



ALL-ACADEMIC RELEASE



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2025-26 NSIC Winter All-Academic Teams Announced

BURNSVILLE, Minn. — The Northern Sun Intercollegiate Conference announced that 874 student-athletes have earned NSIC All-Academic honors for the 2025-26 winter athletic season; 552 student-athletes were named to the NSIC All-Academic Team of Excellence, while 322 earned NSIC All-Academic Team honors.

To be eligible for the NSIC All-Academic Team of Excellence, a student-athlete must have a 3.60 cumulative GPA or higher, while NSIC All-Academic Team members must have a 3.20 cumulative GPA or higher.

Additionally, the student-athlete must be a member of the varsity traveling team, have reached sophomore athletic and academic standing at her/his institution (true freshmen, red-shirt freshmen and ineligible athletic transfers are not eligible) and must have completed at least one full academic year at that institution.

Last Updated 4/2/26 - 10:00 a.m.

*All-Academic Team of Excellence Members

MEN'S BASKETBALL (28*/38=66)

*Bennett Fried	So.	Augustana	La Crosse, Wis.
*Tanner Te Slaa	Sr.	Augustana	Hull, Iowa
*Brady Helgren	Sr.	Augustana	Edina, Minn.
*Jack Hastreiter	Jr.	Augustana	Lincoln, Neb.
Isaac Severts	Jr.	Bemidji State	Bemidji, Minn.
*Ben Kopetzki	Jr.	Concordia-St. Paul	Andover, Minn.
*Chet Kloss	Jr.	Concordia-St. Paul	Apple Valley, Minn.
*Hudson Vaith	So.	Concordia-St. Paul	Lakeville, Minn.
Reid Patterson	Sr.	Concordia-St. Paul	Lakeville, Minn.
Isaiah Deitz	So.	Concordia-St. Paul	Park Falls, Wis.
*Owen Hektner	Sr.	Jamestown	Fargo, N.D.
*Spencer Barr	Jr.	Jamestown	Aberdeen, S.D.
Cole Glasgow	R-Jr.	Jamestown	Grimes, Iowa
Malek Wiekler	R-So.	Jamestown	Aberdeen, S.D.
*Cuinn Berger	Jr.	Minnesota Crookston	Esko, Minn.
*Caiden Swenby	So.	Minnesota Crookston	Fertile, Minn.
*Brayden Carlson	So.	Minnesota Crookston	Woodbury, Minn.
Hunter Lorenson	So.	Minnesota Crookston	Lake City, Minn.
Landon Dimler	So.	Minnesota Crookston	Mankato, Minn.
*Mattie Thompson	Gr.	Minnesota Duluth	Duluth, Minn.
*Kole Hanson	So.	Minnesota Duluth	Prior Lake, Minn.
Cole Lahti	Jr.	Minnesota Duluth	Oulu, Wis.
Noah Paulson	Gr.	Minnesota Duluth	Duluth, Minn.
Owen Leach	Jr.	Minnesota Duluth	Glyndon, Minn.
Karon Abdullah	Sr.	Minnesota Duluth	Minneapolis, Minn.
Caleb Siwek	Sr.	Minnesota Duluth	Rosemount, Minn.
David Harmon	Sr.	Minnesota State	Omaha, Neb.
Carson Schweim	So.	Minnesota State	Mankato, Minn.
Chase Bartlett	Sr.	Minnesota State	Pleasant Hill, Iowa
Malcolm Jones	Sr.	Minnesota State	Prior Lake, Minn.
Will Opsahl	So.	Minnesota State	Goodhue, Minn.
Puolah Gong	Sr.	Minnesota State	Mankato, Minn.
*Adam Jenkins	So.	MSU Moorhead	Moorhead, Minn.
*Eddie Beeninga	Sr.	MSU Moorhead	Maple Grove, Minn.
*Will Kinsey	Jr.	MSU Moorhead	Blaine, Minn.
Tysen Gerads	So.	MSU Moorhead	Avon, Minn.
Sam Hastreiter	Sr.	MSU Moorhead	Lincoln, Neb.
*Braelyn Dale	Jr.	Minot State	Perth, Australia
Trey Brandt	Jr.	Minot State	Beulah, N.D.
Marley Baah-Yeboah	So.	Northern State	Lakeville, Minn.
Devon Brooke	Gr.	Northern State	Queen Creek, Ariz.
James Glenn	Sr.	Northern State	Des Moines, Iowa
*Jacoby Mehrman	Jr.	Sioux Falls	Harrisburg, S.D.
*Taylor Ashley	Jr.	Sioux Falls	Sioux Falls, S.D.
Brandon Hrcir	So.	Sioux Falls	Farmington, Minn.
Kyle Ingwerson	Sr.	Sioux Falls	Omaha, Neb.
*Aeron Stevens	Jr.	SMSU	Plainview, Minn.
*Luke Stevens	Sr.	SMSU	Plainview, Minn.
*Calvin Buss	So.	SMSU	West Bend, Wis.
*Ethan Koltz	So.	SMSU	Sioux Falls, S.D.

MEN'S BASKETBALL (CONT)

*Buay Koak	So.	SMSU	Austin, Minn.
Mekhi Shaw	Jr.	SMSU	Eau Claire, Wis.
Mason Lund	Sr.	SMSU	Rice, Minn.
Landon Pokorski	So.	SMSU	Gretna, Neb.
*Anish Ramlall	Jr.	St. Cloud State	Rosemount, Minn.
Landon Riebel	So.	St. Cloud State	St. Michael, Minn.
Nathan Dahl	Jr.	St. Cloud State	Buffalo, Minn.
Wyatt Hawks	Jr.	St. Cloud State	White Bear Lake, Minn.
Kynan Philippe	So.	St. Cloud State	Melbourne, Australia
*Wade Voss	Jr.	Wayne State	Lincoln, Neb.
Evan Inselman	Sr.	Wayne State	Omaha, Neb.
Landon Classen	Jr.	Wayne State	O'Neill, Neb.
Matt Noll	So.	Wayne State	Sioux City, Iowa
*Johnny Papadakos	Jr.	Winona State	Toronto, Ontario
Nick Taylor	So.	Winona State	Glenview, Ill.
Tyler Borowski	Sr.	Winona State	Appleton, Wis.

WOMEN'S BASKETBALL (81*/34=115)

Payton Hardy	Jr.	Augustana	Sergeant Bluff, Iowa
*Beth Bolte	Sr.	Bemidji State	Bemidji, Minn.
*Tieryn Plasch	Jr.	Bemidji State	Maple, Wis.
*Aubrey Heyer	So.	Bemidji State	Chaska, Minn.
*Ashlynn Guenther	Jr.	Bemidji State	Duluth, Minn.
Kendra Syverson	R-So.	Bemidji State	Waubun, Minn.
*Lydia Haack	Sr.	Concordia-St. Paul	Elk River, Minn.
*Leah Dengerud	Sr.	Concordia-St. Paul	Lino Lakes, Minn.
*Ella Campbell	Jr.	Concordia-St. Paul	Edina, Minn.
*Lauren Feddema	Sr.	Concordia-St. Paul	Buffalo, Minn.
*Kierstin Kriewaldt	Jr.	Concordia-St. Paul	Freedom, Wis.
*Emma Mommsen	Jr.	Concordia-St. Paul	Menomonie, Wis.
*Lauren Wilson	Jr.	Concordia-St. Paul	Springville, Iowa
Ashley Schuelke	Jr.	Concordia-St. Paul	Carver, Minn.
*Jessika Lofstrom	So.	Jamestown	Grand Rapids, Minn.
*Alexa Ham	So.	Jamestown	Rapid City, S.D.
*Allison Thomas	So.	Jamestown	Pingree, N.D.
*Hali Savela	So.	Jamestown	Mountain Iron, Minn.
*Kathryn Cordes	Sr.	Jamestown	Shakopee, Minn.
Julia Thoms	So.	Jamestown	Prior Lake, Minn.
Halle Crockett	Jr.	Jamestown	Reile's Acres, N.D.
Emily Kurkowski	Sr.	Jamestown	Melbourne, Australia
Daviney Dreckman	So.	Jamestown	New Ulm, Minn.
Kiara Jangula	Jr.	Jamestown	Edgeley, N.D.
*Cassie Erickson	Sr.	University of Mary	Grafton, N.D.
*Eden Fridley	So.	University of Mary	Bismarck, N.D.
*Emily Jaenke	R-So.	University of Mary	Appleton, Wis.
*Chloe Pfau	Jr.	University of Mary	West Fargo, N.D.
*Brenna Dick	So.	University of Mary	West Fargo, N.D.
Anna Lenzen	R-So.	University of Mary	Chaska, Minn.
Allison Undlin	R-So.	University of Mary	Mohall, N.D.
*Brynlea Mahlen	So.	Minnesota Crookston	Fosston, Minn.
*Natalie Mikrot	Sr.	Minnesota Crookston	Willow River, Minn.
*Rayna Klejeski	Jr.	Minnesota Crookston	Barnum, Minn.
*Halle Winjum	So.	Minnesota Crookston	Crookston, Minn.
Riley Jenkins	Sr.	Minnesota Crookston	Galesburg, Ill.
*Myra Moorjani	Sr.	Minnesota Duluth	Eden Prairie, Minn.
*Lexi Karlen	Jr.	Minnesota Duluth	Stillwater, Minn.
*Lilly Radcliffe	Jr.	Minnesota Duluth	Melrose, Wis.
Gabrielle Kirchner	So.	Minnesota Duluth	Mendota Heights, Minn.
Drew Johnston	Jr.	Minnesota Duluth	Roseville, Minn.
*Lucy Leiningner	So.	Minnesota State	Germantown, Wis.
*Rhyann Holmgren	So.	Minnesota State	St. Peter, Minn.
*Delaynie Luneckas	Sr.	Minnesota State	Iowa City, Iowa
*Mackenzie Schweim	Sr.	Minnesota State	Mankato, Minn.
*Natalie Bremer	Sr.	Minnesota State	Lake City, Minn.
Hannah Herzog	Sr.	Minnesota State	Lino Lakes, Minn.



