

2025 Northern Sun Conference XC Championships - 10/24/2025

Wayne State College Hosts

Wayne, Nebraska

Last Completed Event

Event 1 Women 6k Run CC

Name	Year School	Avg 1K	Finals	Points
1 Taarud, Sophia	SR Winona State	3:33.3	21:19.60	1
2 Overgaauw, Ashley	JR Minnesota State	3:38.8	21:52.40	2
3 Hostager, Shaelyn	SR Minnesota-Duluth	3:39.6	21:57.10	3
4 Anderson, Kylie	SR Winona State	3:40.3	22:01.30	4
5 Wycklendt, Terez	SR U-Mary	3:41.6	22:09.50	5
6 Voit, Ella	SO Winona State	3:41.9	22:11.10	6
7 Sample, Ally	FR Augustana (S.D.)	3:42.1	22:12.20	7
8 Young, Kelsey	FR Winona State	3:42.3	22:13.70	8
9 Rusch, Stella	SO Winona State	3:42.8	22:16.30	9
10 Matzek, Madison	SR Minnesota State	3:43.4	22:20.30	10
11 MacDonald, Alexi	SR Minnesota State	3:43.8	22:22.60	11
12 Hanowski, Ellie	JR Minnesota-Duluth	3:44.6	22:27.30	12
13 Nelson, Tenley	JR Augustana (S.D.)	3:45.3	22:31.70	13
14 Olesiak, Emaleigh	SO Northern State	3:45.9	22:35.00	14
15 Sullivan, Mileena	SO Minnesota State	3:46.2	22:36.80	15
16 Franson, Lydia	FR Jamestown	3:46.7	22:40.00	16
17 Karim, Ramsey	JR Augustana (S.D.)	3:48.0	22:47.70	17
18 Almsberger, Kira	SR Minnesota-Duluth	3:48.4	22:50.10	18
19 Hertling, Tara	FR Minnesota State	3:48.7	22:51.80	19
20 McCarthy, Maggie	SR Bemidji State	3:48.8	22:52.70	20
21 Wood, Natalie	SO Minnesota-Crookston	3:50.9	23:05.00	21
22 Kennedy, Katelyn	JR Msu-Moorhead	3:51.3	23:07.80	22
23 Becker, Claire	SO Minnesota-Duluth	3:52.3	23:13.40	23
24 Westin, Hannah	JR U-Mary	3:52.5	23:15.00	24
25 Young, Lindsey	JR Augustana (S.D.)	3:53.1	23:18.50	25
26 Engels, Ellyn	SO U-Mary	3:53.6	23:21.10	26
27 Ray, Libby	SO Winona State	3:54.0	23:23.90	27
28 Nelson, Kaelyn	FR Augustana (S.D.)	3:54.3	23:25.30	28
29 Terwedo, Lexi	JR Winona State	3:54.9	23:29.20	29
30 Hasart, Abby	JR Northern State	3:55.2	23:31.20	30
31 Wendlandt, Madi	FR Minnesota State	3:55.4	23:32.20	31
32 Ulrich, Rachel	JR Minnesota-Duluth	3:55.7	23:34.20	32
33 Salazar, Mallory	SR Sioux Falls	3:55.8	23:34.40	33
34 Rosemeier, Amber	SO U-Mary	3:56.0	23:35.80	34
35 Eicher, Sadie	FR Minnesota-Duluth	3:56.1	23:36.30	35
36 Baker, Sophie	SO Minnesota State	3:56.4	23:38.30	36
37 Dugan, Jolie	SO Northern State	3:56.8	23:40.70	37
38 Jahner, Giselle	SO U-Mary	3:57.0	23:41.60	38
39 Getchell, Avari	SO Augustana (S.D.)	3:57.2	23:43.20	39
40 Hilliard, Madison	SR Minnesota-Crookston	3:57.8	23:46.40	40
41 Bornemann, Cierra	SO U-Mary	3:58.0	23:47.90	41
42 Cutler, Abby	FR Augustana (S.D.)	3:58.7	23:52.00	42
43 Becker, Brooklyn	FR Augustana (S.D.)	3:58.8	23:52.40	
44 Goodmanson, Allyson	SO Jamestown	3:58.8	23:52.60	43
45 VanLoon, Elizabeth	SR Minnesota-Duluth	3:58.9	23:53.00	44
46 Meyer, Emily	FR Winona State	3:58.9	23:53.00	
47 Aho, Anjalie	FR Sioux Falls	3:59.5	23:56.70	45
48 Benes, Lillie	FR Augustana (S.D.)	3:59.6	23:57.60	
49 Smith, Emery	SR Minot State	4:00.2	24:00.90	46
50 Rylance, Sophie	SO Bemidji State	4:00.5	24:02.90	47
51 Marco, Madison	JR SW Minnesota St.	4:00.7	24:04.00	48
52 Shaw, Morgan	JR Minnesota-Crookston	4:00.9	24:05.40	49
53 Wride, Bailey	JR Minot State	4:01.6	24:09.10	50
54 Thompson, Laura	JR Augustana (S.D.)	4:01.6	24:09.60	

