WELCOME TO OSWEGO STATE

OSWEGO STATE
Department of Athletics
Laker Hall
Oswego, NY 13126
Phone: (315) 312-3056
Fax: (315) 312-6397
www.oswegolakers.com
www.oswego.edu
UNIFORMS
Oswego State will wear white at home unless sport or conference guidelines dictate otherwise.

BUS PARKING
FOR LAKER ATHLETIC COMPLEX (Ziel Gym, Stadium, Baseball/Softball/Soccer Fields and Romney Field House)
Busses can drop off their athletes at the south entrance of Laker Hall north of parking lot EC-5. After dropping off the athletes busses should park at parking lot EC-7.

FOR MARANO CAMPUS CENTER ARENA
Busses can drop off their athletes at northwest loading dock of the Marano Campus Center. This is located across from parking lot E-1. Look for the bus drop off sign. The bus can remain parked in that area during the game but must leave space for the ambulance to park close to the building.

SPECTATOR AND MEDIA PARKING
LAKER ATHLETIC COMPLEX
Spectators and media members can park in parking lot EC-5 or EC-7.

MARANO CAMPUS CENTER
Recommended parking for spectators and media members are parking lot E-31, E-1, E-10 and E-17.

LOCKER ROOMS
Visiting teams will be assigned locker rooms by the assistant director of athletics. All locker rooms have access to shower facilities. Shower accessories such as towels and soap will NOT be provided Oswego State. Upon arrival a team host will greet you in the main lobby and escort you to your locker room.

OFFICIALS
Assigned by athletic sport governing body.

MISCELLANEOUS CONTACT INFORMATION
Oswego State Athletics Staff - Visit www.oswegolakers.com/staff.aspx
General College Information - 315-312-2500
University Police - 315-312-5555
Campus Ambulance (S.A.V.A.C) - 315-312-4000
**Visitor’s Guide**

**Game Day Information**

**ATHLETIC TRAINING**

Certified athletic trainers and other athletic training facilities are available to all home and visiting athletes in the lowest level of Laker Hall (9C). Training room will be open two hours prior to game times.

**HOSPITAL**

Oswego Hospital

110 West 6th Street

Oswego, NY  13126

(315) 349-5752

**MEDIA REQUESTS**

All media requests must be presented with at least 48 hours advanced notice to the director of athletic communications by filling out the form at http://oswegolakers.com/credentials.

**PRACTICE FACILITIES**

For additional use of campus facilities, please contact the assistant director of athletics at least one week prior to make arrangements.

**FILM EXCHANGE**

We will follow conference protocol during regular season contests and NCAA rules during NCAA playoffs. Tournament film exchange will follow the rules laid out in the tournament information packets.

**TICKET INFORMATION (for Basketball and Ice Hockey Only)**

Tickets for men’s ice hockey are $8 for the public and free for SUNY Oswego students/children under 5. For men’s and women’s basketball, pricing is $6 for adults, $4 for children 5-17 and free for SUNY Oswego students with ID/children under 5. Women’s ice hockey tickets are $4 for adults, $2 for children 5-17 and free for SUNY Oswego students/children under 5. Tickets can be purchased online at tickets.oswego.edu or by calling the Oswego Box Office at 315-312-3073. Hours to call are 10 a.m. - 5 p.m. on Monday-Friday. Please note that the box office does not take phone sales the day of the game. Due to sell-outs, Oswego State cannot guarantee seating for visiting team fans who try to purchase on day of the game.
DINING IN OSWEGO

Alex’s on the Water
24 East First St
315-343-7700

Domino’s
60 Southwest 9th Street
315-343-7250

Fajita Grill
244 West Seneca St
315-326-0224

G.S. Steamers Bar & Grill
71 East First St
315-342-0000

Oswego Sub Shop
106 West Bridge St
315-343-1233

Dunkin Donuts
255 West Seneca St
315-342-3237

Gino and Joe’s Italian Eatery
140 State Route 104
315-207-1000

Greene’s Ale House & Grille
104 West Bridge St
315-343-1209

McDonald’s
230 West Bridge Street
315-342-1418

Pizza Hut
303 West Seneca St
315-342-4419

Port City Café & Bakery
209 West First St
315-343-2412

Red Sun Fire Roasting Co.
207 West 1st St
315-343-2418

Ruby Tuesday
146 East Thirteenth St
315-343-1234

Vona’s Restaurant
9 Willow St
315-343-8710

LODGING IN OSWEGO

Best Western
26 East First St
315-342-4040

Quality Inn & Suites
70 East First St
315-343-1600

Beacon Hotel
75 West Bridge Street
315-343-3300

Holiday Inn Express & Suites
140 East 13th Street
315-207-0100

Home2 Suites by Hilton
252 Route 104
315-343-2000

OTHER LODGING

Hampton Inn Syracuse Clay
3948 State Route 31
Liverpool, New York
315-622-3443
(27 mi. from SUNY Oswego)

Fairfield Inn Syracuse Clay
3979 State Route 31
Liverpool, New York
315-622-2576
(27 mi. from SUNY Oswego)

The above establishments are proud sponsors of Oswego State Athletics
GENERAL DIRECTIONS

*FROM THE NORTH
Take I-81 South to Route 104 (Exit 34). Follow 104 West through the city of Oswego.

*FROM THE EAST
Take I-90 (the New York State Thruway) West to Route 481 North (Exit 34A near Syracuse). Proceed north on 481 through Fulton to Route 104 (Bridge Street) in downtown Oswego. Make a left onto Route 104 and follow through Oswego.

*FROM THE SOUTH
Take Route I-81 North to 481 North (Exit 16A in Syracuse). Proceed north on Route 481 through Fulton to Route 104 (Bridge Street) in downtown Oswego. Make a left onto Route 104 and follow through Oswego.

*FROM THE WEST
Take I-90 (the New York State Thruway) east to Route 34 North (exit 40 in Weedsport). Take a left where the Thruway exit meets Route 34 and travel north to Route 104. Take a right onto Route 104 and follow to campus.

NORTH LAKER FACILITIES (Field Hockey, Tennis, Lacrosse, and Soccer)

*FROM THE NORTH, EAST, AND SOUTH
Follow Route 104 West through the city of Oswego. Travel 0.4 miles past Westside McDonald’s before turning left onto Sheldon Avenue. Parking lot will be immediately on the left side.

*FROM THE WEST
Follow Route 104 East. Travel 0.3 miles past main campus entrance before turning right onto Sheldon Ave.

SOUTH LAKER FACILITIES (Baseball, Basketball, Softball, Swimming, Volleyball and Wrestling)

*FROM THE NORTH, EAST, AND SOUTH
Follow Route 104 West through the city of Oswego. Travel 0.5 miles past Westside McDonald’s before turning left onto Johnson Road (County Road 7).

*FROM THE WEST
Follow Route 104 East. Travel 0.2 miles past main campus entrance before turning right onto Johnson Road (County Road 7).

MARANO CAMPUS CENTER ARENA (Ice Hockey)

*FROM THE NORTH, EAST, AND SOUTH
Follow Route 104 West through the city of Oswego. Turn right at main campus entrance. Take the first left. Travel 0.7 miles until reaching a stop sign. Turn right and travel 0.5 miles. The MCC Arena is on the right side with multiple parking lots in view.

*FROM THE WEST
Follow Route 104 East. Turn left at main campus entrance. Take the first left. Travel 0.7 miles until reaching a stop sign. Turn right and travel 0.5 miles. The MCC Arena is on the right side with multiple parking lots in view.