2025-26 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S BASKETBALL (CONT)

Ava Stier	Sr.	Minnesota State	Waconia, Minn.
Hannah Levenson	So.	Minnesota State	Sisseton, S.D.
Lilly Nuytten	Jr.	Minnesota State	Hastings, Minn.
*Caylin Kelly	So.	MSU Moorhead	Clark, S.D.
*Abby Berge	Jr.	MSU Moorhead	Sunburg, Minn.
Ashton Safranski	So.	MSU Moorhead	Fargo, N.D.
Katelyn Maciej	Jr.	MSU Moorhead	Rogers, Minn.
Terryn Johnson	Sr.	MSU Moorhead	Kindred, N.D.
Adie Wagner	Jr.	MSU Moorhead	Fargo, N.D.
Emily Srejma	Sr.	MSU Moorhead	Fargo, N.D.
Aylishka Teko-Folly	So.	MSU Moorhead	Rosemount, Minn.
Karlee Fisher	Jr.	MSU Moorhead	Brooklyn Park, Minn.
*Grace Kent	So.	Minot State	Canberra, Australia
*Mia Aberle	So.	Minot State	Surrey, N.D.
*Natalie Holte	Sr.	Minot State	Shakopee, Minn.
*Jaime Skeggs	Sr.	Minot State	Mandurah, Australia
Jessica Mogen	So.	Minot State	Watford City, N.D.
Taylor Goss	Sr.	Minot State	Pekin, Ill.
Lara Dobbins	So.	Minot State	New South Wales, Australia
Ashley Wacha	Jr.	Minot State	Fargo, N.D.
*Morgan Fiedler	Sr.	Northern State	Aberdeen, S.D.
*Isabelle Moore	Sr.	Northern State	Sioux Falls, S.D.
Taylor Tool	So.	Northern State	Delano, Minn.
*Kami Wadsworth	Jr.	Sioux Falls	Hayti, S.D.
*Alexis Rose	Jr.	Sioux Falls	Becker, Minn.
*Ayla Brown	Sr.	Sioux Falls	Becker, Minn.
*Brooklyn Harpe	Sr.	Sioux Falls	Sioux Falls, S.D.
*Hannah Harpe	Sr.	Sioux Falls	Sioux Falls, S.D.
*Danielle Minsaas	Jr.	Sioux Falls	Chili, Wis.
*Anna Vaaler	So.	Sioux Falls	Andover, Minn.
*Gracie Traphagen	Sr.	Sioux Falls	Aberdeen, S.D.
*Landree Wilson	Jr.	Sioux Falls	Brookings, S.D.
*Elizabeth Wanger	So.	SMSU	Luverne, Minn.
*Christina Wagner	So.	SMSU	Luverne, Minn.
*Zoe Centers	Sr.	SMSU	Hugo, Minn.
*Kennadi Buchholz	Sr.	SMSU	DeSmet, S.D.
*Natalie Nielson	Jr.	SMSU	Akron, Iowa
*Nicole Maenke	So.	SMSU	Shakopee, Minn.
*Brynn Busse	Jr.	SMSU	Winthrop, Minn.
Maddie Thorfinnson	Sr.	SMSU	Glenwood, Minn.
Audrey Swanson	Sr.	SMSU	Waconia, Minn.
Allison Milbrandt	So.	SMSU	Stewart, Minn.
Brylee Iverson	So.	SMSU	Dodge Center, Minn.
*Kristi Kottke	So.	St. Cloud State	Buffalo Lake, Minn.
*Brynn Olson	Sr.	St. Cloud State	Rice Lake, Wis.
*Grace Roesch	Jr.	St. Cloud State	Sauk Rapids, Minn.
*Halle Vande Hey	So.	St. Cloud State	Kaukauna, Wis.
*Rachel Kottke	So.	St. Cloud State	Buffalo Lake, Minn.
*Ashley Sawicki	Sr.	St. Cloud State	Waunakee, Wis.
*Paige Lambe	Jr.	St. Cloud State	Verona, Wis.
*Alana Zarneke	Jr.	St. Cloud State	Appleton, Wis.
*Abigail O'Reilly	Jr.	St. Cloud State	Elgin, Minn.
*Reagan Briggs	So.	St. Cloud State	Verona, Wis.
*Jada Eggebrecht	Sr.	St. Cloud State	Phillips, Wis.
*Macy Birkholz	So.	Wayne State	Mankato, Minn.
*Brooklyn Kruse	Jr.	Wayne State	Wayne, Neb.
*Kylah vanDonkersgoed	Sr.	Wayne State	Sioux Falls, S.D.
*Rachel Dahlen	Sr.	Wayne State	Devils Lakes, N.D.
*Meg Rietz	Sr.	Wayne State	Huxley, Iowa
*Addy Johnson	Jr.	Wayne State	Sloan, Iowa
*Lily Fitzgerald	Sr.	Wayne State	Mandurah, Australia
Emma Frost	So.	Wayne State	Andover, Minn.
*Sadie Jarmolowicz	Jr.	Winona State	Freedom, Wis.
*Lydia Lakanen	So.	Winona State	Anoka, Minn.
*Megan Schuman	Jr.	Winona State	Brillion, Wis.
*Hailey Markworth	Sr.	Winona State	La Grange, Ill.
*Bria Stenstrom	So.	Winona State	Arden Hills, Minn.
*Vivica Bretton	Jr.	Winona State	Rochester, Minn.

WOMEN'S SWIMMING & DIVING (97*/46=143)