55	Frasher, Gianna	SO U-Mary	4:01.7	24:09.80	51
56	Axt, Bre	FR U-Mary	4:01.9	24:11.00	
57	Person, Hallie	FR Jamestown	4:02.5	24:14.50	52
58	Czapla, Allie	SO Wayne State (Neb.)	4:02.9	24:17.30	53
59	Olsonawski, Sophie	SO U-Mary	4:03.3	24:19.50	
60	Kuehne, Caroline	SO Minnesota-Crookston	4:03.3	24:19.60	54
61	Petty, Lilly	SO Jamestown	4:03.6	24:21.30	55
62	Thomas, Emma	SR Sioux Falls	4:03.7	24:22.00	56
63	Werk, Hailey	FR Augustana (S.D.)	4:03.8	24:22.80	
64	Vander Kooi, Kirsten	JR Jamestown	4:04.0	24:23.50	57
65	McCarthy, Kelly	SO Winona State	4:04.0	24:23.80	
66	Aanenson, Chloe	SO Sioux Falls	4:04.1	24:24.50	58
67	Krusemark, Kyla	FR Wayne State (Neb.)	4:04.2	24:25.00	59
68	Hehn, Emma	JR U-Mary	4:04.6	24:27.10	
69	Alwardt, Grace	JR Minnesota-Crookston	4:04.6	24:27.60	60
70	Richman, Alyssa	FR Augustana (S.D.)	4:04.7	24:28.20	
71	Vaughn, Nadia	SR Bemidji State	4:04.9	24:29.20	61
72	Anders, Jenna	JR Winona State	4:05.1	24:30.60	
73	Kirchner, Callie	JR Wayne State (Neb.)	4:05.3	24:31.60	62
74	Hanenberger, Jazzlyn	FR Bemidji State	4:05.5	24:32.80	63
75	Rustad, Faith	SR Sioux Falls	4:06.9	24:41.30	64
76	Minear, Olivia	SO Minnesota State	4:07.1	24:42.60	
77	Koll, Brooklyn	FR Sioux Falls	4:07.6	24:45.30	65
78	Kepner, Madison	JR Msu-Moorhead	4:07.9	24:47.00	66
79	Anderson, Kayla	FR Concordia-St. Paul	4:08.3	24:49.30	67
80	Studt, Eva	SR Sioux Falls	4:08.6	24:51.10	68
81	Chan, Nyadio	SR Concordia-St. Paul	4:08.7	24:52.00	69
82	Fromherz, Holly	JR U-Mary	4:08.8	24:52.30	
83	Peed, Addison	JR Minnesota State	4:08.8	24:52.80	
84	Figueroa, Gianna	FR Minnesota State	4:08.9	24:53.30	
85	Folk, Julie	SO Minot State	4:09.0	24:53.70	70
86	Kusnierek, Kyra	SR SW Minnesota St.	4:10.0	24:59.70	71
87	Ingle, Sierra	SO Minnesota-Duluth	4:10.5	25:02.70	
88	Fuhr, Sidney	FR Minnesota-Duluth	4:10.7	25:04.20	
89	Goven, Greta	FR Jamestown	4:11.7	25:10.00	72
90	McCone, Lillian	SR Sioux Falls	4:12.5	25:14.80	
91	Traugott, Kaela	JR Msu-Moorhead	4:12.7	25:15.90	73
92	Bloomenrader, Kaitlyn	SO Wayne State (Neb.)	4:13.0	25:17.90	74
93	Hemann, Caroline	JR Winona State	4:13.1	25:18.30	
94	Sedelmyer, Anneka	FR SW Minnesota St.	4:13.2	25:18.90	75
95	Wickizer, Anna	SO Minnesota-Duluth	4:13.3	25:19.60	
96	Ness, Sophia	SO Msu-Moorhead	4:14.8	25:28.60	76
97	Escritt, Sydney	SR Wayne State (Neb.)	4:15.3	25:31.60	77
98	Babler, Olivia	SO Sioux Falls	4:16.9	25:40.90	
99	Beacom, Maelee	SR Wayne State (Neb.)	4:17.1	25:42.20	78
100	Little, Hannah	SR St. Cloud State	4:17.4	25:44.40	79
101	McMeekin, Taylor	FR Minnesota-Duluth	4:17.9	25:47.10	
102	Patterson, Kari	FR Jamestown	4:18.2	25:48.90	80
103	Werner, Ava	SO Bemidji State	4:19.9	25:59.20	81
104	McFarquhar, Cameen	SO Sioux Falls	4:20.1	26:00.10	
105	Rosenthal, Lauryn	FR Concordia-St. Paul	4:20.6	26:03.20	82
106	Reeves, Nicole	SR Minot State	4:22.8	26:16.30	83
107	DiPadova, Rivyn	FR Minnesota-Crookston	4:23.1	26:18.10	84
108	Wheeler, Jocie	FR St. Cloud State	4:23.2	26:18.90	85
109	Dean, Lezah	FR Msu-Moorhead	4:23.7	26:22.00	86
110	Koopal, Kirsten	FR SW Minnesota St.	4:24.1	26:24.20	87
111	Cole, Ella	JR Minnesota-Duluth	4:24.2	26:25.00	
112	Wride, Afton	SO Minot State	4:25.4	26:31.90	88
113	Kemnitz, Payton	SO Northern State	4:25.9	26:35.10	89
114	Collins, Amber	FR Minnesota-Crookston	4:26.1	26:36.30	90
115	Kunz, Madeline	SR Wayne State (Neb.)	4:26.3	26:37.70	91
116	Nunez, Abbygail	SO St. Cloud State	4:26.4	26:38.40	92
117	Ressler, Callie	SR Bemidji State	4:27.6	26:45.40	93
118	Slattey, Campbell	FR St. Cloud State	4:28.1	26:48.30	94
119	Nye, Madeline	FR Northern State	4:29.4	26:56.30	95

