m. Javelin W Pre/Finals

3:30 p.m. Pole Vault W Finals

4:30 p.m. Long Jump M Pre/Finals

4:30 p.m. High Jump W Finals

5:45 p.m. Javelin M Pre/Finals

Track Events:

3:00 p.m. 3k Steeplechase M Finals

3:25 p.m. 3k Steeplechase W Finals

3:45 p.m. 110m Hurdles M Prelims

4:00 p.m. 100m Hurdles W Prelims

4:15 p.m. 400m Dash M Prelims

4:35 p.m. 400m Dash W Prelims

4:55 p.m. 100m Dash M Prelims

5:10 p.m. 100m Dash W Prelims

5:25 p.m. 800m Run M Prelims

5:45 p.m. 800m Run W Prelims

6:10 p.m. 400m Hurdles M Prelims

6:25 p.m. 400m Hurdles W Prelims

6:45 p.m. 200m Dash M Prelims

7:05 p.m. 200m Dash W Prelims

7:25 p.m. 10,000m Run M Finals

8:10 p.m. 10,000m Run W Finals

Saturday, May 3, 2014

8:00 a.m.-10:00 a.m. All Implement Inspection

10:55 a.m. Opening Ceremony / National Anthem

Multi Events:

9:00 a.m. Decathlon 110m Hurdles 9:00 a.m. Heptathlon Long Jump

Decathlon Discus (9:45am approx.)

Heptathlon Javelin (10am approx.)

Decathlon Pole Vault (11am approx.)

Heptathlon 800m Run (11:30am approx.)

Decathlon Javelin (1:30pm approx.)
Decathlon 1500m Run (2:45pm approx.)

Field Events:

11:00 a.m. Hammer M Pre/Finals 11:00 a.m. Triple Jump M Pre/Finals 1:00 p.m. Hammer W Pre/Finals 1:15 p.m. Shot Put M Pre/Finals 2:00 p.m. Triple Jump W Pre/Finals 3:00 p.m. Shot Put W Pre/Finals

Track Events: (all events are Finals)

2:00 p.m. 4x100m Relay M 2:05 p.m. 4 x100m Relay W 2:15 p.m. 1500m Run M 2:30 p.m. 1500m Run W 2:55 p.m. 110m Hurdles M 3:05 p.m. 100m Hurdles W 3:15 p.m. 400m Dash M 3:20 p.m. 400m Dash W 3:30 p.m. 100m Dash M 3:35 p.m. 100m Dash W 3:45 p.m. 800m Run M 3:50 p.m. 800m Run W 4:00 p.m. 400m Hurdles M 4:10 p.m. 400m Hurdles W 4:20 p.m. 200m Dash M 4:25 p.m. 200m Dash W 4:35 p.m. 5,000m Run M 4:55 p.m. 5,000m Run W 5:20 p.m. 4 x 400m Relay M 5:25 p.m. 4 x 400m Relay W

5:45 p.m. Awards Ceremony