*Maija Kangas	Sr.	Augustana	Excelsior, Minn.
*Avery Schuh	So.	Augustana	Mankato, Minn.
*Savanna Osowski	Sr.	Augustana	Milbank, S.D.
*Sofia Hein	Jr.	Augustana	Sioux Falls, S.D.
*Avery Ryder	Jr.	Augustana	Lincoln, Neb.
*Maggie Lombardi	Sr.	Augustana	St. Michael, Minn.
*Ashley Peterson	So.	Augustana	Rapid City, S.D.
*Jisella Haskamp	So.	Augustana	Sauk Centre, Minn.
*Payton Kollmorgen	Sr.	Augustana	Lincoln, Neb.
*Gracin Larson	Jr.	Augustana	Piedmont, S.D.
Yoo Mi Tomberlin Kim	Sr.	Augustana	Eagan, Minn.
Madelyn Buck	So.	Augustana	Fremont, Neb.
Gaja Valant	Jr.	Augustana	Ljubljana, Slovenia
Nathalia Silva	Sr.	Augustana	Brazil
Jocelyn Dirksen	So.	Augustana	Lead, S.D.
Abbegeael Nynas	So.	Augustana	Billings, Mont.
Ava Brogren	Sr.	Augustana	Atwater, Minn.
Kierstyn Nelson	So.	Augustana	St. Cloud, Minn.
Audrey Johnson	Jr.	Augustana	Ladera Ranch, Calif.
Maggie Szerlong	Sr.	Augustana	St. Charles, Ill.
Avery Lommel	Jr.	Augustana	Delano, Minn.
*Sierra Sherry	Jr.	Concordia-St. Paul	Boone, Iowa
*Claire Briest	So.	Concordia-St. Paul	Bloomington, Minn.
*Giulia Cury	Sr.	Concordia-St. Paul	Belo Horizonte, Brazil
*Chloe Jones	So.	Concordia-St. Paul	Regina, Canada
*Silvana Jacques	Sr.	Concordia-St. Paul	Puebla, Mexico
*Marianna Perna	Jr.	Concordia-St. Paul	Rome, Italy
*Maggie Crowley	So.	Concordia-St. Paul	Bloomington, Minn.
*Ashley Miranda-Limon	So.	Concordia-St. Paul	Lakeville, Minn.
*Chloe Rihon	Sr.	Concordia-St. Paul	Liege, Belgium
*Reese Bjorklund	So.	Concordia-St. Paul	Vadnais Heights, Minn.
*Zoe D'Alessandro	So.	Concordia-St. Paul	Racine, Wis.
*Mina Dahl	So.	Concordia-St. Paul	Roseville, Minn.
*Sophie Leo	Jr.	Concordia-St. Paul	Blaine, Minn.
Rebecca Hildebrand	Jr.	Concordia-St. Paul	Aurora, Colo.
Brooklyn Keney	So.	Concordia-St. Paul	West Fargo, N.D.
Tessa Lentsch	So.	Concordia-St. Paul	St. Paul, Minn.
*Nia Hanson	Sr.	Jamestown	Whitefish, Mont.
*Lauren Anderson	So.	Jamestown	Farmington, N.M.
*Cerys Williams	Jr.	Jamestown	Braintree, Essex, U.K.
*Lindsey Goodrich	So.	Jamestown	Casper, Wyo.
*Dagbjorg Hlif Olafsdottir	So.	Jamestown	Reykjavik, Iceland
Abigail Martin	Sr.	Jamestown	Bakersfield, Calif.
*Gabrielle Evanson	So.	University of Mary	Grand Forks, N.D.
*Michaela Desmond	Sr.	University of Mary	Bowling Green, Ohio
*Sarah Bemasconi	Jr.	University of Mary	Albany, N.Y.
*Samantha Sheridan	Sr.	University of Mary	Billings, Mont.
*Amber Norgaard	So.	University of Mary	Cottage Grove, Minn.
*Katherine Ryan	So.	University of Mary	Erie, Colo.
*Felicity McCallen	So.	University of Mary	Destin, Fla.
*Sophie Pellegrino	So.	University of Mary	Cape Coral, Fla.
*Lola Sheridan	So.	University of Mary	Billings, Mont.
*Teresa Cavanaugh	Sr.	University of Mary	Omaha, Neb.
*Peyton Wunderlich	So.	University of Mary	Mesa, Ariz.
*Jordn Wolsky	R-Jr.	University of Mary	Minot, N.D.
Maria Strong	Jr.	University of Mary	Overland Park, Kan.
Elise Altringer	Jr.	University of Mary	Minot, N.D.
Brenna Newlan	Jr.	University of Mary	Moscow, Idaho
*Teresa Collingwood	So.	Minnesota State	Fort Collins, Colo.
*Sydney Pippert	So.	Minnesota State	Thornton, Colo.
*Kolby Schendel	Sr.	Minnesota State	Buffalo, Minn.
*Ally Donagan	Jr.	Minnesota State	Janesville, Wis.
*Alexandra Gorecki	Sr.	Minnesota State	Palatine, Ill.
*Gretta Hansen	Jr.	Minnesota State	Chaska, Minn.
*Aubrey Schueler	So.	Minnesota State	Willmar, Minn.
*Savannah Acker	So.	Minnesota State	Lodi, Wis.
*Natalie Freeman	Jr.	Minnesota State	Cedar Rapids, Iowa
*Klair Bradley	Jr.	Minnesota State	Muskogee, Okla.
*Kaylie Gibbs	So.	Minnesota State	Parker, Colo.
*Gabby Odegard	So.	Minnesota State	Zimmerman, Minn.
*Zowie Farence	Jr.	Minnesota State	Waukesha, Wis.
*Carley Miller	So.	Minnesota State	Muskego, Wis.
*Abbie Ishaug	Jr.	Minnesota State	Moorhead, Minn.

2025-26 NSIC WINTER ALL-ACADEMIC TEAM

WOMEN'S SWIMMING & DIVING (CONT)

*Lily Tedrick	Jr.	Minnesota State	Ely, Minn.
*Averi Larsen	So.	Minnesota State	Waterford, Wis.
*Ellie Ricken	Sr.	Minnesota State	Oswego, Ill.
*Camryn Hanson	Jr.	Minnesota State	Bettendorf, Iowa
Morgan Hunt	Sr.	Minnesota State	West Des Moines, Iowa
Lilly Heine	So.	Minnesota State	Fort Wayne, Ind.
Hannah Boyce	Jr.	Minnesota State	Anchorage, Alaska
Kaitlyn Hettiarachchy	So.	Minnesota State	Blaine, Minn.
Norah Naatjes	So.	Minnesota State	Stillwater, Minn.
*Ruth Guy	Jr.	MSU Moorhead	Anoka, Minn.
*Rose Urick	So.	MSU Moorhead	Monticello, Minn.
*Maggie Moore	Jr.	MSU Moorhead	Mesa, AZ
*Cami Mayo	Jr.	MSU Moorhead	Batavia, Ill.
*Sophia Verke	Jr.	MSU Moorhead	Grand Rapids, Minn.
*Joanna Phillips	Jr.	MSU Moorhead	Tomahawk, Wis.
*Tresa Baumgard	So.	MSU Moorhead	Chisholm, Minn.
*Haley Stainbrook	So.	MSU Moorhead	Waterloo, Iowa
Lacie Stark	Sr.	MSU Moorhead	Blaine, Minn.
Isabelle Johnson	Sr.	MSU Moorhead	Alexandria, Minn.
Ruth Pavelski	Jr.	MSU Moorhead	Sun Prairie, Wis.
Fernanda Leon	So.	MSU Moorhead	Lima, Peru
Zoe Bjerke	Jr.	MSU Moorhead	Valley City, N.D.
Kelsey Jackson	Jr.	MSU Moorhead	Canton, GA
*Emma Beavers	Jr.	Northern State	Redwood Falls, Minn.
*Marie Loest	So.	Northern State	Wichita, Kan.
*Laila Gordillo	So.	Northern State	Daule Ecuador
*Mazie Finch	So.	Northern State	Stillwater, Okla.
*Hilary Sonnabend	Jr.	Northern State	Brillion, Wis.
Jacie Flockhart	Jr.	Northern State	Boone, Iowa
Sidney Masgras	So.	Northern State	Round Rock, Texas
Kenna Remily	So.	Northern State	Wahpeton, N.D.
*Charlotte Gibbs	So.	Sioux Falls	Wellington, N.Z.
*Irene Paris	So.	Sioux Falls	Bergamo, Italy
*Alessia Moro	Jr.	Sioux Falls	Trieste, Italy
*Isabella Perkins	So.	Sioux Falls	Brighton, Colo.
Weronika Mrozek	Sr.	Sioux Falls	Budzistowo, Poland
Valentina Brunelli	Sr.	Sioux Falls	Rome, Italy
Phoebe Mosley	Sr.	Sioux Falls	Fort Worth, Texas
*Kendal Engelker	So.	SMSU	Douglas, Wyo.
*Anneka Sedelmyer	So.	SMSU	Colorado Springs, Colo.
*Maddy Storm	Jr.	SMSU	Watertown, S.D.
*Emily Quanbeck	So.	SMSU	Milford, Iowa
*Carla Nevi	Sr.	SMSU	Rome, Italy
*Shannon Bailey	Jr.	SMSU	Cheyenne, Wyo.
Maggie Johnson	So.	SMSU	Casper, Wyo.
Ashlynn Dunlop	Sr.	SMSU	Kansas City, Mo.
Olivia Johnson	So.	SMSU	Rapid City, S.D.
Madison Cyrus	Jr.	SMSU	Watertown, S.D.
Lexi Weems	So.	SMSU	Blue Springs, Mo.
*Paula Albala Prieto	Sr.	St. Cloud State	Gijon, Spain
*Abriella Werner	So.	St. Cloud State	Soldotna, Alaska
*Gabriella Sieber	Sr.	St. Cloud State	Green Bay, Wis.
*Addisyn Nelson	Jr.	St. Cloud State	Lake Geneva, Wis.
*Hilary Leom	So.	St. Cloud State	Milaca, Minn.
*Carly Salzer	So.	St. Cloud State	Oshkosh, Wis.
*Isabella Koebele	Sr.	St. Cloud State	Bismarck, N.D.
*Amelia Travis	Sr.	St. Cloud State	Dassel, Minn.
*Ella Rausch	Sr.	St. Cloud State	Fort Ripley, Minn.
*Lauren Woelfel	So.	St. Cloud State	Becker, Minn.
*Natalie Gneiser	Sr.	St. Cloud State	Baraboo, Wis.
*Alba Silva	Sr.	St. Cloud State	Amposta, Spain
*Paige Patten	Jr.	St. Cloud State	Rochester, Minn.
*Brooklyn Ferguson	So.	St. Cloud State	Milford, Iowa
*Katelin Hall	Jr.	St. Cloud State	Wausau, Wis.
Claire Salzer	Sr.	St. Cloud State	Oshkosh, Wis.
Emma Hoppman	So.	St. Cloud State	Red Wing, Minn.
Madeline Bunton	Jr.	St. Cloud State	Ladysmith, Wis.
Hallie Drossel	So.	St. Cloud State	Melrose, Minn.
Talia Nettesheim	So.	St. Cloud State	Mukwonago, Wis.
Katherine Turner	Jr.	St. Cloud State	Greendale, Wis.