120	Cunningham, Meghan	JR Wayne State (Neb.)	4:31.1	27:06.30	
121	Wendt, Addyson	SO Minot State	4:32.6	27:15.40	96
122	Johnson, MerriAnna	SO St. Cloud State	4:33.3	27:19.50	97
123	Stark, Jeris	FR Jamestown	4:35.2	27:31.20	
124	Martinez, Isabella	FR Northern State	4:36.2	27:37.00	98
125	Rohde, Aspen	SO Bemidji State	4:39.5	27:56.60	99
126	Andres, Eden	FR Msu-Moorhead	4:39.7	27:58.20	100
127	Gates, Sophia	FR Northern State	4:39.8	27:58.60	101
128	Price, Sydnie	JR Bemidji State	4:43.7	28:21.90	
129	Olson, Kaitlin	SO SW Minnesota St.	4:44.3	28:25.60	102
130	Waldron, Makayla	FR Bemidji State	4:44.9	28:29.00	
131	Rihon, Chloe	FR Concordia-St. Paul	4:47.0	28:41.60	103
132	Becker, Natalie	SO Minot State	4:47.0	28:41.80	104
133	Offerdahl, Annelise	FR Minnesota-Crookston	4:50.1	29:00.50	
134	Nelson, Sophia	FR SW Minnesota St.	4:50.4	29:01.90	105
135	Williams, Emma	JR Minnesota-Crookston	4:52.1	29:12.50	
136	Ekenberg, Breck	FR Northern State	4:55.2	29:31.10	
137	Hemmen, Malayna	SO SW Minnesota St.	5:03.3	30:19.70	106
138	Bungarden, Lila	SO SW Minnesota St.	5:06.5	30:38.80	
139	Nelson, Addison	SO Concordia-St. Paul	5:34.1	33:24.50	107

Team Scores

Rank	Team	Total	1	2	3	4	5	*6	*7	*8	*9
1	Winona State	28	1	4	6	8	9	27	29		
	Total Time: 1:50:02.00										
	Average: 22:00.40										
2	Minnesota State	57	2	10	11	15	19	31	36		
	Total Time: 1:52:03.90										
	Average: 22:24.78										
3	Minnesota-Duluth	88	3	12	18	23	32	35	44		
	Total Time: 1:54:02.10										
	Average: 22:48.42										
4	Augustana (S.D.)	90	7	13	17	25	28	39	42		
	Total Time: 1:54:15.40										
	Average: 22:51.08										
5	U-Mary	127	5	24	26	34	38	41	51		
	Total Time: 1:56:03.00										
	Average: 23:12.60										
6	Jamestown	223	16	43	52	55	57	72	80		
	Total Time: 1:59:31.90										
	Average: 23:54.38										
7	Minnesota-Crookston	224	21	40	49	54	60	84	90		
	Total Time: 1:59:44.00										
	Average: 23:56.80										
8	Sioux Falls	256	33	45	56	58	64	65	68		
	Total Time: 2:00:58.90										
	Average: 24:11.78										
9	Northern State	265	14	30	37	89	95	98	101		
	Total Time: 2:03:18.30										
	Average: 24:39.66										
10	Bemidji State	272	20	47	61	63	81	93	99		
	Total Time: 2:01:56.80										
	Average: 24:23.36										
11	Msu-Moorhead	323	22	66	73	76	86	100			
	Total Time: 2:05:01.30										
	Average: 25:00.26										
12	Wayne State (Neb.)	325	53	59	62	74	77	78	91		
	Total Time: 2:04:03.40										
	Average: 24:48.68										
13	Minot State	337	46	50	70	83	88	96	104		
	Total Time: 2:05:51.90										
	Average: 25:10.38										
14	SW Minnesota St.	383	48	71	75	87	102	105	106		

Total Time: 2:09:12.40							
Average: 25:50.48							
15	Concordia-St. Paul	428	67	69	82	103	107
Total Time: 2:17:50.60							
Average: 27:34.12							
16	St. Cloud State	447	79	85	92	94	97
Total Time: 2:12:49.50							
Average: 26:33.90							