MEN'S INDOOR TRACK & FIELD (104*/81=185)

*Isaiah Anderson	So.	Augustana	Mankato, Minn.
*Bryant Keller	So.	Augustana	Glenwood, Iowa
*Patrick Vogel	Sr.	Augustana	Sioux Falls, S.D.
*Nicholas Batién	Sr.	Augustana	Carson City, Nev.
*Bridger Steiner-Smith	So.	Augustana	Colorado Springs, Colo.
*Nicholas Batchelor	Sr.	Augustana	Milbank, S.D.
*James Batchelor	So.	Augustana	Milbank, S.D.
*Kieran Weigelt	So.	Augustana	Sioux Falls, S.D.
*Kadin Groen	Sr.	Augustana	Sioux Falls, S.D.
*Alex Schumacher	So.	Augustana	Mount Vernon, S.D.
*Jackson Reece	Jr.	Augustana	Omaha, Neb.
*Liam Schick	So.	Augustana	Byron, Minn.
*Ian Olivier	Jr.	Augustana	Sioux Falls, S.D.
*Brady Hogan	Jr.	Augustana	Waukon, Iowa
*Tyler Christianson	So.	Augustana	Lakeville, Minn.
*Alex Otten	Sr.	Augustana	Rapid City, S.D.
*Tyson Ricker	Jr.	Augustana	Clear Lake, Minn.
Addisu Haverly	So.	Augustana	Hudson, Wis.
Evan Myran	Sr.	Augustana	Hawley, Minn.
Caden Olegario	So.	Augustana	Mitchell, S.D.
Elijah Oxner	Sr.	Augustana	Rapid City, S.D.
Parker Fitzgerald	Sr.	Augustana	Harrisburg, S.D.
Trenten DeCook	Sr.	Augustana	Byron, Minn.
Soren Weeg	Sr.	Augustana	Sioux Falls, S.D.
Jude Jarding	So.	Augustana	Hartford, S.D.
Alex Baez	So.	Augustana	Jackson, Minn.
*Jacob Jensrud	Jr.	Concordia-St. Paul	Hibbing, Minn.
*Keyshawn Pettis	Sr.	Concordia-St. Paul	Omaha, Neb.
*Andrew Giger	Jr.	Concordia-St. Paul	Fisher, Ind.
*Cade Feist	Sr.	Concordia-St. Paul	St. Paul, Minn.
*Milo Athias Finn	So.	Concordia-St. Paul	Robbinsdale, Minn.
*Dan Otto	Sr.	Concordia-St. Paul	Eau Claire, Wis.
*Will Hugo	Jr.	Concordia-St. Paul	Columbia Heights, Minn.
*Andrew Boyum	Sr.	Concordia-St. Paul	Jackson, Minn.
*Ethan Blischke	Sr.	Concordia-St. Paul	Waukesha, Wis.
*Travis Tock	So.	Concordia-St. Paul	Sheboygan, Wis.
*Josh Krummel	Jr.	Concordia-St. Paul	Oakdale, Minn.
*Arik Nikolas	Jr.	Concordia-St. Paul	St. Cloud, Minn.
Carter Krummen	Sr.	Concordia-St. Paul	Nixa, Mo.
Zay Acosta	So.	Concordia-St. Paul	Woodbury, Minn.
Del Johnson	So.	Concordia-St. Paul	Plymouth, Minn.
Basheer Alam	Sr.	Concordia-St. Paul	Rosemount, Minn.
*Lucas Dahl	So.	Jamestown	Kindred, N.D.
*Ashton Judge	Jr.	Jamestown	Harrington Park, Australia
*Xander Rath	So.	Jamestown	Kindred, N.D.
*Avery Ligon	So.	Jamestown	Aberdeen, S.D.
*Ethan Lieb	So.	Jamestown	New Ulm, Minn.
*Riley Johnson	Jr.	Jamestown	Hunter, N.D.
*Ethan Duval	So.	Jamestown	Kindred, N.D.
*Jayden Bittner	So.	Jamestown	Lisbon, N.D.
*Cole Campbell	Jr.	Jamestown	Oxbow, N.D.
Gavyn Graham	So.	Jamestown	Bismarck, N.D.
Jobe Rystedt	So.	Jamestown	Minot, N.D.
Evan Schmit	So.	Jamestown	Bismarck, N.D.
Liam Pospisil	R-Jr.	Jamestown	Mitchell, S.D.
Landon Thompson	R-Jr.	Jamestown	Sunburg, Minn.
*Charles Tomczik	Jr.	University of Mary	Plymouth, Minn.
*Jordan Peterson	So.	University of Mary	Center, N.D.
*Dawson Hawkinson	Gr.	University of Mary	Bismarck, N.D.
*Raine Skjod	Sr.	University of Mary	Mandan, N.D.
*Ryan Koberoski	So.	University of Mary	Madelia, Minn.
*Sean Erickson	Jr.	University of Mary	Brooklyn Park, Minn.
*Nick Lind	So.	University of Mary	Maple Lake, Minn.
*Andrew Kilman	So.	University of Mary	Castle Rock, Colo.
*Lucas Kupfer	So.	University of Mary	Bismarck, N.D.
*Jon Rice	So.	University of Mary	Nevis, Minn.
*Mason Marquart	Jr.	University of Mary	Bismarck, N.D.
Caleb Hansen	Sr.	University of Mary	Dickinson, N.D.
Preston Lemar	So.	University of Mary	Bismarck, N.D.
Ian Oberfeld	Jr.	University of Mary	Hillman, Minn.
Kaden Mattson	So.	University of Mary	Ellensburg, Wash.
Izaak Kudrna	So.	University of Mary	Dickinson, N.D.
Gideon Hammah	So.	University of Mary	North Apowa, Ghana

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MEN'S INDOOR TRACK & FIELD (CONT)

Ty Allen	Jr.	University of Mary	Bismarck, N.D.
Kenny Moxey	So.	University of Mary	Nassau, Bahamas
Logan Wentz	Sr.	University of Mary	Minot, N.D.
Joseph Ringhand	So.	University of Mary	Ironton, Minn.
Jake Hettinger	Jr.	University of Mary	Bismarck, N.D.
Prithviraj Chougule	Sr.	University of Mary	Kolhapur, India
Ethan Olsen	So.	University of Mary	Gothenburg, Neb.
Jake Heimkes	So.	Minnesota Duluth	Eden Prairie, Minn.
*Noah Foster	Jr.	Minnesota Duluth	Cromwell, Minn.
*Connor Kostynick	Sr.	Minnesota Duluth	Perham, Minn.
*Austin Kehr	So.	Minnesota Duluth	Belle Plaine, Minn.
*Noah Rodenwald	So.	Minnesota Duluth	Rosemont, Minn.
*Alex Heidom	Sr.	Minnesota Duluth	Rogers, Minn.
*Brayden Brakke	Jr.	Minnesota Duluth	Northfield, Minn.
*Brock Unger	Sr.	Minnesota Duluth	New Richmond, Wis.
*Brady Johnson	Jr.	Minnesota Duluth	Oak Grove, Minn.
*Reid Olson	So.	Minnesota Duluth	Wyoming, Minn.
*Will Heydt	Sr.	Minnesota Duluth	Alexandria, Minn.
*Bennett Nelson	Sr.	Minnesota Duluth	Iron River, Wis.
*Sam Blomberg	Sr.	Minnesota Duluth	New Ulm, Minn.
*Jake Fier	Jr.	Minnesota Duluth	Prior Lake, Minn.
Nolan Bakken	Jr.	Minnesota Duluth	Eden Prairie, Minn.
Zachary Anderson	Sr.	Minnesota Duluth	Blaine, Minn.
Jackson Weston	Sr.	Minnesota Duluth	Grand Rapids, Minn.
Nathan Amundson	Jr.	Minnesota Duluth	Northfield, Minn.
Connor Bialka	So.	Minnesota Duluth	Ham Lake, Minn.
Nathaniel Brandt	Sr.	Minnesota Duluth	Deephaven, Minn.
Billy Auvin	So.	Minnesota Duluth	New Richmond, Wis.
*Erek Ross	So.	Minnesota State	Wausau, Wis.
*Paul Lins	Jr.	Minnesota State	Lodi, Wis.
*Evan Laughridge	So.	Minnesota State	Prior Lake, Minn.
*Soel Riser	So.	Minnesota State	Woodbury, Minn.
*Owen Petersohn	Sr.	Minnesota State	Dodge Center, Minn.
*Leif Larsen	Sr.	Minnesota State	Williston, N.D.
*Keaton Wattier	Sr.	Minnesota State	Osmond, Neb.
*Ben Wieser	Sr.	Minnesota State	Rushford, Minn.
Collin Windorski	Jr.	Minnesota State	Oak Creek, Wis.
Jonah McCormick	So.	Minnesota State	White Bear Lake, Minn.
Henry Warsaw	So.	Minnesota State	St Charles, Ill.
Luke Scholtes	So.	Minnesota State	Mankato, Minn.
Braxton Stewart	Sr.	Minnesota State	Waukon, Iowa
Linton McPherson	So.	Minnesota State	Minneapolis, Minn.
Thomas Alrick	So.	Minnesota State	Henderson Nev.
*Janis Riekstins	So.	MSU Moorhead	Riga, Latvia
*Will Massmann	Jr.	MSU Moorhead	St. Augusta, Minn.
*Preston Miller	So.	MSU Moorhead	Wadena, Minn.
Austin Weite	So.	MSU Moorhead	Motley, Minn.
Frosty Wisnewski	Jr.	MSU Moorhead	Casselton, N.D.
Salman Mohamed	So.	MSU Moorhead	Champlin, Minn.
Landon Nicholas	Jr.	MSU Moorhead	Grandin, N.D.
Jared Gregoire	Jr.	MSU Moorhead	Buffalo, Minn.
Colin O'Farrell	Sr.	MSU Moorhead	Spicer, Minn.
Jaiden Peraza	Sr.	MSU Moorhead	Kindred, N.D.
Jack Stewart	So.	MSU Moorhead	West Fargo, N.D.
Hunter Miller	Jr.	MSU Moorhead	Motley, Minn.
*Camden Jasmin	Sr.	Minot State	Williston, N.D.
*Isaac Rathbun	So.	Minot State	Minot, N.D.
Zander Grover	So.	Minot State	Burlington, N.D.
Nikita Neyshtadt	Sr.	Minot State	Richmond Hill, Ontario
Peyton Tuhy	Sr.	Minot State	Hettinger, N.D.
*Holter Bridwell	Jr.	Minot State	Bismarck, N.D.
*Levi Reis	Jr.	Northern State	Ellendale, N.D.
*Christian Wells	So.	Northern State	Aberdeen, S.D.
*Turner Thorson	Jr.	Northern State	Mina, S.D.
*Sam Tremelling	Sr.	Northern State	Chelmsford, G.B.
*Marcus Garza	So.	Northern State	Oakes, N.D.
*Gracen Hansen	So.	Northern State	Timber Lake, S.D.
*Dan Istvanovich	Gr.	Northern State	Chisago City, Minn.
*Geoffrey Mannino	Gr.	Northern State	Clermont Ferrand, France
*Damon Roggenbuck	So.	Northern State	Sioux Falls, S.D.
*Taylor Thorson	Sr.	Northern State	Mina, S.D.
*Blake Stoks	Sr.	Northern State	Porter, Minn.
*Ross Kortenbusch	Jr.	Northern State	Vining, Minn.

MEN'S INDOOR TRACK & FIELD (CONT)

Jacob Angerhofer	Sr.	Northern State	Aberdeen, S.D.
Luke Campbell	So.	Northern State	Hurley, S.D.
Isaac Ligon	Sr.	Northern State	Aberdeen, S.D.
Talan Lunders	So.	Northern State	Rapid City, S.D.
Carter Dingman	Jr.	Northern State	Aberdeen, S.D.
Drew Henriksen	Jr.	Northern State	Bismarck, N.D.
Ty Kadlec	Jr.	Northern State	Ipswich, S.D.
Drew Salfrank	Jr.	Northern State	Aberdeen, S.D.
*Collin Dingsor	Sr.	Sioux Falls	Watertown, S.D.
*Carter Friske	Sr.	Sioux Falls	Sioux Falls, S.D.
*Brandon Stark	So.	Sioux Falls	Brainerd, Minn.
Ean Minnaert	Sr.	Sioux Falls	Tea, S.D.
*Jacob Kunkel	So.	SMSU	Breckenridge, Minn.
*Cody Evers	So.	SMSU	Proctor, Minn.
*Colton Johnson	So.	SMSU	Grand Rapids, Minn.
*Deekon Anvid	Sr.	SMSU	Culver, Minn.
*Elliott Hoffman	So.	SMSU	New Ulm, Minn.
*Daniel Olson	Sr.	SMSU	Nashwauk, Minn.
*Carter Schwalbe	So.	SMSU	Albany, Minn.
Peda Zeba	Jr.	SMSU	Adrian, Minn.
Roel Palomo	Jr.	SMSU	Albert Lea, Minn.
Mak Lia	So.	SMSU	Worthington, Minn.
Ryan Kronbach	So.	SMSU	Janesville, Minn.
Bjorn Mattick	So.	SMSU	St. Cloud, Minn.
*Alex Leuenberger	Sr.	Wayne State	Waverly, Neb.
*Jaxson Ninete	Jr.	Wayne State	Elkhorn, Neb.
*William Keller	So.	Wayne State	Omaha, Neb.
*Simeon Weers	So.	Wayne State	Neola, Iowa
*Matthew Logue	Sr.	Wayne State	Ponca, Neb.
*Jake Peitz	Sr.	Wayne State	Hartington, Neb.
Elliott Nottlemann	Jr.	Wayne State	Bancroft, Neb.
Mujeeb Adewuyi	So.	Wayne State	Lagos, Nigeria
Akron Jostand	So.	Wayne State	Milford, Iowa
Alex Altman	Sr.	Wayne State	Windsor, Minn.
Daylin Mallory	Sr.	Wayne State	Norfolk, Neb.
Mitchell Rudie	Sr.	Wayne State	Springfield, Neb.
Brady Franzen	Jr.	Wayne State	Lincoln, Neb.
Nathan Decker	So.	Wayne State	Tilden, Neb.
Ty Dingman	Jr.	Wayne State	Omaha, Neb.

WOMEN'S INDOOR TRACK & FIELD (199*/76=275)

*Kaelyn Nelson	So.	Augustana	Anoka, Minn.
*Adalyn Schoelerman	So.	Augustana	Every, Iowa
*Sydney Serck	Jr.	Augustana	Yankton, S.D.
*Tenley Nelson	Sr.	Augustana	Luverne, Minn.
*Laura Thompson	Sr.	Augustana	Fairmont, Minn.
*Allyson Sample	So.	Augustana	Marshall, Minn.
*Abby Cutler	So.	Augustana	Rapid City, S.D.
*Avari Getchell	Jr.	Augustana	Haines, Alaska
*Jazelle Jarding	So.	Augustana	Hartford, S.D.
*Clara Binstock	So.	Augustana	Sioux Falls, S.D.
*Ellen Merkley	So.	Augustana	Sioux Falls, S.D.
*Ashton Massey	So.	Augustana	Olivet, S.D.
*Lily Juhnke	Sr.	Augustana	Sioux City, Iowa
*Lindsey Young	Sr.	Augustana	Maple Grove, Minn.
*Lauren Merkley	Sr.	Augustana	Sioux Falls, S.D.
*Claire Fierro	Jr.	Augustana	Rapid City, S.D.
*Jordyn Arens	So.	Augustana	Crofton, Neb.
*Hadley Larson	So.	Augustana	Hartford, S.D.
*Hailey Werk	So.	Augustana	Donnelly, Minn.
*Ramsey Karim	Jr.	Augustana	Custer, S.D.
*Alexis Olderbak	Jr.	Augustana	Moorhead, Minn.
Lucy Johnson	So.	Augustana	Woodbury, Minn.
*Elle Bettcher	So.	Bemidji State	Detroit Lakes, Minn.
*Chloe Knott	So.	Bemidji State	Bemidji, Minn.
*Hailey Selly	So.	Bemidji State	Frazee, Minn.
*Emma Green	So.	Bemidji State	Owatonna, Minn.
*Emma Erickson	Gr.	Bemidji State	International Falls, Minn.
*Callie Ressler	Sr.	Bemidji State	Frago, N.D.
*Maggie McCarthy	Sr.	Bemidji State	Woodbury, Minn.
*Trista Bilden	So.	Bemidji State	Northwood, N.D.
Sophie Rylance	So.	Bemidji State	Ambleside, England
Makenna Frazier	Jr.	Bemidji State	Nevis, Minn.
Aspen Rohde	So.	Bemidji State	Perham, Minn.

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WOMEN'S INDOOR TRACK & FIELD (CONT)

*Addy Nelson	So.	Concordia-St. Paul	Cambridge, Minn.
*Maya Lavendusky	Sr.	Concordia-St. Paul	Portage, Ind.
*Kathryn Stroede	So.	Concordia-St. Paul	Sheboygan, Wis.
*Kayla Anderson	So.	Concordia-St. Paul	Stillwater, Minn.
*Nyadio Chan	Sr.	Concordia-St. Paul	Ames, Iowa
*Natalie Gimm	So.	Concordia-St. Paul	Shoreview, Minn.
Mackenzie Lovejoy	So.	Concordia-St. Paul	Brooklyn Park, Minn.
Mehlaysia Straub	Jr.	Concordia-St. Paul	Jordan, Minn.
*Sara Sletto	So.	Jamestown	Jamestown, N.D.
*Cambrie Fischer	So.	Jamestown	Bismarck, N.D.
*Brenna Held	Sr.	Jamestown	Huron, S.D.
*Kirsten Vander Looi	Jr.	Jamestown	Jamestown, N.D.
*Ella Germundson	So.	Jamestown	Horace, N.D.
*Ruth Harris	So.	Jamestown	Moorhead, Minn.
*Makenzie Gibson	Sr.	Jamestown	Inver Grove Heights, Minn.
*Sydney Ulrich	So.	Jamestown	Barrett, Minn.
*Mackenzie Sletto	Sr.	Jamestown	Rockford, Minn.
*Lillian Petty	So.	Jamestown	Watertown, Minn.
Allyson Goodmanson	So.	Jamestown	Hickson, N.D.
Madalyn Neumann	So.	Jamestown	Norwood, Minn.
*Anna Bruno	Jr.	University of Mary	Seneca, Ill.
*Holly Fromherz	Jr.	University of Mary	Ellensburg, Wash.
*Kristine Kalthoff	Gr.	University of Mary	Albany, Minn.
*Hannah Westin	Jr.	University of Mary	Bismarck, N.D.
*Emma Hehn	Jr.	University of Mary	Littleton, Colo.
*Giselle Jahner	So.	University of Mary	Alexandria, Minn.
*Kendall Berg	Sr.	University of Mary	Bismarck, N.D.
*Aspen Eslinger	So.	University of Mary	Bismarck, N.D.
*Briley Farris	So.	University of Mary	Buffalo, Wyo.
*Grace Brandt	Jr.	University of Mary	Blaine, Minn.
*Anna Nasset	So.	University of Mary	Regent, N.D.
*Anna Rader	Sr.	University of Mary	Bismarck, N.D.
*Cierra Bornemann	So.	University of Mary	Fargo, N.D.
*Bernadette Belzer	Jr.	University of Mary	Jamestown, N.D.
*Terez Wycklendt	Sr.	University of Mary	New Berlin, Wis.
*Tayen Werner	So.	University of Mary	Langham, SK, Canada
*Makayla Allmaras	So.	University of Mary	Harwood, N.D.
*Sarah Grotberg	So.	University of Mary	Fergus Falls, Minn.
*Ellyn Engels	So.	University of Mary	Lakeville, Minn.
*Jazmyn Christen	Sr.	University of Mary	Maple Grove, Minn.
Anna Tisch	So.	University of Mary	Mount Horeb, Wis.
Amber Rosemeier	So.	University of Mary	Murdock, Minn.
Gianna Frasher	So.	University of Mary	Surprise, Neb.
Abby Vlahovich	So.	University of Mary	Mount Vernon, Wash.
Mya Nishimura	So.	University of Mary	Rapid City, S.D.
Laila Cleare	Sr.	University of Mary	Nassau, Bahamas
*Elizabeth VanLoon	Sr.	Minnesota Duluth	New Brighton, Minn.
*Kate Fitzgerald	Sr.	Minnesota Duluth	Mosinee, Wis.
*Justine Carsrud	Jr.	Minnesota Duluth	Grand Rapids, Minn.
*Alaina Hageman	Sr.	Minnesota Duluth	Foley, Minn.
*Megan Sandgren	Sr.	Minnesota Duluth	Franklin, Minn.
*Ella Cole	Jr.	Minnesota Duluth	Moorhead, Minn.
*Ellie Hanowski	Jr.	Minnesota Duluth	Forest Lake, Minn.
*Annaka Bogenholm	So.	Minnesota Duluth	Moose Lake, Minn.
*Isabelle Alderman	So.	Minnesota Duluth	Rochester, Minn.
*Lillian Wanzek	Jr.	Minnesota Duluth	Golden Valley, Minn.
*Marybeth Mathews	Sr.	Minnesota Duluth	Bemidji, Minn.
*Emily Bastian	Jr.	Minnesota Duluth	Baxter, Minn.
*Sevanna Burke	So.	Minnesota Duluth	Trego, Wis.
*Kira Almsberger	Sr.	Minnesota Duluth	Olathe, Kan.
*Erin Steinman	Jr.	Minnesota Duluth	Mahtomedi, Minn.
*Rachel Ulrich	Jr.	Minnesota Duluth	Osceola, Wis.
*Gracey Roubinek	Jr.	Minnesota Duluth	Monticello, Minn.
*Maddie Verkerke	Sr.	Minnesota Duluth	White Bear Lake, Minn.
*Aften Robinson	Jr.	Minnesota Duluth	Staples, Minn.
*Sophie Mahnke	So.	Minnesota Duluth	Rogers, Minn.
Kathryn Wraspir	Sr.	Minnesota Duluth	Roseville, Minn.
Brooklyn Kuechle	So.	Minnesota Duluth	South Haven, Minn.
Emily Anderson	Sr.	Minnesota Duluth	Lino Lakes, Minn.
Lauren Swanson	Jr.	Minnesota Duluth	Centerville, Minn.
Avery Fitzpatrick	So.	Minnesota Duluth	West Fargo, ND
Hailey Hollar	So.	Minnesota Duluth	Morgan, Minn.
Sarah Baum	Jr.	Minnesota Duluth	Rochester, Minn.
Sierra Ingle	So.	Minnesota Duluth	Delano, Minn.
*Ella Erickson	Jr.	Minnesota State	Burnsville, Minn.

WOMEN'S INDOOR TRACK & FIELD (CONT)

*Paige Larsen	So.	Minnesota State	Cold Spring, Minn.
*Katelyn Flack	So.	Minnesota State	Lake Crystal, Minn.
*Olivia Minear	So.	Minnesota State	Annandale, Minn.
*Kate Mohr	Jr.	Minnesota State	Chippewa Falls, Wis.
*Danielle Malone	Jr.	Minnesota State	Moorhead, Minn.
*Hope Stangel	Jr.	Minnesota State	Milwaukee, Wis.
*Grace Hambel	Sr.	Minnesota State	Appleton, Wis.
*Jocelyn Hart	So.	Minnesota State	Luverne, Minn.
*Lane King	So.	Minnesota State	Green Bay, Wis.
*Addison Peed	Jr.	Minnesota State	Janesville, Minn.
*Madison Hubbard	Jr.	Minnesota State	Camas, Wash.
*Maya Shorter	Jr.	Minnesota State	Pierre, S.D.
*Ashley Overgaauw	Jr.	Minnesota State	Lake Wilson, Minn.
*Emmah Dmytrasz	Sr.	Minnesota State	North Mankato, Minn.
*Arabella Knudson	So.	Minnesota State	Mantorville, Minn.
*Sophie Baker	So.	Minnesota State	New Market, Minn.
*Amanda Overgaauw	So.	Minnesota State	Lake Wilson, Minn.
*Elvira Collvin	So.	Minnesota State	Limhamns, Sweden
*Madison Matzek	Sr.	Minnesota State	Prescott, Wis.
*Emily Renlund	So.	Minnesota State	Cottage Grove, Minn.
*Alexi MacDonald	Sr.	Minnesota State	Rice Lake, Wis.
*Jadyn Hart	Jr.	Minnesota State	Luverne, Minn.
*Isabelle Renlund	So.	Minnesota State	Cottage Grove, Minn.
*Brianna Villanti	Jr.	Minnesota State	Rogers, Minn.
*Sarah Zino	Jr.	Minnesota State	Sioux Falls, S.D.
*Aubri Brown	So.	Minnesota State	Marshfield, Wis.
Julia Alberts	Jr.	Minnesota State	Decorah, Iowa
Maria Seltling	Jr.	Minnesota State	Ringle, Wis.
Jenna Sikel	Sr.	Minnesota State	Mankato, Minn.
Lillian Johnson	So.	Minnesota State	Hudson, Wis.
Melanie Marks	Sr.	Minnesota State	Germantown, Wis.
Lillian Washington	Sr.	Minnesota State	Spikkestad, Norway
Viktoriiia Ermolaeva	Jr.	Minnesota State	Saint Petersburg, Russia
Chloe Judisch	So.	Minnesota State	Lake City, Iowa
Lillian Orf	Sr.	Minnesota State	Woodbury, Minn.
Lillian Strong	Jr.	Minnesota State	Lodi, Wis.
Alexa Post	Sr.	Minnesota State	Bloomer, Wis.
Ghada Hamdani	Jr.	Minnesota State	Bizerte, Tunisia
Miranda Lauvstad	Sr.	Minnesota State	Nesoeva, Norway
Grace Obour	Sr.	Minnesota State	Accra, Ghana
Shye Johnson	Sr.	Minnesota State	Tama, Iowa
Brianna Shroyer	Jr.	Minnesota State	Buffalo, Minn.
Tiffany Kolb	Sr.	Minnesota State	Farmington, Minn.
*Madison Kepner	Jr.	MSU Moorhead	Brookings, Minn.
*Kiley Kranz	Jr.	MSU Moorhead	Osakis, Minn.
Kaela Traugott	Jr.	MSU Moorhead	Rogers, Minn.
*Sophia Ness	So.	MSU Moorhead	Bismarck, N.D.
*Hunter Petersen	Sr.	MSU Moorhead	Jamestown, N.D.
*Liv Birkeland	Jr.	MSU Moorhead	Hermantown, Minn.
Katelynn Kennedy	Jr.	MSU Moorhead	Brainerd, Minn.
McKenna Schreiber	Jr.	MSU Moorhead	Mankato, Minn.
Brihonne Cargill	So.	MSU Moorhead	Nassau, Bahamas
Leya Teicher	Jr.	MSU Moorhead	Eden Valley, Minn.
*Natalie Becker	So.	Minot State	Minot, N.D.
*Emery Smith	Sr.	Minot State	North Salt Lake, Utah
*Nicole Reeves	Sr.	Minot State	Anaheim, Calif.
*Julie Folk	So.	Minot State	Minot, N.D.
Afton Wride	So.	Minot State	Kalispell, Mont.
Camryn Adams	Jr.	Minot State	Northwood, N.D.
Summer Krebsbach	Sr.	Minot State	Max, N.D.
Bailey Wride	Jr.	Minot State	Kalispell, Mont.
*Jolie Dugan	Jr.	Northern State	Draper, S.D.
*Abby Hasart	So.	Northern State	Huron, S.D.
*Maggie Kruger	So.	Northern State	Twin Brooks, S.D.
*Kali Norton	So.	Northern State	Ellendale, N.D.
*Emaleigh Olesiak	So.	Northern State	Cloquet, Minn.
*Tayla Dobrenski	Jr.	Northern State	Brookings, S.D.
*Gracie Eisenbraun	Jr.	Northern State	Kadoka, S.D.
*Payton Kemnitz	So.	Northern State	Wolsey, S.D.
*Karli Klein	Jr.	Northern State	Garrison, N.D.
*Kamryn Schwartz	Sr.	Northern State	Volga, S.D.
*Anna Skachenko	So.	Northern State	Coleharbor, N.D.
*Addison Cumbow	Sr.	Northern State	Pierre, S.D.
*Emmalyn Hunt	Jr.	Northern State	Murdo, S.D.
*Morgan Sheldon	Sr.	Northern State	Mandan, N.D.



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WOMEN'S INDOOR TRACK & FIELD (CONT)

*Rebekah Walz	Jr.	Northern State	New London, Minn.
*Elisabet Jonsdottir	Jr.	Northern State	Kopavogur, Iceland
*Romane Maugest	Gr.	Northern State	Rouen, France
*Avery Miles	Jr.	Northern State	Turton, S.D.
*Brooke Mushatt	So.	Northern State	Sauk Rapids, Minn.
*Renea Taylor	Sr.	Northern State	Malott, Wash.
*Paige Bishop	Jr.	Northern State	Hillsboro, N.D.
*Rachel Miklos	So.	Northern State	Custer, S.D.
*Jordan West	Jr.	Northern State	Thompson, N.D.
Grace Kuch	So.	Northern State	Aberdeen, S.D.
Macoya Hansen	So.	Northern State	Guelph, N.D.
*Tatum Godinez	Jr.	Sioux Falls	Omaha, Neb.
*Mackenzie Everson	Sr.	Sioux Falls	Castlewood, S.D.
*Tierney Faulk	Sr.	Sioux Falls	Yankton, S.D.
*Amarise Okken	Jr.	Sioux Falls	Sioux Falls, S.D.
*Delanie Van Driel	Sr.	Sioux Falls	Lesterville, S.D.
*Kendra Hall	Jr.	Sioux Falls	Williston, N.D.
*Lyndi Koosman	Jr.	Sioux Falls	Spicer, Minn.
*Kaden Foust	Jr.	Sioux Falls	Arlington, Neb.
*Kendall Anderson	Sr.	Sioux Falls	Bondurant, Iowa
*Peyton Hanson	Sr.	Sioux Falls	Jackson, Minn.
*Erika Imdieke	So.	Sioux Falls	Plymouth, Minn.
*Kendra King	Jr.	Sioux Falls	Dickinson, N.D.
*Piper Hanson	So.	Sioux Falls	Burke, S.D.
*Tamia Horton	Sr.	Sioux Falls	Maplewood, Minn.
Paige Haack	Sr.	Sioux Falls	Baudette, Minn.
Grace Gioffredi	Sr.	Sioux Falls	Indianola, Iowa
Andrew Edwards	Jr.	Sioux Falls	Blaine, Minn.
*Nina Thieschafer	So.	SMSU	Sauk Centre, Minn.
*Kyra Kusnierek	Sr.	SMSU	Eagan, Minn.
*Kaitlin Olson	So.	SMSU	Nashwauk, Minn.
*Jada Backes	So.	SMSU	Rapid City, S.D.
*Allison Watts	So.	SMSU	Alta, Iowa
*Brooke Wetterstrom	Sr.	SMSU	Olathe, Kan.
*Bayleann Moen	So.	SMSU	Roslyn, S.D.
*Christine Sleeter	Jr.	SMSU	Suring, Wis.
*Michelle Marquard	So.	SMSU	Wisconsin Dells, Wis.
*Shealyn Tom	Sr.	SMSU	Brea, Calif.
Tavashia Hill	So.	SMSU	Belle Plaine, Minn.
Lila Bungarden	So.	SMSU	Belle Plaine, Minn.
Syndi Badertscher	So.	SMSU	Leaf River, Ill.
Alicia Blesi	Jr.	SMSU	Anoka, Minn.
Zoe Ruschmeier	Sr.	SMSU	Glencoe, Minn.
Madison Marco	Jr.	SMSU	Ocheyedan, Iowa
*Elena Martinez Rodriguez	Sr.	St. Cloud State	Madrid, Spain
*MerriAnna Johnson	So.	St. Cloud State	Osceola, Wis.
*Savannah Reinke	Jr.	St. Cloud State	Malta Bend, Mo.
*Kinsey Mohwinkle	So.	St. Cloud State	Aplington, Iowa
*Mackenzie McMahon	So.	St. Cloud State	Baraboo, Wis.
Ava Wilmanns	Sr.	St. Cloud State	Cedarburg, Wis.
Kimberly Feller	So.	St. Cloud State	East Helena, Mont.
Abbygail Nunez	So.	St. Cloud State	South St. Paul, Minn.
*Sydney Escritt	Sr.	Wayne State	Hebron, Neb.
*Taylor Arp	So.	Wayne State	Kennard, Neb.
*Madison McKie	So.	Wayne State	Norfolk, Neb.
*Maelee Beacom	Sr.	Wayne State	Hooper, Neb.
*Olivia Schwarzrock	Sr.	Wayne State	Gibbon, Minn.
*Meghan Cunningham	Jr.	Wayne State	Omaha, Neb.
*Zoey Holmes	So.	Wayne State	Forest City, Iowa
*Torrance Tso	Jr.	Wayne State	Norfolk, Neb.
Kaylea Bruxvoort	So.	Wayne State	Orange City, Iowa
Reagan Murphy	So.	Wayne State	Algona, Iowa
Sara Yamagami	So.	Wayne State	Tokyo, Japan
Elizabeth Mayer	Sr.	Wayne State	Hemingford, Neb.
Jayrn Warejcka	So.	Wayne State	Canton, S.D.
Lindsey Kneifl	Sr.	Wayne State	Pilger, Neb.
Jerika Bakenhus	Jr.	Wayne State	Lincoln, Neb.
Alyssa Folds	Jr.	Wayne State	Walton, Neb.
Allison Czapla	So.	Wayne State	Blair, Neb.
*Caitlyn Casella	So.	Winona State	Johnsburg, Ill.
*Samantha Harke	Jr.	Winona State	Appleton, Wis.
*Josie Tieskoetter	So.	Winona State	Calmar, Iowa
*Caroline Hemann	Jr.	Winona State	Bloomington, Minn.
*Mara Talabac	Sr.	Winona State	Janesville, Wis.

WOMEN'S INDOOR TRACK & FIELD (CONT)

*Bellamy Sukalski	Sr.	Winona State	Marshall, Minn.
*Ella Voit	So.	Winona State	Sauk Rapids, Minn.
*Jenna Anders	Jr.	Winona State	Fall Creek, Wis.
*Libby Ray	So.	Winona State	Waukesha, Wis.
*Lexi Terwedo	Jr.	Winona State	Le Sueur, Minn.
*MacKenzie Wissbroecker	So.	Winona State	Antigo, Wis.
*Ariana Ryskoski	So.	Winona State	Waconia, Minn.
*Sophia Taarud	Gr.	Winona State	Farmington, Minn.
*Sasha Steinbach	So.	Winona State	Monticello, Minn.
*Alyssa Larson	Sr.	Winona State	Independence, Iowa
*Megan Marr	Jr.	Winona State	Bangor, Wis.
*Kylie Anderson	Sr.	Winona State	Waukesha, Wis.
*Karissa Birch	So.	Winona State	Shiocton, Wis.
Stella Rusch	So.	Winona State	Saint Cloud, Minn.
Madalyn Dockendorf	So.	Winona State	Saint Stephen, Minn.
Delaney Untz	So.	Winona State	Menomonie, Wis.
Stella Richter	So.	Winona State	Elk Grove Village, Ill.
Reese Kuhlman	So.	Winona State	Maquoketa, Iowa

WRESTLING (43*/147=90)

*Christian Olsen	Sr.	Augustana	Crystal Lake, Ill.
*Cael Larson	Sr.	Augustana	Piedmont, S.D.
*Davin Rose	So.	Augustana	Hancock, Minn.
Alex Mentzer	So.	Augustana	Brandon, S.D.
Connor Whiteley	So.	Augustana	Scottbluff, Neb.
Kade Sammons	Sr.	Augustana	Windom, Minn.
Logan Butzon	So.	Augustana	Jackson, Minn.
Max Ramberg	Sr.	Augustana	Baldwin, Wis.
Antuan Duran	So.	Jamestown	Sioux Falls, S.D.
*Lane Ewing	R-So.	University of Mary	Douglas, Wyo.
*Anthony Nunes	R-Jr.	University of Mary	Tracy, Calif.
*Kaden DeCoteau	R-So.	University of Mary	Bismarck, N.D.
*Danyk Jacobsen	R-So.	University of Mary	Livingston, Mont.
*Kaden Renner	R-Jr.	University of Mary	Bismarck, N.D.
*Owen Lonski	R-So.	University of Mary	Sidney, Mont.
Sean Solis	R-Jr.	University of Mary	Long Beach, Calif.
Joe Mushinsky	R-Jr.	University of Mary	Peoria, Ill.
Trae Thilmory	R-Jr.	University of Mary	Thompson Falls, Mont.
Austin Berry	R-So.	University of Mary	Glendive, Mont.
Charlie Severance	R-Jr.	University of Mary	Wasilla, Alaska
Mason Gutenberger	So.	University of Mary	Belgrade, Mont.
Samuel Bruss	Gr.	University of Mary	De Pere, Wis.
*Kaleb Lochner	So.	Minnesota State	Zumbrota, Minn.
*Chase Beckett	Jr.	Minnesota State	Portage, Wis.
*Colton Hush	So.	Minnesota State	Woodville, Wis.
*Paolo Salminen	So.	Minnesota State	Billings, Mont.
*Kole Marko	Sr.	Minnesota State	St. Croix Falls, Wis.
*Caleb Meunier	Sr.	Minnesota State	Winneconne, Wis.
*Walker Bents	Jr.	Minnesota State	Glenwood, Minn.
Makota Misgen	So.	Minnesota State	Ellendale, Minn.
Cole Sykora	So.	Minnesota State	Wheaton, Minn.
Evan Farley	So.	Minnesota State	New Prague, Minn.
Jesus Gonzalez	So.	Minnesota State	Reedsburg, Wis.
Elijah Reece	Sr.	Minnesota State	Tecumseh, Okla.
*Damon Ferguson	So.	MSU Moorhead	Plummer, Minn.
*Parker Benz	Jr.	MSU Moorhead	Bismarck, N.D.
*Jonas Anez	Sr.	MSU Moorhead	Willmar, Minn.
*Edon Davis	So.	MSU Moorhead	Farmington, Minn.
Pedro Velazquez	Sr.	MSU Moorhead	Victoria, Minn.
Mason Gode	Sr.	MSU Moorhead	Browerville, Minn.
Wyatt Powell	Sr.	MSU Moorhead	Mesa, AZ
*Dylan McDonald	Gr.	Minot State	Lemoore, Calif.
*Tristan Pekas	So.	Minot State	Hettinger, N.D.
*John Armstrong	So.	Minot State	Clancy, Mont.
*Zachary Allen	So.	Minot State	Kingman, Ariz.
Mario Esposito	Jr.	Minot State	Torre del Greco, Italy
Ryan Hirschhorn	Sr.	Northern State	Harrisburg, S.D.
Sloan Johannsen	So.	Northern State	Watertown, S.D.
Nathanial Hartman	Gr.	Northern State	Omaha, NE
Karstyn Lhotak	So.	Northern State	Wagner, S.D.
*Teagan Block	Gr.	Northern State	Prior Lake, Minn.
*Mason Fey	Gr.	Northern State	Redfield, S.D.
*Nathan Schauer	Sr.	Northern State	Ashley, N.D.
*Ayden Viox	Sr.	Northern State	Sioux Falls, S.D.





2025-26 NSIC WINTER ALL-ACADEMIC TEAM

WRESTLING (CONT)

*Grady Fey	So.	Northern State	Redfield, S.D.
*Tyson Lien	Sr.	Northern State	Huron, S.D.
*Griffin Lundeen	So.	Northern State	Thief River Falls, Minn.
Cole Holien	Sr.	Northern State	Atwater, Minn.
Nikolas Petsinger	Sr.	Northern State	Ellendale, Minn.
Kaden Broer	Jr.	Northern State	Onawa, Iowa
Carter Ban	Sr.	Northern State	Ramsey, Minn.
*Ashtin Johnson	Jr.	Sioux Falls	Springfield, Minn.
*Stetson Davis	So.	Sioux Falls	Powell, Wyo.
Grant Moraski	Jr.	Sioux Falls	Omaha, Neb.
Jordon Oehme	Jr.	Sioux Falls	Brandon, S.D.
Lincoln Fink	Sr.	Sioux Falls	Canby, Minn.
Bray Skinner	Sr.	Sioux Falls	Grace, Idaho
Jaxton Packer	So.	Sioux Falls	St. Anthony, Idaho
*Dylan Louwagie	So.	SMSU	Marshall, Minn.
*Preston Xayachak	So.	SMSU	Mountain Lake, Minn.
Chase Hanson	Sr.	SMSU	Fort Pierre, S.D.
*Tyson Meyer	Sr.	St. Cloud State	Glenwood, Minn.
*Nathan Fury	Jr.	St. Cloud State	Wichita, Kan.
Dominic Ducato	Jr.	St. Cloud State	Carpentersville, Ill.
Cole Glazier	Jr.	St. Cloud State	Kasson, Minn.
*Dylan Duvermay	So.	UW-Parkside	Metairie, La.
*Easton Worachek	So.	UW-Parkside	Luxemburg, Wis.
*Jordan Craft	Sr.	UW-Parkside	Manitowoc, Wis.
*Jordan Blanchard	Sr.	UW-Parkside	Coleman, Wis.
*Christian Schuh	Jr.	UW-Parkside	Monroe, Wis.
*Troy Dolphin	Sr.	UW-Parkside	Kenosha, Wis.
Kaden Hooker	Sr.	UW-Parkside	Waunakee, Wis.
Adler Osborn	Sr.	UW-Parkside	El Cajon, Calif.
Brady Schuh	Sr.	UW-Parkside	Monroe, Wis.
Shane Corrigan	Sr.	UW-Parkside	De Pere, Wis.
Brody Hemauer	Sr.	UW-Parkside	Deforest, Wis.
Merari Mapes	Jr.	UW-Parkside	Whitefish Bay, Wis.
Jalen Spuhler	Sr.	UW-Parkside	Hartford, Wis.
William Fox	Jr.	UW-Parkside	Murphysboro, Ill.
Drew Dolphin	Jr.	UW-Parkside	Kenosha, Wis.

